

## Application 1

Project Details	
Applicant	SCC Highways Services
Project Title	Highway Improvements
Project Overview (max. 50 words)	Burnway resurfacing Washington West
Total Project Cost	£13,750
Match Funding	£3,750
Total NF Requested	£10,000
Project Start Date	1 July 2024
Project End Date	1 March 2025
Where will the project be based/delivered from?	Albany - West ward

**ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS**

Project Description
The project will provide resurfacing to part of the road at Burnway, Albany (no.s 13 - 40). This work will be undertaken by SCC Highways Operations Team. It will prevent further deterioration of road surface and reduce future maintenance costs. Once funding is secured, the works will be scheduled into the current programme, in line with other works in the area. Once an agreed date has been confirmed the works will take 2 days to complete.

FUNDING BUDGET	
	Overall Totals
Budget Heading/Item	NF
Highways resurfacing	£ 10000
	<b>NF Funding Total</b> £ 10000
<b>Notes</b>	

Outputs		
		Overall Target
CODE	Healthy Smart City Outputs	
208	amount of highway, cycle, pathways, greenspace improved by area (m2)	<b>665m2</b>

**Recommendation – Approve**

Recommend Approval of this project, which delivers to the Washington Area Vibrant Smart City Priority – Road Safety

## Application 2

The following applications were submissions for Positive Activities for Young People Call for Projects and are for Area Committee to consider approval.

Project Details	
<b>Applicant</b>	Minerva Arts & Wellbeing
<b>Project Title</b>	Innovation, creativity, engagement and fun: young people's activity programme in <b>Washington Central</b>
<b>Project Overview (max. 50 words)</b>	We propose to deliver 19 sessions between July 2024 and 1st June 2025, offering a range of exciting, hands-on arts and creative activities. These activities are crafted to enhance children's learning and foster broader functional skills, complemented by a healthy snack provided during each session.
<b>Total Project Cost</b>	£8500
<b>Match Funding</b>	£nil
<b>Total NF Requested</b>	£8500
<b>Project Start Date</b>	1 July 2024
<b>Project End Date</b>	1 June 2025
<b>Where will the project be based/delivered from?</b>	Columbia CA

### **ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS**

Project Description
<p>Our project aims to provide enriching and educational activities for children living in the Washington Central area. These activities are designed to develop functional maths, English, arts and digital skills (such as weighing, measuring, writing, and using our iPads/tablets), and enhance confidence, social skills, and inclusivity. We have delivered similar projects in other areas of Sunderland over recent years to great impact, and have been successful through these projects in applying for and securing match funding to provide even more activity and added value to complement the funded provision. If successful in our application we would apply the same approach to this project, hopefully securing additional funding to enable us to deliver even more sessions as part of this programme, increasing the scale of the project with support from match funding if we are able to secure it.</p> <p>We will provide 19 sessions running until 30th May 2025:</p> <ol style="list-style-type: none"> <li>1. Ceramic Money Box: Participants in this activity will have the opportunity to craft their own ceramic money boxes, where they will learn immersive basic pottery skills and experience the mindful and wellbeing benefits of working with clay. Emphasis will be placed on creativity and craftsmanship, allowing children to express themselves</li> </ol>

artistically while gaining hands-on creative experience with clay. This activity will also serve as a platform to inspire discussions around basic budgeting and saving pocket money. It introduces important financial literacy concepts in a fun and accessible manner.

2. Ceramics Decorative Pinch Pots: Children will engage in creating decorative pinch pots using clay. Throughout this activity, participants will explore various shapes and textures, acquiring fundamental pottery techniques along the way.

3. Ceramics Fairy/Elf Door or Door Plaque: Participants will delve into the world of fantasy by designing and sculpting miniature fairy or elf doors using ceramic materials. This activity encourages imagination and storytelling, inviting children to bring magical characters to life through their creations.

4. Ceramic Christmas Baubles: During this festive activity, participants will mould and decorate ceramic baubles to use as holiday decorations. Children will have the opportunity to use paints, glazes, and embellishments to personalise their ornaments, adding a unique touch to their festive celebrations.

5. Ceramics Easter Bunny: Children will sculpt and paint ceramic Easter bunny figurines, embracing Easter themes and fostering creativity. This activity allows participants to create adorable decorations that capture the spirit of Easter.

6. Ceramic Pumpkin/Ghost: Participants will explore the Halloween spirit by moulding and sculpting clay into pumpkin or ghost shapes. Using carving tools or textures, participants will enhance their creations, making them perfect for Halloween decorations and imaginative play.

7. Fused Glass Coaster: Participants will design and assemble fused glass coasters, learning about glass compatibility and firing processes. Each coaster will serve as a functional piece of art, showcasing the participants' creativity in glass crafting.

8. Halloween Glass Jar Painting: Children will unleash their creativity by painting glass jars with spooky or whimsical Halloween designs. This activity allows participants to use glass paints or markers to create unique lanterns that add a creative touch to Halloween decorations.

9. Glass Christmas Bauble: Participants will decorate glass baubles with festive colours and patterns, honing their glass painting skills. Each child will create personalised decorations to adorn their Christmas tree during the holiday season.

10. Glass Easter Egg Bauble: Participants will design and decorate glass eggs with spring themes, embracing Easter colours and designs. These glass baubles will add a special touch to Easter celebrations, showcasing the participants' artistic flair.

11. Glass Tac Fused Tea Light Holder: Children will explore tack-fusing techniques to create stylish tea light holders using glass. Through this activity, participants will experiment with different textures and colours, resulting in functional and decorative pieces.

12. Batik Tie Dye T-Shirt: Participants will unleash their creativity by using tie-dye methods to create unique patterns on t-shirts. They will explore various colour combinations and techniques, allowing them to express themselves through wearable art.

13. Batik Tote Bags: Participants will design and dye tote bags with batik patterns using wax-resist methods. Each child will create a personalised tote bag that reflects their artistic vision and creativity.

14. Batik Rainbow Design Items: Children will experiment with vibrant colours and patterns to create rainbow-themed batik designs on various items. This activity encourages artistic exploration and colour blending, fostering creativity and expression.

15. Fragrances - Plain Soaps: Participants will learn basic soap-making techniques to create scented plain soaps. Each child will have the opportunity to customise their soap, gaining hands-on experience in fragrance and soap crafting.

16. Fragrances - Exfoliating Soaps: Participants will create exfoliating soaps with added textures and scents, exploring different exfoliants and fragrances. This activity promotes creativity and provides insight into soap making.

17. Fragrances - Candle Making: Children will dive into the art of candle making, customising fragrances and creating unique candles. Through melting wax, adding scents, and pouring into moulds, participants will craft their own candles to take home and enjoy.

18. Creating homemade bird feeders: To actively contribute to bird welfare, we will craft homemade bird feeders using lard balls and seeds. This hands-on activity allows participants to create nourishing treats for the birds, which they can later place in their gardens or local green spaces to provide vital sustenance.

19. Making lolly birdhouses: In addition to bird feeders, we will engage in a creative project by making lolly birdhouses. These miniature bird shelters, crafted from simple materials like lollipop sticks and glue, offer a fun and artistic way to contribute to bird conservation while learning about the needs of our feathered friends.

We would recommend that the Batik, Fragrance and Glass workshops are more tailored towards KS2 participants.

In terms of overall outcomes, the children will develop self-confidence, inter-personal, social and functional skills and they will make friends. Where possible, we will include time in local green space to encourage young people to be more active, have an improved knowledge of their community green space and be more motivated to get out into the fresh air, supporting active healthy lifestyles and helping to combat childhood obesity.

We will work with the team at Columbia Village Community Venue as well as engage the local community to ascertain the best times and days to run this project. Tailoring the schedule to best fits the needs of the community.

We will include a healthy snack each session, and we will engage with 130 individual children in total through this project, split into two groups - 4-7 year olds (reception / KS1) and 8-11 year olds (KS2). We will work with 10 children each session, please note some children may attend more than one session. We will provide 2 fully DBS-checked tutors each week and 1 will be a trained first aider.

Outputs		
		Overall Target
CODE	Healthy Smart City Outputs	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	19
205	number of NEW children and young people benefiting from this project	130
206	number of individual children and young people benefiting from this project- footfall	130

### Application 3

Project Details	
<b>Applicant</b>	Minerva Arts & Wellbeing
<b>Project Title</b>	Innovation, creativity, engagement and fun: young people's activity programme in <b>Washington South</b>
<b>Project Overview (max. 50 words)</b>	We propose to deliver 19 sessions between July 2024 and 1st June 2025, offering a range of exciting, hands-on arts and creative activities. These activities are crafted to enhance children's learning and foster broader functional skills, complemented by a healthy snack provided during each session.
<b>Total Project Cost</b>	£8500
<b>Match Funding</b>	£nil
<b>Total NF Requested</b>	£8500
<b>Project Start Date</b>	1 July 2024
<b>Project End Date</b>	1 June 2025
<b>Where will the project be based/delivered from?</b>	Oxclose Church

### **ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS**

Project Description
<p>Our project aims to provide enriching and educational activities for children living in the <b>Washington South</b> area. These activities are designed to develop functional maths, English, arts and digital skills (such as weighing, measuring, writing, and using our iPads/tablets), and enhance confidence, social skills, and inclusivity. We have delivered similar projects in other areas of Sunderland over recent years to great impact, and have been successful through these projects in applying for and securing match funding to provide even more activity and added value to complement the funded provision. If successful in our application we would apply the same approach to this project, hopefully securing additional funding to enable us to deliver even more sessions as part of this programme, increasing the scale of the project with support from match funding if we are able to secure it.</p> <p>We will provide 19 sessions running until 30th May 2025:</p>

