

HEALTH AND WELLBEING DELIVERY BOARDS ASSURANCE UPDATE

Report of the Chief Executive of Together for Children, Executive Director of Health, Housing and Communities and Director of Adult Services / Chief Operating Officer of Sunderland Care and Support (SCAS)

1.0 Purpose of the Report

- 1.1 The purpose of the report is to provide the Health and Wellbeing Board with:
- i. assurance that the work of the Delivery Boards is progressing in line with their agreed terms of reference;
 - ii. a summary of key points discussed at their recent meetings; and
 - iii. an update on the allocation of Healthy City Plan Grant funding.

2.0 Background

- 2.1 The Health and Wellbeing Board has three delivery boards (Starting Well, Living Well and Ageing Well) to provide strategic oversight of the six Marmot objectives and the nine Healthy City Plan workstreams. The delivery boards provide challenge and support across partnership activity to reduce health inequalities and address the social determinants of health.
- 2.2 To enable the Health and Wellbeing Board to fulfil its role as system leader for health and wellbeing, the delivery boards will need to be assured that activity being delivered across the three themes of the City Plan (Healthy, Vibrant and Dynamic Smart City) are maximising opportunities to reduce health inequalities and address the social determinants of health.
- 2.3 All three delivery boards continue to meet on a quarterly basis, with the most recent meetings held in November 2023. The delivery boards hold additional workshops and development sessions subject to their business needs.

3.0 Update from the Starting Well Delivery Board – met 9 November 2023

3.1 Family Hubs

As a standard agenda item, an update was provided on the city's Family Hubs. Four of the five hubs are now operating. There have been three official launch dates and the fourth launch, Thorney Close, will take place following completion of renovations to the reception area.

Building work at the fifth Hub on Lombard Street in Hendon is due completion in November, with some delivery commencing from the centre in December. Health rooms are operating at the Bunnyhill Centre, Hetton Centre and Rainbow Centre, with activity including Review and Development Clinics, Neo-Natal Baby Groups and the Registrars Service at the Rainbow Centre. Links have been established to the wider service offer in the city, examples include: the Bread and Butter project; Links for Life (social prescribing) offer; Northeast Autism Society sessions; and strengthening links to community providers, such as Sunderland Bangladeshi International Centre and ELCAP.

Areas of focus for the Family Hubs include parenting, the home learning environment, infant feeding, peri-natal mental health (and fathers awareness sessions) and community engagement. Parent and Carer Panels have been established in the North and South (joint panel) and the Coalfields and Washington (joint panel). The Parent and Carer Panels have already produced a report around experiences of infant feeding, with recommendations from the panel informing the workstream.

Key activity in the next quarter includes: commencing activity from Lombard Street Hendon and the official launch of Thorney Close; a workforce skills audit; developing volunteer pathways and identifying training; expansion of delivery from the hubs and spokes; and a focus on the delivery for older teens (an additional workstream), involving consultation with young people. Discussion took place regarding the hub kitchens and the opportunities to have additional food offers.

3.2 National three-year delivery plan for maternity and neonatal services and a focus of the work in Sunderland

The national delivery plan was published in March 2023, it focuses on four themes: listening to and working with women and families with compassion; growing, retaining and supporting our workforce; developing and sustaining a culture of safety, learning and support; and standards and structures that underpin safer, more personalised and more equitable care. Trusts had to bid for a share of £95m reoccurring funding, of which STSFT investment has been in frontline staff.

The discussion focused on how STSFT have invested in specialist lead midwifery roles, for example, a dedicated bereavement midwife and a digital midwife. Investment has been made in obstetricians, with more dedicated time for training. New services have been established, including a maternal mental health service that has been running for the last 2 years. There is a lead midwife for maternal mental health and one for pre-term babies. The public health offer has been enhanced with a tobacco dependency treatment service and lead midwives for health inequalities, alcohol and infant feeding.

