

West People Board Project Performance
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Below is a summary of all SIB funded projects showing how they have performed against targets up to quarter four 2013/2014 and what they have achieved:

Youth Almighty Youth Project	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number of additional young people engaged in youth activities	185	316		£29,995	£29,995	
Number of new additional young people engaged and participating in youth provision	193	279				
Number of people engaged in sports activities	191	269				
Number of community or educational events held	2	2				

Over the duration of the project the bus has been to an excellent resource to the group and has given groups of young people a chance to take part in off-site activities and trips especially during school holidays where they have visited Down on the Farm, Seaham Beach, the Fun Shack, Wet and Wild, Sunderland Bowl and the Marine Activity Centre, climbing wall and Laser Quest. The bus has continued to transport young people from Barnes Ward to Silksworth Youth & Community Centre, to take part in youth sessions, and activities which have enabled them to make new friends and take part in activities such as archery, a short theatre production and Chelsea's choice and Generic Youth Club. The project continues to provide young people with more access to positive activities resulting in the young people learning new skills and having fun. Youth Almighty have also supported the work of the boards and Committee utilising the bus and volunteer driver to undertake tours of the area.

West Holiday Activities	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number of additional youth sessions delivered	260	354		£75,000	£71,321	

The delivery of activities for young people in the West from February half term to the end of the Easter holidays, covering three school holiday periods has achieved:

1,827 different young people attended activities.

559 different young people attended activities 4 or more times during the holiday periods.

2,574 individual activity places were available and filled during Easter, June half term and the 6 weeks holiday for young people.

Key Highlights:

- A number of sessions delivered offered health related activities which included information on healthy eating, sporting activities and mountain bike rides
- Many young people who attended the youth provision volunteered during the delivery of different activities for younger children, this has enabled them to build and develop skills.
- Many of the older children took part in sessions to educate them on the dangers of alcohol misuse and risk taking behaviour
- A number of activities offered the children and young people the opportunity to visit the cinema, ten pin bowling, golfing, trampolining, the climbing wall and laser quest which they may not have experienced previously.
- Facilities within Sunderland were utilised in delivering the activities.

The remaining balance will be utilised to deliver an additional week of activities during Spring half term.

Item 3 Annex 2

West Aspirations	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number of people accessing improved advice and support	430	490		£59,881	£51,881	
Number of young people aged 16-19 years old not in employment, education or training encouraged into further education and employment	44	119				
Number of people volunteering	275	318				
Number of people receiving job training	205	218				
<p>The project has continued to make strong links with other organisations to find sustainable progression routes for the young people, and some of the young people have successfully attended a community volunteering event. Further visits to training providers including Cultivate Training and Chameleon, who are vocational training providers, have taken place along with a visit to Ingeus to promote traineeships. The young people involved in the project have also played a valuable part in the distribution of bread and fresh produce which is continuing to be delivered in partnership with Sainsburys. The young people worked alongside older members of the community to make up hampers for vulnerable and unemployed users of the Pallion Action Group.</p> <p>The young people taking part on the programme have gained important works experience and valuable life skills through volunteering. One young person accessing the programme lacked confidence and direction and with the support of the project completed some volunteering at Pallion Action Group on reception then at STEFs Farm. As their confidence, knowledge and skills improved they started applying for jobs and have recently gained full time employment with 2Touch as a Customer Service Advisor.</p> <p>The programme is currently averaging 70% of young people volunteering, progressing onto employment or training.</p>						

Apprenticeship Scheme	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number of people going into employment	30	45		£75,207	£46,515	
Number of new businesses established or current business supported.	30	32/26				
<p>A total of 26 individual employers engaged against a target of 30 however, 6 of the businesses took more than one young person, which meant that project was still able to meet its main aim of supporting at least 30 young people from the West into employment. A total of 36?? Young people have moved into jobs with an apprenticeship and these jobs are currently being sustained. A further 9 young people were placed in jobs at various times over the duration of the project, but for a range of reasons did not remain in post, bringing the actual total up to 45 young people supported into employment.</p> <p>The expenditure on the project is lower than anticipated due to a delay in receiving invoices from participating employers. A further £20,200 is due to be paid to the participating employers over the coming months, bringing committed SIB funding to £66,715.</p>						

Item 3 Annex 2

Pennywell Partnership Co-ordinator	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number of additional children and young people participating in activities during school holidays	140	169		£10,500	£10,500	
Number of adults obtaining qualifications	142	148				
Number of people using new and improved community facilities	1,460	1,680				
Number of people volunteering	90	108				

