Executive Summaries

Application 1

Project Details			
Project Title:	STRENGTHENING THE COMMUNITY SECTOR IN	STRENGTHENING THE COMMUNITY SECTOR IN DOXFORD	
Project Overview (max. 50 words)	Doxford Park & District Community Centre has historically been managed by a team of local volunteers and is a valued community resource for residents of Doxford Ward. Volunteers no longer feel able to manage the facility and the Management Committee is seeking to appoint a part-time Community Worker to manage and further develop community use of the facility		
Total Project Cost Figure taken from Financial Information Sheet	£	14,900	
Match Funding Figure taken from Financial Information Sheet	£	3,000	
Total NF Requested Figure taken from Financial Information Sheet	£	11,900	
Project Start Date		01-Sep-24	
Project End Date		31-Aug-25	
Where will the project be based/delivered from?	DOXFORD PARK COMMUNITY CENTRE		

ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS

Project Description

Doxford Park Community Centre is owned by Sunderland City Council. In 1979 the building was taken over by a group of local residents who formed a Management Committee to manage the facility. The Management Committee is made up of 7 local residents, however, all but one of the members are aged 75+ In November last year the Management Committee approached

Sunderland Council to ask for help as members felt they could no longer manage running the Centre. The Council approached The Box Youth & Community Project (TBYCP) to provide support to the Committee and a meeting was set up to explore the issues that had been raised by the Committee.. TBYCP agreed to provide organisational support, however it was agreed from the outset that DPDCA would continue to operate totally independent from TBYCP, as an organisation in its own right. TBYCP has supported the organisation since January 2024 months and has invested a significant amount of time working with the Committee to map out a future for the organisation. Whilst the Centre is used by on average 200 residents each week, work with the Committee has highlighted that the current Committee members do not have the capacity or the skills required to manage the facility in a way that ensures its sustainability in the long term. There is undoubtedly a need to appoint a part time Development Worker to oversee the day to day management of the building and to develop services from the building to ensure it can be financially sustainable moving forward. It is proposed that consideration be given to providing funding to appoint a part time (16 hours) Community Development Worker for a one year term. The role of the Worker would include • Introducing operational policies and procedures to ensure organisation is operating within legislative frameworks

- Strengthening the Management Committee by recruiting new members that can bring much needed skills and experience to the organisation
- Developing the range of activities offered in the building
- Expanding the number of user groups delivering from the building, thereby increasing footfall and potentially income
- Further developing the role of volunteers within the organisation
- Ensuring the organisation generates sufficient funding to become financially sustainable by securing funding from external sources and developing a local fundraising strategy

 It is proposed that TBYCP would employ the worker who would then be seconded to DPDCA. as the existing Committee are not currently in a position to take on employment responsibilities. TBYCP would continue to provide in kind managerial and organisational support to the Management Committee and the Development Worker.

Outputs	
Healthy Smart City Outputs	
number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	7
number of NEW adults enjoying a healthier lifestyle (mentally, physically, independently)	70
number of individual adults enjoying a healthier lifestyle (mentally, physically, independently)- footfall	175
number of items purchased	0
number of NEW children and young people benefiting from this project	75
number of individual children and young people benefiting from this project- footfall	105
number of individuals signposted into Public/VCS services e.g. information, advice and guidance	40
Vibrant Smart City Outputs	
number of NEW volunteers recruited	6
number of volunteers participating	42
number of volunteer hours delivered	670
number of residents participating in decision making	18
number of cultural, heritage and community events supported and delivered	4
number of visitors footfall at neighbourhood events	400

Recommendation – Approve

The Area Committee is recommended to approve this project, which delivers to the East area priority:

Vibrant Smart City – We will have supported community assets to develop, grow and sustain.

Organisation Details		
Organisation Name	Organisation Name Blue Watch Youth Centre and Ryhope Community Centre	
Address Line 1	Burdon Lane	
Address Line 2	Ryhope	
City	Sunderland	
Postcode	SR2 0HR	

Project Details		
Project Title	Fancy A Day Out - Holiday Fun	
Blue Watch YC and Ryhope CA will collaborate to deliver Fancy A Day Out - Holiday Fun, providing fun enriching activities and hot food for children and young people living in East Sunderland. We will engage those who are eligible for free school meals/living in poor households.		
Total Project Cost Figure taken from Financial Information Sheet	£ 9,622	
Match Funding Figure taken from Financial Information Sheet	£ 4,624	
Total NF Requested Figure taken from Financial Information Sheet	£ 4,998	
Project Start Date	28-May-24	
Project End Date	05-Sep-24	
Where will the project be based/delivered from?	Blue Watch YC & Ryhope CA	

Project Description

This project is a collaboration between Blue Watch YC and Ryhope CA. Both organisations already enjoy a close working partnership and deliver services together.

The project (Fancy A Day Out) will deliver open access sessions during holiday periods for children and young people living in the East Sunderland Area. Sessions will take place during:

May half term holidays - Friday 24th May - Sunday 1st June

Summer holidays - Friday 19th July - Thursday 5th September

Sessions will engage and target children and young people who are eligible for free school meals / living in economically deprived households. They will be supported to attend activities which are fun and educational, and enable children and young people to access food. Activities will include opportunities to gain experience and develop skills, while having fun and trying new things. Activities will provide children and young people opportunities to socialise and make new friends.

Physical activities will include, for example, dancing, dodge ball, basketball, football, parachute, tag, rounders, pool, and visits to local play parks and play areas. Out of building activities will be dependent on the weather. We encourage children and young people to wrap up warm so we can take any opportunity to enjoy the outdoors all year round.

All children and young people will be encouraged to engage in moderate-to-vigorous physical activity. 10 Minute Shake Up games will get children and young people moving with fun games inspired by some of their favourite Disney characters.

Creative activities will include a range of arts and crafts, cooking, and music.

Food - a fact of life, and healthy eating activities, will instil a culture of healthy eating and food literacy in children and young people, helping them to apply their knowledge in meaningful ways.

Free play elements of sessions will provide free time for children and young people to relax.

Every child and young person will enjoy a hot meal that meets School food standards – School Food Plan. All food provided will comply with regulations on food preparation, considering allergies and dietary requirements, religious or cultural requirements.

