

5 DECEMBER 2016

**REPORT OF THE CHAIR OF THE AREA PEOPLE BOARD****East Sunderland Area People Board Progress Report****1 Purpose of Report**

- 1.1 In June 2016 the Local Area Plan's priorities associated with People were referred to the East Sunderland Area People Board to action on behalf of the Area Committee. This report provides an update on the work plan, as set out in **Annex 1**.

**2 Key Areas of Influence / Achievements**

- 2.1 Outlined below is a summary of the key areas of influence / achievements of the East Sunderland People Area Board up to 30 September 2016.

Area Priority	Progress Update		
Sustainable Transformation Plan  (Ref 1)	City Hospitals Sunderland NHS Foundation Trust and NHS Sunderland Clinical Commissioning Group attended the Area Board to present 'the path to excellence' which is the name given to the transformation programme for health and care in Sunderland and South Tyneside . This is the local health economy response to the overarching Sustainability and Transformation Plans (STP) which are being developed across a wide regional footprint. The plans set out how improving quality leads to better health and a better financial picture.		
	To achieve this a clinically led service review programme is being undertaken to look at the best service configuration to improve quality and ensure services continue to be accessed across Sunderland and South Tyneside within existing resources. All clinical services will be reviewed over the next two years through a number of defined phases.		
	Phase 1 Underway	Phase 2 October 2016 - March 2017	Phase 3 April 17 - September 2017
	Stroke	Pharmacy	Emergency Care
	Trauma & Orthopaedics - including Ortho-geriatrics	Anaesthetics & Theatres	Critical Care
	Obstetrics & Gynaecology	Cardiology	Acute Medicine
	General Surgery – including endoscopy	Gastroenterology	Therapy Services
	Paediatrics	Respiratory	Diagnostics
	Increasing delivery of elective work at STFT	Diabetes	
		Care of the Elderly	
		Specialist Rehabilitation	
	It is important that as many people as possible take the opportunity to understand the issues and get involved to ensure the best possible information is available to help make informed decisions. Over the coming		

	<p>months there are numerous ways to get involved and opportunities to give views. These are:</p> <ul style="list-style-type: none"> <li>• Sign up to My NHS via <a href="http://www.pathtoexcellence.org.uk">www.pathtoexcellence.org.uk</a> (the website contains all the information and documents, and will host links to surveys and registration for events once these become available)</li> <li>• Telephone 01912172670</li> <li>• In writing Path to Excellence South Tyneside and Sunderland, Care of: North of England Commissioning Support, Riverside House, Goldcrest Way, Newcastle upon Tyne, NE15 8NY.</li> </ul>
<p>Reduce demand on A&amp;E services, targeting substance misusers</p> <p>(Ref 1.2)</p> <p>Wear Recovery</p>	<p>In November 2016, Area Board received an update on Wear Recovery Sunderland Integrated Drug and Alcohol Service.</p> <p>Wear Recovery is a dedicated service for adults (18+) experiencing problems with drugs and alcohol. It was launched in July 2016. Support is tailored to help individuals through their recovery journey covering:</p> <ul style="list-style-type: none"> <li>i) Reducing harm by safer injecting support and needle exchange,</li> <li>ii) Abstinence programme provides group and community-based 12 step programmes,</li> <li>iii) Medical support, such as prescribing substitute medications and supporting detoxification programmes,</li> <li>iv) A dedicated Recovery Co-ordinator to motivate and support customers through every stage, and</li> <li>v) Supporting recovery by helping with employment, housing and health.</li> </ul> <p>The support is not time limited. Access to the service can be from a referral or by individuals contacting Wear Recovery directly. There are three hubs in the City, East's is based in Mary Street. Interpreters are available if required, along with access to other initiatives, for example motivation and interventions, changing problematic behaviour, family and friends support and peer support.</p> <p>Following the adult offer the Area Board received an overview on the council's YDAP service (under 18s), which is fully integrated into the Strengthening Families framework.</p> <p>Each area has a Team which delivers a mixture of non-structured and structured interventions. Non structured interventions includes education and advice; the risks of substances; staying safe; motivational work and short term specific pieces of work. The structured interventions covers access to medication; counselling techniques; reducing harm by developing young person's care plans, and if necessary, putting plans in place to make substance misuse safer.</p> <p>The Area Board appreciated the update and agreed to receive a future report.</p>
<p>Fancy a Day Out Scheme SIB</p> <p>(Ref 1.3)</p>	<p>A debrief session was held in October inviting all lead agents who were involved in the Scheme over the Summer of 2016 to identify lessons learned which could contribute ideas towards a 2017 scheme. It was noted that:</p> <ul style="list-style-type: none"> <li>1) There was a good response by the private sector in providing either free or heavily discounted food, this should be continued.</li> <li>2) The Council's School Meals Team enabled partners to get involved who did not have access to a kitchen or the capacity to provide a meal, by providing pack lunches. This service should be promoted.</li> </ul>