1. Ceramic Money Box: Participants in this activity will have the opportunity to craft their own ceramic money boxes, where they will learn immersive basic pottery skills and experience the mindful and wellbeing benefits of working with clay. Emphasis will be placed on creativity and craftsmanship, allowing children to express themselves artistically while gaining hands-on creative experience with clay. This activity will also serve as a platform to inspire discussions around basic budgeting and saving pocket money. It introduces important financial literacy concepts in a fun and accessible manner.
2. Ceramics Decorative Pinch Pots: Children will engage in creating decorative pinch pots using clay. Throughout this activity, participants will explore various shapes and textures, acquiring fundamental pottery techniques along the way.
3. Ceramics Fairy/Elf Door or Door Plaque: Participants will delve into the world of fantasy by designing and sculpting miniature fairy or elf doors using ceramic materials. This activity encourages imagination and storytelling, inviting children to bring magical characters to life through their creations.
4. Ceramic Christmas Baubles: During this festive activity, participants will mould and decorate ceramic baubles to use as holiday decorations. Children will have the opportunity to use paints, glazes, and embellishments to personalise their ornaments, adding a unique touch to their festive celebrations.
5. Ceramics Easter Bunny: Children will sculpt and paint ceramic Easter bunny figurines, embracing Easter themes and fostering creativity. This activity allows participants to create adorable decorations that capture the spirit of Easter.
6. Ceramic Pumpkin/Ghost: Participants will explore the Halloween spirit by moulding and sculpting clay into pumpkin or ghost shapes. Using carving tools or textures, participants will enhance their creations, making them perfect for Halloween decorations and imaginative play.
7. Fused Glass Coaster: Participants will design and assemble fused glass coasters, learning about glass compatibility and firing processes. Each coaster will serve as a functional piece of art, showcasing the participants' creativity in glass crafting.
8. Halloween Glass Jar Painting: Children will unleash their creativity by painting glass jars with spooky or whimsical Halloween designs. This activity allows participants to use glass paints or markers to create unique lanterns that add a creative touch to Halloween decorations.
9. Glass Christmas Bauble: Participants will decorate glass baubles with festive colours and patterns, honing their glass painting skills. Each child will create personalised decorations to adorn their Christmas tree during the holiday season.
10. Glass Easter Egg Bauble: Participants will design and decorate glass eggs with spring themes, embracing Easter colours and designs. These glass baubles will add a special touch to Easter celebrations, showcasing the participants' artistic flair.
11. Glass Tac Fused Tea Light Holder: Children will explore tack-fusing techniques to create stylish tea light holders using glass. Through this activity, participants will experiment with different textures and colours, resulting in functional and decorative pieces.
12. Batik Tie Dye T-Shirt: Participants will unleash their creativity by using tie-dye methods to create unique patterns on t-shirts. They will explore various colour combinations and techniques, allowing them to express themselves through wearable art.

<b>Outputs</b>		
		Overall Target
<b>CODE</b>	<b>Healthy Smart City Outputs</b>	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	<b>19</b>
205	number of NEW children and young people benefiting from this project	<b>130</b>
206	number of individual children and young people benefiting from this project- footfall	<b>130</b>

#### Application 4

<b>Project Details</b>	
<b>Applicant</b>	Minerva Arts & Wellbeing
<b>Project Title</b>	Innovation, creativity, engagement and fun: young people's activity programme in <b>Washington West</b>
<b>Project Overview (max. 50 words)</b>	We propose to deliver 19 sessions between July 2024 and 1st June 2025, offering a range of exciting, hands-on arts and creative activities. These activities are crafted to enhance children's learning and foster broader functional skills, complemented by a healthy snack provided during each session.
<b>Total Project Cost</b>	£8500
<b>Match Funding</b>	£nil
<b>Total NF Requested</b>	£8500
<b>Project Start Date</b>	1 July 2024
<b>Project End Date</b>	1 June 2025
<b>Where will the project be based/delivered from?</b>	Springwell Village Community Venue

## ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS

### Project Description

Our project aims to provide enriching and educational activities for children living in the **Washington West area**. These activities are designed to develop functional maths, English, arts and digital skills (such as weighing, measuring, writing, and using our iPads/tablets), and enhance confidence, social skills, and inclusivity. We have delivered similar projects in other areas of Sunderland over recent years to great impact, and have been successful through these projects in applying for and securing match funding to provide even more activity and added value to complement the funded provision. If successful in our application we would apply the same approach to this project, hopefully securing additional funding to enable us to deliver even more sessions as part of this programme, increasing the scale of the project with support from match funding if we are able to secure it.

We will provide 19 sessions running until 30th May 2025:

1. **Ceramic Money Box:** Participants in this activity will have the opportunity to craft their own ceramic money boxes, where they will learn immersive basic pottery skills and experience the mindful and wellbeing benefits of working with clay. Emphasis will be placed on creativity and craftsmanship, allowing children to express themselves artistically while gaining hands-on creative experience with clay. This activity will also serve as a platform to inspire discussions around basic budgeting and saving pocket money. It introduces important financial literacy concepts in a fun and accessible manner.
2. **Ceramics Decorative Pinch Pots:** Children will engage in creating decorative pinch pots using clay. Throughout this activity, participants will explore various shapes and textures, acquiring fundamental pottery techniques along the way.
3. **Ceramics Fairy/Elf Door or Door Plaque:** Participants will delve into the world of fantasy by designing and sculpting miniature fairy or elf doors using ceramic materials. This activity encourages imagination and storytelling, inviting children to bring magical characters to life through their creations.
4. **Ceramic Christmas Baubles:** During this festive activity, participants will mould and decorate ceramic baubles to use as holiday decorations. Children will have the opportunity to use paints, glazes, and embellishments to personalise their ornaments, adding a unique touch to their festive celebrations.
5. **Ceramics Easter Bunny:** Children will sculpt and paint ceramic Easter bunny figurines, embracing Easter themes and fostering creativity. This activity allows participants to create adorable decorations that capture the spirit of Easter.
6. **Ceramic Pumpkin/Ghost:** Participants will explore the Halloween spirit by moulding and sculpting clay into pumpkin or ghost shapes. Using carving tools or textures, participants will enhance their creations, making them perfect for Halloween decorations and imaginative play.
7. **Fused Glass Coaster:** Participants will design and assemble fused glass coasters, learning about glass compatibility and firing processes. Each coaster will serve as a functional piece of art, showcasing the participants' creativity in glass crafting.
8. **Halloween Glass Jar Painting:** Children will unleash their creativity by painting glass jars with spooky or whimsical Halloween designs. This activity allows participants to use glass paints or markers to create unique lanterns that add a creative touch to Halloween decorations.



9. Glass Christmas Bauble: Participants will decorate glass baubles with festive colours and patterns, honing their glass painting skills. Each child will create personalised decorations to adorn their Christmas tree during the holiday season.
10. Glass Easter Egg Bauble: Participants will design and decorate glass eggs with spring themes, embracing Easter colours and designs. These glass baubles will add a special touch to Easter celebrations, showcasing the participants' artistic flair.
11. Glass Tac Fused Tea Light Holder: Children will explore tack-fusing techniques to create stylish tea light holders using glass. Through this activity, participants will experiment with different textures and colours, resulting in functional and decorative pieces.
12. Batik Tie Dye T-Shirt: Participants will unleash their creativity by using tie-dye methods to create unique patterns on t-shirts. They will explore various colour combinations and techniques, allowing them to express themselves through wearable art.
13. Batik Tote Bags: Participants will design and dye tote bags with batik patterns using wax-resist methods. Each child will create a personalised tote bag that reflects their artistic vision and creativity.
14. Batik Rainbow Design Items: Children will experiment with vibrant colours and patterns to create rainbow-themed batik designs on various items. This activity encourages artistic exploration and colour blending, fostering creativity and expression.
15. Fragrances - Plain Soaps: Participants will learn basic soap-making techniques to create scented plain soaps. Each child will have the opportunity to customise their soap, gaining hands-on experience in fragrance and soap crafting.
16. Fragrances - Exfoliating Soaps: Participants will create exfoliating soaps with added textures and scents, exploring different exfoliants and fragrances. This activity promotes creativity and provides insight into soap making.
17. Fragrances - Candle Making: Children will dive into the art of candle making, customising fragrances and creating unique candles. Through melting wax, adding scents, and pouring into moulds, participants will craft their own candles to take home and enjoy.
18. Creating homemade bird feeders: To actively contribute to bird welfare, we will craft homemade bird feeders using lard balls and seeds. This hands-on activity allows participants to create nourishing treats for the birds, which they can later place in their gardens or local green spaces to provide vital sustenance.
19. Making lolly birdhouses: In addition to bird feeders, we will engage in a creative project by making lolly birdhouses. These miniature bird shelters, crafted from simple materials like lollipop sticks and glue, offer a fun and artistic way to contribute to bird conservation while learning about the needs of our feathered friends.

We would recommend that the Batik, Fragrance and Glass workshops are more tailored towards KS2 participants.

In terms of overall outcomes, the children will develop self-confidence, inter-personal, social and functional skills and they will make friends. Where possible, we will include time in local green space to encourage young people to be more active, have an improved knowledge of their community green space and be more motivated to get out into the fresh air, supporting active healthy lifestyles and helping to combat childhood obesity.

We will work with the team at the Springwell Village Community Venue as well as engage the local community to ascertain the best times and days to run this project.

Tailoring the schedule to best fits the needs of the community.

We will include a healthy snack each session, and we will engage with 130 individual children in total through this project, split into two groups - 4-7 year olds (reception / KS1) and 8-11 year olds (KS2). We will work with 10 children each session, please note some children may attend more than one session. We will provide 2 fully DBS-checked tutors each week and 1 will be a trained first aider.

<b>CODE</b>	<b>Healthy Smart City Outputs</b>	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	<b>19</b>
205	number of NEW children and young people benefiting from this project	<b>130</b>
206	number of individual children and young people benefiting from this project- footfall	<b>130</b>

### Application 5

<b>Project Details</b>	
<b>Applicant</b>	Building Blocks Day Centre
<b>Project Title</b>	Growing Children's Skills, Creativity and Knowledge
<b>Project Overview (max. 50 words)</b>	We will support children in Washington with additional and well-being needs to explore their creativity, develop new and existing skills and provide opportunities to culturally enriching opportunities.
<b>Total Project Cost</b>	£11800
<b>Match Funding</b>	£1800
<b>Total NF Requested</b>	£10000
<b>Project Start Date</b>	31 July 2024
<b>Project End Date</b>	30 May 2025
<b>Where will the project be based/delivered from?</b>	Building Blocks Day Centre with x4 off-site trips

## **ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS**

### **Project Description**

We want to enrich the lives of children with additional and well-being needs, so we are proposing to deliver a project made up of a series of arts and crafts activities designed to enhance their skills and champion a sense of belonging. This project will see us working with 20 children each quarter, providing children with opportunities for hands-on creative and memorable experiences. In total, we will deliver 40 sessions and work with 80 children. Sessions will be three hours in length and we will work with children in full disabled accessible learning spaces at our venue - Building Blocks Day Centre CIC. We have carefully thought about how we want to engage with children with additional needs so our craft activities have been carefully chosen to ignite imagination, develop skills and encourage mental health positivity. We have chosen craft favourites such as painting and clay modelling to more specialised techniques such as glass making and fabric painting, with each session offering a unique opportunity for children to explore their creativity and build confidence in their abilities. To promote inclusivity, we are committed to ensuring that every child feels seen, heard and valued. By specifically targeting children with additional needs, we aim to bridge the gap in access and opportunities to activities by providing a platform for personal growth and development. Through the creative process, we hope to empower the children to express themselves freely and discover their unique talents. The structure of our project is designed to maximise engagement and enjoyment. Over the course of five sessions, children will delve into a variety of craft activities, honing their skills and exploring their creativity. These sessions will serve as a foundation for children's creativity and at the end of the five sessions, children will take part in one of four exciting external trips. The external trips include Finchale Abbey, Sunderland Air Museum and Tanfield Railway. We have chosen these four venues as we believe it will bolster children's knowledge of local history, culture and creativity. Furthermore, we think it is important that we help to facilitate children engaging in cultural opportunities as not all families can afford for children to experience these experiences. We do not believe children should face cultural and social barriers due to factors out of their control. Snacks and drinks will be provided during sessions to ensure that children are fed and have the energy they need to embark on their creative endeavours. Transportation to and from external trips will be facilitated through our partnership with ELCAP, ensuring accessibility for all participants. Due to varying factors that affects many children's accessibility into creative opportunities has led us to be flexible in our approach to reaching those in need, which is why sessions will be scheduled on weekends, school holidays and midweek after school sessions. This ensures that we can accommodate diverse schedules and cater to the needs of those who may otherwise struggle to access our services. By offering multiple opportunities for engagement, we hope to reach as many children as possible and make a meaningful impact on their lives.

