



Cumbria, Northumberland,
Tyne and Wear
NHS Foundation Trust

Topic: Sunderland CYPS Cared For Children's Pathway

Background/ Overview:

Sunderland Children and Young Peoples service (CYPS) understands the need for children who are care experienced to be seen in a timely manner for their acute mental health needs.

This Pathway was reviewed internally in 2022, it specifically undertakes direct therapeutic work with children and young people, along with Foster Carers where appropriate.

Consultation is provided in conjunction with Together for Children, and CYPS continue to scaffold and support to Residential Homes.

Young People are offered priority appointments within CYPS, and following assessment will access treatment usually within 10 weeks. The Pathway is a multi-disciplinary team consisting of nursing, Social Workers, Psychologists, Child Psychotherapists and can access Psychiatry if required.

What is working well?	What are we worried about?	What needs to happen?
<p>The team have all completed specific formal training to deliver psychological therapies to meet the needs of the young people and their carer's.</p> <p>41 referred into the CFC pathway since January, 8 of which were declined, 1 of which was signposted to the mental health pathway and 32 accepted into CFC pathway.</p> <p>The current average wait for CFC is 8 weeks – this has come down from approx. 12 weeks earlier in the year.</p> <p>There are currently 64 cared for children allocated on caseloads.</p> <p>5 awaiting to be allocated to begin treatment.</p>	<p>Not worried about but for the board's awareness the 8 referrals declined were due to:</p> <p>1 x following initial referral SW contacted CYPS duty to update that Freedom from Torture is the more appropriate service.</p> <p>1 x had already accessed appropriate therapy via post adoption team as foster carers adopted YP.</p> <p>1 x initially declined as not enough supporting information on referral, resubmitted and accepted in June.</p> <p>1 x Louise Harrison supporting foster carers, no need for referral into CYPS.</p> <p>1 x YP referred with outdated information (over 12 months) advised to get updated picture from SW and virtual school and re-refer.</p> <p>1 x Liz Christie had consultation with SW following referral and clinical rationale for why CYPS wasn't required.</p> <p>1 x referred at age 17 & 9m, CNTW agreement that YP are transitioned into adult services from 17 & 6m</p> <p>1 x YP referred by primary school, Durham child with GP in Hetton. Limited information and CYPS unable to speak with SW to gain collateral information.</p>	

What is required from Corporate Parenting Board (or new title):

Arrangements for the training from the Change Council to be delivered to some of the key partners in CYPS so we can cascade the message within the service.

Following discussion within our CFC pathway we would be happy to come and present to the board if requested about the pathway and work undertaken.

Report written by: Samantha Diston

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