The delivery of the Partnership Co-ordinator's role within the Centre has continued to work in conjunction with other partners and centre users to deliver activities and has achieved the following:

- Refurbishment of the main hall and toilets has taken place along with the fitness suite being converted into a training room to facilitate the increased demand for training and education
- Further increase in the number of volunteers at the Centre as a result of the Children's holiday club, the Friday Fun Club and the Sunderland Royals Jazz Band
- Increased number of adults obtaining qualifications through courses offered by FACL, including first aid, health and safety and food hygiene
- The City of Sunderland College also continues to offer the Pennywell Residents computer courses on Thursday mornings
- Coach education has been very evident over the last quarter with 16 students achieving a level 2 qualification
- The number of additional children and young people participating in school holiday activities has risen to 80 where trampolining and gymnastics was offered during the half term break as well as arts, crafts, circus skills and face painting
- A joint venture with Pennywell Youth Project and the Wishing Well Girls Group took place where a bouncy castle was hired to entertain the young people and some constructive work around team building was undertaken
- The increase in holiday provision, the organisation of fun days, the jazz band activity, the coach education programme has given over 780 people the opportunity of using new and improved community facilities.
- A new fitness group in the centre operating twice a week is attracting over 40 young ladies per session in circuit training activities

Stay & Bake Courses	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number of people engaged in healthy lifestyles	36	35		£12,500	£9,684	
Number of programmes to tackle health inequalities	6	6				
Number of people accessing improved advice and support	36	35				

The Stay and Bake course has ran 6 sessions across various locations in the West, aimed at the hardest to reach parents with children aged under 5, with the aim of learning to cook meals on a budget. Whilst the parents learn how to cook popular meals from scratch their children are in looked after in a creche, then once the meal is cooked join their parents to eat the meal.

Courses have been delivered at Lakeside and Gilley Law Community Centre covering St Chad's Ward, the Tansy Centre covering St Anne's Ward, Silksworth CA covering Silksworth Ward, Thorney Close Community Centre covering Sandhill Ward, Humbledon Church covering Barnes Ward and St Luke's Church Hall covering Pallion Ward. As a result of securing SIB funding the project has also been able to use other budgets to deliver an additional Stay & Bake course at Pennywell Neighbourhood Centre.

During the sessions the parents received informal presentations from various partners on obesity, oral health, weaning and bottles/breast feeding, speech and language development and money management.

The final expenditure is lower than anticipated due to a reduction in crèche costs.

Item 3 Annex 2

Dementia Module - Health Champions	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number of people attending training sessions	72	75		£4,000	£0	
The number of people to whom information/advice/guidance were provided	5	7				
Number of programmes tackling health inequalities	4	5				
Number of people signposted to services	20	24				
<p>SIB funding was awarded to develop and deliver a dementia awareness module as part of the Health Champion Programme which will be open to anyone living, working or volunteering in the West locality and will be administrated through the Health Champion Programme and completed through either a workshop or e-learning programme.</p> <p>Overall the results from sessions delivered to date have been very positive, demonstrating an increase in learner knowledge, competence and confidence following the course. Evaluations from the courses has shown participant's knowledge and awareness of dementia grew by 79%, with learners confidence levels in signposting people to different services within their local area almost doubling after completion of the course. In addition to this participants indicated that they are more confident in supporting, advising and signposting family, peers and colleagues to Dementia Services. One carer has even used their knowledge from the course to use labelling of tins etc with pictures and alter the colour of cockery and cutlery for his mother which has had a positive impact on her eating habits and improved her quality of life as mealtimes are now far less stressful.</p> <p>The courses also create awareness and understanding about dementia so that early signs and symptoms can be recognised in the community at a grassroots level, and help organisations to become more dementia friendly.</p> <p>Expenditure is lower than anticipated due to a delay in invoices being received from the Organisation, Aspire who are delivering the sessions.</p>						

Community Health Information Points (CHIPS)	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number of Machines repaired and located in venues delivering Health and Wellbeing activity	1	1		£663	£663	
<p>SIB funding was awarded to fund the repair and maintenance of the Community Health Information Points across the West area of the city. Repairs have been completed to the machine located at Farringdon Jubilee Centre and is now being used to deliver the 'Feeling Fit and Fine' programme.</p> <p>The machine located at Pennywell CA has been identified and relocated to Silksworth Youth and Community Centre for incorporation into the wellness programme being delivered to the local community.</p> <p>The machine located at Thorney Close Action and Enterprise Centre has been identified for relocation to Beckwiths Community Resource Centre to support the development of community activities and support.</p> <p>The relocation of the machine from Thorney Close is pending with Community ICT support and it is anticipated to be around £250 in cost in total.</p> <p>Discussions is ongoing with providers and Community ICT on future maintenance and how the cost of this will be covered by the groups.</p>						

