



NHS South of Tyne and Wear
Northumberland, Tyne and Wear NHS Trust

A public consultation seeking your views on

PRIDE

Providing Improved Mental Health and
Learning Disability Environments
in Sunderland and South Tyneside

For many years the people of Sunderland have heard about plans to replace Cherry Knowle Hospital, Ryhope.

For a number of reasons these plans have not gone ahead. Since its creation in 2006, Northumberland, Tyne and Wear NHS Trust, which provides local mental health services, has worked closely with its healthcare commissioning partner, NHS South of Tyne and Wear, to see these plans through.

More recently, plans have also been considered to improve accommodation used for the care of older people with mental illness in South Tyneside.

Northumberland, Tyne and Wear NHS Trust is now working with NHS South of Tyne and Wear, to modernise and improve local services and the environments in which many services for local adults and older people are provided. Involving local people, service users, their carers, staff working in the services, and other organisations, by consulting them about our plans is an important part of this work.

The aim of this consultation is to seek your views about four options to provide new mental health in-patient facilities for Sunderland's adults and older people's mental health hospital services and older people's services of South Tyneside.

We hope you will take this opportunity to tell us where you think local services should be provided from in the future.



Dr. Gillian Fairfield
Chief Executive
Northumberland, Tyne and Wear
NHS Trust



Karen Straughair
Chief Executive
NHS South of Tyne and Wear
(incorporating Gateshead PCT,
South Tyneside PCT and Sunderland
Teaching PCT)



What services are involved?

The project involves mental health inpatient services for adults and older people living in Sunderland, and services for older people living in South Tyneside, currently based at:

- **Cherry Knowle Hospital**
- **Ryhope Hospital**
- **Monkwearmouth Hospital**
- **Palmer Community Hospital in Jarrow**
- **Ward 18 at South Tyneside General Hospital**

It also includes services currently provided at Monkwearmouth Hospital for people with learning disabilities and mental illness who require inpatient care.

The project does not include adult mental health services currently provided in the Bede Wing and The Leas at South Tyneside General Hospital.

Why change?

Most of the Trust's services in Sunderland and some in South Tyneside, are currently provided in either ageing buildings, or accomodation not designed to provide the modern mental health services that local people have a right to expect.

These current buildings are either too costly to bring up to the required national standards, or they do not offer the space needed to provide modern services.

The Trust no longer owns the Cherry Knowle Hospital site. It is now owned by the Homes and Communities Agency, which is working with Sunderland City Council to develop plans for new housing and a new road through the site as part of the proposed Ryhope – Doxford Park link road. The Trust has until summer 2013 to vacate the Cherry Knowle land and buildings.

What has happened so far?

The Trust, working with NHS South of Tyne and Wear, has set up a project team to lead the changes. It has talked to local organisations and individuals about proposals to build new inpatient facilities.

The team originally looked at 14 different options for new facilities. It appointed a team of designers experienced in planning modern mental health hospitals to help narrow the options down to a short list of four.

The Trust and NHS South of Tyne and Wear is now formally consulting local organisations and individuals to get their views about these four options at three possible sites. The sites are:

- **Ryhope Hospital** in south-east Sunderland, owned by the Trust
- **Monkwearmouth Hospital** in north Sunderland, owned by the Trust
- **Part of the South Tyneside General Hospital site** in South Shields, owned by South Tyneside Foundation NHS Trust.

The project team has looked at other sites that are not owned by the NHS, but believes that the cost of buying land and obtaining planning consent will make the project unaffordable.

Ryhope Hospital site
25.5 acres



Monkwearmouth Hospital
8.6 acres



South Tyneside District General Hospital site
3.5 acres



The four options

Option 1

- **Ryhope:** Sunderland adult services.
- **Monkwearmouth:** All Sunderland older people's services and the South Tyneside organic illness services.
- **South Tyneside:** South Tyneside older people's functional illness services.

Option 2

- **Ryhope:** Sunderland adult services.
- **Monkwearmouth:** all Sunderland older people's services.
- **South Tyneside:** all South Tyneside older people's services.



Option 3

- **Ryhope:** Sunderland adult and older people's functional illness services.
- **Monkwearmouth:** Sunderland and South Tyneside older people's organic illness service.
- **South Tyneside:** South Tyneside older people's functional illness services.

Option 4

- **Ryhope:** All Sunderland adult and older people's services.
- **South Tyneside:** South Tyneside older people's services.

