



in partnership with Sunderland City Council



Annex 1

WEST AREA COMMITTEE
2nd October 2008

REGENERATION ISSUES REPORT: APPLICATIONS FOR SIB

1. Dance for Children with Mobility Issues

Project Title:
Dance mobility for children with disabilities
SIB Requested:
£32,000 (£9,372 from West Area Committee)

Section 1: Application Requirements

1.1
<p>Please note that this application will be presented to the relevant Area Committee for its consideration when determining your SIB Grant Application. The Agenda and the Minutes of the Area Committee Meeting will be available for inspection by members of the public. Please therefore ensure that your organisation is agreeable to the content of the information that is set out in the form.</p> <p>The Application Form should be provided in either electronic (e-mail or floppy disc) or typed format.</p> <p>If you have a problem with returning this form in either electronic or typed format, please contact the appropriate Area Regeneration Officer. Contact / address details are provided on the covering letter and in the Guidance Notes and Criteria and Project Guidelines.</p> <p>Please note that a representative of your organisation must be available to attend the pre-agenda and main committee meeting(s) to which this application is presented, as they may be required to answer questions. Failure to attend the meeting(s) may result in your application being deferred or rejected.</p> <p>Dates and Venues of future meetings are provided as supporting information.</p>
1.2 Which Area Regeneration Framework(s) does your project cover? (please tick)
Coalfield [/] East [/] North [/] Washington [/] West [/] South [/]

Section 2: Sponsor Details

2.1 Name of Lead Organisation / Group:
Sunderland Dance Community Interest Company
2.2 Address of Lead Organisation / Group:

44 Mowbray Road Hendon Sunderland SR2 8EL		
2.3 Contact Name for Project:		2.4 Position in Organisation:
Deloris Martin		Director
2.5 Tel. Number:	2.6 Fax Number:	2.7 E-mail Address:
0191 565 7270 07967002039		Sunderlanddance.cic@hotmail.co.uk
2.8 Day to Day Contact Name / Details: (if different to 2.3 above)		
As above		
2.9 Legal Status of Organisation:		2.10 Registered Charity Number (if applicable):
Community Interest Company Reg Number : 6418445		
2.11 Does your organisation have a bank account into which funds can be paid?		
Yes Our bank account has dual signatories		
2.12 Has the organisation received SIB support previously?		
Yes [] No [/]		
If 'Yes' please provide details:		
N/A		
2.13 Are any trustees / members of the organisation employed by or are Elected Members of the City Council?		
Yes [] No [/]		
If 'Yes' please provide details:		
N/A		

Section 3: Project Details

3.1 Project Title: (please re-state title as per front sheet)	
Dance mobility for children with disabilities	
3.2 Project Start Date:	3.3 Project End Date:
September 2008	40 weeks from start date
3.4 Please Describe the project:	
Through networking and partnership working we have identified a needs gap for dance opportunities geared towards disabled members of our community.	

We want to provide studio based gentle exercise and dance classes for children and young adults with disabilities and/or learning difficulties. The objective being that we can enable participants up to the age of 18 to increase fitness levels, increase self confidence and self esteem, and develop creativity. The classes will be a fun and exciting way to promote these areas of development in an innovative way.

Participants will benefit significantly from this project, as not only will fitness levels and stamina be increased but social interaction and positive relationships will be developed and nurtured. Building on such skills will be an empowering tool for all participants and contribute towards a feeling of well being and positive outlook on life. Members of our community who are sometimes discriminated against because of disability will be given the opportunity to access and enjoy physical activities. Their contributions and ideas will be recognised and valued. An environment of sharing and celebrating individual differences will be nurtured to support fostering social inclusion.

3.5 What service does the organisation currently provide and how will this be complemented by the project?

We work in Schools providing workshops or classes to support cross curricular activities. At present we have a break dancing project called Fresh Kids which is held in Platinum Dance Studio in Sunderland every week for children, primarily boys, aged 5 – 15yrs old. This has proved to be very successful and we are looking to expand this project further to include girls. We work with SNCBC delivering a multi-styles programme of dance. This project is ongoing and permanent twice weekly with disaffected teenage girls. We will also be working in partnership with Gentoo from the start of May to work with disengaged youth in various areas of Sunderland. We are currently engaging in cross curricular work within some of the SEN schools in Sunderland leading up to the start of this project. Sunderland Dance CIC has recently been commissioned by North Tyneside PCT to help with the delivery of a dance on prescription pilot project.

3.6 What additional activity will SIB funding allow to happen (please tick the appropriate statement)

(a)	A project will go ahead which otherwise would not happen at all	<input checked="" type="checkbox"/>
(b)	A project will be provided to a higher quality / on a greater scale	<input type="checkbox"/>
(c)	The funding will accelerate the implementation of the project by 12+ months	<input type="checkbox"/>
(d)	A gap in funding will be filled pending other funding being secured	<input type="checkbox"/>
(e)	Other reason	<input type="checkbox"/>

Please explain your answer:

We are aware of no other project in the area that accommodates this sort of provision for disabled children.

3.7 How will you publicise that you have received support from SIB? (please refer to Section 3 of the guidance notes)

We will publicise the support that we have received from S.I.B. through the local press, on our web page and on any advertising and publicity literature. We will adhere to the S.I.B. condition that any press releases be made via the S.I.B. Marketing and Communications Co-ordinator

3.8 Have any consultations taken place concerning the need for this project

Yes [/] No []

If 'Yes' please provide details:

Special Needs Schools – please see details below
Jane McKay Schools Sport Co-ordinator for Special Schools in Sunderland

3.9 Is there any documentary evidence available to support the need for this project?

Yes [/] No []

If 'Yes' please provide details:

The schools targeted are located in Sunderland and its environs to enable this project to be available to the widest possible number of children.
We have researched the need for this provision by contacting the schools to determine the levels of interest and potential uptake of the project. Results and feedback have been positive from telephone conversations with every school contacted interested. We have sent out letters and we are in receipt of acknowledgment slips as to their level of interest. We have a letter of support from Jane McKay (attached)

3.10 Who will benefit from the services provided by the project?

Participants would be from schools within the boroughs Special Educational Needs Schools and those Mainstream schools which offer S.E.N. provision. Therefore the project would be multi-area wide.

The schools targeted are:

- Barbara Priestman Meadowside SR2 7QN
- Castlegreen Community School Hylton Castle SR5 3NF
- Columbia Grange School, Washington NE38 7NY
- Maplewood School, Sunderland SR5 5PA
- Portland School, Chaplegarth SR3 2NQ
- Spingwell Dene School, Sunderland SR4 4EE
- Sunningdale School, Sunderland SR3 4HA

We are also targeting the following Mainstream Schools who make provision for S.E.N:

- George Washington Primary School
- Thorney Close [Primary School
- Sandhill View School
- Quarry View Primary School
- Usworth Grange Primary School
- Pennywell School
- Washington School
- Oxclose, Nursery, Primary and Community Schools

3.11 Will there be any implications for Council Services arising from this project?

Yes [/] No []

If 'Yes' please provide details:

We envisage that this project will enhance and support the Council Services working with S.E.N pupils, develop partnership working, develop new services, increase choices and improve access to activities for those who can benefit the most. This will help Sunderland Council towards achieving the delivery of Sunderland Council Strategy

3.12 Does this project require the support or sponsorship of a Sunderland City Council Directorate?

Yes [<input type="checkbox"/>] No [/ <input type="checkbox"/>]
If 'Yes' please provide details:
N/A
3.13 Are any legal and other approvals required?
Yes [<input type="checkbox"/>] No [/ <input type="checkbox"/>]
If 'Yes' please provide details of type of approval, date secured, or date expected to be secured:
N/A

Section 4: Equal Opportunities

4.1 Does your organisation have an Equal Opportunities Policy?	
Yes [/ <input type="checkbox"/>] No [<input type="checkbox"/>]	
If 'Yes' please describe how the project will comply with the Policy:	
We recognise that everyone has a contribution to make to our society and has a right to equal opportunity. We do not discriminate on the grounds of gender, race, disability, sexual orientation, religion or belief or age. We aim to promote opportunities for fitness and dance to all and create an environment in which individual differences are not a barrier to learning , achievement or enjoyment	
If 'No' please describe how your organisation addresses equal opportunities issues:	
4.2 Does your project specifically address any of the following issues?	
Ethnic Issues	Yes [/ <input type="checkbox"/>] No [<input type="checkbox"/>] (please tick)
If 'Yes' please provide details as to how the project is in line with the Race Relations Act 1976:	
We do not discriminate on grounds of race, colour, nationality or ethnic origin. The project is open to all.	
Gender Issues	Yes [/ <input type="checkbox"/>] No [<input type="checkbox"/>] (please tick)
If 'Yes' please provide details as to how the project is in line with the Sex Discrimination Act 1975:	
We do not discriminate against anyone on grounds of sexual orientation. The project is open and inclusive to all irrespective of gender.	
Disability Issues	Yes [/ <input type="checkbox"/>] No [<input type="checkbox"/>] (please tick)
If 'Yes' please provide details as to how the project is in line with the Disability Discrimination Act 1995:	
The project is specifically for disabled people. We are complying with the Act by asking for funding to make 'reasonable adjustments' to the premises to allow disabled people to access the project.	

