

Holiday Activities for Children and Young People 2022/23

Following a Call for Projects via the Coalfield VCS Network and Voluntary Sector Alliance, fifteen project applications were submitted. Following assessment and consultation, the 11 projects outlined below are recommended for approval. All projects will provide activities for children and young people during Summer 2022, October 2022, February 2023, Easter 2023 and May/June 2023 school holidays. Each project will deliver at least 12 sessions over this period.

Holiday Activities	Active Families	£4895
<p>12 x 4 hour sessions delivered outdoors where possible (predominately Hetton Lyons CP), with the option to use Hetton Primary School for poor weather days. Target group is 6-11 year olds – each session can accommodate 20 children. Activities include kangoo bounce, archery, football, treasure hunts and green gym activity. Team building, social interaction, communication skills will be taught by qualified health and wellbeing practitioners as part of the activities, improving physical and mental wellbeing. Food and refreshments will be provided by Sunderland School meals service, bottled water and healthy snacks also available.</p>		
Copt Hill Holiday Zone	Community Opportunities	£4129
<p>12 x sessions delivered at Houghton Racecourse CA and Kirklea Field in Copt Hill. The target group is 8-13 year olds, with each session able to accommodate 15 young people. Out of area trips will also be arranged e.g. to the beach, Beamish or other location in consultation with the children/young people. Activities such as arts and crafts, board games, cooking, outdoor play, treasure hunts, looking after green spaces and nature trails will be delivered. Qualified youth and play staff and sports coaches will deliver sessions and one member of staff will be a trained mental health practitioner. This will assist with improving mental, as well as physical wellness. Food and refreshments will be provided. Sessions will be open to all young people within the target group and be promoted weekly via the Play and Youth facebook page and via VCS Network contacts.</p>		
Hetton Holiday Zone	Community Opportunities	£4129
<p>12 x sessions delivered at Flatts Youth Centre and Flatts Playing Field in Hetton ward. The target group is 8-13 year olds, with each session able to accommodate 15 young people. Out of area trips will also be arranged e.g. to the beach, Beamish or other location in consultation with the children/young people. Activities such as arts and crafts, board games, cooking, outdoor play, treasure hunts, looking after green spaces and nature trails will be delivered. Qualified youth and play staff and sports coaches will deliver sessions and one member of staff will be a trained mental health practitioner. This will assist with improving mental, as well as physical wellness. Food and refreshments will be provided. If Community Opportunities are successful in securing HAF funding the sessions will be amended from 1 session per week during the final two weeks of summer holidays to 3 sessions per week. Sessions will be open to all young people within the target group and be promoted weekly via the Play and Youth facebook page and via VCS Network contacts.</p>		
Houghton Holiday Zone	Community Opportunities	£4129
<p>12 x sessions delivered at Houghton Rectory Park and Houghton Blind Centre. The target group is 8-13 year olds, with each session able to accommodate 15 young people. Out of area trips will also be arranged e.g. to the beach, Beamish or other location in consultation with the children/young people. Activities such as arts and crafts, board games, cooking, outdoor play, treasure hunts, looking after green spaces and nature trails will be delivered. Qualified youth and play staff and sports coaches will deliver sessions and one member of staff will be a trained mental health practitioner. This will assist with improving mental, as well as physical wellness. Food and refreshments will be provided. Sessions will be open to all young people within the target group and be promoted weekly via the Play and Youth facebook page and via VCS Network contacts.</p>		
Shiney Row Holiday Zone	Community Opportunities	£4129
<p>12 x Play sessions delivered at Shiney Row CA, Peshaw CA, Claremont Drive Field, and Barnwell Field in Shiney Row ward. The target group is 5-11 year olds, with each session able to accommodate 15 young people. Out of area trips will also be arranged e.g. to the beach, Beamish or other location in consultation with the children/young people. Activities such as arts and crafts, board games, cooking, outdoor play, treasure hunts, looking after green spaces and nature trails</p>		

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Wild Green Days	DWT	£4920
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Wild Green Days will offer children and young people aged 8-16 the opportunity to discover wildlife and explore the environment through a mix of hands on and fun activities such as pond dipping, bird watching, bug hunting and nature trails. There will be team building, den building and campfire setting. The project will be delivered predominantly from Rainton Meadows Nature Reserve and will work in partnership with Springboard to run joint sessions at Hetton Lyons Country Park, teaching map reading skills during the walk between the two sites. 12 x half day sessions will be delivered, and a healthy lunch will be provided. Events will be open and accessible to all Coalfield residents and will be promoted via local schools, social media and through the VCS Network.

