

# Washington Area Committee

5<sup>th</sup> November 2009

## Report of the Chief Executive

### Washington a Healthy Area Summary

#### 1. Why has it come to committee?

1.1 At its last meeting in June, the committee agreed its work plan for the 2009/10 municipal year and the Healthy priority is the third to come to committee for discussion and consideration.

#### 2. Description of Decision (Recommendation)

2.1 Area Committee is asked to:-

- Note the **actions** identified in Annex 1
- Agree which of the following **proposals** (identified in Annex 1) will be developed
  - **Allocation of SIB/SIP:**
    - Allocation of SIB/SIP: Committee is requested to agree the provision of £15,000 to enable the continuation of the project between March 2010 to March 2011.
  - **Review**
    - To receive a further report on the “Personalisation Agenda” in relation encouraging independent living.
    - To consider the Washington Profile with regards to health improvement and refresh the priorities under the theme to take account of the need to emphasis smoking, obesity and alcohol, relating to early mortality and inequalities in life expectancy and emotional health and well being for both children, young people and adults in the Washington area.

#### Background

- 3.1 Health deprivation in Washington has shown good improvement when comparison is made between the Index of Multiple Deprivation 2004 and 2007 collection years.
- 3.2 When looking at participation in a number of activities (Ipsos-MORI Residents Survey), ranging from eating fresh fruit and vegetables, to playing active sports once a month, Washington exceeds the Sunderland average in all ten measures although its performance compared to England as a whole is less robust.
- 3.3 There has been significant enhancement accessing Washington’s local health services, with the establishment and opening of the Primary Care Centre, with the development of new general practice arrangements and with the recent Darzi Procurements ensuring that arrangements are put in place to address inequalities in access to primary care services.
- 3.4 Following the extensive programme of consultation with members, partners, community stakeholders and the wider community, the agreed priorities for this theme are:
- Increase options for support housing to enable older people to live independently for longer.
  - Increase one to one support and personal care to promote independent living

- Raise awareness of support available to carers
- Strongly link preventative services and primary care

### 3.5 Who has been involved?

- *Elected Members* - Cllr Walker, Fletcher and Chamberlin
- Health, Housing and Adult Services
- Teaching Primary Care Trust
- Washington MIND
- Gentoo
- City Services
- Bridge Project
- SAFC Foundation

### 3.6 Key Dates

- Aug 09 – Initial meeting held with key partners
- Sep 09 – Preparation of report
- 08.10.09 – pre meeting for Area Committee
- 27.10.09 - report deadline for Area Committee
- **05.11.09 – Area Committee, discuss and agreed recommendations**
- 21.12.09 – Deadline for action plan to be developed
- 07.01.10 – Area Committee: Action plan presented
- 06.04.10 – Deadline for End of year report for Area Committee
- 15.04.10 – Area Committee End of Year report presented

## 4. Healthy Theme Area Summary

4.1 Attached as Annex 1 is the area summary for the Healthy theme. The annex covers:

- Priorities agreed at Area Committee
- Key Facts
- Current activity
- Any gaps or needs
- Actions
- Proposals

## 5. Background papers

- Sunderland Strategy Delivery Plans
- Local Area Agreements Delivery Plans
- Safer Sunderland Partnership
- Washington Local Area Plan
- Information provided by partners and officers at workshop event August 2009 and one to one meetings

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