

SUNDERLAND HEALTH AND WELLBEING BOARD

Thursday 22 June 2023

Meeting held in the Mayor's Parlour, City Hall

MINUTES

Present: -

Councillor Kelly Chequer (in the Chair)	-	Sunderland City Council
Councillor Linda Williams	-	Sunderland City Council
Councillor Fiona Miller	-	Sunderland City Council
Councillor Malcolm Bond	-	Sunderland City Council
Prof. Yitka Graham	-	University of Sunderland
Graham King	-	Director of Adult Services, Sunderland City Council
Dr Tracey Lucas	-	ICB Representative
Gerry Taylor	-	Executive Director of Health, Housing and Communities, Sunderland City Council
Debbie Burnicle	-	Chair, Healthwatch Sunderland
In Attendance:		
Karen Davison	-	Director of Early Help, Together for Children
Sheila Rundle	-	Public Health Intelligence Analyst, Sunderland City Council
Lisa Jones	-	Assistant Director of Integrated Commissioning, Sunderland City Council
Boika Rechel	-	Public Health Consultant, Sunderland City Council
Jane Hibberd	-	Senior Manager – Policy, Sunderland City Council
Nic Marko	-	Local Democracy Reporting Service
Karen Mould	-	Governance Services, Sunderland City Council

HW1. Welcome

Councillor Chequer welcomed everyone to the meeting and thanked them for their attendance.

HW2. Apologies

Apologies for absence were received from Patrick Melia, Dr Martin Weatherhead, Ken Bremner, Scott Watson, Lucy Caplan, Phillip Foster, Robin Hudson, Barrie Joice and Jill Colbert.

HW3. Declarations of Interest

Councillor Miller declared an interest as a Trustee of AGE UK.

Councillor Bond declared that a family member was an Independent Care Provider in South Tyneside however he had no interest in the business.

HW4. Minutes and Matters Arising

Gerry Taylor noted that Scott Watson was recorded in attendance but wondered if he should be in recorded as 'Present'. Jane Hibberd suggested this could be due to appointment to the Board not being until Annual Council and agreed to seek clarification.

The minutes of the meeting of the Health and Wellbeing Board held on 19 March 2023 were agreed as a correct record, subject to clarification of the above.

HW5. Sunderland Ageing Well Ambassadors Annual Report 2021/2022

The Director of Adult Service/Chief Operating Officer of SCAS submitted a report which provided the Health and Wellbeing Board with an overview of activity conducted by Sunderland Ageing Well Ambassadors throughout 2021/22 and encouraged Health and Wellbeing Board partner organisations to promote the role of Ageing Well Ambassadors to their workforce.

One hundred and seven Ageing Well Ambassadors had been recruited to help raise awareness and spread the Age Friendly message to others. They were people who had volunteered from organisations, businesses or communities who wanted to help make Sunderland an Age Friendly city and who supported the Healthy City Plan vision.

The Director of Adult Services reported that the Ageing Well Ambassadors Programme was due to be launched. He reiterated a plea from the Ambassadors to the wider partnerships to use their knowledge and expertise to feed into work programmes and welcomed ideas.

The Chair commended the Ambassadors who were growing from strength to strength in their work with local communities. She added that their phenomenal enthusiasm and expertise was fantastic. The Chair was keen for everyone to hear about the programme and encouraged Members and those people who had time and skills to volunteer.

Following a request from Councillor Miller regarding the ambitions outlined in Paragraph 3.2, the Director of Adult Services agreed to provide a breakdown of volunteers by ward. He also agreed to area events to generate additional interest.

Debbie Burnicle commended the engaging and easy to read report which had been written by the Ambassadors.

Gerry Taylor commented on the involvement of the Ambassadors in developmental thinking and work in communities and was keen to learn how they had been engaging. The Director of Adult Services agreed that Ambassadors had knowledge of what was going on in the city and their local area which could also link with Social Prescribing.

Having considered the report, it was: -

RESOLVED that: -

- (i) the content of the Sunderland Ageing Well Ambassadors Annual Report 2021/22 was noted and commented upon; and
- (ii) the role of Ageing Well Ambassadors across the workforce of Health and Wellbeing Board partner organisations would be promoted.

HW6. Sunderland Place Plan and North East and North Cumbria Joint Forward Plan

The Director of Place Sunderland, submitted a report which presented the proposed final Sunderland Place Plan 2023/24 – 2028/29 for review and approval. The plan would form part of the North East and North Cumbria Integrated Care Board's (NENC ICB) Joint Forward Plan. The report also advised the Board on the proposed timeline for the publication of the NENC ICB's, Joint Forward Plan and associated consultation process.