Discussion took place on how we can ensure the service offer reflects the needs of our communities; and how we can anchor midwives and other professions to work in Sunderland, including those who have studied at the University. The Delivery Board would like to understand what difference the

service improvements are making to babies and families and agreed to have further discussion at a future meeting.

3.3 Sunderland Healthy Related Behaviour Survey – Report 2022/23

See separate agenda item.

3.4 Creating a smoke free generation and tackling youth vaping

See Living Well Delivery Board update.

The discussion at the Starting Well Delivery Board focused on tackling youth vaping and raising the age of tobacco sale. The presentation acknowledged the cost of smoking tobacco in Sunderland on children and young people, including it being a major risk factor for perinatal and infant mental health; the risks of second-hand smoke to a child's health; and how the majority of smokers start in their youth (4 in 5 starting before the age of 20). Whilst vaping is considered a useful aid for smokers to quit their addiction to cigarettes, the Council does not support an outright ban on the sale of vapes, but is recommending that partners support measures to reduce the appeal of vaping amongst children and young people.

Delivery Board members were encouraged to respond to the Government's Smokefree Generation Consultation 'Stopping the Start'.

3.5 Sunderland Good Food Partnership

The update included the year one progress report from the Sunderland Good Food Partnership. The Food Partnership's first 12 months has focused on the need to create a firm foundation for partnership working; developing robust links with partners and colleagues from across the food system; and scoping out the Food Partnership's strategic purpose and role. Key achievements in 2022-23 include: the Holiday Activities and Food Programme (HAF); The Bread and Butter Thing; food growing and community gardens; a Sunderland Good Food Summit and a Sunderland Good Food Charter. The priorities for the next 6 months were presented, these include having a Good Food action plan by December 2023; ensuring healthy food options are promoted, to help make healthy eating an easy choice; continuing to connect with residents and community groups to build a good food movement and support local action; providing and promoting free opportunities for residents of all ages to improve their food knowledge and skills; and continuing to support a long-term approach to tackling the root causes of food insecurity.

The Delivery Board were keen to explore whether the Family Hubs could support the agenda by having community growing spaces, recognising the growing evidence linking gardening with improved mental and physical health; as well as allotments being able to provide affordable nutritious food. Discussions regarding Family Hubs having allotment access would be picked up with City Development.

3.6 Holiday Activities and Food (HAF) Programme update

Since commencing the HAF programme in 2021 the number of children and young people who are registered for means tested free school meals has increased by 20% (12,517) in 2023. Together for Children and Health, Housing and Communities have worked together to continue to extend HAF provision for two additional holiday periods in 2023/2024 (Oct 23 and Feb 24) and extend the current HAF offer (Winter 23) to children in households on universal credit and struggling with the cost of living but not eligible for means tested free school meals. The Delivery Board reflected how a lack of access to good food and proper nutrition during childhood can have a devastating effect on children's educational attainment, physical and mental health, and social wellbeing – all of which have lifelong consequences.

3.7 Forward plan

The Delivery Board has a detailed forward plan. Family Hubs are a standard agenda item. Future agenda items include Early Help Strategy and healthy weight.

3.8 Key issues

The Delivery Board remains focused on the continuing impact of the pandemic, the cost-of-living crisis and the number of children in poverty.

4.0 Update from the Living Well Delivery Board – met 8 November 2023

4.1 Sunderland Suicide Prevention Action Plan (2023-26)

The Delivery Board was updated on Sunderland's Suicide Prevention Action Plan which has been refreshed for the period 2023-2026. The responsibility for having a Suicide Prevention Action Plan and strategy sits with the local authority, through Sunderland's Health and Wellbeing Board. For suicide prevention to be successful, multi-agency partnership working is essential, therefore Sunderland's Suicide Prevention Partnership leads the city's work, aiming to reduce the prevalence of suicides in Sunderland. The development of a local suicide prevention action plan is recommended by government and supports the 2023 national strategy: Suicide Prevention in England: 5-year cross-sector strategy. Sunderland's action plan has been developed in line with national guidance and identifies eight priority areas:

- i. reducing the risk of suicide and rates of self-harm in key high risk groups by providing both universal and targeted support;
- ii. address common population level risk factors;
- iii. reduce access to the means of suicide;
- iv. provide better information and support to those bereaved or affected by suicide;

- v. support the media in delivering sensitive approaches to suicide and suicidal behaviour;
- vi. support research, data collection and monitoring;
- vii. providing effective crisis support; and
- viii. making suicide prevention everybody's business.

