



Shining a light on the future

Northumberland, Tyne and Wear
NHS Foundation Trust



The re-design and improvement of the Trust's Adult Learning Disability Services South of Tyne



Key drivers for change

- 1) PRIDE Project
- 2) National context – good practice guidance
- 3) Local service provision/demand
- 4) NTW Service Model Review



PRIDE

- Improving inpatient environments in Sunderland and South Tyneside.
- PCT led public consultation was undertaken between September 2009 and March 2010, 12 sessions including bespoke Learning Disability sessions.
- **All NTW provided in-patient facilities** for adults and older people with mental illness, dementia and learning disabilities in South Tyneside and Sunderland (including all services on the Monkwearmouth site).



PRIDE - post consultation service proposals

RYHOPE

Urgent Care / Rehabilitation
(inc Meadow View)

MONKWEARMOUTH DEMENTIA CARE CENTRE

Assessment & Treatment
Complex long-term care
Challenging Behaviour

BEDE

Urgent Care

ROSE LODGE

Learning
Disabilities





National context – good practice guidance

- Valuing People 2001
- Valuing People Now 2009
 - emphasis on the value and need for people with an LD to be able to access mainstream health services safely as a matter of routine.
 - Training and competencies of LD workforce to promote health facilitation (health action plans).
- Greenlight Toolkit
 - emphasised the need for mainstream services to be more receptive to meeting the needs of people with LD eg Crisis teams, main stream mental health provision.



National context – good practice guidance

- **DOH Good Practice Guidance – 2007**

Focus on the needs of more challenging complex individuals

- highlights the value of community based provision over beds based services.
- States “a handful” of beds to meet the needs of a defined population.
- LD Specialist Community Services need to be more flexible and more responsive to meet the needs of client group (out of hours).

- **Mansell Report /refresh**

- **Michael’s Report**



Local service provision

Sunderland	South Tyneside & Gateshead
Treatment Unit – 8 bedded inpatient acute assessment and treatment facility	Rode lodge – 12 bedded inpatient acute assessment and treatment facility
Sunderland Community Nurse Learning Disability Service (Health facilitation team) 9am – 5pm – Monday to Friday	South Tyneside & Gateshead Learning Disability Teams (NTW not provider) 9am – 5pm – Monday to Friday
Sunderland Intensive Support and Urgent Response Service 9am – 5pm – Monday to Friday	



Occupancy levels - March – November 2011

Treatment Unit (8 beds)	
As at:	Occupancy Rate
04.03.2011	82%
10.05.2011	85%
31.05.2011	69%
01.07.2011	72%
02.08.2011	76%
05.09.2011	80%
05.10.2011	72%
10.11.2011	60%

Rose Lodge (12 beds)	
As at:	Occupancy Rate
04.03.2011	82%
10.05.2011	85%
31.05.2011	69%
01.07.2011	72%
02.08.2011	76%
05.09.2011	83%
05.10.2011	85%
10.11.2011	76%

Across South of Tyne there are currently 8 clients awaiting discharge.
 Treatment Unit – Out of the 4 inpatient clients, 3 are awaiting discharge
 Rose Lodge – Out of the 9 inpatient clients, 5 are awaiting discharge (30 Nov 2011)



Supportive Social Care Provision

- Sunderland SSD provide a broad range of social care provision which is held in high regard by health colleagues.
- NTW delivers bespoke training in the management of challenging behaviour to Social Care colleagues.
- Undertake joint work via the care co-ordination process.
- Strong professional relationships developed over time via “Partnership” arrangements.



Current service shortfalls

- Access to mainstream Crisis Teams.
- Access to specialist LD services out of hours.
- An appropriate pathway to ensure people with LD access specialist mental health services (custom & practice).
- No seclusion facility
- Current environmental limitations of inpatient unit.
- Limitations associated with patient pathway within South Tyneside & Gateshead.



Service Model Review Proposals

- The development of a universal crisis team to meet the needs of people with Learning Disabilities.
- Increased productivity within LD community staff to ensure greater availability and access.
- Utilisation of Rose Lodge as the South of Tyne specialist inpatient unit - best social care design award in the National “Building Better Health Care” awards in 2010, piloting Care Quality Commission national inspection system – feedback very positive.
- Broader cohort of specialist professionals working within the inpatient unit.
- Greater emphasis on Green light principles within mainstream mental health services.



Timeline

- 1) Initiated joint review with Commissioner colleagues – August 2011.
- 2) Commenced engagement on the review of LD services South of Tyne – August 2011.
- 3) Full series of engagement events held during the past 3 months.
- 4) Formal staff consultation has taken place.
- 5) Seeking formal approval from our Commissioners – December 2011.
- 6) Seeking approval from NTW Trust Board – January 2012.
- 7) Enhancement of current community services (universal crisis team, expand hours of LD specialist team)
- 8) Closure of Treatment Unit.