

**Call for Projects: Community Connectors 2018
Submitted Applications**

In March 2018 a call for projects was advertised across the East VCS Area Network inviting voluntary and community groups to submit ideas and suggestions to deliver actions against the Community Connectors Programme for 2018, with a specific focus on the following themes:

1. Assisting people to prepare for universal credit
2. Supporting young people i.e. Time Bank model (Not Youth Work/Club sessions)
3. Reducing social isolation

£16,000 was aligned against each ward, with the option to apply for either a small grant (less than £5,000) or large grant (over £5,000). The information below provides a summary of the full applications submitted and what elements they are proposing to address.

Organisation / Output	Universal Credit	Young People	Social Isolation	Amount	Recommendation
Doxford					
1. The Box Youth Project	✓	✓	✓	£16,000	Approve
Hendon					
2. Back on the Map	✓		✓	£16,000	Approve
Millfield					
3. ICOS	✓		✓	£11,000	Approve
4. Community Hub – Boxing Club		✓		£5,000	Approve
Ryhope					
5. Blue Watch Youth Centre	✓	✓		£5,000	Approve
6. Ryhope CA			✓	£11,000	Approve
St Michaels					
7. Blue Watch Youth Centre	✓	✓		£5,000	Approve
8. St Nicholas Church			✓	£5,000	Approve
9. Be Active and Be Fit			✓	£5,000	Approve
East					
10. Sunderland Counselling Group			✓	£2,900	Approve
11. Raich Carter Centre		✓		£4,700	Approve

11 applications are recommended for approval with one having additional conditions.

Outputs from all the projects have been totalled below:

- 199 x people prepared for universal credit
- 558 x young people supported
- 1008 x people involved in social activity
- 6 x community events held
- 200 x people attending community events
- 18 x ward network meetings hosted
- 24 x VCS groups benefitting

- 53 x volunteers recruited
- 30 x people signposted into local groups
- 25 x people involved in training

Doxford Ward

Application One

Name of Organisation	The Box Youth Project
Title of Project	Doxford Community Connectors
Full Cost of project	£20,600
Match Funding	£4,600
Total SIB requested	£16,000
Start / End	August 2018 to July 2019
Declaration	Cllr Marshall on Management Committee

Project Description

1. Assisting people to prepare for universal credit

It is proposed to deliver support to a target of 40 individuals. The support will be delivered by experts from either Sunderland Family Zone or Blue Watch Youth Centre. It is proposed to allocate a budget of 80 hours that can be used to buy in support from partners. Specialists will then be called in to provide initial support to individuals on preparing for universal credit. No set date or time will be established on when the work will be delivered, it will be flexible and tailored to the needs of the individual – what date and time best suits them.

2. Supporting young people i.e. Time Bank model (Not Youth Work/Club sessions)

Based on the success of a SIB pilot in 2017, which proved very effective in targeting resources and achieving positive outcomes for young people, the organisation would like to allocate a budget 364 hours to enable a designated youth worker to provide one to one support for young people in crisis. Averting the need for the young person to place strain on other support services (social work, mental health services, counselling services). Support could include: self-harm, suicide, homelessness, physical abuse, bereavement, depression, anxiety.

3. Reducing social isolation

Doxford Ward has higher than average numbers of people who have disabilities and long term limiting health issues. Similarly a considerable number of the properties in the ward are occupied by elderly residents. To help reduce levels of social isolation the following activities are proposed:

- Weekly social evening for adults with physical and learning disabilities
- Weekly lunch club for older people
- Bi-monthly community events
- VCS ward networking meetings

Output Code	Target
people prepared for universal credit	40
young people supported	90
community events delivered	6
attendees at the community events	200
ward network meetings hosted	6
groups attending ward network meetings	8

Volunteers recruited	12
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The organisation has a good record of managing, monitoring and delivering quality programmes funded by Area Committee.

The organisation are well established in the Doxford ward, and have been involved in the Community Connectors programmes since inception, bringing with it a thorough knowledge and understanding of existing partnerships, services and activities delivered in the ward.