The Suicide Prevention Partnership will hold responsibility for delivery of the plan and progress updates.

'A Life Worth Living' Suicide Prevention training was recommissioned by the Council (Public Health) in December 2022, the contract was awarded to Washington Mind for a period of 4 years. The training aims to equip people at the heart of communities with the confidence, knowledge and skills to offer initial support and signposting to those people experiencing suicidal thoughts. The training also aims to raise awareness of suicide prevention and mental ill health, dispel the myths around suicide and reduce stigma.

The Delivery Board acknowledged the vital need for a partnership approach to reduce the suicide rate in the city and narrow the gap between Sunderland and the regional/national average. The comprehensive action plan is already demonstrating some successful work. Discussion took place regarding the importance of the training to benefit customers, staff and communities. In particular front-facing staff, such as those working for Job Centre Plus or in GP surgeries, where staff supporting people who are distressed would benefit from the training. The training will be embedded in the Links for Life training offer. Further opportunities to train staff who engage with those people who are at risk is being explored.

4.2 Community pharmacies

A presentation was received on community pharmacies, setting out: the service provision across the 62/63 pharmacies in Sunderland including substance misuse services, stop smoking service, healthy start vitamins, Nicotine Replacement Therapy, Sexual Health Services and Out of Hours Service; ICB-wide commissioned services (delivered through the 5 LPCs); service provision in neighbouring areas; national service provision; and compulsory services; challenges; and public awareness of community pharmacies. Awareness of community pharmacies has grown since the pandemic, for example, with regards to blood pressure monitoring and medicines consultations. The public view of community pharmacies is positive with regards to accessibility, convenience and consultations.

The presentation was the start of a conversation on how we can work together more closely on the health and inequalities agenda. Discussion took place with regards to the ambition set out in the NHS 'Delivery Plan for Recovering Access to Primary Care' to expand community pharmacy services; and the importance of working together between the LPC and Public Health to ensure local provision complements what is coming out nationally.

4.3 Health Model Office – Job Centre Plus

Job Centre Plus have three offices in the city – Sunderland, Washington and Houghton. The Sunderland Job Centre Plus office was chosen as one of eleven national “health model office” sites in the country to test and pilot a health model offer, cascading learning into DWP mainstream services across the country. The presentation showcased a number of programmes that have been running from the Sunderland office, these have included:

- a Disability Confident trial, working with a cohort of people to move them closer or into work by working with local and national companies who were signed up to the Disability Confident Scheme;
- trialling a health adjustment passport, which is now available nationally on gov.uk for everyone to access; a trial working with customers on the autism spectrum to get them closer to work;
- the Sunderland Job Centre office has received Autism Friendly status and is about to undertake a Communications Access UK Accreditation; and
- a Flexible Support Fund and Access to Work Fund, considering the impact of the Flexible Support Fund to fund specialist equipment whilst waiting for Access to Work support to be put in place.

Job Centre Plus have recently attended a Time in Time Out event, delivering a presentation on the services available to over 300 people working in GP surgeries.