We want children and young people to try new food. However, as an experienced youth provider we are used to engaging children and young people who will refuse what is on offer. Workers are experienced in nudging techniques in influencing behaviour. They are skilled in coaxing and gently encouraging children and young people to try something new, using it as a means of influencing decision-making towards positive outcomes.

We will provide healthy drinks with water being the default drink for every child. Experience has informed us that the more water is offered, especially after exercise, the more readily it is accepted. Free, fresh drinking water will always be available.

We take managing food allergies and intolerances, and respecting cultural needs very seriously. We will ensure we have food choices on all menus that provide appropriate healthy hot food to all children and young people.

We will have staff on every session who hold qualifications, and have an awareness of what food hypersensitivities and allergens are, how they can affect the safety of children and young people, and how they should communicate the correct information to those who need to know. We work closely with children, young people and parents and carers to support them with cultural needs, allergies, or intolerances, ensuring we provide suitable alternatives. This work commences prior to the children and young people attending their first session.

Example of menu that will be on offer:

- Yorkshire Pudding and seasonal vegetables
- Chicken Curry, rice, and wedges
- Spaghetti Bolognese and vegetables
- Chicken Goujons, salad, and wedges

The below will be available on every session:

 Jacket potato with filling (various), yoghurt (various), fruit platter, jelly, and ice cream. Snacks include cereals, dried fruits (various), fruit and vegetables including pots of sliced or chopped fresh fruit, vegetable sticks and yoghurt

- There will be a selection of cereals, fresh and dried fruit available throughout the sessions at 'Snack Corner.' 'Snack Corner' is a dedicated area in the centre, which is replenished throughout sessions with cereal, dried fruit, fresh fruit snack bags, yoghurt, raisins etc. Children and young people do not have to ask staff for snacks, they help themselves. Experience informs us that this resource works well especially when children and young people are hungry but feel uncomfortable to ask for more food after meal time has passed
- We always have a backup of healthy food items we can prepare for children and young people who will not eat from the menu on offer such as jacket potato with various fillings, beans and spaghetti, pasta with various sauces and vegetables, healthy noodles including veggie, rice dishes such as spinach, etc.

Sessions will be age appropriate, and last between 2 to 3 hours depending on the needs of the children and young people. We will provide 500 opportunities to attend sessions. We will deliver unique Fancy A day Out sessions when no other service is available i.e.. May half term, week 5 and 6 of Summer holidays, and some evenings during May and Summer holidays. We will also provide additional opportunities to attend similar services we plan to deliver during the Summer holidays, We will do this by increasing resources, that in turn will increase spaces for children and young people on these sessions. Summer 2023, our school holiday service oversubscribed by 95%.

No child or young person will be turned away. There will be no charge for any child or young person to attend. We will continue to implement a menu that is flexible, can be added to, and stretched to feed more children and young people. This is important as we regularly experience extra children and young people arriving at sessions unexpectedly. Sessions will be age appropriate to the target audience.

Outcomes will include encouraging those accessing the service to eat healthily over the school holidays and beyond, reduce holiday hunger, provide resources and activities to reduce financial pressure on parents and families, enriched interaction and play that supports the development of resilience, character and wellbeing, opportunities to socialise and find new interests, being active, having fun, being happy and learning new things.

Blue Watch YC will complete a register for every session. We will maintain the online data log/workbook. We will complete the evaluation form, and spending profile. We will make regular social media posts that demonstrate and highlight the excellent work taking place.

All sessions will have staff and volunteers who are experienced and trained in personal care, dealing with challenging behaviour, emotional and physical well-being etc. Staff and volunteers have undergone Safeguarding training and received certification, with at least one member of staff having Designated Lead Safeguarding training.

We will engage and support SEND children and young people to attend. Staff and volunteers have completed Safeguarding Children with Disabilities, Preventing Radicalisation and Extremism, Food Hygiene and Safety For Catering, Risk Assessment and First Aid certification. We currently deliver a range of SEND provisions (staffed by workers employed by the organisations), as part of our comprehensive youth offer including evening and weekend centre based and out of centre activities.

Outputs	
Healthy Smart City Outputs	
number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	2
number of items purchased	6
number of NEW children and young people benefiting from this project	90
number of individual children and young people benefiting from this project- footfall	500
number of individuals signposted into Public/VCS services e.g. information, advice and guidance	30
Vibrant Smart City Outputs	
number of NEW volunteers recruited	5
number of volunteers participating	7
number of volunteer hours delivered	155
number of residents participating in decision making	90

Recommendation – Approve

The Area Committee is recommended to approve this project, which delivers to the East area priority:

Projects that increase physical and wellbeing activities for young people and help to support healthier lifestyles and lessen the impact of the cost of living crisis

Organisation Details		
Organisation Name	Organisation Name THE BOX YOUTH & COMMUNITY PROJECT	
Address Line 1	HALL FARM ROAD	
Address Line 2		
City	SUNDERLAND	
Postcode	SR3 2UY	

	Project Details
Project Title	DOXFORD HOLIDAY ACTIVITY PROGRAMME
Project Overview (max. 50 words)	The project will provide children and young people who are from low income families with access to free and high quality activity sessions that include a nutritious meal during the May half term and summer school holiday periods.
Total Project Cost Figure taken from Financial Information Sheet	£ 6,097
Match Funding Figure taken from Financial Information Sheet	£ 1,125

Total NF Requested Figure taken from Financial Information Sheet	£	4,972
Project Start Date		27-May-24
Project End Date		05-Sep-24
Where will the project be based/delivered from?	TBYCP	

