

**SUNDERLAND HEALTH AND WELLBEING BOARD**

**22 June 2023**

**HEALTH AND WELLBEING DELIVERY BOARDS ASSURANCE UPDATE**

**Report of the Chief Executive of Together for Children, Executive Director of Health, Housing and Communities and Director of Adult Services / Chief Operating Officer of SCAS**

**1.0 Purpose of the Report**

- 1.1 The purpose of the report is to provide the Health and Wellbeing Board with:
- i. assurance that the work of the Delivery Boards is progressing in line with their agreed terms of reference;
  - ii. a summary of key points discussed at their recent meetings; and
  - iii. an update on the allocation of Healthy City Plan Grant funding.

**2.0 Background**

- 2.1 The Health and Wellbeing Board has three delivery boards to provide strategic oversight of the six Marmot objectives and the nine Healthy City Plan workstreams. The delivery boards provide challenge and support across partnership activity in order to reduce health inequalities and address the social determinants of health.
- 2.2 To enable the Health and Wellbeing Board to fulfil its role as system leader for health and wellbeing, the delivery boards will need to be assured that activity being delivered across the three themes of the City Plan (Healthy, Vibrant and Dynamic Smart City) are maximising opportunities to reduce health inequalities and address the social determinants of health.
- 2.3 All three delivery boards continue to meet on a quarterly basis, with the most recent meetings held in May 2023. The delivery boards will hold additional workshops and development sessions subject to their business needs.

**3.0 Update from the Starting Well Delivery Board – met 11 May 2023**

**3.1 Vice Chair nominations**

The Chief Officer of the former CCG previously held the position of Vice Chair of the Delivery Board. Nominations were invited from members.

**3.2 Family Hubs and trailblazer**

Sunderland is one of 75 Local Authorities to benefit from a share of £300m government investment up to 2025. Whilst the Family Hub Model

encompasses up to age 25, the government funding is only applicable to the first 1001 days.

Following the success of our application to take part in the Family Hubs programme, Sunderland was further selected as one of only 14 other Local Authorities to become a 'trailblazer'. As a trailblazer we will be given the opportunity to make further ambitious changes and improvements to our services and will be a forerunner in establishing best practice for the benefits of our communities and other Local Authority areas. Delivery plans were developed in partnership with local partners and were signed off by the DfE and DHSC in January 2023.

Family hubs are being rolled out in five locations across Sunderland making use of existing Family Centres which are The Rainbow Family Centre in Washington, Bunny Hill Family Centre in Hylton Castle, Thorney Close Family Centre and the Coalfield Family Centre in Hetton. Another Hub is planned for a refurbished building in Hendon. By mid-June the Coalfields Family Hub, Rainbow Family Hub and Bunnyhill Family Hub will all be open.

Workstreams have been established to take forward the programme's key areas of focus:

1. Family, Parent, Carer Voice
2. Home Learning Environment
3. Infant Feeding
4. Parenting
5. Parent Infant Relationship and Perinatal Mental Health
6. Workforce
7. Data
8. Communities.

Each workstream is moving forward with their action plans. There is close working with regional colleagues through the North-East Family Hub Forum, providing an opportunity to share good practice and support one another.

Sunderland were one of 14 trailblazers selected and awarded additional funding to go further and faster in delivering some, or all, of the Start for Life services funded by the Family Hubs and Start for Life programme – perinatal mental health and parent-infant relationships, infant feeding, and parenting support. Sunderland Trailblazer funding has been used to support the recruitment of Peer Support Roles, one in each Family Hub to support the three key areas of focus.

One of the main challenges has been the delay in the sign-off of Year 1 delivery plans and subsequent receipt of funds. Whilst this is now resolved for Year 1 and spending is underway, this will undoubtedly impact on Year 2. Due to staffing recruitment challenges across all partners the approach is to look at alternative ways of delivery, including building on skill mix models already in place in Sunderland.

