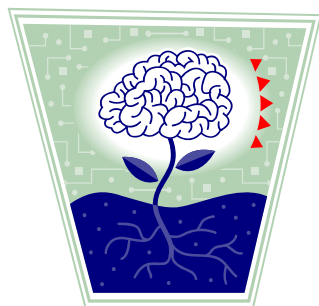




Dementia Awareness



FREE Half day training course available to anyone living, volunteering or working in the Coalfields Area

Wednesday 5th February – Shiney Advice Resource Project – ShARP

Monday 10th March – The Hetton Centre

All training is 9.15 – 1.pm

There are around 800,000 people in the UK with dementia. One in three people over 65 will develop dementia, and two-thirds of people with dementia are women. The number of people with dementia is increasing because people are living longer. It is estimated that by 2021, the number of people with dementia in the UK will have increased to around 1 million.

To increase awareness around dementia the Sunderland Health Champions programme has developed a dementia course. This FREE half day training course provides up to date information and will improve your knowledge to help the lives of people with dementia.

- ✚ Increase your knowledge and understanding of different types of dementia including Alzheimer's disease.
- ✚ Identify the common signs and symptoms.
- ✚ Explore local and national support options available for sufferers and their families.
- ✚ Myth busting, FAQs and much more!

To book your place contact: the Health Champions Programme on 0191 561 2427 or email: Healthchampions@sunderland.gov.uk

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