

**SUNDERLAND HEALTH AND WELLBEING BOARD**

**19 March 2021**

**SOUTH TYNESIDE AND SUNDERLAND FOUNDATION TRUST HEALTH AND WELLBEING STRATEGY**

**Report of the Chief Executive of South Tyneside and Sunderland Foundation Trust**

**1.0 Purpose of the Report**

- 1.1 Provide an overview of the South Tyneside and Sunderland Foundation Trust (STSFT) Health and Wellbeing Strategy.
- 1.2 Receive comments and feedback from the Health and Wellbeing Board.

**2.0 Background**

- 2.1 STSFT is committed to playing an active role in supporting the Sunderland Healthy City Plan and improving health outcomes across the city. The NHS Long Term Plan makes clear that NHS organisations have a key role in the prevention agenda and include examples of positive ways secondary care can contribute. STSFT appointed a Consultant in Public Health in December 2019 and have continued to develop their plans around prevention, working in partnership with others. STSFT will be key members of the Health and Wellbeing Delivery Boards.
- 2.2 Health inequalities have gained significant prominence in the national discourse over the last 12 months. NHS organisations, including STSFT, are committed to providing high quality care in a way that is appropriate and fair. As such, and in line with the plans of other key stakeholders, the STSF Health and Wellbeing Strategy has a central theme of reducing health inequalities.
- 2.3 The STSFT Health and Wellbeing Strategy is intended to compliment other strategic plans both within the Trust and beyond whilst providing areas of focus to ensure STSFT maximises opportunities to improve the health of the local population and reduce unfair differences in access, experience and outcome. The strategy is owned by STSFT and reports internally to the Executive Board, however its successful implementation will require effective partnership working across our local health economy.

**3.0 Content of the STSFT Health and Wellbeing Strategy**

- 3.1 The strategy has a central theme of reducing health inequalities and six areas of focus;
  - Workforce Health
  - Best Start in Life
  - Patient Engagement

- Reducing Harms from Alcohol
- Healthy Environment
- Smokefree NHS

## STSFT Health and Wellbeing Priorities



- 3.2 The themes were selected to align with the work of partners and national priorities. In addition they reflect some of the major health challenges faced by the local population.
- 3.3 Engagement from the workforce was seen as vital to success and STSFT staff were consulted early in 2020 to agree the priority areas. These were subsequently approved at the Trust Executive Board and the Trust Prevention group which includes representation from partners including the Local Authority and CCG.
- 3.4 Each theme of the strategy is overseen by an operation group which includes representation from across STSFT and beyond.
- 3.3 Further details of the objectives and measures used are included in the attached strategy (appendix A).
- 3.4 It should be noted that the reading age of the strategy has been assessed using validated tools and, following revisions, is now in line with the population reading age suggested by ONS (9-11 years).

## 4.0 Recommendations

- 4.1 The Health and Wellbeing Board is recommended to:
- Note the content of the STSFT Health and Wellbeing Strategy
  - Provide comments and any feedback on the implementation of the strategy
  - Agree to receive updates on the progress of the strategy via the Health and Wellbeing Board's Living Well Delivery Board