Discussion at the Delivery Board made a number of links with both partners and wider programmes of activity, this included the Job Centres supporting the new Links for Life model; and the NENC ICB Waiting Well programme, which offers targeted support to certain groups of patients waiting for surgery, where support is offered to improve fitness, diet and mental health, reducing the risk of not being well enough for surgery and helping patients to make a better and quicker recovery post-surgery. In addition, the prototype model for the Waiting Well programme makes the link to adult skills, so connections are there to support people to enter into and sustain work. ICB colleagues will support Job Centre Plus to engage with GP Practices – having the evidence of evaluation and champions in each of the practices will hopefully have spin off benefits in reducing GP appointments and prescriptions. The Public Health team are leading the development of an economically inactive health needs assessment, being able to add Job Centre Plus data and insights will add to the richness.

4.4 Healthy City Plan – six monthly performance update

See separate agenda item.

The Delivery Board acknowledged how some of the metrics are very difficult to move, such as those connected to the food environment. Going forward the Delivery Board would like the performance report narrative to reference some of the challenges in improving KPI performance and showcase activity that is supporting improved outcomes. To really shift many of the metrics we need a

much greater focus on the wider determinants of health, ensuring the benefit reaches those communities facing the greatest inequalities.

4.5 Creating a smokefree generation - government consultation and local action

The agenda item provided information about the Creating a Smokefree Generation and Tackling Youth Vaping consultation and recommendations of how to support it.

In October 2023, the Department of Health and Social Care (DHSC) published its policy paper, Stopping the start: our new plan to create a smokefree generation and launched a consultation on key proposals of the policy paper. The consultation response will support the proposed introduction of measures to reduce the harms from smoking in our local communities, reduce health inequalities, reduce smoking prevalence and youth vaping.

Tobacco is the single leading preventable cause of ill health, disability and premature death, causing around 1 in 4 of all UK cancer deaths. In Sunderland those who are on low incomes or living in areas of deprivation are far more likely to smoke than the general population.

Our Healthy City Plan identifies key areas in which improvements can be made to improve smoking prevalence rates across the city, to achieve a target of reducing smoking prevalence to 5% by 2030. Currently the smoking prevalence in Sunderland is 13.2%, which is higher than the England average of 12.7%.

The DHSC launched a consultation on the proposals set out in the Stopping the Start policy paper on 12 October 2023, and is inviting responses until 6 December 2023. The consultation is seeking views on introducing new legislation to raise the age of sale for tobacco, further regulating vaping to reduce its appeal to children, and introducing new powers for local authorities to issue fixed penalty notices to enforce age of sale legislation for tobacco products and vapes. The Council's Cabinet has agreed its consultation response which has been shared with partners. Partners are encouraged to respond to the consultation and support:

- Introducing new legislation to raise the age of sale of tobacco
- Further regulating vaping to reduce the appeal to children
- Introducing new powers for local authorities to issue fixed penalty notices to enforce age of sale legislation for tobacco products and vapes.

The Delivery Board acknowledged that most adult smokers know about the risks and, because of them, want to quit - but the addictive nature of cigarettes means they cannot. Three-quarters of current smokers would never have started if they had the choice again, on average it takes around 30 quit attempts to succeed. Raising the age of sale of tobacco will delay smoking uptake, with anyone born after 1 January 2009 never being able to legally buy tobacco.

The Council's Cabinet will be responding positively to the consultation, alongside the Sunderland Smokefree Partnership and Health and Wellbeing Board. Partner organisations and individuals are being encouraged to respond to the consultation.

4.6 Consultation responses

Consultation responses have been prepared for:

- i. Mandating quit information messages inside tobacco packs
- ii. Changes to Licence Conditions and Codes of Practice, Remote Gambling and Software Technical Standards, and arrangements for Regulatory Panels.

4.7 Forward Plan

The Delivery Board has a detailed forward plan. For the February 2024 meeting the first part of the meeting will be an opportunity to reflect on the work of the Delivery Board, considering whether we are achieving what we want to achieve and whether there are things we want to do differently. Proposed agenda items for the second part of the meeting include South Tyneside and Sunderland NHS FT Health and Wellbeing Strategy update, the Mental Health Concordat and delivering the Homelessness Reduction and Sleeping Rough Strategy.

