

Application 1

Organisation Details	
Organisation Name	Veterans in Crisis
Address Line 1	ERV
Address Line 2	1 Roker Avenue
City	Sunderland
Postcode	SR6 0BY
Project Details	
Project Title	Access for All
Project Overview (max. 50 words)	Veterans in Crisis own the property at 1 Roker Avenue, Sunderland. We want to take the next step in development of the premises by making the property accessible for disabled visitors. Currently access is difficult for users of wheelchairs or scooters.
Total Project Cost	£80,000
Match Funding	£50,000
Total NF Requested	£30,000
Project Start Date	15 th July 2024
Project End Date	15 th October 2024
Where will the project be based/delivered from?	As organisation address
Project Description	
<p>Veterans in Crisis Sunderland (VICS) is a Community Interest Company serving veterans and their families across Sunderland City Council. The primary purposes and aims of VICS can be summarised as follows:</p> <p>VICS is dedicated to providing support and services to veterans and their families, recognising the unique challenges they may face. Our organisation is led by veterans, and everything they do is co-designed by veterans. Our strategy and mission is simple: veterans help veterans.</p> <p>We have a strong focus on addressing mental health issues among veterans, with programs designed to create mentally healthy communities. Results we produce have created positive outcomes, including improvements in disabled and mental health and the diversion of individuals from suicide.</p> <p>Our outcome-focused programs are designed and aim to achieve specific results, as evidenced by the reported statistics on reduced substance abuse, improvements in mental health, accessibility for disabled veterans and reduction in isolation and loneliness.</p>	

Collaboration and Evaluation:

The organisation collaborates with external entities, such as Sunderland University and Northumbria's Northern Hub for Veterans and Military Families Research, to evaluate its work. The use of evaluation tools helps inform program design and allows for real-time adjustments and improvements.

VICS is positioned as a front-line provider of services, particularly during crises such as the Covid-19 pandemic and the Warm Spaces programme. We respond to issues such as homelessness, disability, social isolation, family tension, and mental distress within the veteran community in Sunderland.

Prior to the Covid-19 pandemic we had approximately 300 members. Now we have over 700 members and the numbers keep rising. A member to VICS is someone registered on our books that we have helped. No membership fees are charged

Partnerships with Local Agencies:

Our organisation collaborates with various partners, including the NHS Clinical Commissioning Group, Sunderland City Council, Housing Associations, Police, Probation Services, and JobCentre Plus. These partnerships recognise VICS as the primary third-sector provider of services for veterans in the metropolitan borough of Sunderland. We are also the only third sector provider on the Armed Forces Partnership a unique group initiated by Sunderland City Council. VICS provides rapid and non-means-tested support, responding quickly to the needs of veterans. All the stock, including white goods and furniture, is donated, and we aim to supply necessary items to veterans on the same day they are notified.

VICS takes a holistic approach to recovery, addressing not only housing issues but also providing wrap-around services such as mentoring, buddying, social and physical activities, and support to access other services such as education and employment opportunities.

In summary, Veterans in Crisis (VICS) focuses on the well-being of veterans and their families, particularly in addressing mental health, disabled access and homelessness, through a veteran-led, outcome-focused, and collaborative approach.

As owners of our head office property at 1 Roker Avenue in Sunderland we now want to make this location accessible to all especially disabled veterans and their families. Entry to our office which also serves as a social hub/meeting room with catering and laundry facilities is difficult for disabled visitors. We also have, based on the first floor, a fully furnished apartment that sleeps up to four people for use by veterans and their families in times of need. Access to the apartment is via the stairway making it almost impossible for disabled people to use the property.

Homelessness is a problem we are faced with on average 3 times per week. The quickest we have found a house to view is fifteen minutes and if a veteran comes to us before a Friday in the week we will find somewhere for them to go. Our apartment is generally used in the instance that we cannot find a place late in the week.

But as mentioned previously access for disabled veterans is the issue. To get around the issue we want to build an extension to the property but in arriving at this point several hurdles have had to be crossed.

A small strip of land at the side of our property belonged to the council. Having access to this land would give us the space to build an access ramp to the property. The council agreed that we could have the land and a nominal fee had to be paid for the land.

Planning permission was sought from the council and granted with certain exceptions which we had to address:

- The property may have been built on ground that could contain dangerous gases beneath the surface. Engineers were appointed to carry out the investigation. This involved drilling deep into the ground in two locations and inserting a device to detect gas. Each hole was done two months apart and results delivered approximately six months after first breaking ground, this set the process back by several months. Gas was not detected.
- A survey of the foundation works that the extension was to be built on had to be investigated. This then took several months before the report came back and indicated that much deeper foundations would have to be dug further increasing costs.
- Making an application to carry out these investigations came at a cost, plus the cost of the actual investigative works and then submitting them to the council was also chargeable meaning that our costs had escalated considerably.
- When work actually starts disruption to our operations due to preparation of deeper foundations will mean that we have to relocate within the building on upper floors or to our location on St Lukes Terrace, Pallion.
- Inflation costs of materials has risen due in part to the cost of living, the war in Ukraine, delivery costs and availability of materials required.

Delays to the build start caused by unexpected but necessary investigations have impacted upon the cost of materials. Our original quote was delivered in 2021, now three years hence with the impact of rising inflation and the investigative procedures funds we had set aside to cover the cost of the extension fall considerably short.

Outputs

		Overall Target Total
CODE	Healthy Smart City Outputs	
212	Number of existing/derelict assets improved	1

Recommendation:

April Board recommended approval of full application to be presented to June Area Committee to deliver the following priority from the St. Peters Ward Improvement Project NF:

- Support to VCS & Community Hubs

Application 2

Organisation Details	
Organisation Name	Sunderland City Council
Address Line 1	City Hall
Address Line 2	
City	Sunderland
Postcode	
Project Details	
Project Title	North CCTV Airtime
Project Overview (max. 50 words)	Continue airtime and warranty of additional CCTV cameras funded via North Area Committee across Sunderland North
Total Project Cost	£48,060
Match Funding	£7.500
Total NF Requested	£40,560
Project Start Date	1st July 2024
Project End Date	31 st March 2029
Where will the project be based/delivered from?	As organisation address
Project Description	
<p>In 2019 the North Area Committee requested additional CCTV cameras and as such funded the purchase of 8 4G HD mini dome cameras. Included within the project was airtime and warranty covering five years. This is now coming to an end and in order to continue to utilise the cameras across Sunderland North additional funding will be required.</p> <p>This funding will continue to provide airtime and warranty ensuring effective support and availability of these assets to the Police, Sunderland City Council ASB Team and Environmental Enforcement supporting their work within the community.</p> <p>The lifespan of this type of camera is between eight and ten years so with maintenance their effectiveness could be ensured until end of equipment life at which point a significant trade in replacement value could be considered.</p>	
<p>There are four options:</p> <ul style="list-style-type: none">• 1 Year being £1000 per camera £8,000• 2 Years at £1750 per camera £14,000• 3 Years at £2650 per camera £21,200• 5 years at £3750 per camera £30,000	

Over the last five years of the cameras being active they have been involved in 115 requests to view CCTV images, resulting in 71 cases of evidence produced, and a total of 795 log entries.

There should also be consideration to retain the four iDefigo cameras, currently located adjacent to the North Hylton footing of the A19 Bridge. This camera type utilises an annual airtime package similar to that of the above, but though iDefigo the cost is slightly different due to the way the cameras are managed by them. The options are:-

- 1 Year for all four cameras £2,640
- 2 Years for all four cameras £5,280
- 4 years for all four cameras £10,560

Outputs

		Overall Target Total
CODE	Vibrant Smart City Outputs	
303	number of safety measures installed/delivered to improve neighbourhoods	12

Recommendation:

April Board recommended approval of full application to be presented to June Area Committee to deliver the following priority:

- North CCTV

Application 3

Organisation Details	
Organisation Name	Active Families North East
Address Line 1	Pennywell Community Centre
Address Line 2	Portsmouth Road
City	Sunderland
Postcode	SR4
Project Details	
Project Title	Castletown Active Holiday Camp
Project Overview (max. 50 words)	Working in partnership with Castletown Community Centre, Castletown Active Camp will be scheduled to take place in school holidays for children aged 6-11years. Sessions will include a hot meal/packed lunch and will include visiting Castletown Dene and Hylton Castle play park area.
Total Project Cost	£4520
Match Funding	£450
Total NF Requested	£4070
Project Start Date	1 st July 2024
Project End Date	30 th June 2025
Where will the project be based/delivered from?	Castletown Community Centre, Castleview, Castletown

Project Description

Active Families North East working in partnership with Castletown Community Association propose to play activities for children of primary school age 6-11years or 5-11 years if older siblings are in attendance in the Castletown area, Castle ward, Sunderland, reducing instances of inactivity, hunger and isolation. We will offer play sessions during school holidays as follows: 1 session each week in the 6 weeks summer holiday 2024, 1 session in October half term 2024, 1 session in the Christmas holiday 2024, 1 session in February half term 2025, 2 sessions in the Easter holidays 2025 and 1 sessions in May half term 2025. All sessions will be 3 hours for staff (2 hours face to face delivery) - 12 sessions will be delivered in total. Sessions will be delivered from Castletown Community Association and weather permitting we will also utilise outdoor space at Castletown Dene and will visit Hylton Castle play park. We will arrange two out of centre visits and will visit Seaburn beach (summer term) and will also consult with the children to provide a trip in the Easter 2025 provision. We will consult with Elected Members, children, schools and families to plan activities which will coincide with either a midday or evening mealtime and a healthy hot meal or packed lunch will be provided as part of the session. Where possible we will encourage children to develop their independent living skills by making healthy meals as part of the activities. We will provide a minimum of 30 hours face-to-face activity with 15 children attending each session, planning and preparation time has been allocated for staff, who will evaluate each session and take this learning into the development of future sessions.

We will link with the Castle Raising Aspirations Project being delivered by Community Opportunities to ensure that environmental projects are linked into the delivery of sessions to encourage children to look after their local area, make a difference and being responsible citizens and will sessions will include visit Castletown Dene to undertake a community clean up.

