

## Activities for Children and Young People – SIB Project Applications

Project Name	Organisation	Funding Requested
Mini Bus	1 <sup>st</sup> Herrington Scout Group	£4,000
<ul style="list-style-type: none"> <li>• Contribution towards the purchase of a second hand minibus</li> <li>• Will allow access to a wider range of planned activities, locally and further afield</li> <li>• Available for other groups to use at a below market rate</li> <li>• 85 young people and 20 volunteers within the scout group will benefit</li> <li>• Estimated that up to 400 people from other organisations will benefit from use of mini bus</li> <li>• Use a range of methods including social media to promote the scout activities and attract new members</li> <li>• Working with SNCBC SIB funded Step Up Project (Paul McKinnell) to extend partnerships and promote availability of mini bus</li> <li>• Have consulted and researched similar local services (community transport). Will not duplicate or take business from others</li> <li>• £6,050 match funding</li> <li>• All relevant permissions and policies in place</li> <li>• Fully trained volunteers</li> <li>• Will monitor use of the minibus including number of groups/individuals benefiting</li> </ul>		
Project Name	Organisation	Funding Requested
Skills/Confidence Building Activities in the Park (SCBAP)	Friends of Hetton Lyons Country Park	£2,350
<ul style="list-style-type: none"> <li>• Various activities to be delivered on week days during school holidays <ul style="list-style-type: none"> <li>○ Eating &amp; Exercise Park Day <ul style="list-style-type: none"> <li>▪ Healthy food tasting and educational displays borrowed from Active Sunderland and local dentist</li> <li>▪ Walkabout with French Donkey Puppet</li> <li>▪ Hobby horse races and other fun activities, with activity levels monitored by pedometers</li> </ul> </li> <li>○ Confidence Building for Children Park Day <ul style="list-style-type: none"> <li>▪ Puppets providing information in a fun way, incorporating physical and cyber anti bullying</li> <li>▪ Team building games, fun and exercise</li> </ul> </li> <li>○ Pirates in the Park</li> <li>○ Young Park Rangers 1 day per week during various school holidays</li> </ul> </li> <li>• Marquees, tables, chairs etc... to be provided</li> <li>• Activities to be delivered when toilet facilities and refreshments are available</li> <li>• Working in partnership with Durham Wildlife Trust, Groundwork NE, Springboard, Hetton Local &amp; Natural History Group, local Botany Group, Durham Bird Club, Peoples Pedal Power, Hetton New Dawn and Hetton Lyons Angling Club</li> <li>• Ongoing programme of activities from May 2018 to March 2019</li> <li>• Advertised widely, leaflets, social media etc....</li> <li>• Transport available for those who cannot access independently</li> <li>• Awards party at the Hetton Centre at the end of the project</li> </ul>		
Project Name	Organisation	Funding Requested
Tots Table	Penshaw CA	£2,340
<ul style="list-style-type: none"> <li>• Delivered weekly April 2018 – April 2019</li> <li>• Targeting 0-5 year-olds and their parents/carers based around food, healthy eating and physical well-being</li> <li>• The project will comprise of an hour-long session for which will include a number of new skills and experiences such as gardening, cookery, tasting new foods, song and physical movement.</li> </ul>		