Project Description

TBYCP has 16 years experience of delivering school holiday activity programmes and has successfully delivered the Fancy a Day Out Programme with funding from Sunderland City Council for a number of years. We propose to deliver 30 school holiday activity sessions for local children in school years 1 to 6 (5 to 11 year olds) who live or are being cared for in the Doxford Ward. We will target children from low income families whose parents meet the criteria for Household Support or who are in receipt of Universal Credit. This will include families in receipt of free school meals. We will promote the sessions to children attending Mill Hill Primary School and Benedict Biscop Primary School and amonst the local children that attend our year round afterschool clubs. Each activity session will last for 2 hours and the activities on offer will be both educational and fun. We will consult with children in our afterschool clubs about what activities they would like to have included in the summer school holiday sessions. We will ensure the programme is planned in a way that allows us to be responsive to the needs of our target audience. Each session will cater for 30 children and children attending will receive a nutritious meal. Our menus meet the School Food Standards and staff and volunteers involved in preparing the food have completed the Level 2 Food Safety qualification. When children register to attend, carers will be asked to let us know of any dietary, religious or cultural requirements on the registration form. This will enable staff to plan in advance so that we are able to meet any identified needs. The sessions during the summer holidays will be timetabled to compliment any HAF funded sessions, ensuring that children of all age groups have access to at least three activity sessions each week. **During May** half term we plan to deliver 8 sessions: Tues/Wed/Thurs/Fri 1.30-3.30 (Years 1,2,3) and 4-6pm (Years 4,5,6) Activities for both age groups will include Forest School, Messy Mayhem, Ready Steady Cook, and a Scavenger Hunt. During the summer holidays we plan to deliver 22 sessions of two hours duration. The timetabling of the sessions will be planned to compliment the HAF funded sessions, however at this point in time the funding available from the Holiday Activity sessions has not been confirmed. It is envisaged that the sessions will be divided across the six week holiday period and some of the sessions will

take the form of organised trips to local places of interest i.e local parks, beaches etc. We are keen to involve children in the planning of activities should funding be approved as this gives children a stake in the programme and helps to ensure high take up of activities on offer

Healthy Smart City Outputs	
number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	30
number of NEW children and young people benefiting from this project	110
number of individual children and young people benefiting from this project- footfall	200
Vibrant Smart City Outputs	
number of NEW volunteers recruited	8
number of volunteers participating	16
number of volunteer hours delivered	98

Recommendation – Approve

The Area Committee is recommended to approve this project, which delivers to the East area priority:

Projects that increase physical and wellbeing activities for young people and help to support healthier lifestyles and lessen the impact of the cost-of-living crisis

Application 4

Organisation Details

Organisation Name	Back on the Map
Address Line 1	67 Toward Road
Address Line 2	Hendon
City	Sunderland
Postcode	SR2 8JG

Project Details			
Project Title	Fancy a Day Out	Fancy a Day Out A school holiday programme, delivered twice weekly during May and Summer Holidays for Primary aged school, offering a free packed lunch.	
Project Overview (max. 50 words)	delivered twice we and Summer Holic aged school, offer		
Total Project Cost	£	7,897	
Figure taken from Financial Information Sheet	τ.	7,097	
Match Funding Figure taken from Financial Information Sheet	£	4,116	
Total NF Requested	C	2.502	
Figure taken from Financial Information Sheet	£	3,502	
Project Start Date		29-May-24	
Project End Date		28-Aug-24	
Where will the project be based/delivered from?	Back on the Map		

Project Description
Project Description

After the successful and enjoyable Fancy a Day out programme we organised, both children and parents had a great time. We're eager to expand our offerings to the community throughout the Half term and Summer holidays, focusing on primary school-age children. While we've made sure not to duplicate what our partners cover in the Hendon ward, we've identified a gap in provision, particularly in the long streets area.

Our plan is to host 2 sessions every week during the school holidays. These sessions will feature a variety of activities including crafts, exercise, cinema, outdoor picnics in local parks and beaches. We'll collaborate with the East Rangers programme to incorporate educational campaigns, and we'll also utilise our Community Allotment for nature-based activities like planting, bug hunts, and making bird feeders.

Each session will start at 10 am with an activity before lunch, followed by another activity after lunch. Building on our previous children's programmes, we'll recruit two volunteers to work alongside our team. They'll play a key role in planning and delivering the programme, ensuring the activities are both educational and enjoyable.

Past experience has shown that our children's programmes are highly popular, with parents often requesting more sessions. However, due to financial constraints, we've struggled to meet demand and have been unable to provide meals for the children. Our main goal is to offer a space for children on free school meals to enjoy a meal and receive additional activity support during the holidays.

With rising costs of food and fuel affecting many families, we aim to provide some relief by offering meals and support through our programme. This will not only assist families in need but also encourage their participation in our broader programme. By engaging with families regularly, we hope to provide ongoing support and assistance in times of crisis, or direct them to professional organisations if needed. With the support of Fancy a Day Out, we'll be able to fund the proposed sessions and provide meals for the children, sourced from the local Community Cafe.

	Outputs		
Healthy Smart City Outputs			

number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	12
number of NEW children and young people benefiting from this project	40
number of individual children and young people benefiting from this project- footfall	
Vibrant Smart City Outputs	
number of NEW volunteers recruited	6
number of volunteers participating	6
number of volunteer hours delivered	168

Recommendation – Approve

The Area Committee is recommended to approve this project, which delivers to the East area priority:

Projects that increase physical and wellbeing activities for young people and help to support healthier lifestyles and lessen the impact of the cost of living crisis

Organisation Details		
Organisation Name Sunderland All Together Consortium		
	•	
Address Line 1	C/O 271 Southwick Road	
Address Line 2	Southwick	
City	Sunderland	
Postcode	SR5 2AB	

Project Details		
Project Title	East Area - FADO Millfield Ward	

Project Overview (max. 50 words)	We would like to provide open access sessions for children and young people from the Millfield Ward during May Half Term Week and Summer Holidays. Each session will provide a hot meal and a range of cultural and enrichment activities.
Total Project Cost	
Figure taken from Financial Information Sheet	£ 6,559
Match Funding	
Figure taken from Financial Information Sheet	£ 1,564
Total NF Requested	
Figure taken from Financial Information Sheet	£ 4,995
Project Start Date	27-May-24
Project End Date	05-Sep-24
Where will the project be based/delivered from?	Millfield Ward

Project Description

Sunderland All Together Consortium are aware that the school holidays can be pressure points for some families. For some children this can lead to a holiday experience gap, with children from low-income households being:

- less likely to access organised out-of-school activities
- more likely to experience 'unhealthy holidays' in terms of nutrition and physical health
- more likely to experience social isolation

Sunderland All Together Consortium would like to provide open access activities for children and young people from the Millfield Ward which will complement our current youth activities offer and to ensure all school aged children and young people have access to activities and food during May Half Term and the Summer holidays.