Sessions will be delivered by qualified Play or Sports Coaches. One member of staff in the activities will be a trained Tier One Mental Health Practitioner having undertaken ICAMHS training. This will ensure that sessions are inclusive and that we have capacity to support children with emotional and mental health issues. Activities will include arts and crafts, board games, cooking activity, outdoor play, physical activities (group and team games using sports equipment/parachute) etc. To address inactivity, we offer activities that encourage physical exercise through participation in treasure hunts, litter picks and gardening, as examples. Sessions will provide positive activities to meet each individual child's social, emotional, physical and cognitive needs whilst promoting positive behaviour, building confidence, self-esteem and developing their skills, knowledge and abilities. Children's input to planning, delivery and evaluation will be recorded to ensure we meet each child's individual needs. Photographs will be taken as evidence and evaluation and feedback will be provided at the end of the project.

Active Families North East plan to engage with 35 individual children from the Castle ward area throughout this proposed project. We aim to reduce the number of children who experience feelings of isolation during holiday periods. This will be done by providing the children and young people with a safe, welcoming place to meet, participating in activities utilising outdoor space as much as the British weather allows while socialising with peers and Active Families North East staff, offering the children the chance to engage in positive experiences that help develop life skills. This will include activities such as following the nature trail and walk, carrying out activities in the community and general arts/crafts activities.

Outputs

		Overall Target Total
CODE	Healthy Smart City Outputs	
205	number of NEW children and young people benefiting from this project	39
206	number of individual children and young people benefiting from this project- football	150

Application 4

Organisation Details	
Organisation Name	Castletown Scouts
Address Line 1	12 Joyce Terrace
Address Line 2	
City	Sunderland
Postcode	SR5 3BT
Project Details	
Project Title	Castletown Scout Group Sunderland Climbing Wall experience
Project Overview (max. 50 words)	To enable young people who are members of Castletown Scout Group (from various Wards around the North area) the opportunity to experience Sunderland's Climbing Wall. This excellent Facility is only 5mins drive from where the young people are based in Castletown
Total Project Cost	£1604
Match Funding	£0
Total NF Requested	£1604
Project Start Date	1 st August 2024
Project End Date	1 st March 2025
Where will the project be based/delivered from?	Sunderland Climbing Wall

Project Description

Castletown Scout Group have been established for over 50 years and provide a wide range of services and activities for young people aged from 6 to 16 through sessions for Beavers, Cubs, Scouts & Explorers on a Tuesday, Wednesday and Friday on a weekly basis at our centre in Castletown. These sessions are attended and accessed by young people who live in all wards of Sunderland North.

In addition we also aim to offer a range of out of centre activities and residentials in order to give the young people who access our services support and the opportunities to access activities that they may well not have the opportunity to due to financial constraints.

In order to offer additional activities to a wide range of young people we are working with qualified Instructors at Sunderland Climbing Wall, to give 40 unique young people over 8 of sessions the opportunity to use an excellent on the doorstep facility that would normally be unaffordable, giving an overall footfall of 120 over the life time of the project.

Outputs

		Overall Target Total
CODE	Healthy Smart City Outputs	
205	number of NEW children and young people benefiting from this project	40
206	number of individual children and young people benefiting from this project- footfall	120

Application 5

Organisation Details	
Organisation Name	Durham Wildlife Trust
Address Line 1	Rainton Meadows
Address Line 2	Houghton Le Spring
City	Sunderland
Postcode	DH4 6PU
Project Details	
Project Title	Seaburn Beach Rangers (14-18 year olds)
Project Overview (max. 50 words)	Beach Rangers is a program for young people aged 14-18 who want to discover the wonders of our local wildlife and seascapes. They will gain practical experience of coastal environmental protection through education sessions led by our experts at the Durham Wildlife Trust based at Seaburn Beach.
Total Project Cost	£3434
Match Funding	£0
Total NF Requested	£3434
Project Start Date	1 st July 2024
Project End Date	31 st March 2025
Where will the project be based/delivered from?	Seaburn

Project Description

The Beach Rangers Program at Seaburn Beach is an eco-focused initiative designed to provide enriching experiences for young people in Sunderland North. Focusing on increasing youth participation in activities and reaching underserved populations, we will deliver a fully realised program of 10-12 sessions by March 31st, 2025. Drawing from our expertise and past experiences, the Beach Rangers program will empower young people to become environmental stewards while acquiring valuable skills and experiences that enhance their personal development.

To ensure broad participation, we will utilise our established relationships with 10 schools in the local area to recruit participants. Through collaboration with school administrations and educators, we will promote the program and encourage student involvement in the Beach Rangers activities. Additionally, we will leverage North Sunderland's social media presence, including platforms such as Facebook, Twitter, and Instagram, to raise awareness and engage potential participants in the program. By utilising these channels, we aim to reach a wide audience of young people and their families, fostering enthusiasm and interest in environmental stewardship.

Some potential activities include:

- Rocky Shore Surveys: Participants will explore the rocky shore ecosystem, conducting surveys to collect data on marine biodiversity and habitat health.
- Beach Cleans: Engaging in hands-on beach cleans to remove litter and debris, fostering a sense of environmental responsibility and community pride.
- Seabird Walks: Guided walks along the coast to observe and learn about seabird species, their behaviours, and the importance of coastal habitats for wildlife conservation.
- Practical Conservation Tasks: Participants will take part in practical conservation tasks such as dune restoration, native planting, and habitat creation to enhance coastal ecosystems.
- Wildlife Photography: Learning photography techniques while capturing the beauty of coastal landscapes and wildlife, fostering creativity and appreciation for nature.
- Marine Mammal Surveys: Conducting surveys to observe and record sightings of marine mammals, contributing valuable data to ongoing research and conservation efforts.

Through participation in the Beach Rangers program, young people will not only gain practical knowledge and skills but also receive tangible benefits for their personal development. They will have the opportunity to receive recognition for their participation, which could contribute towards their Duke of Edinburgh's Award volunteer hours or provide valuable additions to their CVs and higher education applications.

Our program operates under the guiding principles of #TeamWilder, emphasising community-driven actions to protect and enhance our coastal ecosystems. We are proud to highlight our successful track-record with Beach Rangers such as their participation in Marine Conservation Society's (MCS) national Great British Beach Clean, where our team of Beach Rangers made significant contributions to coastal conservation efforts.

In summary, the Beach Rangers program at Seaburn Beach offers an enticing opportunity for Sunderland North's youth to engage in meaningful environmental stewardship activities while gaining valuable skills and experiences for their future endeavours. By instilling a sense of environmental responsibility and personal growth, we aim to empower young individuals as proactive agents of positive change in their communities.

Outputs

		Overall Target Total
CODE	Healthy Smart City Outputs	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	15
205	number of NEW children and young people benefiting from this project	15
206	number of individual children and young people benefiting from this project- footfall	15

Application 6

Organisation Details	
Organisation Name	MICC Chapel of light
Address Line 1	Cornhill Road
Address Line 2	Monkwearmouth
City	Sunderland
Postcode	SR5 1RU
Project Details	
Project Title	Maximum Impact Youth
Project Overview (max. 50 words)	We aim to create a safe space where young people can grow, relax , engage and connect with their peers. We are devoted to ensuring that our programs are inclusive and accessible to all, irrespective of class, race and socio-economic background.
Total Project Cost	£10,595
Match Funding	£5,600
Total NF Requested	£4,995
Project Start Date	1 st July 2024
Project End Date	1 st July 2025
Where will the project be based/delivered from?	MICC Chapel of Light

Project Description

A hub for secondary school, College and A level aged youth (11-18 year olds), where they can gather, have help with school assignments, monthly themed discussions, socialise and have fun. This will run fortnightly on Fridays at 16:30 - 18:30. Every session will start with 1 hour homework help and discussions. The other half of each session will vary as such fortnightly: video games, cookery, music lessons, drama, educational/TED talks, digital engagement. These 6 sessions will then repeat each quarter in the same order.

These different activities ran fortnightly will aim to develop lifeskills and creativity such as cooking lessons and music lessons. They will also be given the opportunity to play games to relax and socialise with each other. Some aspects of the digital engagement will cover photography, digital storytelling and coding. Furthermore, the children will be given the opportunity to showcase their talents and develop new talents including in the skill of creative writing and acting during the drama sessions.

As part of the monthly themed discussions and the TED talks, we will cover discussions on the importance of education, finding your passion, managing finances, health and wellbeing, inclusivity. We will tie in the health and wellbeing with the cooking sessions on healthy eating and having a balanced diet. The young persons will be given the opportunity to join in the community gardening also.

The project meets the project brief in that it provides a variety of activities for the young children to access and also provides a safe space for them to spend time with their friends and meet new people. The programme will be advertised to include all young persons aged 11-18, so those of a disadvantaged background or with disabilities are also welcome.

By offering a range of activities, it means that young persons of different backgrounds and hobbies may be able to find activities that interest them and not feel left out.

We also plan to take them out to bowling and ice skating during the course of the project. This should be a fun and enjoyable time for them as well as introducing them to what is available to do in Sunderland. It allows those that may be less fortunate to be able to enjoy these activities as well.

Outputs

		Overall Target Total
CODE	Dynamic Smart City Outputs	
101	number of digital hubs created	3
102	number of people accessing digital support- footfall	83
103	number of NEW people accessing digital support	27
105	number of individual Young people moved into Education, Employment or Training	90
CODE	Healthy Smart City Outputs	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	15
204	number of items purchased	30
205	number of NEW children and young people benefiting from this project	30
206	number of individual children and young people benefiting from this project- footfall	90
207	number of individuals signposted into Public/VCS services e.g. information, advice and guidance	90
CODE	Vibrant Smart City Outputs	

301	Number of activities or services delivered that support residents to become more resilient (financially)	15
302	number of individual people more resilient (financially)	110
305	number of NEW volunteers recruited	11
306	number of volunteers participating	11
307	number of volunteer hours delivered	36

Application 7

Organisation Details	
Organisation Name	Minerva Arts & Wellbeing
Address Line 1	31 Norfolk Street
Address Line 2	
City	Sunderland
Postcode	SR1 1EE
Project Details	
Project Title	Activities for Young People
Project Overview (max. 50 words)	We propose to deliver 11 sessions from 1st July 2024 to 31st March 2025, providing a variety of engaging, practical arts and creative activities designed to support children's learning and develop wider functional skills while providing a healthy snack each session.
Total Project Cost	£5,000
Match Funding	£0
Total NF Requested	£5,000
Project Start Date	1 st July 2024
Project End Date	31 st March 2025
Where will the project be based/delivered from?	Southwick Neighbourhood Youth Project

Project Description

Our project aims to provide enriching and educational activities for children living in the Southwick area. These activities are designed to promote outdoor exploration, develop practical math, English, arts and digital skills (such as weighing, measuring, writing, and using our iPads/tablets), and enhance confidence, social skills, and inclusivity. We have delivered similar projects in other areas of Sunderland over recent years to great impact, and have been successful through these projects in applying for and securing match funding to provide even more activity to complement the funded provision. If successful in our application we would apply the same approach to this project, hopefully securing additional funding to enable us to deliver even more sessions as part of this programme, increasing the scale of the project with support from match funding if we are able to secure it.

