

West Sunderland - How we made a difference – highlights from 2016 / 2017

Our local priorities for West Sunderland were:

Improving the Environment and Green Spaces – mobilising communities to take sustainable action to support improvements and utilising green space to improve health and wellbeing
Improving the physical and environmental appearance of shopping centres and support establishment of Trader groups
Housing – enabling healthier homes
Ensure West communities benefit from the Tall Ships Races 2018
Influence delivery and design of Place based services devolved to area committee
Create healthy lifestyles through targeted activities, events and communication
Work in partnership with Sunderland Clinical Commissioning Group to reduce social isolation and mental health issues through prevention and improved communication
Develop activities for young people to reduce holiday hunger, encourage healthy lifestyles and improve their local environment
Support vulnerable communities to tackle poor health, worklessness and raise their aspirations
Develop and encourage partnerships between education and business and support West Enterprise
Work with the West Voluntary and Community Sector to ensure they are focused and enabled to strengthen their position and long-term delivery strategy
Influence delivery and design of People based services devolved to area committee

Our year in numbers

We approved £491,504 of projects during 2016/2017 to implement our local West priorities - supporting our own council departments as well as supplementing funding of partner agencies to improve services to the local community.

Supporting Holiday Hunger through targeted activities during school holidays	£60,000
West Event 2017 – focused on Science, Engineering and the Environment	£30,000
Safety Works Transport – provide the transport for all schools within the West to enable the children in years 6 and 8 to take part in preventative safety activities at the Safety Works training facility	£5,000
Walk and Talk – ward fund available to enable Councillors to be responsive to local issues as well as support communities to sustainably improve and maintain their local environment	£90,000
West Voluntary and Community Sector Network – premises energy efficiency programme	£100,000
West Community Led Local Delivery (CLLD) Support Programme	£60,000
West Youth Activities – to reduce Anti-social behaviour and improve community cohesion	£40,000
West Leaving Care project	£45,000
King George Playing Fields – lighting improvement scheme to reduce Anti-social behaviour	£12,925
Young People's Mental Health and Wellbeing	£48,579

We have also awarded 103 Community Chest grants to the value of £107,344 to 89 organisations. The average grant value is £1042.

Highlights

5000 local residents attended the West Area Road to Rio Event during 2016, plus 650 school children took part in free sports and healthy lifestyles activities

13 new businesses established via the West Enterprise project and **43** people currently registered for on-going support

12 Apprenticeships created raising the aspirations of our young people and supporting them into the world of work

42 people supported back into work or full time education or training via WIRES 2,

18 Green spaces improved and cleaned up, reducing derelict land and enhancing the environment

20 Healthy Lifestyles Change4Life clubs established across all West schools with **88** teachers trained to deliver Change4Life Clubs.

12 mental health support hubs established across all West schools, signposting young people to appropriate support, as well as activities being delivered across the West Voluntary and Community Sector network

41 volunteers trained to become West Mental Health Champions

14 Young People's Mental Health projects being delivered across the West, targeting support to our most vulnerable young people

6 West Community Helpers in place supporting our most vulnerable communities to move from crisis into structured support

1231 people supported to move out of crisis and into appropriate support, through the support of the six West Community Helpers

97 Community Groups supported through the West Voluntary and Community Sector Network to make a difference and improve people's lives

18 schools across the West attended Safety Works to ensure young people understand how their behaviour affects not only themselves but also their local community

£70,000 external funding secured for the Voluntary and Community Sector in the West of Sunderland

16 community venues supported to save energy, carbon emissions and reduce operating costs via the West Energy Efficiency Programme

20 West VCS organisations trained to enable them to offer advice and guidance to our most vulnerable residents, in relation to their rights for good quality housing - a healthy and safe home. To-date, **261** West residents have been briefed on their right to a healthy and safe home.