

**Washington Area Committee SIB applications for funding**

**Application for the Time to Care Partnership**

<b>Name of Project</b>	Self Harm project
<b>Lead Organisation</b>	Washington Mind +

<b>Total cost of Project</b>	<b>Total Match Funding</b>	<b>Total SIB requested</b>
£60,000	£10,000	£50,000
<b>Project Duration</b>	<b>Start Date</b>	<b>End Date</b>
12 months	July 2016	June 2017

**The Project**

Washington Mind will lead the partnership, a coordinator will be recruited to take forward the work. Building on the work started following the Self Harm event held in February, all participants will be invited to be part of the pre-project working group. The group will meet to decide the requirements for the role, agree outcomes for the project, name the project and have the opportunity to help with recruitment.

Once the Coordinator is in post a key focus will be the development of the Washington Mental Health Alliance, bringing together the key partners from both voluntary and statutory sectors in the Washington area. The aim will be to maximise the use of the whole range of resources that we already have and ensure that this project adds value. Key elements of the project will be

- Coordinator recruited
- Working group established
- Training programme developed
- Online resources and young person friendly 'mobile app' which provides information on services to support the emotional wellbeing and mental health of services in Washington
- Support for Parents Group
- Peer support pilot

The project will meet the following outcomes:

- Co-ordinate and manage a partnership approach to deliver the proposed Time to Care Initiative
- Further develop the partnership, gathering data from partners with regards to committing to a Washington Time to Care Partnership together with partner's 'contributions' re resources, systems, referrals and information sharing, ensuring all partners committed to bringing everything together around the young person.
- Determine a way of working that will deliver and support a Washington Parents Support Network for parents and families of young people who self harm
- Develop a One stop shop approach for information sharing – identifying who does what, signposting to support resources – including online and social media.
- Develop a Mental Health Awareness and Self Harm training programme to include training and awareness raising for young people, parents and carers, teachers, GP's, Social Workers and Youth Workers, as well as support staff and volunteers in agencies and services
- Develop Mental Health Charter Mark and Mental Health Champions schemes/modules
- Implement a young person's Mental Health Ambassador Scheme - to include peer support and buddy systems (especially for those on waiting lists)

- Work with local organisations and providers to deliver 'interim support programmes' for those young people on the waiting lists
- Applications to evidence a collaborative bid to deliver the Time To Care initiative on behalf of the Washington Area Committee delivering early interventions, preventative programmes and support for young people who self harm and their parents/carers.

## **RECOMMENDATION TO APPROVE**