As part of the Trailblazer roll out, Dame Andrea Leadsom visited Sunderland

(Coalfield) on the 11 May 2023 to see the breadth of the offer available within the Family Hub setting. Ministers are keen for the hard evidence of the successes and will want to understand the qualitative impacts, including how accessible families find the Family Hubs; at present there is no detail of what evidence they will require.

### **3.3 Breastfeeding initiation and UNICEF accreditation**

There is now a Dedicated Infant Lead Midwifery postholder who is driving forward the UNICEF Baby Friendly accreditation, the intention is to achieve level one by the end of 2023. The neonatal unit has achieved level one and is aiming to achieve level 2 by the end of September.

The uptake and maintenance of breastfeeding has increased although is still significantly lower than the England average. [See separate performance report agenda item].

### **3.4 Joint Targeted Area Inspection (JTAI) action plan**

The JTAI action plan is focused on five key areas for improvement:

1. Communication with and involvement of all partners in meetings and in decisions about next steps to help children.
2. Increased staffing capacity to allow the consistent involvement of health practitioners across the spectrum of early help services.
3. Consideration and analysis of children's ethnic identity, cultural heritage and diverse needs in referrals, assessments, and plans.
4. Timeliness of early help assessments and plans.
5. The quality and effectiveness of the LSP's multi-agency audits.

The plan will be submitted by 23 June 2023. The Delivery Board will likely request the use of Healthy City Plan Grant monies to support the delivery of the plan priorities; precise proposals will be developed.

### **3.5 Starting Well Performance Dashboard**

See separate agenda item on Healthy City Plan performance dashboard.

There was discussion on a number of performance indicators, including breastfeeding (see above) and healthy child weight. There was agreement to undertake some focused work outside of the Delivery Board on healthy child weight, reflecting that we need to do more and quickly, starting with reviewing the data to understand where the issues are and how we can take a targeted approach, for example, how clusters of foster carers through the Mockingbird programme could play a greater role in the healthy weight agenda. There are evidence based programmes, such as the HENRY, that are working well in other areas with parents and carers to support healthy lifestyles. The Delivery Board would like to explore all opportunities and will start to progress the work with the Healthy Weight Alliance. This will be discussed further at the next meeting.

### **3.6 Prevention Workstream Update**

The Delivery Board received a report on the prevention work in targeted youth services. Sunderland's three-year Youth Justice Plan 2021-24 put prevention as a key activity for the service and the report details the current initiatives in the Youth Offending Service (YOS) and some brief information on how the service is starting to embed a more preventative approach in the Youth Drug and Alcohol Project (YDAP). The report described the various initiatives and highlighted emerging themes, issues and best practice.

There are a number of exciting initiatives that, whilst in their early stages, show promising signs of having a positive impact. It has also proved beneficial having a number of schemes being implemented together since there can be cross over between them. For example, young people seen by staff during Safer Transport sessions have been picked up through Divert or Turnaround and the young people have recognised the workers which helps promote engagement. The challenge with all of the initiatives is in collecting data and evidencing positive outcomes for the young people.

### **3.7 Update from DFE workshop: Children missing from education/Elective home education (EHE)**

Together for Children participated in a voluntary workshop on children missing in education and elective home educated children (EHEC). In the last year there has been a 50% increase in EHEC, we need to understand why this is happening in Sunderland. In the last 12 months there has only been 2 school attendance orders in Sunderland across a school age population of 37,000. Anecdotally, many EHEC parents say school was not meeting the needs of their child, especially children with SEND and mental health issues. There was acknowledgement that we need to be supporting parents and carers to make the best decision for their child, whether they remain in statutory education or EHEC.

### **3.8 Forward plan**

The Delivery Board has a detailed forward plan. Family Hubs are a standard agenda item. Future agenda items include maternity key priorities; Children and Young People's JSNA; Oral Health JSNA and Strategy; and healthy weight.

