# **Project Proposals**

### Holiday Hunger Extensions

Total value £6,000, £1,000 per project/ward

Organisation Name	Plains Farm Youth and Community Centre
Project Title	Barnes Holiday Hunger (Christmas 2020 and
	February 2021)
Ward	Barnes

From Christmas 2020 – February 2021 we will continue to deliver a creative and innovative programme, which will include a range of activities, opportunities and experiences such as sport, leisure, cultural, and health and wellbeing. The activities will focus on combating holiday hunger in the local community in the Barnes Ward.

We will continue to use our current base – Plains Farm Youth and Community Centre along with local parks including Barnes Park. The activities will be designed and delivered in consultation with the children and young people from the Ward. They will be delivered on the days and at the times the children and young people most need it. We will target families on low income where possible but will be open to all.

Over the Christmas period we will provide additional support of a food hamper to those families identified as most in need. We will also offer packed lunches over this period. We will be provide children and young people with Christmas Activity Packs and a selection box.

We will deliver activities during February 2021 half term, 3 days per week for a minimum of 3 hours and provide a nutritious meal. This will support to remove the barriers and stresses that low income families face at holiday times, ensuring young people return to school in a healthy condition, both physically and mentally.

We will ensure that all guidelines and advice is always adhered to and adapt our holiday hunger project delivery in line with current guidance.

Organisation Name	Active Families NE CIC	
Project Title	Activating and Feeding Pallion	
Ward	Pallion	

We will extend the provision of holiday hunger provision targeting those on FSM and those families who have been furloughed, lost hours due to COVID, made redundant or financially impacted as a direct result of this pandemic including families of self - employed.

We will work together to provide activities which will combat anti-social behavior, high levels of inactivity in young people, raise awareness of "Keep Our City clean" and improve community cohesion.

Capitalising on the existing provision and utilising each organisations resources we are confident of delivering an inclusive, extensive and engaging project which will be led by Active Families NE with the full co-operation of Parker Trust and Pallion Action Group The budget will be managed by Active families NE and all monitoring and evaluation will be submitted by this organisation.

We will collate relevant data, produce case studies and share knowledge and lessons learned with others to continue to improve and develop activities in the West of the city.

There will be school holiday provision at one of the organisations sites on a weekly basis for the duration of the project or remotely if in line with Government Guidelines, to enhance this provision we will also link into projects who have received DEFRA Funding or COVID Winter Support

Funding. As well as the 3 organisations working together we will access other provision subject to restrictions, which will enhance and add value to the programme these include STEFs Farm,, Hope Springs, Washington MIND and provision from Sainsburys, Poundland, Morrisons and Kayll Road Library.

Each organisation will compliment and support each other whilst delivering the activities. Utilising dance studios, kitchen areas, gardens, computer suites and other rooms available to maximise provision for young people.

Activities will include dance, yoga, silent disco health and wellbeing sessions including fitness sessions, music workshops, recycling sessions and community clean ups. In addition, we will hold a young people's mental health workshop as this is becoming a significant issue with the young people that engage.

This above is not an extensive list of activities; we will consult with the young people to ensure that we are meeting their needs and providing activities which they both enjoy and is beneficial to their overall learning and personal development. We will also engage with parents/guardians of the young people and look to incorporate sessions which families can undertake together.

During the lifetime of the project we will be working with local traders and supermarkets to source ingredients for cooking sessions and other food items to enable us to provide the young people with nutritional food during the holiday period

Organisation Name	Sandhill ward – holiday hunger	
Project Title	Sandhill ward – holiday hunger extension	
Ward	Sandhill	

Subject to local lockdown restrictions we will run 2 sessions at Grindon YPC & SNCBC over both the Christmas period & February half term, 4 sessions in total.

We will be providing all sessions with activities, both physical & arts & crafts etc. as well as providing free meals at all sessions.

Sessions will be delivered at Grindon Young People's Centre and Thorney Close Action and Enterprise Centre.

In the event of still being in lockdown we will provide activity packs & deliver them to the young children.