HENDON WARD

Application Two

Name of Organisation	Back on the Map
Title of Project	Connecting Hendon
Full Cost of project	£41,142
Match Funding	£25,192
Total SIB requested	£16,000
Start / End	July 2018 / June 2019
Declaration	Cllr Mordey on Management Committee

Project Description

The programme will be delivered in a partnership approach involving CHANCE, Sunderland Bangladesh International Centre (SBIC) and Shiney Row Advice and Resource Project (ShARP), with Back on the Map (BoTM) acting as the lead agent.

1. Assisting people to prepare for universal credit

Getting Ready for Universal Credit will deliver three training sessions on universal credit per week, in rotation across the three partner's buildings (BoTM, SBIC and CHANCE). Sessions will be delivered over 3.5 hours (11.5 hours per week) and include group work and have allocated time for one to one advice. The project will provide information through small group sessions or on a one to one basis to meet the community needs and make best use of limited resources.

2. Reducing social isolation

Back on the Map, in partnership with Hendon Community Allotments will work with men, older people and young families to deliver three sessions a week, which will include:

- Weekly Men's Shed
- Weekly Games Afternoon
- Weekly Sew Mamas

CHANCE will expand their existing befriending service by ten hours per week to work with disabled and older people, carrying out home visits and finding out what people are interested in, then accompany people to local community groups to access provision to integrate them into the community and build friendships.

SBIC will focus on Hendon's BME community, complementing an existing programme called 'my words, your ear', which is a bespoke BME lunch club for older people over 60 years old who are at risk or who are experiencing isolation or loneliness. NB: Although the project is aimed towards targeting older members of the BME population it is not restricted to this and will support generally anyone who feels socially isolated to be involved and engaged with the project activities.

Output Code	Target
ShARP: people prepared for universal credit	68
BoTM: people involved in social activity	40
CHANCE: people involved in social activity	48
SBIC: people involved in social activity	50
BoTM: volunteers recruited	6

The lead organisation has a good record of managing, monitoring and delivering quality programmes funded by Area Committee.

The lead organisation are well established in the Hendon ward, and have been involved in the Community Connectors programmes since inception, bringing with it a thorough knowledge and understanding of existing partnerships, services and activities delivered in the ward.

If approved the budget for Hendon would be fully allocated without a project specifically targeting young people. That said Raich Carter has submitted a bid targeting young people. With the Centre being Hendon based young people will be able to access the provision, even though it is recommended as an East area project.

Millfield Ward

Application Three

Name of Organisation	International Communities of Sunderland (ICOS)
Title of Project	Connecting Across Communities
Full Cost of project	£11,000
Match Funding	£0
Total SIB requested	£10,997
Start / End	July 2018 / June 2019
Declaration	Nil

Project Description

The project will be delivered in partnership with SBIC and ShARP . The projects will be delivered from St Marks Community Association and Sunderland University.

1. Assisting people to prepare for universal credit and reducing social isolation.

The project will deliver 24 fortnightly sessions, ten of which will include universal credit support, the other 14 sessions will concentrate of reducing social isolation through providing group and one to one support to encourage social action, volunteering, informal learning activities and signposting to relevant services to receive appropriate support. The target audience will be BME people and disadvantaged people. The two hour sessions will be informal and fun, and be used as a tool to attract the ward's most vulnerable into different community venues, such as, Deptford and Millfield CA, University of Sunderland, St Marks CA, Sunderland Minster and Burn Park Methodists. Different venues will be used to ensure people from across Millfield can benefit from the sessions.

Social sessions and universal credit support will run side by side, as it is felt that people who are social isolated will be financial disadvantaged, and both issues could be better addressed collectively. For instance, by attending a local community building the individual can find out about other sessions and groups based inside the building which they could attend building social integration. Then when trust has been built, they'll have benefit experts on hand to provide valuable advice and support, tailored to their needs.

