

Annex 1 – SIB Applications

1. Health & Safety Works (Southwick Youth and Community Association)

Project Title:
Health and Safety works including new heating system (including removal of asbestos) door entry system
SIB Requested:
£10,660

Section 1: Application Requirements

1.1
<p>Please note that this application will be presented to the relevant Area Committee for its consideration when determining your SIB Grant Application. The Agenda and the Minutes of the Area Committee Meeting will be available for inspection by members of the public. Please therefore ensure that your organisation is agreeable to the content of the information that is set out in the form.</p> <p>The Application Form should be provided in either electronic (e-mail or floppy disc) or typed format.</p> <p>If you have a problem with returning this form in either electronic or typed format, please contact the appropriate Area Regeneration Officer. Contact / address details are provided on the covering letter and in the Guidance Notes and Criteria and Project Guidelines.</p> <p>Please note that a representative of your organisation must be available to attend the pre-agenda and main committee meeting(s) to which this application is presented, as they may be required to answer questions. Failure to attend the meeting(s) may result in your application being deferred or rejected.</p> <p>Dates and Venues of future meetings are provided as supporting information.</p>
1.2 Which Area Regeneration Framework(s) does your project cover? (please tick)
Coalfield [] East [] North [X] Washington [] West [] South []

Section 2: Sponsor Details

2.1 Name of Lead Organisation / Group:		
Southwick Youth & Community Association		
2.2 Address of Lead Organisation / Group:		
Southwick Youth & Community Association, Southwick Road, Sunderland. Mail address C/o Margaret Walker, 19, Churchill Avenue, Southwick, Sunderland SR5 2LA		
2.3 Contact Name for Project:		2.4 Position in Organisation:
Margaret Walker		Treasurer
2.5 Tel. Number:	2.6 Fax Number:	2.7 E-mail Address:
0191 5614941(work)		margaret.walker@sunderland.gov.uk
2.8 Day to Day Contact Name / Details: (if different to 2.3 above)		

2.9 Legal Status of Organisation:	2.10 Registered Charity Number (if applicable):
A registered charity	506247
2.11 Does your organisation have a bank account into which funds can be paid?	
Yes	
2.12 Has the organisation received SIB support previously?	
Yes [] No [X]	
If 'Yes' please provide details:	
2.13 Are any trustees / members of the organisation employed by or are Elected Members of the City Council?	
Yes [] No [X]	
If 'Yes' please provide details:	

Section 3: Project Details

3.1 Project Title: (please re-state title as per front sheet)	
Health and Safety works including new heating system (including removal of asbestos) door entry system	
3.2 Project Start Date:	3.3 Project End Date:
September 2008	November 2008
3.4 Please Describe the project:	
<p>The Southwick Youth & Community Association has been operating for over 30 years and within that time have been self sufficient. Over the past years the association have, from their funds replaced windows, doors, furniture and most recently spend nearly £5,000 on refurbishment of the toilets.</p> <p>We are looking to replace our central heating system, and install a door entry system. This will ensure the building remains open and operational especially during the winter months. If the funding wasn't available and the utility bills continue on their upward trend, there would be a detrimental effect on the Community using the facility.</p> <p>The heating system has been in place since the building was opened in 1977. It is maintained by Property Services and when it was serviced last year we were advised that we would more than likely need a new system as the parts are becoming unavailable. When the heating is on we are unable to guarantee the correct temperature and the Health & Safety Executive states that the usual minimum acceptable temperature in the work place for sedentary activity is currently 16°C. Last winter we had to purchase a number of portable heaters to ensure the building was warm enough for the elderly people, who have reduced mobility and the toddler group who use the centre. In addition to this, following inspection by Property Services to provide a quote for the new system, we have been advised that there is asbestos in the boiler house, which needs to be removed.</p> <p>The inclusion of a door entry system again will benefit the community enormously due to increasing anti-social behaviour in this area stopping participation of activities and fear of</p>	

disruption due to access to everyone at present into the centre. Also due to the reduced access this will help to keep the newly refurbished toilets in good condition.

Once the system has been installed we can then confidently encourage more community use with piece of mind that they will not be disrupted or be intimidated.

3.5 What service does the organisation currently provide and how will this be complemented by the project?

At present the Community Association offers a full range of Community activities including :- Mother and Toddlers, Keep Fit, Tap Dancing Classes, Bowls Club, Karate, Knitting Club, Blind Club, Sequence Dancing and Bible Group Classes. The numbers in the group are starting to fall and this is reduced again in the winter months due to heating and security problems, we feel if this goes ahead we can encourage more groups and community involvements in a safer and healthy environment. Last year an average weekly attendance was 311 this has now dropped below 200 however in the winter the numbers as low as 150.

3.6 What additional activity will SIB funding allow to happen (please tick the appropriate statement)

(a)	A project will go ahead which otherwise would not happen at all	[]
(b)	A project will be provided to a higher quality / on a greater scale	[]
(c)	The funding will accelerate the implementation of the project by 12+ months	[X]
(d)	A gap in funding will be filled pending other funding being secured	[]
(e)	Other reason	[]

Please explain your answer:

The heating system is very old and needs replacing, the association will need to cut back on fuel costs over a number of years to allow enough funds to pay for the project resulting in community activities being cancelled due to young and older members needing a higher temperature for activity use.

The door entry system will allow more groups to access centre in a more secure state due to no disorderly behaviour from youths accessing into the centre. This again is a priority to enable the safety of all users but not essential and if funding wasn't available will not happen.

3.7 How will you publicise that you have received support from SIB?

(please refer to Section 3 of the guidance notes)

Local press, internal posters, flyers to our users and linking in with the Area Committee Marketing Project.

3.8 Has there been any consultations concerning the need for this project?

Yes [] No [X]

If 'Yes' please provide details:

3.9 Is there any documentary evidence available to support the need for this project?

Yes [X] No []

If 'Yes' please provide details:

HSE Health and safety at work act 2000
Gas bills showing the high costs of the inefficient system.

3.10 Who will benefit from the services provided by the project?
The Southwick Community, Sunderland North residents and all other centre users.
3.11 Will there be any implications for Council Services arising from this project?
Yes [] No [x]
If 'Yes' please provide details:
3.12 Does this project require the support or sponsorship of a Sunderland City Council Directorate?
Yes [] No [x]
If 'Yes' please provide details:
3.13 Are any legal and other approvals required?
Yes [] No [x]
If 'Yes' please provide details of type of approval, date secured, or date expected to be secured:

Section 4: Equal Opportunities

4.1 Does your organisation have an Equal Opportunities Policy?	
Yes [x] No []	
If 'Yes' please describe how the project will comply with the Policy:	
The association abides by the equal opportunities policy as delivered by Sunderland City Council, this covers how we deliver our services and ensure all our volunteers do not accept any form of discrimination throughout the centre.	
If 'No' please describe how your organisation addresses equal opportunities issues:	
4.2 Does your project specifically address any of the following issues?	
Ethnic Issues	Yes [] No [x] (please tick)
If 'Yes' please provide details as to how the project is in line with the Race Relations Act 1976:	
Gender Issues	Yes [] No [x] (please tick)
If 'Yes' please provide details as to how the project is in line with the Sex Discrimination Act 1975:	
Disability Issues	Yes [x] No [] (please tick)
If 'Yes' please provide details as to how the project is in line with the Disability Discrimination Act 1995:	
We have an inclusion policy which actively promotes the use of the centre to all groups and	

covers all discrimination acts.

Section 5: Relationship of Project to the Area Framework(s)

5.1 Identify which Area Regeneration Framework Action Plan Strategic Priorities this project will address through the use of SIB, and demonstrate how these will be achieved:

The project will fit with a number of the City's priorities, firstly healthy city – improving and social care. Reducing crime and the fear of crime through better and secure access to the centre. Attractive and inclusive city – creating inclusive communities.

5.2 Identify outputs / outcomes against which the delivery of the project can be evaluated. Demonstrate how these will contribute to the Area Regeneration Framework(s).