We will seek to engage and target children and young people aged 7 - 16 years (year 3 -year 11) who are eligible for free school meals / living in economically deprived households in Millfield Ward.

We will use various methods to engage children and young people such as

- Social media
- Word of Mouth
- Outreach
- Detached
- Leaflets in Schools and own youth provision
- Posters around community
- Referrals from TFC
- Community groups
- Local ward councillors
- Partnership work

We will target the following schools

- St Josephs
- Diamond Hall
- St Anthonys

Our provision/activities will be open to all and will not just target those on free school meals as we know that working families are struggling to with the cost of living.

No one would be turned away from our provision and activities would be adapted based on age/ability/interests/needs...

Each session/activity will include a hot meal and will meet the School Food Standards.

School meals - food standards

one or more portions of fruit and vegetables every day.

- one or more portions of starchy food, such as bread or pasta every day.
- · a portion of food containing milk or dairy every day.
- a portion of meat or poultry on 3 or more days each week.
- oily fish once or more every 3 weeks.

Each hot meal will include.

- high-quality meat, poultry or oily fish
- fruit and vegetables
- bread, other cereals and potatoes

Example

- Omega 3 fish fingers, mash and beans
- Sausage, mash, vegetables, and gravy
- · Meatballs, Penne pasta, Garlic bread
- Chicken/vegetable Curry and Rice
- Spaghetti Bolognese
- Macaroni Cheese
- Quorn Wrap

All food provided will comply with regulations on food preparation and will take into account allergies and dietary requirements, religions or cultural requirements. All staff/volunteers handing/preparing food will hold a level 2 food hygiene certificate to ensure good food hygiene is adhered to at all times.

If a child has a special dietary requirement - such as diabetic, coeliac, low fat and dairy intolerances or a food allergy - we will be happy to plan and provide a snack/meal that meets the child's needs. We can also adapt menus to meet religious needs if needed

Projects should be able to be responsive and change sessions, to reach the target audience

The activities will be designed and delivered in consultation with the children and young people from the ward. They will be delivered on the days and at the times the children and young people most need it. They will also be delivered in accessible venues/green spaces to ensure inclusiveness.

All pop up sessions will be a minimum of 3 hours face to face activities.

All centre-based sessions will be a minimum of 2 hours face 2 face activities.

All activities will be age appropriate to those attending.

No one would be turned away and activities would be adapted based on age/ability/interests/needs..

All sessions/activities will be free of charge.

We will deliver a range of fun activities centred around enrichment, physical and nutritional education.

Enrichment activities

We will provide fun and enriching activities that provide children and young people with opportunities to:

- develop new skills or knowledge
- · consolidate existing skills and knowledge
- try out new experiences
- have fun and socialise

This will include but is not limited to:

- physical activities, for example football, swimming, table tennis or cricket
- creative activities, for example putting on a play, junk modelling or drumming workshops
- experiences, for example a nature walk or visiting a city farm
- free play, for example fun and freedom to relax and enjoy themselves

Physical activities

We will a range of provide activities so that children and young people participating in the programme will engage in a variety of types and intensities of physical activity to develop movement skills, muscular fitness and bone strength.

As some of our partner organisations are Streetmarked projects with trained activator coaches we will deliver and introduce children and young people to a range of physical street games activities such as smash up badminton, pop up football, dodgeball, street golf, serves tennis and street rugby. We will also deliver archery and soft archery as we have staff who are trained instructors.

Introducing new physical activities will enable children and young people to develop a new hobby and develop a sporting habit for life, it will also support with our exit strategy.

Nutritional education

We will include an element of nutritional education in sessions aimed at improving the knowledge and awareness of healthy eating for children.

such as:

- getting children involved in food preparation and cooking
- · growing fruit and vegetables
- taste tests
- discussing food and nutrition
- · including food and nutrition in other activities

The activities will be designed and delivered in consultation with the children and young people from the ward. They will be delivered on the days and at the times the children and young people most need it.

Our proposed programme in your application.

May 2024 (2 activities)

2 x Pop up events in Pocket Park which will include football cage, football darts, soft archery, Virtual reality activities, table crafts/games, street golf, pop up badminton, pop up table tennis, nutritional education, circus skills and rounders. Each popup event will include a hot meal and healthy snacks.

Summer 2024 (12 activities)

6 x Pop-up events in Pocket Park which will include football cage, football darts, soft archery, virtual reality activities, crafts, street golf, pop up badminton, pop up table tennis, circus skills and rounders.

Each pop-up event will include a hot meal and refreshments.

Each pop-up event will be for a minimum of 3 hours.

6 x centre-based holiday clubs in an accessible venue which will be confirmed after consultation with children and young people.

Each centre-based activity will be for a minimum of 2 hours.

Wide range of activities will be provided: arts and crafts, board games, jigsaws, construction, healthy cooking and nutritional education, parachute games, didi cars, games consoles, circus skills.

Wide range of sports/physical - tennis, table tennis, badminton, dodgeball, boccia, curling, football, cricket, rounders, swing ball, skipping, hula hoops.

Each Activity will include a hot meal and refreshments.

Each session will have a maximum of 35 children per session.

We are responsive and open to change our proposed activities to reach our target audience.

Additional information

We will work in partnership with Together for Children to ensure that our activities complement and do not duplicate any HAF activities delivered in the ward.

Healthy Smart City Outputs		
number of NEW children and young people benefiting from this project		60
number of individual children and young people benefiting from this project- footfall		490
Vibrant Smart City Outputs		
number of NEW volunteers recruited	1	1
number of volunteers participating		2
number of volunteer hours delivered		72

Recommendation – Approve

The Area Committee is recommended to approve this project, which delivers to the East area priority:

Projects that increase physical and wellbeing activities for young people and help to support healthier lifestyles and lessen the impact of the cost-of-living crisis.