Organisation Name	Youth Almighty Project
Project Title	Silksworth Holiday Hunger (Christmas 2020 and
	February 2021)
Ward	Silksworth

From Christmas 2020 – February 2021 we will continue to deliver a creative and innovative programme, which will include a range of activities, opportunities and experiences such as sport, leisure, cultural, and health and wellbeing. The activities will focus on combating holiday hunger in the local community in the Silksworth Ward.

We will continue to use our current base – Silksworth Youth and Community Centre. The activities will be designed and delivered in consultation with the children and young people from the Ward. They will be delivered on the days and at the times the children and young people most need it. We will target families on low income where possible but will be open to all.

Over the Christmas period we will provide additional support of a food hamper to those families identified as most in need. We will also offer packed lunches over this period. We will be providing

children and young people with Christmas Activity Packs and a selection box.

We will deliver activities during February 2021 half term, 3 days per week for a minimum of 3 hours and provide a nutritious meal. This will support to remove the barriers and stresses that low income families face at holiday times, ensuring young people return to school in a healthy condition, both physically and mentally.

We will ensure that all guidelines and advice is always adhered to and adapt our holiday hunger project delivery in line with current guidance.

Organisation Name	Pennywell Community Centre	
Project Title	Holiday Hunger Christmas 2020/2021	
Ward	St Anne's	

We will provide food and activities for families whose children are entitled to free school meals during the Christmas holidays and February Half Tern. This is an extension to the previous holiday hunger programme. With respect to the current Covid-19 pandemic families will be invited to pre book 50- minute slots at the Community Centre with a 10- minute cleaning break between each slot. This will be day- time provision Tuesday and Thursday before and after Christmas and similarly at February Half term. The children will also be given the opportunity of taking activity packs home with them to relieve some of the boredom they are experiencing. Instead of making food for the children we will give each family a pack of food to take home. This will consist of a loaf of bread, tins of beans, chopped pork, tins of ham, margarine, tins of tomato, pasta, bags of potatoes etc. The idea is that rather than taking the risk of providing meals the parents are given the ingredients to make meals for their children at home.

Whilst the families are at the community centre, we will listen to them regarding the problems they are experiencing and where necessary we will sign post them to organisations that can help. We will have a directory of organisations at hand and if required we will use our telephone/internet to contact the various welfare organisations that can offer help.

In terms of the activities we will offer will include trampolining, table tennis street games including hop- scotch, football. Together with a nutritious food and a lot of exercise this should meet the Health Living button.

Organisation Name	Farringdon Youth and Community Centre	
Project Title	St Chads Holiday Hunger (Christmas 2020 and	
	February 2021)	
Ward	St Chad's	

From Christmas 2020 – February 2021 we will continue to deliver a creative and innovative programme, which will include a range of activities, opportunities and experiences such as sport, leisure, cultural, and health and wellbeing. The activities will focus on combating holiday hunger in the local community in the St Chads Ward.

We will continue to use our current base – Farringdon Youth and Community Centre. The activities will be designed and delivered in consultation with the children and young people from the Ward. They will be delivered on the days and at the times the children and young people most need it. We will target families on low income where possible but will be open to all.

Over the Christmas period we will provide additional support of a food hamper to those families identified as most in need. We will also offer packed lunches over this period. We will be providing children and young people with Christmas Activity Packs and a selection box.

We will deliver activities during February 2021 half term, 3 days per week for a minimum of 3 hours

and provide a nutritious meal. This will support to remove the barriers and stresses that low income families face at holiday times, ensuring young people return to school in a healthy condition, both physically and mentally.

We will ensure that all guidelines and advice is always adhered to and adapt our holiday hunger project delivery in line with current guidance.