* **Functional illness** refers to a range of illnesses, such as depression, psychosis, anxiety states, that can happen at any age.

* **Organic illness** refers to dementia, such as Alzheimer's disease.

What will the new facilities look like?

The project team still has a lot of work to do before final designs for the new facilities are developed. The Trust and NHS South of Tyne and Wear will ask service users, carers, staff, local people and interested organisations for their views before final designs are complete.

As well as meeting national standards for modern mental health and learning disability facilities, the project team also has some clear aims for the design of the new facilities. They include providing:

- Single bedrooms, with en-suite facilities,
- Modern, welcoming and attractive environments for service users, carers and staff,
- Ample space for therapies and social activities that will help service users to recover.

The Trust has considerable experience of building new state-of-the-art facilities, including St. George's Park in Morpeth, Bamburgh Clinic at St. Nicholas Hospital in Newcastle, Walkergate Park in Newcastle, and Rose Lodge, a learning disability treatment unit in Hebburn.

The Trust and NHS South of Tyne and Wear are committed to ensuring that the people of Sunderland and South Tyneside benefit from similar high quality facilities.

St George's Park



Walkergate Park



Bamburgh Clinic



How many beds will the new facilities have?

NHS South of Tyne and Wear is currently working on a model of care for all mental health services in Sunderland, which will provide modern, safe, efficient and effective services as close to home as possible.

As the development of the model of care will have an impact on the plans for new facilities in Sunderland and South Tyneside it is too early to say exactly how many beds will be needed. However, there is broad agreement that this project is likely to involve around 180 beds.

When will the new facilities be open?

The Trust needs to move out of the Cherry Knowle Hospital buildings and land by summer 2013, so the project team is currently working towards starting any construction in early 2011 and finishing in Spring 2013.

Next steps

Between 21 September and the end of December, 2009, Northumberland Tyne and Wear NHS Trust and NHS South of Tyne and Wear will consult patients, carers, staff, local people, and interested organisations on the four site options.

At the end of the consultation a report detailing your comments will be published on the Trust and NHS South of Tyne and Wear websites – www.sotw.nhs.uk, www.ntw.nhs.uk

Copies will also be sent, on request, to everyone who contributed their views.

Data Protection: Any personal information provided as part of this consultation will be subject to the Data Protection Act.

How can you give your views?

You can:

1. Complete the attached form and send it to the FREEPOST address below – postage is free

FREEPOST RSEB-EKUY-ZEUX
NHS South of Tyne and Wear
Public Involvement Team
Pemberton
Colima Avenue
Sunderland, SR5 3XB

2. Fill in the online consultation form at www.sotw.nhs.uk
3. Email: prideconsultation@ntw.nhs.uk
4. Telephone 0191 541 0138 or 0191 541 0139
5. Attend one of the following public meetings:
 - 13 October, 1–3pm, Living Waters Church, St. Jude's Terrace, South Shields
 - 20 October, 5–7pm, Hetton Centre, Welfare Road, Hetton le Hole.
 - 4 November, 10.30am–12.30pm Washington Arts Centre, Biddick Lane, Fatfield, Washington
 - 12 November, 10.30am–12.30pm Bede's World, Church Bank, Jarrow
 - 19 November, 4–6pm Living Waters Church, St. Jude's Terrace, South Shields
 - 25 November, 10am–12pm, The Argent Business and Conference Centre, 24/26 Norfolk Street, Sunnyside, Sunderland
6. Invite us to attend a meeting with you or your organisation by calling 01670 501804
7. The closing date for all responses is 31 December 2009.

Which of the four options do you prefer?

Please indicate by ticking the relevant box

Option 1

- **Ryhope:** Sunderland adult services.
- **Monkwearmouth:** All Sunderland older people's services and the organic illness service for South Tyneside.
- **South Tyneside:** South Tyneside older people's functional illness services.

Option 2

- **Ryhope:** Sunderland adult services.
- **Monkwearmoutha:** All Sunderland older people's services.
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Option 3

- **Ryhope:** Sunderland adult and older people's functional illness services.
- **Monkwearmouth:** Sunderland and South Tyneside older people's organic illness services.
- **South Tyneside:** South Tyneside older people's functional illness services.

Option 4

- **Ryhope:** All Sunderland adult and older people's services.
- **South Tyneside:** South Tyneside older people's services.

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Please let us have any additional comments you would like to make on the options, our plans, or this consultation document.
