

Executive Summaries Application No 1

Funding Source	Neighbourhood Fund
Name of Project	Doxford Activities for Young People
Lead Organisation	The Box Youth and Community Project

Total cost of Project	Total Match Funding	Total NF Application
£46,305	£8,805	£37,500
Project Duration	Start Date	End Date
18 Months	1 st October 23	31 st March 25

ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS

Project Description:

Doxford Proposal:

- Delivery of 2 youth work sessions of 2 hours duration over two evenings each week. One of the sessions will target young people age 11-14 years (school years 6-9). The second session will target young people over the age of 14. A choice of healthy food will be available to young people attending centre-based sessions.
- Delivery of a weekend activity once/month – nature of activity to be decided by young people. Plan would be to encourage groups of young people to access the Key process and secure additional funds to enhance the type of activity we are able to offer i.e. paddleboarding, residential activities, go-karting etc
- 180 banked youth work hours that can be used on a flexible/demand led basis i.e. requests from Councillors, enhanced activities for older young people during school holidays, targeting groups of children and young people known to be engaging in anti-social behaviour in Blakeney Woods, Doxford Park etc.

Youth work sessions will be delivered from the Box Youth & Community Project which has specifically been designed and equipped to deliver youth activities and has 20 years experience of delivering youth work at a grass roots level. The building is fully accessible and provides young people with a safe, inclusive and welcoming environment. The building has safe Wi-Fi access, and use of an outdoor multi-use games area and playing field that are adjacent to the building. TBYCP also has a minibus, and use of a further two minibuses that are frequently used to support out-of-centre activities, and help to ensure that groups make good use of the local parks and green spaces in Sunderland. All of our youth work activities are risk assessed and we have public liability insurance in place.

TBYCP is fully committed to and has 20 years' experience of involving young people in the design and development of youth activities. Involving young people in decision making is embedded into our practise. We endeavour to incorporate young peoples' ideas and suggestions into our work programmes whenever practicably possible.

TBYCP has worked in partnership with The Key for a number of years to provide opportunities for young people to develop enterprise and leadership skills. Each year, we support at least six groups of young people to complete Key projects which involves them coming up with ideas and plans for activities/projects that benefit others, pitching their idea to a panel for funding, organising their activity/project and evaluating their experience.

TBYCP delivers a diverse range of youth work activities that are engaging, educational, recreational and fun. Young people are encouraged to participate in different activities during each youth work session and we strive to offer different activities each week to ensure the programme remains vibrant and is appealing to those that attend. We often contract in artists/coaches/external organisations to deliver activities that our youth workers don't have the skills to deliver, for example, in the past we have offered graffiti art, djembe drumming, dance etc when young people have expressed an interest in having a go at such activities. Most of our youth work sessions incorporate opportunities for physical exercise and we do encourage young people to take part and try activities they may not have tried before. During school holidays we incorporate activities such as paddle boarding, climbing, ice skating, camping trips etc that encourage young people to develop self-confidence and resilience.

Another particular strength of our youth work practise is our young volunteers programme which has, and continues to be, successful in recruiting, training and supporting young people to take an active role in their community. We currently have 16 young volunteers that regularly support our afterschool and holiday activity programmes. Our young volunteers programme has been successful in raising the aspirations and ambitions of young people as many of them use their experience to access other opportunities i.e. part-time jobs to support studies, involvement in other training programmes i.e. Army & Police Cadets, or progression into careers with children and young people.

We aim to ensure that all of our activities are as inclusive as possible and meet the needs and expectations of individual participants. We currently deliver youth work sessions that are attended by young people attending 5 different secondary schools. Our youth work team has considerable experience of working with young people from a range of different social backgrounds and we pride ourselves on being able to provide young people with the support they need to feel included.

We are a key partner in the Good Vibes project, a citywide partnership initiative via Sunderland All Together Youth Work Consortium, which provides support and professional counselling for young people aged 11-19 years or 25 years if they are young people with SEND. Our youth workers are trained mental health first aid practitioners and the provision of support to young people presenting with mental health needs is an integral element of our youth work offer.

The youth work team also has experience of working on an outreach basis with young people who are reluctant to access centre-based youth work activities. Workers are qualified and have the skills and experience to provide support and information to young people across a range of topics. Examples include mental health, relationships, education and employment, alcohol and substance misuse,

sexual health. Workers also have the local knowledge to be able to signpost individual young people to more specialist services. We have experience of targeting specific hotspot areas where youth related anti-social behaviour is an issue. For example, youth work teams have targeted groups of youths congregating in Blakeney Woods, Doxford Park and in and around the main shopping area. Where possible we have engaged youths in diversionary activities with the aim of encouraging them to access other leisure based opportunities with TBYCP or with other youth organisations that provide different activities. TBYCP also has experience of supporting NEET young people into training and employment. We have also worked in partnership with Community Opportunities and Streetgames UK to offer young people apprenticeship opportunities.

TBYCP is the only organisation that delivers youth work activities in the Doxford area, however we do actively promote the work we do with groups using the community centre, church groups and SAPS. We also work closely with Farrington Community Academy to share resources and skills for particular programmes of work and with Portland Academy to promote our work amongst young people who have disabilities. TBYCP is also one of the seven youth work organisations that make up the Sunderland's All Together Consortium and, as such, has well established links with other youth work organisations in Sunderland.

Outputs

CODE	Healthy Smart City Outputs	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	4
205	number of NEW children and young people benefiting from this project	130
206	number of individual children and young people benefiting from this project- footfall	340
207	number of individuals signposted into Public/VCS services e.g. information, advice and guidance	45
CODE	Dynamic Smart City Outputs	
305	number of NEW volunteers recruited	8
306	number of volunteers participating	5
307	number of volunteer hours delivered	780
308	number of residents participating in decision making	6

Budget

Budget Heading/Item	NF/£	Match/£
Salary costs (2.5hrs x 2 sessions x 75 weeks x £60)	15,000	7,500
Salary costs - weekend activities (3.5hrs x £60 x 18mnths)	3,780	0
Salary costs (banked hours 180 staff hours @£20)	3,600	0
Budget for out -of-centre activities (18 months £150)	2,700	0
Budget for use of minibus -out of centre activities & outreach (18 months x £100)	1,800	0
Budget for equipment & in-centre activity resources (£100 x 18mnths)	1,800	0
Budget for food (75 weeks x £75/week)	4,320	1,305
Contribution towards overhead costs (75 weeks x £60)	4,500	0
Total	37,500	8,805

Neighbourhood and Community Board recommend approval as project meets the priority to deliver youth clubs in each of the five wards as outlined in the East Area Plan.

Application No 2

Funding Source	Neighbourhood Fund
Name of Project	Youth Work in Every Place and Space
Lead Organisation	Back on the Map

Total cost of Project	Total Match Funding	Total NF Application
£74,000	£37,000	£37,000
Project Duration	Start Date	End Date
18 months	October 2023	March 2025

Project Description

Hendon proposal

Somewhere to go, something to do, someone to talk to: Youth work in every space and place

East Area Committee funding will support the creation of youth work facilities and activities in Hendon ward and build on existing early stage youth work activities that are currently responding to need. This is in line with our own consultations post

pandemic and in February 2023 which identified the lack of youth opportunities as a priority for the community.

Over the last few years, 3 local, long established and very good youth projects (with JNC qualified youth workers) have closed down and one has moved out of the area (Lambton Street). Only Young Asian Voices (which has a vital city wide remit and a specific target group) is physically left in the Hendon wards and we work closely with YAV on several areas - for example youth employment sessions are delivered in BotM. There is some HAF delivery across Hendon but this is also not open access.

The lack of opportunities for Hendon young people since the closure of professionally led youth centres is really being felt here with little ambition, motivation or expectation for them to achieve their potential. Youth engagement is key to creating prosperous communities where people want to live, work and thrive. For the future success of Hendon, we hope to stem the tide to prevent more of our young people being left behind.

As Hendon is in the top 10% of most deprived wards, the objectives of BotM's Youth Empowerment Strategy (YES) 23 - 26 are to:

Develop a new facility and community asset: Hendon Youth Hub

Facilitate youth work programmes and projects delivered by qualified staff and a range of partners

Help young people find work

Help young people create work

Back on the Map will be the lead organisation in delivering the outputs and outcomes planned within this application. For good governance, we will allocate hours for BotM Youth Development Manager for strategic outputs such as training and development and overall performance management in order to ensure standards and to be able to coordinate services and reporting against agreed outputs, plans and activities.

Deliver two youth sessions per week over 18 months in venues: young people feel safe and included

This bid is asking East Area Committee to support three projects delivering Hendon Based youth work for the young people of Hendon whilst at the same time developing collaborative projects to support broader VCS in the area who may want training or to bring local people along and participate in services.

The SBIC has recently employed a professionally qualified youth worker who has grown through youth work experiences himself. Sessions have just started, mainly around sports. They have also been lucky to have achieved the Youth Investment Fund for Hendon. This will convert their building to accommodate more groups and create the youth workspace that is needed. They want to deliver male and female issue based sessions, with the East Area funding supporting this development and the costs for a female worker.