We will provide 11 sessions running until 31st March 2025

1. Visits to Local Shops: Participants will visit local retailers to learn about supporting small businesses, healthy eating habits, and the concept of food miles. We will purchase seasonal fruits and use them to create fun and imaginative fruit monsters, encouraging creativity and healthy snack choices.
2. Exploring Local Green Spaces: Through guided nature walks to Southwick Green/Thompson Park, participants will explore nearby green spaces to observe and identify local plant and animal species. As part of this experience, they will have the opportunity to craft a ceramic wind chime inspired by natural materials found during their exploration, promoting environmental awareness and artistic expression.
3. Using "The Colour Monster" for Emotional Discussion: We will use characters from "The Colour Monster" book by Anna Llenas to facilitate discussions about back-to-school feelings and emotional well-being. Participants will then create clay "feelings monsters," leveraging the therapeutic benefits of working with clay to address anxieties and promote mindfulness.
4. Making Handmade Pots with Cress Seeds: Participants will craft their own handmade pots and plant cress seeds. This activity not only teaches basic pottery skills but also provides a hands-on gardening experience. Participants will be encouraged to care for their growing cress at home, fostering a sense of responsibility and connection to nature. Helpful notes will be provided for home care.
5. Crafting 3D Pumpkin Herb Pots: Participants will engage in a fun and festive activity by crafting 3D pumpkin-shaped herb pots using clay. After creating these unique pots, they will plant them with a variety of herbs including chives, cress, garlic, and spring onions. Instructions on how to care for and grow these herbs at home will be provided, empowering participants to continue their gardening journey beyond the session.
6. Exploring Autumn Wildlife: Participants will delve into the wonders of autumn wildlife through sensory exploration. They will learn about the sights, sounds, and smells of the season, identifying local wildlife and observing their behaviours. As part of this experience, participants will have the opportunity to create bug hotels using natural materials, providing a cosy habitat for insects. These bug hotels will serve as both a learning tool and a takeaway item for participants to continue fostering an appreciation for nature at home.
7. Creating homemade bird feeders: To actively contribute to bird welfare, we will craft homemade bird feeders using lard balls and seeds. This hands-on activity allows participants to create nourishing treats for the birds, which they can later place in their gardens or local green spaces to provide vital sustenance.
8. Making lolly birdhouses: In addition to bird feeders, we will engage in a creative project by making lolly birdhouses. These miniature bird shelters, crafted from simple materials like lollipop sticks and glue, offer a fun and artistic way to contribute to bird conservation while learning about the needs of our feathered friends.
9. Ceramic Fruit Bowls: we will make nature-inspired art by enabling children to create ceramic fruit bowls using leaves collected from Southwick Green. This activity will not only foster artistic expression but also provide an opportunity for hands-on engagement with the natural environment.

10. Money Boxes: Participants will make money boxes. This activity will serve as a platform to inspire discussions around basic budgeting and saving pocket money. It introduces important financial literacy concepts in a fun and accessible manner.
11. Tie-Dye T-Shirt Workshop: Children will take part in a tie-dye t-shirt workshop, learning creative dyeing techniques to customise t-shirts. This activity promotes artistic expression, boosts confidence through hands-on creativity, and encourages an appreciation for unique fashion and design. Participants will develop fine motor skills and explore colour theory while engaging in a fun and memorable art project.
- In terms of overall outcomes, the children will develop self-confidence, inter-personal, social and functional skills, they will make friends, develop their knowledge of nutrition and environmental decision-making, be more active, have an improved knowledge of community green space and be more encouraged to get out into the fresh air, supporting active healthy lifestyles and helping to combat childhood obesity.
- We will work with Southwick Neighbourhood Youth Project and engage the local community to ascertain the best times and days to run this project. Tailoring the schedule to best fits the needs of the community. We will also work with the Northumbria Police and the Youth Offending Service to help combat ASB. By working with and engaging these young children we can help prevent antisocial behaviour by fostering positive social skills and emotional development early on, promoting empathy and respect for others. Furthermore, we will also work with Southwick Community Primary School to promote the project to children who will benefit from taking part.
- We run an established volunteering programme and will signpost the relevant opportunities for this project, to encourage more people in the community to engage in volunteering.
- We will include a healthy snack each session, and we will engage with 80 individual children in total through this project, split into two groups - 4-7 year olds (reception / KS1) and 8-11 year olds (KS2). We will work with 10 children each session, please note some children may attend more than one session. We will provide 2 fully DBS-checked tutors each week and 1 will be a trained first aider.

Outputs

		Overall Target Total
CODE	Healthy Smart City Outputs	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	11
205	number of NEW children and young people benefiting from this project	80
206	number of individual children and young people benefiting from this project- footfall	80
CODE	Vibrant Smart City Outputs	
305	number of NEW volunteers recruited	2
306	number of volunteers participating	3
307	Number of volunteer hours delivered	25

Application 8

Organisation Details	
Organisation Name	North East Sport CIC
Address Line 1	Monkwearmouth Academy
Address Line 2	Torver Crescent
City	Sunderland
Postcode	SR6 8LG
Project Details	
Project Title	Summer Beach Camps
Project Overview (max. 50 words)	Action-packed beach camps for young people 4 to 11 years. Build sandcastles, explore rockpools, play games, and learn about our amazing coast. Summer 2024!
Total Project Cost	£10,590
Match Funding	£5,775
Total NF Requested	£4,815
Project Start Date	5 th August 2024
Project End Date	30 th August 2024
Where will the project be based/delivered from?	Monkwearmouth Academy and Roker Pods

Project Description

Beach Adventures: Summer Camps for Kids (Age 4-11) Including a Breakfast Club each day there would be nominal charge of £7 per day for North Sunderland residents to attend, with the funding requested making the remainder of the budget, we have found through experience that charging is more likely to stop non attendees. The charge will also help maximise our outputs by providing a comprehensive delivery over 19 days over the summer six week holidays , delivering 95 hours of positive activities for young people including breakfast clubs and transport from Monkwearmouth Academy to the seafront, where we will be based at Roker park pods. Each day will provide 5 hours of provision for young people. We plan to run our programme Monday to Friday 9:30-14:30 everyday from Monday 5th August until Friday 30th August (Excluding bank holiday Monday) 19 days in total. Promotion of the program will be through the North Sunderland Community Facebook page.

Each day would consist of a Breakfast club including toast, cereal, fruit juice and game activities, we would then take young people down to the beach and do a variety of activities including rock pooling, sandcastle building, pond fishing, plodging, sports, games and arts and crafts. We have young volunteers from Monkwearmouth Academy who are interested in getting involved to help run and promote the programme.

Advertisements and places will be offered exclusively to North Sunderland residents ensuring that we target the right audience and beneficiaries

Beach camps have proven enormously successful in the past and people have said

"Affordable and different from other activities, it gets my kids outside and active!"

"My child made new friends and played outside, free from screens!"

"It promotes social skills, life skills, exercise, and pure FUN!"

"They learned new skills and made lasting friendships!"

"Keeps them entertained during the holidays!"

"Fresh air, exercise, and seaside adventures! My grandchild loved it!"

"Local activities that keep kids active outdoors!"

"Unique from other camps, with fresh air and group activities!"

"Outdoor play, adventure, and fresh air!"

"Well-run, affordable, and gets kids outdoors! Perfect for working parents!"

"They explore the local area and coastline with friends, having fun and adventures while learning life skills!"

"Peace of mind knowing my child is safe, having fun, getting fresh air, and making friends!"

"A mix of fun activities outside!"

"Affordable childcare that's safe and fun!"

"Builds confidence, independence, and self-esteem!"

"A great alternative for kids who don't like traditional sports!"

"Health, friendship, fun, and education!"

"Familiar and new activities, outdoor play, and learning opportunities!"

"Helps them develop confidence while being outside!"

A qualified team of camp leaders and instructors, including beach school practitioners, will supervise children throughout the programme, ensuring their safety and well-being. Risk assessments will be conducted for all activities, and safety procedures will be clearly communicated to participants and guardians. The minibus transport will adhere to all safety regulations and ensure a comfortable journey to and from the beach location. First-aid certified staff will be present throughout the day to address any minor injuries.

Clear communication with parents or guardians will be maintained, with updates provided on daily activities and pick-up procedures.

By participating in these beach camps, young people can expect to:

Develop a love for the seaside and a deeper appreciation for the coastal environment.

Gain knowledge about the marine ecosystem and coastal conservation practices through expert-led activities.

Improve teamwork and communication skills through collaborative activities.

Increase physical activity levels and develop a love for healthy movement.

Build new friendships and enjoy a fun and enriching summer experience.

