

### **West Call for Projects – Mental Wellbeing**

As part of the area priority, 'Health and Wellbeing- Mental Wellbeing' the People Board invited project proposals which complement and work in partnership with existing support in the West area. A total of £31,421 was available. Applications received totalled **£63,235.50**.

The applications were assessed against the project brief and the three main objectives below, along with consultation with colleagues in Public Health.

- Deliver activities which builds upon community resilience and identify causes of poor mental health and wellbeing
- Deliver activities which considers the use of alternative therapies connected to worklessness/welfare reform
- Ensure that any evidence collated to support the West Area Committee to work alongside the CCG to improve pathways by understanding the current barriers to engaging with services for the harder to reach groups.

The following applications scored the highest based on the above three main objectives:

<b>Application No</b>	<b>Project Name</b>	<b>Organisation</b>	<b>Amount requested</b>	<b>Scoring</b>
18.	Hi - Five	Groundwork North East	£4,430	<b>42/50</b>
4.	Improving access to health Professionals and Services	Pallion Action Group	£5,000	<b>38/50</b>
5.	Active I –Pads	Age Uk Sunderland	£750	<b>38/50</b>
3.	Sunderland Sporting Memories	Sporting Memories Network	£5,000	<b>37/50</b>
11.	Health & Wellbeing – Mental Health	Pennywell Community Centre & South Hylton Tansy Centre	£5,000	<b>37/50</b>
12.	LAF Fridays	Youth Almighty Project	£3,450	<b>36/50</b>
6.	Mental Health Matters	The Box Youth Project	£3,579	<b>32/50</b>
9.	Wearside Action Group	Plains Farm Community Centre	£1,550	<b>32/50</b>
16.	Positive Mind Healthy Life	Unity	£2,662	<b>30/50</b>
<b>Highest scored applications total</b>			<b>£31,421</b>	

Helen Peverley West Area Co-ordinator will hold an induction meeting with all successful applicants and offer one to one support to unsuccessful applicants to assist them in future bid writing and signpost them to other funding sources which may include Area Committee's Maximising Green Spaces funding or Community Chest.