An example of the list of activities children will engage with are as follows -

- Watercolour painting
- Ceramics
- Glass Making
- Papier-mache
- Mandala Stone Painting
- Fabric Painting

TieDye  
Cross Stitch.

CODE	Healthy Smart City Outputs	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	40
205	number of NEW children and young people benefiting from this project	80
206	number of individual children and young people benefiting from this project- footfall	80

### Application 6

Project Details	
<b>Applicant</b>	Sunderland Culture
<b>Project Title</b>	Creative You
<b>Project Overview (max. 50 words)</b>	The project will support delivery of Creative You, a free to access programme of regular creative workshops for young people aged 11-19. Delivered from Arts Centre Washington, it will support three regular groups and holiday activities for young people from Washington.
<b>Total Project Cost</b>	£ 10000
<b>Match Funding</b>	£nil
<b>Total NF Requested</b>	£10000
<b>Project Start Date</b>	1 August 2024
<b>Project End Date</b>	28 May 2025
<b>Where will the project be based/delivered from?</b>	Washington Arts Centre

### ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS

Project Description
Creative You has provided high quality arts workshops for young people in Washington over the last two years, thanks to funding from Washington Area Committee. Over the

course of the project, we have engaged 984 young people. The current project funding expires in June and the offer for young people will cease.

With this new funding opportunity, we wish to launch a new phase of the Creative You offer. This will deliver three regular creative groups, offering young people aged 11 - 19 continued access to high-quality free arts workshops, alongside a school holiday programme, giving young people the opportunity to try new art forms, develop their skills and have their voices heard. The holiday programme will engage new participants and provide more opportunities for participation.

We will deliver three regular groups:

Washington Young Film Makers (School term time, fortnightly, free to access, 2-hour workshops). Open to young people aged 11 – 19 years old. The group will explore the craft of filmmaking, including scriptwriting, editing and producing film for screen.

Bright Lights Young Artists Collective (School term time, fortnightly, free to access, 2-hour workshops.) Open to young people aged 11-19 years old. Working with a series of guest artists, young people will be encouraged to develop their own artistic style and practice through creative workshops, share ideas with likeminded young people, meet and interview local professional artists and be inspired by their work and our exhibitions and programme.

Teenage Craft Club (School term time, fortnightly free to access, 2-hour workshops). Open to young people aged 11 – 19 years old. A group for young people to meet, learn and create. Learning craft skills with a variety of guest artists and makers. The crafters will have the chance to sell their work at the arts centre's craft fairs and hear from other local makers.

The project will also deliver:

School Holiday Workshops: (2 x 3 day, free to access holiday programme) Open to young people aged 11 – 19 years old. Alongside the regular groups we will deliver school holiday activities, during the October half term and Easter holidays. Example programme is a 3-day film holiday school to create a new short film or working with a local artist to create a mural. We have identified a need for this activity from feedback we have received from previous projects.

All groups will be celebrated at Arts Centre Washington's Bright Light Youth Arts Festival 2025 and will create work to be featured during the festival.

We have had proven success delivering engaging programmes for young people. Over the course of the last two years during the previous Creative You project:

- Washington Young Film Makers have produced 8 short films, been selected for Sunderland Shorts Film Festival and organised their own screening event.
- Bright Light Young Artists Collective had work exhibited in the Bright Lights Youth Arts exhibition, visited local galleries and created Illustration to be included in a publication created for Washington 60
- We have worked with young people from a diverse range of backgrounds including neurodivergent and home-educated young people.

We wish to build upon these experiences giving young people the opportunity to develop, build their aspirations and find out more about how arts can be part of their lives in the future.

We would continue working with local partners to ensure that young people are getting the best possible experiences and opportunities from taking part in the project. We have established partnerships working in film with Sunderland Shorts Film Festival, Animex Film Festival and have worked with Netflix and the National Association of Youth Theatres. Our Visual Arts partners include Northern Gallery for Contemporary Art, National Glass Centre, Breeze Creatives and Sunderland Museum and Winter Gardens. We also have strong existing connections to all Washington Secondary Schools and Washington Mind.

We have seen the impact of taking part in Creative You for young people:

“I used to be scared of speaking in front of, like, more than two people that I know, and now I’m comfortable with speaking to a larger group of people that I haven’t spoken to before. I definitely feel more confident in a lot of different things. Yeah, it’s made my dream even stronger.”

Creative You Participant

We strongly believe that participation in the arts encourages self-expression, builds confidence, and cultivates valuable skills providing young people with a creative outlet, promoting community engagement, and nurturing a culture of creativity and innovation.

Continuing the Creative You provision will provide a unique opportunity for Young People in Washington to grow, learn and develop - working with professional artists and connecting with other existing cultural provisions in the city and beyond.

This funding will provide a foundation on which to seek additional funding to sustain and expand the scope of the Creative You programme to include more regular free to access creative arts sessions for young people in Washington.

<b>CODE</b>	<b>Healthy Smart City Outputs</b>	
205	number of NEW children and young people benefiting from this project	<b>80</b>
206	number of individual children and young people benefiting from this project- footfall	<b>80</b>
<b>CODE</b>	<b>Vibrant Smart City Outputs</b>	
309	number of cultural, heritage and community events supported and delivered	<b>2</b>
310	number of visitors footfall at neighbourhood events	<b>4000</b>

## Application 7

Project Details	
<b>Applicant</b>	Oxclose District Young Peoples Project
<b>Project Title</b>	Washington Central Holiday Activities
<b>Project Overview (max. 50 words)</b>	ODYPP would like to offer a varied and exciting programme of activities for local young people. Our activities programme will be inclusive to all young people in particular those in the 11-16 yrs age group that do not access and/or are illegible to attend local Holiday and Food (HAF) programmes
<b>Total Project Cost</b>	£8433
<b>Match Funding</b>	£ 450
<b>Total NF Requested</b>	£ 7983
<b>Project Start Date</b>	1 June 2024
<b>Project End Date</b>	19 July 2025
<b>Where will the project be based/delivered from?</b>	Pitstop

### **ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS**

Project Description
<p>The proposed project will be operational during the, 2024 summer holidays, October, Christmas, February, Easter and May half term school holidays of 2024/25. The sessions will be deliver to young People living Washington Central ward. This approach should ensure equality of opportunity and a fair distribution of resources. ODYPP will employ qualified and experienced youth work staff to deliver a creative and challenging programme of work. The programme will include a range of activities, opportunities and experiences incorporating sport, outdoor activities, leisure, health and wellbeing, cultural and creative activities.</p> <p>Specific activities that we will deliver will be decided upon by young people to ensure that there is a good take up of the opportunities provided. Activities will also be varied to ensure they are responsive to the needs, interests and abilities of participants. Prior to delivery of the programme youth workers will consult with young people from the five Washington wards to find out the type of activities they would be most interested in engaging in. Consultation will be undertaken with young people in the wards via our outreach youth work team and youth centres. Activities will be provided on the days and at times of the week that young people would be most likely to participate. The project manager will contact local Cllrs in each of the five wards to discuss local hotspots, groups of young people identified by members and gaps in provision or current issues involving young people before activities are planned.</p>

The activity programmes will focus upon reducing levels of youth related anti-social behaviour focusing on hotspot areas with the aim to improve community cohesion and alleviating the additional stresses placed upon parents/carers during school holiday periods. All activities will be provided free of charge. All participants will be provided with a nutritious snack/meal during each activity.

We will promote the activities on offer via schools and via other local organisations in the area that work with young people. We will also promote our activity programme on our Facebook page which is widely used by local young people. We will acknowledge Washington Area Committee Sunderland City Council support on all of our publicity materials.

We will deliver a minimum of 20 sessions

- 4 x Summer Drop In holiday sessions
- 4 x Summer holiday Activity sessions
- 1 x October half term session
- 1 x October Drop In holiday sessions
- 1 x Christmas themed activity session.
- 1 x February half term drop in session
- 2 x activity sessions Easter
- 2 x Easter half term drop in sessions
- 1 x May Drop In half term drop in session

Activity sessions could include activities such as Quasar Laser, mountain biking, bushcraft skills, indoor team games, coasteering, rock climbing, watersports, golf and ice skating or seasonal themed activities (Halloween, Christmas, Easter). ODYPP will endeavour to ensure activities will take place in Sunderland utilising local facilities whenever possible, i.e. local cycle routes. ODYPP has qualified instructors, and own cycling and outdoor sports equipment which will help to reduce costs. Many young people, and particularly those from low income households, do not have the opportunity to take part in outdoor learning experiences such as these as the costs can be prohibitive. We will work with the Sunderland Climbing Wall and Marine Activity Centre, George Washington Golf Club and other local providers to ensure local businesses are supported and to negotiate reduced rates for local young people.

Drop in activity sessions will incorporate a choice of activities that could include sports, indoor team games, computer games, cookery, music, arts and crafts, team challenges, and quizzes. Activities will aim to raise young people's aspirations alongside providing a range of opportunities for informal education. Young people will be involved in planning the menus for the nutritious snack and groups will take turns in preparing the food for each session. The sessions will also provide opportunities for young people to gain accredited outcomes in Heart Start or first aid.