This funding and the match we have brought into the area, could sustain and jumpstart some important youth work development for this area of the city. We will reach 375 young people over the course of 18 months. Venues:

Sunderland Bangladesh International Centre: closes for renovation in October 2023. May be open for part of this project. Youth sessions to be run at Elliot House. Target Hendon BAME.

BotM: Hendon Youth Hub: Elliott House, Hendon Urban Garden, The Workshop.

SCAG: Detached, Outreach in local streets and parks: Barley Mow, Backhouse, Mowbray, Town Moor.

Collaborative Community Cohesion Events: Holiday activities across the area in buildings, public outdoor spaces.

Co-production with young people in the design and development of activities and sessions that they wish to see in their locality

Local Youth Voice: Hendon Youth Forum: Young People Led Youth Services

A Youth Forum will give younger people a voice to inform and influence decision makers working to policies that affect them and their community. We hope to facilitate putting young people at the centre of discussion to codesign and deliver the services they need to live, work and thrive. They will be involved in local campaigns and make campaign videos. A small group will be involved in the planning stages for the new Hendon Youth Hub, and we have plans to employ youth work apprentices/trainees and volunteers.

One of our first tasks will be to engage our Youth Forum in a mapping exercise of activities, spaces and facilities that exist for young people in Hendon and what gaps there are. This may not mean opening up new services etc, our aim is to link the voice of young people to the decision making of service providers and increase their visibility in Hendon.

All youth work delivered will be participatory and sessions and programmes will be designed alongside young people. Alongside our partners in CHANCE, SCAG and SBIC, the existing BotM youth forum will grow and represent the diversity of the community.

Offer inclusive youth activities where a young person will feel welcome, secure and comfortable and that they can celebrate their identity especially those aspects of their identity which make them different from others such as their culture or ethnicity, sexual orientation, ability, gender, health including mental health, education, parental status, being a young carer etc.

We will offer a Universal and Targeted service to:

young people living in Hendon and the East End.

young people at risk of becoming involved in anti-social behaviour.

those discriminated against and those most vulnerable.

Open Access

Drop in, Youth club: somewhere to go, something to do, someone to talk to

Small issue based group work: personal, social education, young people initially met in school spaces and engage in our new Youth Hub

Music, Arts, Crafts, Cultural sessions - often delivered by partners in Elliot House

Cooking: programmes addressing food poverty

Sports

The key focus of the East Area Committee youth work coordinated by Back on the Map will be to 'enable young people to develop holistically, working with them to facilitate their personal, social and educational development, to develop their voice, influence and place in society and to reach their full potential' (Youth Work, NOS, 2008).

We will offer spaces where young people can come to chill with friends, socialise and have fun. It will also be a challenging environment where they are encouraged to try out new things, learn new skills, raise their aspirations, and explore issues relevant to them and their community. We will

Deliver positive activities for young people aged 13-19 (up to 25 yrs with disabilities.)

Deliver mental wellbeing programmes

Deliver physical wellbeing programmes

Deliver skills for life and work programmes

Improve life chances and opportunities for creating stability, accessing employment, or creating their own social enterprises

Tackle digital, food and fuel poverty

Work with young people from underrepresented groups e.g., disability, Black and people of colour, LGBTQ+

Work with young women and girls

Develop volunteering, active citizenship, tenancy, work and life skills programmes

Provide support and information to improve mental wellbeing of young people

Provide education and advice on how to stay safe, subjects such as sexual health and online safety

Provide a range of activities which address health and wellbeing and encourage physical activity and healthy eating

We have decades of experience in work such as this. Some specific partners we have been talking to include Sunderland Counselling Service, Sunderland City

Council 0-19 service, CAMHS 11-19s link worker, NHS Sexual Health Outreach worker. Smoking Cessation team have agreed to work in partnership with YES to ensure we support mental and physical health including sexual health.

We will be promoting National Awareness Campaigns ie Mental Health Awareness Week, Time to Talk Day, Anti Bullying, Anti Gambling, No Smoking Day, and inviting partners to deliver sessions. World Religion Day, LGBT History, International Women's Day, Volunteer week, Black History Month, Disability Awareness week, South Asian Heritage month.

There is a human cost to what feels like widespread, normalised, open drugs use in our streets, particularly around the Villetta Road area. The dealing and related crimes such as extreme street violence related to debts and cannabis farms locally was an issue of concern to young people that responded to our questionnaire in Spring 2023. We will work more closely with partners to support young people with information and if problematic substance use affects them or their family.

The Growing to Eat programme will encourage community members to continue growing fruit and veg at a bigger scale and then have cooking classes in the Garden and in our Community Pantry and Social Kitchen.

The youth work programme above will increase partners delivering in Hendon such as health, schools, police and other sectors such as wildlife trust, private investors and partners.

Demonstrate a targeted approach to areas that require diversionary activities

Where relevant/appropriate, provide detached youth work that engages with hard to reach young people bringing activities to them and/or supporting their access to services and activities available

BotM Youth Development Manager and SCAG lead workers are experienced Detached Youth Workers. We will focus on the parks in the area and the Town Moor, plus the streets of the East End and Hendon where young people might gather. Having already established strong relationships with community agencies, the police, resident associations across Hendon and the East End over 25 years, our Detached team will ensure they understand where current hotspots might be and offer opportunities to young people who may or may not want to access a youth centre. The main aim will be to build relationships and encourage young people who feel excluded to know what is available to them in the area and in the city. We may also build programmes that develop skills and confidence which will require access to community minibuses to take young people away from the area and spend some quality time out in the country accessing youth activities like rock climbing, abseiling, canoeing and ropes courses.

Avoid duplication and work in partnership with existing provision

We have informed all relevant agencies in the area about this application and our ambitions for young people. We have met with the Chair of Sunderland All Together Consortium and can offer several letters of support from agencies such as Youth Focus North East, Sunderland Counselling Service, Sunderland Council Smart City,

We Make Culture and Cultural Spring. We are exploring re-creating Hendon Youth Initiative or a similar Youth Work Partnership for the area. It is in BotM's key values and principles to always deliver and design services in a co-produced way, with local residents and other agencies, often sharing the resources and securing funding for other projects as well as BotM. YAV is an obvious partner for community activity with us and as the only youth project physically in Hendon. Some of our team founded YAV and Hendon Youth Initiative, a forum of youth projects who shared funding, the delivery of youth work programmes, organised joint events and training, thereby maximising resources and avoiding duplication. We have recently met with the Chair of the Sunderland All Together Consortium to update them on the BotM YES strategy and will become a member when the new documentation is finalised.

Focus on outlying estates within a Ward which may not have direct access to a youth venue

Long streets and Villette Road end have no facilities. Elliot House is in Villette Road. Our outreach in the East End will include CHANCE (who want us to support 6 young people as Young Leaders), Hope Church and Swan Lodge. We have also met with Sunderland Mind to inform them of the YES strategy and we hope our programmes can complement each other.

Support and encourage young people to access provision and provide transport if required.

As outlined, we will use outreach and marketing methods to encourage take up of universal provision and can access minibuses if required, for example, SCAG have their own minibus which can be accessed by all partners.

Utilise the unique resources available across East Sunderland such as the parks and green spaces.

Backhouse, Mowbray and Barley Mow Parks as well as the Town Moor will have some activity, be it community events, detached youth work or larger pop up fun sessions during school holidays. BotM are currently supporting local businessman <https://uk.linkedin.com/company/mecatchlion> to develop the playing field in the grounds of Valley Round school into an multi-use outdoor activity area. Director Gav Willis has approval from the school. His company already delivers sports with young people including girls and disabled children. They are currently working with BIC to develop their governance and become a Community Interest Company.

Provide safe access to wi-fi within youth clubs and outside green space.

Elliott House Youth Hub has been selected as one of only 11 community buildings in the city to be a registered Wi-Fi hub with Sunderland City Council. We have digital safety policies and we are working towards programmes across the community to reduce digital poverty. Our track record evidences our commitment to increasing access to equipment and wifi across Hendon.

Deliver activities and services which raise aspirations and ambitions of young people

All youth work sessions will be underpinned by the National Youth Agency principles of youth work ie. Youth Work seeks to promote young people's personal and social development and enable them to have a voice, influence and place in their communities and society as a whole. It builds resilience and character and gives young people the confidence and life skills they need to live, learn, work and achieve. This approach is at the heart of all of our work. Professional youth work offers young people safe spaces to explore their identity, experience decision-making, increase their confidence, develop interpersonal skills and think through the consequences of their actions. This leads to better informed choices, changes in activity and improved outcomes for young people.

Employability and Self Employed Programmes

We are working towards a pop up retail space for young people to test out their own enterprise plans

Space for Work and Life Skills Training, IT, NetZone spaces: Combatting Digital Poverty

Example Weekly term Time Programme

Monday

After School: Hendon Young Musician's Project: Hosted by BotM. We Make Culture for 11 - 14 year olds.