Having an efficient and effective heating system monitored through reduction in utility bills. Reducing the access to allowing only people who wish to engaged in community activities within the centre monitored by the participation in the centre and stability in numbers from summer and winter months. Again as mentioned in 3.5 the numbers are reduced by over 50% in the winter months.

5.3 If the project relates to two or more Framework Areas, on what basis have you decided how to share the costs?

N/A

Section 6: Management Arrangements

6.1 Describe how the project will be managed:

The chairman David Davison of the Community Association will help to manage the project through the council's property services department.

6.2 Are there any significant risks or uncertainties that may affect either the timetable of the project, or whether it achieves its objectives?

While conducting the survey work for obtaining the budget costs Asbestos was found in the boiler house. This has now increased the cost of the project and the removal of which will ensure the safety of all within the centre and especially the volunteers who have to access the boiler room on occasions.

Section 7: Financial Information

7.1 How much SIB funding is requested?

£10,660

7.2 Indicate the type of funding requested: (please tick)

Capital Revenue Both

7.3 Has funding been requested / allocated from any other sources, including Council Directorates and if so how much?

Gentoo have been approached to contribute through the Aspire scheme £500 which will be match funded by the CA of another £500 total £1,000

7.4 What other funding alternatives have been considered and why were these not appropriate?

Gentoo.

7.5 What are the financial implications for the project should it not receive SIB funding?

As mentioned in 3.6, savings in the association over the forthcoming years will have to be made to put into a project fund.

7.6 When SIB expenditure is complete how do you intend to continue this project?

This is a one off capital project.

7.7 Provide a profile of projected costs:

Funding Source	2008/09	2009/10	2010/11	Total Cost
SIB:				
Coalfield				
East				
North	10,660			
South				
West				
Washington				
Other Sources (please state)				
1)	CA	£500		
2)	Gentoo	£500		
3)				
Total Cost:	12,160			

7.8 Please provide details of any 'in-kind' funding (e.g Peppercorn rents), if included within the 'Other Sources' of funding shown above.

N/A

7.9 Please provide a breakdown of the Total cost to show the main areas of expenditure:

Quote/budget costs for the work have been obtained from Property Services Department. Breakdown is £8,500 for the replacement of boiler and minor modification work. Another £500 to remove the asbestos from the boiler room. Supply and install door entry system £2660.

7.10 Please provide details of how you will ensure that the procurement and purchasing of services and equipment will be managed in accordance with requirements as detailed in the guidance notes and guidelines. Include any estimates that you have and details of any contractors or suppliers to be used.

Estimates from a number of suppliers will be collated and provided if necessary a summary of how the supplier was selected.

Section 8: Additional Information

8.1 Please provide any additional information that may be of use in support of your project proposal (Please append additional sheets if required):

Youth and disorder info, police back up statements.

Section 9: Declaration

This authority is under a duty to protect the public funds it administers, and to this end may use the information you have provided on this form for the prevention and detection of fraud. It may also share the information with other bodies responsible for auditing or administering public funds for these purposes.

I declare that the information provided is correct and accurate and that, should this application be successful, the organisation will agree to the terms and conditions of SIB:

Name:

Margaret Walker

Position in Organisation:

Treasurer

Date:

4/07/08

2. Improving Health and Independent Living (Mature Moves)

Project Title:
Improving The Health & Independent Living of Sunderland's 50+ and older population (Seated Exercise & Mature Moves)
SIB Requested:
£27,500 (£5,000 from North Area Committee)

Section 1: Application Requirements

1.1
<p>Please note that this application will be presented to the relevant Area Committee for its consideration when determining your SIB Grant Application. The Agenda and the Minutes of the Area Committee Meeting will be available for inspection by members of the public. Please therefore ensure that your organisation is agreeable to the content of the information that is set out in the form.</p> <p>The Application Form should be provided in either electronic (e-mail or floppy disc) or typed format.</p> <p>If you have a problem with returning this form in either electronic or typed format, please contact the appropriate Area Regeneration Officer. Contact / address details are provided on the covering letter and in the Guidance Notes and Criteria and Project Guidelines.</p> <p>Please note that a representative of your organisation must be available to attend the pre-agenda and main committee meeting(s) to which this application is presented, as they may be required to answer questions. Failure to attend the meeting(s) may result in your application being deferred or rejected.</p> <p>Dates and Venues of future meetings are provided as supporting information.</p>
1.2 Which Area Regeneration Framework(s) does your project cover? (please tick)
Coalfield [x] East [x] North [x] Washington [x] West [x] South [x]

Section 2: Sponsor Details

2.1 Name of Lead Organisation / Group:		
Sit 'n' 'b' Fit CIC		
2.2 Address of Lead Organisation / Group:		
44 Mowbray Road Sunderland SR2 8EL		
2.3 Contact Name for Project:		2.4 Position in Organisation:
Lynn Summerside		Director
2.5 Tel. Number:	2.6 Fax Number:	2.7 E-mail Address:
07714 995073 0191 5650399	0191 5101105	Lynn.summerside@btconnect.com
2.8 Day to Day Contact Name / Details: (if different to 2.3 above)		
As above		
2.9 Legal Status of Organisation:		2.10 Registered Charity Number (if applicable):

Community Interest Company	N/A
2.11 Does your organisation have a bank account into which funds can be paid?	
Yes	
2.12 Has the organisation received SIB support previously?	
Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	
If 'Yes' please provide details:	
To deliver chair based exercise city wide to care homes and sheltered accommodation (2005)	
2.13 Are any trustees / members of the organisation employed by or are Elected Members of the City Council?	
Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	
If 'Yes' please provide details:	

Section 3: Project Details

3.1 Project Title: (please re-state title as per front sheet)	
Improving The Health & Independent Living of Sunderland's 50+ and older population (Seated Exercise & Mature Moves)	
3.2 Project Start Date:	3.3 Project End Date:
September 2008	2010
3.4 Please Describe the project:	
<p>The aims of the project are to improve the health and mobility of older people in the Sunderland area through gentle seated exercise and mature moves, and thus help them to sustain independent living. The exercises are delivered at an appropriate level that is gauged using Sit 'n' b' Fit's expertise in seated exercise programmes.</p> <p>Seated exercise can increase a person's stamina, balance, co-ordination, suppleness and flexibility. It can also improve lung capacity and help provide a healthy heart (including a reduction in cholesterol). All these factors can have a major impact on the well being of the individual, raise confidence and reduce stress.</p> <p>Mature Moves has been developed following the success of the previous Sit 'n' 'b' fit project, taking lessons learnt, together with further opportunities to widen and enhance the delivery. The new proposed project involves a progression from the gentle seated exercise that was previously developed. Mature Moves offers a greater degree of exercise that increases bone density and muscle strength through weight-bearing exercises. Regular exercise can also have longer-term benefits by reducing the risk of falls. The number and effects of falls on the older people is a major concern of the TPCT, who promote this type of exercise as one of the best ways of tackling the problem as part of a multi-factorial approach.</p> <p>The service is flexible in that it can be delivered to groups or individuals either in their own home or in other establishments. For this programme the service will be offered</p>	

to both of these sectors. The group sessions will be held in Sheltered Accommodation, Supported Housing Schemes and Community Centres. The One-to-one sessions will be held in the home of the individual and encourage the beneficiary to lead a more active life and participate within the community in which they live.

The project is a further development following the successful "Improving the Health & Independent Living of Sunderland's Older People" programme that was previously supported by the Strategic Initiatives Budget. Following feedback from Councillors at Area Committee, it was agreed to further develop the programme. A report was given to each Area Committee highlighting the success and sustainability of the previous project.

On the wider scale Sit n b Fit will be working with partners across the City developing future commissioning. Meetings have been arranged with Graham Burt, Strategic Commissioning Officer of Housing and Adult Services, Third Sector. Sit n b Fit have linked in with Sharon Lowes of Health, Housing and Adult Services, Sheila Kennedy, Commissioning and Procurement Manager, Angela Richardson of Tyne and Wear Care Alliance, Paul Gray, the Commissioning Health Practitioner of Sunderland Teaching Primary Care Trust.