Other partners in the ward will be invited along to introduce themselves and make customers aware of what is available to them e.g. housing providers, health services, etc – connecting people to services, thus contributing towards reducing social isolation.

Output Code	Target
people involved in social activity	40
people signposted into local groups	30
people involved in training	25
people prepared for universal credit	35
volunteers recruited	12

The lead organisation has a standard record of managing, monitoring and delivering programmes funded by Area Committee.

The lead organisation are established in the East area and have been involved in the Community Connectors programmes since inception, bringing with it a thorough knowledge and understanding of existing partnerships, services and activities delivered in the ward.

Application Four

Name of Organisation	Sunderland Community Hub – Boxing Club
Title of Project	Boxing Club
Full Cost of project	£5,000
Match Funding	£0
Total SIB requested	£5,000
Start / End	July 2018 / June 2019
Declaration	Nil

Project Description

1. Supporting young people i.e. Time Bank model (Not Youth Work/Club sessions)

There is an opportunity to develop Millfield's first community boxing club by bringing a space within the Fire Station into community use by refurbishing a building. If funding was secured it would enable:

- Fixtures and fittings to be installed to fit a gym out,
- Installation of a 20ft boxing ring
- Purchase signage to raise the profile of the new provision in the community,
- Dedicated access to the building for the community
- Boxing equipment

With a small capital investment the project would contribute towards the area priority, supporting young people, with a specific focus on keep young people away from crime and anti-social behaviour and progress in education and employment. The boxing club is independent from the Tyne and Wear Fire Service authority with its own constitution, bank account and management committee, and is volunteer led. Qualified boxing coaches will deliver sessions on a Monday, Wednesday and Friday evening initial with a view to open up on other evenings or over the weekend subject to demand.

The coaches have experience of working with young people at risk or committing youth disorder due to their involvement with the Phoenix Project and Princes Trust Scheme, and are developing systems to receive referrals from partners i.e. Northumbria Police or signpost young people onto specialist i.e. MIND, if they need additional support.

Output Code	Target
Young people supported	100
Volunteers recruited	7

The Club is new (established March 2018). The Group is made up of fire fighters who are qualified boxing coaches, who want to work with young people who stone their vehicles whilst out on call with the aim to provide an alternatively to ASB by getting involved in boxing.

The Fire Authority have gifted the building to the Club, with an estimated value of £70,000 to support the volunteers achieve their goals of establishing a Millfield boxing club.

Condition:

1. The Club must provide a full breakdown of costs, with supported quotes to verify item and description breakdown before offer letter is signed off.

Ryhope

Application Five

Name of Organisation	Blue Watch Youth Centre
Title of Project	Community Connectors Ryhope
Full Cost of project	£7,087
Match Funding	£2,087
Total SIB requested	£5,000
Start / End	August 2018 / July 2019
Declaration	Nil

Project Description

1. Assisting people to prepare for universal credit

The Committee previously funded a success pilot on preparing people for universal credit, which the organisation would like to continue. The project will deliver 26 x 1.5 hours of centre based service from Ryhope Community Association, with a new outreach service available, tailored to the person's need e.g. time, date, venue, etc. and method, face to face, over the telephone, home visit, centre appointment, etc.

The support will focus on one to one support for the household and explore circumstances which have / will change and requirements. Topics such as, universal job match, find a job, interview techniques, filling in forms, required documents, money management, bank accounts will all be included in the service, which will engage with claimants prior to them entering crises stage.

2. Supporting young people i.e. Time Bank model (Not Youth Work/Club sessions)

Based on the success of a SIB pilot in 2017 delivered by The Box, which proved very effective in targeting resources and achieving positive outcomes for young people, the organisation would like to allocate a budget of 390 hours (on average 7.5. hrs p.w.) to enable a designated youth worker to provide 1-1 support for young people in crisis. Averting the need for the young person to place strain on other support services (social work, mental health services, counselling services).

Support could include: self-harm, suicide, homelessness, physical abuse, bereavement, depression, anxiety.