Organisation Details			
Organisation Name	Chance		
Address Line 1	2 Rickaby Street		
Address Line 2	East End		
City	Sunderland		
Postcode	SR1 2DL		

Project Details		
Project Title	Holiday Activity Club	
Project Overview	Working in partnership with other local organisations and schools, we are able to target those families most in need and provide open access sessions. We will deliver school holiday activities for 30 children, over 23 sessions, 5 in May half term and 18 in summer holidays, 3 sessions per week for 6 weeks	
Total Project Cost	£ 5,520	
Match Funding	£ 520	

Total NF Requested	£ 5,000
Project Start Date	27-May-24
Project End Date	30-Aug-24
Where will the project be based/delivered from?	Chance

Project Description

Chance have a long history of delivering holiday activites in Hendon. Though our work in the community and working in partnership with other local organisations and schools, we are able to target those families most in need and provide open access sessions through our staff team and volunteers. We will deliver school holiday activities for 30 children, over 23 sessions, 5 in May half term and 18 in summer holidays, 3 sessions per week for 6 weeks. We will provide a hot meal or packed lunch, depending on the activity that day. Every child and young person will enjoy a hot meal that meets School food standards – School Food Plan. There will also be snacks available of fruit, rice cakes and yoghurt. The meals are cooked on-site and are healthy and nutritious. All food provided will comply with regulations on food preparation, considering allergies and dietary requirements, religious or cultural requirements. Each day there will be a fun activity, including litter picking, sports, visits to museum, cinema visit, beach day out and parks. We have 11 regular volunteers who will be assisting with the project. We are highly experienced at delivering these projects, as we have taken part in the project since it's inception. The sessions will run every day of the May Half term and Tuesday, Wednesday and Thursday each week during the Summer Holidays. Session times will be 10am until 3pm

Outputs	
Healthy Smart City Outputs	
number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically,	
independently)	23
number of NEW children and young people benefiting from this project	5
number of individual children and young people benefiting from this project- footfall	60
Vibrant Smart City Outputs	
number of volunteers participating	22
number of volunteer hours delivered	184

Recommendation – Approve

The Area Committee is recommended to approve this project, which delivers to the East area priority:

Projects that increase physical and wellbeing activities for young people and help to support healthier lifestyles and lessen the impact of the cost-of-living crisis

Organisation Details		
Organisation Name Keep Active (NE) CIC		
Address Line 1	Sunderland Mind Wellbeing Hub,	
Address Line 2	Church Street East, Hendon,	
City	Sunderland,	
Postcode	SR1 2BB.	

Project Details		
Project Title	Fitness, Fun and Food	

Project Overview (max. 50 words)		
Total Project Cost Figure taken from Financial Information Sheet	£	8,930
Match Funding Figure taken from Financial Information Sheet	£	4,000
Total NF Requested Figure taken from Financial Information Sheet	£	4,930
Project Start Date		28-May-24
Project End Date		30-Aug-24
Where will the project be based/delivered from?	Sunderland Mind Wellbeing Hub	

Project Description

Keep Active have 14 years of experience in delivering holiday provision across the North-East but predominantly in Sunderland.

Over the last 36 months via internal funding and with support from HAF funding we have concentrated on the East area of the City, delivering within Sunderland Mind Wellbeing Hub.

The target audience we have aimed our holiday provision for, has been families whose children are on FSM, SEND, BME, looked after, and children in care and families who are struggling to make ends meet in the current cost of living crisis. Working with local schools within the East of the City has been an excellent partnership ensuring that all the parents who fit into the necessary criteria are signposted to enable then to be in a position to be informed that their children are able to attend. We

also distribute flyers of the opportunities available and use social media. We supply flyers on paper and digitally to all local schools in the area prior to each camp commencing and monitor and record all bookings in house.

Direct marketing is used to our extensive database of parents via initial communication and support from the 8 local schools as well as all social media channels and direct emails using our database of parents already registered on our system of parents who have previously given details following their children who have attended camps in the area, all parents/carers have children who currently fit within the criteria outlined above.

We have in the past opened the camp to 5–11-year-olds and on many occasions engaged with children who may not have been on FSM or looked after but genuinely need this type of provision and a hot nutritious, healthy meal on a daily basis, we never turn anyone away who we feel needs support!

As an example of how many parents access our service for their families, we had 2025 places filled in the summer holidays of 2023, this is a testimony to our excellent and experienced team of staff who deliver our programmes and also that the parents who value and trust our service, the majority of children want to attend all sessions as they form valuable friendships and acquire important team building and life skills as part of the camps extensive and engaging activity programme.

We will utilise all social media channels including our website to ensure we notify our target service users of this terrific opportunity for children to be cared for and engaged in fun-based learning activities and receive a hot meal complying with regulations on food preparation etc in a safe and stimulating environment with access to outdoor space.

All publicity will contain relevant logos i.e. Sunderland Council, East Area Committee etc.

We plan to run events across the following dates and times.

Block One: 28th May to 31st May 2024 9am till 3pm daily

Block Two: 5th August to 30th August 2024 9am till 3pm

Monday - Thursday this funding will cover 9am - 10am and 2pm - 3pm, we are currently planning to run HAF sessions from 10 am to 2pm, this funding will enhance the day from 4 hours to 6 hours, this is what we have previously always offered to parents to cover the working day the funding will bridge that much needed gap.

Planned sessions:

Each week will consist of delivery of a daily schedule of sessions which will include a variety of sporting activities such as Archery, Fencing, Dodgeball, Multi Sports, Dance, Ball Games, Team sports and many others. Each day will be varied and include sports and physical activity that the children may not have tried before or might not have had access to previously, with a view to encourage them to try new things to build their confidence and skills.

Children will receive a balanced healthy meal made from scratch each day and have access to fresh fruit every day (currently donated by Tesco) and also have regular drinks breaks and access to water and juice.

Throughout the delivery of the programme there will also be sessions delivered by Kreative Kitchen - interactive cookery where our tutor will deliver the following activities: Children will work with the tutor to prepare their own lunch e.g. 'healthy pizzas', they will prepare and cook nutritional hot meals which they will be able to enjoy with friends in the dining room. They will also make healthy packed lunch snacks, which again, they will enjoy as part of their lunch. We will also deliver parent and child cookery workshops which will include information on the preparation of healthy, family meal and ideas for shopping and cooking on a budget. All children and parents will receive a copy of our Kreative Kitchen recipe book and have access to online tutorials to use at home via our YouTube channel.

We will also be providing an Arts & Crafts room where any child can come and work with a tutor to relax and enjoy some mindful creative activities. This will include a craft challenge each day for every child to take part in with the aim to have something to take home.