We will promote the '5 ways to wellbeing' within our plans for delivery to help ensure young people are aware of what constitutes a healthy lifestyle and feel positive about the actions they can take to live more healthily. We will work with young people to raise their awareness of the potential consequences of risk taking behaviour. Workers will offer information, support and guidance to help young people make informed choices about their actions.

ODYPP delivers the C-Card service and a smoking cessation service to young people. We will incorporate these services into our holiday time provision to ensure that we continue to contribute towards reduction rates for STIs, teenage pregnancies and smoking



CODE	Healthy Smart City Outputs	
205	number of NEW children and young people benefiting from this project	112
206	number of individual children and young people benefiting from this project- footfall	220

### Application 8

Project Details	
<b>Applicant</b>	Oxclose District Young Peoples Project
<b>Project Title</b>	Washington East Holiday Activities
<b>Project Overview (max. 50 words)</b>	ODYPP would like to offer a varied and exciting programme of activities for local young people. Our activities programme will be inclusive to all young people in particular those in the 11-16 yrs age group that do not access and/or are illegible to attend local Holiday and Food (HAF) programmes
<b>Total Project Cost</b>	£8433
<b>Match Funding</b>	£ 450
<b>Total NF Requested</b>	£ 7983
<b>Project Start Date</b>	1 June 2024
<b>Project End Date</b>	19 July 2025
<b>Where will the project be based/delivered from?</b>	Pitstop

### **ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS**

Project Description
<p>The proposed project will be operational during the, 2024 summer holidays, October, Christmas, February, Easter and May half term school holidays of 2024/25. The sessions will be deliver to young People living Washington East ward. This approach should ensure equality of opportunity and a fair distribution of resources. ODYPP will employ qualified and experienced youth work staff to deliver a creative and challenging programme of work. The programme will include a range of activities, opportunities and experiences incorporating sport, outdoor activities, leisure, health and wellbeing, cultural and creative activities.</p> <p>Specific activities that we will deliver will be decided upon by young people to ensure that there is a good take up of the opportunities provided. Activities will also be varied to ensure they are responsive to the needs, interests and abilities of participants. Prior to</p>

delivery of the programme youth workers will consult with young people from the five Washington wards to find out the type of activities they would be most interested in engaging in. Consultation will be undertaken with young people in the wards via our outreach youth work team and youth centres. Activities will be provided on the days and at times of the week that young people would be most likely to participate. The project manager will contact local Cllrs in each of the five wards to discuss local hotspots, groups of young people identified by members and gaps in provision or current issues involving young people before activities are planned.

The activity programmes will focus upon reducing levels of youth related anti-social behaviour focusing on hotspot areas with the aim to improve community cohesion and alleviating the additional stresses placed upon parents/carers during school holiday periods. All activities will be provided free of charge. All participants will be provided with a nutritious snack/meal during each activity.

We will promote the activities on offer via schools and via other local organisations in the area that work with young people. We will also promote our activity programme on our Facebook page which is widely used by local young people. We will acknowledge Washington Area Committee Sunderland City Council support on all of our publicity materials.

We will deliver a minimum of 20 sessions

- 4 x Summer Drop In holiday sessions
- 4 x Summer holiday Activity sessions
- 1 x October half term session
- 1 x October Drop In holiday sessions

CODE	Healthy Smart City Outputs	
205	number of NEW children and young people benefiting from this project	<b>112</b>
206	number of individual children and young people benefiting from this project- footfall	<b>220</b>

## Application 9

Project Details	
<b>Applicant</b>	Oxclose District Young Peoples Project
<b>Project Title</b>	Washington North Holiday Activities
<b>Project Overview (max. 50 words)</b>	ODYPP would like to offer a varied and exciting programme of activities for local young people. Our activities programme will be inclusive to all young people in particular those in the 11-16 yrs age group that do not access and/or are illegible to attend local Holiday and Food (HAF) programmes
<b>Total Project Cost</b>	£8433
<b>Match Funding</b>	£ 450

<b>Total NF Requested</b>	£ 7983
<b>Project Start Date</b>	1 June 2024
<b>Project End Date</b>	19 July 2025
<b>Where will the project be based/delivered from?</b>	Sulgrave Centre

**ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS**

<b>Project Description</b>
<p>The proposed project will be operational during the, 2024 summer holidays, October, Christmas, February, Easter and May half term school holidays of 2024/25. The sessions will be deliver to young People living Washington North ward. This approach should ensure equality of opportunity and a fair distribution of resources. ODYPP will employ qualified and experienced youth work staff to deliver a creative and challenging programme of work. The programme will include a range of activities, opportunities and experiences incorporating sport, outdoor activities, leisure, health and wellbeing, cultural and creative activities.</p> <p>Specific activities that we will deliver will be decided upon by young people to ensure that there is a good take up of the opportunities provided. Activities will also be varied to ensure they are responsive to the needs, interests and abilities of participants. Prior to delivery of the programme youth workers will consult with young people from the five Washington wards to find out the type of activities they would be most interested in engaging in. Consultation will be undertaken with young people in the wards via our outreach youth work team and youth centres. Activities will be provided on the days and at times of the week that young people would be most likely to participate. The project manager will contact local Cllrs in each of the five wards to discuss local hotspots, groups of young people identified by members and gaps in provision or current issues involving young people before activities are planned.</p> <p>The activity programmes will focus upon reducing levels of youth related anti-social behaviour focusing on hotspot areas with the aim to improve community cohesion and alleviating the additional stresses placed upon parents/carers during school holiday periods. All activities will be provided free of charge. All participants will be provided with a nutritious snack/meal during each activity.</p> <p>We will promote the activities on offer via schools and via other local organisations in the area that work with young people. We will also promote our activity programme on our Facebook page which is widely used by local young people. We will acknowledge Washington Area Committee Sunderland City Council support on all of our publicity materials.</p> <p>We will deliver a minimum of 20 sessions</p> <ul style="list-style-type: none"> <li>• 4 x Summer Drop In holiday sessions</li> <li>• 4 x Summer holiday Activity sessions</li> </ul>

- 1 x October half term session
- 1 x October Drop In holiday sessions

CODE	Healthy Smart City Outputs	
205	number of NEW children and young people benefiting from this project	112
206	number of individual children and young people benefiting from this project- footfall	220

### Application 10

Project Details	
<b>Applicant</b>	Oxclose District Young Peoples Project
<b>Project Title</b>	Washington South Holiday Activities
<b>Project Overview (max. 50 words)</b>	ODYPP would like to offer a varied and exciting programme of activities for local young people. Our activities programme will be inclusive to all young people in particular those in the 11-16 yrs age group that do not access and/or are illegible to attend local Holiday and Food (HAF) programmes
<b>Total Project Cost</b>	£8433
<b>Match Funding</b>	£ 450
<b>Total NF Requested</b>	£ 7983
<b>Project Start Date</b>	1 June 2024
<b>Project End Date</b>	19 July 2025
<b>Where will the project be based/delivered from?</b>	Ayton Centre

### ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS

Project Description
The proposed project will be operational during the, 2024 summer holidays, October, Christmas, February, Easter and May half term school holidays of 2024/25. The

sessions will be deliver to young People living Washington South ward. This approach should ensure equality of opportunity and a fair distribution of resources. ODYPP will employ qualified and experienced youth work staff to deliver a creative and challenging programme of work. The programme will include a range of activities, opportunities and experiences incorporating sport, outdoor activities, leisure, health and wellbeing, cultural and creative activities.

Specific activities that we will deliver will be decided upon by young people to ensure that there is a good take up of the opportunities provided. Activities will also be varied to ensure they are responsive to the needs, interests and abilities of participants. Prior to delivery of the programme youth workers will consult with young people from the five Washington wards to find out the type of activities they would be most interested in engaging in. Consultation will be undertaken with young people in the wards via our outreach youth work team and youth centres. Activities will be provided on the days and at times of the week that young people would be most likely to participate. The project manager will contact local Cllrs in each of the five wards to discuss local hotspots, groups of young people identified by members and gaps in provision or current issues involving young people before activities are planned.

The activity programmes will focus upon reducing levels of youth related anti-social behaviour focusing on hotspot areas with the aim to improve community cohesion and alleviating the additional stresses placed upon parents/carers during school holiday periods. All activities will be provided free of charge. All participants will be provided with a nutritious snack/meal during each activity.

We will promote the activities on offer via schools and via other local organisations in the area that work with young people. We will also promote our activity programme on our Facebook page which is widely used by local young people. We will acknowledge Washington Area Committee Sunderland City Council support on all of our publicity materials.

We will deliver a minimum of 20 sessions

- 4 x Summer Drop In holiday sessions
- 4 x Summer holiday Activity sessions
- 1 x October half term session
- 1 x October Drop In holiday sessions

<b>CODE</b>	<b>Healthy Smart City Outputs</b>	
205	number of NEW children and young people benefiting from this project	<b>112</b>
206	number of individual children and young people benefiting from this project- footfall	<b>220</b>

## Application 11

Project Details	
<b>Applicant</b>	Oxclose District Young Peoples Project
<b>Project Title</b>	Washington West Holiday Activities
<b>Project Overview (max. 50 words)</b>	ODYPP would like to offer a varied and exciting programme of activities for local young people. Our activities programme will be inclusive to all young people in particular those in the 11-16 yrs age group that do not access and/or are illegible to attend local Holiday and Food (HAF) programmes
<b>Total Project Cost</b>	£5070
<b>Match Funding</b>	£
<b>Total NF Requested</b>	£5070
<b>Project Start Date</b>	1 June 2024
<b>Project End Date</b>	19 July 2025
<b>Where will the project be based/delivered from?</b>	Springwell Village Community Venue

### ***ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS***

Project Description
<p>The proposed project will be operational during the, 2024 summer holidays, October, Christmas, February, Easter and May half term school holidays of 2024/25. The sessions will be deliver to young People living Washington West ward. This approach should ensure equality of opportunity and a fair distribution of resources. ODYPP will employ qualified and experienced youth work staff to deliver a creative and challenging programme of work. The programme will include a range of activities, opportunities and experiences incorporating sport, outdoor activities, leisure, health and wellbeing, cultural and creative activities.</p> <p>Specific activities that we will deliver will be decided upon by young people to ensure that there is a good take up of the opportunities provided. Activities will also be varied to ensure they are responsive to the needs, interests and abilities of participants. Prior to delivery of the programme youth workers will consult with young people from the five Washington wards to find out the type of activities they would be most interested in engaging in. Consultation will be undertaken with young people in the wards via our</p>

outreach youth work team and youth centres. Activities will be provided on the days and at times of the week that young people would be most likely to participate. The project manager will contact local Cllrs in each of the five wards to discuss local hotspots, groups of young people identified by members and gaps in provision or current issues involving young people before activities are planned.

