

Item 5 Annex 2

Environment & Green Space & Maximising the Use of Health Funds for Green Space – Marine Walk

1. Background

- 1.1 At the meeting of the North Area Committee in April 2014 members received a report from the Director of Public Health which advised of the release of £20,000 from the PCT, now the Clinical Commissioning Group (CCG), to North Area Committee. The funding is to be used to support improvement to mental and physical wellness through a combination of approaches aimed at facilitating local people's access to, and use of, local green space.
- 1.2 Elected members were asked to use their knowledge of local communities and links to residents within those communities to determine the best use of resources available to maximise the use of green and open space and to influence or commission activity which enabled the five ways to wellbeing for local people to be achieved (Connect, Be Active, Take Notice, Learn and Give - Appendix 1)
- 1.3 The allocation of the Health Fund was referred to the North Area People Board as a priority for action in its 2014/15 workplan.
- 1.4 To date elected members have carried out tours in the North to identify areas which will help to determine their programme of work for the year ahead. Sites were considered to assist the People Board in determining how to best delivery its **Health and Wellbeing Priority** and maximising the use of Health Funds for the use of green/open space. In addition to sites identified to help to determine priorities for action as part of the Place Board's priority in relation to **Environment and Greenspace**.
- 1.5 What emerged from those tours, and further discussions at recent People and Place Boards, was to consider a project which would further support the development works at Marine Walk at Roker and provide a package of projects that would both support People and Place priorities.
- 1.6 This paper seeks to set out how those proposals have developed to date and to progress as a joint People/Place Priority.

2. Current Position

- 2.1 A number of proposals are emerging:-

- a. **Redevelopment of the Former Paddling Pool**

Consideration is being given to utilise the former paddling pool for sport/physical activities. Work is currently underway in identifying costs for

the proposals and young people have been involved in consultation with the Boards as part of the Children's Take over Day on 21st November 2014. Potential options for consideration include a basketball hoop/incorporating a goal with an astro turf base, table tennis, outdoor gym, crazy golf with linked to the option for beach games including volleyball.

In order to deliver a project which includes the redevelopment of the former Roker Paddling pool and activities on the beach the Boards recommended the allocation of £15,500 Green Space and £14,500 SIB funding.

b. Activities at Roker Beach

Colleagues in RLS have identified a potential site that could be utilised for sport activities to take place at Roker Beach. Further considerations to be given to the type of activities that could be played on the site and links with local traders re potential management arrangements. The outcome of which and final proposals to come to future board meetings.

c. Electric Bike Project

A meeting was held 23rd October 2014 with representatives of Sunderland Young Peoples Bike Project, Durham Heritage Coast, Marine Activities Centre, Sunderland University and Sunderland City Council to discuss proposals for the development of an electric bike project. The following points were considered:

- Gail Craig of Durham Heritage Coast provided details of three electric bikes which could be made available to support the development of an electric bike hire scheme at Marine Walk.
- Mike Foster of Sunderland University provided an update in relation to the Cycle Hub at the University. The future availability of a repairing station to the general public and the availability of documents/procedures in place for a previous cycle hire scheme which can be shared whilst developing the project.
- Mike also advised of a city wide proposal for a cycle hire scheme which is in the early stages of development.
- Tony Semley of Sunderland Young Peoples Bike Project advised of his experience and knowledge of delivering cycle projects and agreed to assist in the partnership approach in providing estimates in relation to a cycle hire scheme.
- Pat Murray proposed that he is happy to consider Adventure Sunderland as a base for an electric hire scheme and to work with Tony on compiling potential costs to deliver the project, including a wider offer of family bikes
- Proposals to consider the potential of linking into neighbouring authorities.
- Proposals to include potential of further activities in the area and the potential for linking into the site of the former paddling pool/sandpit which could include bike training, outdoor gym, and sporting activities on the beach.
- Opportunities for marketing and promotion via Active Sunderland.

- Potential links to Clinical Commissioning Group and the benefits of the health and wellbeing of residents.