### **3.9 Key issues**

The Delivery Board remains focused on Covid recovery, as well as a number of cross-cutting issues that affect considerable numbers of children and young people including poverty, healthy weight, alcohol and substance misuse harms.

A children and young people's JSNA is under development, it will assess current and future needs and inform future commissioning. From this work it is

hoped the Board will have a greater understanding of what it is like to be a child or young person in Sunderland and how services can support their needs.

#### **4.0 Update from the Living Well Delivery Board – met 10 May 2023**

##### **4.1 Low carbon and healthy activity**

The Delivery Board received a presentation in May 2022 on the low carbon agenda, this meeting provided an update on this hugely ambitious agenda where we are seeking to be carbon neutral as a council by 2030 and as a city by 2040. The bulk of our current emissions as a city are domestic (37%) and transport (33%). There are seven strategic priorities, the first being about our behaviour which underpins the other strategic priorities:

- SP1 - Our behaviour
- SP2 - Policies and operational practices
- SP3 - An energy efficient build environment
- SP4 - Renewable energy generation and storage
- SP5 - Low carbon and active travel
- SP6 - Green economy
- SP7 - Consumption and waste.

The potential impact of behaviour change on achieving the city-wide carbon target is significant. Active travel choices, sustainable food, green spaces, air quality, fuel poverty and associated health outcomes are linked themes across Low Carbon and Health and Wellbeing agendas. The presentation outlined a selection of key actions in the Low Carbon Action Plan which are aligned with living well objectives, for example, the recent Good Food Summit and commitment to establish a Sunderland Food Partnership; embedding carbon reduction considerations in the Integrated Impact Assessment Tool and Community Wealth Building Charter; a number of schemes supporting low income households to improve energy efficiency; adoption of the Local Cycling and Walking Infrastructure Plan that enables investment into scheme delivery; Active Travel Fund cycleway schemes; city-wide EV infrastructure and roadmap; and the water refill scheme.

There was a broad discussion on this agenda item, recognising the significant synergy between low carbon and health priorities. The order we do things influences behaviours, such as incorporating cycle lanes and EV charging points into new housing estates from the outset. The Integrated Impact Assessment process may be useful to support this and there are opportunities to make further links to the social prescribing agenda. There was acknowledgement of a retrofit training skills shortage to bring homes up to standard that will be explored further between the local authority, College and providers. The learning from the work on health literacy is transferrable to low carbon literacy, with the opportunity to work with STSFT to explore how communications can be made as simple and relevant as possible for people. In addition, there are opportunities to align communications and engagement with the work on physical activity, considering how these different agendas can be brought together.

## 4.2 **Adult Mental Health Strategy**

The Adult Mental Health Strategy for Sunderland was approved in June 2021. The strategy has an outcomes dashboard that takes into account key outcomes from the All Together Better Outcomes Framework, nationally published data sources and data extracted from local data sources. The dashboard focuses on six key outcomes:

- More people with better mental health
- Fewer people who suffer from avoidable harm
- Increased recovery for more people with mental health problems
- A positive experience of care and support
- Fewer people who experience stigma and discrimination
- Better physical health in those people with mental health problems.

A number of key indicators have been impacted by the COVID-19 pandemic either through direct impact on the patients or in terms of the data submissions. Due to data availability at a national level, the full impact of pandemic is not yet visible in the outcomes but for some, it is clear that the impact is significant at a local, regional and national level.

The prevalence of depression, anxiety, dementia, substance misuse and severe mental health continue to increase, further work needs to be undertaken to understand why. It must be noted however that the registered population has increased by 1.8% over the past 18 months which will impact on the number of patients recorded on these registers within general practice. Access to Talking Therapies (previously Improving Access to Psychological Therapies (IAPT)) remains lower than the Long Term Plan expectation for Sunderland but this is consistent with the regional and national position. The number of health checks carried out in general practices for those who have a serious mental health condition has increased significantly for 2022/23 and remains strong comparatively.