Safety Works Education Programme	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number programmes/activities to reduce Anti-Social Behaviour (ASB)	22	17		£5,000	£4,960	
<p>SIB Funding was awarded to support the transport costs of the Primary and Secondary schools in the West to visit and take part in a Safety Works Programme.</p> <p>The programme was developed in partnership between the Police, TWFRS, St John's Ambulance, SCC and Gentoo to be delivered to year 6 Primary school children and year 8 Secondary school children in the West.</p> <p>All partners have been involved in developing and delivering the educational programme at the Safety Works site. The educational programme covered subjects including how to care for your environment, keeping safe, anti-social behaviour and its impact on the individual, community and environment.</p> <p>22 of the 23 schools in the West signed up to participate in the programme with 17 of the schools now having attended and completed the Safety Works education programme and a further 5 schools who will receive the training by June 14.</p> <p>Feedback from the young people and schools has been extremely positive and felt the programme was very beneficial to the young people, their families and the community.</p>						

West Community Hub	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number of people using new and improved community facilities	5	18		£0	£0	
Number of programmes tackling health inequalities (not forecast until Quarter 1 2014/2015)	0	0				
Number of people engaged in healthy lifestyle projects (not forecast until Quarter 1 2014/2015)	0	0				
Number of people volunteering	2	2				

The project will bring together local residents to identify gaps in current services helping to influence the design, development and delivery of the new Hub, along with supporting local residents to develop new local community groups, engage with existing groups, provide access to information, advice, guidance and a place for learning, deliver a daytime Job Club and provide opportunities to improve health and wellbeing through access to a wellness centre at Silksworth Youth & Community Centre.

Results from a recent paper consultation has identified what activities/ services local residents would like to see at the Centre, which include activities for older people, parent and pre-school children sessions, art and craft classes and support for getting back into work. To date the 'Hub' has supported local residents to set up a weekly coffee morning, are in the process of providing support to set up a toddler group, baby boppers, an adult disabled group and are supporting groups with developing constitutions, setting up bank accounts, and applying for small grants.

Relationships are also starting to be developed with other groups within the area and the local Primary School to help promote the centre and its activities and services. Additional funding has also been secured to help improve the IT facilities at the Centre.

Future plans include holding family fun days across the summer, car boot sales, Christmas dinners for the homeless and further consultations with local residents which will be distributed through the Plains Farm Primary School and Home Housing.

West Community Work Clubs	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number of registered with Job Clubs	120	185		£7,816	£7,816	
Number of People going into employment	30	20				

The job clubs across all 6 wards commenced delivery throughout January dependent upon recruitment requirements of each partner. All partners are now delivering as follows:

Pallion Action Group St Anne's - Pennywell CA / Tansey Centre, delivery from Pennywell has been a gradual process with an established core group now in the centre using the Job Clubs. The Tansey Centre has been less successful in engaging potentially due to the demographics in the area and it is likely delivery from this location will be moved into Pennywell CA.

Pallion Action Group - Silksworth CA, take up in this location has been extremely slow and continues to be, activity is being undertaken to address the low take up.

Pallion Action Group - Pallion Ward, take up is increasing and at some point the club may need to restrict access due to the levels of numbers using the support.

Jubilee Centre - Barnes, some difficulties experienced in the location for delivery which has now been moved to Richard Ave school and is being delivered to fit in with schools drop off/pickups. The school are also identifying families they know would benefit from the programme to offer a targeted approach.

Jubilee Centre - St Chad's, take up continues to be extremely busy and is continuing to increase.

SNCBC - Sandhill, due to recruitment delivery started later than the other wards but take up has quickly picked up. All of the programmes have exceeded the registration figures for the job clubs. The figures moving into employment are slightly behind but these will pick up as the programme runs for a longer period and becomes more established. These will be reprofiled over the life of the programme.