Evening YES Lasses: 25 young women engaged over 18 months @ Elliot House.

Tuesday

Daytime Girls Group: Delivered by BotM , Hendon Urban Garden and Food Programme in Community Pantry: Grow It, Eat It. Budgeting, Financial resilience.

Wednesday

Evening: Hendon Youth Forum - Delivered by BotM . 25 engaged intensively over 18 months @ Elliot House.

Evening: Detached work in and around Parks, local streets. Delivered by SCAG. - 250 individual young people reached and 80 worked intensively over 18 months.

Thursday

Evening BAME Lads group . Delivered by SBIC- 25 young people engaged over 18 months.

Day time drop in: 16 - 19 year olds: Delivered by BotM. life chances, employment and enterprise focus. May include a Food poverty programme to include cooking, growing food, tenancy, environmental, clean ups and planting Volunteering. Budgeting, Financial resilience.

Employment: There will be 3 employer bootcamps. A 3 day boot Camp from employers will be delivered termly. In October this will be Hays Travel for example.

Enterprising: Deliver bespoke Youth Enterprise programmes in partnership with BIC and Horizon, for example, supporting young people to be entrepreneurial.

Friday

Evening: Delivered by SBIC. BAME Girls group - 25 engaged young women over 18 months

Saturday

Daytime: Once a term SCAG, will lead on trips to broaden young people's experiences, using SCAG minibus and on bikes.

School Holidays: 9 x 4 hour events within school holidays over the 18 months . Community Cohesion is the aim alongside fun. Delivered by this new Hendon Youth Work Collective. SCAG will lead on school holiday activity programmes , attended by all projects and other VCS can join in. Including, sport and games in the park, activities in the centre and trips. Programmes will be developmental, include informal education, challenge social exclusion and impacts of poverty.

Community Cohesion work: some of the staff were involved in PROUD - People Respecting Others understand Difference - which sought to tackle racism and tension between communities across Hendon. We hope to encourage similar personal and social development opportunities across Hendon Youth Work Collective.

Cultural, heritage and community events

Termly youth Community Cohesion initiatives bringing young people together. These would be co-produced with young people and may include multicultural dance/music festivals, stalls, other agency tents, cultural awareness, cookery sessions etc.

Pop ups in the Parks - occasional summer evening, school holiday activities in the parks. Activities for positive physical and mental health and team challenges such as 'It's a Knockout' .

We may host BBQ's in Hendon Community Garden - again - all youth groups invited to one event, to meet each other, network and support community cohesion.

ECO : Environmental Community Opportunities: Environmental Work and Campaigns: We expect the occasional young volunteers campaign, where young people tidy up the neighbourhood, litter pick, support the Bee Highway with more planters and learn how to plant flowers, veg and build Bug Hotels in some practical woodwork sessions. Hendon Urban Garden - A Community Growing Garden project with allotments, flowers. A new space for the Hendon Community and we hope young people will spend time there.

Social Action: They will also participate in Social Action opportunities for young people, such as projects delivered through DofE, the Key and i-will. Young people will be supported to engage in National Youth Work week 2023.

Monday 6th November - Celebrating Youth Work and Youth Services

Tuesday 7th November - Building a Workforce for the Youth Sector

Wednesday 8th November - Expanding the Local Youth Offer

Thursday 9th November - The Impact of Youth Work Practise

Friday 10th November - The Evolving Digital Space

Training: increasing capacity: bringing professional youth work back to Hendon:
creating a legacy

Youth Work Qualifications

We intend to begin developing with partners youth work training and experience pathways that will benefit all youth work providers across the city. This will involve continuing our discussions with the National Youth Agency to explore Apprenticeships and Level 2 + 3 Youth Work Qualifications and with the University of Sunderland: Community and Youth Work BA (Hons). We hope to offer 5 supervised placements for students doing the professional qualification due to the JNC qualifications of BotM and Sunderland Bangladesh International Centre team. We currently have a member of staff doing the level 2 Youth Work course with the All Together Consortium - but we want to try for qualification routes, where those participating can volunteer, be an apprentice or train and get work experience. This will increase our professionalism, and the numbers of local people trained as youth workers through part time routes.

Young Leaders

CHANCE has around 6 young people who are supporting the HAF activities in CHANCE. We thought this would be a great partnership where we could develop Young Leaders across Hendon. Young Leader development was done in Hendon 20 or so years ago and is a great way for us to learn and work together in partnership to develop leadership skills, knowledge and work experience for young people. This will be extended to other young people coming up through the youth work programmes across Hendon.

Volunteer Pathway

We have been invited by the RANK Foundation to apply for a Time to Shine Leader. A local person will be recruited to train in leadership and be a trainee volunteer coordinator. 50% of their time will be dedicated to increasing our capacity to deliver youth work in a safe and meaningful way. through the recruitment of volunteers. Volunteers will have access to life and work skills training, including youth work qualifications.

Is it new work or is it sustaining existing activities for young people?

Sunderland Community Action Group - one new detached and outreach weekly session not funded by any other source. The match funds come from the outreach delivered by SCAG in Southmoor school that targets Hendon young people.

Sunderland Bangladeshi International Centre - SBIC have just started youth clubs and sports sessions - this funding will build on that beginning. The match funds come from existing staffing costs part covered for and NFA will support new group work sessions for male/female.

BotM - BotM have bought Elliot House (secured summer 2023) , and have begun co-produced plans with young people to adapt it for the Youth Empowerment Service and Strategy, creating a centre called Hendon Youth Hub. BotM has a newly formed Youth Forum, which will be expanded through this funding. Match funding comes from grants already received.

Outputs

CODE	Digital Smart City Outputs	
102	number of people accessing digital support- footfall	150
103	number of NEW people accessing digital support	75
104	number of low carbon initiatives supported	2
105	number of individual Young people moved into Education, Employment or Training <i>Training - 3 employers bootcamps, eg Hays, Homegrown, Gentoo Employer training sessions, Young Leaders, Youth Forum, YWk quals inc Youth Volunteering Pathway target of 12 . Enterprise programme x 4 a year.</i>	84
106	number of individual Adults moved into Education, Employment or Training <i>Volunteers working for Hendon Youth Work Partnership</i>	6
CODE	Healthy Smart City Outputs	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	150
205	number of NEW children and young people benefiting from this project	375
206	number of individual children and young people benefiting from this project- footfall	375
207	number of individuals signposted into Public/VCS services e.g. information, advice and guidance	190
209	number of litter picks/community cleans up carried out : <i>Community Cohesion + Youth Forum activity across all 3 youth projects</i>	18
211	Issues reported via www.sunderland.gov.uk/report-it Youth Forum Campaigns	18
212	number of existing / derelict assets improved eg <i>Community Growing Garden, SBIC, EH HYHub</i>	3
CODE	Dynamic Smart City Outputs	
301	Number of activities or services delivered that support residents to become more resilient (financially) <i>Services focused on young people</i>	9
302	number of individual people more resilient (financially)	60
305	number of NEW volunteers recruited	6

306	number of volunteers participating	12
307	number of volunteer hours delivered	225
308	number of residents participating in decision making: <i>Youth Forum</i>	40
309	number of cultural, heritage and community events supported and delivered <i>large community cohesion holiday events</i>	9
310	number of visitors footfall at neighbourhood events	300

Budget

Budget Heading/Item	NF/£	Match/£
SBIC - Youth Work Delivery	10,000	10,000
SCAG - Youth Work Delivery	10,000	10,000
BotM - Youth Work Delivery	10,000	10,000
Holiday activitiy community cohesion events, parks, buildings, pop ups	2,000	2,000
Training: Young Leaders, Youth Work Quals, Volunteers inc Time to Shine 50%	2,000	2,000
BotM Management Fee: Performance management, reporting, Safeguarding, Quality, YW training	3,000	3,000
Total	37,000	37,000

Neighbourhood and Community Board recommend approval as project meets the priority to deliver youth clubs in each of the five wards as outlined in the East Area Plan.

Application No3

Funding Source	Neighbourhood Fund
Name of Project	Future in Mind
Lead Organisation	Blue Watch Youth Centre

Total cost of Project	Total Match Funding	Total NF Application
£66,130	£28,630	£37,500
Project Duration	Start Date	End Date
18 months	October 2023	March 2025

Project Description

Ryhope Proposal

"All match funding is in place for Future In Mind.

Blue Watch propose to provide the following for young people in the Ryhope Ward over an 18-month period:

- access to qualified and experienced youth workers
- access to qualified counsellors
- increased access to 2 centre-based sessions per week
- 1 new centre-based session per week
- 1 new outreach and detached session per week
- 2 residentials
- regular out of centre activities including some on local parks and green spaces
- provide support and a physical youth offer during school holidays including the December holidays
- meaningful volunteering and age-appropriate opportunities based on individual need - leading to opportunities for paid employment and further education

As a long-standing youth provider in Ryhope, with a resourced building and qualified youth workers, Future In Mind will provide opportunities for young people to engage from the very outset of the project. The Project Manager, supported by the Management Committee and Senior Youth Worker, will continue to develop long-term sustainable grassroots youth work that delivers focus provision as part of long-term neighbourhood-based youth work that will not end when this funding ceases in 18 months' time.

