

# HEALTH & WELL-BEING SCRUTINY COMMITTEE

15 September 2010

## RE PROVISION OF COMMUNITY CHILD AND ADOLESCENT MENTAL HEALTH SERVICES ACROSS SOUTH OF TYNE AND WEAR

### Report of the Children's Lead for Commissioning, Sunderland Teaching Primary Care Trust

#### 1. Purpose of the Report

- 1.1 The purpose of this report is to provide members with an update on progress to date in relation to the re provision of Child and Adolescent Mental Health (CAMH) and Learning Disability Services across South of Tyne and Wear.

#### 2. Definition of Terms

- 2.1 A four tiered model is used to describe levels of mental health need and services to meet these needs:

- Tier 1: Universal services to meet the mental health needs of all children and young people and address the needs of children and young people with mild and early stage problems (15%)
- Tier 2: Services to meet the needs of children and young people with moderately severe problems
- Tier 3: Services to meet the needs of children and young people with complex, severe or persistent mental health needs
- Tier 4: Services to meet the needs of children and young people with highly complex and severe mental health needs (including in-patient services)

#### 3. Background

- 3.1 There have been a number of long-standing issues in relation to the provision of CAMH and Learning Disability Services across South of Tyne and Wear.
- 3.2 At Tier 4 the issues identified include:
- Suitability of estates
  - Access to services in particular difficulties over admission and case mix
  - Lack of intensive treatment services resulting in children and young people receiving out of area treatment
  - Centrally provided day and out-patient services covering large geographic area

- No specifically commissioned services for young people with eating disorders
- Lack of integration of services

3.3 The North East Commissioning Team, in partnership with local commissioners, led on work to address these issues that has resulted in:

- A new regional model of integrated children and young people's services being delivered from purpose built accommodation from July 2011 to include:
  - Services for children and young people with severe learning disabilities (6 beds)
  - Services for children and young people with mild to moderate learning disabilities (12 beds)
  - Young people's low secure learning disability service (8 beds)
  - Children and young people's services – 14 beds including 4 flex beds where intensive support is needed and 2 flex beds for admission of children under 12 years
- Establishment of neuro-developmental disorder service
- Sub-regional intensive support service for children and young people with complex mental health, behavioural and social care needs
- Establishment of a regional young people's eating disorder service (10 beds)

3.4 At tier 3 the issues identified include:

- Fragmented service provision based on historic commissioning Arrangements, with services lacking the critical mass, skills (particularly in relation to psychiatry) and capacity to most effectively meet the needs of the population served
- Access to services including: referral criteria; location of services; response to dna (did not attend); flexibility of service delivery models; and provision of urgent and emergency (24/7) services
- Fragmented provision of services for children in special circumstances including children and young people with learning disabilities; looked after children; and children with complex behavioural, mental health and social care needs
- Capacity to respond to modernisation agenda including delivery of outcome focused, evidence based standards of care within Children's Trust Arrangements
- Recording and reporting of service effectiveness and outcome monitoring

3.5 NHS SOTW has led on work to address these issues through the establishment of a project board comprising of representatives from both the PCT and Local Authority (Children's Services). This board has worked with a broad range of partners including provider organisations to develop a single service specification outlining the scope and

function of service; service standards and performance monitoring arrangements.

- 3.6 The option of existing service providers working together to re-provide services to meet the requirements of the service specification was fully explored with them by the board however this was not considered to be a viable option. In view of this, and the need to develop community based intensive support services, the project board recommended that a single contract for the provision CAMHS and Learning Disability Services across South of Tyne should be sought. This recommendation was approved by the PCT commissioning board in August 2009.
- 3.7 The main issues identified in relation to the provision of Tier 2 services is the variation in size, scope, levels of resource and models of service provision in Sunderland, South Tyneside and Gateshead.

#### **4. Current Position**

- 4.1 A project board comprising of representatives from the PCT and Children's Services in Sunderland, South Tyneside and Gateshead. The purpose of this board is to:
- Review the balance of CAMHS and Learning Disability provision across the Tiers in SOTW including the development of a total resource map
  - Agree a commissioning plan for the provision of Community Services (Tiers 2 and 3)
  - Commission through the mechanism of a formal competitive tender, the provision of Community CAMH Services across South of Tyne and Wear to deliver:
    - A comprehensive range of integrated CAMH Services to all children and young people from birth to their eighteenth birthday with complex, severe or persistent mental health needs (re provision)
    - Services for children and young people with learning disabilities (re provision)
    - Services for children in special circumstances (re provision)
    - Intensive support services for children and young people with acute mental health needs to prevent unnecessary in-patient admission (new provision)
    - Multi-systemic treatment services for children and young people with complex mental health, behavioural and social care needs

- Review and re provide Community CAMH Service provision at Tier 2 for children and young people with moderate mental health needs
- 4.2 Procurement of Community CAMH and Learning Disability Services at Tier 3 will commence from August 2010, with award of contract planned for April 2011 and service commencement planned from October 2011.
- 4.3 In order to ensure that the new service most effectively meets the needs of the local population a process of formal consultation on the service delivery model commenced on 2nd August 2010 and will continue to 1<sup>st</sup> August 2010.
- 4.4 Key areas for consultation will be based around the themes identified in the National Review of CAMHS including:
- Promoting awareness of mental health and mental health services
  - Trust including developing trusting relationship with staff and clarity over confidentiality
  - Access to services including information, location, ongoing support
  - Communication
  - Involvement including opportunities to discuss what services and interventions are available
  - Holistic approach including links to other services
- 4.5 The outcomes from this consultation will be used to inform the final service specification and ongoing engagement process will inform further development of the service.

## **5. Recommendations**

- 5.1 Members are asked to:
- Note and comment on progress to date
  - Agree to receive further progress updates including the outcomes of formal consultation exercise

## **6. Background Papers**

CMHS Consultation Documents