The link with the Wellness Centres is going to have a major impact citywide on our 50+ population enabling us to target individuals and develop exercise programmes tailored to each individual's need encouraging social integration and helping to combat social isolation. This work will be sustained and will have a huge demographic impact. We are aiming to work with Nursing Managers and General Practitioners collaboratively integrating our work on a more holistic and therapeutic approach.

We have recently pulled together a structures plan to target the local communities with the Healthy Communities Collaborative Project Manager, Tracey Collins, to formally integrate the cancer collaborative of breast, bowels and lung cancer into our exercise sessions and to introduce Sunderland's health trainers to the wider community. This approach will be monitored and future commissioning opportunities explored pending findings.

We are currently working in partnership with Bangladeshi Centre, Back on the Map, Sunderland's Carers Centres and local pharmacies to develop and progress Sit n b Fit across the City.

During January 2008 Sit n b fit secured funding from the Social Enterprise Investment Fund (Department of Health Funding). This funding is to enable the social enterprise to build contracts and commissions to develop a sustainable service that delivers health and social care benefits. The enterprise also aims to build the capacity of the local workforce through facilitating training in health and fitness accreditation and providing a vehicle for sessional employment opportunities.

With in a regional context Sit n b Fit promotes the message that it is 'Passionate about Health & Wellbeing' and is providing support towards the development of healthier lifestyles and to improve well-being.

We see our Social Enterprise supporting the regions wider strategy; 'Better Health,

Fairer Health ~ A Strategy for 21st Century Health & Wellbeing in the North East of England and fully endorses the ambitious vision contained therein, i.e.

Vision: The North East will have the best and fairest health and well-being, and will be recognised for its outstanding and sustainable quality of life.

We believe all sectors need to play a role in tackling health inequalities. Sit n b Fit understands that health and well-being isn't just a health issue but requires enterprising approaches to ensure sustainable improvements.

3.5 What service does the organisation currently provide and how will this be complemented by the project?

Sit 'n' b' Fit currently provide chair based exercise and mature moves to Sunderlands older generation in care homes, sheltered accommodations, community centres, Raich Carter Centre, Church Halls and one to one sometimes in the comfort of their own homes. Also chair based exercises to individuals who suffer from immobility, mental health and people with low self esteem.

The project will enhance our current activity and provide a vital service to more people specifically targeting individuals aged 50+ as an early intervention preventative measure.

This target group is identified within the context of 'Healthy Aging in the City of Sunderland'.

The service that we currently provide is tailored to the individual's health needs, we have the capacity within the organisation to progress from seated exercise to a mature moves class. Our approach is holistic and incorporates both physical and mental well-being.

Sit 'n' b' Fit is firmly embedded within the community and health and well-being sector and has an effective referral system in place. We work in partnership for the benefit of the individual and ensure that we utilise local resources appropriately.

3.6 What additional activity will SIB funding allow to happen (please tick the appropriate statement)

(a)	A project will go ahead which otherwise would not happen at all	<input checked="" type="checkbox"/>
(b)	A project will be provided to a higher quality / on a greater scale	<input type="checkbox"/>
(c)	The funding will accelerate the implementation of the project by 12+ months	<input type="checkbox"/>
(d)	A gap in funding will be filled pending other funding being secured	<input type="checkbox"/>
(e)	Other reason	<input type="checkbox"/>

Please explain your answer:

Sit 'n' b' Fit will target 50+ in their own community settings, we have identified a gap in current provision for mature moves exercise to this particular target group. The project will compliment and add value to the wider services currently provided through Sit n b fit and provide a range of health and well-being benefits to the individual. This service will provide a progression route to the individuals who are currently in receipt of one-to-one support,

3.7 How will you publicise that you have received support from SIB?
(please refer to Section 3 of the guidance notes)

This project is likely to receive a lot of publicity and full acknowledgement will be given to the support of SIB funding. This will be achieved by working with the SIB funded Area Marketing project. Acknowledgement of SIB will also be passed to the clients and their carers / accommodation

3.8 Has there been any consultations concerning the need for this project?

Yes [x] No []

If 'Yes' please provide details:

We have consulted with local G.P's, community Centres, church halls, WI and U3A groups across Sunderland

3.9 Is there any documentary evidence available to support the need for this project?

Yes [x] No []

If 'Yes' please provide details:

Sunderland's 15 Year Plan for Adult Social Care and Healthy Aging in the City of Sunderland reinforce the need for additional health services for 50+

3.10 Who will benefit from the services provided by the project?

The 50+ section of society living within the City of Sunderland.
30 individuals over the 2 year period
25 groups over the 2 year period

3.11 Will there be any implications for Council Services arising from this project?

Yes [x] No []

If 'Yes' please provide details:

Yes – The project will make a significant contribution towards raising levels of physical activity for 50+ which will extend independence, contributing toward the Government's direction of more commissioned and community led initiatives, and will realise long-term attributes of early intervention / prevention work in relation to the target group which will realise long-term benefits

3.12 Does this project require the support or sponsorship of a Sunderland City Council Directorate?

Yes [] No [x]

If 'Yes' please provide details:

3.13 Are any legal and other approvals required?

Yes [] No [x]

If 'Yes' please provide details of type of approval, date secured, or date expected to be secured:

Section 4: Equal Opportunities

4.1 Does your organisation have an Equal Opportunities Policy?

Yes [x] No []

If 'Yes' please describe how the project will comply with the Policy:

Enshrined in the co-operative principles and rules is a commitment to equal opportunities:

'In carrying out its objectives the CIC shall have regard to promoting equality of opportunity for all sections of the community both within its own affairs and within society generally, and to assisting people in need by any means whatsoever.'

If 'No' please describe how your organisation addresses equal opportunities issues:

4.2 Does your project specifically address any of the following issues?

Ethnic Issues Yes [] No [x] (please tick)

If 'Yes' please provide details as to how the project is in line with the Race Relations Act 1976:

Gender Issues Yes [] No [x] (please tick)

If 'Yes' please provide details as to how the project is in line with the Sex Discrimination Act 1975:

Disability Issues Yes [x] No [] (please tick)

If 'Yes' please provide details as to how the project is in line with the Disability Discrimination Act 1995:

In line with the DDA, Sit n b Fit will ensure that disabled learners will have a positive experience of learning and that the service will aim to recognise and respond to their particular requirements.

Section 5: Relationship of Project to the Area Framework(s)

5.1 Identify which Area Regeneration Framework Action Plan Strategic Priorities this project will address through the use of SIB, and demonstrate how these will be achieved:

City objective – working with those communities and groups who experience higher levels of ill health to ensure we can respond in ways in which are most relevant to their needs

Local – improved provision for 50+

Actions –

1) Research the needs of 50+

The project has / will involve market research

2) Activities programmes established in Community Setting and individuals own homes.

At least 30 individuals will benefit from delivering the service directly into their own homes. In addition, at least 25 groups will benefit (on average working with 350 local

people, based on an average of 14 participants per group)

3) Develop Leisure learning programmes for 50+

Each participant will be offered an individual learning programmes, in total 380 learning programmes based on a 20 week (one hour pw) exercise and movement activity.

City objective – Addressing underlying long term problems such as unemployment, poverty, poor housing, which help determine poor health experience

Local – Need to encourage participation in health related matters.

Actions –

1) Promotion of sport, exercise and preventative programmes to assist the local community in development towards better health

30 individuals will benefit from delivering the service directly into their own homes. In addition, at least 25 groups will benefit (on average working with 350 local people, based on an average of 14 participants per group of 1 hour sessions. Such work can be classed as an early intervention measure to increase independent living and prevent falls – a major concern for the NHS.

Expansion of Healthy Living Centre activities around diet, health promotion, smoking cessation, and healthy lifestyle delivered at local venues.

Signposting to Wellness centres, smoking cessation, nutrition groups and Sunderland Health Trainers.