We invest resources to achieve the 'youth work cycle, with young people moving seamlessly through junior to senior provision, and then adulthood. Many of the young people attending Blue Watch senior groups have attended Blue Watch for 6,7 and 8 years.

We will engage 150 different young people throughout the lifetime of the project. We will support young people to engage in as many opportunities as possible. We know through experience, and young people telling us, attending a youth session one evening per week is not necessarily a positive way of life, but attending three, four and five evenings per week can quickly become one.

Young people accessing Future In Mind will develop a sense of belonging, which is important for them if they are to develop self-confidence and a sense of identity and tūrangawaewae. They will enjoy safe spaces and time to explore and establish their identities. Knowing they belong will help young people relate to others, as well as to their community. A powerful sense of belonging and identity will also help them develop respect for others.

The aspirations young people have are one of the most important influence on the directions their lives take. Throughout all our work we keep high aspirations at the heart of our vision. Future In Mind will help young people develop their resilience as experience informs us that the skills involved in resilience are almost as important as cognitive skills for achieving educational qualifications by adulthood. Our youth workers are experienced in challenging young people's behaviour and attitudes. At the heart of this is creating a culture where young people are offered new chances. When young people make mistakes, we help them work through them, and whenever we can provide them the opportunity to have another chance. As part of this process, we promote solution-focused conversations, and celebrate success.

Blue Watch currently provide 3 centre-based evening sessions. The funding for 1 of these sessions ends in September 2023. We intend to use Future In Mind funding to provide a new centre-based session in its place engaging new younger people, over the age of 11. We can expand our open access service because we know young people who want to attend.

Our best engagement with new young people who we have not met before is through our current young people who attend our service. Our youth workers are asked on a regular basis "can we bring our friends?" We have been contacted by young people who have seen our Facebook page asking if they can come along.

The outreach workers will support new young people to attend centre-based sessions. Additional places on existing sessions will enable us to engage more young people aged 11-13 in centre based open access youth work. On a Friday evening the average age of young people attending is 16 years. Many of our attendees do not miss centre-based sessions. Many of the young people attending initially attended Blue Watch as a junior or when they first attended Secondary School. We take great satisfaction that young people choose to attend Blue Watch for 5, 6, 7 years. However, this does mean with such consistent attendance by young people, new opportunities to attend are not available at the numbers we wish.

We will publicise Future In Mind on our Facebook page, with targeted sharing on other Facebook Pages, and through our local secondary school. Employing more qualified youth workers, and opening another part of the building will help support increased participation.

The outreach and detached youth work session will be a new session. All sessions will take place on a regular day and set time. We know young people prefer this as they have said during a consultation on Friday 11 August 2023.

We know that how comfortable and welcomed young people feel influences the chances of if we are going to engage with them again. We believe that all young people are entitled to be treated with respect and feel valued. We provide all young people the same opportunities to participate in mainstream programmes as well as targeted activities. Disabled young people and their families often require additional support prior and in the initial stages of their engagement. In support of this, we invest additional resources in welcoming them to our youth centre. We work hard to develop our building with facilities that are accessible, have staff, volunteers and peer mentors that have good inclusive awareness.

We benefit from an amazing group of peer mentors who are both positive and skilled in welcoming new members. They are instrumental in ensuring that new members feel comfortable and welcomed. Youth workers talk with peer mentors and members discussing together what it means to feel welcomed including reflecting on how they felt when they first attended the centre, what helped them feel comfortable, someone using their name and including them in activities and conversations. We greet members with a smile and by their by name when they arrive at the centre. Experience has taught us that in some cases this may be the first smile or positive use of their name they have experienced that day.

We have been successful in engaging young people who do not have friends or friendship groups, may be victims of bullying or moved into the area joining a new secondary school where friendship groups are already established. Peer mentors will buddy with the young person e.g. at school bringing them to Blue Watch, introducing them to their environment where they can make friends and feel included.

Blue Watch is a member of the All Together Consortium CIO which recently secured funding to support the Good Vibes Safe Spaces across the City. Young people accessing Future In Mind will benefit from opportunities to access the Good Vibes service which is a City-wide youth response to the mental health and wellbeing of young people in Sunderland. Young people can access mental health counselling including 1:1 counselling sessions provided by a qualified and experienced mental health counsellor. First contact with the young person is made within 48 hours, with first appointments normally taking place within 5 days, rather than the many weeks or months with others. Blue Watch's and Sunderland All Together Consortium CIO partner Sunderland Counselling Service employs and provides the counsellors.

As with our current Youth Offer we will ensure meaningful input of young people is embedded in the design and development of Future In Mind. We carried out the first consultation with young people on Friday 11 August 2023 which has formed the foundations of this application. We will continue to consult with young people.

Future In Mind has a team of experienced and qualified youth workers. The youth work team will be led by a qualified and experienced Senior Youth Worker. We know that not all young people live within walking distance of the youth centre. Youth

workers will engage with these young people informing them of bus routes and timetables, showing them where bus stops are. We implement all practical steps to support young people's participation, ensuring that money is never a reason for non-attendance.

We understand the geographical layout of the Ryhope Ward and recognise not all young people will want, or be able to access the centre-based provision. We have therefore built into our delivery model Outreach and Detached youth provision focussing on outlying areas.

Centre-based sessions will take place on an evening, including on a Friday evening. In centre activities will include physical sports, dancing, music, gaming, pool, table tennis and darts, exploring healthy cooking and eating, themed arts and crafts, board games, celebrating young people's birthdays, and access to IT including free Wi-Fi. We have recently invested £9,000 in the development of an additional space in the centre for young people aged 11 plus to use, including modern furniture, pool table, table tennis and chill out facilities.

Out of centre activities will mainly take place on a Saturday evening and will include visits to venues outside of the Ward. Activities will be developmental, and encourage young people to participate in positive alternatives to existing behaviour choices that may lead them into anti-social behaviour. Activities will include Water Sports, Trampoline, Ice Skating, Bowling, Cinema, Escape Room and Laser Quest, Theme Parks, and Swimming. We will deliver some out of centre activities on local parks and green spaces areas. Through consultation young people have informed us this is what they want.

Detached youth work will take place in areas young people feel most comfortable such as the streets and in parks. Detached workers will provide informal education by bringing information to the young people, listening, and hearing their needs and creating projects which support them.

Outreach youth work will engage with young people in the local community. Outreach workers will inform young people of services that exist in their area and encourage them to engage in centre-based activities. Outreach youth workers will talk with young people to identify gaps in services.

Volunteering opportunities will engage young people at all levels of achievement, from high achievers to those who are on the margins of society. Some of our young volunteers provide powerful personal stories about how volunteering has helped them turn their lives around, while for others volunteering acted as a catalyst to re-engage with learning. Some young people have discussed the ways volunteering helped them engage more effectively.

'I have so much more confidence now and feel like I belong. It all went wrong quickly at school for me and I never got a chance after that to do anything. I got shifted from class to class then out of class and then school to school and then I just stopped going. I love doing the football with the young uns during the school holidays. Their parents who would never speak to me before ask me now if their kids are enjoying it and if they ate their dinner.'

Some of our young people have spoken of how their volunteering brought them into contact with a wider range of people compared to at school, and how this encouraged them to develop skills of teamwork, leadership, and conflict resolution. This has provided them opportunities to take on responsibilities that their families and former schoolteachers would be surprised that they are doing. Two young people who first attended Blue Watch as youth club members, progressing through developmental volunteering, will be undertaking an apprenticeship in Level 3 Youth Support Work which will include attending Sunderland University 1 day per week, with paid youth work hours in different youth work settings, including Blue Watch Youth Centre.

Young people will be supported to celebrate and learn about diversity. We will continue to celebrate Pride, which is a fantastic celebration of the sexual diversity of people living in our area. While it is the festival of the LGBT+ community, it's a wonderful time for young people from all backgrounds to join together and celebrate sexual diversity and support their LGBT+ friends.

Future In Mind will seek to increase participation from young women aged 11+ years who for a variety of reasons do not keep active or get involved in positive activities, social action, and regular volunteering opportunities. Future In Mind will provide an enjoyable experience that will enhance young women's social lives and provide them with the opportunity to meet new people, demonstrating positive impact on the wider community.

Young people attending Future In Mind will also enjoy opportunities to attend other activities and sessions that Blue Watch deliver for example Holiday Activity Food (HAF) and Achieve Skills Knowledge (ASK) a targeted service for SEND young people.

We know through experience and what young people tell us that residential can be highly worthwhile, motivating, and provide powerful learning opportunities for young people of all ages and abilities. For some young people this will be the first time they have attended a residential setting where they experience uncertainty, excitement, challenge, failure, and success on a journey in the mountains, and on rivers and lakes. For many young people this will be a powerful learning experience where they learn about themselves and their capabilities.