Lisa Jones presented the report which included a brief overview of the changes that had been applied to the draft Place Plan, alongside a copy of the final Place Plan that was submitted to the ICB on 26 May 2023 (Appendix 1). The report additionally included a timetable of the updated Joint Forward Plan consultation and publication process. Members noted the changes to the Sunderland Place Plan.

Lisa then provided an overview of the NENC Joint Forward Plan (JFP). She advised Members of a development session planned for 3 August 2023 to formally review and respond to the JFP consultation process.

In response to a request from the Director of Adult Services, Lisa agreed to produce a scheme to show how the plans fitted together.

Councillor Bond referred to the concerns raised by the Chair of the House of Commons Health and Social Care Committee, with regard to the lack of Dentistry and Community Pharmacy on the ICB. Dr Lucas added there were ongoing issues

about clinical representation at Executive Level and agreed it was important to change this and the message that was being portrayed. Lisa commented that the Health and Wellbeing Board would need to consider how Pharmacists, Ophthalmologists and Dentists, that were still transferring over, would be updated. This would be discussed in more detail at the development session.

Debbie Burnicle was keen for a one page document to be produced to demonstrate what mattered most to the local community and outlined opportunities to communicate and engage with them. She then referred to Goal 1.1 and improved access into mental health support for children and young people. She was concerned about the target of 30 days wait and suggested a further discussion was required. Lisa replied that work was ongoing with communication but shared Debbie's concerns about the target of 30 days.

Gerry Taylor commented on the confusing plethora of plans and wondered how priorities would fit should the plans be refreshed and the Place Based Plan become a subset of the Healthy City Plan.

The Chair was pleased to note the general consensus and concerns raised with regard to the wait for mental health support for children and young people. Consideration would be given on how to feed back that the importance of this should not be underestimated.

Councillor Miller raised concerns about the ICB's plans to reduce overheads by 30% over 2 years, running costs by 20% in 2023 and 10% in 2024.

The Chair assured Councillor Miller that her concerns would be shared with the ICB.

Upon consideration of the document it was: -

RESOLVED that: -

- (i) having reviewed the proposed changes to the Sunderland Place Plan the final Sunderland Place Plan be approved; and
- (ii) the timetable for the Joint Forward Plan development process be noted and agreed that stakeholder feedback would be received at the planned HWB development session on 3 August 2023.

HW7. Sunderland's 2023/24 and 2024/25 Better Care Fund submission

The Assistant Director for Integrated Commissioning submitted a report to provide the Sunderland Health and Wellbeing Board (HWB) with an overview of Sunderland's Better Care Fund (BCF) submission for 2023/24 and 2024/25. The report also sought agreement from the HWB on the proposed content of BCF planning documentation in-line with the national requirements for approval.

Lisa advised that the BCF was a national integration transformation programme that aimed to support improved transformation of local health and care provision through better integration of NHS and Local Authority-funded health and care services.

As with previous BCFs, Health and Wellbeing Boards were required to sign-off BCF plans at place, ensuring the proposed plans met the BCF ambitions (as set out in 2.5 to 2.6) and four national conditions stipulated within the BCF policy and planning requirements. The four conditions were:

- (i) National Condition 1: Plans must be jointly agreed by the ICB and Local Authority, ensuring appropriate ICB and Local Authority Chief Executive sign-off prior to the HWB sign-off process;
- (ii) National Condition 2: Areas must agree how they would commission support that would enable people to stay well, safe and independent for longer, in-line with objective 1 (see section 2.5);
- (iii) National Condition 3: Areas must agree how they would commission support to ensure that people received the right care at the right time, in-line with objective 2 (see section 2.5); and
- (iv) National Condition 4: Maintain the NHS financial contribution to adult social care and NHS commissioned out of hospital services.

In addition to the minimum NHS contribution (national condition 4), Local Authority grant funding, received through the Improved Better Care Fund and Disabled Facilities Grant, and the additional ASCDF funds outlined in section 2.3, must be pooled into the BCF and be underpinned by an agreed Section 75 Partnership arrangement.

Lisa then provided an overview of: the BCF Metrics 2023-24; a summary of the 2023-25 BCF submission timetable; BCF Narrative Plan and Sunderland's place-based governance model for health and care integration.

In response to a request from the Chair, Lisa provided a summary of the Core20PLUS5 framework. She explained that the Core20PLUS5 was a national NHS England approach to reduce healthcare inequalities at both national and system level. Core20 related to the most deprived 20% of the national population. PLUS would identify additional characteristic groups at a local level and 5 related to the five clinical areas of focus which required accelerated improvement.

Councillor Bond made reference to big changes to the proportion of patients discharged to their Usual Place of Residence over time and commented that this must be a large cost to the Council. In response to a query from Councillor Bond, Graham explained that winter numbers were high due to the use of temporary placements. He added that 94 additional beds had been opened to ease the pressures however he was confident that an increase to 55 beds at Farnborough Court, icards and EMI beds should avoid additional costs this year. Graham drew attention to the Discharge Funding Grant for 24 hour care for people discharged to their own home, however this would need to be pooled as part of the BCF.

