

RESPONSE FROM CABINET – 22 JUNE 2011

POLICY REVIEWS – MALNUTRITION AND DEHYDRATION IN HOSPITAL, AND HEALTH OF THE EX-SERVICE COMMUNITY

JOINT REPORT OF THE EXECUTIVE DIRECTOR OF HEALTH, HOUSING AND ADULT SERVICES AND THE PORTFOLIO HOLDER FOR HEALTHY CITY

1. Purpose of the Report

- 1.1 The purpose of this report is to provide feedback from the Cabinet meeting held on 22 June 2011, which considered the Health and Wellbeing Scrutiny Committee's Policy Review Final Reports into Malnutrition and Dehydration in Hospitals and the regional policy review of the Health of the Ex-Service Community.

2. Background Information

- 2.1 On 22 June 2011, Cabinet considered the Final Reports of the Health and Wellbeing Scrutiny Committee into Malnutrition and Dehydration in Hospitals and Health of the Health of the Ex-Service Community. This report provides feedback from the Portfolio Holder following the Cabinet's consideration of the recommendations.
- 2.2 The outcomes of the investigation into Malnutrition and Dehydration in Hospitals conducted by the Health and Wellbeing Scrutiny Committee are the responsibility of City Hospitals Sunderland however; all of the recommendations were endorsed by Cabinet and the report is within the service area covered by the Healthy City Portfolio Holder.
- 2.3 Following on from this report, progress towards completion of the actions will be monitored through an Action Plan, with standardised six monthly monitoring reports to be presented to the Committee.

3. Response from Cabinet to the Policy Review

- 3.1 Following consideration of the Final Reports, Cabinet approved the recommendations in their entirety. Details of each recommendation and proposed actions to be taken following approval by Cabinet are provided in the **Appendix A** Malnutrition and Dehydration in Hospitals **Appendix B** Health of the Ex-Service Community.

4. Recommendations

- 4.1 That Members note the proposed actions detailed within the Action Plans, appended to this report and seek clarification on its content where felt appropriate.

5. Background Papers

5.1 Cabinet Agenda, 22nd June 2011

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Appendix A

Health and Wellbeing Scrutiny Committee Malnutrition in Hospitals Policy Review Recommendations 2010/11

Ref	Recommendation	Action	Owner	Due Date	Progress Commentary
1.	The Trust should review roles and responsibilities to enhance patient choice which includes the role for volunteers and the role of the catering department;	Extend Housekeeper Service and present options including cost and benefits to patients Ward presence by catering manager/supervisors - Ensure a formal schedule of ward visits is established with evidence of feedback from each visit with follow up action plans	City Hospitals Sunderland	August 2011 Completed	
2.	To ensure rigorous monitoring the Board should analyse data on: <ul style="list-style-type: none"> - The number of patients identified as malnourished or at risk of malnourishment - The compliance rate with MUST - Targets to be set for improvement in compliance with screening - Actioning of MUST scores 	Monthly catering reports - Report to Nutritional Steering Group, highlighting follow up actions completed or outstanding	City Hospitals Sunderland	Completed	
3.	To support an approach of consistent best practice, the Trust should consider the use of all available communication tools for the promotion of nutrition for example, newsletters, bulletin boards, and internet to keep this as a priority in the minds of everyone		City Hospitals Sunderland		

	all of the time, similar to the 'Wash Your Hands' campaign;				
4.	The Trust should aim to achieve consistency so that patient choice is delivered with access to a menu, easier access to appropriate versions of the menu, and consistent delivery of alternative menu choices;	<p>Menus displayed at all ward entrances</p> <p>Menus available at all bedsides</p> <p>Menu on 'Hospedia'</p> <p>Meal Ordering Pilot</p> <p>Electronic meal ordering - evaluation of options to be presented to Nutritional Steering Group</p>	City Hospitals Sunderland	<p>Completed</p> <p>Completed</p> <p>July 2011</p> <p>July 2011</p> <p>August 2011</p>	
5.	To enhance the eating environment and opportunities for patients to control their enjoyment of a meal, the Trust should consider the use of designated dining areas away from the bed where the physical layout allows this;		City Hospitals Sunderland		

6.	<p>To enhance the quality of food the following options should be consistently applied and communicated to patients:</p> <ul style="list-style-type: none"> - A range of common condiments and sauces should be available either routinely or on request - Portion sizes should be offered to patients in small, medium and large sizes - Milky drinks should be offered to patients in the evenings - Handy snack boxes of pre-packaged fruit, cheese, biscuits should be readily available to patients; and 	<p>New beverage trolley - maximise opportunities to offer increased range of choice of beverages and lite bite items from trolley. Ensure full training and consultation, with established standard operational procedures</p> <p>Food Choices - Develop lite bite offering in line with new beverage trolley</p>	City Hospitals Sunderland	<p>August 2011</p> <p>August 2011</p>	
7.	<p>To further enhance assistance to patients a red tray system should be provided to ensure a link between a patient needing assistance and an uneaten meal left on the plate.</p>		City Hospitals Sunderland		