Future In Mind will provide access to trusted adults for young people. Our staff talk to young people about many issues and interests including family, school, friends and friendship circles, risk taking behaviour, aspirations, money, school and college, bereavement, and loneliness. We will support young people to identify and explore issues and feelings that impact their lives both in a positive and negative way.

Blue Watch staff are experienced in providing early intervention and issue-based learning in a different areas including the following:

- Sexual Health C-Card, Chlamydia Screening, age-appropriate Sexual Health
- Substance Misuse including Vaping

- A Guide to Friends and Friendship Circles including the importance of friendships for mental health, struggling with a friendship, coping with the loss of a friendship, understanding when a friendship is unhealthy and coping with peer pressure
- PREVENT addresses radicalisation to all forms of extremism and terrorism, including the extreme right-wing
- CEOP education (Child Exploitation and Online Protection)
- Gambling
- Healthy Eating, Cooking and Budgets
- Healthy Lifestyle
- Independent Living Skills

More than anything, Future In Mind will provide young people access to adults they can trust and who will support them with their personal and emotional development."

Outputs

CODE	Digital Smart City Outputs	
101	number of digital hubs created	1
102	number of people accessing digital support- footfall	64
103	number of NEW people accessing digital support	35
104	number of low carbon initiatives supported	
105	number of individual Young people moved into Education, Employment or Training	6
106	number of individual Adults moved into Education, Employment or Training	2
107	number of individuals with disabilities moved into Education, Employment or Training	2
CODE	Healthy Smart City Outputs	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	1
202	number of NEW adults enjoying a healthier lifestyle (mentally, physically, independently)	
203	number of individual adults enjoying a healthier lifestyle (mentally, physically, independently)- footfall	
204	number of items purchased	10

205	number of NEW children and young people benefiting from this project	150
206	number of individual children and young people benefiting from this project- footfall	4500
207	number of individuals signposted into Public/VCS services e.g. information, advice and guidance	49
208	amount of highway, cycle, pathways, greenspace improved by area (m2)	
209	number of litter picks/community cleans up carried out	12
210	Number of bags of waste cleared from neighbourhoods	180
211	Issues reported via www.sunderland.gov.uk/report-it	
212	number of existing / derelict assets improved	
213	number of street furniture and / or equipment funded to repaired/replaced/renewed	
CODE	Dynamic Smart City Outputs	
301	Number of activities or services delivered that support residents to become more resilient (financially)	2
302	number of individual people more resilient (financially)	20
303	number of safety measures installed/delivered to improve neighbourhoods	2
304	number of Enforcement actions	
305	number of NEW volunteers recruited	10
306	number of volunteers participating	19
307	number of volunteer hours delivered	660
308	number of residents participating in decision making	60
309	number of cultural, heritage and community events supported and delivered	3
310	number of visitors footfall at neighbourhood events	210

Budget

Budget Heading/Item	NF/£	Match/£
Staffing coordination and holiday cover	4,200	3,000
Staffing costs 390 hrs @ £20 per hour & 1170 @ £18 per hour	20,430	8,430
Manage, finance, accounts, MI, evaluation etc.	1,800	1,200
Good Vibes counsellors and coordination	0	2,400
Activity Costs inc. food, refreshments, trips and transport	3,000	0
Residential x 2 including staffing costs	7,000	0
Volunteer expenses	0	1,200
Training and governance - staff and volunteers	0	1,200
Youth centre building costs	0	5,850
Equipment and resources	1,070	0
Branding & uniform	0	350
Contingency fund	0	5,000
Total	32,330	24,430

Neighbourhood and Community Board recommend approval as project meets the priority to deliver youth clubs in each of the five wards as outlined in the East Area Plan.

Application No4

Funding Source	Neighbourhood Fund
Name of Project	Millfield Youth Activities
Lead Organisation	Sunderland All Together Consortium

Total cost of Project	Total Match Funding	Total NF Application
£38,943	£1,950	£36,993
Project Duration	Start Date	End Date
18 months	October 2023	March 2025

Project Description

Millfield Proposal

"Sunderland All Together Consortium (SATC) would like to provide projects/activities for young people aged 11-19 living in the Millfield ward in the East Sunderland area using neighbourhood-based buildings and green spaces where young people feel safe.

SATC want to ensure that young people in the Millfield area have a place of trust and safety that provides high quality information, advice and guidance alongside positive activities that help young people to develop skills, improve wellbeing and participate in their community.

Project Description

- We want to deliver a creative and innovative programme which will be designed by the young people, which will include a range of activities, opportunities and experiences such as sport, leisure, cultural, and health and wellbeing to young people within the Millfield area of Sunderland.
- The activities will be inclusive and open to all to ensure all young people feel safe, secure and welcome, raise aspirations and will focus on improving community cohesion and reducing anti-social behaviour.
- We will use our local knowledge of the area and embed the 5 rights into our delivery - Right time, Right Place, Right People, Right price and Right style to ensure young people's needs are met and voices are listened to.
- We will provide young people aged 11 – 19 years with 2 x 2-hour youth activity sessions per week for 50 weeks of the year over an 18 month period.
- Between our member organisations we have an excellent pool of resources to choose from already at our disposal. We will ensure the best resources are utilised within the ward to ensure that there is a high standard of quality youth activities provided.
- We will use a minimum of 4 members staff per activity delivered. 1 lead worker, 3 qualified youth workers. All staff delivering on this project will be committed, effective and motivated to making sure delivery and engagement is a success and young people's needs are met in the ward.
- We will provide young people with opportunities to meet friends, Keep fit, develop new skills, take part in a range of activities designed by them, have fun, have someone to talk to, access to experienced youth workers, access C Card and stop smoking service, and support with any issues faced.
- We will promote the 5 ways to wellbeing within our delivery to enable the young people to feel good about themselves and to be healthy.
- We will work with the young people to raise their awareness of the potential consequences of risk-taking behaviour and provide information, guidance and support to enable young people to make informed life choices and raise their aspirations
- In addition to the 2 youth activity sessions in the ward we will allocate 240 youth worker hours to support young people in addressing local issues that arise throughout the lifetime of the project. These hours will be flexible and may include detached, outreach, targeted, small group work, residential or out of centre activities. These hours will be decided in consultation with young people.

- We will communicate with Ward Councillors and area arrangements team on a regular basis to ensure they are aware and kept up to date with the delivery of the youth activities.
- We will work in partnership with any existing provision for young people in the area to avoid any duplication of services.
- We are keen to make sure when residents are occupying the riverside we will work partnership to ensure they are aware of the provision that is available and consider delivery within the park.

Delivery Model

Millfield ward will have 2 weekly sessions which will focus on centre-based activities in a venue where young people feel safe and included.

We are aware there is currently no centre based youth provision in the ward. We feel that the first 3 months delivery of this project will be a flexible delivery model to engage, build relationships and consult with young people to co design this project.

The flexible model we would use for the first 3 months would be:

Street Sports in local parks such as pocket park

- This method involves taking equipment out into identified hot spot areas and engaging with those hard to engage young people, using sport as a tool to get them in positive activities. Young people will have an opportunity to get support and have someone they can talk to who will listen. Sport is increasingly recognised as having a role in prevention and early intervention work with children and young people at risk of, or already involved in, offending behaviour. Although sport is unlikely to stop offending by itself, it has the potential to make a positive contribution.

Pop up events in hot spot areas such as pocket park, keel square,

- Provide meaningful engagement activities such as football cage, street sports, WIFI access, BBQs, refreshments, and soft archery in or around identified hot spot areas.

Our aim of this model is to support young people do not and will not access centre based provision to address the issues they are facing, learn coping mechanisms to support them in the future, and give them the confidence they need to make positive decisions.

Outreach Youth Work

- Outreach youth work is a form of youth work that takes place on young people's own territory such as streets, cafes, parks and retail parks at times that are appropriate to them and is a method of work that supports and compliments new and existing centre/project-based youth work. Primarily used to inform young people of services that exist in their locality and to encourage them to use such services, Outreach can also seek to identify,

through consultation with young people, any gaps that exist in services aimed at meeting their needs.

Detached Youth work

- Detached youth work offers unique opportunities to engage young people in their social environments. By entering these social spheres, workers are able to slowly develop relationships with young people and public environments and ultimately improve individuals' safety within contexts that pose a risk of harm. Workers also create safe spaces in which young people can interrogate their own opinions and behaviours and try to embody healthier alternatives.

Delivery Venues

We have identified a number of venues to target to begin with initially. If these places/spaces meet the needs of young people as identified, we will look to use them. We are open and flexible to working in other venues if the work dictates that we need to i.e. if that's what young people tell us they want. Venues will be reviewed every quarter throughout the project timeline.

Venues which we propose for delivery:

- St Marks Community Association
- West Community Association
- The Boxing Hub
- The Bunker
- Church of Nazarene
- Deptford and Millfield CA
- Sunderland University City Campus

We are aware Millfield has a number of very distinct communities with a number of large minority groups. We would ensure we also direct our provision towards each of these minority communities to also ensure maximum opportunity to engage with the young people.

