Health & Wellbeing Board update on **Active Sunderland Board Priorities**

activeSunderland



Background

Sport and Physical Activity policy position agreed by **Cabinet November 2014**

where everyone is as active as they can be

•The challenge - Enhance the conditions and opportunities for more people to become more active

•The aim - All together an Active Sunderland - a city

activeSunde



The Approach •To impact on the greatest number of people

- •To enable children to have the best start in life

•To support people and communities that are benefiting least from the opportunities that being active brings

•To provide access to all our infrastructure, green open space, blue space as well as sport and leisure facilities

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Active Sunderland Board

- 17 Board Members
- Chair Ian Simon, Tyne & Wear Sport
- Quarterly meetings
- End of Year Report

Active Sunderland Board

SCC - Cabinet Secretary SCC - Portfolio Holder for Public Health, Wellness and Culture Health and Wellbeing Board **Education Leadership Board** Economic Leadership Board Public Health SCC - Sport and Leisure Service NHS – NTW Sport England

Everyone Active Sunderland AFC of Sport

- Tyne & Wear Sport
- Foundation of Light
- Sunderland Cultural Partnership
- Sunderland College
- Sunderland University Institute
- Sunderland University Academic



Governance Arrangement

Active Sunderland Board to lead on delivery of the policy position

Report quarterly to the Health & Wellbeing Board

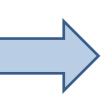






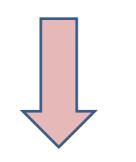
City Priorities

Active children have numeracy scores on average 8% higher than non active children



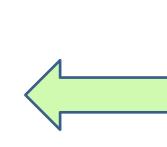








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are **inactive** and take less than 30mins of activity per week







35.8% of Sunderland adults

Active Sunderland Themes aligned to Health & Wellbeing Board Priorities

Health & Wellbeing Board Priorities

Best start in life Tobacco Alcohol Falls prevention **Physical inactivity** Economy and standard of living Sunderland as a healthy place Wellbeing

Active Sunderland Board Themes (from policy position)

Empowering communities Active environments Sport & leisure facilities Working with schools Workforces and workplaces Supporting individuals in need Understanding need and impact





Active Sunderland Board Year 1 Priorities Priority 1 - Improving community access to schools working with Sport England appointed consultant identifying and reducing barriers to community access highlighting the benefits to schools in being a great active 'community school'

Priorities 2 & 3

 analysing data to inform further priorities for Year 1 participation trends, demographics, assets; then identify key target groups who is best placed to deliver priorities •completed by 7 December 2015





Thank you for Listening

Any Questions?