Responding to a further query from Councillor Bond, Graham explained that South Tyneside and Sunderland NHS Trust had increased reablement capacity which should reduce the number of people requiring temporary residential care.

Boika Rechel commented on the number of programmes happening at the same time. She suggested they be linked together and promoted by health ambassadors in the most deprived areas to raise awareness of prevention and early diagnosis within communities of low socioeconomic status.

Lisa advised Debbie that there was £58m outlined in the BCF however the plan needed national approval.

Debbie commented that ambitions for areas were not included and BCF must be focused on investment that was closely aligned to the specific areas. Lisa explained that other things were also not included but would be as part of the September sign off.

Councillor Williams referred to emergency admission for falls aged 65+ and asked why there were no comparable national figures. Graham replied that it was a Sunderland specific system. It was agreed that improved data on falls was required.

Dr Lucas drew attention to the huge drop in temporary bed placements. In terms of enablement, she stated that BCF was a brilliant reflection of the work ongoing on in adult collaboration and avoidable emergency admissions.

The Chair thanked Lisa for the summary.

Upon consideration of the report it was:

RESOLVED that: -

- (i) the process followed in developing the 2023/25 BCF Plan and key points from the plan be noted;
- (ii) the content of the accompanying BCF presentation, including the proposed funding profile, target trajectories and high-level narrative plan be noted;
- (iii) the 2023/25 Sunderland BCF plan be signed off; and
- (iv) the plan be submitted as per the national deadline of 28 June 2023 be approved.

HW8. Briefing on the 2023 Hewitt review of Integrated Care Systems

The Assistant Director for Integrated Commissioning submitted a report, to provide the Health and Wellbeing Board (HWB) with a high-level overview of The Hewitt Review: an independent review of integrated care systems. The report would additionally consider Sunderland's position in relation to the review findings and proposed recommendations for improved integration of care.

Lisa Jones provided an overview of the review which was published on 4 April 2023. The key drivers for change noted in the report were:

- A need to address immediate pressures on the NHS and social care, with a recognition of public priorities around access to primary care, urgent and emergency care, cancer, other 'elective' care services and mental health provision;
- Increased volume and complexity of both physical and mental health needs; and
- Deteriorating mental and physical health across the population, with a rise in longer-term ill-health and premature death - most notably in those affected by economical disadvantage, racism, discrimination and prejudice.

Lisa advised that recommendations were made across four specific areas of opportunity, which included:

- A shift in focus from illness to promoting health;
- System governance, accountability and regulation;
- Unlocking the potential of primary and social care; and
- Resetting the approach to finance.

Lisa highlighted the principles and recommendations which had been considered within the review. This included assessing for potential implications on the development of Sunderland's place-based health and care system, which included the role of the HWB in supporting the transformation of health and care services.

Dr Lucas reported that there had been a lot of areas covered in the review. There were some useful features in the existing structure which should be retained; continuity was key to care.

Councillor Bond commented on the lack of continuity of care in dentistry since the changes to registration in 2006.

Having considered the Hewitt Review, the Health and Wellbeing Board RESOLVED that:

- (i) the national recommendations outlined in the Hewitt Review, be reviewed with specific consideration of how recommendations aligned to Sunderland's approach to:
 - Shifting focus from illness to health improvement
 - System governance and accountability
 - Maximising the potential of primary and social care
 - Financial management and efficiencies; and
- (ii) the operations of the Health and Wellbeing Board in-light of health and care reforms, ensuring the operational effectiveness of the board within the new integrated care system context be reviewed.

HW9. Healthy City Plan: Performance Overview

The Executive Director of Health, Housing and Communities submitted a report which presented the Health and Wellbeing Board with an update on the Healthy City Plan performance framework. The report presented a range of key indicators that had been selected to provide a summary of health and the wider determinants of health for people of all ages in Sunderland. Full details of each indicator were shown within the appendices to the report.

The Chair thanked Sheila for the update on the current situation of Starting Well. She noted that the uptake and maintenance of breastfeeding had increased and that a priority of the Best Start in Life Working Group was to promote a culture of breastfeeding. In addition, actions were in place to ensure that consistent advice and support was provided to women who chose to breastfeed and to identify barriers. The Board was reminded of Councillor Farthing's interest in increasing breastfeeding and the Chair shared she would be delighted to feedback to Councillor Farthing accordingly.

The Chair was pleased to hear of the possible changes to promote breastfeeding and that the Delivery Board had taken leadership. She thanked the Board for influencing and being part of the achievements and, whilst there was a lot of work to do, it was clearly showing improvement and great direction of travel.