### West Area Committee Funding Opportunity Improve Access to ICT to reduce Social Isolation Programme Budget £100,000 Length 3 Year

# Introduction and background

The West Area Neighbourhood and Community Board would like to invite local Voluntary and Community Sector (VCS) groups and non-profit making organisations to submit proposals to deliver a West-wide project in local communities which works in collaboration to deliver a Digital Inclusion project to support local organisations, groups and residents to access IT facilities and services. Wards covered by the West Area are Barnes, Pallion, Silksworth, Sandhill, St Anne's and St Chad's.

Only VCS organisations/groups that have a management committee, constitution and bank account with dual signatories can apply. There is an opportunity for local VCS groups with a proven track record in delivering grant funded projects to deliver this project on behalf of the West Area Committee. Applications demonstrating strong collaboration with VCS Network members, partnership working and proposing innovative methods of delivery are encouraged.

# Project

As part of the West Area Committee Priority *Improve access and knowledge of ICT to reduce social isolation.* The Neighborhood and Community Board would like to invite project proposals which complement and work in partnership with existing services and build upon the success of previously delivered Social Isolation projects and Digital Skills projects.

The main focus of the project will be to deliver a West -wide project to increase the level of public access computers, provide support within local centres and to develop the confidence and capacity of residents to gain the necessary skills to use IT and progress into formal and informal learning. The project will also improve awareness by promoting what is available within the community and the wider area in terms of access to training and facilities with access to IT.

It is proposed that the project will assign or appoint a dedicated staff member to deliver the project, working with local organisations to ensure that there is support over a wide geographical spread. The aim is that by the end of the project residents of Sunderland West will be more informed about range of provision in the area, and more enabled and confident to use IT equipment and on-line services. Address the access to ICT equipment for residents, work with partners and businesses to upcycle equipment for use in the community. The project will also ensure progression of individuals by offering 'tapered' support and enabling residents to become self-sufficient.

# The project must: -

- Deliver a coordinated Digital Inclusion project across all wards in the West area
- Be delivered over a period of at least 3 years (commencing April 2021)
- Allocate or appoint a dedicated staff member to deliver the project
- Provide a point of contact for West residents to receive support to get online
- Provide drop in sessions across the West on a regular basis, ensuring partners (social prescribers and the VCS network are aware of timetable)
- Provide support and advice to local organisations who offer public access to computers in the area
- Develop Digital Champions to support local organisations/people

- Involve the local community to ensure the support provided is right for them
- Provide opportunities for residents to access upcycled ICT equipment working with Business to refurbish old equipment or provide a loan scheme of new equipment for a set period. Security and Safeguarding of the equipment must be demonstrated in the application.
- Produce an information database identifying 'free' resources available
- Deliver or facilitate training and guidance in key IT hubs to residents
- Provide the right level of support to residents and ensure progression to other opportunities available to them
- Provide support/training to residents on a wide range of subjects/services including
  - Basics on using a computer or device
  - Using the internet for online shopping, socializing and facebook etc.
  - Improving health e.g. access to GP services online and NHS choices
  - Managing money online
  - Accessing public services online
  - Online completion of forms and applications e.g. Universal Credit
  - Staying safe online

## The projects should contribute to the overall outcomes of:

- Improved confidence amongst residents to use online services
- Increased public access to equipment and support
- Increased awareness of what is available in the area
- Increased availability of IT equipment and support
- Increased skills
- Improving mental health and wellbeing through being connected online

## Budget: £100,000

The maximum Neighbourhood Fund available is £100,000. There will be one successful applicant. Partnership and collaborative projects are welcomed; however, there must be one named lead organisation who will be responsible for the overall delivery.

## Timescale

Opportunity advertised to VCS Network	18 <sup>th</sup> December 2020
Deadline for completed applications	15 <sup>th</sup> January 2021
Scoring panel/appraisal/consultation to take place	w/c 2 <sup>nd</sup> February
Recommendation submitted to Area Committee for decision	March 2021
Project commences	April 2021

## **Next Steps**

Any interested VCS Group should request an application form. These are available by contacting Gilly Stanley, West Area Community Development Lead Email: <u>gilly.stanley@sunderland.gov.uk</u>, who will be happy to answer any questions groups may have about the project