The activity programmes will focus upon reducing levels of youth related anti-social behaviour focusing on hotspot areas with the aim to improve community cohesion and alleviating the additional stresses placed upon parents/carers during school holiday periods. All activities will be provided free of charge. All participants will be provided with a nutritious snack/meal during each activity.

We will promote the activities on offer via schools and via other local organisations in the area that work with young people. We will also promote our activity programme on our Facebook page which is widely used by local young people. We will acknowledge Washington Area Committee Sunderland City Council support on all of our publicity materials.

We will deliver a minimum of 20 sessions

- 4 x Summer Drop In holiday sessions
- 4 x Summer holiday Activity sessions
- 1 x October half term session
- 1 x October Drop In holiday sessions

CODE	Healthy Smart City Outputs	
205	number of NEW children and young people benefiting from this project	<b>61</b>
206	number of individual children and young people benefiting from this project- footfall	<b>150</b>

## Application 12

Project Details	
<b>Applicant</b>	Minerva Arts & Wellbeing
<b>Project Title</b>	Innovation, creativity, engagement and fun: young people's activity programme in Washington
<b>Project Overview (max. 50 words)</b>	We propose to deliver 19 sessions between July 2024 and 1st June 2025, offering a range of exciting, hands-on arts and

	creative activities. These activities are crafted to enhance children's learning and foster broader functional skills, complemented by a healthy snack provided during each session.
<b>Total Project Cost</b>	£8500
<b>Match Funding</b>	£
<b>Total NF Requested</b>	£8500
<b>Project Start Date</b>	1 July 2024
<b>Project End Date</b>	19 June 2025
<b>Where will the project be based/delivered from?</b>	Harraton CA

**ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS**

<b>Project Description</b>
<p>Our project aims to provide enriching and educational activities for children living in the Washington East area. These activities are designed to develop functional maths, English, arts and digital skills (such as weighing, measuring, writing, and using our iPads/tablets), and enhance confidence, social skills, and inclusivity. We have delivered similar projects in other areas of Sunderland over recent years to great impact, and have been successful through these projects in applying for and securing match funding to provide even more activity and added value to complement the funded provision. If successful in our application we would apply the same approach to this project, hopefully securing additional funding to enable us to deliver even more sessions as part of this programme, increasing the scale of the project with support from match funding if we are able to secure it.</p> <p>We will provide 19 sessions running until 30th May 2025:</p> <ol style="list-style-type: none"> <li>1. Ceramic Money Box: Participants in this activity will have the opportunity to craft their own ceramic money boxes, where they will learn immersive basic pottery skills and experience the mindful and wellbeing benefits of working with clay. Emphasis will be placed on creativity and craftsmanship, allowing children to express themselves artistically while gaining hands-on creative experience with clay. This activity will also serve as a platform to inspire discussions around basic budgeting and saving pocket money. It introduces important financial literacy concepts in a fun and accessible manner.</li> </ol>



2. Ceramics Decorative Pinch Pots: Children will engage in creating decorative pinch pots using clay. Throughout this activity, participants will explore various shapes and textures, acquiring fundamental pottery techniques along the way.
3. Ceramics Fairy/Elf Door or Door Plaque: Participants will delve into the world of fantasy by designing and sculpting miniature fairy or elf doors using ceramic materials. This activity encourages imagination and storytelling, inviting children to bring magical characters to life through their creations.
4. Ceramic Christmas Baubles: During this festive activity, participants will mould and decorate ceramic baubles to use as holiday decorations. Children will have the opportunity to use paints, glazes, and embellishments to personalise their ornaments, adding a unique touch to their festive celebrations.
5. Ceramics Easter Bunny: Children will sculpt and paint ceramic Easter bunny figurines, embracing Easter themes and fostering creativity. This activity allows participants to create adorable decorations that capture the spirit of Easter.
6. Ceramic Pumpkin/Ghost: Participants will explore the Halloween spirit by moulding and sculpting clay into pumpkin or ghost shapes. Using carving tools or textures, participants will enhance their creations, making them perfect for Halloween decorations and imaginative play.
7. Fused Glass Coaster: Participants will design and assemble fused glass coasters, learning about glass compatibility and firing processes. Each coaster will serve as a functional piece of art, showcasing the participants' creativity in glass crafting.
8. Halloween Glass Jar Painting: Children will unleash their creativity by painting glass jars with spooky or whimsical Halloween designs. This activity allows participants to use glass paints or markers to create unique lanterns that add a creative touch to Halloween decorations.
9. Glass Christmas Bauble: Participants will decorate glass baubles with festive colours and patterns, honing their glass painting skills. Each child will create personalised decorations to adorn their Christmas tree during the holiday season.
10. Glass Easter Egg Bauble: Participants will design and decorate glass eggs with spring themes, embracing Easter colours and designs. These glass baubles will add a special touch to Easter celebrations, showcasing the participants' artistic flair.
11. Glass Tac Fused Tea Light Holder: Children will explore tack-fusing techniques to create stylish tea light holders using glass. Through this activity, participants will experiment with different textures and colours, resulting in functional and decorative pieces.
12. Batik Tie Dye T-Shirt: Participants will unleash their creativity by using tie-dye methods to create unique patterns on t-shirts. They will explore various colour combinations and techniques, allowing them to express themselves through wearable art.

13. Batik Tote Bags: Participants will design and dye tote bags with batik patterns using wax-resist methods. Each child will create a personalised tote bag that reflects their artistic vision and creativity.
14. Batik Rainbow Design Items: Children will experiment with vibrant colours and patterns to create rainbow-themed batik designs on various items. This activity encourages artistic exploration and colour blending, fostering creativity and expression.
15. Fragrances - Plain Soaps: Participants will learn basic soap-making techniques to create scented plain soaps. Each child will have the opportunity to customise their soap, gaining hands-on experience in fragrance and soap crafting.
16. Fragrances - Exfoliating Soaps: Participants will create exfoliating soaps with added textures and scents, exploring different exfoliants and fragrances. This activity promotes creativity and provides insight into soap making.
17. Fragrances - Candle Making: Children will dive into the art of candle making, customising fragrances and creating unique candles. Through melting wax, adding scents, and pouring into moulds, participants will craft their own candles to take home and enjoy.
18. Creating homemade bird feeders: To actively contribute to bird welfare, we will craft homemade bird feeders using lard balls and seeds. This hands-on activity allows participants to create nourishing treats for the birds, which they can later place in their gardens or local green spaces to provide vital sustenance.
19. Making lolly birdhouses: In addition to bird feeders, we will engage in a creative project by making lolly birdhouses. These miniature bird shelters, crafted from simple materials like lollipop sticks and glue, offer a fun and artistic way to contribute to bird conservation while learning about the needs of our feathered friends.

We would recommend that the Batik, Fragrance and Glass workshops are more tailored towards KS2 participants.

In terms of overall outcomes, the children will develop self-confidence, inter-personal, social and functional skills and they will make friends. Where possible, we will include time in local green space to encourage young people to be more active, have an improved knowledge of their community green space and be more motivated to get out into the fresh air, supporting active healthy lifestyles and helping to combat childhood obesity.

We will work with the team at the Harraton & District Community Association as well as engage the local community to ascertain the best times and days to run this project. Tailoring the schedule to best fits the needs of the community.

We will include a healthy snack each session, and we will engage with 130 individual children in total through this project, split into two groups - 4-7 year olds (reception / KS1) and 8-11 year olds (KS2). We will work with 10 children each session, please note some children may attend more than one session. We will provide 2 fully DBS-checked tutors each week and 1 will be a trained first aider.

<b>CODE</b>	<b>Healthy Smart City Outputs</b>	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	19
205	number of NEW children and young people benefiting from this project	130
206	number of individual children and young people benefiting from this project- footfall	130
207	number of individuals signposted into Public/VCS services e.g. information, advice and guidance	130

### Application 13

<b>Project Details</b>	
<b>Applicant</b>	Minerva Arts & Wellbeing
<b>Project Title</b>	Innovation, creativity, engagement and fun: young people's activity programme in Washington
<b>Project Overview (max. 50 words)</b>	We propose to deliver 19 sessions between July 2024 and 1st June 2025, offering a range of exciting, hands-on arts and creative activities. These activities are crafted to enhance children's learning and foster broader functional skills, complemented by a healthy snack provided during each session.
<b>Total Project Cost</b>	£8500
<b>Match Funding</b>	£
<b>Total NF Requested</b>	£8500
<b>Project Start Date</b>	1 July 2024
<b>Project End Date</b>	1 June 2025
<b>Where will the project be based/delivered from?</b>	The Millennium Centre

## **ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS**

### **Project Description**

The proposed project will be operational during the, 2024 summer holidays, October, Christmas, February, Easter and May half term school holidays of 2024/25. The sessions will be delivered to young people living in Washington North ward. This approach should ensure equality of opportunity and a fair distribution of resources. ODYPP will employ qualified and experienced youth work staff to deliver a creative and challenging programme of work. The programme will include a range of activities, opportunities and experiences incorporating sport, outdoor activities, leisure, health and wellbeing, cultural and creative activities.

Specific activities that we will deliver will be decided upon by young people to ensure that there is a good take up of the opportunities provided. Activities will also be varied to ensure they are responsive to the needs, interests and abilities of participants. Prior to delivery of the programme youth workers will consult with young people from the five Washington wards to find out the type of activities they would be most interested in engaging in. Consultation will be undertaken with young people in the wards via our outreach youth work team and youth centres. Activities will be provided on the days and at times of the week that young people would be most likely to participate. The project manager will contact local Cllrs in each of the five wards to discuss local hotspots, groups of young people identified by members and gaps in provision or current issues involving young people before activities are planned.

The activity programmes will focus upon reducing levels of youth related anti-social behaviour focusing on hotspot areas with the aim to improve community cohesion and alleviating the additional stresses placed upon parents/carers during school holiday periods. All activities will be provided free of charge. All participants will be provided with a nutritious snack/meal during each activity.

We will promote the activities on offer via schools and via other local organisations in the area that work with young people. We will also promote our activity programme on our Facebook page which is widely used by local young people. We will acknowledge Washington Area Committee Sunderland City Council support on all of our publicity materials.