Discussion took place with regards to triaging people in Sunderland to ensure they are accessing the most appropriate therapies. In terms of dashboard development, there are some quality aspects to be addressed and ensuring we can evidence equitable approaches will be incorporated into the dashboard. Membership of the Delivery Board provides an opportunity to involve a broad range of partners in the delivery of the Adult Mental Health Strategy, from physical health to skills, employment and other social determinants. An update on the delivery of the strategy will be brought to a future meeting.

## 4.3 **Supporting people into employment: Recovery Connections – Individual Placement Support**

Recovery Connections is referred to as Sunderland Employment Connections in the city. Individual Placement Support (IPS) is available to anyone who is in structured substance misuse recovery treatment, no one is excluded from

the service. Employment is used as part of the recovery process. The approach is a proven success with people being 50% more likely to gain work. The focus is on paid employment from the offset, with targeted support for the individual, seeking to ensure individual preferences and sustainable job goals. Benefits advice is provided. The individual's recovery is always the priority, with zero exclusions. Participants can access in work support for up to four months, this may involve a regular call, or perhaps engagement with employers to make reasonable adjustments.

Since the service was launched in November 2022 there have been 65 referrals: 42 active, 25 people participating in IPS, 12 job starts (all still in employment) and 35 interviews arranged. Employer engagement in Sunderland has been very positive. The feedback from participants indicates the programme helps to counteract their nerves and address stigma. The IPS programme has filled a gap, providing the support to build individuals' confidence, have positive job outcomes and liaise with the employer when needed.

The Delivery Board welcomed the opportunity to hear such positive stories, hearing how this model has been so effective in supporting people back into employment. Employers on the Delivery Board were invited to share their details if they could be part of the programme. Whilst the IPS Steering Group is led by OHID and is specific to substance misuse there are opportunities for local collaboration with the mental health IPS through the ATB Programme 2.

#### **4.4 Healthy City Plan (HCP) Grant proposals**

The Delivery Board considered a request for Healthy City Plan Grant (see section 7 of this report). The request for funding was supported by the Delivery Board.

#### **4.5 Living Well Performance Dashboard**

See separate agenda item on Healthy City Plan performance dashboard.

#### **4.6 Forward Plan**

The Delivery Board has a detailed forward plan. Proposed agenda items for the next meeting include: Director of Public Health Annual Report; Sunderland Reducing Inequalities Delivery Group, including ICS health inequalities funding, social prescribing and MECC strategic approach; Joint Strategic Needs Assessment (JSNA) annual refresh; Suicide Prevention Action Plan and HCP Grant progress updates.

#### **4.7 Research bid**

At the last meeting it was agreed the Board would provide a letter of support to the Health and Care Research (NIHR) for a Health Determinants Research Collaborative (HDRC). The Expression of Interest from Sunderland was successful and we have been invited to submit a detailed proposal (Stage 2 of

the application process) by 26 July 2023. The aim of the HDRC is to develop local capacity for research on wider determinants of health and health inequalities. If successful, the HDRC contract will provide funding of up to £5 million over 5 years.

#### 4.8 Key issues

The issues of improving health and reducing health inequalities require a partnership approach as demonstrated in ongoing delivery board discussions. The Delivery Board is keen to continue to understand how we can all help to take equitable approaches to delivering our services to ensure we strive to reduce health inequalities.

#### 5.0 Update from the Ageing Well Delivery Board – met 16 May 2023

##### 5.1 Better Care Fund

A presentation was made to the Delivery Board - see separate agenda item.

The five metrics for 2023/24 were discussed, including the new falls metric.