Output Code	Target
people prepared for universal credit	28
young people supported	32
Volunteers recruited	2

The organisation has a good record of managing, monitoring and delivering quality programmes funded by Area Committee.

The organisation are well established in the Ryhope ward, and have been involved in the Community Connectors programmes since inception, bringing with it a thorough knowledge and understanding of existing partnerships, services and activities delivered in the ward.

Application Six

Name of Organisation	Ryhope Community Association
Title of Project	Community Connectors
Full Cost of project	£7,087
Match Funding	£2,087
Total SIB requested	£5,000
Start / End	August 2018 / July 2019
Declaration	Cllr Ball Trustee and Cllr Hunt Employee

Project Description

1. Reducing social isolation

The organisation will continue to deliver its successful programme of activity which includes:

- Men's Den
- Luncheon Club
- Reminiscing Sessions
- Blast for Past Tea Dances

To enable the small local community groups to continue to meet and share information it is proposed to host bi-monthly ward networking meetings.

Output Code	Target
People involved in social activity	100
Ward network meetings hosted	6
VCS Groups benefiting	8

The organisation has a good record of managing, monitoring and delivering quality programmes funded by Area Committee.

The organisation are well established in the Ryhope ward, and have been involved in the Community Connectors programmes since inception, bringing with it a thorough knowledge and understanding of existing partnerships, services and activities delivered in the ward.

SIB will not contribute towards salaries for the Development Worker.

Application Seven

Project Description

Name of Organisation	Blue Watch Youth Centre
Title of Project	Community Connectors
Full Cost of project	£7,087
Match Funding	£2,087
Total SIB requested	£5,000
Start / End	August 2018 / July 2019
Declaration	Nil

1. Assisting people to prepare for universal credit

The Committee previously funded a success pilot on preparing people for universal credit, which the organisation would like to continue. The project will deliver 26 x 1.5 hours of centre based service from a ward based community building, with a new outreach service available, tailored to the person's need e.g. time, date, venue, etc. and method, face to face, over the telephone, home visit, centre appointment, etc.

The support will focus on one to one support for the household and explore circumstances which have / will change and requirements. Topics such as, universal job match, find a job, interview techniques, filling in forms, required documents, money management, bank accounts will all be included in the service, which will engage with claimants prior to them entering crises stage.

2. Supporting young people i.e. Time Bank model (Not Youth Work/Club sessions)

Based on the success of a SIB pilot in 2017 delivered by The Box, which proved very effective in targeting resources and achieving positive outcomes for young people, the organisation would like to allocate a budget of 390 hours (on average 7.5. hrs p.w.) to enable a designated youth worker to provide 1-1 support for young people in crisis. Averting the need for the young person to place strain on other support services (social work, mental health services, counselling services). Support could include: self-harm, suicide, homelessness, physical abuse, bereavement, depression, anxiety.

Output Code	Target
People prepared for universal credit	28
Young people supported	32
Volunteers recruited	2

The organisation has a good record of managing, monitoring and delivering quality programmes funded by Area Committee.

The organisation are established in the St Michael's ward, and have been involved in the Community Connectors programmes since inception, bringing with it a thorough knowledge and understanding of existing partnerships, services and activities delivered in the ward.

Application Eight

Name of Organisation	St Nicholas Church
Title of Project	Community Connectors
Full Cost of project	£5,000
Match Funding	£0
Total SIB requested	£5,000
Start / End	July 2018 / June 2019
Declaration	Nil

Project Description

1. Reducing social isolation

To deliver action under the banner of the Community Connectors Hub in St Michaels throughout 2018, St Nicholas's Church will focus on reducing social isolation by delivering 39 sessions. This will consist of:

- 12 x monthly Open Arms sessions will be delivered
- 12 x monthly Soup and Socks sessions will be delivered
- 4 x lunch clubs will be held
- 5 x afternoon teas will be held
- 6 x bi monthly ward networking meetings will be held in the building inviting local groups along, providing a platform to meet each other and find out what is going on in the ward

Output Code	Target
People involved in social activity	150
Ward network meetings hosted	6
VCS groups benefiting	8

The organisation has a decent record of managing, monitoring and delivering quality programmes funded by Area Committee.