We will deliver a minimum of 20 sessions

- 4 x Summer Drop In holiday sessions
- 4 x Summer holiday Activity sessions
- 1 x October half term session
- 1 x October Drop In holiday sessions

CODE	Healthy Smart City Outputs	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	19
205	number of NEW children and young people benefiting from this project	130
206	number of individual children and young people benefiting from this project- footfall	130
207	number of individuals signposted into Public/VCS services e.g. information, advice and guidance	130

#### Application 14

Project Details	
<b>Applicant</b>	Active Families
<b>Project Title</b>	Pitstop Active Camp
<b>Project Overview (max. 50 words)</b>	Working in partnership with Oxclose District Young People's Project, Pitstop Active Camp will be scheduled to take place in school holidays for children aged 6-11years. Sessions will include a hot meal/packed lunch and will include working in partnership with Clean and Green to deliver community clean up's.
<b>Total Project Cost</b>	£5000
<b>Match Funding</b>	£0
<b>Total NF Requested</b>	£5000
<b>Project Start Date</b>	1 July 2024
<b>Project End Date</b>	30 June 2025
<b>Where will the project be based/delivered from?</b>	Pitstop Youth Centre

#### **ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS**

Project Description
Active Families North East working in partnership with Oxclose District Young Peoples Project propose to play activities for children of primary school age 6-11 years or 5-11 years if older siblings are in attendance in the Pitstop Youth Centre, Washington Central ward, reducing instances of inactivity, hunger and isolation. We will offer play sessions during school holidays as follows: 1 session each week in the 6 weeks summer holiday 2024, 1 session in October half term 2024, 1 session in the Christmas holiday 2024, 1 session in February half term 2025, 2 sessions in the Easter holidays 2025 and 1

sessions in May half term 2025. All sessions will be 3 hours for staff (2 hours face to face delivery) - 12 sessions will be delivered in total. Sessions will be delivered from Pitstop Youth Centre and weather permitting we will also utilise outdoor space in the park. We will arrange two out of centre visits and will visit Seaburn beach (summer term) and will also consult with the children to provide a trip in the Easter 2025 provision. We will consult with Elected Members, children, schools and families to plan activities which will coincide with either a midday or evening mealtime and a healthy hot meal or packed lunch will be provided as part of the session. Where possible we will encourage children to develop their independent living skills by making healthy meals as part of the activities. We will provide a minimum of 30 hours face-to-face activity with 15 children attending each session, planning and preparation time has been allocated for staff, who will evaluate each session and take this learning into the development of future sessions.

We will link with Clean and Green - Community Opportunities to ensure that environmental projects are linked into the delivery of sessions to encourage children to look after their local area, make a difference and being responsible citizens and sessions will undertake a community clean up in the local area.

Sessions will be delivered by qualified Play or Sports Coaches. One member of staff in the activities will be a trained Tier One Mental Health Practitioner having undertaken ICAMHS training. This will ensure that sessions are inclusive and that we have capacity to support children with emotional and mental health issues. Activities will include arts and crafts, board games, cooking activity, outdoor play, physical activities (group and team games using sports equipment/parachute) etc. To address inactivity, we offer activities that encourage physical exercise through participation in treasure hunts, litter picks and gardening, as examples. Sessions will provide positive activities to meet each individual child's social, emotional, physical and cognitive needs whilst promoting positive behaviour, building confidence, self-esteem and developing their skills, knowledge and abilities. Children's input to planning, delivery and evaluation will be recorded to ensure we meet each child's individual needs. Photographs will be taken as evidence and evaluation and feedback will be provided at the end of the project.

Active Families North East plan to engage with 35 individual children from the Washington Central ward area throughout this proposed project. We aim to reduce the number of children who experience feelings of isolation during holiday periods. This will be done by providing the children with a safe, welcoming place to meet, participating in activities utilising outdoor space as much as the British weather allows while socialising with peers and Active Families North East staff, offering the children the chance to engage in positive experiences that help develop life skills. This will include activities such as following the nature trail and walk, carrying out activities in the community and general arts/crafts activities.

CODE	Healthy Smart City Outputs	
205	number of NEW children and young people benefiting from this project	35

206	number of individual children and young people benefiting from this project- footfall	<b>180</b>
209	Number of litter picks/community clean ups carried out	<b>2</b>

### Application 15

Project Details	
<b>Applicant</b>	Active Families
<b>Project Title</b>	Sulgrave Active Camp
<b>Project Overview (max. 50 words)</b>	Working in partnership with Oxclose District Young People's Project, Sulgrave Active Camp will be scheduled to take place in school holidays for children aged 6-11years. Sessions will include a hot meal/packed lunch and will include working in partnership with Clean and Green to deliver community clean up's.
<b>Total Project Cost</b>	£5000
<b>Match Funding</b>	£
<b>Total NF Requested</b>	£5000
<b>Project Start Date</b>	1 July 2024
<b>Project End Date</b>	30 June 2025
<b>Where will the project be based/delivered from?</b>	Sulgrave Youth Centre

**ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS**

Project Description
Active Families North East working in partnership with Oxclose District Young Peoples Project propose to play activities for children of primary school age 6-11 years or 5-11 years if older siblings are in attendance in the Sulgrave Centre, Washington North ward, reducing instances of inactivity, hunger and isolation. We will offer play sessions during school holidays as follows: 1 session each week in the 6 weeks summer holiday 2024, 1 session in October half term 2024, 1 session in the Christmas holiday 2024, 1 session in February half term 2025, 2 sessions in the Easter holidays 2025 and 1 sessions in May half term 2025. All sessions will be 3 hours for staff (2 hours face to face delivery) - 12 sessions will be delivered in total. Sessions will be delivered from Sulgrave Centre and weather permitting we will also utilise outdoor space in the park. We will arrange two out of centre visits and will visit Seaburn beach (summer term) and will also consult with the children to provide a trip in the Easter 2025 provision. We will consult with Elected

Members, children, schools and families to plan activities which will coincide with either a midday or evening mealtime and a healthy hot meal or packed lunch will be provided as part of the session. Where possible we will encourage children to develop their independent living skills by making healthy meals as part of the activities. We will provide a minimum of 30 hours face-to-face activity with 15 children attending each session, planning and preparation time has been allocated for staff, who will evaluate each session and take this learning into the development of future sessions.

We will link with Clean and Green - Community Opportunities to ensure that environmental projects are linked into the delivery of sessions to encourage children to look after their local area, make a difference and being responsible citizens and sessions will undertake a community clean up in the local area.

Sessions will be delivered by qualified Play or Sports Coaches. One member of staff in the activities will be a trained Tier One Mental Health Practitioner having undertaken ICAMHS training. This will ensure that sessions are inclusive and that we have capacity to support children with emotional and mental health issues. Activities will include arts and crafts, board games, cooking activity, outdoor play, physical activities (group and team games using sports equipment/parachute) etc. To address inactivity, we offer activities that encourage physical exercise through participation in treasure hunts, litter picks and gardening, as examples. Sessions will provide positive activities to meet each individual child's social, emotional, physical and cognitive needs whilst promoting positive behaviour, building confidence, self-esteem and developing their skills, knowledge and abilities. Children's input to planning, delivery and evaluation will be recorded to ensure we meet each child's individual needs. Photographs will be taken as evidence and evaluation and feedback will be provided at the end of the project.

Active Families North East plan to engage with 35 individual children from the Washington North ward area throughout this proposed project. We aim to reduce the number of children who experience feelings of isolation during holiday periods. This will be done by providing the children with a safe, welcoming place to meet, participating in activities utilising outdoor space as much as the British weather allows while socialising with peers and Active Families North East staff, offering the children the chance to engage in positive experiences that help develop life skills. This will include activities such as following the nature trail and walk, carrying out activities in the community and general arts/crafts activities.

<b>CODE</b>	<b>Healthy Smart City Outputs</b>	
205	number of NEW children and young people benefiting from this project	<b>35</b>
206	number of individual children and young people benefiting from this project- footfall	<b>180</b>
209	Number of litter picks/ community clean ups	<b>2</b>



## Application 16

Project Details	
<b>Applicant</b>	Adventure into Art
<b>Project Title</b>	Community Ceramics Project for Young People in Washington North
<b>Project Overview (max. 50 words)</b>	We will deliver a community ceramics project that engages young people in Washington North to explore their creative talents breakdown the barriers that prevent people from engaging in the arts. The children involved will also take part in a community ceramics exhibition.
<b>Total Project Cost</b>	£7500
<b>Match Funding</b>	£
<b>Total NF Requested</b>	£7500
<b>Project Start Date</b>	1 August 2024
<b>Project End Date</b>	30 June 2025
<b>Where will the project be based/delivered from?</b>	Ceramics workshop within Building Blocks Day Centre

### **ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS**

Project Description
<p>In Washington North there is a significant disparity in access to creative activities and opportunities for young people, particularly in practical crafts such as ceramics. Young people who come from disadvantaged backgrounds most commonly miss out on opportunities to engage with the arts and pursue their creative goals, therefore this proposal aims to bridge this gap by providing a comprehensive ceramics programme that not only introduces young people to the world of pottery but also fosters their creativity, self-expression and personal development in a safe and inclusive environment. We will deliver 20 sessions from our studio space in Washington North. We have our own large pottery studio situated in Building Blocks Day Centre.</p> <p>Objectives: The programme will offer a structured curriculum encompassing various aspects of ceramics, ensuring that participants receive a comprehensive introduction to the craft. Engaging Activities: Activities will be designed to captivate the interest of young people, incorporating elements of hands-on learning, creative expression, and collaborative working. Feedback: Feedback will be gathered at the end of each session to assess the effectiveness of the programme and gather input from participants for ongoing improvement. Where necessary, we will make improvements and amendments</p>

to project delivery so the young people taking part get the most out of taking part in it. We will do all we can to reach out to young people who are currently not accessing any services or activities due to various barriers, including socio-economic disadvantage and lack of opportunities or knowledge. Targeted Outreach: Efforts will be made to identify and engage with young people from marginalised communities, including those living in low-income households or facing other forms of social disadvantage, with a particular focus on those living in poverty, digital poverty, young unpaid carers and those whose families have been impacted by the cost-of-living crisis. Assessing Community Need: A comprehensive assessment and analysis of existing youth activities in the area has been conducted to identify gaps and opportunities for collaboration. This will allow us to make and accept referrals into other services that provide young people with additional opportunities to engage in the arts, culture, sport, digital services and so much more. The ceramics programme will be designed to complement rather than duplicate existing offerings, ensuring that it adds value to the community and meets the unique needs of participants. Specialist Artists/Tutors: The programme will benefit from the expertise of two experienced ceramic artists and educators who are well-versed in both the technical aspects of ceramics and the pedagogical methods best suited for engaging young learners. Innovative Activities: In addition to traditional pottery techniques, the programme will incorporate innovative approaches such as ceramic sculpture, glaze experimentation, and kiln firing, allowing participants to explore a wide range of artistic possibilities. How we will market the project: Strategic Marketing: Promotional efforts will be strategically planned to maximise visibility and engagement, leveraging the reach of the Washington Sunderland Community Facebook page and other relevant social media platforms. We will tag the Washington Sunderland Community Facebook and use approved logos on all promotion and literature. Community Engagement: In addition to online promotion, efforts will be made to engage directly with the community through outreach events, IAG sessions and partnerships with local decision makers and partner organisations.