4.8 Key issues

The issues of improving health and reducing health inequalities require a partnership approach and focus on the wider determinants of health as demonstrated in ongoing Delivery Board discussions. The Delivery Board is keen to continue to understand how we can all help to take equitable approaches to delivering our services to ensure we strive to reduce inequalities.

5.0 Update from the Ageing Well Delivery Board – met 14 November 2023

5.1 Director of Public Health Annual Report 2022/23 – Commercial determinants of health: Whose choice is it?

The report and accompanying presentation is being socialised across a number of fora, including the three delivery boards and was presented to the Health and Wellbeing Board in September.

The Delivery Board reflected on increased consumption from an older people's perspective, considering policy opportunities; educating Ageing Well Ambassadors and schools; the role of the planning system in fast food outlets; and bringing all of the best practice examples referenced in the report into the city along with other best practice. It was agreed to have a discussion outside of the Delivery Board and bring tangible proposals to the next meeting.

5.2 **Healthy City Plan: Ageing Well Performance Overview**

See separate agenda item.

5.3 **Ageing Well Delivery Board – refreshed delivery plan**

The Ageing Well Delivery Board has a refreshed delivery plan following a workshop on 3 October 2023. The Delivery Board received an update on individual strands of the delivery plan. Actions cut across a broad range of services, from Ageing Well Ambassadors, to falls prevention, active lifestyles and digital inclusion.

Partners were asked to consider how they can support the work on the delivery plan. Discussion took place on the importance of ensuring service offers are relevant to local people and how gathering insights through front-line staff and Ageing Well Ambassadors should help inform equitable service delivery. For example, insights that support and encourage older people to be physically active.

5.4 **Evaluation of the impact of the Therapies Care Home Team**

The service was established in June 2021, commissioned to provide intervention to all permanent residents of registered care homes. It is jointly funded by the PCN and the local authority. In summary, the service seeks to ensure equitable access to care home rehabilitation, allowing residents to live well. The service has experienced a steady increase in referrals since the service was launched, with 982 assessments completed in 2022/23. The offer of Whole Home Equipment Reviews (WHER) has been taken up by 8 care homes, with 250 customers reviewed – providing rehabilitation, reducing falls and increasing safety. The presentation showcased a range of activity from a family carer day, back care awareness, dementia awareness, SALT training with care home providers and the role of the digital projects to reduce falls, cognition and social isolation. Learning from year one and two acknowledges the wide and varied needs of care home residents, with the team being flexible enough to meet all residents needs. Future objectives include: securing permanent funding for the Rehabilitation Therapy Assistants; continuing to address the complex and specific needs of care home residents, including prevention and early intervention for postural management; promoting digital inclusion; reducing social isolation; and exploring the potential for research.

The Delivery Board discussed the opportunity for more care homes to be involved, but this is a capacity issue. Consideration will be given to setting a date as to when there will have been a full review of all care homes.

5.5 **Sunderland Carers Strategy**

The Sunderland Carers Strategy has been agreed by the Health and Wellbeing Board (September 2023) and is now published on the Council's website. The strategy is underpinned by an action plan, with four strategic

priorities. The strategy has been shaped by the voice and experience of carers and the organisations which support carers to ensure that the priorities for the future are based upon what is important. Caring responsibilities look different for each carer and that is why the strategy is for all carers in Sunderland.

The strategy will inform other strategies and ensure that meeting the needs of carers is embedded in all services across the council, its partners, and those services it commissions externally. Implementation of the delivery plan will be overseen by the Board and carers. Delivery Board members are happy to participate in the working groups and reach out to Ageing Well Ambassadors to participate. There are so many hidden carers in the city, including older and younger carers, and those in employment. Suggestions were made to reach carers in employment, including through the Sunderland Business Innovation District (BID) and the Sunderland Workplace Health Alliance. The approach to carer communications will continue to evolve, recognising the many different preferences carers will have, from online to face-to-face. The approach to carer engagement cannot be reliant on one organisation – the desire is to make pathways easier for carers to access by making the best use of combined resources.