Item 3 Annex 2

West Work Experience – Youth Almighty Project	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number of people receiving job training	2	2		£1,309	£1,309	
Number of people going into employment (not forecast until Quarter 1 2014/2015)	0	0				
Number of young people not in employment, education or training encouraged into further education and employment (not forecast until Quarter 1 2014/2015)	0	0				
<p>This project is delivering in partnership with Pallion Action Group to maximise employment and training opportunities for young people from across the West by working with partner organisations to identify NEET young people who are not in apprenticeship or employment, or apprenticeship, employment or traineeship ready. Dedicated workers from Youth Almighty Project and Pallion Action Group provide 1 to 1 support to the young people and work with them to achieve goals and targets with their learning and development needs and strengths identified. The project is also working with current delivery partners to identify potential employers for work placements, learning opportunities and progressions routes for young people.</p> <p>Two young people are being supported by the programme with individual learning plans and are currently doing work experience placements.</p> <p>Over the coming months an Action Plan will be put in place to address how further young people will be recruited to the programme.</p>						

West Work Experience – Farringdon Jubilee Centre	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number of people going into employment	0	0		£0	£0	
Number of young people not in employment, education or training encouraged into further education and employment	0	0				
Number of people receiving job training	0	0				
<p>No expenditure or outputs scheduled until quarter one 2014/2015.</p> <p>The project is providing tailored support for NEET young people aged 16 to 18 who are not traineeship or apprenticeship ready, with the aim of equipping the young people with the skills to move into traineeships or apprenticeships and ultimately move into employment or enterprise.</p> <p>Progress has been slow, although various meetings with other delivery partners have taken place to ensure a more joined up approach is provided and that delivery is not duplicated. Relevant paperwork has been developed to register and record the NEET young people on the programme and to document the time spent on each work placement and to ensure all health and safety requirements are adhered to. Development of networks with local schools have also been established to meet with pre NEET young people and to develop a referral mechanism via Sandhill View School and Farringdon School as well as via the Youth contract delivery, to ensure young people receive the relevant opportunities.</p>						

Item 3 Annex 2

West Work Experience – SNCBC	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number of people going into employment	0	0		£0	£0	
Number of young people not in employment, education or training encouraged into further education and employment	0	0				
Number of people receiving job training	0	0				
No expenditure or outputs scheduled until quarter one 2014/2015.						
<p>The proposal will support NEET young people aged 16-18, who are resident in the West area of Sunderland who aren't apprenticeship/employment/traineeship ready but wish to secure employment and gain experience in the work place through enabling access and engaging in work placements. A dedicated mentor will be employed to provide support to the young people throughout their engagement in the programme and in parallel to this will work closely with employers to identify work placement opportunities, match young people with those opportunities and to support both parties to progress together positively in the placement experience to maintain and sustain the opportunity and potentially build on this relationship to support recruitment to any of those employers future vacancies.</p> <p>The project has not yet commenced, however the process of recruiting a worker to the Project has just begun. It is anticipated the service will be in place from 1st July to allow time for CRB/DBS clearance checks to be completed.</p>						

West Enterprise Scheme	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number of new businesses established or current business supported	0	0		£0	£0	
Number of people accessing improved advice and support	0	0				
No expenditure or outputs scheduled until quarters across 2014/2015.						
<p>The project will be a pilot project that will support the development of new enterprise (Business Start-up) in the West Area of the City, with a focus on developing enterprise that offers services to meet the personalisation agenda. This will allow those requiring care and support increased choice and control and allow continuance of independent living. The business start-up support will provide one to one, intensive, bespoke coaching and mentoring to break down personal and professional barriers to self-employment for 10 individuals. A repayable start-up grant of up to £500 will also be made available for the 10 individuals.</p> <p>The business areas focused on will be those where there are evidenced gaps – laundry services, shopping, befriending, gardening handypersons, meals on wheels.</p> <p>The project spec was developed in March and the project is currently with corporate procurement awaiting a decision.</p>						

Item 3 Annex 2

Tackling Men's Health in the West	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number of individuals engaged	3,090	3,114		£31,079	£22,761	
Number of awareness sessions held	139	104				

The project has continued to deliver sessions aimed at tackling men's health across the West area. Further sessions are being delivered by SNCBC and Fiscus that will bring the awareness sessions up to target.

Key highlights include:

- The delivery of Health & Wealth events to get the message out to men and their partners about men's cancer awareness by using various formats ranging from participating in joint events to delivering full Health & Wealth day events covering a range of topic areas as well as the cancer awareness.
- A number of health session held covering cancer awareness, healthy eating, and exercise
- Advice and questionnaire sessions held for men involved in the work programme to assess any potential health needs/issues.
- Cookery courses ran providing information and cooking for men on healthy eating options
- Smoking cessation programmes
- Sport & Health sessions
- Drop in and workshop sessions delivered on smoking, healthy eating and food tasting
- Washington Mind held the Men's Health Network and co-ordinated the community element of the project and to date have reached almost 8,000 males through the community development approach which has included promoting the health message through the 'Ha'way Man' promotional materials, cancer awareness and healthy lifestyle leaflets.