Councillor Miller commented that the nearest National Childbirth Trust was in Durham. The Chair replied that the NCT had a lot of volunteers who offered wide ranging support and there was also the 0-19 team.

Councillor Miller then referred to CAMHS waiting times and was worried that some younger children would not receive support for their mental health.

Gerry referred to the drop of Pharmacy Primary Care commissioning and agreed to submit an update on the Pharmacy Needs Assessment to the Board meeting in September.

Having considered the report, it was RESOLVED that:

- (i) the contents of the report be noted;
- (ii) an additional indicator on food insecurity be added to the Living Well performance report;
- (iii) the actions and whether they were sufficient where targets were not being met were considered; and
- (iv) six-monthly performance updates on the Healthy City Plan performance dashboard would be received.

HW10. Health and Wellbeing Delivery Boards Assurance Update

The Chief Executive of Together for Children, Executive Director of Health, Housing and Communities and Director of Adult Services/Chief Operating Officer of SCAS submitted a joint report providing the Health and Wellbeing Board with assurance

that the work of the Delivery Boards was progressing in line with their agreed terms of reference, a summary of the key points discussed at their recent meetings, acknowledgement that Board development sessions were taking place and an update on the Healthy City Plan grant available to the Delivery Boards.

The Delivery Boards continued to meet on a quarterly basis, with the most recent meetings held in May 2023. The delivery boards would hold additional workshops and development sessions subject to their business needs.

The Starting Well Delivery Board discussed the Family Hubs and trailblazer status which would provide the opportunity to make further ambitious changes and improvements to services and be a forerunner in establishing best practice for the benefits of local communities and other Local Authority areas. The delivery plans had been developed in partnership with local partners and were signed off by the DfE and DHSC in January 2023.

Karen Davison reported that Sunderland was one of 75 Local Authorities to benefit from a share of £300m government investment up to 2025. Whilst the Family Hub Model encompassed up to age 25, the government funding was only applicable to the first 1001 days. She advised that Family Hubs were being rolled out in five locations across Sunderland making and it was anticipated that by mid-June the Coalfields Family Hub, Rainbow Family Hub and Bunnyhill Family Hub would all be open.

Karen drew the Board's attention to the workstreams that had been established to take forward the programme's key areas of focus:

1. Family, Parent, Carer Voice;
2. Home Learning Environment;
3. Infant Feeding;
4. Parenting;
5. Parent Infant Relationship and Perinatal Mental Health;
6. Workforce;
7. Data; and
8. Communities.

She added that each workstream was moving forward with their action plans. In addition, there was close working with regional colleagues through the North-East Family Hub Forum, which provided an opportunity to share good practice and support one another.

Karen drew attention to paragraph 3.7; the large number of children missing in education and elective home educated children (EHEC). She reported that many EHEC parents say school was not meeting the needs of their child, especially children with SEND and mental health issues. There was acknowledgement that parents and carers needed support to make the best decision for their child, whether they remained in statutory education or EHEC. Karen commented that once a child or young person was out of school they would not have access to a school nurse and other services.

The Living Well Delivery Board had received a presentation on the low carbon agenda and the seven strategic priorities. The Board considered and supported a request for Healthy City Plan Grant. A letter of support from the Chair of the Health and Wellbeing Board to the Health and Care Research (NIHR) for a Health Determinants Research Collaborative (HDRC) had been submitted. The Expression of Interest from Sunderland had been successful and a detailed proposal (Stage 2 of the application process) would be submitted by 26 July 2023. The aim of the HDRC was to develop local capacity for research on wider determinants of health and health inequalities. If successful, the HDRC contract would provide funding of up to £5 million over 5 years. Gerry commented that Jane had further details which could support colleagues with the stage 2 submission.

The Ageing Well Delivery Board had been discussed at item HW5.

The Board therefore RESOLVED that: -

- (i) the meeting summaries from the recent meetings of the delivery boards be noted;
- (ii) it be assured that the work of the Delivery Boards was progressing in line with their agreed terms of reference; and
- (iii) the additional project allocated the Healthy City Plan grant be noted.

HW11. Health and Wellbeing Board Forward Plan

The Senior Manager – Policy submitted a report presenting the forward plan of business for the year ahead.

Members of the Board were encouraged to put forward items for future meeting agendas either at Board meetings or by contacting the Council's Senior Policy Manager.

RESOLVED that the Forward Plan be received for information.

HW12. Dates and Times of Future Meetings

The dates and times for future meetings were as follows: -

Thursday 28 September 2023 at 12.00pm
Thursday 7 December 2023 at 12.00pm
Thursday 14 March 2024 at 12.00pm

All meetings would take place in the Council Chamber, City Hall, Sunderland.

(Signed) K CHEQUER
Chair