Section 5: Relationship of Project to the Area Framework(s)

5.1 Identify which Area Regeneration Framework Action Plan Strategic Priorities this project will address through the use of SIB, and demonstrate how these will be achieved:

This project will encompass several strategic objectives set by Sunderland.

- We will be promoting opportunities for fitness and health in young people, and improving health and social care.
- Through this project we will be extending Cultural Opportunities. We will introduce elements of different dance styles at appropriate levels to level of mobility and learning,
- We are helping to raise standards and increase participation in learning. We can provide a safe and stimulating environment in which to learn new skills and develop artistic creativity. The studio premises where the project will be held is modern, well equipped and has excellent facilities. This will be an opportunity to learn in a professional environment and will be a different and exciting way to broaden horizons, knowledge and experiences.
- We are helping to create an Inclusive Community. Our ethos is to be as inclusive and accessible as possible. We believe that one of the legacies which will occur from this project will be that social inclusion will be aided and promoted which will lead to stronger community cohesion. We will be raising awareness of diversity and disability which will promote tolerance and understanding of others

5.2 Identify outputs / outcomes against which the delivery of the project can be evaluated. Demonstrate how these will contribute to the Area Regeneration Framework(s).

We intend our monitoring and evaluation throughout this project to be structured and measurable.

- We will be using video camera and photographic evidence to use in the monitoring and assessment process. By using these mediums both children and adults can pinpoint progression in fitness and health and also identify needs or areas of flexibility in lesson plans to support the learning and evaluation process. We will comply with any requests from participants, teachers, parents or carers if they wish not to be filmed or photographed and will offer alternative monitoring if requested.
- We will work closely with the staff of the participating schools to tie in with their assessment tools and systems in order to show clearly the progression made both on a physical level as well as on personal development levels
- We will ask for written feedback and evaluation of the project with participating schools and partners to identify the level of raised standards, value and learning. Obtaining such information will be a key in capacity building and learning from good practice in order to maximise joined up service working.

5.3 If the project relates to two or more Framework Areas, on what basis have you decided how to share the costs?

From an area perspective this will be a multi-area wide project so working on the principal that schools are located in 5 Regeneration Areas we have allocated the cost per school at £1562.

£8560 of the requested bid, for work to be done to better accommodate disabled people, has been allocated to Sunderland North as the studio is located there.

The profile of projected costs for each area is stated in that section below.

Section 6: Management Arrangements

6.1 Describe how the project will be managed:

The project will be managed by the directors of the company.

- All policies and procedures will be adhered to and regular risk assessment procedures will be carried out.
- All monitoring and evaluation will be consistent and regular and managed by the funding manager of the company.
- Delivery of the project will be carried out by teachers who are CRB Checked.

6.2 Are there any significant risks or uncertainties that may affect either the timetable of the project, or whether it achieves its objectives?

We envisage no significant risks.

Section 7: Financial Information

7.1 How much SIB funding is requested?

We are applying for the following amount which will enable us to deliver this project successfully

- | | |
|--|-------------------|
| • Work to make the studio more accessible for wheelchair access and disabled toilet facilities | £8560.00 |
| • Studio Hire @£20 per hour @10hrs per week x 40 wks | £8000.00 |
| • Mobility teacher @£25 per hour @ 10 hours per week X40 weeks | £10000.00 |
| • Transport costs over 40wks | £5440.00 |
| TOTAL requested from SIB | £32,000.00 |
| • Marketing, advertising and promoting the project | |
| Match Funding Confirmed | £2000.00 |
| • Telephone costs and admin are donated | £2500.00 |

7.2 Indicate the type of funding requested: (please tick)

Capital [] Revenue [] Both [/]

7.3 Has funding been requested / allocated from any other sources, including Council Directorates and if so how much?

No

7.4 What other funding alternatives have been considered and why were these not appropriate?

We have had difficulty sourcing award bodies who would be interested in supporting this project to the required level

7.5 What are the financial implications for the project should it not receive SIB funding?

This project could not take place

7.6 When SIB expenditure is complete how do you intend to continue this project?

We will actively source continuation funding to cover core costs for this project. We will also actively work in partnership with other agencies to find ways to build capacity to continue and take this project forward

7.7 Provide a profile of projected costs:

Funding Source	2008/09	2009/10	2010/11	Total Cost
SIB:				
Coalfield	0			
East	£1,562			
North	£11,684			
South	£1,562			
West	£9,372			
Washington	£7,810			
Other Sources (please state)				
1) Telephone costs and Admin	£2500			
2) Marketing, Advertising and promoting the project	£2000			
Total Cost:	£36,490			

7.8 Please provide details of any 'in-kind' funding (e.g Peppercorn rents), if included within the 'Other Sources' of funding shown above.

Platinum Dance Studio will match fund for Marketing, Advertising and promotion of the project.
Telephone costs, Internet and Admin are being donated by Sunderland Dance C.I.C.

7.9 Please provide a breakdown of the Total cost to show the main areas of expenditure:

Capital Expenditure	£8560
Project running costs over the 5 Regeneration areas	£23440
Marketing, Advertising and Promotion	£2000
Admin, Telephone and Internet	£2500

7.10 Please provide details of how you will ensure that the procurement and purchasing of services and equipment will be managed in accordance with requirements as detailed in the guidance notes and guidelines. Include any estimates that you have and details of any contractors or suppliers to be used.

We have not been able to access The Criteria and Project Guidelines section 6 to view the requirements. However our company is properly registered, we are properly constituted and our financial details are available. Our estimates have been acquired in an open and honest way and all projected costs are true.

We have a written estimate from D.S.C. Interiors for £8586.60 with a breakdown of costs including replacing doors, replacing floors where necessary, build a ramp for wheelchair access, repair and replace joinery work, extending male and female toilets to accommodate disabled users.

We have an estimated charge from Compass Community Transport breaking down the costs as Cost per session £20 with the next 21-100 miles in session 0-80p.

We will comply with any management requirements requested by Sunderland City Council.

Section 8: Additional Information

8.1 Please provide any additional information that may be of use in support of your project proposal (Please append additional sheets if required):

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Section 9: Declaration

This authority is under a duty to protect the public funds it administers, and to this end may use the information you have provided on this form for the prevention and detection of fraud. It may also share the information with other bodies responsible for auditing or administering public funds for these purposes.