Outputs

		Overall Target Total
CODE	Healthy Smart City Outputs	
205	number of NEW children and young people benefiting from this project	114
206	number of individual children and young people benefiting from this project- footfall	570
CODE	Vibrant Smart City Outputs	
305	Number of NEW volunteers recruited	2
306	Number of volunteers participating	2
307	Number of volunteer hours delivered	114

Application 9

Organisation Details	
Organisation Name	North East Sport CIC
Address Line 1	Monkwearmouth Academy
Address Line 2	
City	Sunderland
Postcode	SR6 8LG
Project Details	
Project Title	Active Esports: Get Moving in the Game!
Project Overview (max. 50 words)	North East Sport (NES) is excited to introduce a pilot program, Active Esports, designed to promote healthy gaming habits among youth in the north ward of Sunderland. This innovative program combines the thrill of esports with engaging physical activities, fostering a well-rounded approach to digital entertainment.
Total Project Cost	£13,180
Match Funding	£8,800
Total NF Requested	£4,380
Project Start Date	5 th August 2024
Project End Date	31 st March 2025
Where will the project be based/delivered from?	Monkwearmouth Academy

Project Description

North East Sport is excited to submit a proposal for a pilot programme called Active Esports: Get Moving in the Game!. This innovative programme targets young people aged 11-16 in the North ward of Sunderland with a passion for esports. Leveraging our brand new esports centre funded by the UKSPF, Active Esports aims to create a healthy and engaging environment that promotes responsible esports participation alongside mandatory physical activity and education. The funding awarded will allow us to provide FREE activities for young people from the North wards of Sunderland, specifically targeting these young people. Promotion of the program will be through the North Sunderland Community Facebook page.

Addressing the Need and Project Objectives:

Need: Esports participation has surged in popularity, but concerns exist regarding sedentary lifestyles. Active Esports addresses this by dedicating 1 hr for every 2 hrs gaming by engaging physical activity, ensuring a balanced approach.

Objectives:

Promote responsible and healthy esports participation through a structured format.

Increase physical activity levels by dedicating a mandatory hour to exercise within each session.

Educate participants about the importance of health

Foster social interaction and teamwork through collaborative activities.

Create a fun and engaging environment that appeals to young esports enthusiasts.

Creating a safe space for young people who maybe at risk of antisocial behaviour

Engaging new people who may not have been engaged in any youth provision

For every 2 hours of participation in the Active Esports programme, participants will be required to commit to 1 hour of dedicated health activities:

Esports Session:

Participants dive into their chosen esports titles under the guidance of experienced facilitators.

NES provides high-quality equipment within the new esports centre for a safe and competitive environment.

Mandatory Healthy Sports Activity:

Combat sedentary gaming with engaging physical activities led by qualified staff utilising the sports hall. This includes team-based sports tournaments like football, netball, or basketball, as well as collaborative games like badminton.

Educational Workshops:

Interactive workshops equip participants with essential knowledge for healthy gaming:

Maintaining good posture and ergonomics while gaming.

Fueling their bodies with healthy foods and hydration for peak performance.

Recognising and managing signs of gaming addiction.

The importance of sleep for focus and recovery.

Programme Schedule:

The Active Esports programme will run for a pilot period of 30 weeks starting from August 5th. To cater to school schedules, sessions will be delivered as follows:

School Holidays: Sessions will run during the day to maximise accessibility for participants.

School Term: Sessions will be held in the evenings to avoid disruption to schoolwork.

Total Programme Hours: 9 hours per week

Face-to-Face Delivery: 6 hours per week

Participants will engage in the structured programme activities as outlined previously (esports session, mandatory health sports activity, workshops).

Project Management: 3 hours per week

This dedicated time will be used for:

Planning and scheduling sessions.

Advertising and promoting the programme to the target audience.

Evaluating participant progress through surveys and data collection.

Monitoring programme effectiveness to ensure smooth operation.

Staffing

To deliver the Active Esports programme effectively, NES will employ a dedicated worker. This individual will possess or be working towards the following qualifications and responsibilities:

Experience: Familiarity with esports and a passion for youth development.

Qualifications: Relevant qualifications in sports coaching, youth work, or a related field

Responsibilities:

Implement all programme activities, including esports facilitation, leading physical activities, and delivering optional workshops.

Manage project logistics, including scheduling, advertising, participant communication, and data collection.

Ensure the safety and well-being of participants during all sessions.

Budget Considerations

By offering a structured programme that balances esports engagement with mandatory physical activity and educational workshops, Active Esports provides a unique and impactful approach to promoting healthy youth esports participation. The flexible delivery schedule caters to both school holidays and term times, ensuring maximum accessibility for young people in North Sunderland.

We believe this revised proposal effectively addresses the feedback provided and remains within the requested character limit. We look forward to partnering with you to bring Active Esports: Get Moving in the Game! to life.

Outputs

		Overall Target Total
CODE	Healthy Smart City Outputs	
205	number of NEW children and young people benefiting from this project	70
206	number of individual children and young people benefiting from this project- footfall	190
CODE	Vibrant Smart City Outputs	
305	Number of NEW volunteers recruited	4
306	Number of volunteers participating	4
307	number of volunteer hours delivered	78

Application 10

Organisation Details	
Organisation Name	Redby Community Association
Address Line 1	Fulwell Road
Address Line 2	
City	Sunderland
Postcode	SR6 9QU
Project Details	
Project Title	Kidz Klub 5-7 year olds Play Provision
Project Overview (max. 50 words)	Providing holiday activities for young people between the ages of 5-11years old, who reside in the North of the City, specifically St.Peter's ward. The program will include a wide and varied range of physical and creative activities that will promote social inclusion, personals and social development and support cognitive and physical development.
Total Project Cost	£5,388
Match Funding	£388
Total NF Requested	£5,000
Project Start Date	9 th September 2024
Project End Date	31 st March 2025
Where will the project be based/delivered from?	Redby Community Centre

Project Description

The program of delivery will begin in September 2024 to coincide with the new school term. Ending on the 31st March 2025, taking place during term time only. The activities will take place in Redby Community centre. Providing a safe and nurturing space for young people where they are able to access a wide range of provision that meets their ever changing needs. This provision is FREE to access.

Activities will include physical, creative and S.T.E.M tasks that will enable individuals to experience new exciting opportunities to experience something new and offer young people the opportunity to develop and strengthen personal, social skills and resilience in addition to supporting community cohesion. In addition to the wide range of activities on offer, young people will have the opportunity to access a range of healthy hot and cold snacks/ light meals, guided by Sunderland City council school meal policy. We aim to ensure young people get access to a balanced healthy diet while accessing our provision; is crucial in maintaining the foundations for positive physical and educational growth. If a child is hungry we will ensure that they receive enough sustenance to meet their needs. Many families that we support from the North of the City struggle to provide a diverse range of food experiences for their child/ren due to the cost of living rise, we aim to build on the individuals current experience and expand their knowledge and experience of trying different food combinations and explore new taste experiences. Our program of delivery aims to ensure that all young people gain a positive outcome from participating in our program of delivery. Enabling them to strengthen transferable skills and support and reinforce formal educational skills and informal educational and life skills. We aim to support the individual to become that little bit more confident, self-assured and more resilient. We will work in collaboration with local schools including Dame Dorothy Primary School, St.Benets R.C, Redby Primary School and Sunderland together for children to identify young people who may benefit from attending the sessions, those who are most in need/ vulnerable and may need that additional nurturing to support their participation in the range of activities that will be on offer.

As part of our overall strategy of 'growing our own' Play, Youth and Community workers who have local knowledge of local need, we support our young people and older members of the community the opportunity to volunteer within our organisation. This offers members the chance to gain an insight into Play, Youth and Community work, allowing individuals to gain valuable work experience and also enables the individual the opportunity if they wish to gain access to training and learning to build a portfolio of experiences that can be transferable to other job / educations opportunities.

The 2 hours of provision not only enables the young person independent time to explore and learn in a safe and nurturing environment but allows respite for parents and carers. Providing a positive outcome for all members of the family unit.

Outputs

		Overall Target Total
CODE	Healthy Smart City Outputs	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	25
205	number of NEW children and young people benefiting from this project	30
206	number of individual children and young people benefiting from this project- footfall	60
207	number of individuals signposted into Public/VCS services e.g. information, advice and guidance	10
CODE	Vibrant Smart City Outputs	
305	Number of NEW volunteers recruited	2
306	Number of volunteers participating	2
307	Number of volunteer hours delivered	50

Application 11

Organisation Details	
Organisation Name	Redby Community Association
Address Line 1	Fulwell Road
Address Line 2	
City	Sunderland
Postcode	SR6 9QU
Project Details	
Project Title	Kidz Klub 7-9 year olds Play Provision
Project Overview (max. 50 words)	Providing holiday activities for young people between the ages of 7-9 years old, who reside in the North of the City, specifically St.Peter's ward. The program will include a wide and varied range of physical and creative activities that will promote social inclusion, personals and social development and support cognitive and physical development.
Total Project Cost	£5,388
Match Funding	£388
Total NF Requested	£5,000
Project Start Date	9 th September 2024
Project End Date	31 st March 2025
Where will the project be based/delivered from?	Redby Community Centre

Project Description

The program of delivery will begin in September 2024 to coincide with the new school term. Ending on the 31st March 2025, taking place during term time only. The activities will take place in Redby Community centre. Providing a safe and nurturing space for young people where they are able to access a wide range of provision that meets their ever changing needs. This provision is FREE to access.

Activities will include physical, creative and S.T.E.M tasks that will enable individuals to experience new exciting opportunities to experience something new and offer young people the opportunity to develop and strengthen personal, social skills and resilience in addition to supporting community cohesion. In addition to the wide range of activities on offer, young people will have the opportunity to access a range of healthy hot and cold snacks/ light meals, guided by Sunderland City council school meal policy. We aim to ensure young people get access to a balanced healthy diet while accessing our provision; is crucial in maintaining the foundations for positive physical and educational growth. If a child is hungry we will ensure that they receive enough sustenance to meet their needs. Many families that we support from the North of the City struggle to provide a diverse range of food experiences for their child/ren due to the cost of living rise, we aim to build on the individuals current experience and expand their knowledge and experience of trying different food combinations and explore new taste experiences. Our program of delivery aims to ensure that all young people gain a positive outcome from participating in our program of delivery. Enabling them to strengthen transferable skills and support and reinforce formal educational skills and informal educational and life skills. We aim to support the individual to become that little bit more confident, self-assured and more resilient. Ready to begin the transition from primary to juniors. We will support transferable life skills that will enable participants to have greater understanding of their opportunities and how they are able to make positive life choices. We will work in collaboration with local schools including Dame Dorothy Primary School, St.Benets R.C, Redby Primary School and Sunderland together for children to identify young people who may benefit from attending the sessions, those who are most in need/ vulnerable and may need that additional nurturing to support their participation in the range of activities that will be on offer. As part of our overall strategy of 'growing our own' Play, Youth and Community workers who have local knowledge of local need, we support our young people and older members of the community the opportunity to volunteer within our organisation. This offers members the chance to gain an insight into Play, Youth and Community work, allowing individuals to gain valuable work experience and also enables the individual the opportunity if they wish to gain access to training and learning to build a portfolio of experiences that can be transferable to other job / educations opportunities. The 2 hours of provision not only enables the young person independent time to explore and learn in a safe and nurturing environment but allows respite for parents and carers. Providing a positive outcome for all members of the family unit.