2) More local facilities for health programmes

Delivered to at least 25 community venues and 30 homes throughout the City's Area Framework locations.

Local – To promote community led solutions to tackling health related issues

Actions –

1) Investigate mechanisms to ensure sustainability of community led initiatives

Funding already secured to train local chair based, Youth moves, and Exercise Instructors to deliver the service in the future

2) Co-ordinate community resources and initiatives

Using local community venues to deliver exercise programmes

3) Provision of health information at local venues

Using local community venues to promote the benefits of exercise.

4) Encourage community ownership of projects and community led solutions to tackling health related issues

Creation of a bank of qualified exercise teachers to deliver activity in the community.

5.2 Identify outputs / outcomes against which the delivery of the project can be evaluated. Demonstrate how these will contribute to the Area Regeneration Framework(s).

The main output is 380 individuals to benefit health-wise from a 20 week exercise programme. The individual benefits of the exercise will be gauged and evaluated by the locations completing questionnaires at the beginning, mid-term and end of the programme.

Other outputs include develop 25 new community venues for the promotion and delivery of exercise programmes, and to support a social enterprise which aims to create a self financing services.

5.3 If the project relates to two or more Framework Areas, on what basis have you decided how to share the costs?

The aim is to provide the service across the City, the figures being calculated 5 community venues in 5 of the 6 areas delivering the exercise programmes and 5 individuals in each of the 6 areas.

Section 6: Management Arrangements

6.1 Describe how the project will be managed:

The programme will be managed by the directors of Sit 'n' b' Fit and the founder member Lynn Summerside is the operations manager of the social enterprise. She has a track record of delivery of this service City Wide.

6.2 Are there any significant risks or uncertainties that may affect either the timetable of the project, or whether it achieves its objectives?

The only identifiable risks are:

- 1) non – take up of programme – Market research strongly suggests that demand will outstrip supply. If this becomes a problem, we will increase the level and intensity of marketing the programme to the City's numerous community venues
- 2) people aged 50+ do not want to do the exercise – the programme is not compulsory and it is down to the choice of the individual whether they participate or not

Section 7: Financial Information

7.1 How much SIB funding is requested?

£27,500 in total to deliver within 25 locations within the City of Sunderland 380 individual learning programmes via a 20 week 1 hour per week = SIB unit cost of £3.61 per hour.

7.2 Indicate the type of funding requested: (please tick)

Capital [] Revenue [x] Both []

7.3 Has funding been requested / allocated from any other sources, including Council Directorates and if so how much?

Sport and Leisure - £8,000 towards community wellness programme
 Social Enterprise Investment Fund - £12,000 towards the training and certification of staff

As result of the total investment we will deliver 7,600 hours of exercise programmes for local residents aged 50+ making a training unit cost of £6.44. In addition we will deliver training for 12 local people to become exercise teachers for the local community.

7.4 What other funding alternatives have been considered and why were these not appropriate?

No other funding alternative has been considered for this specific activity.

7.5 What are the financial implications for the project should it not receive SIB funding?

This activity specifically targeting 50+ would not take place

7.6 When SIB expenditure is complete how do you intend to continue this project?

Sit 'n b' Fit intend to sustain the service through mainstreaming and commissioning.

7.7 Provide a profile of projected costs:

Funding Source	2008/09	2009/10	2010/11	Total Cost
SIB:				
Coalfield	5,000			
East	5,000			
North	5,000			
South	2,500			
West	5,000			
Washington	5,000			
Other Sources (please state)				
1)	Sport and Leisure	£8,000		
2)	SEIF	£12,000		
3)				
Total Cost:	£47,500			

7.8 Please provide details of any 'in-kind' funding (e.g Peppercorn rents), if included within the 'Other Sources' of funding shown above.

£8,000 has been contributed from the Community Wellness provision, to extend the services available through the programme.

£12,000 SEIF contribution results from the award given by Government to recognise and support social enterprises for development and capacity building. Sit n b Fit were the only social enterprise in the North East to receive this award.

7.9 Please provide a breakdown of the Total cost to show the main areas of expenditure:

25 Locations offering group sessions @ 20 weeks x £25	£12,500
30 One-to-One Sessions x 20 weeks @ £25	£15,000

Extension of wellness provision services		£ 8,000
Training (accreditation) of workforce		£12,000
	TOTAL	£47,500
Area breakdown for SIB element		
North	£5,000	
South	£2,500	
East	£5,000	
West	£5,000	
Washington	£5,000	
Coalfield	£5,000	
<p>(25 Locations all areas (except South) = £2,500 per area)</p> <p>(30 one-to-one Sessions in all areas = £2,500 per area)</p>		
<p>7.10 Please provide details of how you will ensure that the procurement and purchasing of services and equipment will be managed in accordance with requirements as detailed in the guidance notes and guidelines. Include any estimates that you have and details of any contractors or suppliers to be used.</p>		
<p>The project will comply with the financial procedures of the Local Authority.</p>		

Section 8: Additional Information

8.1 Please provide any additional information that may be of use in support of your project proposal (Please append additional sheets if required):

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Section 9: Declaration

This authority is under a duty to protect the public funds it administers, and to this end may use the information you have provided on this form for the prevention and detection of fraud. It may also share the information with other bodies responsible for auditing or administering public funds for these purposes.

I declare that the information provided is correct and accurate and that, should this application be successful, the organisation will agree to the terms and conditions of SIB:

Name:

Lynn Summerside

Position in Organisation:

Director

Date:

4 June 2008

3. Hylton Castle Bowling Club Irrigation System

Project Title:
Hylton Colliery Bowling Club Irrigation System
SIB Requested:
£6,646

Section 1: Application Requirements

1.1
<p>Please note that this application will be presented to the relevant Area Committee for its consideration when determining your SIB Grant Application. The Agenda and the Minutes of the Area Committee Meeting will be available for inspection by members of the public. Please therefore ensure that your organisation is agreeable to the content of the information that is set out in the form.</p> <p>The Application Form should be provided in either electronic (e-mail or floppy disc) or typed format.</p> <p>If you have a problem with returning this form in either electronic or typed format, please contact the appropriate Area Regeneration Officer. Contact / address details are provided on the covering letter and in the Guidance Notes and Criteria and Project Guidelines.</p> <p>Please note that a representative of your organisation must be available to attend the pre-agenda and main committee meeting(s) to which this application is presented, as they may be required to answer questions. Failure to attend the meeting(s) may result in your application being deferred or rejected.</p> <p>Dates and Venues of future meetings are provided as supporting information.</p>
1.2 Which Area Regeneration Framework(s) does your project cover? (please tick)
Coalfield [] East [] North [X] Washington [] West [] South []

Section 2: Sponsor Details

2.1 Name of Lead Organisation / Group:		
Hylton Colliery Bowling Club		
2.2 Address of Lead Organisation / Group:		
C/o 20 Stanstead Close, Fulford Grange, Sunderland, SR5 3DH		
2.3 Contact Name for Project:		2.4 Position in Organisation:
Kenneth Young		Secretary
2.5 Tel. Number:	2.6 Fax Number:	2.7 E-mail Address:
0191 548 0728 07947 111 593	-	-
2.8 Day to Day Contact Name / Details: (if different to 2.3 above)		
N/a		
2.9 Legal Status of Organisation:		2.10 Registered Charity Number (if applicable):
Sporting Club		N/a

2.11 Does your organisation have a bank account into which funds can be paid?
Yes
2.12 Has the organisation received SIB support previously?
Yes [] No [X]
If 'Yes' please provide details:
2.13 Are any trustees / members of the organisation employed by or are Elected Members of the City Council?
Yes [] No [X]
If 'Yes' please provide details:

Section 3: Project Details

3.1 Project Title: (please re-state title as per front sheet)		
Hylton Colliery Bowling Club Irrigation System		
3.2 Project Start Date:	3.3 Project End Date:	
October 2008	November 2008	
3.4 Please Describe the project:		
<p>The club is well used by the local community, and is in need of providing an effective irrigation system, to ensure the grass/green area is well maintained.</p> <p>The bowling club is used by members of the surrounding community, including the older population and provides sporting activity and social inclusion to some individuals, who otherwise would have little social interaction outside this activity.</p> <p>In addition, the club are currently exploring avenues to widen participation and membership, and are looking at ways to engage with the younger population.</p>		
3.5 What service does the organisation currently provide and how will this be complemented by the project?		
The club self administrates a public green for Community Services which deals with the day by day running of the bowling greens by installing this irrigation system, there will be more time of the green keeper to tend to the vital needs of a better green. With the improvements of the green, there could be a likelihood of attracting new members		
3.6 What additional activity will SIB funding allow to happen (please tick the appropriate statement)		
(a)	A project will go ahead which otherwise would not happen at all	[]
(b)	A project will be provided to a higher quality / on a greater scale	[]
(c)	The funding will accelerate the implementation of the project by 12+ months	[X]
(d)	A gap in funding will be filled pending other funding being secured	[]
(e)	Other reason	[]

Please explain your answer:

Funds would need to be raised through fund raising activities, which would take a significantly longer time to do

3.7 How will you publicise that you have received support from SIB?

(please refer to Section 3 of the guidance notes)

Link in with the Area Committee Marketing Project

3.8 Has there been any consultations concerning the need for this project?

Yes [] No [X]

If 'Yes' please provide details:

3.9 Is there any documentary evidence available to support the need for this project?

Yes [] No [X]

If 'Yes' please provide details:

3.10 Who will benefit from the services provided by the project?

All members of the bowling club and the wider community

3.11 Will there be any implications for Council Services arising from this project?

Yes [x] No []

If 'Yes' please provide details:

Sunderland City Council will need to manage the irrigation system and water storage as per the HSC A Cop L8 "The control of legionnaires bacteria in water systems" regulations. Property services will need to install a treatments system on the equipments, carry out a risk assessment and implement a water hygiene system. All of these have been confirmed by property services

3.12 Does this project require the support or sponsorship of a Sunderland City Council Directorate?

Yes [x] No []

If 'Yes' please provide details:

The support of the Parks Department and Property Services have been sought and agreed.

3.13 Are any legal and other approvals required?

Yes [] No [x]

If 'Yes' please provide details of type of approval, date secured, or date expected to be secured:

Section 4: Equal Opportunities

4.1 Does your organisation have an Equal Opportunities Policy?

Yes [] No [x]

If 'Yes' please describe how the project will comply with the Policy:

If 'No' please describe how your organisation addresses equal opportunities issues:

The Bowling Green operated under the City of Sunderland Equal Opportunities policy and is open to access and use by all members of the community.

4.2 Does your project specifically address any of the following issues?

Ethnic Issues Yes [] No [x] (please tick)

If 'Yes' please provide details as to how the project is in line with the Race Relations Act 1976:

Gender Issues Yes [] No [x] (please tick)

If 'Yes' please provide details as to how the project is in line with the Sex Discrimination Act 1975:

Disability Issues Yes [] No [x] (please tick)

If 'Yes' please provide details as to how the project is in line with the Disability Discrimination Act 1995:

Section 5: Relationship of Project to the Area Framework(s)

5.1 Identify which Area Regeneration Framework Action Plan Strategic Priorities this project will address through the use of SIB, and demonstrate how these will be achieved:

A need to increase the network of accessible community facilities, services and activities by improving accessibility and use of parks and open spaces

5.2 Identify outputs / outcomes against which the delivery of the project can be evaluated. Demonstrate how these will contribute to the Area Regeneration Framework(s).

Improvement of Bill Hardy Complex through the bowling green
Installation of irrigation system

5.3 If the project relates to two or more Framework Areas, on what basis have you decided how to share the costs?

N/a

Section 6: Management Arrangements

6.1 Describe how the project will be managed:

Property services and the Parks Department will manage to project.

6.2 Are there any significant risks or uncertainties that may affect either the timetable of the project, or whether it achieves its objectives?

Not receiving funding

Section 7: Financial Information

7.1 How much SIB funding is requested?

7.2 Indicate the type of funding requested: (please tick)

Capital Revenue Both

7.3 Has funding been requested / allocated from any other sources, including Council Directorates and if so how much?

No

7.4 What other funding alternatives have been considered and why were these not appropriate?

None

7.5 What are the financial implications for the project should it not receive SIB funding?

It would take longer to implement due to additional funding raising that would be required

7.6 When SIB expenditure is complete how do you intend to continue this project?

This is a capital grant application, therefore no issues in relation to continuance. Ongoing management will be through the Parks Department, Sunderland City Council

7.7 Provide a profile of projected costs:

Funding Source	2008/09	2009/10	2010/11	Total Cost
SIB:				
Coalfield				
East				
North	£6,646			
South				
West				
Washington				
Other Sources (please state)				
1) Club funds	£2,000			
2)				
3)				
Total Cost:				

7.8 Please provide details of any 'in-kind' funding (e.g Peppercorn rents), if included within the 'Other Sources' of funding shown above.

none

7.9 Please provide a breakdown of the Total cost to show the main areas of expenditure:

Outline costs based on attached quote

7.10 Please provide details of how you will ensure that the procurement and purchasing of services and equipment will be managed in accordance with requirements as detailed in the guidance notes and guidelines. Include any estimates that you have and details of any contractors or suppliers to be used.

Ensure compliance with the Local Authority standing financial instructions

Section 8: Additional Information

8.1 Please provide any additional information that may be of use in support of your project proposal (Please append additional sheets if required):

Section 9: Declaration

This authority is under a duty to protect the public funds it administers, and to this end may use the information you have provided on this form for the prevention and detection of fraud. It may also share the information with other bodies responsible for auditing or administering public funds for these purposes.

I declare that the information provided is correct and accurate and that, should this application be successful, the organisation will agree to the terms and conditions of SIB:

Name:

Kenneth Young

Position in Organisation:

Secretary

Date:

12 June 2008

4. Hylton Castle & Dene Business Planning Project

Project Title:
Hylton Castle and Dene Business Plan Project
SIB Requested:
£20,000

Section 1: Application Requirements

1.1
<p>Please note that this application will be presented to the relevant Area Committee for its consideration when determining your SIB Grant Application. The Agenda and the Minutes of the Area Committee Meeting will be available for inspection by members of the public. Please therefore ensure that your organisation is agreeable to the content of the information that is set out in the form.</p> <p>The Application Form should be provided in either electronic (e-mail or floppy disc) or typed format. If you have a problem with returning this form in either electronic or typed format, please contact the appropriate Area Regeneration Officer. Contact / address details are provided on the covering letter and in the Guidance Notes and Criteria and Project Guidelines.</p> <p>Please note: that a representative of your organisation must be available to attend the main committee meeting(s) to which this application is presented, as they may be required to answer questions. Failure to attend the meeting(s) may result in your application being deferred or rejected.</p>
1.2 Which Area Regeneration Framework(s) does your project cover? (please tick)
Coalfield <input type="checkbox"/> East <input type="checkbox"/> North <input checked="" type="checkbox"/> Washington <input type="checkbox"/> West <input type="checkbox"/> South <input type="checkbox"/>

Section 2: Sponsor Details

2.1 Name of Lead Organisation / Group:		
Friends of Hylton Dene (incorporating Castle in the Community)		
2.2 Address of Lead Organisation / Group:		
c/o 7 Ravenswood Road, Redhouse Estate, Sunderland, SR5 5JW		
2.3 Contact Name for Project:		2.4 Position in Organisation:
John Coulthard		Chair
2.5 Tel. Number:	2.6 Fax Number:	2.7 E-mail Address:
0191 5367776		John.coulthard3@ntlworld.com
2.8 Day to Day Contact Name / Details: (if different to 2.3 above)		