	<ol style="list-style-type: none"> <li>3) Training in Food Hygiene was provided by Area Committee, this was valued support. Expanding the training element to cover First Aid was recognised as good practice.</li> <li>4) Positive feedback was received in terms of the Scheme having a far greater impact on beneficiaries than just providing a meal.</li> <li>5) Social action increased.</li> <li>6) All sessions delivered were fun, educational and complemented with a nutritional meal.</li> <li>7) The reputation and profile of partners increased in their communities.</li> <li>8) Children and families have continued to engage with local community groups post scheme.</li> <li>9) Due to the support of the Area Committee, partners were seen as a trusted organisation.</li> <li>10) High numbers of grass roots community groups working in partnership.</li> <li>11) The scheme should continue throughout the six weeks.</li> <li>12) Having a combination of structure and some flexibility to the scheme was a successful way forward.</li> <li>13) Not labelling the scheme as 'holiday hunger' encouraged take up.</li> <li>14) Smarter thinking around scheduling activities was required e.g. times and days.</li> <li>15) Using a standard electronic template to collate data was adequate but could be improved to include contributions in-kind, number of volunteer, activity supported by groups, donations, etc.</li> <li>16) The targeted publicity campaign contributed to the scheme's success, but it was recommended that social media could be utilised further.</li> <li>17) Increase the formula from £2.70 to £3 per person, per activity.</li> <li>18) Continue the 'feed the family' approach, if appropriate.</li> <li>19) Provide all relevant terms and conditions of the grant up front to allow Partners to fully understand their commitment to the programme.</li> <li>20) Allow more time for planning, sharing good practice and resources.</li> </ol> <p>The Area Board are recommending to Area Committee that a £20,000 S.I.B. Call for Projects is carried out, with a detailed programme and funding request presented to the March 2017 Area Committee for consideration.</p>
<p>Community Connectors Hubs (SIB)</p> <p>(Ref 3.1)</p>	<p>In November 2016, the Area Board received an evaluation on the programme delivered during January to September 2016 which involved developing a ward hub and spokes model across the East area. Each of the hubs delivered several outputs which addressed area priorities. These are hosting ward networking meetings, providing room space to deliver services in the community and support existing or new activities which reduce social isolation, supporting people with disabilities and carers.</p> <p>The table below pulls together all the data gathered from performance reports into one section to allow members to assess how the project delivered against each output.</p>

Work Plan Outputs	Groups Engaged	Beneficiaries Involved
Ward Networking meetings	73	n/a
Free room hire	24	676
Reducing social isolation	38	804
Supporting people with disabilities	9	134
Supporting carers	6	138
<b>Total</b>	<b>150</b>	<b>1,752</b>

The Area Board recognised the difference each hub contributed towards the final totals based on the unique characteristics of the wards.

The list below identifies what work streams were the most successful, ranked in order these are:

1. Social isolation,
2. Network meetings,
3. Supporting people with disabilities,
4. Room hire, and
5. Supporting carers.

Using data collated and feedback gathered from hub leads and Area Board it was proposed that if the hub scheme was to continue into 2017 that new work streams could be added, for instance, working with young people, supporting volunteers and preparing for universal credit. Along with the budget being increased to £80,000 from £50,000.

In November 2016 a call for project workshop was held with members from the VCS Area Network to identify partners who were interested in delivering a 2017 hub scheme.

Each People Board Councillor was consulted upon the outcome of the workshop and are supportive of the funding proposal outlined in the area budget report. The Area Board are recommending that the environmental programme funding request of £80,000 S.I.B. is approved by Area Committee to deliver the Community Connectors Hub II 2017 model.

### 3. Recommendations

#### 3.1 Members are requested to:-

- (a) Note the East Sunderland Area People Board Work Plan, as set out in **Annex 1**.
- (b) Note the progress made against the Area Work Plan 2016 / 2017.

Annex 1                      East Sunderland Area People Board Work Plan 2016 / 2017

Background Papers                      East Sunderland Area People Board Agendas, Reports and Action List

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