

**East Sunderland Area Committee: Work Plan 2015 / 2016**  
**AREA PEOPLE BOARD**

**Item 4, Annex 1**

NO.	Presented to People Board	AREA PRIORITY	ACTIONS	LEAD AGENT	PROGRESS REPORT
1	Nov-15	Understanding the impact of self-harming in the East.	1 i) Receive a presentation on the facts and figures relating to 'self-harming' in the East. This could include, eating disorders, substance abuse, 'cutting', smoking, etc. ii) What is the impact of self-harming? What can the Area Committee do about it? Discuss options and present recommendations to Area Committee.	Lorraine Hughes, Public Health	
2	Sep-15	Embed and strengthen the Community Connectors model.	1) i) Develop a hub and spokes model across the East, by People Board Cllrs identifying a local venue to become a ward hub. The aim of the 'hub' could be to deliver a range of services that complement area priorities and key workstreams. ii) Meet with the VCS partners and discuss how each hub can contribute towards three key workstream: a) reducing social isolation, b) supporting people with disabilities, and c) supporting carers.	Area People Board	The item was postponed until November. However, 1-2-1 meetings have been held with five proposed hubs within the East to discuss the model, these are: The Box Youth Project, CHANCE, St Marks Community Association, Ryhope Community Association and St Nicholas Church. An additional meeting has been held with Sunderland Carers Centre to understand how they too can complement the Connectors model.
3	Sep-15	Develop stronger communities and encourage self-help.	1) Up Skilling Volunteers: Set up a task group to identify what is available to access currently, what the training needs of the sector are, cross reference both to identify gaps/barriers, and bring back a future report for consideration.	Task Group	Training Needs Analysis carried out July 2015. Findings presented to September Area Board. Recommendations are outlined in main report based on findings, one of which includes a recommendation to approve £11,000 SIB to establish an online learning lounge.
	TBC		2) Increase digital skills, reducing the generational age gap and encourage self-help.	Area People Board	There is direct links between this action at the online learning lounge outlined in action 3.1 above. MERGE

	Nov-15		3) Encourage outdoor education and support the establishment of a camping exchange.	Area People Board	A Call for Projects was advertised in July. Eight organisations have submitted a expression. A workshop will be held in October with an update provided at the November Board.
	Ongoing		4) Receive updates on the development of the regions first Beach School.	VCS Area Network	The North Area Committee funded the first beach school over the Summer period at Roker and Seaburn with successful results.
4	Jul-15	Deliver a partnership approach to improve health and wellbeing.	1) Support and promote the Move to Improve and the Live Life Well Programme across the East area. (watch and brief)	Sport and Leisure and CCG East	A presentation was delivered on the service, which covered the new approach to mental and physical wellness model, taking into account the health needs of the population while being personalised to individuals. Further information is outlined in the main report.
	Sep-15		2) Reducing demand on A&E services, targeting BME communities and new parents.	Area People Board and CCG East	£29,333 was rolled over from 2014 / 2015. In March 2015, Area Committee agreed to match a further £20,000 SIB with £20,000 from East CCG. Total approved to deliver against health priorities for 2015/2016 £69,333.
5	TBC	Influence the design, delivery and review of People based services devolved to Area Committee.	1) Consider the implementation of the Education and Skills Strategy at an area level.	Area Arrangements	
	Nov-15		2) Contribute towards the Cultural Strategy and Museum vision on how the service will be tailored to meet the needs of the community.	Area Arrangements	
6	Ongoing	Attract external funding into the East	1) Receive updates on new funding streams that complement the work plan.	Area Arrangements	5 organisations have submitted proposal. A further two have expressed an interest but with no projects identified.