



Cumbria, Northumberland Tyne & Wear NHS Trust

Sunderland Children Cared for Report

November 2022 (July 2022 – September 2022)



Caring | Discovering | Growing | **Together**

## **Sunderland Children Cared for Report. July 2022 – September 2022**

### **1) Activity**

	July	August	September
Referrals	13	13	9
Referrals discharged unseen	0	2	5

#### **Referrals discharged unseen**

The following provides narrative in relation to reasons why the young people were not seen by the service.

#### **July**

All referrals seen.

#### **August**

Young person was referred by their social worker, however decided to withdraw due to feeling they no longer needed the service.

Young person was referred to CYPS, however due to relocation out of area the referral was closed.

#### **September**

Young person was detained under Section 2 of the Mental Health Act 1983 and so the referral was no longer appropriate.

Young person is approaching their 18<sup>th</sup> Birthday, and so referral was forwarded to IAPT services.

Due to recent changes in the Young Person's life, it was decided that they are currently too distressed to engage appropriately with the service. Alternative support was sourced.

A transfer was requested from Tees, Esk, and Wear Valley Trust, further clarity was sought around the Young Person's location and regarding need, however no information was received, and Young Person was subsequently discharged.

Young person was seen for an initial appointment, however, was unable to attend their second appointment. From discussions with carers, Young Person had advised they no longer want involvement from CYPS at this time, and so was discharged.

## **2) Referral Urgency**

All young people referred to CYPS are either by phone and email or in written format are reviewed on a daily basis by a Clinical Lead. The purpose of this initial review is in order to signpost any cases that have been inappropriately referred and to ensure any cases that require an emergency or urgent response are highlighted and actioned immediately. Senior members of the Cared for Children Pathway triage any appropriate referrals weekly.

CYPS Intensive Community Treatment Service (ICTS) offer a 24/7 service 365 days per year. ICTS will respond to the young person via telephone to offer a telephone triage within 1 hour.

Any young person requiring an emergency appointment will be offered an appointment within 4 hours of referral being received and for urgent referrals the young person will be offered an appointment within 24 hours

	July	August	September
Emergency	0	0	0
Urgent	0	0	0
Total	0	0	0

## **3) Waiting Times (All Referrals)**

Current Waiting Times to Treatment are detailed below. (Treatment is defined as second attended contact)

	July (Weeks)	August (Weeks)	September (Weeks)
Wait to Treatment	9	8	9

### **Referrals**

During COVID the service has continued to accept all referrals and complete assessments and interventions. New Ways of Working have been fully embraced by the Team to facilitate contact with young people and their families / carers such as online consultation and phone contact. Young people can be seen in their school environment if this is their preference.

## **Children who are Cared for Pathway**

This Pathway has recently been reviewed, it specifically undertakes direct therapeutic work with children and young people, along with Foster Carers where appropriate.

Consultation is provided in conjunction with Together for Children, and CYPS continue to scaffold and support to Residential Homes.

Young People are offered priority appointments within CYPS and following assessment will access treatment usually within 10 weeks. The Pathway is a multi-disciplinary team consisting of nursing, Social Workers, Psychologists, Child Psychotherapists and are able to access Psychiatry if required.

The team have all completed specific formal training to deliver psychological therapies to meet the needs of the young people and their carers.

### **4) Current Caseload**

	July	August	September
Total Children Cared For	84	85	90
Total CYPS Caseload	1519	1527	1510
Total % Children Cared For	5.5%	5.6%	6.0%

### **5) Positive Case Study**

Further detail on a positive case study is included in Part II of the agenda.