

<b>North People Board Project Performance</b>
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Below is a summary of all SIB funded projects showing how they have performed against their targets up to quarter four 2014/2015 and what they have achieved relevant to the People Board:

Community Action North	Output Target	Output Actual	Progress Indicator	SIB Award	Total Spend to Date	Progress Indicator
Number of people employed in voluntary work	116	64	A	£70,000	£46,087	A
Number of feasibilities studies funded	2	1	A			
Number of events/programmes of work to improve appearance of streets	42	32	A			
Number of programmes to reduce ASB	6	7	G			
Number of Community/Voluntary Groups supported	11	11	G			
<p>This project is now complete.</p> <p>The full-time worker attached to the Project left this post in June 2014, with SNCBC through their core team continued the work of the project, mainly in relation to Downhill Action Group. This has led to staff undertaking training, holding local events and linking with Gentoo who are assisting the group to become constituted.</p> <p>As the full time worker has now left and given the short timescale to the planned end of the project, the project ceased at the end of March 2015 and the remaining balance of £22,233 will be returned at June's Area Committee.</p>						

Red House Academy Youth Project	Output Target	Output Actual	Progress Indicator	SIB Award	Total Spend to Date	Progress Indicator
Number of additional youth sessions delivered each week	384	364	G	£46,000	£30,095	A
Number of additional young people engaged and participating in youth provision	150	260	G			
<p>An extension of a further year's delivery was granted to this existing project at Area Committee in June 2014, as the project had exceeded the original output targets and reached the completion date under budget. The extension of the remaining funding has allowed the delivery of further youth sessions from the RHAY Centre with them working in partnership with the XL Youth Provision to deliver further activities and utilising the MUGA. The sessions delivered have included work around drugs, alcohol, smoking, team building activities, woodwork, sports and support services on various topics. Youth Workers have worked alongside staff from the Foundation of Light delivering sessions for young people who are at risk of becoming NEET and have included preparing the young people to leave school, writing personal development plans, CV writing etc. The young people involved have also been supported in team building, looking at different jobs, the work environment and procedures and policies.</p> <p>Over recent months the number of young people accessing the sessions has significantly dropped and has continued to reduce which has resulted in sessions being cancelled. The project has worked with the young people to signpost them into alternative provision.</p> <p>From the original application some expenditure budgeted hasn't incurred spend, which is reflected in the amount of funding drawn down.</p> <p>Due to the continuous reduction in numbers accessing the sessions and cancellations of sessions, project delivery ended on 31<sup>st</sup> March 2015, with the remaining funding of £15,905 being returned to June's Area Committee.</p>						

Back on Track, First Steps	Output Target	Output Actual	Progress Indicator	SIB Award	Total Spend to Date	Progress Indicator
Number of young people aged 14-16 years old not in employment, education or training encouraged into further education, Back on Track First Steps Programme and work experience opportunities	38	63	G	£89,766	£37,922	G
Number of additional and young people participating in activities during school holidays	25	20	G			
Number of young people going into employment, further education or training <b>(Not forecast until quarter 1 2016/2017)</b>	0	0				
Number of people volunteering <b>(Not forecast until quarter 1 2016/2017)</b>	0	0				

The 'Back on Track, First Steps Programme' began delivery with three schools in September, Red House, Monkwearmouth and Castlevew, with Castlegreen opting only for in-house careers delivery.

**Castlevew Academy** – Pupils attended a careers fair at the Stadium of Light, speaking to representative from a number of organisations regarding potential apprenticeships linked to Springboard and Milltech. Learners have also taken part in a Police led workshop along with pupils from the other schools participating in this programme, around careers in the Police and what can lead to crime and the potential consequences of this.

**Monkwearmouth School** – Continued one-to-one support and development has continued with pupils, including personal social development, advice and guidance sessions and pupils have taken part in an Equality and Diversity workshop. Along with the other schools involved the pupils were also part of a Police led workshop around careers in the Police and the consequences of crime.

**Redhouse Academy** – Continued one-to-one support and development has continued with pupils including personal social development in small group theory sessions and sessions around smoking cessation, alcohol and drugs. Pupils have also taken part in a careers event helping to host a table alongside Sunderland College, Monumental Training and Rolls Royce. Learners have also taken part in a Police led workshop along with pupils from the other schools participating in this programme, around careers in the Police and what can lead to crime and the potential consequences of this.

