

## Item 3 Annex 2

### North People Board SIB Project Performance

Below is a summary of all SIB funded projects showing how they have performed against their targets up to quarter two 2014/2015 and what they have achieved relevant to the People Board:

Community Action North	Output Target	Output Actual	Progress Indicator	SIB Award	Total Spend to Date	Progress Indicator
Number of people employed in voluntary work	96	62		£70,000	£46,087	
Number of feasibility studies funded	2	0				
Number of events/programmes of work to improve appearance of streets	36	32				
Number of programmes to reduce ASB	6	7				
Number of Community/Voluntary Groups supported	9	11				
<p>The full-time worker attached to the Project left this post in June, with SNCBC through their core team continuing the work of the project, mainly in relation to Downhill Action Group. A Community Fun Day organised by the group took place in August in which staff from SNCBC supported members of the Group to develop a comprehensive events plan and nominated group members took responsibility for delivering specific elements within it. The group has grown in size and a high number of the volunteer members attended Health and Safety and Safeguarding training sessions with SNCBC ahead of the Fun Day to ensure all volunteers were suitably trained. The group are being supported by SNCBC to ensure continued sustainability and are planning a Halloween event and an activity targeted for the elderly.</p> <p>As the full time worker has now left and given the short timescale to the planned end of the project it is proposed to close the project at the end of quarter three to ensure continued support to Downhill Action Group and accept the targets to date achieved within the funding awarded and return the balance to March Area Committee.</p>						

Keep Kids Active	Output Target	Output Actual	Progress Indicator	SIB Award	Total Spend to Date	Progress Indicator
Number of people engaged in healthy lifestyle projects	4,695	4,743		£27,810	£26,478	
No of activities for children and young people being delivered during school holidays	27	27				
Number of people employed in voluntary work	81	99				
<p>This project is now complete.</p> <p>SIB funding was awarded to deliver 27 events at 3 locations; Southwick Primary, Redhouse Academy and Castle View Academy, over a twelve month period during school holidays to engage with children aged 5-11 in a variety of physical activities ranging from football, kwik cricket, dodgeball, basketball, short tennis, badminton, rounders, dance and a variety of fun games. The physical activities delivered by the programme have worked effectively to provide children participating with the awareness and understanding of the importance of being active and has enabled them to experience positive and effective support to increase their movement skills, confidence and social skills. During the 27 courses delivered the project has engaged with 4,743 young people across the 3 local schools in the North, with each event well attended with positive feedback from both children and parents after the camps. Underspend of £1,332 to be returned to December Area Committee.</p>						

Red House Academy Youth Project	Output Target	Output Actual	Progress Indicator	SIB Award	Total Spend to Date	Progress Indicator
Number of additional youth sessions delivered each week	64	64		£46,000	£19,626	
Number of additional young people engaged and participating in youth provision	30	260				
<p>An extension of a further year's delivery was granted to this existing project at Area Committee in June, as the project had exceeded the original output targets and reached the completion date under budget. The extension of the remaining funding will provide a further year delivery and enable the project to work with local voluntary and community sector youth providers to continue youth provision and achieve the aim of the SIB funded project for the lead agent to work with the voluntary and community sector in order to ensure future sustainability and delivery from the RHAY centre after SIB funding has ended.</p> <p>Youth sessions continue to be delivered on a Tuesday and a Friday evening from the RHAY Centre. The young people who attend the Tuesday music workshop take part in song writing, recording, and live performance shows. The Friday night youth drop in continues to be well attended with the young people taking part in various activities including art and crafts, health and advice sessions, and sport. All of the activities are directed at raising their self-esteem and confidence.</p>						

Back on Track, First Steps	Output Target	Output Actual	Progress Indicator	SIB Award	Total Spend to Date	Progress Indicator
Number of young people aged 14-16 years old not in employment, education or training encouraged into further education, Back on Track First Steps Programme and work experience opportunities	15	53		£89,766	£17,550	
Number of additional and young people participating in activities during school holidays	25	5				
Number of young people going into employment, further education or training <b>(Not forecast until quarter 1 2016/2017)</b>	0	0				
Number of people volunteering <b>(Not forecast until quarter 1 2016/2017)</b>	0	0				

The 'Back on Track, First Steps Programme' began delivery with three schools in September, Red House, Monkwearmouth and Castlevew, with Castlegreen opting only for in-house careers delivery.

