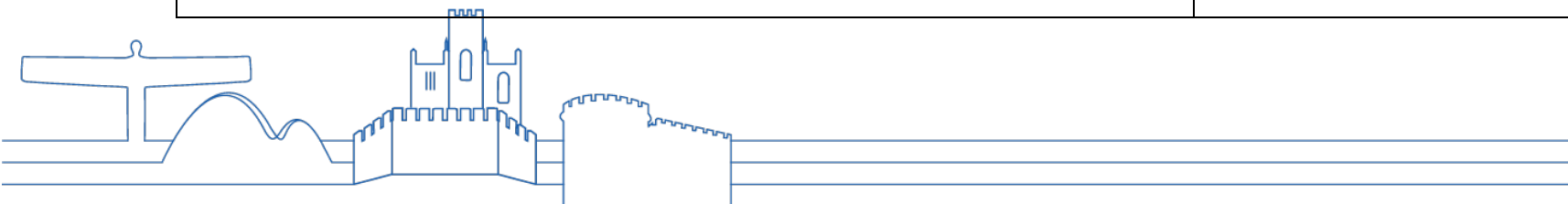
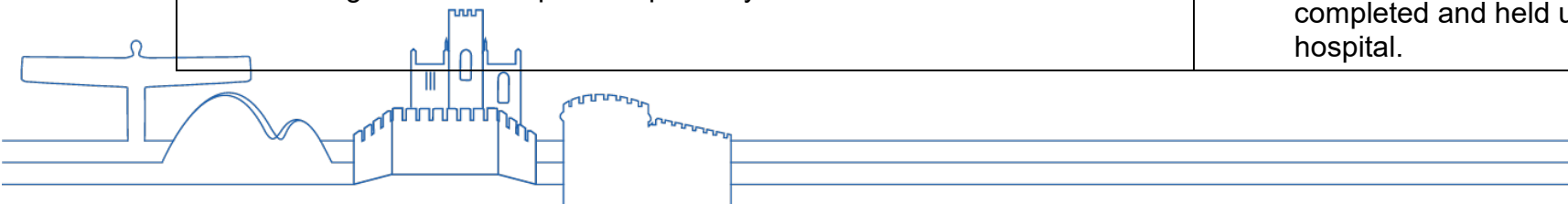


**Health Report for Corporate Parenting Board  
March 2023**

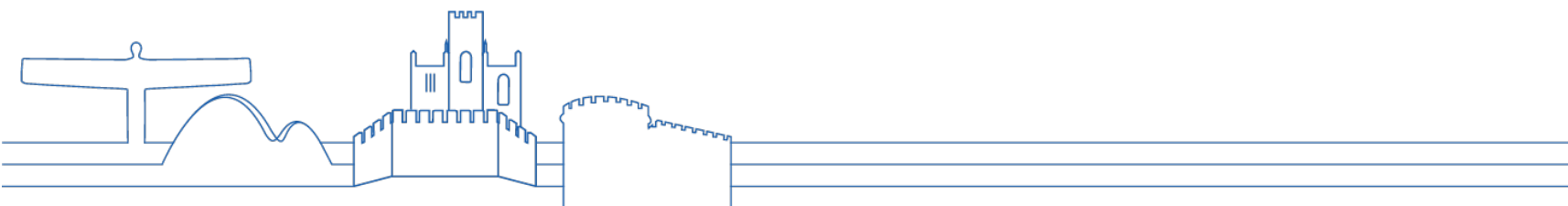
Agenda item	Update	plan
<p><b><u>Health Partnership for cared for children</u></b></p> <ul style="list-style-type: none"> <li>We have held our first meeting in January, and plan to meet quarterly over the year.</li> <li>The plan will be for this meeting to develop a health workstream which will then be reported into Corporate Parenting Board.</li> </ul>		<ul style="list-style-type: none"> <li>For an invite to sexual health services, YDAP and voluntary sector for the next meeting.</li> <li>Going forward we would like to get a good understanding of emotional wellbeing support for cared for children within Sunderland.</li> <li>Dr Sarah Mills to share the Unaccompanied Asylum-Seeking project with TfC – meeting planned with Sharon Willis.</li> <li>Practitioner Forum is something that we are looking to hold with TfC and partners in 2023.</li> </ul>
<p><b><u>Improving the mental and physical health of care leavers and care experienced.</u></b></p> <ul style="list-style-type: none"> <li>Ensure that care leaver health needs are identified in broader commissioning processes.</li> </ul>		<ul style="list-style-type: none"> <li>Youth almighty project have submitted a business plan for mentoring and social prescribing for children in care. The proposal has now been agreed.</li> </ul>