5.6 State of Ageing in Sunderland

A State of Ageing report for the city is being prepared by a wide range of partners, the report will look beyond health data and the JSNA. Other areas to have a similar report are Leeds, Manchester and Ireland. The report will include the eight domains in the WHO age friendly cities and communities framework. Emerging sections in the report are: demography; housing; employment and learning; travel and road safety; active, included, and respected; healthy and independent ageing; and public and civic spaces. The intention is for the report insights to inform a call for action.

The intention is to bring the report to the next meeting in February. The Delivery Board recognised how some of the issues for older people are relevant throughout the life course and if we can make Sunderland a place that is age friendly we should be able to get it right across the whole life course.

5.7 Achieving Dementia Friendly status for the city

The Alzheimer's Society's Dementia Friendly Communities recognition scheme will end on 31 December 2023. Previously significant work had been done in the city to roll out Dementia Friendly training to all GP practices and the city had a Dementia Strategic Group. The Delivery Board is keen to ensure local momentum is not lost on this important agenda and would like to develop a local framework with training to raise awareness. The Delivery Board acknowledged the opportunities to engage with employers and businesses, including those involved in Sunderland Workplace Health Alliance and the Sunderland BID. In addition, Links for Life would help progress further dementia friendly action within communities. The proposed approach in

Sunderland would draw on best practice, including that developed by the LGA, Alzheimer's Society and Stirling University's "Environments for Ageing and Dementia Design Assessment Tool" (EADDAT) which combines the latest research on designing for cognitive change with the expertise of leading architects. (Age UK Sunderland are accredited by Stirling University). A template will be developed to gather a baseline position and best practice into one place.

5.8 **Forward Plan**

The Delivery Board has a detailed partnership workplan. Members views on future priorities will inform the Board's agenda, this will include wider performance metrics for ageing well and insights from the State of Ageing report that is under development and the Sunderland Older People's Council audit of the city centre.

5.9 **Key issues**

- The Delivery Board would like to aim for the city to be dementia friendly in terms of building design, housing and how we engage with people. There is potential to incorporate wider considerations of age friendliness, and Inclusion, Diversity, Equality and Access (IDEA) into our practises. At the same time developing age friendly places should bring benefits across the life course.
- How we develop a strengths-based approach to many of the issues discussed, for example, reducing frailty factors, reducing the need for residential care, addressing digital exclusion, and raising awareness of the early intervention and prevention opportunities across the city that support ageing well.
- Ensuring we use all available data to identify frailty to target support.
- Working in partnership to try and mitigate the impacts of financial insecurity for older people.

6.0 **Health and Wellbeing Board Development Sessions**

6.1 For the purposes of public record the Health and Wellbeing Board held a development session on 16 November 2023. The development session considered the evolution of the Board within the context of health and wellbeing system and place governance. A meeting will be held with the Chair / Vice Chair of the Board, the Executive Director of Health, Housing and Communities, and Director of Place to discuss next steps.

6.2 The Director of Strategy and Planning at NENC ICB has written to the Board, thanking the Board for the discussion at the August development session and for responding to the draft North East and North Cumbria NHS Joint Forward Plan. The final plan was approved by the NENC ICB in late September, and can be found on the ICB website [here](#). As required by NHS England the plan will be refreshed for re-publication in March 2024, continued input from the Board is welcomed.

6.3 Currently there are no further development sessions scheduled.

7.0 Healthy City Plan Grant

7.1 There have been no additional proposals for Healthy City Plan grant since the last assurance report in September.

7.2 Grant awarded projects

Below is an overview of all the projects that have been approved funding, some subject to additional conditions.