**Castlegreen School** – The Team have continued to liaise with the school offering support and the opportunity to participate in the project, however at this point the School have not engaged. .

Over the coming months various workshops and tours will be delivered by Liebherr, Springboard and the Army to give the pupils from the schools an insight into the world of work and a chance to think about possible progression routes. Along with this pupils will be working towards the design of an end of school year celebratory event and will work towards a Keyfund Project where they will work as a team to plan, budget and devise a presentation to a panel allowing them to build their confidence and experience.

Improving Employability of 16 - 25 year olds	Output Target	Output Actual	Progress Indicator	SIB Award	Total Spend to Date	Progress Indicator
Number of people going into employment	36	42	G	£25,000	£16,625	G
Number of young people aged 16-19 years old not in employment, education or training encouraged into further education and	30	39				
Number of people volunteering	10	15				
Number of people on out of work benefits going into employment	25	36				
Number of people receiving job training	25	34				
Number of people accessing improved advice and support	100	397				

Project awarded £25,000 over two year period to increase the employability of 16-25 year olds from across North Sunderland working informally on a one-to-one basis with young people in order to identify their needs and aspirations.

Key achievements over the last three months include:

- Engaged with 84 young people, of whom 27 were new to the project, supporting them on a 1-1 basis to ensure that they are meeting the requirements of their individual job plans
- Supported young people with applications for vacant employment positions with some securing employment in sectors such as security, army, factory work, hospitality, engineering and asbestos removal.
- Attended the North NEET meeting at the Seaburn Centre with Connexions, Pertemps and Foundation of Light to discuss the ESF programme, latest NEET figures and opportunities for partnership working
- Continued to work with various training providers such as Learning Curve, the Volunteer Centre and Learning Concepts referring young people for specialist training leading to greater employment prospects.
- Referred young people to various volunteer opportunities at Dunelm Mill, Taybarns and the Salvation Army to give them valuable experience and employment skills which they lack
- Offering support to the City's young carers on their individual employment and training needs
- Provided supported to the young people as part of National Apprenticeship week to get registered on the online portal and referred where appropriate into Springboard and City of Sunderland College
- Worked with current Year 11 students, particularly within the outreach youth work sessions being carried out 3 evenings a week, discussing their plans for September and offering further support with information, advice and guidance on the latest courses, apprenticeships and job vacancies
- Secured match funding of £7,000 from 'Time 4 Change' through the Henry Smith Charity for their delivery of Youth Careers Work

North Dementia Module	Output Target	Output Actual	Progress Indicator	SIB Award	Total Spend to Date	Progress Indicator
Number of programmes to tackling health inequalities	10	10	G	£5,750	£920	A
Number of people attending training	72	133	G			

£5,750 SIB funding awarded to develop and deliver a dementia awareness module as part of the Health Champion Programme which will be open to anyone living, working or volunteering in the North locality and would be administrated through the Health Champion Programme and completed through either a workshop or e-learning programme.

Since the programme commenced in June, ten Dementia courses have been delivered across the North with over achieved outputs of 133 attendees since the programme commenced. The overall results achieved from the sessions delivered have been very postive, demonstrating an increase in learner knowlegde, competence and confidence following the course.

Key Findings from the sessions are:

- 100% of participants said that they would recommend the Health Champions Dementia Awareness course to a friend
- Attendees confidence levels in signposting people to different services within their local area grew by over 75%
- Participant knowledge and awareness of dementia more than doubled after completion of the course
- Learners reported feeling twice as competent to support people living with dementia as they did prior to the training

This project is now complete. Awaiting final invoices from lead agent for the remaining funding to be drawn down.

Addressing Social Isolation (Call For Projects) Stage 1	Output Target	Output Actual	Progress Indicator	SIB Award	Total Spend to Date	Progress Indicator
Number of groups supported to deliver Social Isolation Projects	9	9	G	£25,964	£17,784	G

Total SIB funding of £30,000 awarded over two stages to support the delivery of services and activities to address social isolation across the North.