We will work alongside local imams and other community leaders to seek to utilise the facilities on occasions by delivering youth work/activities in an environment that is more suited to the local community if this is what the young people choose.

Each session will be inclusive where young people will feel welcome, secure and comfortable and that they can celebrate their identity especially those aspects of their identity which make them different from others such as their culture or ethnicity, sexual orientation, ability, gender, health including mental health, education, parental status, being a young carer etc.

Each session will be 2.5 hours long (15 minutes for set up, 2 hours' delivery and 15 minutes for debrief and evaluation). Sessions will run over 50 weeks of the year (75 weeks in total). During none term time our delivery will be flexible to ensure that

young people are active during school holidays and that they are able to take part in engaging and enriching activities which support the development of resilience, character and wellbeing along with their wider educational attainment

Each session/activity will be diverse, have meaningful outcomes and will be shaped and co designed by young people themselves.

Transport will be used if needed to support those young people in outlying estates with the ward to ensure all young people have access to youth activities/support and are not left isolated.

Safe access to wi fi in centre-based provision if not already available and when outdoors will be always available using our mobile broadband.

We will utilise the unique resources/green spaces within the ward such as Pocket Park, sports facilities at Sunderland University, The Bunker, Fire Station Boxing Hub.

In addition to the 2 youth activity sessions in the ward we will allocate 240 youth worker hours to support young people in addressing local issues that arise throughout the lifetime of the project (18 months). These hours will be flexible and may include detached, outreach, targeted, small group work, residential or out of centre activities. These hours will be decided in consultation with young people.

Additional Information

Where relevant/appropriate we will provide detached/outreach youth work that engages with hard-to-reach young people bringing activities to them and/or supporting their access to services and activities available.

The delivery of this project will support to reduce some of the health inequality issues in our city such as alcohol dependency and admissions to hospital; teenage pregnancy; sexually transmitted infections; smoking.

We know from experience of delivering youth activities young people who are transitioning from year 6 to year 7 (aged 10) need support as this is a big milestone for some. We would like to offer these young people access to the youth activities.

We are keen to make sure when residents are occupying the Riverside, we will work partnership to ensure they are aware of the provision that is available and consider delivery within the park.

We will advertise all activities delivered to ensure we reach as many young people within our communities as possible. The methods we will use – Social media, Outreach, word of mouth, and posters in local shops, schools, churches and community buildings.

If attendance is low within any of the youth activities delivered will use outreach as a tool to inform young people of the activities on offer"

Outputs

CODE	Healthy Smart City Outputs	
205	number of NEW children and young people benefiting from this project	440
206	number of individual children and young people benefiting from this project- footfall	3950
207	number of individuals signposted into Public/VCS services e.g. information, advice and guidance	62
209	number of litter picks/community cleans up carried out	5
CODE	Dynamic Smart City Outputs	
305	number of NEW volunteers recruited	41
306	number of volunteers participating	8
307	number of volunteer hours delivered	1010
309	number of cultural, heritage and community events supported and delivered	4

Budget

Budget Heading/Item	NF/£	Match/£
Staffing (1 lead @ £15ph + 3 youth workers @£13.50ph. 2 sessions per week. £55.50 ph x 5 hours over 76 weeks)	20,813	0
Management and Admin for the project	1,950	750
Venue costs contribution	5,000	0
Resources/Materials/equipment for centre based activities. E.g. arts and crafts, games consoles, sports equipment, cooking equipment, table games, speaker	3,500	500
Transport costs	550	500
Mobile broadband contribution	440	0
Refreshments for young people during sessions and activities	1,500	200
Banked hours (240 youth worker hours @ £13.50 ph as per project description)	3,240	0
Total	36,993	1,950

Neighbourhood and Community Board recommend approval as project meets the priority to deliver youth clubs in each of the five wards as outlined in the East Area Plan.

Application No5

Funding Source	Neighbourhood Fund
Name of Project	Next Steps St Michael's
Lead Organisation	St Michael's Community Centre

Total cost of Project	Total Match Funding	Total NF Application
64,960	27,460	£37,500
Project Duration	Start Date	End Date
18 months	October 2023	April 2025

Project Description

St Michael's Proposal

"All match funding is in place for this application.

St Michael's Community Centre is the Lead Agent for Next Steps. A letter of support from Blue Watch Youth Centre confirming their role will be provided on request.

In July 2020 East Sunderland Area Committee agreed the three-year Delivery Plan up until 2023, Under Area Priority 17 'Support the Voluntary Sector' it recognised the importance of supporting children in need from the Grangetown and Hill View area by investing in Blue Watch to establish a community hub in the Ward. The Community Hub is St Michael's Community Centre located at Stannington Grove.

St Michael's Community Centre propose to provide the following for young people in the St Michael's Ward over an 18-month period:

- access to qualified and experienced youth workers
- access to qualified counsellors
- 2 new centre-based sessions per week including 1 uniformed group session
- 1 new outreach and detached session per week
- 1 new after school session per week
- 2 residential experiences
- regular out of centre activities including some in local parks and green spaces
- provide support and a physical Youth Offer during school holidays including the December holidays
- meaningful volunteering and age-appropriate opportunities based on individual need - leading to opportunities for paid employment

Next Steps will engage 150 different young people throughout the lifetime of the project. We will support young people to engage in as many opportunities as possible. Next Steps will be underpinned by resourced quality youth work, that will be provided by an increasing number of organisations throughout the 18 months. Face to face youth work will initially be delivered by Blue Watch, our current partner in the Ward, who deliver our Youth Offer.

It will be the role of the Development Worker to initiate and develop new partnerships with other youth organisations to enhance the number of opportunities available for local young people. The Development Worker will develop grassroots youth work that delivers focus provision underpinning long-term neighbourhood-based youth work that will not end when the funding ceases in 18 months' time.

The Development Worker will provide resources and support to existing and new youth organisations. Organisations will meet required governance, with support available to develop this. Organisations will engage young people where they feel welcome, secure, and comfortable, and where they can celebrate their identity. Support will be tailored to the organisation, for example a uniformed group may receive free room hire until they become established, or support with fund raising and equipment etc.

We know how comfortable and welcomed young people feel on their first visit influences the chances of us engaging with them again. We believe all young people are entitled to be treated with respect and feel valued. We provide all young people the same opportunities to participate in mainstream programmes as well as targeted activities. We work hard to develop our building with facilities that are accessible, have staff, volunteers and peer mentors that have good inclusive awareness.

Next Steps will engage young people who do not have friends or friendship groups, may be victims of bullying or moved into the area joining a new secondary school where friendship groups are already established.

Our partner, Blue Watch, is a member of the All Together Consortium CIO which recently secured funding to support Good Vibes Safe Spaces across Sunderland. Young people accessing Next Steps will enjoy opportunities to access the Good Vibes service which is a city-wide youth response to the mental health and wellbeing of young people in Sunderland. Young people accessing Good Vibes will benefit from mental health counselling support in our Community Centre. One of Blue Watch's partners, Sunderland Counselling Service, employs and provides the counsellors.

Next Steps will ensure meaningful input by young people in service design and development. We carried out a first consultation with young people on 16 August 2023 which has formed the foundations of this application. We will continue to consult with young people.

Next Steps has a team of experienced and qualified youth workers provided by Blue Watch. The youth work team will be led by a qualified and experienced Senior Youth Worker. We know that not all young people live within walking distance of the Community Centre. Youth workers will engage with these young people informing

them of bus routes and schedules, showing them where bus stops are. We implement all practical steps to support young people's participation, ensuring that money is never a reason for non-attendance.

We understand the geographical layout of the St Michael's Ward and recognise not all young people will be able to access the centre-based provision. We have therefore built into our delivery model Outreach and Detached youth provision focussing on outlying areas. We have spoken to Sunderland Community Action Group who have expressed interest in supporting this element of the provision alongside Blue Watch.

The aspirations young people have are one of the most important influence on the directions their lives take. Next Steps will help young people develop their resilience as experience informs us that the skills involved in resilience are almost as important as cognitive skills for achieving educational qualifications by adulthood. Blue Watch youth workers are experienced in challenging young people's behaviour and attitudes. At the heart of this is creating a culture where young people are offered new chances. When young people make mistakes, they will be helped to work through them, and whenever possible provide them the opportunity to have another chance. As part of this process, New Steps will promote solution-focused conversations, and celebrate success.

Centre-based sessions will include sports, dancing, music, gaming, exploring healthy cooking and eating, themed arts and crafts, board games, volunteering, social action, and access to IT including free Wi-Fi.

The uniformed session will provide more opportunities for local young people. Sessions will have a positive influence on young people's attitudes and behaviour, while helping to raise aspirations in terms of future careers through engagement with uniformed services e.g. Police Cadets. There are many benefits for young people from engaging with uniformed groups including making new friends and taking part in fun and exciting activities, supporting the community through volunteering and social action projects, and challenging oneself to learn and develop new skills and gain qualifications.