<ul style="list-style-type: none"> <li>Initially based in Penshaw Community centre, with a plan to make the project transferrable to different centres such as Sharp and St. Aidan's who have similar facilities</li> <li>Target is twenty families in the sessions based at Penshaw Community centre, (with scope for helping further families if the project is embraced by other centres)</li> <li>Will monitor the project with attendance sheets and questionnaires, and allow feedback to guide future sessions</li> <li>Delivered by an experienced nursery nurse and child care provider</li> </ul>		
Project Name	Organisation	Funding Requested
Play Zone@ShARP	ShARP	£3,740
<ul style="list-style-type: none"> <li>Delivered weekly April 2018 – April 2019 at ShARP, Shiny Row</li> <li>40 sessions of 2 hours for pre-school children 0-5 on a weekly basis during term time.</li> <li>20 sessions of 2 hours during holiday periods for children aged 0-11</li> <li>Includes sessions with Canny Kitchen to improve cookery and nutritional skills, Rhyme Time and Story Telling targeting different age groups</li> <li>Sessions will be fun and educational to improve skills and confidence for children as well parents/carers</li> <li>Some of the sessions during school holiday periods we will use recycled materials to raise awareness of caring for our environment</li> <li>The children will also make a healthy snack so they can learn the value of a healthy diet and the importance of nutrition</li> <li>Some of the pre-school sessions will be delivered in the library (Captain Raggybeard, other story time activities)</li> <li>The project will benefit approximately 30 families overall</li> <li>Potential participants will be targeted through face to face work in the Centre (IT, Welfare benefits, library) through social media (website, Facebook) publicity to local schools, doctors surgeries and other community venues</li> <li>Numbers will be recorded through registers</li> </ul>		
Project Name	Organisation	Funding Requested
Messy Play with Food	Social Chef	£3,805
<ul style="list-style-type: none"> <li>Social Chef, in partnership with SNCBC proposes to run 18 "Messy Play with Food" cookery sessions</li> <li>Sessions will target "0 – 5 year olds and their families."</li> <li>Propose to deliver from the following venues: Gillas Lane Primary School, Dubmire Primary School, Easington Lane Primary School and Barnwell Primary</li> <li>The 2 hour sessions will be designed and delivered by a Community Chef and supported by a qualified SNCBC Youth and Play Worker</li> <li>Participants will help to prepare a range of healthy recipes, juices and snacks using as wide a range of ingredients as possible</li> <li>Recipe handouts and chef's hints and tips provided so they can be replicated at home</li> <li>Families encouraged to complete a food diary to identify what type of cooking they are doing at home with an aim of them cooking from scratch at least 3 times a week.</li> <li>Aim to engage with a minimum of 50 people, participants will be encouraged to attend multiple sessions</li> <li>Liaise with the schools to promote the sessions and encourage them to identify families who will benefit most from engaging with the project</li> <li>During sessions parents/carers will be made aware of other opportunities, support and advice and guidance within their local area</li> <li>Register of attendees, evaluation forms and photographic evidence will be taken</li> <li>Match funding £2,636</li> </ul>		
Project Name	Organisation	Funding Requested
Get Connected	ELCAP	£3,990
<ul style="list-style-type: none"> <li>Delivered April to December 2018</li> <li>A weekly Holiday Club one day a week during the remaining 2018 school holidays (10</li> </ul>		

weeks), to include:

- Gardening Club
- Cinema Club
- Craft Group
- A weekly toddler Group one morning per week (in addition to the 3 afternoon sessions currently delivered)
- Weekly job search session for NEET young people
- £1,470 match funding

Project Name	Organisation	Funding Requested
Up to 5 and Thrive	Springboard	£4,000
<ul style="list-style-type: none"> <li>• Delivered April 2018 to April 2019</li> <li>• Targeting 0-5 year olds and their families</li> <li>• Hetton Library would be a meeting point for the “Under-Five and Thrive” group once weekly over the course of a year</li> <li>• Activities will be centred around books, each session will have a different element brought to it for the children to get involved in and enjoy; such as music and rhyme, messy play, arts and crafts, acting out stories with dressing up and face painting, stay and bake, treasure hunts and other activities centred around that story</li> <li>• Advice on healthy eating or oral hygiene, having a visit from a dental nurse who would talk to them about brushing teeth and give away tooth brushes and information</li> <li>• Chance for family members to network and access other services</li> <li>• Dressing up costumes, equipment and craft resources will be purchased</li> <li>• Engagement will be made through a variety of local nurseries and community venues, social media and advertising in the local area</li> <li>• Staff all have Seven Stories qualifications and have experience in running sessions</li> </ul>		
Project Name	Organisation	Funding Requested
Bringing Young People Together Through Creative Self-Expression	Washington Mind	£3,992
<ul style="list-style-type: none"> <li>• Delivered April 2018 to March 2019</li> <li>• Delivery of outreach creative/expressive activities in the Coalfield areas of Sunderland for 40 young people aged 11-19 who are experiencing mental health issues/low levels of well-being</li> <li>• Weekly activity sessions will delivered throughout the year to enable young people to; learn new creative skills, improve knowledge, improve their well-being and increase their confidence levels</li> <li>• Creative activities will include; creative writing, expressive dance, drama, art sessions/exhibitions, photography/exhibitions and music sessions</li> <li>• Key findings from monitoring the activities provided will be used to improve activities if needed and decide our forward strategy</li> <li>• Work with local schools in the Coalfield Area through a targeted approach to promote the project and engage with hard to reach young people who are experiencing mental health issues and low levels of well-being</li> <li>• Washington Mind’s YPP is part of CAMHS Partnership, and has been involved in both the CAMHS Transformational Plan and Mental Health Chartermark, for which we also worked in partnership with Sunderland Youth Parliament(SYP)</li> <li>• Match funding of Counselling and other support</li> </ul>		

- **Total funding recommended for approval    £28,217**