**Projects approved:**

**CEED** - awarded £4,470 to deliver the 'Wellbeing Together' programme of events with a range of wellbeing sessions delivered by HOPS Wellbeing Service and Horticulture sessions, delivered by CEED. The project launched in September with an event in Roker Park. The event gave people the opportunity to learn more about the sessions, try some planting, enjoy a short massage and a group mediation session. The main courses ran between September and December and over the four courses of T'ai Chi, Gardening for health, Singing for health and happiness and Mindful Mediation, each running for ten sessions saw 304 attendances by 57 different participants, with mediation being the most popular course. An additional six sessions took place within the Roker Pods, three sessions each of

Tai Chi and Mindful Meditation which saw a further twenty nine places taken up by ten participants.

**Age Uk Sunderland** - awarded £2,050 to deliver 3 events as part of 'Promoting Friendships in North Sunderland'. The first activity was the production and circulation of an older people's newsletter with information on services from across the North. 3,000 are now in circulation with copies given to key community venues in the North. To further promote the newsletter Age Uk have worked in partnership with the North CCG locality group by attending a series of Flu Jab Clinics, to circulate the newsletters and promote all the support available in the local area. The newsletter was circulated to a further 200 older people through this route. The second activity, a 'Friendship Event' consisting of afternoon tea and befriending service was held on 20<sup>th</sup> August in which 37 guests attended.

The third activity 'Bring a friend volunteer' designed for volunteers living and working across the North was held on 29<sup>th</sup> October with 31 volunteers in attendance. From the event engagement was made with a number of older people who were encouraged and have since joined activities offered by Age Uk such as the Luncheon Club and 50+ Forum.

**Salvation Army** - awarded £4,000 to work in partnership with various partners to identify and engage with individuals who are at risk of social isolation and once identified, invited along to different activities at Austin House. The centre has seen an increase in the number of people attending the various clubs and activities being delivered from the centre resulting in the recruitment of additional volunteer drivers to transport people to the centre. 676 individuals have used the centre's community transport to access services at Austin House. There has also been a large increase in the number of people participating in the various activities and clubs aimed at preventing social isolation for older people, such as the 'Come and meet each other club' (CAMEO) which has seen over 700 people aged 55 - 94 participate in quizzes and bingo, along with a two course meal, and the Hobby craft group where members have been able to explore and develop new skills in many associated crafts.

**Groundwork North East** – awarded £4,500 to support older people across the North by introducing them to 'Active Green Living activities' and using local amenities such as the coast, local allotments and green spaces to deliver the project. The project began in late November 2014, to address social isolation among adults in the North Area and was designed to deliver interesting and engaging green activities to groups of older people at risk of social isolation to improve their physical and mental wellbeing. Due to the challenging physical abilities and social anxieties of the target group, delivering took place in care homes in the North as they were deemed a more familiar and safe environment for participants and allowed them to take part in a way that was comfortable for them.

Sessions began in January with three care homes; Hylton View, Alexandra View and Highcliffe and are due to end in May 2015, with each home receiving five sessions:

- painting bird boxes and looking at bird identification sheets,
- planting windowsill herbs,
- planting vegetables in an outdoor space,
- going for a walk in a local outdoor space (beach/park),
- designing and painting plant pots.

Currently 37 older people are taking part in the sessions on a weekly basis across the three homes.

Further funding of £2,500 awarded to each of the following Community Associations Castletown CA, Redby CA, Thompson Park CA and Redby CA to support revenue costs of the Community Association in order to deliver services and activities which address social isolation. This funding has helped the centres set up new groups and attract new members to current activities on offer.

**Tackling Social Isolation through Transport** – awarded £944 to take groups of older people on various trips to encourage new interests, friendships and to an opportunity to socialise.

Six trips took place between November and February with 70 people participating. The trips to local places of interest included; Seaham to see the sculpture of WW1 soldier, Tommy; The Glass Centre; Sunderland Winter Gardens, Marine Walk and Seaburn and Roker seafront. Each trip which included lunch received positive feedback and encouraged social interaction with some making new friends and has generated an interest in using the transport again for further trips.

Addressing Social Isolation (Call For Projects) Stage 2	Output Target	Output Actual	Progress Indicator	SIB Award	Total Spend to Date	Progress Indicator
Number of groups supported to deliver Social Isolation Projects	7	7	G	£6,052	£5,339	G

Second stage of funding support towards the delivery of services and activities to address social isolation across the North.