2.9 Legal Status of Organisation:	2.10 Registered Charity Number (if applicable):
Registered Charity	1098335
2.11 Does your organisation have a bank account into which funds can be paid?	
Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	
2.12 Has the organisation received SIB support previously?	
Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	
If 'Yes' please provide details:	
£15,000 Feasibility Study 2002 £5,000 contribution toward PPG award HLF 2007	
2.13 Are any trustees / members of the organisation employed by or are Elected Members of the City Council?	
Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	
If 'Yes' please provide details:	

Section 3: Project Details

3.1 Project Title: (please re-state title as per front sheet)	
Hylton Castle and Dene Business Plan Project	
3.2 Project Start Date:	3.3 Project End Date:
08/09/2008	01/12/2008
3.4 Please Describe the project:	
<p>The Hylton Castle and Dene project has developed significantly since the original feasibility exercise carried out in 2002. There have been significant changes in the funding and general environment in which the project would operate. It is therefore considered important to commission an independent consultancy to:</p> <ul style="list-style-type: none"> a) Refresh the original feasibility study b) Identify priorities for moving the project forward c) Identify alternative options for project implementation d) Assess each option for viability and sustainability <p>It is proposed that the consultancy should provide sufficient clarity of project objectives, implementation issues and costs and other factors associated with these to assist potential funders in considering support for the project. They should also speak to key delivery interests and have a completed document available within 2 months of the project start date.</p> <p>The business plans will contain the following:</p> <ul style="list-style-type: none"> i) Executive Summary ii) Background – Background information including the history of the project, its principal objective(s), the main findings of existing research and analysis, strategic context etc. 	

- iii) The Project Proposal– What is the project? What does it aim to achieve? What are the main options for implementation?
- iv) The Market Context – What do the various consultation and subsequent plans (eg Audience Development and Access Plans) highlight about the market? Links should be made with other local heritage sites (as outlined in the market review within the Audience Development Plan).
- v) Overall Option and Cost Appraisal – Bearing in mind consultation with key interests and the findings of recent research exercises, what are the different options for implementation of the project and what are the costs associated with each of these? What is the evidential basis for these projections?
- vi) Financial Information – What are the project costs? What are the expenditure requirements and what is the income generated likely to be over the first three years of project operation? This should include separate identification of initial set up costs and subsequent operating costs for a period of three years.
- vii) Risk Assessment – This should include analysis of risk factors associated with the implementation of each option, their likely impact and potential risk mitigating actions.
- viii) Project Management – What structures are required to ensure appropriate governance arrangements for the project during the design, delivery and operational phases?
- ix) Timescales & Milestones – What are the timescales for delivery of the various options, and what would the key milestones be for each option? What would the main next steps be for each option?

The business planning exercise will engage with all interests involved in the current Project Steering Group effectively. The potential delivery interests will be consulted on initial options and that their views will be reflected in the development of finalised options.

3.5 What service does the organisation currently provide and how will this be complemented by the project?

As outlined in 3.4, following additional research from the Project Planning Grant, rationalisation of information and clarification of agreed objectives and deliverables are now required. The first stage of this process will be a business plan.

3.6 What additional activity will SIB funding allow to happen (please tick the appropriate statement)

(a)	A project will go ahead which otherwise would not happen at all	<input type="checkbox"/>
(b)	A project will be provided to a higher quality / on a greater scale	<input type="checkbox"/>
(c)	The funding will accelerate the implementation of the project by 12+ months	<input checked="" type="checkbox"/>
(d)	A gap in funding will be filled pending other funds being secured (max 6 months)	<input type="checkbox"/>
(e)	Other reason	<input type="checkbox"/>

Please explain your answer:

3.7 How will you publicise that you have received support from SIB?

(Please refer to Section 3 of the guidance notes)

Reporting to public meetings on progress, with acknowledgement in all correspondence. We will also link in with the Marketing and Communications project for SIB

3.8 Has there been any consultations concerning the need for this project?
Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>
If 'Yes' please provide details:
Audience Development Plan, Access Plan, Conservation Management Plan
3.9 Is there any documentary evidence available to support the need for this project?
Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>
If 'Yes' please provide details:
Audience Development Plan, Access Plan, Conservation Management Plan, Training & Development Plan, Hylton Castle and Dene Steering Group Minutes
3.10 Who will benefit from the services provided by the project?
Sunderland residents, particularly those based in the surrounding area of the Castle & Dene
3.11 Will there be any implications for Council Services arising from this project?
Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>
If 'Yes' please provide details:
Sunderland Local Authority are key members of the Hylton Castle and Dene Steering Group and are fully involved in the project
3.12 Does this project require the support or sponsorship of a Sunderland City Council Directorate?
Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>
If 'Yes' please provide details:
3.13 Are any legal and other approvals required?
Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>
If 'Yes' please provide details of type of approval, date secured, or date expected to be secured:

Section 4: Equal Opportunities

4.1 Does your organisation have an Equal Opportunities Policy?
Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>
If 'Yes' please describe how the project will comply with the Policy:
The Friends of Hylton Dene's constitution has the objective to promote benefits to the inhabitants of Sunderland without distinction of sex, sexual orientation, race or of political, religious or other opinions.
If 'No' please describe how your organisation addresses equal opportunities issues:
4.2 Does your project specifically address any of the following issues?

Ethnic Issues	Yes <input type="checkbox"/>	No <input checked="" type="checkbox"/>
If 'Yes' please provide details as to how the project is in line with the Race Relations Act 1976:		
Gender Issues	Yes <input type="checkbox"/>	No <input checked="" type="checkbox"/>
If 'Yes' please provide details as to how the project is in line with the Sex Discrimination Act 1975:		
Disability Issues	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>
If 'Yes' please provide details as to how the project is in line with the Disability Discrimination Act 1995:		
Work within the Access and Audience Development Plans identify actions, with a requirement to consider the implications of the above Act.		

Section 5: Relationship of Project to the Area Framework(s)

5.1 Identify which Area Regeneration Framework Action Plan Strategic Priorities this project will address through the use of SIB, and demonstrate how these will be achieved:
Enabling local people to be involved in the improvement and management of the area, particularly open spaces and to encourage education about the better use of physical resources
5.2 Identify outputs / outcomes against which the delivery of the project can be evaluated. Demonstrate how these will contribute to the Area Regeneration Framework(s).
Production of a business plan
5.3 If the project relates to two or more Framework Areas, on what basis have you decided how to share the costs?
not applicable

Section 6: Management Arrangements

6.1 Describe how the project will be managed:
The project will be managed by the Hylton Castle and Dene Steering Group, with representatives of the Sunderland City Council, English Heritage, North of England Civic Trust and Castle in the Community.
6.2 Are there any significant risks or uncertainties that may affect either the timetable of the project, or whether it achieves its objectives?

Section 7: Financial Information

7.1 How much SIB funding is requested?

£20,000

7.2 Indicate the type of funding requested

Capital Revenue Both

7.3 Has funding been requested / allocated from any other sources, including Council Directorates and if so how much?

No

7.4 What other funding alternatives have been considered and why were these not appropriate?

7.5 What are the financial implications for the project should it not receive SIB funding?

This will delay the development of the project

7.6 When SIB expenditure is complete how do you intend to continue this project?

The business plan will provide a rationalisation of the current research, together with clarity on objectives and subsequent deliverables to ensure ongoing sustainability of the project.

7.7 Provide a profile of projected costs:

Funding Source	2008/09	2009/10	2010/11	Total Cost
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SIB:

Coalfield				
East				
North	20,000			
South				
West				
Washington				

Other Sources (please state)

1)				
2)				
3)				

Total Cost:	20,000			
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7.8 Please provide details of any 'in-kind' funding (e.g Peppercorn rents), if included within the 'Other Sources' of funding shown above.

n/a

7.9 Please provide a breakdown of the Total cost to show the main areas of expenditure:

Independent consultancy for the production of a business plan £20,000

7.10 Please provide details of how you will ensure that the procurement and purchasing of services and equipment will be managed in accordance with requirements as detailed in the guidance notes and guidelines. Include any estimates that you have and details of any contractors or suppliers to be used.