Metric	Detail
Admissions to residential care homes	Older adults whose long-term care needs are met by admission to residential or nursing care per 100,000 population.
Avoidable admissions to hospital	Unplanned hospitalisation for chronic ambulatory care sensitive conditions.
Falls <b>*New*</b>	Emergency Hospital Admissions due to falls in people over 65.
Discharge to usual place of residence	Improving the proportion of people discharged home, based on data on discharge to their usual place of residence.
Reablement/rehabilitation	Proportion of older people (65 and over) who were still at home 91 days after discharge from hospital into reablement/rehabilitation services.

The Delivery Board started to explore how it could be influencing the Better Care Fund (BCF) narrative for the next two-year funding period. For example, as we seek to reduce the number of people who are in residential care, particularly the elderly and those with long-term conditions, the Delivery Board could play a role in reimagining what care should look like in future including what sort of homes and technology we need to support independent living.

The importance of keeping people out of acute environments for as long as possible was discussed, recognising the physical, psychological and functional decline challenges associated with deconditioning. Whilst a high impact change model is being developed by Public Health Consultants in the Council and Foundation Trust a shared system leadership approach is essential, including engagement beyond key BCF partners.

The Delivery Board recognised the associated cultural issues and the need for workforce training and capacity building to support people with their health and social care needs in a much more person-centred way at scale. It was

proposed that the Delivery Board develop some vignettes on how people may wish to live their lives in the future, including housing and leisure.

## **5.2 Update on the strength and balance programme and We'ar shining a light**

The strength and balance programme is operating in the five areas of the city, focusing on the 50+ years population. There has been positive feedback from participants on improving fitness. Exit strategies for participants have been discussed with the providers, with the intention of making sure people are signposted to the broad offer of activities that are available in the city. It was acknowledged that the pricing point of activities needs to be right to achieve lasting active participation and impact.

"We'ar shining a light" was launched in April 2023, there are now eighteen community reporters who are all passionate about sharing stories of ageing well. All of the reporters have been trained in writing, photography, getting peoples stories and the associated evidence.

In addition, the city now has 130 Ageing Well Ambassadors who are a fabulous source of intelligence and a great group to engage to get older people's insights.

## **5.3 Falls Prevention Strategy**

See separate agenda item.

## **5.4 Ageing Well Performance Dashboard**

See separate agenda item on Healthy City Plan performance dashboard.

Discussion took place on developing a broader set of indicators to complement the high-level performance dashboard. The broader indicator set could include older peoples' insights from the Residents Survey, annual carers customer survey, what it is like to grow old in the city and associated inequalities. These additional indicators will help to build up a picture of ageing well in the city and can be monitored over time.

As part of the financial wellbeing project there are many conversations taking place with older people in community settings to understand challenges and aspirations. These insights, along with the broader set of indicators can be brought to a future meeting. In addition, there is opportunity to gain broader insights by asking additional questions.

## **5.5 Priorities discussion**

Initial discussion reflected on our Healthy City Plan 'key areas for improvement' of developing age friendly neighbourhoods, age friendly services and promoting age equality, and what more we can be doing to influence age friendly considerations. Some of the challenges discussed

related to ensuring the voices of disabled people and older people in the planning of inclusive physical environments. Sunderland Older People's Council will be undertaking an audit of the city centre later in the summer, the findings of which can be shared with the Delivery Board.

There is opportunity for the Delivery Board to influence broader priorities, including what is in the future City Plan. In addition, where we already have Healthy City Plan priorities the Delivery Board may wish to shine a light on how these priorities are being addressed for older people and carers, for example, fair employment and good work for all and alcohol harms. Given healthy life expectancy is only 56 years and there are high levels of economic inactivity, staying well and staying healthy for longer is incredibly important.

The Delivery Board will be invited to share their views via a survey on current and future priorities for ageing well.

## **5.6 Cost of Living Crisis – use of warm spaces**

An update was provided on the engagement work that has taken place with communities in the Warm Spaces (January to March 2023) to gain insights of lived experiences. On average twice as many women have been attending the facilities compared to men, with predominantly older people attending (55+ years). The main reason for attending the facilities has been to connect with others and socialise. Word of mouth has been important for advertising and for disseminating information and advice. The spaces are proving to be a great way to get messages out, people are more likely to read information and ask further questions from someone they trust in the community setting.