**Projects awarded:**

**Sunderland North Family Zone** – awarded funding of £850 to work with people with learning difficulties with the aim

of promoting and delivering personal skills to allow them to become more independent in their personal lives and within their home. This will be achieved through the delivery of interactive sessions allowing participants to try out hands on activities in health and wellbeing, healthy cooking and outside activities to improve confidence.

**Southwick & Monkwearmouth Community Transport** – awarded £944 to build upon the success of the previous project due to positive feedback on how the trips helped them socialise with others and get the out and about. Working in partnership with Anchor Housing, St. Columba's sheltered accommodation, Southwick Community Association, TEAMS, Mind, Headlight and Gentoo to encourage older people join in the trips. Two outings have already taken place to the Glass Centre and Winter Gardens with 21 residents from the Bungalows, Castletown and Lord Gort Close, with another two trips arranged for May. Once again the trips have been very well received by those taking part with some organising and booking further trips with friends they have made on the various days out. To date across both projects run by SMCT over 100 people have taken part.

**Sunderland Carers Centre** – awarded £1,289 to deliver a six week programme called 'This is Me project' aimed at older carers living in the North Area. The six sessions will be based around reminiscence and social interaction and offer information, advice and guidance of support on issues that may affect or impact on a carer and they will have access to on-going carers support through the Carers Centre, which includes one to one support, group support and a newsletter and will have access to the monthly coffee morning. The project will be delivered in partnership with Sunderland Antiquarian Society, but will also work in partnership with other organisations, VCS Network and GP practices across the North who already have a named Carers Lead. In addition transport will be offered to carers if needed to help reduce barriers.

**Chillingham House Residents** – awarded £295 to bring people together by encouraging the wider community to go into Chillingham House sheltered accommodation and hold information sessions on various topics including health, finance, computer course and how to get on line. Activities also took place including card making, computers, cake decorating and reminiscent works.

The sessions have proven a great success. At the start of the various sessions 8 residents took part which has now increased to 14 bringing together new and old faces in the various activities delivered.

**B Active N B Fit** –awarded £500 to engage with those at risk of social isolation in both the community and in the comfort of their own home by using a ten week programme based in Castletown CA and six sessions in individual own homes involving social activities, therapeutic exercise, memory games and singing tailored to individual needs through a personal progress plan.

The current class at Castletown CA is very active with between 8 and 15 attending each session. 3 individuals who were socially isolated have also attended the group for the first time accompanied by their mentor after having 1-2-1 support in their own home.

**Age UK Sunderland** – £750 awarded towards the 'Active I Pad' project over a two year period to engage and encourage older people with dementia in North Sunderland to take part in leisure and learning opportunities to support their wellbeing by using ICT equipment to capture their imagination, interest and activities. Participants will learn how to use the ipads and how easy they can access an unlimited amount of information on activities etc that they could take part. Session will be a 12 week course, delivered 3 times across various Wards in the North in community venues. The I-pads have been purchased and a course is currently being developed to engage with people living with dementia and their carers which is planned to commence in September.

**CEED/HOPS** - £1,424 awarded to build upon the success of the previous delivered wellbeing together programme to combat social isolation. This additional proposal will deliver four further classes, of Tai Chi, Singing for Health, Meditation and Gardening for Health over a five week period and include various activities along with a trip to Alwick Gardens for participants to enhance their gardening knowledge and how plants can be used in medicine to improve wellbeing with the social event bring people together. The singing course sessions are complete and the Mediation, Tai Chi and gardening sessions have all commenced

Battle Re-enactment	Output Target	Output Actual	Progress Indicator	SIB Award	Total Spend to Date	Progress Indicator
Number of Community or Educational events held <b>(Not forecast until quarter 3 2015/2016)</b>	0	0		£26,000	£0	
Number of People Volunteering <b>(Not forecast until quarter 3 2015/2016)</b>	0	0				

No expenditure or outputs scheduled until quarter 3.

SIB funding awarded to deliver a re-enactment event of the Battle of Boldon Hill in March 1644 and to deliver a range of learning and community engagement activities at The Castle and Play Park site in Hylton Castle. Performances will include Regiments Drilling and Training, a demonstration of artillery fire, a musket display and Pike Drill prior to the main battle. Along with this an Authentic Living History camp and demonstrations including family orientated learning activities interpreting the life and times of the period will be delivered where the public will have an opportunity to ask questions, handle objects and engage with re-enactor's.