Overview: The proposed programme will consist of a series of ceramics workshops and courses designed specifically for young people aged 7-16 from diverse backgrounds. These activities will be delivered by experienced ceramic artists who are passionate about nurturing young talent and fostering a love for ceramics.

#### Activities:

Introduction to Ceramics Workshop: A workshop introducing participants to the basic techniques of pottery making, including hand-building, slab, coil and forma building.

Hands-on Learning: Participants will have the opportunity to practice fundamental techniques under the guidance of skilled instructors, gaining confidence and proficiency in working with clay. Exploratory Exercises: Interactive exercises and demonstrations will encourage experimentation and creativity, allowing participants to discover their own unique artistic style. Weekly Ceramics Club: Weekly sessions where participants can further explore their creativity, learn advanced techniques, and work on individual projects under the guidance of skilled instructors. The weekly ceramics course will be staggered to allow multiple groups to take part and experience the full experience of working with clay, ceramic tools and glazes. Skills Development: Each session will focus

on a specific aspect of ceramics, such as glazing, sculpting, or surface decoration, providing participants with the opportunity to deepen their understanding and refine their skills. **Community Ceramics Project:** A collaborative project where participants work together to create a large-scale ceramic artwork that reflects their shared experiences, values, and aspirations. **Community Engagement:** The artwork will be displayed publicly, highlighting the talent of the participants while also fostering a sense of pride and ownership within the community. We will display the project in our studio and work with community partners to display the exhibition in various venues. **Ceramics Exhibition and Showcase:** A culminating event where participants can exhibit their creations to the wider community, celebrating their achievements and promoting the value of creative expression among young people. We will work closely with community partners, the VCS, Washington Area Committee and Sunderland City Council to ensure the project and exhibition is engaged with on a largescale. **Celebration of Achievement:** The exhibition will provide participants with a platform to showcase their work and receive recognition for their efforts, boosting self-esteem, confidence and a sense of achievement and pride. **Community Outreach:** The showcasing of the work will be open to the public, inviting community members to support and celebrate the creativity of local youth, thus fostering connections and strengthening community bonds. **Creating a Safe Space:** Central to our approach is the creation of a safe and inclusive space where young people feel welcomed, valued, and empowered to express themselves freely. To achieve this, we will: **Implement a zero-tolerance policy for discrimination, bullying, or any form of harassment:** Clear guidelines and protocols will be established to ensure that all participants feel safe and respected at all times. **Establish clear guidelines for behaviour and conduct:** Ground rules will be established at the outset of the programme, emphasising the importance of mutual respect, active listening, and constructive communication. **Timeline:** The proposed programme will be fully delivered by 1st June 2025, with activities scheduled to commence in July 2024 and run through May 2025. We will deliver 20 events during this period and then a further session for learners to help support in the set-up of the exhibition. We will five sessions in each quarter. **Promotion and Outreach:** To ensure maximum reach and participation, we will utilise the Washington Sunderland Community Facebook social media page as one of the primary platform for promoting our activities. Additionally, we will engage with local schools, community centres/organisations, and youth groups to spread awareness and encourage enrolment onto the project. Furthermore, we will promote the project on our own social media pages and promote the project at VCS meetings, through our contacts at external organisations and through using printed literature.

<b>CODE</b>	<b>Healthy Smart City Outputs</b>	
205	number of NEW children and young people benefiting from this project	<b>120</b>
206	number of individual children and young people benefiting from this project- footfall	<b>120</b>

207	number of individuals signposted into Public/VCS services e.g. information, advice and guidance	<b>120</b>
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### Application 17

Project Details	
<b>Applicant</b>	Oxclose & District Young Peoples Project
<b>Project Title</b>	Washington Youth Council
<b>Project Overview (max. 50 words)</b>	To facilitate a group of young people in Washington to meet their aims of representing local young people, giving young people a voice and promoting positive images of young people, including a family fun day comprising of free attractions for children and young people in celebration of International Youth Day.
<b>Total Project Cost</b>	£5346
<b>Match Funding</b>	£325
<b>Total NF Requested</b>	£5021
<b>Project Start Date</b>	1 July 2024
<b>Project End Date</b>	1 June 2025
<b>Where will the project be based/delivered from?</b>	Ayton Centre & pitstop

### **ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS**

Project Description
<p>Oxclose &amp; District Young Peoples Project would like to relaunch and facilitate Washington Youth Council who are a group of young people aged 11-19 living in Washington. The aims of Washington Youth Council are; to represent local young people, give young people a voice and to promote positive images of young people. Unfortunately due to changes in funding at the end of the last financial year, regular work with Washington Youth Council has been unable to take place and ODYPP would like to relaunch the group with some experienced and existing members and to include new young people including those who do not currently attend any other youth provision. To promote and celebrate the relaunch and to invite interest from potential new youth council members ODYPP and Washington Youth Council would like to host a family fun day at the Pitstop and Glebe Park on August 13th 2024. The event will also be held in celebration of International Youth Day. We aim to provide fun, free attractions for children</p>

and young people of all ages including face painters, inflatables, a petting farm and balloon artist. We are aware that keeping children and young people entertained during school holiday periods can be expensive for parents and in particular during the current cost of living crisis when parents may not have spare money available for activities. We would like to provide a fun event without any costs to families. This event will be available to all families living in Washington which will include young people who are not aware of or do not attend our existing youth provision. ODYPP and Washington Youth Council have held family fun days since August 2019 and they have always proved to be successful with the event in 2023 attracting over four hundred people. Feedback from the event has always been positive both from visiting children, young people and their parents/carers as well as from the organisations that have provided the attractions on offer. We would like to build upon the past successes and make this years event even more successful and well attended. We will make use of our Pitstop youth centre, its outside gated area and the car park and green areas in front the building which are a part of Glebe Park. Glebe Park is situated in the Washington Central ward and is easily accessible from the Galleries bus station. We will promote the event through posters and on our Facebook page as well as on Washington Youth Council, Sunderland All Together Consortium, What's on in Washington and various residents groups' Facebook pages. During the family fun day we will promote our centre based youth clubs that are available in Washington for young people aged 11-19 with the aim that young people who do not already access any of our provisions can find out what we have on offer. We will also promote our Good Vibes counselling service which, provides one-to-one counselling sessions from qualified and experienced young peoples counsellors for young people aged 10-19. The counselling service is currently available to young people without a waiting list and takes place within our main building at Ayton Community Centre. Becoming an active member of Washington Youth Council will give local young people the opportunity to develop new and existing skills including team work, communication, negotiation, leadership and budget management in a safe and nurturing environment. Young people will have opportunities to liaise with other organisations and professionals including but not exclusive to: local counsellors, Gentoo, the police, youth and community workers, and local businesses. As well as further developing personal development skills members of the youth council will develop transferable skills that will improve their future employability. Benefits of a youth council to the wider community include: the perspectives and ideas of young people can be used to develop young peoples' services, the development of the future workforce, spaces for young people to come together and collaborate on new projects, and through the promotion of equality and diversity creating more understanding and confident young people who will challenge prejudice and discrimination and will champion equality of opportunity. We aim that Washington Youth Council will meet and be supported by two qualified youth workers with over twenty years of experience at least once a month. The group will meet in one of our youth centres where they will have access to computers with internet access, printers, telephones and stationery. It is proposed that the meetings take place at either the Pitstop or Ayton Community Centre depending upon the needs and preferences of the group at any given time. We will use our mini bus to pick up and drop off young people before and after meetings. This will help to remove any barriers young

people may have regarding the use of public transport, financial costs of travelling and/or time restraints

<b>CODE</b>	<b>Healthy Smart City Outputs</b>	
205	number of NEW children and young people benefiting from this project	<b>156</b>
206	number of individual children and young people benefiting from this project- footfall	<b>222</b>
<b>Vibrant Smart City Outputs</b>		
308	number of residents participating in decision making	<b>90</b>
310	number of visitors footfall at neighbourhood events	<b>400</b>

### Application 18

<b>Project Details</b>	
<b>Applicant</b>	Foundation of Light
<b>Project Title</b>	Foundation of Light youth holiday club
<b>Project Overview (max. 50 words)</b>	To offer a diverse range of activities including multi-sports, arts and crafts, team-building activities, music and more to engage participants of varying interests and abilities. Targeting children and young people aged between 8-16 with a focus on those living in deprived areas.
<b>Total Project Cost</b>	£5390
<b>Match Funding</b>	£600
<b>Total NF Requested</b>	£4790
<b>Project Start Date</b>	1 July 2024
<b>Project End Date</b>	1 April 2025
<b>Where will the project be based/delivered from?</b>	The holiday programme will be based in various outreach facilities including local parks and community centres.

## **ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS**

### **Project Description**

Our proposed project seeks to align closely with the funding opportunity, providing holiday activities for young people during the school holidays between July 2024 and Easter 2025. The project aims to address the specified outcomes outlined in the project brief, ensuring that activities delivered are fun, exciting, innovative, and accessible to the target audience. The project brief highlights the need for engaging and accessible activities that cater to young people in specific areas lacking regular activity centres. Our project will directly address this by implementing a series of half-day pop-up activities in underserved locations which will bring the activities directly to the doorstep of young residents, eliminating barriers related to transportation and access. Furthermore, the project will leverage local green spaces and community venues to deliver a diverse range of sporting activities including football, spikeball, cricket, rounders and more as well as problem solving challenges, and team games.

By utilising existing facilities and resources, we ensure that the activities are readily accessible and inclusive to all participants. The project aims to actively engage young people in various, interactive, and stimulating activities, encouraging participation and fostering a sense of community involvement. By offering a wide range of activities that cater to diverse interests and abilities, we aim to maximise engagement and ensure that participants find something that interests them. Through our sport's focussed activities, we aim to promote physical fitness and well-being among participants. The activities will encourage regular exercise, teamwork, and healthy competition, contributing to the overall health and fitness of the young people who participate in the project. Our project will also provide ample opportunities for social interaction and skill development through group-based activities like arts and crafts workshops and team sports.