**Castlevew Academy** – Pupils participating in the programme have attended various half day sessions since September and have been identified as a potential group to take part in Sunderland Council's 'Children Take Over Day' on the 21st November. The group also attended the Stadium of Light on the 19<sup>th</sup> September where they received a Stadium tour and took part in practical sessions, as part of the project.

**Monkwearmouth School** - Over a three week period pupils have attended practical sessions at the Seaburn Centre, but due to timetabling issues and concerns over the impact on their achievement the school have opted for a more Careers guided approach, carried out in-school, which will also include the delivery of an accreditation in Personal And Social Development. Each morning the school hold an Information, Advice & Guidance session for all young people, which can be accessed by the First Steps team, with the possibility of offering after-school activity with Year 10 pupils.

**Redhouse Academy** - Various half day sessions commenced in September involving pupils from the school who are currently working and being supported by the Team within the programme.

**Castlegreen School** – The Team are currently liaising with the school to organise the delivery of in- school activities, to work with the young people and are in the process of setting up a 'Triple P' parenting programme, to work and support the parents of the students taking part in the project.

Due to a crossover of staff during the summer holiday period, only five young people were engaged in activities with the young people attending twenty sessions of the Kicks North Youth Project, based at Seaburn. Plans are in place to deliver further activities during the Spring half term and the Easter holiday period.

A Scheme of theme based work has been developed for the practical aspect of the project and interlinks with targets set during 1-to-1 meetings with the pupils, the needs of the schools and the outcomes of the project. The scheme interlinks employability, personal and team work skills, allowing the young people to develop confidence and self-esteem. The employability activity is flexible with a combination of activities which can be carried either in school or with outside engagement with organisations to identify progression opportunities and inform action plans. The 'North Locality Supporting NEETs Clients' network met in September, with further meeting in October. These meetings have proven invaluable in terms of links for young people into employment, within the North Area and assisted in ensuring a

coordinated approach and avoided duplication in provision to the young people.

Improving Employability of 16 - 25 year olds	Output Target	Output Actual	Progress Indicator	SIB Award	Total Spend to Date	Progress Indicator
Number of people going into employment	22	21		£25,000	£9,375	
Number of young people aged 16-19 years old not in employment, education or training encouraged into further education and	15	18				
Number of people volunteering	5	8				
Number of people on out of work benefits going into employment	15	20				
Number of people receiving job training	15	21				
Number of people accessing improved advice and support	60	235				
<p>Project awarded £25,000 over two year period to increase the employability of 16-25 year olds from across North Sunderland working informally on a one-to-one basis with young people in order to identify their needs and aspirations.</p> <p>Key achievements over the last three months include:</p> <ul style="list-style-type: none"> <li>Working with 100 individual young people, supporting them on a 1-1 basis to ensure that they are meeting the requirements of their individual job plans</li> <li>Working in conjunction with Monkwearmouth Academy with current Year 11 students to begin to build their CV's and assist with their personal statements</li> <li>New connections have been made with Fortitude Training based at North Sands Business Centre, with one young person recently beginning a military preparation course with them</li> <li>Supported people to access a wide variety of support, training and educational opportunities to enhance their career prospects. These include attending college open evenings, attending accredited food hygiene and first aid training, asbestos new operative courses and voluntary work placements.</li> <li>Successfully helped young people achieve employment with Royal Mail, Walker Filtration, Unipres, Home Group, Vantec, Nissan and their supporting production factories.</li> <li>Continuing to build good relationship with Connexions and attending North NEET panels</li> <li>The programme has also been included in the Connexions Directory of Local Opportunities and Training Provision which has been distributed throughout the city to groups working with NEET individuals</li> </ul>						