Starting Well Projects

Approved	Project Name	Project Summary	Amount Approved
February 2023	PlayZones	The design, build and activation plan of five PlayZones across the city. The initial pilot location has been identified within Southwick ward. The remaining four locations are yet to be determined but will focus on specific wards with the intention to have a PlayZone in each locality of the city.	£200,000
February 2023	Thompson Park Interactive Play	Purchase, installation and ongoing maintenance for 5 years of interactive play equipment at Thompson Park.	£55,527
September 2023	Seaburn Play Area	Towards the development of a new accessible play site at Seaburn, including play and seating equipment, safety/security measures and groundwork costs.	£50,000
September 2023	Wear Here 4 You Prevention Bus	To support the extension of the mobile prevention offer for a further 12 months.	£62,252
	TOTAL		£367,779

Living Well Projects

Approved	Project Name	Project Summary	Amount Approved
November 2022	Elemore Park	To enable the Elemore Trust to deliver the ongoing management and maintenance of the newly refurbished Elemore Park for a period of 3 years, to improve health and wellbeing outcomes for residents.	£240,000*
November 2022	Physical Activity Opportunities	To support the continued delivery of multiple projects aimed at a range of target groups to increase physical activity through improved and increased pathways into physical activity and sport.	£130,000
December 2022	Tackling Inequalities – Access to Services and Recruitment (STSFT)	<p>Project A - To identify potential inequalities in access to NHS Outpatient appointments.</p> <p>Project B - Understanding the workforce profile of the Trust and how the workforce could become more representative of the local population by understanding potential barriers/opportunities to recruitment practices.</p>	£94,000
February 2023	Cycling and Walking for Health	Active travel project aimed to reduce the barriers faced by families across Southwick and Redhill ward, enabling access to safe cycling and walking activities/infrastructure, improving health and wellbeing, encouraging sustainable travel and support local community capacity building.	£39,000*
June 2023	Defibrillation and Community First Responders	Increase the number of public access defibrillator sites across the city and implement a Community First Responder	£90,038

		(CFR) scheme, recruiting 10 CFRs and providing training and response equipment including the provision of 5 falls kits. The project will also aim to raise public awareness around cardiac arrest and their role in increasing the chance of survival.	
	TOTAL		£593,038

Ageing Well Projects

Approved	Project Name	Project Summary	Amount Approved
November 2022	Carers Support Offer	To support a range of activities to improve the understanding of the caring role, how to identify a carer and support access to information, advice, and services.	£10,000*
November 2022	Sunderland Falls Prevention Programme	Extend the VCS delivered Falls Prevention Programme, Strength and Balance and Education, from January 2023 – January 2025, creating a new call for projects to allow wider coverage across the city.	£200,000*
November 2022	Ageing Well Sunderland Reporters	The project will seek to develop ageing well residents from Sunderland (50+) into community reporters, who produce multimedia news reports that tackle ageism and provide peer-led support for issues that matter to them (e.g., isolation, mental health, memory).	£9,900
	TOTAL		£219,900

*Funding subject to additional conditions

7.3 A total of **£1,180,717** of the grant has been awarded to date. The remaining grant allocation to be awarded is **£519,283**.

- 7.4 There are a number of potential project proposals for the grant, but still opportunity for the Delivery Boards to put forward new projects that will support the delivery of the Healthy City Plan.
- 7.5 Existing projects funded through the grant will be asked for progress updates for the next cycle of Delivery Board meetings in February 2024. The updates will be included in this assurance report in March 2024.

8.0 Recommendations

- 8.1 The Health and Wellbeing Board is recommended to:
- i. note and comment on the summaries from the recent meetings of the Delivery Boards;
 - ii. be assured that the work of the Delivery Boards is progressing in line with their agreed terms of reference;
 - iii. note the Board development session for public record and receive an update on and recommendations from the Board review at the next meeting in March 2024;
 - iv. consider potential project proposals for the remaining Healthy City Plan grant; and
 - v. request to receive progress updates on the use of the Healthy City Plan Grant via the Delivery Boards for the next meeting.