How we refer to social prescribing in the city is changing to “Links for Life Sunderland”, as will the nature of the spaces as they increasingly become welcoming and vibrant spaces for the communities they serve. The council and wider partners have an enabling role to play, but the offer needs to be perceived to be community driven. Discussion took place with regards to not over professionalising the venues, people are going there to socialise, we shouldn't force things on them, the venues need to be seen as a community resource.

The plan is to develop a consistent approach to community engagement across the council. At present the Council's Housing and Community Resilience Service is reviewing its communications with residents to ensure what is communicated is clear, can be understood by the majority of people and has been considered from a cost-of-living perspective.

Work is progressing between Gentoo and the Council's housing service to provide a comprehensive and coordinated range of activities in a collaborative way, including supporting people through the cost-of-living crisis. As the work progresses the detail will be shared with the Delivery Board.

## **5.7 Forward Plan**

The Delivery Board has a detailed partnership workplan. Members views on future priorities will inform the Board's agenda, this will include Sunderland Carers Strategy, an update on cost-of-living, wider performance metrics for ageing well and insights from the Sunderland Older People's Council audit of the city centre.

## **5.8 Key issues**

- How we develop a strengths-based approach to many of the issues discussed, for example, reducing frailty factors, reducing the need for residential care, addressing digital exclusion and raising awareness of the early intervention and prevention opportunities across the city that support ageing well.
- Ensuring we use all available data to identify frailty to target support.
- Working in partnership to try and mitigate the impacts of the cost-of-living crisis on older people.

## **6.0 Health and Wellbeing Board Development Sessions**

6.1 For the purposes of public record the Health and Wellbeing Board hasn't held development sessions since the last assurance report. A development session is planned for August to discuss the proposed final ICS Joint 5 Year Forward Plan prior to its publication.

## **7.0 Healthy City Plan Grant**

### **Background**

- 7.1 Health and Wellbeing Board members will recall that there is £1.75m grant available to support the delivery of the Healthy City Plan. [£50k of this resource has been earmarked for behavioural insights work, health equity audits and other activity to inform the key priorities and work streams within the Healthy City Plan].
- 7.2 All proposals for the Healthy City Plan Grant must seek the support of the relevant Delivery Board prior to submitting the Application Request Form.
- 7.3 The following criteria are applied when considering approvals of proposed activity:
- activity aiming to deliver the largest sustainable gains against performance indicators set out in the Healthy City Plan;
  - activity targeted at those communities facing the highest levels of deprivation or health inequality across the city; and
  - activity targeted at population groups most impacted during the COVID-19 pandemic from a health and wellbeing perspective.
- 7.4 Activity should also support the Healthy City Plan's shared values and behaviours, these being:

- **Focusing on prevention** – helping people to stay healthy, happy and independent
- **Tackling health inequalities** – challenging and taking action to address the inequalities and social determinants of health
- **Equity** – ensuing fairness in access to services dependent on need
- **Building on community assets** – recognising individual and community strengths that can be built upon to support good health and independence
- **Working collaboratively** – everyone playing their part, sharing responsibility and working alongside communities and individuals
- **Being led by intelligence** – using data and intelligence to shape responses.

## Governance

- 7.5 There is no requirement to allocate and spend monies in year, but the Delivery Boards are encouraged to bring proposals forward to their meetings. The Chair of the Health and Wellbeing Board, the Executive Director of Health, Housing and Communities and Director of Place (Sunderland) have collectively been given the delegation from the Health and Wellbeing Board to consensually agree the allocation of the grant to schemes. They will meet on a quarterly basis after each cycle of Delivery Boards to consider proposals to take-up the Healthy City Plan Grant.
- 7.6 The relevant Delivery Board is responsible for ensuring the resource is spent in line with the agreed proposal.
- 7.7 ‘For information’ reporting will be provided to the Health and Wellbeing Board with regards the deployment of this resource to individual activity and the outcomes achieved as a result of the grant allocation.