The project will comply with the financial procedures of Sunderland City Council

Section 8: Additional Information

8.1 Please provide any additional information that may be of use in support of your project proposal (Please append additional sheets if required):

--

Section 9: Declaration

This authority is under a duty to protect the public funds it administers, and to this end may use the information you have provided on this form for the prevention and detection of fraud. It may also share the information with other bodies responsible for auditing or administering public funds for these purposes.

I declare that the information provided is correct and accurate and that, should this application be successful, the organisation will agree to the terms and conditions of SIB:

Name:

John Coulthard

Position in Organisation:

Chair

Date:

12/08/2008

5. Dance for Children with Mobility Issues

Project Title:
Dance mobility for children with disabilities
SIB Requested:
£32,000 (£11,684 from North Area Committee)

Section 1: Application Requirements

1.1
<p>Please note that this application will be presented to the relevant Area Committee for its consideration when determining your SIB Grant Application. The Agenda and the Minutes of the Area Committee Meeting will be available for inspection by members of the public. Please therefore ensure that your organisation is agreeable to the content of the information that is set out in the form.</p> <p>The Application Form should be provided in either electronic (e-mail or floppy disc) or typed format.</p> <p>If you have a problem with returning this form in either electronic or typed format, please contact the appropriate Area Regeneration Officer. Contact / address details are provided on the covering letter and in the Guidance Notes and Criteria and Project Guidelines.</p> <p>Please note that a representative of your organisation must be available to attend the pre-agenda and main committee meeting(s) to which this application is presented, as they may be required to answer questions. Failure to attend the meeting(s) may result in your application being deferred or rejected.</p> <p>Dates and Venues of future meetings are provided as supporting information.</p>
1.2 Which Area Regeneration Framework(s) does your project cover? (please tick)
Coalfield [/] East [/] North [/] Washington [/] West [/] South [/]

Section 2: Sponsor Details

2.1 Name of Lead Organisation / Group:		
Sunderland Dance Community Interest Company		
2.2 Address of Lead Organisation / Group:		
44 Mowbray Road Hendon Sunderland SR2 8EL		
2.3 Contact Name for Project:		2.4 Position in Organisation:
Deloris Martin		Director
2.5 Tel. Number:	2.6 Fax Number:	2.7 E-mail Address:
0191 565 7270 07967002039		Sunderlanddance.cic@hotmail.co.uk
2.8 Day to Day Contact Name / Details: (if different to 2.3 above)		
As above		
2.9 Legal Status of Organisation:		2.10 Registered Charity Number (if applicable):

Community Interest Company Reg Number : 6418445	
2.11 Does your organisation have a bank account into which funds can be paid?	
Yes <input type="checkbox"/> Our bank account has dual signatories	
2.12 Has the organisation received SIB support previously?	
Yes <input type="checkbox"/> No <input type="checkbox"/>	
If 'Yes' please provide details:	
N/A	
2.13 Are any trustees / members of the organisation employed by or are Elected Members of the City Council?	
Yes <input type="checkbox"/> No <input type="checkbox"/>	
If 'Yes' please provide details:	
N/A	

Section 3: Project Details

3.1 Project Title: (please re-state title as per front sheet)	
Dance mobility for children with disabilities	
3.2 Project Start Date:	3.3 Project End Date:
September 2008	40 weeks from start date
3.4 Please Describe the project:	
<p>Through networking and partnership working we have identified a needs gap for dance opportunities geared towards disabled members of our community. We want to provide studio based gentle exercise and dance classes for children and young adults with disabilities and/or learning difficulties. The objective being that we can enable participants up to the age of 18 to increase fitness levels, increase self confidence and self esteem, and develop creativity. The classes will be a fun and exciting way to promote these areas of development in an innovative way. Participants will benefit significantly from this project, as not only will fitness levels and stamina be increased but social interaction and positive relationships will be developed and nurtured. Building on such skills will be an empowering tool for all participants and contribute towards a feeling of well being and positive outlook on life. Members of our community who are sometimes discriminated against because of disability will be given the opportunity to access and enjoy physical activities. Their contributions and ideas will be recognised and valued. An environment of sharing and celebrating individual differences will be nurtured to support fostering social inclusion.</p>	
3.5 What service does the organisation currently provide and how will this be complemented by the project?	
We work in Schools providing workshops or classes to support cross curricular activities. At present we have a break dancing project called Fresh Kids which is held in Platinum Dance Studio in Sunderland every week for children, primarily boys, aged	

5 – 15yrs old. This has proved to be very successful and we are looking to expand this project further to include girls. We work with SNCBC delivering a multi-styles programme of dance. This project is ongoing and permanent twice weekly with disaffected teenage girls. We will also be working in partnership with Gentoo from the start of May to work with disengaged youth in various areas of Sunderland. We are currently engaging in cross curricular work within some of the SEN schools in Sunderland leading up to the start of this project. Sunderland Dance CIC has recently been commissioned by North Tyneside PCT to help with the delivery of a dance on prescription pilot project.

3.6 What additional activity will SIB funding allow to happen (please tick the appropriate statement)

(a)	A project will go ahead which otherwise would not happen at all	<input checked="" type="checkbox"/>
(b)	A project will be provided to a higher quality / on a greater scale	<input type="checkbox"/>
(c)	The funding will accelerate the implementation of the project by 12+ months	<input type="checkbox"/>
(d)	A gap in funding will be filled pending other funding being secured	<input type="checkbox"/>
(e)	Other reason	<input type="checkbox"/>

Please explain your answer:

We are aware of no other project in the area that accommodates this sort of provision for disabled children.

3.7 How will you publicise that you have received support from SIB?
(please refer to Section 3 of the guidance notes)

We will publicise the support that we have received from S.I.B. through the local press, on our web page and on any advertising and publicity literature. We will adhere to the S.I.B. condition that any press releases be made via the S.I.B. Marketing and Communications Co-ordinator

3.8 Have any consultations taken place concerning the need for this project

Yes No

If 'Yes' please provide details:

Special Needs Schools – please see details below
Jane McKay Schools Sport Co-ordinator for Special Schools in Sunderland

3.9 Is there any documentary evidence available to support the need for this project?

Yes No

If 'Yes' please provide details:

The schools targeted are located in Sunderland and its environs to enable this project to be available to the widest possible number of children.
We have researched the need for this provision by contacting the schools to determine the levels of interest and potential uptake of the project. Results and feedback have been positive from telephone conversations with every school contacted interested. We have sent out letters and we are in receipt of acknowledgment slips as to their level of interest. We have a letter of support from Jane McKay.

3.10 Who will benefit from the services provided by the project?

Participants would be from schools within the boroughs Special Educational Needs Schools and those Mainstream schools which offer S.E.N. provision. Therefore the project would be multi-area wide.

The schools targeted are:

- Barbara Priestman Meadowside SR2 7QN
- Castlegreen Community School Hylton Castle SR5 3NF
- Columbia Grange School, Washington NE38 7NY
- Maplewood School, Sunderland SR5 5PA
- Portland School, Chaplegarth SR3 2NQ
- Spingwell Dene School, Sunderland SR4 4EE
- Sunningdale School, Sunderland SR3 4HA

We are also targeting the following Mainstream Schools who make provision for S.E.N. :

- George Washington Primary School
- Thorney Close [Primary School
- Sandhill View School
- Quarry View Primary School
- Usworth Grange Primary School
- Pennywell School
- Washington School
- Oxclose, Nursery, Primary and Community Schools

3.11 Will there be any implications for Council Services arising from this project?

Yes [/] No []

If 'Yes' please provide details:

We envisage that this project will enhance and support the Council Services working with S.E.N pupils, develop partnership working, develop new services, increase choices and improve access to activities for those who can benefit the most. This will help Sunderland Council towards achieving the delivery of Sunderland Strategy

3.12 Does this project require the support or sponsorship of a Sunderland City Council Directorate?

Yes [] No [/]

If 'Yes' please provide details:

N/A

3.13 Are any legal and other approvals required?

Yes [] No [/]

If 'Yes' please provide details of type of approval, date secured, or date expected to be secured:

N/A

Section 4: Equal Opportunities

4.1 Does your organisation have an Equal Opportunities Policy?

Yes [/] No []

If 'Yes' please describe how the project will comply with the Policy:

We recognise that everyone has a contribution to make to our society and has a right to equal opportunity. We do not discriminate on the grounds of gender, race, disability, sexual orientation, religion or belief or age. We aim to promote opportunities for fitness and dance to all and create an environment in which individual differences are not a barrier to learning , achievement or enjoyment

If 'No' please describe how your organisation addresses equal opportunities issues:

4.2 Does your project specifically address any of the following issues?

Ethnic Issues Yes [/] No [] (please tick)

If 'Yes' please provide details as to how the project is in line with the Race Relations Act 1976:

We do not discriminate on grounds of race, colour, nationality or ethnic origin. The project is open to all.