By collaborating with local facilitators, we aim to create a supportive environment where participants can build new friendships, develop teamwork skills, and boost their confidence. The project aims to strengthen community cohesion, bringing people together regardless of background or age. The project will have a structured approach with clear timelines and milestones to ensure successful delivery, appointing a dedicated project team who will be responsible for planning, coordinating, and executing the activities outlined in the proposal. We will actively engage with local schools, youth groups and relevant organisations to promote the project and encourage participation. Continuous monitoring and evaluation will be conducted throughout the project to assess the effectiveness of activities and gather feedback from participants. We are committed to delivering a successful project that meets the needs of our community and fulfils the objectives set out in the funding opportunity. This project will also allow us to further the contribution the Foundation of Light can offer to the area and look at future funding opportunities driven by the needs of the people and the community they live in with potential links to working with schools, parents or teaming up with other youth provisions in the area. We would also look to develop our activities in different pop-up sites each time to gain further awareness and also incorporate different partners.

CODE	Healthy Smart City Outputs	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	11
205	number of NEW children and young people benefiting from this project	90
206	number of individual children and young people benefiting from this project- footfall	160

### Application 19

Project Details	
Applicant	Mindful Balance CIC
Project Title	Strength & Balance for Young Yogis
Project Overview (max. 50 words)	
Total Project Cost	£9086
Match Funding	£nil
Total NF Requested	£9086
Project Start Date	1 July 2024
Project End Date	28 November 2024
Where will the project be based/delivered from?	There will be three venues; Lambton Community Hub, Harraton Community Centre, Building Blocks Day Centre Concord

### ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS

Project Description
<p>The project aims to introduce children to the practice of yoga while fostering trust, building relationships, and promoting wellness. Through a series of structured sessions, children will explore yoga in a supportive and interactive environment. The project will incorporate group journaling to encourage reflection and provide a platform for ongoing feedback. By focusing on trust, relationships, and wellness from the outset, this project sets a strong foundation for children to engage with yoga in a meaningful and empowering way, forming a lifelong interest with benefits. Discussion Time and</p>



Journaling: we will begin each session with discussion, allowing the children to express themselves, share thoughts, and to set intentions for the session.

I will encourage open dialogue by asking questions relating to what they know about yoga, any prior experience, how they think it might be of benefit. Providing prompts for journaling such as asking them to reflect on their physical and emotional feelings, what they hope to gain from the sessions enables children to begin to understand how to connect with themselves. The journal will be accessible throughout, so the children understand it is a tool for them to express themselves, and provide feedback on their yoga experience. Warm-Up Variation:

I will rotate warm-up activities weekly to keep the sessions dynamic and engaging. Utilising props such as balls, beanbags, or scarves adds variety and creativity, and keeps it fun. Using large beach balls is an interactive way to break the ice, encouraging children to find different ways to stretch with the ball, then pass in a variety of ways to each other, helps to get acquainted with their peers too. I incorporate storytelling into warm-ups, narrating simple stories such as waking up, having breakfast, getting ready, using their imagination for movement.

When appropriate I include nursery rhymes as inspiration too. Yoga Sequences and Mindfulness: I choose yoga poses that align with the theme of the session, or incorporate elements that resonate with children's interests. Using yoga cards featuring different poses, animals figures, or acting out from a story read. Involving children in creating a sequence of poses gives them responsibility, builds self-esteem and helps to fully involve them in the sessions. I integrate mindfulness practices at the end of every session to promote relaxation, self-regulation and reflection. Using small rubber ducks placed on the child's tummy helps them to lie still and focus. These relaxation techniques involve guided breathing, progressive muscle relaxation, visualisation, or simple mindfulness techniques. I will provide opportunities for sharing reflections and experiences during the mindfulness practice, allowing children to express gratitude or share any insights from the session.

Overall objectives: Settling the children into the class, and creating a welcoming atmosphere. Understanding the children's perceptions of yoga and its potential benefits. Initiating the process of building relationships and trust among participants. Introducing the journaling component to facilitate ongoing reflection, assessment, and feedback. Beginning with basic yoga poses to get children moving, stretching, connecting with their body, and breath. I will be emphasising the importance of safety, proper alignment, and the importance of listening to their bodies throughout the practice. Across the weeks the sequences and poses will increase as the children's flexibility and confidence improves. Mindful meditation in various forms is a vital part of the yoga journey, enabling children to understand the importance of working with the breath to regulate emotions. Each week will begin with time for discussion and journaling allowing the children the chance to ground into the session, and will end with mindful meditation. Warm-ups will vary weekly using props, stories, or music, and yoga sequences will be chosen using yoga cards, animal figures, or rhyming stories. Week one will be made up of getting children settled in, beginning to form relationships and trust, gaining an insight into what they may already know about yoga. We will record in the journal, either writing, drawing, or

using faces to demonstrate our feelings. This is a great visual way to monitor, assess and review feelings, ideas and feedback from the children. The warm-up will consist of movement with beach balls, passing to others and getting to know everyone. The main yoga will be a few basic poses, building this up weekly. Meditation will be a brief introduction using the rubber ducks on tummies. Week Two: Warm-up: 'let's all wake up, wash up and get ready' lots of familiar actions and movements, Yoga: Yoga cards as a visual to assist children in understanding the poses. Meditation: building an understanding of how the breath can help us to regulate our mind and begin to find calm, one minute. Week three to fourteen: Warm-up: variety involving opportunities to stretch, balance and coordinate movements. Yoga: Rhyming stories based on 'jungle walks', 'under the sea adventures', and yoga cards to build a sequence. Meditation: using the sense to pay attention to the environment as well as internal experiences like thought, feelings, physical sensations within the body. Playing music which helps to instil mindfulness. Week fifteen to eighteen: Warm-up: introduce a few paired warm-ups, to build awareness for the following weeks. Yoga: now the children are more familiar with poses we will use animal figures to create a sequence of yoga moves, identifying which may be similar and could flow into each pose. Meditation: building up to a five minute meditation at the end of each session, focusing on the breath. Week nineteen to twenty-one: Warm-up: sharing ideas during journaling for children to suggest favourite warm-up choices. Yoga: Introducing paired yoga, working together to support each other in poses, this reinforces trust, builds confidence and communication, and increases the stretch potential. Meditation: working with mantra meditation, this teaches children to repeat a word, or phrase that helps them to relax and focus their attention away from the busy mind. As they repeat the mantra children are more able to calm their mind and body. Discussion/Journaling: giving children a voice to share what they would like to be included in the final session. Week twenty-two: As decided by the group. Weekly Assessment and Review: At the end of each session we will review the journal to gain an insight into what is working, what can change, the children's feelings, experiences and ideas. I will use this to adapt and tailor future sessions to better meet the interests.

<b>CODE</b>	<b>Healthy Smart City Outputs</b>	
205	number of NEW children and young people benefiting from this project	<b>240</b>
206	number of individual children and young people benefiting from this project- footfall	<b>90</b>

## Application 20

Project Details	
<b>Applicant</b>	Durham Wildlife Trust
<b>Project Title</b>	Youth Forum - Environment Debate & Action (14-18 Year Olds)
<b>Project Overview (max. 50 words)</b>	Durham Wildlife Trust will set up a Youth Forum for 14-18 year olds focusing on debate, hands-on eco-activities and action planning. Participants will tackle local environmental issues, crafting solutions and taking ownership of their community's wellbeing.
<b>Total Project Cost</b>	<b>£7405</b>
<b>Match Funding</b>	<b>£200</b>
<b>Total NF Requested</b>	<b>£7205</b>
<b>Project Start Date</b>	<b>1 July 2024</b>
<b>Project End Date</b>	<b>1 May 2025</b>
<b>Where will the project be based/delivered from?</b>	<b>Washington</b>

### ***ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS***

Project Description
<p>The Youth Forum Program is an innovative initiative aimed at igniting environmental action among young people aged 14-18 in Washington. Focusing on increasing youth participation in environmental activities and reaching underserved populations we will deliver a fully realised program over 10-12 weeks by June 1st, 2025.</p> <p>The Youth Forum involves a participatory approach, where participants will have the opportunity to choose the eco-activities that align with their interests and goals. This approach not only promotes autonomy and engagement but also fosters a sense of ownership and responsibility among participants for their environmental actions.</p> <p>Possible activities that our expert education leads could deliver based on the preferences of the participants are:</p> <p>Community Clean-Up Events: Participants will take part in regular clean-up events in local parks, beaches, or neighbourhoods to remove litter and promote environmental stewardship.</p>

Native Plant Gardening Workshops: Participants will learn about native plant species and how to create and maintain native plant gardens to support local ecosystems.

Recycling and Upcycling Workshops: Participants will engage in hands-on demonstrations and activities to learn about the importance of recycling and upcycling materials to reduce waste and conserve resources.

Environmental Art Projects: Participants will express their environmental concerns and creativity through art projects using recycled materials or natural elements.

Nature Walks and Habitat Restoration: Participants will participate in guided nature walks in local greenspaces to observe and learn about local flora and fauna, followed by hands-on habitat restoration activities such as planting native trees or removing invasive species.

Climate Adaptation Activities: Participants will get involved in activities such as flood mitigation rain gardens etc.

In addition to engaging in eco-activities, our program aims to skill up young people by allowing them to come and debate, and think critically about their local environment. Participants will receive recognition and awards for their achievements in the program. This recognition can be utilised for enhancing their CVs, applications for higher education, or counting toward their Duke of Edinburgh's Award volunteer hours.

Collaboration with Washington Academy, whom we already have a partnership with, and other schools in the area, alongside strategic promotion through the Washington Sunderland Community Facebook page will ensure broad reach and engagement among our target audience. By leveraging existing resources and partnerships, we aim to avoid duplication of existing initiatives and ensure that our program complements rather than replicates other youth activities in the ward.

Our Youth Forum Program plays a pivotal role in our Wildlife Trust #TeamWilder strategy. Our vision is to transform the northeast into a thriving place for nature. We firmly believe that community-driven actions are the cornerstone of this endeavor, serving as essential building blocks that connect and enhance our green spaces. By rallying individuals at the grassroots level, we can foster a sense of ownership and responsibility for our environment.

We aim to base our sessions in a venue such as Arts Centre Washington and will look at the greenspaces which participants are most invested in seeking relevant permissions to work in these areas.

In conclusion, our Youth Forum Program offers a unique opportunity to empower young people in Washington to become environmental leaders in their community. With your support, we are confident that we can make a meaningful difference in the lives of young people in Washington and contribute to building a more sustainable future for our community.

<b>CODE</b>	<b>Healthy Smart City Outputs</b>	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	15
205	number of NEW children and young people benefiting from this project	15
206	number of individual children and young people benefiting from this project- footfall	15
207	number of individuals signposted into Public/VCS services e.g. information, advice and guidance	15