## Grant awarded projects

- 7.8 Since the last assurance update one further project has been approved Healthy City Plan Grant: Defibrillation and Community First Responders. Below is an overview of all the projects that have been approved funding, some subject to additional conditions.

## Starting Well Projects

Approved	Project Name	Project Summary	Amount Approved
February 2023	PlayZones	<p>The design, build and activation plan of five PlayZones across the city.</p> <p>The initial pilot location has been identified within Southwick ward. The remaining four locations are yet to be determined but will</p>	£200,000

		focus on specific wards with the intention to have a PlayZone in each locality of the city.	
February 2023	Thompson Park Interactive Play	Purchase, installation and ongoing maintenance for 5 years of interactive play equipment at Thompson Park.	£55,527
	<b>TOTAL</b>		<b>£255,527</b>

### Living Well Projects

Approved	Project Name	Project Summary	Amount Approved
November 2022	Elemore Park	To enable the Elemore Trust to deliver the ongoing management and maintenance of the newly refurbished Elemore Park for a period of 3 years, to improve health and wellbeing outcomes for residents.	£240,000*
November 2022	Physical Activity Opportunities	To support the continued delivery of multiple projects aimed at a range of target groups to increase physical activity through improved and increased pathways into physical activity and sport.	£130,000
December 2022	Tackling Inequalities – Access to Services and Recruitment (STSFT)	Project A - To identify potential inequalities in access to NHS Outpatient appointments.  Project B - Understanding the workforce profile of the Trust and how the workforce could become more representative of the local population by understanding potential barriers/opportunities to recruitment practices.	£94,000
February 2023	Cycling and Walking for Health	Active travel project aimed to reduce the barriers faced by families across Southwick and Redhill ward, enabling access	£39,000*

		to safe cycling and walking activities/infrastructure, improving health and wellbeing, encouraging sustainable travel and support local community capacity building.	
<b>June 2023</b>	<b>Defibrillation and Community First Responders</b>	Increase the number of public access defibrillator sites across the city and implement a Community First Responder (CFR) scheme, recruiting 10 CFRs and providing training and response equipment including the provision of 5 falls kits. The project will also aim to raise public awareness around cardiac arrest and their role in increasing the chance of survival.	£90,038
	<b>TOTAL</b>		<b>£593,038</b>

### Ageing Well Projects

<b>Approved</b>	<b>Project Name</b>	<b>Project Summary</b>	<b>Amount Approved</b>
November 2022	Carers Support Offer	To support a range of activities to improve the understanding of the caring role, how to identify a carer and support access to information, advice and services.	£10,000*
November 2022	Sunderland Falls Prevention Programme	Extend the VCS delivered Falls Prevention Programme, Strength and Balance and Education, from January 2023 – January 2025, creating a new call for projects to allow wider coverage across the city.	£200,000*
November 2022	Ageing Well Sunderland Reporters	The project will seek to develop ageing well residents from Sunderland (50+) into community reporters, who produce multimedia news reports that tackle ageism and provide peer-led support for	£9,900

		issues that matter to them (e.g. isolation, mental health, memory).	
	<b>TOTAL</b>		<b>£219,900</b>

\*Funding subject to additional conditions

7.9 A total of £1,068,465 of the grant has been awarded to date. The remaining grant allocation to be awarded is **£631,535**.

## 8.0 Recommendations

8.1 The Health and Wellbeing Board is recommended to:

- i. note and comment on the summaries from the recent meetings of the delivery boards;
- ii. be assured that the work of the Delivery Boards is progressing in line with their agreed terms of reference; and
- iii. note the additional project that has been allocated Healthy City Plan grant.