Detached youth work will take place in areas young people feel most comfortable such as the streets and in parks. Detached workers will provide informal education by bringing information to young people, listening, and hearing their needs and creating projects which support them

Outreach youth work will engage with young people in the local community. Outreach workers will inform young people of services that exist in their area, encouraging them to use these services especially centre-based activities. Outreach youth workers will talk with young people to identify gaps in services and find out what they want offered in Youth Centres and other places that should be engaging positively with them, so that activities and projects are designed to meet their interests or needs.

Volunteering opportunities will engage young people at all levels of achievement, from high achievers to those who are on the margins of society. Some of our young

volunteers tell us how volunteering has helped them turn their lives around, while for others volunteering has been a catalyst to re-engage with learning. Young people have told us the different ways their volunteering helped them engage more effectively. Some of our current young people have spoken of how their volunteering brought them into contact with a wider range of people compared to at school, and how this encouraged them to develop skills of teamwork, leadership, and conflict resolution. This has provided them opportunities to take on responsibilities that their families and teachers at school would be surprised they are doing.

Young people will be supported to celebrate and learn about diversity. We will continue to celebrate Pride, which is a fantastic and colourful celebration of the sexual diversity of people living in our area. While it is the festival of the LGBT+ community, it's a wonderful time for young people from all backgrounds to join together and celebrate sexual diversity and support their LGBT+ friends.

Next Steps will seek to increase participation from young women aged 11+ years who for a variety of reasons do not keep active or get involved in positive activities, social action, and regular volunteering opportunities. Next Steps will provide an enjoyable experience that will enhance young women's social lives and provide them with the opportunity to meet new people, demonstrating positive impact on the wider community.

Young people attending Next Steps will enjoy opportunities to attend other activities and sessions for example Holiday Activity Food (HAF) and Achieve Skills Knowledge (ASK) a targeted service for SEND young people.

We know through experience and what young people tell us that residential can be highly worthwhile, motivating, and provide powerful learning opportunities for young people of all ages and abilities. For some young people this will be the first time they have attended a residential setting where they experience uncertainty, excitement, challenge, failure, and success on a journey in the mountains, and on rivers and lakes. For many young people this will be a powerful learning experience where they learn about themselves and their capabilities.

Next Steps will provide access to trusted adults for young people. Our staff talk to young people about many issues and interests including family, school, friends and friendship circles, risk taking behaviour, aspirations, money, school and college, bereavement, and loneliness. We will support young people to identify and explore issues and feelings that impact their lives both in a positive and negative way.

Blue Watch staff are experienced in providing early intervention and issue-based learning in different areas including the following:

- Sexual Health C-Card, Chlamydia Screening, age-appropriate Sexual Health
- Substance Misuse including Vaping
- A Guide to Friends and Friendship Circles including the importance of friendships for mental health, struggling with a friendship, coping with the loss of a friendship, understanding when a friendship is unhealthy and coping with peer pressure

- PREVENT addresses radicalisation to all forms of extremism and terrorism, including the extreme right-wing
- CEOP education (Child Exploitation and Online Protection)
- Gambling
- Healthy Eating, Cooking and Budgets
- Healthy Lifestyle
- Independent Living Skills

We will support and partner with organisations who are currently delivering events and activities in green space areas such as Backhouse Park. We intend to provide the greatest impact and return from this funding, and we believe partnership working will prevent duplication and support organisations already delivering excellent work. An example of this is Blue Watch is a member of the East Rangers partnership working in Ryhope. ICOS are the St Michael's delivery partner who do an excellent job in the Backhouse Park location where numbers of children and young people meet and socialise."

Outputs

CODE	Digital Smart City Outputs	
101	number of digital hubs created	1
102	number of people accessing digital support- footfall	86
103	number of NEW people accessing digital support	44
105	number of individual Young people moved into Education, Employment or Training	3
106	number of individual Adults moved into Education, Employment or Training	2
107	number of individuals with disabilities moved into Education, Employment or Training	2
CODE	Healthy Smart City Outputs	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	1
204	number of items purchased	6
205	number of NEW children and young people benefiting from this project	150
206	number of individual children and young people benefiting from this project- footfall	3600
207	number of individuals signposted into Public/VCS services e.g. information, advice and guidance	65
209	number of litter picks/community cleans up carried out	12
210	Number of bags of waste cleared from neighbourhoods	180
CODE	Dynamic Smart City Outputs	
301	Number of activities or services delivered that support residents to become more resilient (financially)	2
302	number of individual people more resilient (financially)	30

303	number of safety measures installed/delivered to improve neighbourhoods	2
305	number of NEW volunteers recruited	7
306	number of volunteers participating	15
307	number of volunteer hours delivered	480
308	number of residents participating in decision making	70
309	number of cultural, heritage and community events supported and delivered	2
310	number of visitors footfall at neighbourhood events	60

Budget

Budget Heading/Item	NF/£	Match/£
Project development and sustainability	18,000	0
Staffing costs 390 hrs @ £20 per hour & 780 @ £18 per hour	6,630	15,210
Manage, finance, accounts, MI, evaluation etc.	1,800	1,200
Good Vibes counsellors and coordination	0	2,400
Activity Costs inc. food, refreshments, trips and transport	3,000	0
Residential x 2 including staffing costs	7,000	0
Volunteer expenses	0	600
Training and governance - staff and volunteers	0	1,200
Youth centre building costs	0	3,600
Equipment and resources	1,070	0
Branding & uniform	0	250
Contingency fund	0	3,000
Total	37,500	27,460

Neighbourhood and Community Board recommend approval as project meets the priority to deliver youth clubs in each of the five wards as outlined in the East Area Plan.

Application No6

Funding Source	Neighbourhood Fund
Name of Project	Youth Provision Raich Carter
Lead Organisation	Everyone Active

Total cost of Project	Total Match Funding	Total NF Application
£37,500		£37,500
Project Duration	Start Date	End Date
18 months	October 2023	April 2025

Project Description

Hendon Proposal

Raich Carter Sports Centre will run 50 minute staff support gym sessions for juniors aged 11-15 as well as signing up young people aged 16-19 who will be able to attend the gym/swim sessions during any general public sessions accessible from early morning 7am until the evening at 8pm. We will also aim to engage 4 of these young people in employment with Everyone Active, either through apprenticeships or as a casual/permanent recreation attendant or fitness instructor. We will offer 150 fitness memberships to young people aged 11-19 years old for one year each, with 75 started in October 2023 and the other 75 started in April 2024. Through our experience of working with young people on these types of sessions in the Coalfields and North Area and following discussions with young people in the East Area we know that this provision would be welcomed and is needed by young people who cannot afford to access these services. Out of the young people we talked to in the East Area over 80% said that they would like to be able to swim or attend the gym regularly and that cost was the biggest barrier to accessing these services. By working with our partners, looking at IMD data and working with the local schools we will make sure these fitness memberships go to young people who cannot necessarily afford them. The benefits both mentally and physically for the participants will be substantial and we will do case studies to provide feedback to Sunderland City Council. We will also work with Northumbria Police to establish which areas within Hendon require diversionary activities and if there are any youths in particular who could benefit from the fitness memberships. As part of this project young people will also receive free access to WI-FI in a safe and warm space with access to a range of sporting facilities as well as the gym and swimming. The young participants who are 11-15 years old will receive an induction and programme from one of our trained colleagues with a dedicated colleague on site during all hours which they are accessing the facilities. We will work with the NHS to deliver sessions

on sexual education as well as partners from Together For Children on online safety. We will give the young people programmes which they can also use outside of the centre in parks and green spaces using body weight exercises and jogging/walking. We will also refer the young people to take part in the Friday night Evolve Youth sessions which take place at Raich Carter and offer detached youth work that engages harder to reach children. As the centre is in the middle of Hendon it will be accessible to in terms of transport to those who live in Hendon. If any participants require transport due to physical disability or other reasons we will work with our partners to create a solution for them.

Outputs

CODE	Digital Smart City Outputs	
105	number of individual Young people moved into Education, Employment or Training	4
CODE	Healthy Smart City Outputs	
205	number of NEW children and young people benefiting from this project	150

Budget

Budget Heading/Item	NF/£	Match/£
Fitness memberships x 150	30,000	0
Management fee	6,000	0
National Pool Lifeguard Qualification	1,500	0

Neighbourhood and Community Board recommend rejection

Application No7

Funding Source	Neighbourhood Fund
Name of Project	Evolve Youth Inclusion
Lead Organisation	Evolve Youth Inclusion

Total cost of Project	Total Match Funding	Total NF Application
£32,377	£1,956	£30,421

Project Duration	Start Date	End Date
19 months	November 2023	May 2025

Project Description

Hendon Proposal

"We will deliver hybrid youth sessions on a Friday evening 6pm-8pm at Raich Carter Sports Centre plus one other targetted evening TBC per week at Raich Carter Sports Centre and one detached session per week to over the 18 month period. Evolve / Raich Carter has provided a safe and inclusive environment for young people for over 17 years.