We have a wildlife and nature garden on site allowing us to include a weekly gardening and nature activity for the children to explore. This will include nature trails, mini beast hunt and identification, treasure hunts, making bird feeders and planting and gardening.

All sessions will be delivered at our base at Sunderland Mind and Wellbeing Hub, within this space we have sole use of 2 indoor halls, a kitchen, training room, large outdoor green spaces and a large fenced multi use games area and child friendly toilet facilities.

Following several years of holiday activities, we have established a tried and tested delivery model for both parents and children, we have listened to parents/ guardians as to how and when they would like to access this provision. With this in mind we would plan to continue with the same times and structure to all our previous highly successful programmes as we know they fit with the needs of the families who regularly attend sessions throughout the holiday periods.

Healthy Smart City Outputs	
number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	20
number of NEW children and young people benefiting from this project	40
number of individual children and young people benefiting from this project- footfall	2380
number of individuals signposted into Public/VCS services e.g. information, advice and guidance	
	35
number of litter picks/community cleans up carried out	2
Vibrant Smart City Outputs	
number of volunteers participating	20
number of volunteer hours delivered	120

Recommendation – Approve

The Area Committee is recommended to approve this project, which delivers to the East area priority:

Projects that increase physical and wellbeing activities for young people and help to support healthier lifestyles and lessen the impact of the cost-of-living crisis

Organisation Details		
Organisation Name Sunderland Community Action Group		
Address Line 1 St Peters Gate		
Address Line 2 Charles Street		
City	Sunderland	

Project Details			
Project Title			
Project Overview (max. 50 words) SCAG will offer a wide range of interactive activities for you 5 -10yrs old. This project will focus on activities that will be exciting, and stimulating. Enabling young people to access opportunity without the stigma of not being able to attend family finances.		activities that will be diverse, ung people to access this	
Total Project Cost Figure taken from Financial Information Sheet	£	6,479	
Match Funding Figure taken from Financial Information Sheet	£	1,680	
Total NF Requested Figure taken from Financial Information Sheet	£	4,799	
Project Start Date	30/07/24		
Project End Date	03/09/24		
Where will the project be based/delivered from?			

Project Description

We have a strong working relationship with a number of local providers especially Southmoor academy school (where we are currently based) and have delivered a range of Youth provision across the Hendon & St Michaels wards for a number of years. Having delivered a number of previous FADO programmes to children and older young people successfully. This has given us the opportunity to listen and learn from not only local Children and Young people but also parents enabling us to utilise their thoughts, comments and ideas into our current and future practice. We will continue to adapt to any new demands set upon us.

If successful we will strive to continue to work in this way, offering a service that is robust, adaptable, safe and supportive, but most of all FUN to attend.

Proposed activities & Opportunities for Children aged 5 -10yrs

The FADO sessions will begin in the summer holidays.

Planned session dates are below:

SUMMER 2024	FADO	DATES
Tuesday	Thursday	Friday
30th July	1st August	2nd August
6th August	8th August	9th August
13th August	15th August	16th August
20th August	22nd August	23rd August
27th August	29th August	30th August
3rd September		

Children will be able to access a wide range of physical and fun based activities. We will introduce children and young people to a range of team's games such as smash up badminton, Pop up Tennis & football, dodgeball, urban golf, Netball, volleyball & Basketball. In addition, we will also utilise our in-door gym and out-door MUGA and sports pitches so that young people can participate in a range of fun-based activities safely with their peers within an environment that is designed to be young person friendly.

We will also be including a range of Arts & Crafts, Music, in door games and IT resources for those young people who would prefer to access diverse types of provision throughout the day, young people will also have the opportunity to access a range of free hot and cold food cooked on the day and served with snacks and drinks. Through consultation with local young people and families we understand the need for this provision. Parents have informed us that without this activity in the school holidays they would struggle to offer their children the same opportunities while off school, as it's a direct choice between feeding their children or paying household bills. We will chart our progress through a range of case studies, reports and photographic evidence across the lifetime of the project.

Healthy Smart City Outputs	
number of NEW children and young people benefiting from this project	80
number of individual children and young people benefiting from this project- footfall	80
number of individuals signposted into Public/VCS services e.g. information, advice and guidance	
	60
Vibrant Smart City Outputs	
number of NEW volunteers recruited	3
number of volunteers participating	3
number of volunteer hours delivered	120

Recommendation – Approve

The Area Committee is recommended to approve this project, which delivers to the East area priority:

Projects that increase physical and wellbeing activities for young people and help to support healthier lifestyles and lessen the impact of the cost-of-living crisis

Organisation Details	
Organisation Name	Sunderland Community Action Group

Address Line 1	St Peters Gate	
Address Line 2	Charles Street	
City	Sunderland	
Postcode	SR6 0AN	

Project Details			
Project Title	Fancy A Day Out		
Project Overview (max. 50 words)	SCAG will offer a wide range of interactive activities for young people 11-16yrs old. This project will focus on activities that will be diverse, exciting, and stimulating. Enabling young people to access this opportunity without the stigma of not being able to attend due to lack of family finances.		
Total Project Cost Figure taken from Financial Information Sheet	£ 6,479		
Match Funding Figure taken from Financial Information Sheet	£ 1,680		
Total NF Requested Figure taken from Financial Information Sheet	£ 4,799		
Project Start Date	30/07/24		
Project End Date	03/09/24		
Where will the project be based/delivered from?			

ſ	Project Description

We have a strong working relationship with a number of local providers especially Southmoor academy school (where we are currently based) and have delivered a range of Youth provision across the Hendon & St Michaels wards for a number of years. Having delivered a number of previous FADO programmes to children and older young people successfully. This has given us the opportunity to listen and learn from not only local Children and Young people but also parents enabling us to utilise their thoughts, comments and ideas into our current and future practice. We will continue to adapt to any new demands set upon us. If successful we will strive to continue to work in this way, offering a service that is robust, adaptable, safe and supportive, but most of all FUN to attend

Proposed activities & Opportunities for Children aged 11-16yrs

The FADO sessions will begin in the summer holidays.