Gender Issues Yes [/] No [] (please tick)

If 'Yes' please provide details as to how the project is in line with the Sex Discrimination Act 1975:

We do not discriminate against anyone on grounds of sexual orientation. The project is open and inclusive to all irrespective of gender.

Disability Issues Yes [/] No [] (please tick)

If 'Yes' please provide details as to how the project is in line with the Disability Discrimination Act 1995:

The project is specifically for disabled people. We are complying with the Act by asking for funding to make 'reasonable adjustments' to the premises to allow disabled people to access the project.

Section 5: Relationship of Project to the Area Framework(s)

5.1 Identify which Area Regeneration Framework Action Plan Strategic Priorities this project will address through the use of SIB, and demonstrate how these will be achieved:

This project will encompass several strategic objectives set by Sunderland.

- We will be promoting opportunities for fitness and health in young people, and improving health and social care.
- Through this project we will be extending Cultural Opportunities. We will introduce elements of different dance styles at appropriate levels to level of mobility and learning,
- We are helping to raise standards and increase participation in learning. We can provide a safe and stimulating environment in which to learn new skills and develop artistic creativity. The studio premises where the project will be held is modern, well equipped and has excellent facilities. This will be an opportunity to learn in a professional environment and will be a different and exciting way to broaden horizons, knowledge and experiences.
- We are helping to create an Inclusive Community. Our ethos is to be as inclusive and accessible as possible. We believe that one of the legacies which will occur from this project will be that social inclusion will be aided and promoted which will lead to stronger community cohesion. We will be raising awareness of diversity and disability which will promote tolerance and understanding of others

5.2 Identify outputs / outcomes against which the delivery of the project can be evaluated. Demonstrate how these will contribute to the Area Regeneration Framework(s).

We intend our monitoring and evaluation throughout this project to be structured and measurable.

- We will be using video camera and photographic evidence to use in the monitoring

and assessment process. By using these mediums both children and adults can pinpoint progression in fitness and health and also identify needs or areas of flexibility in lesson plans to support the learning and evaluation process. We will comply with any requests from participants, teachers, parents or carers if they wish not to be filmed or photographed and will offer alternative monitoring if requested.

- We will work closely with the staff of the participating schools to tie in with their assessment tools and systems in order to show clearly the progression made both on a physical level as well as on personal development levels
- We will ask for written feedback and evaluation of the project with participating schools and partners to identify the level of raised standards, value and learning. Obtaining such information will be a key in capacity building and learning from good practice in order to maximise joined up service working.

5.3 If the project relates to two or more Framework Areas, on what basis have you decided how to share the costs?

From an area perspective this will be a multi-area wide project so working on the principal that schools are located in 5 Regeneration Areas we have allocated the cost per school at £1562.

£8560 of the requested bid, for work to be done to better accommodate disabled people, has been allocated to Sunderland North as the studio is located there.

The profile of projected costs for each area is stated in that section below.

Section 6: Management Arrangements

6.1 Describe how the project will be managed:

The project will be managed by the directors of the company.

- All policies and procedures will be adhered to and regular risk assessment procedures will be carried out.
- All monitoring and evaluation will be consistent and regular and managed by the funding manager of the company.
- Delivery of the project will be carried out by teachers who are CRB Checked.

6.2 Are there any significant risks or uncertainties that may affect either the timetable of the project, or whether it achieves its objectives?

We envisage no significant risks.

Section 7: Financial Information

7.1 How much SIB funding is requested?

We are applying for the following amount which will enable us to deliver this project successfully

- | | |
|--|-----------|
| • Work to make the studio more accessible for wheelchair access and disabled toilet facilities | £8560.00 |
| • Studio Hire @£20 per hour @10hrs per week x 40 wks | £8000.00 |
| • Mobility teacher @£25 per hour @ 10 hours per week X40 weeks | £10000.00 |
| • Transport costs over 40wks | £5440.00 |

TOTAL requested from SIB		£32,000.00		
<ul style="list-style-type: none"> Marketing, advertising and promoting the project Match Funding Confirmed Telephone costs and admin are donated 		£2000.00	£2500.00	
7.2 Indicate the type of funding requested: (please tick)				
Capital [] Revenue [] Both [/]				
7.3 Has funding been requested / allocated from any other sources, including Council Directorates and if so how much?				
No				
7.4 What other funding alternatives have been considered and why were these not appropriate?				
We have had difficulty sourcing award bodies who would be interested in supporting this project to the required level				
7.5 What are the financial implications for the project should it not receive SIB funding?				
This project could not take place				
7.6 When SIB expenditure is complete how do you intend to continue this project?				
We will actively source continuation funding to cover core costs for this project. We will also actively work in partnership with other agencies to find ways to build capacity to continue and take this project forward				
7.7 Provide a profile of projected costs:				
Funding Source	2008/09	2009/10	2010/11	Total Cost
SIB:				
Coalfield	0			
East	£1,562			
North	£11,684			
South	£1,562			
West	£9,372			
Washington	£7,810			
Other Sources (please state)				
1)	Telephone costs and Admin	£2500		
2)	Marketing, Advertising & promoting the project	£2000		
Total Cost:		£36,490		
7.8 Please provide details of any 'in-kind' funding (e.g Peppercorn rents), if included within the 'Other Sources' of funding shown above.				
Platinum Dance Studio will match fund for Marketing, Advertising and promotion of the project.				

Telephone costs, Internet and Admin are being donated by Sunderland Dance C.I.C.

7.9 Please provide a breakdown of the Total cost to show the main areas of expenditure:

Capital Expenditure	£8560
Project running costs over the 5 Regeneration areas	£23430
Marketing, Advertising and Promotion	£2000
Admin, Telephone and Internet	£2500

7.10 Please provide details of how you will ensure that the procurement and purchasing of services and equipment will be managed in accordance with requirements as detailed in the guidance notes and guidelines. Include any estimates that you have and details of any contractors or suppliers to be used.

We have not been able to access The Criteria and Project Guidelines section 6 to view the requirements. However our company is properly registered, we are properly constituted and our financial details are available. Our estimates have been acquired in an open and honest way and all projected costs are true.

We have a written estimate from D.S.C. Interiors for £8586.60 with a breakdown of costs including replacing doors, replacing floors where necessary, build a ramp for wheelchair access, repair and replace joinery work, extending male and female toilets to accommodate disabled users.

We have an estimated charge from Compass Community Transport breaking down the costs as Cost per session £20 with the next 21-100 miles in session 0-80p.

We will comply with any management requirements requested by Sunderland City Council.

Section 8: Additional Information

8.1 Please provide any additional information that may be of use in support of your project proposal (Please append additional sheets if required):

Section 9: Declaration

This authority is under a duty to protect the public funds it administers, and to this end may use the information you have provided on this form for the prevention and detection of fraud. It may also share the information with other bodies responsible for auditing or administering public funds for these purposes.

I declare that the information provided is correct and accurate and that, should this application be successful, the organisation will agree to the terms and conditions of SIB:

Name:

Deloris Martin

Position in Organisation:

Director

Date:

21 May 2008