ABEL (All the Bairns in Easington Lane) Club	ELCAP	£1818
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2 x sessions per week for 12 holiday weeks throughout the year, delivered at ELCAP, Easington Lane. A 2 hour cookery class for 5-11 year olds and their parents will take place on Fridays and can accommodate up to 12 children/families. One toddler session for up to 15 children will be delivered each Thursday. Both sessions will engage parents and provide a lunch and drinks for children. There will be a number of themed events such as pyjama week, beach week, Hawaiian week throughout the holidays. The opportunity will be promoted to Easington Lane and Hetton Lyons primary schools in the first instance and opened up to the wider community via facebook and other networks.

Elba Park Holiday Activities	Groundwork	£4970
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15 fun, outdoor sessions will be delivered at ELBA Park during the year from July 2022. Activities will be delivered to up to 20 children aged 4-11 and be tailored to the season/weather. Additional sessions during summer will take advantage of better weather and will provide a mixture of crafts, sports and nature exploration. The project will work with partner sports and exercise coaches for some of the summer sessions. Nutritious snack packs will be provided and extra fruit and drinks will be available. The project will encourage families to use parks and green spaces across the area to be outdoors and enjoy nature and be adapted to meet any additional needs. Sessions will be targeted to Houghton and Shiney Row but be advertised across the whole area and open to any Coalfield families. Promotion will be via partner organisations and social media

Buddies Life Skills	Hetton Buddies	£4116
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Hetton Buddies will be providing activity sessions to children with additional needs and disabilities (aged 4-15) during school holidays. In addition to the usual Friday activities, the project will deliver 12 x 1 day sessions on Tuesdays, with a different theme each session. A safe space will be provided for SEN children to meet, play and socialise with similar children. Centre based delivery will take place at ELCAP, Easington Lane and will deliver e.g. Healthy Day – fitness instructor, smoothie maker and healthy food, Sports Day – games and challenges with sports related food, Taste the World – food from different cultures, flags of the world. Out of centre activities will be held with Gateway Wheelers at Rectory Park and a trip to South Shields park. Sessions will be open to local young people who have a disability or additional need and will be advertised on facebook and via the VCS Network contacts.

Early Years Holiday Programme	MBC Arts Wellbeing	£4900
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The project will deliver 12 fun, educational sessions to 10 children per group split into 2 age groups (4-7 and 8-11). A range of innovative activities will be delivered, including: visits to local shops to purchase items for cookery sessions, creating bowls using leaves collected in Rectory Park, making ceramic pumpkin herb pots, discovering bugs and creating bug hotels, creating healthy pizza, making money boxes and learning about money and saving. The project will be delivered predominantly in Rectory Park and the Old Rectory but promoted to all primary schools across the Coalfield. The project will be advertised using Coalfield social media and VCS Network contacts.

Active Adventurers	Springboard	£4940
<p>20 x 1 day sessions, predominantly in the non-winter months will be delivered to 10-14 year olds. The project will be based at Hetton Lyons Country Park and will accommodate 8 young people per day. Activities will be varied and include canoeing, kayaking, raft building, mountain biking and environmental activities. Young people will be signposted to groups where they can continue to be involved with activities they try and enjoy. Experienced coaches, instructors and teachers have a background in working with young people, often with challenging behaviours. Meals and snacks will be provided by the Lakes Café and also bushcraft 'backwoods cooking' will form part of some of the sessions. Young people from across the Coalfield area will be targeted via usual media and through VCS partners.</p>		

Summary and Recommendation:

It is recommended that the 11 applications above, totalling £47,075, are approved, subject to terms and conditions, including confirmation that all organisations have relevant training, health & safety, safeguarding and DBS requirements in place prior to any sessions being delivered.