Outputs

		Overall Target Total
CODE	Healthy Smart City Outputs	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	25
205	number of NEW children and young people benefiting from this project	30
206	number of individual children and young people benefiting from this project- footfall	60
207	number of individuals signposted into Public/VCS services e.g. information, advice and guidance	10
CODE	Vibrant Smart City Outputs	
305	Number of NEW volunteers recruited	2
306	Number of volunteers participating	2
307	Number of volunteer hours delivered	50

Application 12

Organisation Details	
Organisation Name	Redby Community Association
Address Line 1	Fulwell Road
Address Line 2	
City	Sunderland
Postcode	SR6 9QU
Project Details	
Project Title	Kidz Klub 9- 11 year olds Play Provision
Project Overview (max. 50 words)	Providing holiday activities for young people between the ages of 9-11 years old, who reside in the North of the City, specifically St.Peter's ward. The program will include a wide and varied range of physical and creative activities that will promote social inclusion, personals and social development and support cognitive and physical development.
Total Project Cost	£5,388
Match Funding	£388
Total NF Requested	£5,000
Project Start Date	9 th September 2024
Project End Date	31st March 2025
Where will the project be based/delivered from?	Redby Community Centre

Project Description

The program of delivery will begin in September 2024 to coincide with the new school term. Ending on the 31st March 2025, taking place during term time only. The activities will take place in Redby Community centre. Providing a safe and nurturing space for young people where they are able to access a wide range of provision that meets their ever changing needs. This provision is FREE to access.

Activities will include physical, creative and S.T.E.M tasks that will enable individuals to experience new exciting opportunities to experience something new and offer young people the opportunity to develop and strengthen personal, social skills and resilience in addition to supporting community cohesion. In addition to the wide range of activities on offer, young people will have the opportunity to access a range of healthy hot and cold snacks/ light meals, guided by Sunderland City council school meal policy. We aim to ensure young people get access to a balanced healthy diet while accessing our provision; is crucial in maintaining the foundations for positive physical and educational growth. If a child is hungry we will ensure that they receive enough sustenance to meet their needs. Many families that we support from the North of the City struggle to provide a diverse range of food experiences for their child/ren due to the cost of living rise, we aim to build on the individuals current experience and expand their knowledge and experience of trying different food combinations and explore new taste experiences. Our program of delivery aims to ensure that all young people gain a positive outcome from participating in our program of delivery. Enabling them to strengthen transferable skills and support and reinforce formal educational skills and informal educational and life skills. We aim to support the individual to become that little bit more confident, self-assured and more resilient. Ready to begin the transition from junior to senior schools. We will support transferable life skills that will enable participants to have greater understanding of their opportunities and how they are able to make positive life choices and strengthen their resilience ready for the transition to secondary school. We will work in collaboration with local schools including Dame Dorothy Primary School, St.Benets R.C, Redby Primary School and Sunderland together for children to identify young people who may benefit from attending the sessions, those who are most in need/ vulnerable and may need that additional nurturing to support their participation in the range of activities that will be on offer.

As part of our overall strategy of 'growing our own' Play, Youth and Community workers who have local knowledge of local need, we support our young people and older members of the community the opportunity to volunteer within our organisation. This offers members the chance to gain an insight into Play, Youth and Community work, allowing individuals to gain valuable work experience and also enables the individual the opportunity if they wish to gain access to training and learning to build a portfolio of experiences that can be transferable to other job / educations opportunities.The 2 hours of provision not only enables the young person independent time to explore and learn in a safe and nurturing environment but allows respite for parents and carers. Providing a positive outcome for all members of the family unit.

Outputs

		Overall Target Total
CODE	Healthy Smart City Outputs	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	25
205	number of NEW children and young people benefiting from this project	30
206	number of individual children and young people benefiting from this project- footfall	60
207	number of individuals signposted into Public/VCS services e.g. information, advice and guidance	10
CODE	Vibrant Smart City Outputs	
305	Number of NEW volunteers recruited	2
306	Number of volunteers participating	2
307	Number of volunteer hours delivered	50

Application 13

Organisation Details	
Organisation Name	Salvation Army
Address Line 1	Austin House
Address Line 2	Shakespeare Street
City	Sunderland
Postcode	SR5 2JX
Project Details	
Project Title	Salvation Army After School Club Additional Activities
Project Overview (max. 50 words)	Provision of activities for two after school clubs for primary school age children and one after school club for secondary school age children.
Total Project Cost	£5,975
Match Funding	£980
Total NF Requested	£4,995
Project Start Date	1 st July 2024
Project End Date	31 st March 2025
Where will the project be based/delivered from?	Austin House

Project Description

The Salvation Army after school club is on every Tuesday and Thursday (3.15pm to 5pm) during term time. The club is free and the children receive a healthy hot meal and activities during the session. There are 45 children aged 5 to 11 currently attending each session, with a further 20 on the waiting list. The sessions and a waiting list are not advertised due to high demand and limited capacity, word of mouth is the only method of advertising to date. The after school club is ran by volunteers, youth/ children workers and assistance from Southwick Altogether Raising Aspirations (SARA). The majority of children who attend the club are from Southwick Primary School, with several children also coming from Grange Park Primary School and Northern Saints Primary School. The objective of the after school club is to provide a safe place for children, provide activities that they may not be able to access at home, keep children active and keep them away from anti-social behaviour. The club is also an important space to have a hot healthy meal as the majority of the children receive free school meals and are from low income households who are struggling with the cost of living. We have had many families speak with us about how this club helps them feed their children and keep costs down.

There is also a small Starfish Group on a Thursday evening for 11 to 16 years who are looked after children and young people with SEND. The objective of the Starfish Group is to provide a safe, caring space for young people who are socially isolated to improve their social skills and to make friends. There is capacity in this group to expand if funding is provided for activities.

The project will meet with project brief and specifications by:

The project has engaged with Northumbria Police regarding a targeted approach to provide activities for children in the Southwick area, particularly in Ridley Street which has witnessed anti-social behaviour by primary school aged children recently.

We work closely with local schools to ensure that children are able to attend the sessions. For example, the school/ our volunteers pick up children who are looked after from school and bring them to the after school club as their foster carers live too far away to pick up, drop off then return at 5pm. This has given 4 children the chance to take part in activities.

The older children have expressed an interest in swimming and attending the gym. We have scheduled both activities into the proposal. The younger children have expressed an interest to do science and sport so we have chosen two providers who can offer a variety of activities for example tag rugby, curling, archery, assault courses etc. This will allow us to amend the activity on a regular basis if the children want to try something else. We are outsourcing the activities to providers and will not be paying any of our workers using the funding. All money will be spent on activities for the children.

The proposed programme of activity will include:

Tuesday 3.30pm to 4.30pm football, 4.30-5pm food provided. 5pm pick up.

Thursday 3.30 to 5pm chosen activities voted for by the children. The duration is likely to be 3 x 30 minute sessions or 2 x 45 minute sessions depending on the structure of the activity and the number of children it can cater for at any one time. We will have our arts and crafts, lego and computing sessions on offer to the children as we understand that not all children like all activities.

We understand the existing provision at Southwick Neighbourhood Youth Project and encourage our older children to attend their sessions to make new friends, experience a different environment etc. Our older children leave the primary after school club at 11 years old, which makes room for new starters. The children are encouraged to attend SNYP if they do not have any additional needs, as our Starfish group only focuses on children with additional needs, social isolation etc. Our parents/ children seem to prefer the provision we have at Austin House as it is close to Southwick Primary School and offers a free hot meal. We appreciate that the two provisions cater for different families (Salvation Army/ SNYP).

The project supports and encourages volunteers by providing volunteering opportunities in youth work. We train volunteers, apply for a DBS and help them train towards qualifications including health and safety, first aid, children's sport activities etc. We aim to upskill all volunteers to enable them to develop life skills, increase their employability or take part in other volunteering opportunities.

There won't be able bookable activities as all the children will be part of the after school club due to capacity issues and the amount of SEND children we have at the club which we need correct adult/ child ratios for.

The funding will allow for the 11-16 year old Starfish group to grow and provide the young people with activities to keep them away from anti-social behaviour, make friends and develop much needed social/ life skills. We aim to work with the most socially isolated teens who prefer small group settings.

Without funding, the children from the after school club would not be able to put on activities due to cost. We do not charge families for the after school club due to families being on low incomes and many children receive free school meals. The activities will provide children with opportunities to take part in activities which they would unlikely be able to take part in due to family incomes. It will also help them develop social/ life skills and raise their aspirations.

The project will have taster sessions from 1st July to 19th July to allow children to vote for their favourite activities. We have held activities in the past such as karate and dancing which very few children enjoyed so we would like the children to try out activities to see if they would be interested in taking part September 24 to March 25 (6 week blocks of each activity).

Outputs

		Overall Target Total
CODE	Healthy Smart City Outputs	
205	number of NEW children and young people benefiting from this project	25
206	number of individual children and young people benefiting from this project- footfall	150
CODE	Vibrant Smart City Outputs	
305	Number of NEW volunteers recruited	2
306	Number of volunteers participating	19
307	Number of volunteer hours delivered	1240

Application 14

Organisation Details	
Organisation Name	Sunderland Community Action Group
Address Line 1	St. Peter's Gate
Address Line 2	Charles Street
City	Sunderland
Postcode	SR6 0AN
Project Details	
Project Title	Kidz Club
Project Overview (max. 50 words)	Providing holiday activities for young people between the ages of 5-11years old, who reside in the North of the City, specifically St. Peter's ward. The program will include a wide and varied range of physical and creative activities that will promote social inclusion, personals and social development and support cognitive development.
Total Project Cost	£6,250
Match Funding	£1,250
Total NF Requested	£5,000
Project Start Date	28 th October 2024
Project End Date	28 th February 2025
Where will the project be based/delivered from?	Dame Dorothy Youth and Community Hub

Project Description

The program of delivery will span over the October 2024 and February 2025 half terms. Taking place in community spaces within the St. Peters ward. Providing a safe and nurturing space for young people where they are able to access a wide range of provision that meets their ever changing needs. This provision is FREE to access.