Planned session dates are below:

SUMMER 2024	FADO	DATES
Tuesday	Thursday	Friday
30th July	1st August	2nd August
6th August	8th August	9th August
13th August	15th August	16th August
20th August	22nd August	23rd August
27th August	29th August	30th August
3rd September		

Young People will be able to access a wide range of physical and fun based activities. We will introduce children and young people to a range of team's games such as smash up badminton, Pop up Tennis & football, dodgeball, urban golf, Netball, volleyball & Basketball. In addition, we will also utilise our in-door gym and out-door MUGA and sports pitches so that young

people can participate in a range of fun-based activities safely with their peers within an environment that is designed to be young person friendly.

We will also be including a range of Arts & Crafts, Music, in door games and IT resources for those young people who would prefer to access diverse types of provision throughout the day. young people will also have the opportunity to access a range of free hot and cold food cooked on the day and served with snacks and drinks. Through consultation with local young people and families we understand the need for this provision. Parents have informed us that without this activity in the school holidays they would struggle to offer their children the same opportunities while off school, as it's a direct choice between feeding their children or paying household bills. We will chart our progress through a range of case studies, reports and photographic evidence across the lifetime of the project.

Healthy Smart City Outputs	
number of NEW children and young people benefiting from this project	80
number of individual children and young people benefiting from this project- footfall	80
number of individuals signposted into Public/VCS services e.g. information, advice and guidance	
	60
Vibrant Smart City Outputs	
number of NEW volunteers recruited	3
number of volunteers participating	3
number of volunteer hours delivered	120

Recommendation – Approve

The Area Committee is recommended to approve this project, which delivers to the East area priority:

Projects that increase physical and wellbeing activities for young people and help to support healthier lifestyles and lessen the impact of the cost-of-living crisis

Organisation Details		
Organisation NameYoung Asian Voices		
Address Line 1	Sans St Centre	
Address Line 2	Upper Sans St	
City	Sunderland	
Postcode	SR1 1HG	

Project Details		
Project Title	#FancyADayOut this holiday with YAV	
Project Overview (max. 50 words)	To provide youth and multisports indoor as well as outdoor session in Hendon and Millfield with games, multisports, arts & crafts, snacks, drinks and lunch	
Total Project Cost	7.405	
Figure taken from Financial Information Sheet	£ 7,125	
Match Funding Figure taken from Financial Information Sheet	£ 2,125	
Total NF Requested Figure taken from Financial Information Sheet	£ 5,000	
Project Start Date	27-May-24	
Project End Date	05-Sep-24	

Where wil	I the p	roject be
based/del	ivered	I from?

Sans St Centre, Upper Sans St, Sunderland, SR1 1HG

ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS

Project Description

The project will facilitate YAV to provide holiday provisions for youth from all communities targeted in Hendon and Milfield Areas especially from ethnically diverse communities, LSEG, vulnerable and isolated members for the below periods.

May half term holidays - Friday 24th May - Sunday 1st June

Summer holidays - Friday 19th July - Thursday 5th September

Sessions will run 25 days; first Monday (27 May) followed by every Tuesdays, Thursdays & Fridays, 10:30-14:30, based from Sans St Centre.

Along with snacks, drinks and hot lunch, sessions will run indoor as well as outdoor and include the below activities:

- multisports and cultural games
- board games, pool and refreshments
- Arts & Crafts, digital art taster, music & bento cake decorations
- Pottery Taster
- walk to and picnic at Mowbray Park
- walk to Sunderland Museum & Wintr Gardens
- walk to and picnic at Barnes Park
- trip to Roker Beach for sun, sea and sand and ice cream with stop over at Roker Park Tennis Courts
- 2 days of Youth Multisport Festival with sports, music and arts showcase.

3 Sessional staff and 7 volunteers will also be recruited for regular facilitation of sessions.

The sessions will also ensure children and families are able participate in and celebrate festivities like South Asian Heritage Month, Refugee Week, and Plastic Free July.

Healthy Smart City Outputs	
number of NEW children and young people benefiting from this project	60
number of individual children and young people benefiting from this project- footfall	120
number of individuals signposted into Public/VCS services e.g. information, advice and guidance	
	10
number of litter picks/community cleans up carried out	2
Vibrant Smart City Outputs	
number of NEW volunteers recruited	4
number of volunteers participating	14

Recommendation – Approve

The Area Committee is recommended to approve this project, which delivers to the East area priority:

Projects that increase physical and wellbeing activities for young people and help to support healthier lifestyles and lessen the impact of the cost-of-living crisis

Organisation Details	
Organisation Name	Durham Wildlife Trust

Address Line 1	Rainton Meadows
Address Line 2	Houghton-le-Spring
City	Sunderland
Postcode	DH46PU

Project Details	
Project Title	Beachside Adventures
Project Overview (max. 50 words)	"Beachside Adventures" led by Durham Wildlife Trust will offer immersive beach events for economically disadvantaged youth in East Sunderland. Through fun activities like beach games, rockpooling, and wildlife spotting, we will foster environmental stewardship, offering food during the session that meets healthy standards.
Total Project Cost Figure taken from Financial Information Sheet	£ 3,212
Match Funding Figure taken from Financial Information Sheet	£
Total NF Requested Figure taken from Financial Information Sheet	£ 3,212
Project Start Date	01-Jul-24
Project End Date	01-Oct-24
Where will the project be based/delivered from?	Hendon Beach

Project Description

"Beachside Adventures" will be an immersive series of events crafted by Durham Wildlife Trust to engage young people from economically disadvantaged backgrounds in the East Sunderland area. This initiative promises hours of fun, learning, and delicious food, all while instilling a sense of environmental stewardship through our #TeamWilder approach.

At DWT, we operate under the guiding principles of #TeamWilder, emphasising community-driven actions to protect and enhance our natural environment. By instilling a sense of environmental stewardship from a young age, we aim to empower children to become active contributors to #TeamWilder's mission of creating a wilder and more natural future for our region.