Indicative costs to provide an electric bike project at Marine Walk:

E Bikes x 12	£14,400
E Bikes x 3	Free – Durham Heritage Coast
Staffing & On Costs	£9,966.60
Management Fee	£600
Stationary	£100
Consumables (Bike Spares)	£200
Insurance	£2,000
Promotion/Signage/Marketing	£200
Administration	£100
Accommodation & Charging	£3,600
TOTAL	£31,466.60

In order to deliver an E Bike project the Boards recommended the allocation of £30,000 SIB funding for the Boards to develop and agree a Call For Projects Brief to be circulated to the North VCS Network.

d. **Encourage Wider Usage of Pods**

Improved usage to be considered generally as proposals for all aspects of this project considered further.

e. **Signage linked to local heritage** (Spottee's Cave and Roman Stones).

This is being picked up as part of the wider programme to improved signage at Marine Walk.

f. **Pier View Parking**

Proposals have been previously discussed by the Place Board to consider funding fencing to grassed area and provide 2 parking bays adjacent the volunteer lifeboat building.

The Boards recommended an application from Sunderland City Council be submitted to deliver the Pier View Parking project which is detailed at **Item 5 Annex 1**

g. **Be Active in our Greenspace**

Colleagues in Sport and Leisure have developed a project aligned with the overarching programme of maximising the use of green and open spaces to improve health and wellbeing of residents across the North.

The project aims to provide a range of marked out routes, across the North, (suitable for walking, jogging and running) that anyone can utilise as well as providing a designated area for people to participate in their chosen activity alongside others with similar interests.

The proposed project would include:

- 2 x 5k accessible circular routes - distances will suit a new walker through to more experienced athletes
- Accessible routes - encourages a range of target audiences e.g. beginners, older adults, mums with pushchairs etc.
- Opportunity for users to walk / jog / run from 1k to up to 9 k within the circular routes - with the opportunity to build on the distance
- Detailed information signs at the start/finish of each circular route
- Way markers positioned along the route with arrows and distances

Indicative Costs (subject to change):-

The approximate cost of the project will total £8,500 with £4,500 being requested from the greenspace fund. The rest of the funding will be contributed by RLS and Sport and Leisure budgets.

Branded arrows (including replacements)	£2,500
Design and installation of Notice Boards	£1,000
Installation of way marker posts (including replacements)	£2,500
Advertising / promotional print materials	£1,000
Ongoing maintenance	£1500

The Boards recommended an application from Sunderland City Council be submitted to deliver the Be Active in Our Greenspace project which is detailed at **Item 5 Annex 1**

3. Recommendation

3.1 Members are requested to:-

- a. Note progress to date.
- b. Receive further update and proposals in relation to the redevelopment of the former paddling pool, beach activities, electric bike project, and wider signage project at Marine Walk.
- c. Consider recommendation to take Former Roker Paddling Pool and Beach Games proposal to Area Committee for the allocation of £15,500 Green Space and £14,500 SIB
- d. Continue to encourage the wider usage of Pods.
- e. Consider recommendation to take Pier View Parking proposals to Area Committee.
- f. Consider proposal and recommendation to take the 'Be-active in our Greenspace' proposal to Area Committee
- g. Consider proposal and recommendation to take Electric Bike proposals to Area Committee for the allocation of £30,000 SIB.

Five Ways to Wellbeing

Connect...

With the people around you. With family, friends, colleagues and neighbours. At home, work, school or in your local community. Think of these as the cornerstones of your life and invest time in developing them. Building these connections will support and enrich you every day.

Be active...

Go for a walk or run. Step outside. Cycle. Play a game. Garden. Dance. Exercising makes you feel good. Most importantly, discover a physical activity you enjoy and that suits your level of mobility and fitness.

Take notice...

Be curious. Catch sight of the beautiful. Remark on the unusual. Notice the changing seasons. Savour the moment, whether you are walking to work, eating lunch or talking to friends. Be aware of the world around you and what you are feeling. Reflecting on your experiences will help you appreciate what matters to you.

Keep learning...

Try something new. Rediscover an old interest. Sign up for that course. Take on a different responsibility at work. Fix a bike. Learn to play an instrument or how to cook your favourite food. Set a challenge you will enjoy achieving. Learning new things will make you more confident as well as being fun.

Give...

Do something nice for a friend, or a stranger. Thank someone. Smile. Volunteer your time. Join a community group. Look out, as well as in. Seeing yourself, and your happiness, linked to the wider community can be incredibly rewarding and creates connections with the people around you