I declare that the information provided is correct and accurate and that, should this application be successful, the organisation will agree to the terms and conditions of SIB:

Name:

Deloris Martin

Position in Organisation:

Director

Date:

21 May 2008

2. Seated Exercise and Mature Moves

Project Title:
Improving The Health & Independent Living of Sunderland's 50+ and older population (Seated Exercise & Mature Moves)
SIB Requested:
£27,500 (£5,000 from West Area Committee)

Section 1: Application Requirements

1.1
<p>Please note that this application will be presented to the relevant Area Committee for its consideration when determining your SIB Grant Application. The Agenda and the Minutes of the Area Committee Meeting will be available for inspection by members of the public. Please therefore ensure that your organisation is agreeable to the content of the information that is set out in the form.</p> <p>The Application Form should be provided in either electronic (e-mail or floppy disc) or typed format.</p> <p>If you have a problem with returning this form in either electronic or typed format, please contact the appropriate Area Regeneration Officer. Contact / address details are provided on the covering letter and in the Guidance Notes and Criteria and Project Guidelines.</p> <p>Please note that a representative of your organisation must be available to attend the pre-agenda and main committee meeting(s) to which this application is presented, as they may be required to answer questions. Failure to attend the meeting(s) may result in your application being deferred or rejected.</p> <p>Dates and Venues of future meetings are provided as supporting information.</p>
1.2 Which Area Regeneration Framework(s) does your project cover? (please tick)
Coalfield [x] East [x] North [x] Washington [x] West [x] South [x]

Section 2: Sponsor Details

2.1 Name of Lead Organisation / Group:		
Sit 'n' 'b' Fit CIC		
2.2 Address of Lead Organisation / Group:		
44 Mowbray Road Sunderland SR2 8EL		
2.3 Contact Name for Project:	2.4 Position in Organisation:	
Lynn Summerside	Director	
2.5 Tel. Number:	2.6 Fax Number:	2.7 E-mail Address:
07714 995073 0191 5650399	0191 5101105	Lynn.summerside@btconnect.com

2.8 Day to Day Contact Name / Details: (if different to 2.3 above)	
As above	
2.9 Legal Status of Organisation:	2.10 Registered Charity Number (if applicable):
Community Interest Company	N/A
2.11 Does your organisation have a bank account into which funds can be paid?	
Yes	
2.12 Has the organisation received SIB support previously?	
Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	
If 'Yes' please provide details:	
To deliver chair based exercise city wide to care homes and sheltered accommodation (2005)	
2.13 Are any trustees / members of the organisation employed by or are Elected Members of the City Council?	
Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	
If 'Yes' please provide details:	

Section 3: Project Details

3.1 Project Title: (please re-state title as per front sheet)	
Improving The Health & Independent Living of Sunderland's 50+ and older population (Seated Exercise & Mature Moves)	
3.2 Project Start Date:	3.3 Project End Date:
September 2008	2010
3.4 Please Describe the project:	
<p>The aims of the project are to improve the health and mobility of older people in the Sunderland area through gentle seated exercise and mature moves, and thus help them to sustain independent living. The exercises are delivered at an appropriate level that is gauged using Sit 'n' b' Fit's expertise in seated exercise programmes.</p> <p>Seated exercise can increase a person's stamina, balance, co-ordination, suppleness and flexibility. It can also improve lung capacity and help provide a healthy heart (including a reduction in cholesterol). All these factors can have a major impact on the well being of the individual, raise confidence and reduce stress.</p> <p>Mature Moves has been developed following the success of the previous Sit 'n' 'b' fit project, taking lessons learnt, together with further opportunities to widen and enhance the delivery. The new proposed project involves a progression from the gentle seated exercise that was previously developed. Mature Moves offers a greater degree of exercise that increases bone density and muscle strength through weight-bearing exercises. Regular exercise can also</p>	

have longer-term benefits by reducing the risk of falls. The number and effects of falls on the older people is a major concern of the TPCT, who promote this type of exercise as one of the best ways of tackling the problem as part of a multi-factorial approach.

The service is flexible in that it can be delivered to groups or individuals either in their own home or in other establishments. For this programme the service will be offered to both of these sectors. The group sessions will be held in Sheltered Accommodation, Supported Housing Schemes and Community Centres. The One-to-one sessions will be held in the home of the individual and encourage the beneficiary to lead a more active life and participate within the community in which they live.

The project is a further development following the successful "Improving the Health & Independent Living of Sunderland's Older People" programme that was previously supported by the Strategic Initiatives Budget. Following feedback from Councillors at Area Committee, it was agreed to further develop the programme. A report was given to each Area Committee highlighting the success and sustainability of the previous project.

On the wider scale Sit n b Fit will be working with partners across the City developing future commissioning. Meetings have been arranged with Graham Burt, Strategic Commissioning Officer of Housing and Adult Services, Third Sector. Sit n b Fit have linked in with Sharon Lowes of Health, Housing and Adult Services, Sheila Kennedy, Commissioning and Procurement Manager, Angela Richardson of Tyne and Wear Care Alliance, Paul Gray, the Commissioning Health Practitioner of Sunderland Teaching Primary Care Trust.

The link with the Wellness Centres is going to have a major impact citywide on our 50+ population enabling us to target individuals and develop exercise programmes tailored to each individual's need encouraging social integration and helping to combat social isolation. This work will be sustained and will have a huge demographic impact. We are aiming to work with Nursing Managers and General Practitioners collaboratively integrating our work on a more holistic and therapeutic approach.

We have recently pulled together a structures plan to target the local communities with the Healthy Communities Collaborative Project Manager, Tracey Collins, to formally integrate the cancer collaborative of breast, bowels and lung cancer into our exercise sessions and to introduce Sunderland's health trainers to the wider community. This approach will be monitored and future commissioning opportunities explored pending findings.

We are currently working in partnership with Bangladeshi Centre, Back on the Map, Sunderland's Carers Centres and local pharmacies to develop and progress Sit n b Fit across the City.

During January 2008 Sit n b fit secured funding from the Social Enterprise Investment Fund (Department of Health Funding). This funding is to enable the social enterprise to build contracts and commissions to develop a sustainable service that delivers health and social care benefits. The enterprise also aims to build the capacity of the local workforce through facilitating training in health and fitness accreditation and providing a vehicle for sessional employment opportunities.

With in a regional context Sit n b Fit promotes the message that it is 'Passionate about Health & Wellbeing' and is providing support towards the development of healthier lifestyles and to improve well-being.

We see our Social Enterprise supporting the regions wider strategy; ‘Better Health, Fairer Health ~ A Strategy for 21st Century Health & Wellbeing in the North East of England and fully endorses the ambitious vision contained therein, i.e.

Vision: The North East will have the best and fairest health and well-being, and will be recognised for its outstanding and sustainable quality of life.

We believe all sectors need to play a role in tackling health inequalities. Sit n b Fit understands that health and well-being isn’t just a health issue but requires enterprising approaches to ensure sustainable improvements.

3.5 What service does the organisation currently provide and how will this be complemented by the project?

Sit ‘n’ b’ Fit currently provide chair based exercise and mature moves to Sunderlands older generation in care homes, sheltered accommodations, community centres, Raich Carter Centre, Church Halls and one to one sometimes in the comfort of their own homes. Also chair based exercises to individuals who suffer from immobility, mental health and people with low self esteem.

The project will enhance our current activity and provide a vital service to more people specifically targeting individuals aged 50+ as an early intervention preventative measure.

This target group is identified within the context of ‘Healthy Aging in the City of Sunderland’.

The service that we currently provide is tailored to the individual’s health needs, we have the capacity within the organisation to progress from seated exercise to a mature moves class. Our approach is holistic and incorporates both physical and mental well-being.

Sit ‘n’ b’ Fit is firmly embedded within the community and health and well-being sector and has an effective referral system in place. We work in partnership for the benefit of the individual and ensure that we utilise local resources appropriately.

3.6 What additional activity will SIB funding allow to happen (please tick the appropriate statement)

(a)	A project will go ahead which otherwise would not happen at all	[x]
(b)	A project will be provided to a higher quality / on a greater scale	[]
(c)	The funding will accelerate the implementation of the project by 12+ months	[]
(d)	A gap in funding will be filled pending other funding being secured	[]
(e)	Other reason	[]

Please explain your answer:

Sit ‘n’ b’ Fit will target 50+ in their own community settings, we have identified a gap in current provision for mature moves exercise to this particular target group.

The project will compliment and add value to the wider services currently provided through Sit n b fit and provide a range of health and well-being benefits to the individual.