The organisation are established in the St Michael's ward, and have been involved in the Community Connectors programmes since inception, bringing with it a thorough knowledge and understanding of existing partnerships, services and activities delivered in the ward.

Application Nine

Name of Organisation	Be Active and Be Fit
Title of Project	Community Connectors
Full Cost of project	£5,000
Match Funding	£0
Total SIB requested	£5,000
Start / End	August 2018 / July 2019
Declaration	Nil

Project Description

1. Reducing social isolation

The Social Activity Navigator program will contribute towards reducing social isolation and creating social integration.

The organisation will work in a minimum of ten venues in St Michaels (e.g. sheltered housing schemes, community church halls, community buildings) to deliver a 12 week programme in each. The weekly, one hour session will cover therapeutic exercise, seat to feet, exercise movement, dance and memory, games/exercise and laughter yoga to help motivate and stimulate individuals in a group setting.

Output Code	Target
People involved in social activity	500

The organisation has a decent record of managing, monitoring and delivering quality programmes funded by Area Committee.

The organisation are not established in the St Michael's ward, and have little knowledge of the existing partnerships, services and activities delivered in the ward. Guidance would need to be provided to ensure the project identifies suitable venues and develops their understanding of existing groups, services and activities within the locality.

East Sunderland

Application Ten

Name of Organisation	Sunderland Counselling Services
Title of Project	Community Connectors
Full Cost of project	£8,703
Match Funding	£5,797
Total SIB requested	£2,906
Start / End	September 2018 / August 2019
Declaration	Nil

1. Reducing social isolation

The organisation has identified a growing need to support people who have recently experienced a family / friend bereavement. If funded, a Bereavement Support Group would be established in John Street. The Group would meet on a weekly basis and be supported by a qualified Counsellor.

Due to the nature of specialised project the organisation is proposing to open the Group up to all East residents and not focus on a ward base approach. Awareness of the Group could be raised from health care professionals i.e. Doctors as well as the Council's Registrars Team.

Output Code	Target
People involved in social activity	80

The organisation are City Centre based and has a good understand and knowledge of the existing counselling partnerships, services and activities delivered in the East area.

Application Eleven

Name of Organisation	Everyone Active: Raich Carter Centre
Title of Project	Mash Up
Full Cost of project	£13,161
Match Funding	£8,456
Total SIB requested	£4,700
Start / End	July 2018 / March 2019
Declaration	Nil

Project Description

1. Supporting young people i.e. Time Bank model (Not Youth Work/Club sessions)

Raich Carter provides a range of leisure facilities to residents within the East, however, attendance levels by young people are low. To encourage young people back into the Centre the organisation would welcome the opportunity to purchase new software to deliver, two free 'mash up' interactive sessions to children and young people aged between 5 – 15 years old.

Each beneficiary will receive a free family swim pass (3 children / 2 adults) funded by Everyone Active.

The Centre will offer the software to Evolve to use for free on a Friday evening and Keep Active during the School Holiday Camps enabling more local young people to be participate, as well as working closely with the Council's Lifestyle, Active and Food Team, who specialist in providing support to obesity children and young people.

Output Code	Target
Young people supported	304

It will be Raich Carter's first SIB grant, therefore there is no record of managing an area grant previously. That said, the organisation do have experience of delivering commissioned contracts and grants when they were a Trust. Raich Carter is one of many Centres managed by Everyone Active, a partnership with Sunderland City Council, as part of a new way of working.

Everyone Active is a brand owned by a private company under the name of Sport and Leisure Management Ltd. If the grant is agreed, colleagues in Sport and Leisure have agreed to manage the grant of behalf of the company. Private companies do not qualify for grants.