

## **NORTH AREA COMMITTEE**

### **Applications from Self Supporting Community Associations to support the reduction in Social Isolation**

The following applications have been submitted by the Self Supporting Community Associations in the North to the £10,000 specifically ring fenced for Redby, Thompson Park, Redhouse and Castletown Community Associations.

#### **1. Castletown Community Association**

**Project Title** Delivery of Services & Activities in the North

**Date project start** - July 2014

**Date project end** – March 2015

#### **Project Description**

Castletown Community Association was designated as a self-supporting community association in the 1998 Sunderland City Council CA Review and has been requested by Sunderland North Area Committee to submit information on how the community centre delivers services and activities in its locality and in particular services and activities which address social isolation.

Castletown CA is a local community centre located at the heart of the community it serves. Services and activities delivered from the centre include:

- Keep Fit
- Karate
- Kick Boxing
- Toddlers
- Weight Watchers
- Coffee/Social
- Divas
- Older Persons Social Group
- Craft
- Social Evenings
- Thursday Club
- British Legion Club

Services and activities which are accessed by our older members of the community include the majority of the activities listed and we are always striving to encourage more members of the community to take part. The funding aligned to the self supporting CA of £2,500 will be utilised to carry out improvements to the centre to ensure we can continue to offer these activities and will also assist in paying the revenue costs for running the centre such as utilities, insurances, licenses and materials and equipment for some of groups. In addition in order to encourage wider usage we would like to develop our promotional capacity to include

ensuring we are promoted through existing routes such as Down Your Way, Sunderland City Council Community News and the North Voluntary and Community Sector Network. We will also encourage our current users to befriend other members of the community to encourage them to attend the activities offered and to also let us know whether there are any other activities they wish to see in the centre.

## **2. Redby Community Association**

**Project Title** Delivery of Services & Activities in the North

Date project start – July 2014 Date project end – March 2015

**SIB Funding Requested** £2,500

### **Project Description**

Redby Community Association (CA) was designated as a self-supporting community association in the 1998 Sunderland City Council CA Review and has been requested by Sunderland North Area Committee to submit information on how the community centre delivers services and activities in its locality and in particular services and activities which address social isolation.

Redby CA is a local community centre located at the heart of the community it serves. Services and activities delivered from the centre include:

- Keep Fit
- Karate
- Sewing Group
- Table Tennis
- Childrens Dance
- Out of School Club
- Zumba
- Ladies Club
- Gymnastics
- Parent/Toddlers
- Dance Group
- Weight Watchers
- Access to ICT

Our services and activities which are accessed by our older members of the community are included within the activities listed and we are always striving to encourage more members of the community to take part. The funding aligned to the self supporting CA of £2,500 will be utilised to carry out improvements to the centre to ensure we can continue to offer these activities and will also assist in paying the revenue costs for running the centre such as utilities, insurances, licenses and materials and equipment for some of groups. In addition in order to encourage wider usage we would like to develop our promotional capacity to include ensuring we are promoted through existing routes such as Down Your Way, Sunderland City Council Community News and the North Voluntary and Community Sector Network. We will

also encourage our current users to befriend other members of the community to encourage them to attend the activities offered and to also let us know whether there are any other activities they wish to see in the centre.

### **3. Thompson Park Community Association**

**Project Title** Delivery of Services & Activities in the North

Date project start July 2014 Date project end – March 2015

**SIB Funding Requested** £2,500

#### **Project Description**

Thompson Park Community Association was designated as a self-supporting community association in the 1998 Sunderland City Council CA Review and has been requested by Sunderland North Area Committee to submit information on how the community centre delivers services and activities in its locality and in particular services and activities which address social isolation.

Thompson Park CA is a local community centre located at the heart of the community it serves. Services and activities delivered from the centre include:

- Bingo/Social
- Breakfast Club
- Coffee Mornings
- Line Dancing
- Garden Project
- Dancercise
- Slimming Groups
- Playgroup
- Toddlers
- Childrens Drama
- Self Defence

In order to continue to deliver these projects and ensure that the CA is accessible we are currently raising funds to resurface the road leading to the centre and also resurface the floor in the main hall due to slips, trips and falls experienced by members of the community accessing the centre.

Our services and activities which are accessed by our older members of the community include the majority of the activities listed and we are always striving to encourage more members of the community to take part. The funding aligned to the self supporting CA of £2,500 will be utilised to carry out improvements to the centre to ensure we can continue to offer these activities. In addition in order to encourage wider usage we would like to develop our promotional capacity to include ensuring we are promoted through existing routes such as Down Your Way, Sunderland City Council Community News and the North Voluntary and Community Sector Network. We will also encourage our current users to befriend other

members of the community to encourage them to attend the activities offered and to also let us know whether there are any other activities they wish to see in the centre.

#### **4. Redhouse Community Association**

**Project Title** Delivery of Services & Activities in the North

Date project start – July 2014 Date project end – March 2015

**SIB Funding Requested** £2,500

#### **Project Description**

Redhouse Community Association (CA) was designated as a self-supporting community association in the 1998 Sunderland City Council CA Review and has been requested by Sunderland North Area Committee to submit information on how the community centre delivers services and activities in its locality and in particular services and activities which address social isolation.

Redhouse CA is a local community centre located at the heart of the community it serves. Services and activities delivered from the centre include:

- Indoor Bowls
- Coffee mornings
- Over 30s
- Sequence Dancing
- Over 60s
- Quiz Evenings
- Keep Fit

Our services and activities which are accessed by our older members of the community are included within the activities listed and we are always striving to encourage more members of the community to take part. The funding aligned to the self supporting CA of £2,500 will be utilised to carry out improvements to the centre to ensure we can continue to offer these activities and will also assist in paying the revenue costs for running the centre such as utilities, insurances, licenses and materials and equipment for some of groups. In addition in order to encourage wider usage we would like to develop our promotional capacity to include ensuring we are promoted through existing routes such as Down Your Way, Sunderland City Council Community News and the North Voluntary and Community Sector Network. We will also encourage our current users to befriend other members of the community to encourage them to attend the activities offered and to also let us know whether there are any other activities they wish to see in the centre. In addition we have been contacted by a local older peoples home and we are keen to establish links with them in order to provide services and activities from our centre which meet their needs.

**Recommendation:**

**Approve subject to following conditions:**

- **Promote the projects are funded via North SIB**