This service will provide a progression route to the individuals who are currently in receipt of one-to-one support,

3.7 How will you publicise that you have received support from SIB?

(please refer to Section 3 of the guidance notes)

This project is likely to receive a lot of publicity and full acknowledgement will be given to the support of SIB funding. This will be achieved by working with the SIB funded Area Marketing project. Acknowledgement of SIB will also be passed to the clients and their carers / accommodation

3.8 Has there been any consultations concerning the need for this project?

Yes [x] No []

If 'Yes' please provide details:

We have consulted with local G.P's, community Centres, church halls, WI and U3A groups across Sunderland

3.9 Is there any documentary evidence available to support the need for this project?

Yes [x] No []

If 'Yes' please provide details:

Sunderland's 15 Year Plan for Adult Social Care and Healthy Aging in the City of Sunderland reinforce the need for additional health services for 50+

3.10 Who will benefit from the services provided by the project?

The 50+ section of society living within the City of Sunderland.
30 individuals over the 2 year period
25 groups over the 2 year period

3.11 Will there be any implications for Council Services arising from this project?

Yes [x] No []

If 'Yes' please provide details:

Yes – The project will make a significant contribution towards raising levels of physical activity for 50+ which will extend independence, contributing toward the Government's direction of more commissioned and community led initiatives, and will realise long-term attributes of early intervention / prevention work in relation to the target group which will realise long-term benefits

3.12 Does this project require the support or sponsorship of a Sunderland City Council Directorate?

Yes [] No [x]

If 'Yes' please provide details:

3.13 Are any legal and other approvals required?

Yes [] No [x]

If 'Yes' please provide details of type of approval, date secured, or date expected to be secured:

Section 4: Equal Opportunities

4.1 Does your organisation have an Equal Opportunities Policy?

Yes [] No []

If 'Yes' please describe how the project will comply with the Policy:

Enshrined in the co-operative principles and rules is a commitment to equal opportunities:

'In carrying out its objectives the CIC shall have regard to promoting equality of opportunity for all sections of the community both within its own affairs and within society generally, and to assisting people in need by any means whatsoever.'

If 'No' please describe how your organisation addresses equal opportunities issues:

4.2 Does your project specifically address any of the following issues?

Ethnic Issues Yes [] No [] (please tick)

If 'Yes' please provide details as to how the project is in line with the Race Relations Act 1976:

Gender Issues Yes [] No [] (please tick)

If 'Yes' please provide details as to how the project is in line with the Sex Discrimination Act 1975:

Disability Issues Yes [] No [] (please tick)

If 'Yes' please provide details as to how the project is in line with the Disability Discrimination Act 1995:

In line with the DDA, Sit n b Fit will ensure that disabled learners will have a positive experience of learning and that the service will aim to recognise and respond to their particular requirements.

Section 5: Relationship of Project to the Area Framework(s)

5.1 Identify which Area Regeneration Framework Action Plan Strategic Priorities this project will address through the use of SIB, and demonstrate how these will be achieved:

City objective – working with those communities and groups who experience higher levels of ill health to ensure we can respond in ways in which are most relevant to their needs

Local – improved provision for 50+

Actions –

- 1) **Research the needs of 50+**

The project has / will involve market research

2) Activities programmes established in Community Setting and individuals own homes.

At least 30 individuals will benefit from delivering the service directly into their own homes. In addition, at least 25 groups will benefit (on average working with 350 local people, based on an average of 14 participants per group)

3) Develop Leisure learning programmes for 50+

Each participant will be offered an individual learning programmes, in total 380 learning programmes based on a 20 week (one hour pw) exercise and movement activity.

City objective – Addressing underlying long term problems such as unemployment, poverty, poor housing, which help determine poor health experience

Local – Need to encourage participation in health related matters.

Actions –

1) Promotion of sport, exercise and preventative programmes to assist the local community in development towards better health

30 individuals will benefit from delivering the service directly into their own homes. In addition, at least 25 groups will benefit (on average working with 350 local people, based on an average of 14 participants per group of 1 hour sessions. Such work can be classed as an early intervention measure to increase independent living and prevent falls – a major concern for the NHS.

Expansion of Healthy Living Centre activities around diet, health promotion, smoking cessation, and healthy lifestyle delivered at local venues.

Signposting to Wellness centres, smoking cessation, nutrition groups and Sunderland Health Trainers.

2) More local facilities for health programmes

Delivered to at least 25 community venues and 30 homes throughout the City's Area Framework locations.

Local – To promote community led solutions to tackling health related issues

Actions –

1) Investigate mechanisms to ensure sustainability of community led initiatives

Funding already secured to train local chair based, Youth moves, and Exercise Instructors to deliver the service in the future

2) Co-ordinate community resources and initiatives

Using local community venues to deliver exercise programmes

3) Provision of health information at local venues

Using local community venues to promote the benefits of exercise.

<p>4) Encourage community ownership of projects and community led solutions to tackling health related issues Creation of a bank of qualified exercise teachers to deliver activity in the community.</p>
<p>5.2 Identify outputs / outcomes against which the delivery of the project can be evaluated. Demonstrate how these will contribute to the Area Regeneration Framework(s).</p> <p>The main output is 380 individuals to benefit health-wise from a 20 week exercise programme. The individual benefits of the exercise will be gauged and evaluated by the locations completing questionnaires at the beginning, mid-term and end of the programme.</p> <p>Other outputs include develop 25 new community venues for the promotion and delivery of exercise programmes, and to support a social enterprise which aims to create a self financing services.</p>
<p>5.3 If the project relates to two or more Framework Areas, on what basis have you decided how to share the costs?</p> <p>The aim is to provide the service across the City, the figures being calculated 5 community venues in 5 of the 6 areas delivering the exercise programmes and 5 individuals in each of the 6 areas.</p>

Section 6: Management Arrangements

<p>6.1 Describe how the project will be managed:</p> <p>The programme will be managed by the directors of Sit 'n' b' Fit and the founder member Lynn Summerside is the operations manager of the social enterprise. She has a track record of delivery of this service City Wide.</p>
<p>6.2 Are there any significant risks or uncertainties that may affect either the timetable of the project, or whether it achieves its objectives?</p> <p>The only identifiable risks are:</p> <ol style="list-style-type: none"> 1) non – take up of programme – Market research strongly suggests that demand will outstrip supply. If this becomes a problem, we will increase the level and intensity of marketing the programme to the City's numerous community venues 2) people aged 50+ do not want to do the exercise – the programme is not compulsory and it is down to the choice of the individual whether they participate or not

Section 7: Financial Information

<p>7.1 How much SIB funding is requested?</p> <p>£27,500 in total to deliver within 25 locations within the City of Sunderland 380 individual learning programmes via a 20 week 1 hour per week = SIB unit cost of £3.61 per hour.</p>
<p>7.2 Indicate the type of funding requested: (please tick)</p> <p>Capital [] Revenue [x] Both []</p>

7.3 Has funding been requested / allocated from any other sources, including Council Directorates and if so how much?

Sport and Leisure - £8,000 towards community wellness programme
 Social Enterprise Investment Fund - £12,000 towards the training and certification of staff

As result of the total investment we will deliver 7,600 hours of exercise programmes for local residents aged 50+ making a training unit cost of £6.44. In addition we will deliver training for 12 local people to become exercise teachers for the local community.

7.4 What other funding alternatives have been considered and why were these not appropriate?

No other funding alternative has been considered for this specific activity.

7.5 What are the financial implications for the project should it not receive SIB funding?

This activity specifically targeting 50+ would not take place

7.6 When SIB expenditure is complete how do you intend to continue this project?

Sit 'n b' Fit intend to sustain the service through mainstreaming and commissioning.

7.7 Provide a profile of projected costs:

Funding Source	2008/09	2009/10	2010/11	Total Cost
SIB:				
Coalfield	5,000			
East	5,000			
North	5,000			
South	2,500			
West	5,000			
Washington	5,000			
Other Sources (please state)				
1)	Sport and Leisure	£8,000		
2)	SEIF	£12,000		
3)				
Total Cost:		£47,500		

7.8 Please provide details of any 'in-kind' funding (e.g Peppercorn rents), if included within the 'Other Sources' of funding shown above.

£8,000 has been contributed from the Community Wellness provision, to extend the services available through the programme.
 £12,000 SEIF contribution results from the award given by Government to recognise and support social enterprises for development and capacity building. Sit n b Fit were the only social enterprise in the North East to receive this award.

7.9 Please provide a breakdown of the Total cost to show the main areas of expenditure:

25 Locations offering group sessions @ 20 weeks x £25	£12,500	
30 One-to-One Sessions x 20 weeks @ £25		£15,000
	TOTAL	£27,500

ARF breakdown

North	£5,000
South	£2,500
East	£5,000
West	£5,000
Washington	£5,000
Coalfield	£5,000

(25 Locations all areas (except South) = £2,500 per area)
 (30 one-to-one Sessions in all areas = £2,500 per area)

7.10 Please provide details of how you will ensure that the procurement and purchasing of services and equipment will be managed in accordance with requirements as detailed in the guidance notes and guidelines. Include any estimates that you have and details of any contractors or suppliers to be used.