Activities will include physical, creative and S.T.E.M tasks that will enable individuals to experience new exciting opportunities to experience something new and offer young people the opportunity to develop and strengthen personal, social skills and resilience in addition to supporting community cohesion. In addition to the wide range of activities on offer, young people will have the opportunity to access a range of healthy hot and cold meals, guided by Sunderland City council school meal policy. We aim to ensure young people get access to a balanced healthy diet while accessing our provision including snacks and fresh fruit. If a child is hungry we will ensure that they receive enough sustenance to meet their needs. Many families that we support from the North of the City struggle during these holiday periods to support their children as they are largely linked to lower socio economic groups that are unable due to the cost of living rise, to provide alternative activities for their children to attend and in doing so prevent new opportunities for their children to take part in new experiences and learn new skills. Our program of delivery aims to ensure that all young people gain a positive outcome from participating in our program of delivery. Enabling them to return back to school at the end of the half term and become that little bit more confident, self-assured and more resilient. We will work in collaboration with local schools including Dame Dorothy Primary School, St.Benets R.C, Redby Primary School and Sunderland together for children to identify young people who may benefit from attending the sessions, those who are most in need/ vulnerable and may need that additional nurturing to support their participation in the range of activities that will be on offer.

As part of our overall strategy of 'growing our own' youth and community workers who have local knowledge of local need, we support our young people and older members of the community the opportunity to volunteer within our organisation. This offers members the chance to gain an insight into youth and community work, allows the individuals to gain valuable work experience and also enables the individual the opportunity if they wish to gain access to training and learning opportunities to build a portfolio of experiences that can be transferable to other job / educations opportunities.

The 4 hours of provision not only enables the young person independent time to explore and learn in a safe and nurturing environment but allows respite for parents and carers. Providing a positive outcome for all members of the family unit.

Outputs

		Overall Target Total
CODE	Healthy Smart City Outputs	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	5
205	number of NEW children and young people benefiting from this project	65
206	number of individual children and young people benefiting from this project- footfall	150
207	number of individuals signposted into Public/VCS services e.g. information, advice and guidance	10
CODE	Vibrant Smart City Outputs	
305	Number of NEW volunteers recruited	5
306	Number of volunteers participating	5
307	Number of volunteer hours delivered	65

Application 15

Organisation Details	
Organisation Name	Sunderland Community Action Group
Address Line 1	St. Peters Gate
Address Line 2	Charles Street
City	Sunderland
Postcode	SR6 0AN
Project Details	
Project Title	SNAP – Sunderland North Adventure Project
Project Overview (max. 50 words)	SCAG will offer a wide range of interactive adventurous outdoor activities for young people 11-18yrs old. This project will focus on activities that will be diverse, exciting, and stimulating. Enabling young people to access this opportunity without the stigma of not being able to attend due to lack of family finances.
Total Project Cost	£7,982
Match Funding	£2,982
Total NF Requested	£5,000
Project Start Date	1st July 2024
Project End Date	1st September 2024
Where will the project be based/delivered from?	St. Peters Cycle and Sports Hub

Project Description

This Project will enable more young people to be given the opportunity to break down barriers to wider participation, enabling them to have the same opportunities as their peers with the same positive outcomes and memories. A range of Outward bounds adventurous activities will be offered to groups of young people across The St Peters ward. This will enable us to offer young people a clear straight forward route to activities enabling them to quickly access and participate in a range of bespoke organised events, delivered by a qualified team of friendly Youth workers. We would like to take young people on an outward-bound journey where they can safely participate in a fully inclusive experience.

Our Project will...

- Promote independence, improve health, and encourage an active lifestyle.
- Improve positive lifestyle changes, promoting vigour & wellbeing within their community.
- Promote positive mental health.
- Reduce social isolation and help build confidence and self-esteem.
- Signpost people to other organisations for information to other primary services.
- Reduce Anti-social behaviour across communities Young people will be able to choose from a range of out of centre activities delivered within 12-month period, activities include:

Overnight Camping – Young people will be transported to an organised campsite at Stonehaugh Northumberland where they will learn how to set up a bespoke group campsite. Young people will be given the opportunity to learn new skills like, erecting and dismantling various small to large tents/shelters. Safely assemble and use an outdoor cooking & washing station, while not forgetting to safely store sleeping bags, food and a range of camping equipment from the elements. Young people will be encouraged to participate in a range of FUN based games centre around enjoying the great outdoors free from the pressure of social media and technology.

Bush craft - Bushcraft increases your awareness of the natural world and how we are all connected to it. It allows young people to establish their understanding of the outdoors while also inviting them to experience a wholesome activity within the natural environment. Bushcraft has been proven to increase personal and social skills while also strengthening existing relationships, other benefits include: - Building self Confidence and independence, Team building, Understanding nature and your role within the wider community. Outdoor activities, such as bushcraft, enables young people to tackle the outside world in a way that is unavailable within their urban environments. When embarking on this journey, young people will be met with exciting new challenges that require creative problem solving, determination and understanding.

Group Cycling & Campfire – a summer cycle trip into the country then Sitting around the Campfire can make for the perfect day/evening activity, especially when your sitting under the stars toasting marshmallows as the group share stories and enjoy some delicious hot chocolate. Building a campfire can be incredibly satisfying, as they provide a comforting and exciting environment that allows for a natural learning and calming environment. The science and method behind creating a campfire is not only fun but is also incredibly informative. This is a controlled activity and young people will also get to understand the dangers of lighting fires, so it's important to highlight this and make sure everyone understands the importance of keeping a safe distance while still enjoying this activity. Weardale adventure centre – Based at Bishop Auckland, Co Durham. We will link up with this outdoor activity centre in Weardale and offer young people the opportunity to be transported via minibus to the centre where they will be able to access a full day of outward-bound activities. The centre is in an area of natural beauty and offers those participating the opportunity to choose a range of fantastic activities including Canoeing, Rock Climbing, Kayaking, High Ropes, Raft building, Archery and Gorge Walking. Off road cycling – Young people will be transported via minibus to an off-road cycle route within the Durham countryside where they will have the opportunity to access a range of mountain bike courses. The courses are designed for a range of riders from the beginner course to the more adventurous cyclist. Off road mountain bikes are

a great way to exercise and connect with the countryside compared to road biking. The bike has fatter tires with rugged tread for stability and durability and gives the cyclist a more upright cycling position that lets you enjoy the view while you're riding. While we are in the country what better way to have a rest and a picnic with your friends. All food will be transported and supplied on the day of the event.

Outputs

		Overall Target Total
CODE	Healthy Smart City Outputs	
205	number of NEW children and young people benefiting from this project	80
206	number of individual children and young people benefiting from this project- footfall	80
CODE	Vibrant Smart City Outputs	
305	Number of new volunteers recruited	3
306	Number of volunteers participating	3
307	Number of volunteer hours delivered	180

Application 16

Organisation Details	
Organisation Name	Southwick Neighbourhood Youth Project
Address Line 1	271 Southwick Road
Address Line 2	
City	Sunderland
Postcode	SR5 2AB
Project Details	
Project Title	SNYP Come And Try sessions (SNYP CAT's)
Project Overview (max. 50 words)	We will offer young people the chance to 'Come And Try' a range of sports sessions utilising the new Playzone and local facilities.
Total Project Cost	£2,673
Match Funding	£0
Total NF Requested	£2,673
Project Start Date	1 st June 2024
Project End Date	31 st March 2025
Where will the project be based/delivered from?	Southwick Playzone & Thompson Park

Project Description

We want to provide informal sporting activities for young people in Southwick utilising the new Playzone and new facilities at Thompson Park. The young people will be able to play a range of sports including (but not limited to) basketball, netball, football, dodgeball, quick cricket, badminton, tennis. Giving young people access to sports has many benefits including health improvement, confidence building , development of new relationships, learning new skills. It will also make young people more likely to continue playing sports after the project has ended and through their adolescence. Having access to sports activities in local services addresses issues around inclusivity and accessibility too, it means young people from different socio-economic backgrounds can have equal access to sports and the benefits it brings. Our youth workers will also create these spaces and foster a sense of belonging, providing spaces where relationships and connections can be built.

Outputs

		Overall Target Total
CODE	Healthy Smart City Outputs	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	25
205	number of NEW children and young people benefiting from this project	85
206	number of individual children and young people benefiting from this project- footfall	100

Application 17

Organisation Details	
Organisation Name	Active Families North East
Address Line 1	Pennywell Community Centre
Address Line 2	Portsmouth Road
City	Sunderland
Postcode	SR4
Project Details	
Project Title	St Cuthberts Active Holiday Camp
Project Overview (max. 50 words)	Working in partnership with The Friends Of Bunnyhill, St Cuthberts Active Camp will be scheduled to take place in school holidays for children aged 6-11years. Sessions will include a hot meal/packed lunch and will include using the outdoor area, at Rotherfield Road Playing Field/Park.
Total Project Cost	£4,520
Match Funding	£450
Total NF Requested	£4,070
Project Start Date	1 st July 2024
Project End Date	30 th June 2025
Where will the project be based/delivered from?	St. Cuthberts Church, Rotherham Road, Sunderland

Project Description

Active Families North East working in partnership with the Friends of Bunnyhill propose to play activities for children of primary school age 6-11years or 5-11 years if older siblings are in attendance in the Redhouse area, Redhill ward, Sunderland, reducing instances of inactiivty, hunger and isolation. We will offer play sessions during school holidays as follows: 1 session each week in the 6 weeks summer holiday 2024, 1 session in October half term 2024, 1 session in the Christmas holiday 2024, 1 session in February half term 2025, 2 sessions in the Easter holidays 2025 and 1 sessions in May half term 2025. All sessions will be 3 hours for staff (2 hours face to face delivery) - 12 sessions will be delivered in total. Sessions will be delivered from St Cuthbert's Church Redhouse and weather permitting we will also utilise outdoor space at Rotherfield Park playing field/park, Bunny Hill and around Downhill Community Pond and Garden and complex area. We will arrange two out of centre visits and will visit Seaburn beach (summer term) and will also consult with the children to provide a trip in the Easter 2025 provision. We will consult with Elected Members, children, schools and families to plan activities which will coincide with either a midday or evening mealtime and a healthy hot meal or packed lunch will be provided as part of the session which will be provided by the Friends of Bunnyhill. Where possible we will encourage children to develop their independent living skills by making healthy meals as part of the activities. We will provide a minimum of 30 hours face-to-face activity with 15 children attending each session, planning and preparation time has been allocated for staff, who will evaluate each session and take this learning into the development of future sessions.

