

SUPPORTING THE DELIVERY OF THE HEALTH AND WELLBEING STRATEGY

ADDRESSING SOCIAL ISOLATION - DIRECTORY OF VOLUNTARY AND COMMUNITY SECTOR DELIVERY

WARD	VOLUNTARY SECTOR ORGANISATIONS/FAITH GROUPS	SERVICES/ACTIVITIES DELIVERED	ISSUES
CASTLE	Age UK Castletown Community Association SNFZ St. Bedes Church Billy Hardy Sports Complex SNCBC Deaf Children's Society (Lansbury Way) Town End Farm Residents Association Castletown Methodist Church	Day Clubs Luncheon Clubs Bingo Coffee Mornings Craft Club Karate Over 60s Slimmers Sisterhood Educational Opportunities Social Opportunities Volunteering Opportunities Family Support Discos Food Bank Sporting Activities	<ul style="list-style-type: none"> • Availability of volunteers • Capacity and training of Volunteers • Funding to support existing luncheon club/kitchen facilities/ refurbishments • Funding for project running costs

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FULWELL	Age UK B Active N B Fit Fulwell Community Association Groundwork North East Fulwell Methodist Church Seaburn Dene New Church Fulwell Society	Gentle Seated Exercise Exercise Classes Hard of Hearing/Lip Reading Classes Social Opportunities Art Clubs Digital Imaging Clubs Sequence Dancing Carpet Bowls Slimming Clubs Karate Womens Institute Community Allotment Camera Club Quilters Line Dancing	<ul style="list-style-type: none"> • Availability of volunteers • Capacity and training of Volunteers • Funding to continue services/ activities

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REDHILL	B Active N B Fit Bunnyhill Centre (SNCBC) Redhouse Community Association Redhouse Methodist Church St. Cuthbert's Church Downhill Residents Association Venerable Bede Church	Exercise Classes Community Activities Social Opportunities Bingo Weight Management Indoor Bowls Coffee Mornings Over 30s Clubs Over 60s Clubs Sequence Dance Karate Fellowship Groups Singing Groups Social Venues Environmental Projects	<ul style="list-style-type: none"> • Availability of volunteers • Capacity and training of Volunteers • No luncheon clubs, projects willing to deliver however require funding to provide luncheon club/kitchen facilities

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SOUTHWICK	Age UK B Active N B Fit Southwick Community Association Southwick & Monkwearmouth Community Transport Southwick Health & Community Forum Southwick Neighbourhood Youth Project (SNYP) St. Andrews Church Chapel of Light Salvation Army Sunderland Carers Centre Thompson Park Community Association Thompson Park Bowling Club Thompson Road Methodist Church	Day Clubs Luncheon Clubs Exercise Classes Slimming Groups Knitting Groups Bible Groups Tap Dancing Disability Groups Karate Yoga Bowls Friendly Group Sequence Dance Chair Exercises Healthy Eating Clubs Luncheon Clubs Coffee Mornings Art Classes Community Café Craft Classes Food Bank Men's Group Sugar Craft Line Dancing Zumba Self Defence Wellness Equipment	<ul style="list-style-type: none"> • Availability of volunteers • Training for Volunteers • Capacity of Volunteers • Funding to support existing luncheon club/kitchen facilities/ refurbishments • Funding for Transport • Funding for running costs

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ST. PETER'S	Age UK B Active N B Fit CEED HOPS NERAF No Limits Theatre Company Redby Community Association Roker Methodist Church Sunderland Dance CIC Salvation Army Enon Baptist Church United Reform Church Hallgarth Mission	Lunch Clubs Day Clubs Exercise Classes Holistic Therapies Theatre Group Community Activities Choir Group Craft Group Flower Club Bible Groups Ladies Fellowship Men's Fellowship Yoga Food Bank	<ul style="list-style-type: none"> • Availability of volunteers • Capacity of Volunteers • Training for Volunteers • Funding to support existing luncheon club/kitchen facilities/ refurbishments • Funding to support health related project delivery