The project will comply with the standing financial instructions of the Local Authority.

Section 8: Additional Information

8.1 Please provide any additional information that may be of use in support of your project proposal (Please append additional sheets if required):

Section 9: Declaration

This authority is under a duty to protect the public funds it administers, and to this end may use the information you have provided on this form for the prevention and detection of fraud. It may also share the information with other bodies responsible for auditing or administering public funds for these purposes.

I declare that the information provided is correct and accurate and that, should this application be successful, the organisation will agree to the terms and conditions of SIB:

Name:

Lynn Summerside

Position in Organisation:

Director

Date:

4 June 2008

3. Children's Activities Programme

Project Title:
Children's Activities Programme
SIB Requested:
£6,200

Section 1: Application Requirements

1.1
<p>Please note that this application will be presented to the relevant Area Committee for its consideration when determining your SIB Grant Application. The Agenda and the Minutes of the Area Committee Meeting will be available for inspection by members of the public. Please therefore ensure that your organisation is agreeable to the content of the information that is set out in the form.</p> <p>The Application Form should be provided in either electronic (e-mail or floppy disc) or typed format. If you have a problem with returning this form in either electronic or typed format, please contact the appropriate Area Regeneration Officer. Contact / address details are provided on the covering letter and in the Guidance Notes and Criteria and Project Guidelines.</p> <p>Please note: that a representative of your organisation must be available to attend the main committee meeting(s) to which this application is presented, as they may be required to answer questions. Failure to attend the meeting(s) may result in your application being deferred or rejected.</p>
1.2 Which Area Regeneration Framework(s) does your project cover? (please tick)
Coalfield <input type="checkbox"/> East <input type="checkbox"/> North <input type="checkbox"/> Washington <input type="checkbox"/> West <input checked="" type="checkbox"/> South <input type="checkbox"/>

Section 2: Sponsor Details

2.1 Name of Lead Organisation / Group:		
FOUR SEASONS ACTIVITY GROUP		
2.2 Address of Lead Organisation / Group:		
5 St. Lukes Terrace, Pallion, Sunderland, SR4 6NQ		
2.3 Contact Name for Project:		2.4 Position in Organisation:
Mary Hudson		Chair
2.5 Tel. Number:	2.6 Fax Number:	2.7 E-mail Address:
0191 5674477	0191 5674488	fourseasonsactivitygroup@hotmail.co.uk or fpmcdpanncole@googlemail.com

2.8 Day to Day Contact Name / Details: (if different to 2.3 above)	
Trina Jackson/Mary Hudson 0191 5674477	
2.9 Legal Status of Organisation:	2.10 Registered Charity Number (if applicable):
Registered Charity	1099112
2.11 Does your organisation have a bank account into which funds can be paid?	
Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	
2.12 Has the organisation received SIB support previously?	
Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	
If 'Yes' please provide details:	
2.13 Are any trustees / members of the organisation employed by or are Elected Members of the City Council?	
Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	
If 'Yes' please provide details:	

Section 3: Project Details

3.1 Project Title: (please re-state title as per front sheet)	
CHILDREN'S ACTIVITIES PROGRAMME	
3.2 Project Start Date:	3.3 Project End Date:
01/11/2008	January 2009
3.4 Please Describe the project:	
The project is to provide three months gap funding to enable the continuation of activities whilst other funds are sourced'.	
3.5 What service does the organisation currently provide and how will this be complemented by the project?	
<p>The volunteer led project was set up in 2002 and employs a part time administrator and sessional play workers when required. It is funded predominantly via a range of small charitable trusts and independent funders. A small office space is rented from Pallion Community Shop in St. Luke's Terrace and activities primarily take place in St. Josephs Parish Centre.</p> <p>The project delivers children's activities and allows disadvantaged residents and low income families to access affordable learning and educational facilities through play-schemes scheduled throughout the full school holiday year. In addition the project provides subsidised</p>	

excursions throughout the year for low-income families promoting family inclusion and providing visits to places local children may otherwise not experience. There is high demand for this popular service to the community from local residents and places for activities are taken up very quickly.

We are seeking to work with youth provision across the area in order to widen the horizons of our young residents and encourage exploration and integration across their local area.

The aim is that in future years as local children grow there will be an ease of transition to access older youth provision across the area removing geographic barriers that can develop between localised areas and encouraging inclusion. In addition to working together to provide new, fun and diverse learning experiences for the children it is hoped that at a young age their willingness to travel outside of their comfort zone will be expanded and developed to facilitate their training and employment opportunities when they are older.

3.6 What additional activity will SIB funding allow to happen (please tick the appropriate statement)

(a)	A project will go ahead which otherwise would not happen at all	<input type="checkbox"/>
(b)	A project will be provided to a higher quality / on a greater scale	<input type="checkbox"/>
(c)	The funding will accelerate the implementation of the project by 12+ months	<input type="checkbox"/>
(d)	A gap in funding will be filled pending other funds being secured (max 6 months)	<input checked="" type="checkbox"/>
(e)	Other reason	<input type="checkbox"/>

Please explain your answer:

The Four Seasons Activity Group is a project that meets the needs of the local community evidenced by the regular high demand. SIB funding will enable the project to continue with support for volunteers to enhance future funding opportunities and cross area liaison to provide more integrated provision for the local children

3.7 How will you publicise that you have received support from SIB?

(Please refer to Section 3 of the guidance notes)

All advertising and marketing material produced will include the SIB logo and the project will work with the Area Committee Marketing Team.

3.8 Has there been any consultations concerning the need for this project?

Yes No

If 'Yes' please provide details:

Ongoing verbal consultations with local parents and children as well as local councillors. Reports may be obtained if required.

3.9 Is there any documentary evidence available to support the need for this project?

Yes No

If 'Yes' please provide details:

3.10 Who will benefit from the services provided by the project?

Local Children and residents across Ford and Pallion.

3.11 Will there be any implications for Council Services arising from this project?	
Yes <input type="checkbox"/>	No <input checked="" type="checkbox"/>
If 'Yes' please provide details:	
3.12 Does this project require the support or sponsorship of a Sunderland City Council Directorate?	
Yes <input type="checkbox"/>	No <input checked="" type="checkbox"/>
If 'Yes' please provide details:	
3.13 Are any legal and other approvals required?	
Yes <input type="checkbox"/>	No <input checked="" type="checkbox"/>
If 'Yes' please provide details of type of approval, date secured, or date expected to be secured:	

Section 4: Equal Opportunities

4.1 Does your organisation have an Equal Opportunities Policy?	
Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>
If 'Yes' please describe how the project will comply with the Policy:	
The project works to combat all forms of inequality. We will ensure that prospective and current workers and users are not treated less favourably and carry out all work in accordance with equal opportunities procedures.	
If 'No' please describe how your organisation addresses equal opportunities issues:	
4.2 Does your project specifically address any of the following issues?	
Ethnic Issues	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>
If 'Yes' please provide details as to how the project is in line with the Race Relations Act 1976:	
Gender Issues	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>
If 'Yes' please provide details as to how the project is in line with the Sex Discrimination Act 1975:	
Disability Issues	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>

If 'Yes' please provide details as to how the project is in line with the Disability Discrimination Act 1995:

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Section 5: Relationship of Project to the Area Framework(s)

5.1 Identify which Area Regeneration Framework Action Plan Strategic Priorities this project will address through the use of SIB, and demonstrate how these will be achieved:

The project will contribute to the 'Attractive and Inclusive' theme of the Sunderland Strategy and the draft Local Area Plan.

5.2 Identify outputs / outcomes against which the delivery of the project can be evaluated. Demonstrate how these will contribute to the Area Regeneration Framework(s).

Continuation of provision of childrens activities -Playschemes/challenges and outdoor activities operate for 10 weeks of the school holiday year for up to 30 children at each scheme.
Continued support for the local community.
Empowerment of 3 volunteers.
Closer liaison and integration with plans to work with 3 youth groups across the area.
Continuation of 4 annual family trips with 200+ local residents and children attending.

