

16th November 2017

REPORT OF THE CHAIR OF THE PEOPLE BOARD

People Board Progress Report

1 Purpose of Report

- 1.1 To provide an update of progress against the current year's (2017/18) People Board Work Plan.

2. Background

- 2.1 Earlier this year the priorities associated with People were referred to the Washington People Board to action on behalf of the Area Committee. The People Board has started to initiate action on those priorities and **Annex 1** outlines progress to date.

3. Area Governance Arrangements

- 3.1 The Area Committees are part of the Council's Executive Function and have two key roles:-
- Influencing decisions on services delivered at a local level; and
 - Identification of key priorities for their areas, in the context of supporting the delivery of the Council's Corporate Outcomes Framework at a local level and ensures maximum impact where necessary through utilising its own resources.
- 3.2 Area Place and People Boards were set up to support the Area Committee in identifying areas of priority and ensure action in line with those priorities.
- 3.3 Each ward has one elected member representative, whose role it is to liaise with their ward colleagues in between meetings and feedback collective views into the Board meetings. It should be noted that the Board is not a decision making body and the work /recommendations of the Board will be presented to the Area Committees for final endorsement. Elected member representation on the People Board for this Area Committee is as follows:-

Ward	People Board Membership
Chair	Cllr Len Lachlan
Washington Central	Cllr Linda Williams
Washington East	Cllr David Snowdon
Washington North	Cllr Jill Fletcher
Washington South	Cllr Graeme Miller
Washington West	Cllr Dorothy Trueman

4. Key Areas of Influence/Achievements up to 31st October 2017

- 4.1 Outlined below is a summary of the key areas of influence / achievements of the Washington People Board up to 31st October 2017

Action Taken	Outcome
Local priority: Health and Well Being	
Time to Care	<ul style="list-style-type: none"> Lived experience films for website are being finalised and we will be showing the final films at next week's Partnership meeting before putting them on the website and social media. Reasons2 App – trail of app will run through September and will be live in early October with the launch on World Mental Health Day (October 10th). Bede College continue to develop interactive world that

Healthy Lifestyles	<p>provides distraction techniques and games as part of their curriculum activities.</p> <ul style="list-style-type: none"> • Work continues to strengthen relationships with the four local secondary schools and notice boards displays continue to be updated with relevant mental health information. • Washington Comprehensive lunch-time support drop-ins and mental health focus groups continue to take place. • 4 X 50 minute sessions Emotional Resilience training has been delivered to students • Support groups for parents and young people continue to be delivered and promoted this has enabled a number of people to access appropriate support that meets their individual needs. • One-on-one counselling sessions for young people from the Washington area continues. • Understanding Self-harm and Mental Health First Aid Training has been delivered. Staff from all four local schools attended this training. • An evaluation has provided information regarding the project outcomes which have worked well. • In order to continue this work and move forward with strategic sustainability planning People Board recommend Option 1 to extend the project See Item 3 Annex 2 for further information. See Item 5 for financial decision. • The Washington Millennium Centre Health and Wellbeing programme (WMCH&WBP) is aimed at people who are aged 50 years plus, are at risk of suffering from long term medical conditions and want to make positive lifestyle changes. • The programme offers a number of options to help residents improve their health and wellbeing, they include: <ul style="list-style-type: none"> • Mini MOTs /Health Checks • Physical activity sessions • Advice on healthy eating and changing eating habits • Signposting to other services ie Stop Smoking, Alcohol advice, Counselling • Motivational support • Partnership working continues with Live Life Well, Age UK (Washington), MIND Washington, Sunderland Move to Improve programme • The Project has exceeded its expectations and further information will be provided to a future People Board with regard to external funding.
Local priority: Adult Social Care and Inclusion	
Washington Individual Support Project	<ul style="list-style-type: none"> • The partners have agreed a shared vision for this pilot to include identifying a set of shared values which will shape the pilot - respect, transparency and trust. • A baseline will be established to identify need, emerging issues, gaps and patterns/behaviours of those experiencing repeated episodes of acute crisis. • WISP will monitor project delivery and report back to the Area

	<p>Committee and partners as agreed.</p> <ul style="list-style-type: none"> WISP will operate as a pilot for a period of 6 months WISP will act as a single point of contact for Active Partners and Providers in Washington who have contact with people presenting in acute crisis. WISP will offer a “one stop shop” for Washington residents experiencing acute crisis so that person centred support is available immediately in their own neighbourhood without the need for signposting, travel to other services or venues. Training and awareness raising will be provided for staff of the active partner organisations with regards to when to refer, how to recognise acute crisis, when it’s right to refer to WISP and when other services are required. Appropriate information will be provided. Referrals will be actioned immediately Meet client at known local venue Assess need and immediate actions required Identify any immediate risk and actions required e.g. Police, Safeguarding, Adult Mental Health Crisis Support Where someone presents often as being in acute crisis WISP will monitor the effectiveness of a coordinated approach and will endeavour to establish the reasons for the repetition of crisis and help the person identify issues as well as possible strengths/solutions. Discussions have taken place with strategic leads to ensure links are made to current policies and input provided to inform future working
Local priority: Employment, Enterprise and Lifelong Learning	
Community Led Local Development	<ul style="list-style-type: none"> CLLD Launch to be held on 1st November 2017 with Washington CLLD workshop to be held on 10th November 2017
Youth Opportunities Project & Skills & Enterprise Project	<ul style="list-style-type: none"> SNCBC have been able to extend the period of delivery of the School/Youth Opportunities programme by achieving savings against the 2016-2017 budget by joint working with the Talent Match initiative. This combined with the partnering with the Skills and Enterprise Project, has enabled the appointment of a worker for a further period of one year
Local priority: Community Inclusion	
Community Volunteer Development Officer	<ul style="list-style-type: none"> For the period June to September the project has supported Washington community groups to secure external grants of over £10,000 from large grant giving bodies such as the Community Foundation (Springwell Village Community Venue £6,900 and Washington Support Group for Men £3,200). Many smaller groups have been given advice and assistance to secure more local grant aid support – predominately from the City Council and Gentoo. The project has secured volunteer placements for 12 residents within schools and is working with a range of sports clubs and groups to further widen the number of volunteer placements within the town. During this quarter 5 new corporate bodies have engaged the

Support for Young People	<p>project with a view to delivering projects which have community benefit for Washington.</p> <ul style="list-style-type: none"> • During this period the project has worked directly with 185 volunteers of which 63 were new contacts made with Washington residents. • During this quarter the project has facilitated almost 175 days of individual corporate volunteering across Washington and within several VCS organisations and events taking place within the town • July People Board agreed the Project brief for the volunteer support following £40k SIB funding agreed at June Area Committee. • A Call for Projects was undertaken and applications received. See Item 5 Annex 1 <ul style="list-style-type: none"> • Can Do project – September round undertaken and 2 applications received and approved. <ul style="list-style-type: none"> • £50,000 approved for a ward based approach to provision of holiday activities for children and young people. Councillors have been involved in agreeing the activities in their ward area.
Influencing Role	
Community Led Local Development (CLLD)	<ul style="list-style-type: none"> • CLLD Launch to be held on 1st November 2017 with Washington CLLD workshop to be held on 10th November 2017

5. Recommendations

- 5.1 Members are requested to consider the progress and performance update with regards to the Washington People Board Work Plan for 2017/2018 as detailed in **Annex 1**
- 5.2 Members are requested to consider and agree People Board recommendations.

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