We will link with the Redhill Raising Aspirations Project being delivered by Community Opportunities and The Friends of Bunnyhill to ensure that environmental projects are linked into the delivery of sessions to encourage children to look after their local area, make a difference and being responsible citizens and will sessions will include visits to the Downhill Community Pond and Bunnyhill to undertake community clean up's.

Sessions will be delivered by qualified Play or Sports Coaches. One member of staff in the activities will be a trained Tier One Mental Health Practitioner having undertaken ICAMHS training. This will ensure that sessions are inclusive and that we have capacity to support children with emotional and mental health issues. Activities will include arts and crafts, board games, cooking activity, outdoor play, physical activities (group and team games using sports equipment/parachute) etc. To address inactivity, we offer activities that encourage physical exercise through participation in treasure hunts, litter picks and gardening, as examples. Sessions will provide positive activities to meet each individual child's social, emotional, physical and cognitive needs whilst promoting positive behaviour, building confidence, self-esteem and developing their skills, knowledge and abilities. Children's input to planning, delivery and evaluation will be recorded to ensure we meet each child's individual needs. Photographs will be taken as evidence and evaluation and feedback will be provided at the end of the project. Active Families North East plan to engage with 35 individual children from the Redhill ward area throughout this proposed project. We aim to reduce the number of children who experience feelings of isolation during holiday periods. This will be done by providing the children and young people with a safe, welcoming place to meet, participating in activities utilising outdoor space as much as the British weather allows while socialising with peers and Active Families North East staff, offering the children the chance to engage in positive experiences that help develop life skills. This will include activities such as following the nature trail and walk, carrying out activities in the community and general arts/crafts activities.

Outputs

		Overall Target Total
CODE	Healthy Smart City Outputs	
205	number of NEW children and young people benefiting from this project	39
206	number of individual children and young people benefiting from this project- footfall	150
209	Number of litter picks/community clean ups carried out	5
CODE	Vibrant Smart City Outputs	
305	Number of NEW volunteers recruited	8
306	Number of volunteers participating	13
307	Number of volunteer hours delivered	66

Application 18

Organisation Details	
Organisation Name	Sunderland Young Peoples Bike Project
Address Line 1	179 Newcastle Road
Address Line 2	
City	Sunderland
Postcode	SR5 1JN
Project Details	
Project Title	Cycle Led Bike Rides
Project Overview (max. 50 words)	To provide 10 cycling events to 10 Primary schools within Sunderland wards (Castle, Fulwell, Redhill, St Peters, and Southwick). To provide opportunities for young people to learn new skills, gain confidence, to promote knowledge of local green spaces and to demonstrate how to use local cycling infrastructure safely.
Total Project Cost	£5,600
Match Funding	£600
Total NF Requested	£5,000
Project Start Date	1 st July 2024
Project End Date	31 st March 2025
Where will the project be based/delivered from?	Multiple green spaces/ cycle infrastructure/river routes across all 5 North Sunderland wards (Castle, Fulwell, Redhill, St Peters, and Southwick).

Project Description

At Sunderland Young People's Bike Project, we believe that cycling is not only a great way to stay physically and mentally healthy. It also provides a fun, economical and sustainable way to travel, while giving people the opportunity to learn new skills, gain confidence and help reduce the carbon footprint.

We have been delivering cycling projects throughout the North East for over 15 years. As a registered training provider since 2009, we have also provided Bikeability training (the modern-day cycling proficiency) to Academies, Youth projects, Primary and Secondary schools across Sunderland and Washington Wards. Cycling safely with confidence is key to enjoyment and developing lifelong physical activity habits.

Unfortunately, having delivered many cycling programmes for funders and schools, we have become acutely aware of barriers that prevent children from cycling. We have found that many children either don't have the opportunities to ride, don't know where to ride in their local area or don't have the confidence to use local infrastructure safely.

Covid-19 had a significant effect on children's social development resulting in many children missing out on opportunities to enjoy cycling recreationally where their natural confidence in cycling would have grown. Particularly in areas of deprivation and because of the cost-of-living crisis, sadly, many children do not have access to bikes. Therefore, they have not had regular access to become confident riders or to explore their local area.

Having delivered various cycling initiatives to schools within each of these wards, we have discussed the benefits of a cycling activity like this with head teachers. Many schools have stated they would love to enable their pupils to experience something like this but don't always have the money within their school budget to do so. We know there is a demand for this type of activity and that schools will happily engage with us.

To overcome some of these barriers we want to provide 10 cycling events for young people across all 5 North Sunderland Wards to promote cycling and to showcase the local green spaces and cycling infrastructure available to them.

We will do this by approaching 10 different primary schools across each of the 5 wards of Castle, Fulwell, Redhill, St Peters, and Southwick, and will provide their pupils and teachers with bespoke cycle led rides utilising each schools local cycling infrastructure. Not only will these rides promote being active, but they will provide knowledge of their local cycling infrastructure and how to use it safely. Each ride will be designed in a way to ensure all the participants enjoy and achieve, improve their cycling skills and become more confident and road aware, with a view of encouraging them to incorporate cycling into their everyday lives and showing them how they could cycle to school in the future.

By engaging with schools, we will have access to large numbers of young people directly living in areas/estates within the North Wards that may not have access to youth venues. Every school will be offered up to 30 spaces, with 2 - 3 group rides per day. Each bespoke ride will be approximately 1.5 - 2 hours and the length of the rides will be between 3-5 miles, depending on the group's ability. Therefore, if all spaces are used across the x10 cycle events we propose, 300 children could benefit from this project. Depending on schools' availability, we aim to deliver x2 cycle events in the last two weeks of the Summer term (July 2024), x4 in the Autumn Term (Sep – Dec 2024), and x4 in the Spring term (Jan – before 31st March).

We have market researched this idea by emailing local schools in Sunderland to see if there would be an interest for this project, explaining its concept, aims and objectives. Schools within the North Wards; Castle Town Primary, Bexhill Primary, and Dame Dorothy Primary School, Southwick Primary, Willow Wood, St. Benets, English Martyrs, Fulwell Juniors have already expressed a significant interest. . This clearly demonstrates there is a demand and a desire for this type of activity.

To ensure everyone can take part, we have our own fleet of bikes suitable for all ages, as well as a range of specialised bikes to accommodate everyone, we provide all the PPE (helmets and Hi-Visibility jackets) and have transport vehicles which allows us to travel to the schools with all the equipment.

All rides will be led by instructors who have national qualifications in; cycle led bike rides (on and off road), Bikeability road safety levels 1, 2 & 3, Balance bike and learn to ride plus modules, SEND and adult learning. We also have 4 qualified mechanics. All staff hold valid DBS's and are trained in child and SEND safeguarding, as well as first aid.

Prior to any, and all delivery, our instructors will visit each school and carry out detailed route plan and risk assessments of each venue including off and on road routes. The risk assessment would include a map of the area and the routes to be taken from each school. Our instructors will also carry out dynamic risk assessments throughout the delivery and will implement changes where necessary. On the day of the activity, incident, accident, and emergency reporting procedures & forms will be carried as well as first aid kits should it be required.

We will provide information letters for parents and guardians that outline the benefits of participation will be provided along with consent and medical forms. We will produce and collect pre and post ride surveys to monitor knowledge, ability, and confidence growth. Instructors will evidence any significant outcomes, case studies, and photographs of events (consent dependent). Participants and Schools will also be asked to complete evaluation and feedback forms. In line with data protection policies, all participation data, evaluation, and feedback will be collated, and a final report will be produced at the end of the programme.

Our overall aim is to get as many young people as possible active through cycling and to help those who have been missing out to recognise its benefits. We want to promote and provide knowledge of local green spaces available to them and to show how they can use their local cycling infrastructure safely. We want to embrace all participants of all abilities and will adapt sessions to be as inclusive as possible.

As part of this programme, we will look to signpost individuals into public/ VCS services for information, advice, and guidance to support their cycling journeys. We will provide Schools, parents, and children with information regarding their local cycling infrastructure and local cycling facilities to sustain their cycling journeys and embed behavioural change. We will promote the benefits of cycling and make people aware of cycling activities available in Sunderland. Where possible we will assist children and their families who do not own bikes by identifying the need and re-purposing any donated bike we have within our project (subject to availability). All information will be given to the schools to promote through school message boards and dojo messaging systems to reach as many children and families as possible.

Outputs

		Overall Target Total
CODE	Dynamic Smart City Outputs	
104	Number of low carbon initiatives supported	10
CODE	Healthy Smart City Outputs	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	10
205	number of NEW children and young people benefiting from this project	300
206	number of individual children and young people benefiting from this project- footfall	300
207	number of individuals signposted into Public/VCS services e.g. information, advice and guidance	300

Application 19

Organisation Details	
Organisation Name	Veterans in Crisis
Address Line 1	1 Roker Avenue
Address Line 2	
City	Sunderland
Postcode	SR6 0BY
Project Details	
Project Title	Healthy Champions
Project Overview (max. 50 words)	Veterans in Crisis Sunderland (VICS) aims to launch a series of thrilling and captivating outdoor activities. These activities will not only enhance the physical prowess of the youth in Sunderland's North area but also foster teamwork, collaboration, and, without question, forge new friendships.
Total Project Cost	£4,093
Match Funding	£0
Total NF Requested	£4,093
Project Start Date	1 st July2024
Project End Date	31 st October 2024
Where will the project be based/delivered from?	Veterans in Crisis, Roker Ave – Green Spaces across Sunderland North

Project Description

Veterans in Crisis Sunderland (VICS) actively delivers a range of exciting and challenging activities, designed to draw participation in a fun and enjoyable manner. These services cater to both youths and adults, but this initiative specifically targets the younger generation, addressing their frequent concerns about the lack of engaging activities.