5.3 If the project relates to two or more Framework Areas, on what basis have you decided how to share the costs?

N/A

Section 6: Management Arrangements

6.1 Describe how the project will be managed:

The project is managed by our locally elected independent management committee.

6.2 Are there any significant risks or uncertainties that may affect either the timetable of the project, or whether it achieves its objectives?

Failure to secure funding

Section 7: Financial Information

7.1 How much SIB funding is requested?

£6,200

7.2 Indicate the type of funding requested

Capital Revenue Both

7.3 Has funding been requested / allocated from any other sources, including Council Directorates and if so how much?

Funding has been requested from a number of sources however decisions are not expected until December 08 and January 09.

7.4 What other funding alternatives have been considered and why were these not appropriate?

Outstanding funding applications are detailed in 7.7. There are no other suitable sources available within the timescales.

7.5 What are the financial implications for the project should it not receive SIB funding?

The project will cease to operate from November.

7.6 When SIB expenditure is complete how do you intend to continue this project?

This funding will enable the project to continue and secure money from current pending funding applications and provide staff support to enable future alternative funding sources to be progressed.

7.7 Provide a profile of projected costs:

Funding Source	2008/09	2009/10	2010/11	Total Cost
SIB:				
Coalfield				
East				
North				
South				
West	6200			£6,200
Washington				
Other Sources (please state)				
1)	Sir James Knott	4000		4000
2)	Just for Kids	4750		4750
3)	Other Grants:			
	ETEC			
	Playtogether			
	Aspire	1470		1470
	Lankelly	500		500
	Chase			
	Sland City	500		500
	Community foundation	1200		1200
	Grants awaiting decisions:	2000		2000

ETEC				
Sland City Grant applications in discussion with:	300			300
The Tudor Trust	280			280
Bernard Sunley Foundation	1400			1400
	2200			2200
Total Cost:	24800			24800

7.8 Please provide details of any 'in-kind' funding (e.g Peppercorn rents), if included within the 'Other Sources' of funding shown above.

7.9 Please provide a breakdown of the Total cost to show the main areas of expenditure:

Staff and related costs	10550
Activities	6000
Premises/ storage costs	4700
Postage/ stationary	550
Volunteer costs	500
Venue hire	2000
Audit costs	250
Publicity/Annual report	250
Total	24800

The above is a full year breakdown, £6,200 represents three months funding.

7.10 Please provide details of how you will ensure that the procurement and purchasing of services and equipment will be managed in accordance with requirements as detailed in the guidance notes and guidelines. Include any estimates that you have and details of any contractors or suppliers to be used.

The project will manage all procurement following the requirements within the guidance notes and as always seek competitively priced supplies. The spend however is primarily to cover staff salaries and premises costs.

Section 8: Additional Information

8.1 Please provide any additional information that may be of use in support of your project proposal (Please append additional sheets if required):

We have full support of Lambton Street Youth Project, A690 Youth Project and Pennywell Youth Project for this application.

Section 9: Declaration

This authority is under a duty to protect the public funds it administers, and to this end may use the information you have provided on this form for the prevention and detection of fraud. It may also share the information with other bodies responsible for auditing or administering public funds for these purposes.

I declare that the information provided is correct and accurate and that, should this application be successful, the organisation will agree to the terms and conditions of SIB:

Name:

Mary Hudson

Position in Organisation:

Chair

Date:

02/09/2008

4. Barnes Burn – Stream and Habitat Rejuvenation

Project Title:
Barnes Burn – Stream and Habitat Rejuvenation
SIB Requested:
£60,000

Section 1: Application Requirements

1.1
<p>Please note that this application will be presented to the relevant Area Committee for its consideration when determining your SIB Grant Application. The Agenda and the Minutes of the Area Committee Meeting will be available for inspection by members of the public. Please therefore ensure that your organisation is agreeable to the content of the information that is set out in the form.</p> <p>The Application Form should be provided in either electronic (e-mail or floppy disc) or typed format.</p> <p>If you have a problem with returning this form in either electronic or typed format, please contact the appropriate Area Regeneration Officer. Contact / address details are provided on the covering letter and in the Guidance Notes and Criteria and Project Guidelines.</p> <p>Please note that a representative of your organisation must be available to attend the pre-agenda and main committee meeting(s) to which this application is presented, as they may be required to answer questions. Failure to attend the meeting(s) may result in your application being deferred or rejected.</p> <p>Dates and Venues of future meetings are provided as supporting information.</p>
1.2 Which Area Regeneration Framework(s) does your project cover? (please tick)
Coalfield [] East [] North [] Washington [] West [<input checked="" type="checkbox"/>] South []

Section 2: Sponsor Details

2.1 Name of Lead Organisation / Group:		
Community and Cultural Services, Sunderland City Council		
2.2 Address of Lead Organisation / Group:		
Project and Service Development Division Jack Crawford House Commercial Road Hendon SR2 8QR		
2.3 Contact Name for Project:		2.4 Position in Organisation:
Helen Peverley		Project and Service Development Manager
2.5 Tel. Number:	2.6 Fax Number:	2.7 E-mail Address:

0191 561 7532	0191 553 7509	Helen.peverley@sunderland.gov.uk
2.8 Day to Day Contact Name / Details: (if different to 2.3 above)		
As above		
2.9 Legal Status of Organisation:		2.10 Registered Charity Number (if applicable):
Local Authority		N/A
2.11 Does your organisation have a bank account into which funds can be paid?		
Yes		
2.12 Has the organisation received SIB support previously?		
Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>		
If 'Yes' please provide details:		
Community and Cultural Services have received a number of grants over the years to deliver a number of schemes and programmes across its service area.		
2.13 Are any trustees / members of the organisation employed by or are Elected Members of the City Council?		
Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>		
If 'Yes' please provide details:		
Members of the Barnes Park project delivery team are employees of Sunderland City Council; the Project Executive is Head of Environmental Services, Peter High, Project Manager is Project and Service Development Manager, Helen Peverley and Senior Supplier is Keith Hamilton, Deputy Manager for Landscape and Reclamation. Project support will be provided by employees of Community and Cultural Services. The Project Champion, Cllr Mel Speding is Portfolio Holder for Culture and Leisure at Sunderland City Council.		

Section 3: Project Details

3.1 Project Title: (please re-state title as per front sheet)	
Barnes Burn – Stream and Habitat Rejuvenation	
3.2 Project Start Date:	3.3 Project End Date:
April 2009	September 2009
3.4 Please Describe the project:	
<p>The project is to secure improvements to the water quality, natural habitat and setting of Barnes Burn and Barnes Park Lake, which will enable the creation of a green corridor and habitat in the Park Extension and improve the park's lake.</p> <p>The Barnes Burn is a stream running west to east through Barnes Park, to culvert and then through Burn Park, back end of culvert and to the River Wear at Galley's Gill. The lake in Barnes Park has suffered in recent times due to the irregular and minimal water supply from</p>	

the stream to the west.

It is accepted that much of the watershed has been lost due to the development of the housing estates to north and south taking water into the pipe system. Despite this the stream should carry a significant volume from the valley itself.

The project is intended to re-profile the streambed removing silt and a range of other materials allowing a running profile to be developed.

This in turn will allow further, physical inspection of the stream bed itself to ascertain whether or not sinks have been developed in the bed which would see water prematurely drain away into the aquifer. Should this be the case the area can be dug out and clay installed to reseal the streambed.

Additionally it is intended to re-profile the banks of the stream in order to create habitats suitable for water vole and other endangered species in the hope that this will allow a reintroduction of a nationally rare species, which is relatively common in Sunderland. As part of this it may be possible to re-profile the stream banks to create a number of linear wetlands/ponds should the local geology be suitable.

Arisings will be dealt with on site, used to improve the landform and to allow better maintenance of the grass sward or where this isn't possible removed to tip.

In the Park elements of the works may require the removal of a number of trees in order to allow access.

Works will be complimented with the installation of reed beds should this be found to be suitable as a further habitat creation and also to act as a filter so improving the water quality.

It is anticipated that the above will create the best opportunity to harvest water into the system however much will depend upon localised rainfall and will create the best opportunity to improve water quality in the Barnes Park lake and generally along the stream given sufficient rainfall in the first instance.

