

Annex 3 - Washington Area Action Plan- Healthy

Priority	Objective	Action	Lead Officer	Progress	Next Steps/Who?
Provide better support for older people	Strongly link preventative services with primary care services	Address health inequalities and develop projects which bring local benefit and address local issues	TPCT - City Services	1. Wellness Service is the city wide network of co-located facilities and programmes. Washington resources include Washington Leisure Centre, Biddicks Sports College and the Millennium Centre at Concord. 2. Preventative Services in place include Community classes for those over 50's, Mums on the move (MOTM), Wellness on 2 Wheels (WO2W), Walks in the Park, Free Swimming. 3. Targeted interventions include Weight Management Programme, Maternity Programme, Workforce and Health and Well being Project, Beacon for reducing health inequalities; Sunderland Wellness Guides and Sunderland Active Project. SAFC provides preventative projects promoting healthy lifestyle, Football Friday Youth club, Washington Mind provides a range of mental health services for adults aged 16 and over, and the Bridge Women's Project which provide support services for Women in Washington.	1. More locally focused projects 2. Projects to be delivered ensuring opportunities are effectively communicated to them and where appropriate provision is created. Develop/deliver a core offer which connects communities with sport and physical activity opportunities which includes wellness, swimming, play and sport. 3. Need to engage with hard to reach groups and reduce stigma attached to mental ill health. 4. More counselling services required - reduce waiting times. 5. Washington area identified as a site for specific action re adverse impact on health from excessive consumption of alcohol. 6. Specific focus relating to smoking, obesity, and alcohol (relating to early mortality and inequalities in life expectancy) and emotional health and wellbeing (for both children, young people and adults) with sexual health (Chlamydia and teenage conception) principally for people aged under 25 years
Provide better support for older people	Raise awareness around support available in accessing health services i.e your local GP, in addition to other resources available i.e. equipment to support independent living	Keep Area committee updated - identify opportunities to bring added value	HHAS	1. A range of sheltered or supported accommodation available to older people and people with learning disabilities across Washington - Gentoo, Anchor Trust, Adult Direct Care. 2. Community Care Alarm Service (ADC). 3. Sunderland Home Improvement Agency Service for Older People delivered by Housing Services. 4. Sunderland City Council's Health, Housing and Adult Services provide a range of services to adults with a social care need and their carers, following an assessment of need. 5. The Care Team based at Woodridge Gardens provides both inreach and outreach care provision 6. Sunderland Carers' Centre provides a range of services 7. Other groups include Carers Groups for Carers of People with Learning Disabilities In Touch Group, Washington Mental Health Carers Group, The Galleries Day Unit Carers Group	Area Committee to receive a further report on the "Personalisation Agenda" in relation to encouraging independent living.
Provide better support for older people	Increase options for supported housing	Keep Area committee updated	HHAS	1. An Accommodation with Support Needs Analysis compiled in January 2009. 2. An Older Person Needs and Aspirations Study has been compiled. 3. A care management and assessment project provides advice, information and support about how people can receive the help they would like in daily living 4. Gentoo have 35 schemes providing core and cluster support to people in the City: Washington contracts are based at Peacehaven Court and Roseberry Court. Sheltered schemes, core and cluster arrangements are currently based at Hambleton Road, Lambton; Brancepeth Road, Oxclose, and Knoulberry Road Blackfell. 5. Gentoo have 35 schemes providing core and cluster support to people in the City: Washington contracts are based at Peacehaven Court and Roseberry Court. 6. Woodridge Gardens extra care housing scheme is located on Oxclose Road, Columbia, a partnership between Housing 21; SCC and developers Frank Haslam Milan. 7. The Council's website is fully updated with the extra care information:- www.sunderland.gov.uk/extra_care	City Council agreed more evidence gathering required to establish the actual needs of people with disabilities or a vulnerability living in our City, and how this impacted on their housing provision. 2 An Older Person Needs and Aspirations Study has been compiled - feedback required relating to people's housing needs and aspirations, their current or expected care requirements. 3. Housing Strategy for Accommodation with Care during 2010.