North Dementia Module	Output Target	Output Actual	Progress Indicator	SIB Award	Total Spend to Date	Progress Indicator
Number of programmes to tackling health inequalities	4	4		£5,750	£920	
Number of people attending training	72	52				
<p>£5,750 SIB funding awarded to develop and deliver a dementia awareness module as part of the Health Champion Programme which will be open to anyone living, working or volunteering in the North locality and would be administrated through the Health Champion Programme and completed through either a workshop or e-learning programme.</p> <p>Since the programme commenced in June, five Dementia courses have been delivered across the North with 63 attendees since the programme commenced. Of the people who did attend, some participants were already on the health champion database and some were new to the Health Champion programme. The overall results from sessions delivered have been very postive, demonstrating an increase in learner knowledge, competence and confidence following the course.</p> <p>Key Findings from the sessions are:</p> <ul style="list-style-type: none"> <li>100% of participants said that they would recommend the Health Champions Dementia Awareness course to a friend</li> <li>Attendees confidence levels in signposting people to different services within their local area grew by over 75%</li> <li>Participant knowledge and awareness of dementia more than doubled after completion of the course</li> <li>Learners reported feeling twice as competent to support people living with dementia as they did prior to the training</li> </ul>						

Addressing Social Isolation (Call For Projects)	Output Target	Output Actual	Progress Indicator	SIB Award	Total Spend to Date	Progress Indicator
Number of groups supported to deliver Social Isolation Projects	4	3		£30,000	£25,020	

£30,000 SIB awarded to support the delivery of services and activities to address social isolation across the North.

**Projects approved:**

**CEED** - awarded £4,470 to deliver the 'Wellbeing Together' programme of events with a range of wellbeing sessions delivered by HOPS Wellbeing Service and Horticulture sessions, delivered by CEED. A launch event was held on the 9<sup>th</sup> September in the Sensory Garden at Roker Park where 35 people attended and from those 17 enrolled on the programme. The event gave people the opportunity to learn more about the sessions, try some planting, enjoy a short massage and a group mediation session. Currently there are 42 people attending the different activities including meditation class, Tai Chi for beginners, singing for Health and gardening for health.

**Age Uk Sunderland** - awarded £2,050 to deliver 3 events as part of 'Promoting Friendships in North Sunderland'. The first activity was the production and circulation of an older people's newsletter with information on services from across the North. 3,000 are now in circulation with copies given to key community venues in the North. To further promote the newsletter Age Uk are currently working with the North CCG locality group by attending a series of Flu Jab Clinics, to circulate the newsletters and promote all the support available in the local area. The second activity, a 'Friendship Event' consisting of afternoon tea and befriending service was held on 20<sup>th</sup> August in which 37 guests attended. The third activity 'Bring a friend volunteer' designed for volunteers living and working across the North will be held on 29<sup>th</sup> October and it is hoped that the event will encourage more volunteers and new friendships amongst existing volunteers in the North area.

**Salvation Army** - awarded £4,000 to work in partnership with various partners to identify and engage with individuals who are at risk of social isolation and once identified, invited along to different activities at Austin House. The centre has seen an increase in people attending various activities offered at the centre with 18 new people taking part in the CAMEO Club (Over 60's) befriending sessions, 43 individuals have used the centre's community transport to access services at Austin House, 4 older people have used the ICT Suite for learning and socialising, 50 individuals are attending other activities aimed at preventing social isolation for older people and the community café 'Daily Bread' have provided 127 additional meals in just one week.

**Groundwork North East** – awarded £4,500 to support older people across the North by introducing them to 'Active Green Living activities' and using local amenities such as the coast, local allotments and green spaces to deliver the project. The start of the project was initially delayed due to staff shortages. Recruitment has now taken place and the new member of staff has taken up her post, has been briefed and set key tasks to get the project started, which is anticipated to be shortly.

Further funding of £2,500 awarded to each of the following Community Associations Castletown CA, Redby CA, Thompson Park CA and Redby CA to support revenue costs of the Community Association in order to deliver services and activities which address social isolation.

The remaining funding from the overall award will be utilised to fund trips, events and activities which will help address social isolation for communities across the North.