3.5 What service does the organisation currently provide and how will this be complemented by the project?

Community and Cultural Services has responsibility for the management and development of parks throughout the city. Currently the City Council, through C&CS, is in the process of submitting a Stage 2 bid Heritage Lottery Fund (HLF) for Barnes Park.

This project will give additional value to the HLF bid, whilst creating specific improvements to the Barnes Park Extension.

3.6 What additional activity will SIB funding allow to happen (please tick the appropriate statement)

(a)	A project will go ahead which otherwise would not happen at all	<input checked="" type="checkbox"/>
(b)	A project will be provided to a higher quality / on a greater scale	<input type="checkbox"/>
(c)	The funding will accelerate the implementation of the project by 12+ months	<input type="checkbox"/>
(d)	A gap in funding will be filled pending other funding being secured	<input type="checkbox"/>

(e)	Other reason	[]
Please explain your answer:		
<p>Sunderland City Council is in the process of producing a Stage 2 funding application for Big Lottery, Heritage Lottery Parks for People funding for the re-development of Barnes Park. The stage 1 pass of £2,420,000 was received in May 2008. The stage 2 funding application must be submitted in November 2008.</p> <p>As a result of this application the Lake within Barnes Park will be rejuvenated and developed. This SIB funding will enable the stream to be regenerated through the Park and Extension.</p> <p>Without the additional funding it will not be possible to carry out works on the stream through the Barnes Park Extension section so leaving the stream in its currently unacceptable condition.</p>		
3.7 How will you publicise that you have received support from SIB?		
<small>(please refer to Section 3 of the guidance notes)</small>		
<p>The Lottery Funded scheme within Barnes Park has its own dedicated marketing and communication plan. It has been developed to ensure that all opportunities to profile the development are taken. This will include community consultation events, press articles, signage within the Park (both during and after redevelopment) webcasts/web site developments, local media campaigns, and resident newsletters etc. It is intended that the stream rejuvenation project will ride on the back of that publicity mechanism, as well as working in conjunction with the Area Committee Marketing Project.</p>		
3.8 Has there been any consultations concerning the need for this project?		
Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>		
If 'Yes' please provide details:		
<p>Throughout the development of the Barnes Park Stage 1 Parks for People Application the immense regard that the community hold for the Park and its Extension, and the support for its improvement has been overwhelming. On 10 August 2007 a Public Consultation Day was held in Barnes Park, enabling hundreds of people from the local area and city wide to view the proposed plans, make suggestions/comments and share their memories and old photographs with the project board. (See Appendix 1, Consultation Day Results). A second Consultation Day was held on 8 August 2008 to review proposals for Stage 2.</p> <p>The project delivery team have worked in close proximity with the Friends of Barnes Park Group to produce the proposed plans through regular meetings and have their full support for this development.</p> <p>Members of the project delivery team visited pupils and teachers at Barnes Infant School, Barnes Junior School and Richard Avenue School presenting plans and listening to ideas and suggestions for the Park's development...you only have to look at the incredible drawings produced by the children to see their enthusiasm for the parks re-development. (See Appendix 2, 'What is your vision for Barnes Park? See Our Community Consultation in Action').</p> <p>A vast range of individuals and groups have endorsed this project including, Northumbria Police, Bede College, Friends of Barnes Park, and Barnes Park Bowling Groups. For an extensive list please see Appendix 3, Letters of Support.</p>		

Throughout the above the Lake has been presented by the community as the key element in the Park. To reflect this, the Park is to be restored, something which itself is dependant on the stream and the water quality. Hence the development of this project.

3.9 Is there any documentary evidence available to support the need for this project?

Yes [] No []

If 'Yes' please provide details:

Evidence to support the need and support for this project from the residents of Sunderland can be found in the following accompanying documents:

- Results from our Community Consultation Day (Appendix 1)
- 'What is your vision of Barnes Park? See our Community Consultation in Action' (Appendix 2)
- Letters of Support (Appendix 3)

3.10 Who will benefit from the services provided by the project?

Residents from across City and the North East region visit Barnes Park and the Barnes Park Extension. Visitor numbers are expected to vastly increase post development.

There are several places of work surrounding Barnes Park and the Extension, including Bede Sixth Form College, Sunderland Teaching Primary Care Centre and the Chester Road shopping district. This city park is a valuable area for school children and the local workforce to relax, socialise, enjoy physical activity and have their lunch.

There are 43,377 residents living in the local catchment area of the park (within 1km of its boundary), including the wards of St Anne's, Barnes, Sandhill and Pallion. Although 96% of the local audience is of white ethnicity, this area does have a significantly higher proportion of residents with Asian or Asian British ethnicity (3%) and Chinese ethnicity (1%). The largest age group within the local catchment area is 25-44 (28%). However, with the City's national average of residents aged over 65 years of age being 15%, the local audience has a considerably higher number at 18%.

3.11 Will there be any implications for Council Services arising from this project?

Yes [] No []

If 'Yes' please provide details:

The cost of managing and maintaining Barnes Park to Green Flag standard after project completion has been estimated at £255,528.16, over 10 years. This will include the employment of a full time Community and Education Development Officer, Gardener and Park Ranger. These costs have been agreed with Environmental Services.

However the element of the proposed works within the Park will not in itself create an additional revenue implication. Any day-to-day maintenance required for the streambed being previously covered elsewhere.

As above there will be no revenue implication to the element of the works within Barnes Park Extension on the principle that there is no new, additional out turn.

3.12 Does this project require the support or sponsorship of a Sunderland City Council Directorate?

Yes [] No []

If 'Yes' please provide details:

Community and Cultural Services will provide project management of the redevelopment and subsequently manage and maintain the Park and Extension when works are complete. Development and Regeneration will design and project manage the redevelopment of the Park.

3.13 Are any legal and other approvals required?

Yes [] No []

If 'Yes' please provide details of type of approval, date secured, or date expected to be secured:

-

Section 4: Equal Opportunities

4.1 Does your organisation have an Equal Opportunities Policy?

Yes [] No []

If 'Yes' please describe how the project will comply with the Policy:

The project will be managed and delivered by Sunderland City Council's Community and Cultural Services and will adhere to all Equal Opportunity Policies adopted by the Council. The Council have achieved level three of the Equality Standard and are working towards level four. There is also a Race, Disability and Gender Equalities Scheme in place (please see Appendix 4 for Sunderland City Council's Corporate Equality Policy).

If 'No' please describe how your organisation addresses equal opportunities issues:

N/A

4.2 Does your project specifically address any of the following issues?

Ethnic Issues Yes [] No [] (please tick)

If 'Yes' please provide details as to how the project is in line with the Race Relations Act 1976:

N/A

Gender Issues Yes [] No [] (please tick)

If 'Yes' please provide details as to how the project is in line with the Sex Discrimination Act 1975:

N/A

Disability Issues Yes [] No [] (please tick)

If 'Yes' please provide details as to how the project is in line with the Disability Discrimination Act 1995:

Development plans proposed for Barnes Park and the extension will greatly extend opportunities and access for disabled persons. Car parking facilities within the Park will provide physically disabled persons and carers with easy access. Wide, gently sloping paths from the car parking facility will create safe routes around the Park and Extension for wheelchair users.

There will be play provision suitable for the most severely disabled children complimented by fully equipped changing facilities, allowing disabled and non-disabled children to play together within a safe environment. This will have regional significance, being the only facility of its kind in the North East region.

There is a lack of provision in the Park and Extension for visitors with visual impairments. This will be rectified by creating a sensory garden, exploiting opportunities of scents, sounds and touch with features, plants, trained guides and activities.

The sports facilities within the Park will be enhanced and made accessible to wheelchair users and the partially sighted.

Section 5: Relationship of Project to the Area Framework(s)

5.1 Identify which Area Regeneration Framework Action Plan Strategic Priorities this project will address through the use of SIB, and demonstrate how these will be achieved:

The project contributes to the themes of the Sunderland Strategy, and the developing Local Action Plans, in particular 'Attractive and Accessible'.

