

Policy Review: Rehabilitation and Hospital Discharge

REPORT OF THE CHIEF EXECUTIVE

1. Purpose of Report

- 1.1 To provide the Scrutiny Committee with a summary of evidence received at a consultation event for the review of Rehabilitation and Early Supported Discharge from Hospital.
- 1.2 An evidence gathering / consultation session was held on 29 February 2012 and heard evidence from patients, patients' representatives, carers and professionals.

2. Background

- 2.1 At its meeting on 8 June 2011 the Scrutiny Committee agreed to pursue a review of Rehabilitation and Early Supported Discharge from Hospital.
- 2.2 A delayed transfer of care occurs when a patient is ready for transfer from a hospital bed, but is still occupying a bed. A patient is ready for transfer when:
 - a clinical decision has been made that the patient is ready for transfer AND
 - a multi-disciplinary team decision has been made that the patient is ready for transfer AND
 - the patient is safe to discharge/transfer.

3. Aim of the Review

- 3.1 To establish how effectively health and social care services are working in partnership to support timely discharges from hospital and promote independence in community settings.

4. Event Programme

- 4.1 The stakeholder event was held on 29 February at the Stadium of Light. The event brought together all stakeholders patients, carers, providers, and commissioners to share views and experiences and to debate key improvement areas. There were approximately 80 delegates in attendance.

The programme included presentations from:

Neil Revely

Executive Director, Health, Housing & Adult Services, Sunderland City Council
Improving outcomes together

Ailsa Nokes

Strategic Lead for Long Term Conditions, NHS South of Tyne and Wear
Improving the hospital discharge experience

Followed by round-table discussions on the following themes:

- Reducing Hospital Admissions
- Time in Hospital
- Reducing Delays
- Support after discharge
- Communicating with Patients / Families / Carers

A summary of the round table discussions is attached as Appendix 1.

5. Conclusion & Recommendations

5.1 Members are asked to receive the evidence as part of the policy review.

6, Background Papers

Consultation event conference papers

Contact Officer: Karen Brown
Email karen.brown@sunderland.gov.uk