We will continue to Co-produce our services with young people so that our provision is needs based and fit for purpose. These specifically include recreational and coached sports and tailored issue based youth work provision. We will deliver a range of qualifications within this delivery including but not limited to Lifeguarding Qualifications (direct to employment), First Aid and potentially Beauty. There is potential for the addition of Key Skills qualifications for those without GCSE qualifications.

We provide fully inclusive youth activities where a young person will feel welcome, secure and comfortable

Evolve Youth Inclusion is the legacy programme of the successful Targeted Youth Engagement (TYE) and Diversionary Activities Programme (DAP) that delivered targeted youth services and interventions in areas identified by the LMAPs groups. We are sufficiently resourced and experienced to deliver similar bespoke diversionary activities in collaboration with ward councillors to deliver in hot spot areas.

Whilst the work Evolve delivers was designed to fill gaps in the local provision and as such was the only provider operating on Friday and Weekend evenings we will work collaboratively with any local partners to avoid duplication and work in partnership with existing provision

Where relevant/appropriate we will provide detached youth work that engages young people in targeted areas and provide them with access to activities and services

We will continue to utilise Raich Carter Sports Centre as a hub for bespoke diversionary activities that support 100+ young people per session. We will also utilise and appropriate space or location on a targeted basis to deliver activities and services.

We will continue to provide a range of activities which address physical and mental health and wellbeing such as Football, Trampolining, Basketball, Table Tennis, Adventurous Activities (Archery, Rifle Shooting, Bushcraft etc.) and the addition to community swimming lessons and Lifeguarding Qualifications. We also provide supervised access to gym services and support around the themes of EAT / SLEEP /

MOVE which act as pillars for positive Wellbeing. We will continue to encourage physical activity and positive healthy eating and can include workshops around healthy cooking and meal preparation and work collaboratively with partners to provide access to affordable meals.

We will procure the relevant equipment and / or work with the venue to provide safe access to wi-fi within youth clubs and outside green space

We will continue to provide support and information, Advice and Guidance and positive support and opportunities to improve mental wellbeing of young people

We will continue to provide education and advice on how to stay safe, including subjects such as sexual health and online safety and will where appropriate deliver the C-Card service on a centre based basis

Evolve delivers activities and services which raise aspirations and ambitions of young people. We will continue to work to promote confidence in young people and to identify and support their potential. Importantly we will deliver employment ready qualifications (Lifeguarding) and work with Everyone Active to open pathways to job opportunities. We can also deliver Food Hygiene, Key Skills and First Aid qualifications that provide sources of success and celebration to young people and entry to employment opportunities.

Outputs

CODE	Digital Smart City Outputs	
106	number of individual Adults moved into Education, Employment or Training	30
CODE	Healthy Smart City Outputs	
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	35
204	number of items purchased	20
205	number of NEW children and young people benefiting from this project	225
206	number of individual children and young people benefiting from this project- footfall	700
207	number of individuals signposted into Public/VCS services e.g. information, advice and guidance	35
CODE	Dynamic Smart City Outputs	
305	number of NEW volunteers recruited	2
306	number of volunteers participating	10

307	number of volunteer hours delivered	140
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Budget

Budget Heading/Item	NF/£	Match/£
Salaries	19,260	0
Volunteer Expenses	0	756
Accreditation & Materials	4,248	0
Venue Hire	3,744	0
Management & Evaluation	1,794	0
Insurance	0	200
Equipment	875	0
Internet Services and Setup	20	0
Accountancy & Payroll	300	1000
Total	30,421	1956

Neighbourhood and Community Board recommend rejection

Application No8

Funding Source	Neighbourhood Fund
Name of Project	The Bunker
Lead Organisation	The Bunker Sunderland CIC

Total cost of Project	Total Match Funding	Total NF Application
£37,500	0	£37,500
Project Duration	Start Date	End Date
18 months	October 2023	April 2025

Project Description

St Michael's Proposal

"The Bunker is a community music facility based in St. Michael's Ward in Sunderland, the longest running project of its kind, setup and ran by young people for young people, 40 years ago. The building houses seventeen music studios, providing a base and space to develop for local bands, artists or any young budding musicians. We deliver tuition, training, music projects, advice and support on a range of music/arts-related topics to our community regardless of background, 7 days a week.

Acting as a platform for thousands of musicians and artists, many of who go on to reach national and international stages, The Bunker has a proud tradition of utilising its professional facilities and trained staff members' skills to develop our community and improve wellbeing through music and arts. This is evident in our work with socially orientated organisations where we design, facilitate and deliver funded projects and initiatives on a regular basis.

The Bunker is a unique facility, delivering initiatives to combat a variety of social inclusion and addiction issues, as well as approaching the reengagement of young people into education and learning. Our staff members are always on hand to develop and run projects for local community organisations, and The Bunker's wide range of equipment and facilities are made available in accordance with the circumstance.

This project will help us promote the benefits of creative activities and showcase the talents of the many young people from our City, highlighting our mission to contribute to a healthier community, both physically and mentally, to provide access or support to as many local people who may need it.

We will deliver a variety of music and creative media-based activities alongside a youth development programme aimed at young people who are unable or unwilling to access services elsewhere. As well as one to one support available, there will be group sessions for young people to come together to help each other and grow together. The project will be delivered by trained, experienced professionals, and cover various practical and social skills with fun and creativity at its heart. These sessions will engage participants in new skills or activities that may otherwise have been unavailable to them. This innovative project, in a real-life, popular community facility, will have a unique, and unrivalled approach to engagement, confidence building and motivation of the young person, which can help to develop a greater desire to explore their future options.

We will work with young local people within our local community, of any ability or interest. Although, we have found that music and art is high in most young people's interests, for those that do not have an interest, there will be plenty of other activities to engage, motivate, stimulate minds, develop personal skills and improve health and wellbeing. Feedback from previous successful projects has shown us that young people enjoy activities including planning events, which we do on a weekly basis at our venue and many other local venues. We take pride in our Community and our environment, so we will involve the young people in activities such as litter picking in the area, including Backhouse Park, Ward Walks to appreciate and understand our impact on others. Our weekly radio show on Spark, plus our online TV channel and

local fanzine, will give young people the opportunity to be heard, to share their views and to inspire others. We also have an onsite cafe, so will be looking to offer activities involving food preparation and healthy eating.

Many of our staff and volunteers are all young people so there is always someone available who is of a similar age and background to those that approach us for help or support. We regularly engage with other local community groups to continue to spread the importance of creative activity in the prevention of social isolation. Our current stakeholders include groups of parents and their children, those with physical and mental health issues, residential homes, schools, asylum seekers and refugees.

We will begin the project with a number of engagement events and sessions aimed at gathering the thoughts and ideas of young people, to help us design the future and direction of the programme. The Bunker regularly involves the young people who already use our services, within our steering group to help make decisions and shape our future. The attendees of this Youth Provision will play an important role in how we move forward for another 40 years,

Discussions with parents and carers have highlighted that, although The Bunker is well-priced, it is a luxury to families on lower incomes, so we keep our prices affordable and revenue generated from those that can afford to pay, is used to help those who cannot afford it. This project will provide free access to our professional facilities and support staff, to many local young people from our Community.

We will have regular sessions where we will highlight progression routes and help identify potential development opportunities with specialist support and assistance. Young people regularly progress into volunteering with us and act as mentors for other, less experienced ones. Each participant, regardless of background, develops the self-confidence and the skills that are necessary for every day life. These may be used to progress at school, develop as a young person or in a career within the creative industries. We will use our contacts to source volunteering placements into local businesses, community organisations to play important supporting roles in the industry. "

Outputs

Code	Digital Smart City Outputs	
101	number of digital hubs created	1
102	number of people accessing digital support- footfall	220
103	number of NEW people accessing digital support	95
201	number of activities or services delivered that support residents to achieve a healthier lifestyle (mentally, physically, independently)	150
205	number of NEW children and young people benefiting from this project	95

206	number of individual children and young people benefiting from this project- footfall	340
207	number of individuals signposted into Public/VCS services e.g. information, advice and guidance	30
208	amount of highway, cycle, pathways, greenspace improved by area (m2)	1200
209	number of litter picks/community cleans up carried out	23
210	Number of bags of waste cleared from neighbourhoods	300
212	number of existing / derelict assets improved	6
305	number of NEW volunteers recruited	30
306	number of volunteers participating	60
307	number of volunteer hours delivered	1500
308	number of residents participating in decision making	60
309	number of cultural, heritage and community events supported and delivered	60
310	number of visitors footfall at neighbourhood events	1200

Budget

Budget Heading/Item	NF/£	Match/£
PROJECT MANAGER	12,250	0
DELIVERY STAFF	18,000	0
ADMINISTRATION & MONITORING	3,500	0
GENERAL OVERHEADS CONTRIBUTION	2,500	0
MARKETING & EVENTS	1,250	0
Total	37,500	0

Neighbourhood and Community Board recommend rejection