In addition, the Area Regeneration Framework Action Plan Strategic Priorities that the Barnes Park development will address are:

Working Towards Equal Opportunities

Reduce actual and perceived inequalities for all sections of the community, including on the basis of age, faith, sexuality, disability or race

One of the main priorities to be addressed through the development of Barnes Park and the Extension is to increase accessibility for all ages, abilities and race, ensuring the Park is attractive to all potential visitors. Creation of specialist play provision to enable inclusive play will be a unique venture in the North East, enabling severely disabled children and able bodied children to play together. This will be complimented by car parking facilities suitable for buses to access and egress, adapted changing facilities with hoists, lifts and storage, all in sight of the nearby Coach House Café, allowing families to enjoy a day out together.

The project reflects the City's commitment to its environment in the following terms.

National climatic change and the demands of development have led to the loss of hundreds of kilometres of streams, ditches and other watercourses. This in turn has caused the loss of habitat and feeding ground for a range of species.

Nationally rare but locally less so, water vole have survived in Sunderland as a remnant population. The rejuvenation of the stream in Barnes Park Extension creates the opportunity to provide a designed water vole habitat in the hope of encouraging the reestablishment of a

local population.

The proposal to create reed beds and linear along the length of the stream opens up the possibility of improving water quality, serving the Barnes Park Lake and the rest of the watercourse.

The above creates an educational opportunity for local schools to engage in studies within their local area rather than having to travel out to other sites and is therefore a more sustainable option.

In parallel it is intended to provide a footpath/cycleway through Barnes Park Extension as an element of Sunderland to Chester le Street Cycleway. Whilst an independent project this will provide a high quality wheelchair access route through the extension serving the area of the stream and the broader parkland.

Activities will be provided for all visitors regardless of age, ability or sex.

Working Towards Community Cohesion

Develop community cohesion and reduce and prevent community tensions

Within the local catchment area of the Park and Extension there are a significantly higher proportion of residents with Asian or Asian British ethnicity (3%) and Chinese ethnicity (1%). Residents from all communities will be encouraged to enjoy the park and its facilities together, through the implementation of an Audience Development Plan and community engagement specifically coordinated by the project's Community Development and Education Officer.

Working Towards Active Citizenship

-Develop the capacity of hard to engage groups, strengthen and support the community and voluntary infrastructure and existing groups and organisations.

To strengthen and support the community and voluntary infrastructure and existing groups and organisations

Throughout the development of the Stage 1 Parks for People funding application and subsequently Stage 2, we have consulted with local residents, youth clubs, schools, colleges and community groups. The amount of interest such consultation generated has proven the immense regard that the community holds for the Park and Extension.

A consultation day was held by the Project Board in collaboration with the Friends of Barnes Park Group on 10th August 2007. Hundreds of people both local and city-wide viewed the proposed plans and shared with us their fond memories and photographs of the Park. A second consultation day was held on the 8 August 2008 to review proposals for Stage 2.

The Project Board visited local schools and colleges to find out what the pupils and teachers thought of the proposed plans for Barnes Park and received an overwhelmingly positive response.

Barnes Park has a very active Friends group. The profile of the group is being raised during the development of the funding application encouraging more residents to join the Friends Group and have their say, particularly those residents representing Barnes Park Extension.

Working Towards Social Inclusion

Awareness raising and training regarding cultural diversity

Recognise and celebrate diversity within communities

An Audience Development Plan has been produced for Barnes Park which has been

developed as a tool to help understand who is using the facility, but equally important who is not using it, why and what could be done to encourage them to do so. The aim is to identify reasons why people may not be using the Park as much as they could or if indeed certain sections of the community never enter its gates.

The aim of this project, utilising the Audience Development Plan, is to objectively consider the Park's current situation and what realistically can be achieved in improving what it can offer to all communities.

The plan will consider:

- how the experience of existing users could be enhanced
- how improvements could persuade current users to use the Park more often
- how improvements could be made to attract new users generally, and any identified audiences in particular

5.2 Identify outputs / outcomes against which the delivery of the project can be evaluated. Demonstrate how these will contribute to the Area Regeneration Framework(s).

This development will ensure Barnes Park and the Extension becomes a more attractive, accessible park, enabling and exciting a wider audience including groups which have been deemed 'hard to reach.' We expect more than 75,000 people to access the Park each year. Play provision for severely disabled children will be unique to the region, attracting families from across the North East and national recognition.

The project will create a number of opportunities for volunteers to be involved within the Park's development and management, ensuring equitable access and provision of sustainable support. The project will enable more volunteer led activities to take place.

5.3 If the project relates to two or more Framework Areas, on what basis have you decided how to share the costs?

West Area only

Section 6: Management Arrangements

6.1 Describe how the project will be managed:

The project will be managed according to Sunderland City Council's approved project methodology, PRINCE2 through the Directorate of Community and Cultural Services and will have a full Project Board, see Appendix 5 – Project Board Family Tree.

6.2 Are there any significant risks or uncertainties that may affect either the timetable of the project, or whether it achieves its objectives?

As a major part of the works will be to the streambed it will be entirely dependant on the weather. This may cause delays in the programme, however, it is intended to commence on site during the autumn, hoping to avoid the worst of the winter weather.

Section 7: Financial Information

7.1 How much SIB funding is requested?

£60,000

7.2 Indicate the type of funding requested: (please tick)

Capital [] Revenue [] Both []

7.3 Has funding been requested / allocated from any other sources, including Council Directorates and if so how much?

No, City Council and external funding sources are fully committed to the HLF bid. The project is seen as a major contributing element to the success of the second stage lottery bid and associated projects for Barnes Park. The success of that project will depend to a great extent upon a successful rejuvenation of the stream and lake within Barnes Park, that being a central focus.

The financial breakdown to that associated project is as follows:

The Authority been awarded a Stage 1 pass from the Heritage Lottery Fund for £2,420,000 (70% of the total eligible project cost of £3,479,188); Sunderland City Council are contributing £687,000 plus project management resources in-kind; C-Dent are contributing £150,000; and Play Pathfinder £200,000.

7.4 What other funding alternatives have been considered and why were these not appropriate?

As an associated element to the Barnes Park Project the improvement of the stream within Barnes Park Extension has been considered in both physical and financial terms. Unfortunately funding options such as the Countryside Agency and Natural England no longer have appropriate budgets and the CDent option has already been successfully applied for to support works within Barnes Park.

Unfortunately no further funding options have been identified.

7.5 What are the financial implications for the project should it not receive SIB funding?

The redevelopment of Barnes Park will still go ahead should this project not receive SIB funding support, however, it would be without the benefit of maximising the water source from the Barnes Burn. In this situation the only option to maintain water quality within the Lake will be mechanical. This is sustainable, however, it does not make best use of the limited finances available.

Additionally, residents who use Barnes Park Extension will not have the benefit of the proposed improvements to the stream either visually or in terms of water quality. The opportunity to improve the Barnes Park Extension as a green corridor will be lost.

7.6 When SIB expenditure is complete how do you intend to continue this project?

On receipt of funding from Heritage Lottery, Community and Cultural Services have agreed that there will be no additional management and maintenance costs.

7.7 Provide a profile of projected costs:

Funding Source	2007/08	2008/09	2009/10	Total Cost
SIB:				
Coalfield				
East				
North				
South				
West		£60,000		£60,000

Washington				
Other Sources (please state)				
1)				
2)				
Total Cost:		£60,000		£60,000
7.8 Please provide details of any 'in-kind' funding (e.g. Peppercorn rents), if included within the 'Other Sources' of funding shown above.				
Sunderland City Council will provide project management as an in-kind contribution to this project.				
7.9 Please provide a breakdown of the Total cost to show the main areas of expenditure:				
Please see Appendix 6, Itemised Schedule of Costs and Activities				
7.10 Please provide details of how you will ensure that the procurement and purchasing of services and equipment will be managed in accordance with requirements as detailed in the guidance notes and guidelines. Include any estimates that you have and details of any contractors or suppliers to be used.				
The project is operated in accordance with Sunderland City Council's Procurement Code of Practice				

Section 8: Additional Information

8.1 Please provide any additional information that may be of use in support of your project proposal (Please append additional sheets if required):
Master Plan of Barnes Park. Master Plan Barnes Park Extension – Appendix 7

Section 9: Declaration

I declare that the information provided is correct and accurate and that, should this application be successful, the organisation will agree to the terms and conditions of SIB:
Name:
Helen Peverley
Position in Organisation:
Project and Service Development Manager
Date:
1 September 2008