Original application was to deliver an event in June 2015, but due to an event being delivered on the same weekend in June in the North, the event will now be held in 2016.

North Events Celebration	Output Target	Output Actual	Progress Indicator	SIB Award	Total Spend to Date	Progress Indicator
Number of Community or educational events held <b>(Not forecast until quarter 1 2015/2016)</b>	1	0		£10,000	£0	
Number of Community/ Voluntary groups supported <b>(Not forecast until quarter 1 2015/2016)</b>	4	0				

£10,000 funding awarded to coordinate the delivery of five events in each of the Castle, Fulwell, Redhill, Southwick and St Peter's wards of Sunderland North over the Easter School Holiday period.

The aim of the events is to bring together local partners to deliver the individual events from local community bases and/or facilities. The events will showcase provision of services, activities, leisure and volunteering opportunities in the North Wards and will link to the local priorities to address childhood obesity, support the Sunderland Strengthening Families partnership and Childrens Centre model of working, increase the engagement of residents into services for their benefit and of benefit to their wider family members, to support social inclusion and reduce isolation.

The events were held in each of the wards across the North during the Easter school holidays from 8<sup>th</sup> to 16<sup>th</sup> April at the Seaburn Centre, Castleview Academy, Roker Pods, Austin House, Fulwell Mill, Thompson Park and the Down Hill Centre with activities including zorbs, archery, cooking activities, speed goal, multi sports, face painting, bouncy castle, Tai Chi, Indian head massage, exhibitions, arts and crafts, fairground rides and information stands.

As the events were delivered across various dates in April funding will be drawn down within the next quarter along with reporting of the project delivery.

Castle View Academy Combined Cadet Force	Output Target	Output Actual	Progress Indicator	SIB Award	Total Spend to Date	Progress Indicator
Number of young people benefiting from youth inclusion/ diversionary projects <b>(Not forecast until quarter 1 2015/2016)</b>	0	0		£6,500	£0	

No expenditure or outputs scheduled until quarter 1 2015/2016.

Castleview Academy gained accreditation by the Ministry of Defence to run a Combined Cadet Force. The Cadet Force will be offered to students as part of their curriculum as well as extracurricular enhancement and will run in conjunction with the Duke of Edinburgh programme. SIB funding has been awarded to kick start the project to fund student uniforms, staff training, qualifications in first aid and food hygiene, equipment, visits and expeditions.

Key achievements to date include:

- Over 157 students applied for first 30 places and through a selection process involving taster sessions, a written application and a panel interview, 13 boys and 17 girls were successful with another 15 students placed on a reserve list. Those unlucky enough not to make it through this time around will have another opportunity in September.
- The selection process for Cadet Force Adult Volunteers to join the contingent has also commenced with a number of adults from current school staff and parents of some of the students have asked to be

involved. Once the volunteers have completed a basic military training course the size of the contingent can increase

- Cadet training is every Wednesday from 1500 -1800hrs with the first few weeks focusing on mastering the basics in preparation for the Formation Day Parade on 22nd May 2015.
- Some weekends will be spent away before the last event of the current school year, the very first CCF Central Camp being held at Catterick, where they will spend a few days taking part in a number of military and adventurous training activities alongside other schools from the North East and wider UK.
- The SIB funding has already proven vital and has allowed a number of essential items of kit and equipment to be purchased that would otherwise have been far too costly for the cadets. The remainder is earmarked for equipping and enrolling our cadets on a number of different courses.

Castletown Scout Mini Bus	Output Target	Output Actual	Progress Indicator	SIB Award	Total Spend to Date	Progress Indicator
Number of new or improved community facilities	1	1	G	£27,000	£27,000	G
Number of people using improved facilities and equipment <b>(Not forecast until quarter 1 2015/2016)</b>	0	0				
<p>Funding awarded to Castletown Scout Group to purchase a mini bus to replace their existing bus. The bus will be used to further give the boys and girls of the Scout Group an opportunity of going to new places, meeting new people and taking part in various adventures. The mini bus will also be used for the benefit of other voluntary and community groups within the area.</p> <p>The mini bus has been purchased with the full amount of funding being drawn down.</p>						