"Beachside Adventures" embodies the spirit of #TeamWilder, offering a variety of beach activities designed to connect participants with the wonders of nature. Led by our expert education leads and building on our successful experience with Beach Rangers activities, between 15-30 participants will have the opportunity to immerse themselves in a range of hands-on experiences, including:

- Beach Games: Lively games and friendly competitions to get everyone moving and having fun in the sun.
- Rockpooling: Guided expeditions to explore the fascinating world of tide pools, uncovering hidden marine treasures and learning about coastal ecosystems.
- Sand Art: Creative workshops where participants can use the beach as their canvas to craft intricate masterpieces inspired by the natural beauty of the seaside.
- Beach Crafts: Imaginative crafting sessions using shells, driftwood, and other seaside finds to create unique works of art, fostering creativity and self-expression.

- Wildlife Spotting: Guided nature walks led by our expert naturalists, offering participants the chance to observe and learn about the diverse wildlife that calls the coastal environment home.

To ensure that every participant stays fuelled and energised, we will arrange for our catering partner at Rainton Meadows to produce a selection of food.

Transportation logistics will be carefully planned to make the event accessible to families across the East Sunderland area. For participants from Doxford and Millfield, we hope to reach out and engage Sunderland Area Parents Support/Mill Hill Nursery and St Joseph's Catholic Primary/St Mark's Community Association and/or Sunderland Central Mosque, respectively. Minibuses will be booked to transport them to Hendon Beach.

As for St Michaels and Ryhope, similar arrangements will be made to ensure that families from these areas can easily join in the fun. We're committed to making "Beachside Adventures" inclusive and accessible to all.

In terms of scheduling, we've carefully selected the weekends of w/c July 22nd and w/c August 19th and another w/c TBC, based on tide times, to accommodate our beach activities. Each session will run for two hours, providing plenty of time for adventure and enjoyment.

Through "Beachside Adventures" DWT aims to provide a memorable experience for children and families in the East Sunderland area while instilling a sense of environmental stewardship through our #TeamWilder approach. This event aims to engage people with coastal nature, nature-friendly practices, and the importance of not littering our beautiful beach spaces. We're excited to collaborate with local partners and stakeholders to make these events a resounding success.

Outputs	
Healthy Smart City Outputs	
number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	60
number of individual children and young people benefiting from this project- footfall	60
number of individuals signposted into Public/VCS services e.g. information, advice and guidance	60

Recommendation – Reject

The Area Committee is recommended to reject this project which does not meet the criteria outlined in the project brief.

Organisation Details		
Organisation Name	Hopespring	
Address Line 1	10 Sea View Road West	
Address Line 2		
City	Sunderland	
Postcode	SR2 9HA	

Project Details		
Project Title	Hopespring Hub	
Project Overview (max. 50 words)	Hopespring, a local award winning charity, based in the heart of Sunderland works with some of the most vulnerable young people from across the region. Hopespring has one school in across three sites in Sunderland and works with around 30 young people and would like to provide crucial and specialist support during the school holidays.	
Total Project Cost	£5,370	
Match Funding	£480	
Total NF Requested	£4,890	
Project Start Date	24-May-24	
Project End Date	05-Sep-24	
Where will the project be based/delivered from?	Our Millfield and Ryhope campuses	

Project Description

Funding will allow the Hopespring Hub to provide crucial support to vulnerable young people, attached to our school, throughout the school holidays. As an organization we recognize the reality of how difficult the school holidays can be and how many challenges our young people face during this time. We would like to offer this during both the May half term and the summer holidays and provide a continuation of much-needed support.

Our young people are at serious risk of being drawn into crime and violent activities, and who are more likely to be vulnerable to grooming, exploitation or County Lines influence. The majority of our young people engage in substance misuse, have strong family connections to crime and gang violence and are involved with social services, the Youth Offending Service and CYPS/CAMHS. Hopespring focuses on those with backgrounds marked by significant childhood trauma; often Looked After; with Child In Need Plans or involved with Early Help.

As a result of the heavy influence of drugs, gangs and criminality, and also because of the complex mental health needs of many of our young people, their daily lives, especially during the school holidays, can often be challenging and unmanageable without additional support. We are observing now more than ever that vulnerable young people in Sunderland; even those who are accessing specialised education & social care provisions; are being drawn into harmful behaviours outside of school. We have found this is especially the case during the school holidays.

Over the May half-term and the summer break, The Hub will deliver 5 weeks of sessions. Each week will have 3 sessions within it, each being on a different day and lasting a total of 3 hours. Each session will provide the children & young people the opportunity to engage in out of the box educational activities aimed to differentiate between term time learning. It will also provide the opportunity for young people to access drop in support for any young people who need to come and touch base with staff for their emotional wellbeing. As part of our staff team we have trained forest school teachers who will deliver outdoor sessions as part of our holiday support.

Our Hub will be open access, completely free of charge and a healthy meal will be provided with the additional option of taking fresh fruit and vegetable food parcels home with them. The Hub will be staffed by those already a part of the Hopespring team. We recognize the importance of continuity in staffing for the young people but also the significance of an already established and trusted relationship. Staff are highly trained and operate in dual roles such as teacher/therapist enabling them to offer a holistic and tailored approach to each young person. Staff have worked incredibly hard; in some cases over a matter of years; to build safe and trusted relationships with some the hardest-to-reach and disengaged young people.

Given the relationship and reputation Hopespring has developed in Sunderland with these young people; families; professionals & other stakeholders; we are best positioned to provide out of school hours support. The young people we support have high attendance in our schools; because we consistently meet their social; emotional and mental health needs. Please see case studies below supporting the need for holiday support.

The overarching outcome of having the Hub open throughout the holidays is that our young people would ultimately be safe. As a result they are significantly less likely to engage in harmful behaviors, gang/criminal involvement and experience a decline in their mental health and continue to make remarkable progress.

During August 2023 one student became involved in organised crime and was arrested for possessing and intending to sell heroin. He subsequently attempted to take his own life. During the October half term - simply a one week holiday from school - we had 3 students reported missing to Northumbria police; an additional young person moved out of area by the local authority because she was found at an address being monitored by police for being a known sex-trafficking site; and during that same week; another young man was moved out of area also after his mother attempted to strangle him during an incident at home. More recently in the Christmas school holidays a young person broke into school because he considered it his safe place and he wanted to access support from staff.

Healthy Smart City Outputs	
number of NEW children and young people benefiting from this project	60
number of individual children and young people benefiting from this project- footfall	60

Recommendation – Reject

The Area Committee is recommended to reject this project which does not meet the criteria outlined in the project brief.