<ul style="list-style-type: none"> <li>• Funding obtained to produce health passport APP, app is in final stages of development. The APP is designed to encourage YP to be more independent in understanding their individual health needs and how they can meet them.</li> <li>• Assessment of health needs of looked after children and care leavers.</li> <li>• Obtaining free prescriptions for care experienced YP across the ICB is a future piece of work for 2023.</li> </ul>	<ul style="list-style-type: none"> <li>• Health passport app is now back with the App Developer for amendments, the next step will be to test the app with the help of some young people.</li> <li>• to compile care leaver data. This will provide some evidence and understanding of the health needs of our young people transitioning out of care. This is ongoing</li> <li>• Jo Morgan has submitted a proposal for free prescriptions for care leavers across the NENC ICB. Currently awaiting figures from all areas across the ICB.</li> </ul>
<p><b><u>The Looked After Health Team model</u></b></p> <ul style="list-style-type: none"> <li>• Assist the provider unit in bringing their nursing staffing ratios in line with the intercollegiate document.</li> <li>• Develop and update Service Level Agreement (SLA) with Commissioners.</li> <li>• To work in partnership to look at the commissioning and intervention strategy and the development of mental health partnership arrangements SDQ process pathway.</li> </ul>	<ul style="list-style-type: none"> <li>• Health model has been looked at with the provider, there is work within the provider unit looking at caseloads and a relationship-based approach to meeting health needs. Meeting in Jan 23 planning to look at current funding and SLA, ongoing work in this area.</li> <li>• Electronic completion of SDQ to be trialled in provider unit, pathways around managing mental health concerns to be created. This is still to be completed and held up due to IT within the hospital.</li> </ul>



<ul style="list-style-type: none"> <li>Promote the cared for health assessments with IROs and their discussion in Care team meetings and reviews to ensure identified and outstanding health needs are met.</li> </ul>	<ul style="list-style-type: none"> <li>health needs impact audit jointly with the IRO service to demonstrate the effectiveness of health assessments in meeting the health needs of our young people. The plan is for children's social care managers to be involved in this to highlight some case studies.</li> </ul>
<p><b><u>Raise local issues on a regional and national forum to seek good practice and influence priorities on a national level</u></b></p> <ul style="list-style-type: none"> <li>across the Northeast North Cumbria ICS</li>   <li>NHSE Northeast and Yorkshire</li> </ul>	<ul style="list-style-type: none"> <li>Jo Morgan is leading the NENC ICB Professional Network for cared for children this year.</li> <li>Jo Morgan has proposed offering free prescriptions for care experienced across the ICB footprint. A proposal has been put to the Director of Nursing for Sunderland and she is going to take this to the Board.</li>   <li>Sunderland Change Council are speaking at the Northeast and Yorkshire cared for children's conference. They will be sharing their work on language and the importance of this. This is exciting and a fantastic opportunity to influence health practitioners on a wider scale 😊</li> </ul>



**Team updates:**

- Dr Sarah Mills will be standing down as the Designate Doctor for Cared for Children on the 1<sup>st</sup> April 2023. She will continue to work within STSFT as a Community Paediatrician and within the ICB strategically as she has been successfully appointed as the Designated Doctor for Safeguarding Children. Sarah will continue to support in the interim whilst the ICB look to how they will fill the post.
- Trainee Advanced Clinical Practitioner Claire Elwell has now completed her 3 years of training. This is fantastic news for both Claire and our young people.

Jo Morgan

Designated Nurse Cared for Children

NENC ICB