Our offerings are inclusive, catering to all youth age groups, and skilfully blend physical exertion with mental stimulation. Prior to each activity, we ensure participants understand the rules, grasp the challenges, and witness a demonstration of the session's objectives. Crucially, we celebrate every attempt, learning from every outcome, and always emphasise the positive aspects of participation. This programme will target all areas in the North including: Castle, Redhill, Southwick, St Peters and Roker.

We at Veterans in Crisis Sunderland (VICS) are excited to roll out our activities across a vibrant mix of green spaces, the tennis courts of Thompson or Roker Park, and the scenic beaches of Roker or Seaburn. Here's what we're bringing to life:

- Mini Military Olympics: Navigate an assault course, aim for success in bean bag target throwing, and test your stamina with a bleep test.
- Beach Football: Score goals with jumpers as posts in an exhilarating game on the sand.
- Touch Rugby: A dynamic game for both girls and boys.
- Tennis: Serve and volley in the beautiful settings of Roker or Thompson Park.
- Fitness to Music: Get fit with rhythm and energy.

To boost participation, we're crafting leaflets to pin up on community notice boards, including those in parks. We're reaching out to all schools in the North area, urging them to display our activity details on their information boards. In collaboration with our Armed Forces Champions stationed in each Sunderland GP surgery, the Police, NE Ambulance, SAFC, and Gentoo, we'll ensure our activities are advertised within their premises. Plus, we're harnessing the power of social media to inform not just the youth but also their parents about our diverse services, complete with details on locations, start and end times, and essential items to bring along, like a bottle of water and a towel.

Veterans in Crisis Sunderland (VICS) boasts a dynamic health and fitness coordinator, armed with credentials as a gym instructor, personal trainer, and fitness to music expert. She energises veterans with early morning gym sessions and spearheads the invigorating cold water swimming every Saturday at Roker Beach. With comprehensive Safeguarding training and a DBS check, she adeptly leads both groups and individuals.

Transitioning from the Royal Navy to the Sunderland Police, she has built a strong connection with the city's local police force. Her responsibilities extend to triaging veterans referred to VICS, including those from the Police, showcasing her adeptness in handling complex situations when necessary.

VICS is committed to delivering socially engaging activities for veterans, often extending these experiences to their children when feasible. We have previously co-created diverse activities such as Pottery, Fishing, and Dinghy Sailing for both children and adults. Our dedicated volunteers, all DBS checked and regularly trained in Safeguarding, are integral to these efforts. This particular initiative is designed exclusively for the youth of the area, aiming to enrich their lives through targeted engagement. In delivering this programme for the younger generation we will also ask that parents or guardians of those taking part give their written consent before taking part in an activity.

It is important that we monitor the performance of this project to ensure that what we want to deliver is done so within budget, to the desired quality and engages with children taking part. To do this we will have clear objectives and key performance indicators to establish what success looks like and how it will be measured. A clear indicator that we will seek are smiles, millions of them.

The Health and Safety of VICS its clients, visitors and that of those taking part in the programme, the youths, is very important and we will continually assess the activities being carried out ensuring clear separation between the general public carried out and anyone on an activity.

To keep abreast of the budget we will keep an eye on the financial aspects of the project especially cost variations or unforeseen expenses. Should it be necessary we will advise the council if this is the case although from experience we do not expect any major issues. Updates will be reported at our monthly board meetings with actions minutes taken and actional dates agreed.

If necessary make adjustment to the programme should an activity need to change or be adapted for those taking part. We will include feedback from those we are providing the service for taking into account their views and opinions.

By implementing these strategies, we can maintain control over our project and steer it towards a successful completion. The project monitoring is an ongoing process we will give attention to and adapt as the project evolves.

Outputs

		Overall Target Total
CODE	Healthy Smart City Outputs	
205	number of NEW children and young people benefiting from this project	60
206	number of individual children and young people benefiting from this project- footfall	120
CODE	Vibrant Smart City Outputs	
305	Number of NEW volunteers recruited	8
306	Number of volunteers participating	14
307	Number of volunteer hours delivered	300

Application 20

Organisation Details	
Organisation Name	Weights and Cakes
Address Line 1	Upper Floor
Address Line 2	The Kings Road, Southwick
City	Sunderland
Postcode	SR5 2JD
Project Details	
Project Title	Raising the Bar
Project Overview (max. 50 words)	Working with Youth Justice service, Prevent Safeguarding, Sara Project to work with young people who are at Risk from ASB, school refusal, dis-engagement in services to offer Weight training as an outlet and potential way of managing anger, increase engagement with services, schools, projects.
Total Project Cost	£5,000
Match Funding	£0
Total NF Requested	£5,000
Project Start Date	1 st July 2024
Project End Date	30 th March 2025
Where will the project be based/delivered from?	Weights & Cakes Southwick

Project Description

This project aims to empower disengaged young individuals in the North by fostering aspirations and bolstering engagement in services through fitness initiatives. Collaborating with local schools such as Grange Park, Southwick, The Link, Beacon of Light (YOLO) Redhouse, and Monkwearmouth Schools, alongside key stakeholders like the Youth Justice team, police, and the SARA project, we will identify 15 number of youths at risk of anti-social behaviour (ASB). Similar pilot projects we have delivered have not only successfully engaged young people but also involved their families and caregivers, directing them to additional services through TFC. The scholarship element of this project is a targeted approach and involves intensive support to the individual young people identified through our collaborations.

Recognizing the transformative potential of sports-based interventions in breaking the cycle of ASB, we draw insights from the Chiles Webster Batson Commission report, emphasizing the role of sports in cultivating positive, pro-social identities among youth. Our overarching objective is to engage and support vulnerable young individuals at risk of crime, ASB, and serious violence, fostering stronger connections between the sports sector and criminal justice partners to guide them towards positive life choices.

Monitoring outcomes is integral to our approach, allowing us to share insights with other projects on effectively utilizing sports, physical activity, and mentoring to meet the needs of vulnerable youth in their communities. For those showing interest in Olympic weightlifting, we will offer scholarships enabling up to 5 hours of coached training sessions weekly, covering competition, travel, and entry fees if pursued. Understanding that not all youths opt for weightlifting, we provide alternatives such as strength training, cardio, and one-on-one personal training sessions aimed at promoting safe weight usage and gym access.

Upon completion, participants will be encouraged to join our club or will be referred to other services like SNYP, boxing clubs, or alternative sport providers we already have excellent partnerships in place with these providers to ensure that the young people are not left behind and have as much information and support as possible to access the services and activities available on their doorstep. To support any transition into other providers we invite the providers into our venue to meet the young people and we also take them to new activities to introduce them.

As part of this project we will also deliver Thompson Park pop-up events which will promote the services we offer and provide opportunities for additional young people from across Sunderland North to have a hands-on experience in lifting. We will adhere to permissions from SCC, conducting risk assessments, and devising an event plan. Promotion will primarily occur through social media, North Sunderland Social Media page and project channels.

Operated by volunteers, our weightlifting club plans to recruit additional volunteers to support scholarship recipients. These volunteers will play vital roles during pop-up events.

Our project also supports young people by offering a safe space for them to chill even when they are not accessing a class and we have found by offering this they come in and help in the gym which gives them additional skills and volunteering experience.

Outputs

		Overall Target Total
CODE	Healthy Smart City Outputs	
205	number of NEW children and young people benefiting from this project	45
206	number of individual children and young people benefiting from this project- football	90
207	Number of individuals signposted into Public/VCS services eg information, advice and guidance	51

CODE	Vibrant Smart City Outputs	
305	Number of NEW volunteers recruited	3
306	Number of volunteers participating	9
307	Number of volunteer hours delivered	72

Application 21

Organisation Details	
Organisation Name	Young Asian Voices
Address Line 1	Sans Street Centre
Address Line 2	
City	Sunderland
Postcode	SR1 1HG
Project Details	
Project Title	#FortheNorth with YAV
Project Overview (max. 50 words)	To provide youth and multisports drop-in session at Wearmouth Colliery Welfare Ground for ages 5-18 years.
Total Project Cost	£5,960
Match Funding	£960
Total NF Requested	£5,000
Project Start Date	6 th July 2024
Project End Date	29 th March 2025
Where will the project be based/delivered from?	Wearmouth Colliery Welfare Ground, Thompson Rd, Southwick, Sunderland, SR5 2SD

Project Description

The project will facilitate YAV to provide weekly drop-in provisions for youth from all communities targeted in the North Area especially from ethnically diverse communities, LSEG, vulnerable and isolated members from summer in July 2024 until March 2025 at Wearmouth Colliery Welfare ground working collaboratively with local and city-wide provisions as well as Northern Sanits and Southwick School for youth engagement along with family engagement and signposting.

Thirty-nine 39 Weeks of 156 hours of Youth engagement and multisports sessions will be conducted weekly as follows:

Every Saturday (from 06 July 2024 until 29 March 2025), 13:00-17:00, for 05-18 year olds.

Sessions will include the below activities:

- multisports at the greens,
- board games, pool and refreshments indoor in the community room
- Arts & Crafts, digital art taster, music & bento cake decorations indoor in the community room
- cricket at the square as well as cricket nets
- walk to Thompson Park for Tennis
- trip to Roker Beach for sun, sea and sand and ice cream with stop over at Roker Park Tennis Courts
- Opportunity to watch DNECL League Cricket Matches during the season with opportunity to take up roles as players, scorers as well as volunteer.
- 2 days of Youth Multisport Festival with sports, music and arts showcase.

2 Sessional staff and 7 volunteers will also be recruited for regular facilitation of sessions.

The sessions will also ensure children and families are able participate in and celebrate festivities like Christmas, Diwali, Pongal, Holi and International Mother Language Day. The funding will facilitate in working together with partners to develop integrated art packs and Christmas hampers.

Outputs

		Overall Target Total
CODE	Healthy Smart City Outputs	
205	number of NEW children and young people benefiting from this project	90
206	number of individual children and young people benefiting from this project- football	360
CODE	Vibrant Smart City Outputs	
305	Number of NEW volunteers recruited	9
306	Number of volunteers participating	21
307	Number of volunteer hours delivered	3276

