

## **CABINET MEETING – 23 NOVEMBER 2016**

### **EXECUTIVE SUMMARY SHEET – PART I**

**Title of Report:** Commissioning of Children and Adolescent Mental Health Services

**Author(s):** Director of Children's Services

**Purpose of Report:** To seek Cabinet's approval in relation to proposals for the existing and future commissioning of children, adolescent mental health services within the City.

**Description of Decision:**

Cabinet is recommended to:

- a) Endorse and agree to the extension of the existing contract and funding arrangements for the Children and Adolescent Mental Health (CAMHS) for the period up to 31<sup>st</sup> March 2017;
- b) Agree to work in collaboration with the Sunderland Clinical Commissioning Group (SCCG) as the existing lead commissioner of CAMHS in Sunderland and other partners to undertake a review of the options for the future commissioning and delivery of these services; and
- c) Agree to receive a further report in due course for further consideration in relation to the outcome of this commissioning and service review and the proposed next steps.

**Is the decision consistent with the Budget/Policy Framework?** \*Yes/**No**

**If not, Council approval is required to change the Budget/Policy Framework**

**Suggested reason(s) for Decision:**

The existing contracts and funding arrangements for CAMHS have been in place for a number of years without a full service review being undertaken. This commissioning service review is now essential to ensure that the future commissioning and delivery model is up to date, addresses the right priorities and outcomes for these services and demonstrates value for money. In the meantime, a temporary extension of the existing arrangements with the SCCG (as the current commissioning partner) is required to ensure continuity of service provision whilst this review is undertaken.

**Alternative options to be considered and recommended to be rejected:**

The alternative option would be to not undertake the commissioning and service review and to continue with the existing arrangements for CAMHS. However this will not ensure the most effective method of delivering the service as it will not take into account updated service specification requirements, using existing resources across the council and partner agencies or the views of elected members, service users or the current needs assessment which will be produced as part of the review process. In addition, this approach would not ensure value for money. Therefore this option is not recommended.

**Impacts analysed:**

**Equality**

**Privacy**

N/A

**Sustainability**

N/A

**Crime and Disorder**

N/A

**Is the Decision consistent with the Council's co-operative Values? Yes/No**

**Is this a "Key Decision" as defined in the Constitution?**

**Yes/No**

**Is it included in the 28 day Notice of Decisions? Yes/No**

**COMMISSIONING OF CHILDREN AND ADOLESCENT MENTAL HEALTH SERVICES**

**REPORT OF THE DIRECTOR OF CHILDREN'S SERVICES**

**1. Purpose of the Report**

- 1.1 To seek Cabinet's approval to proposals for the existing and future commissioning of children, adolescent mental health within the City.

**2. Description of Decision (Recommendations)**

Cabinet is recommended to:

- (i) Endorse and agree to the extension of the existing contract and funding arrangements for the Children and Adolescent Mental Health (CAMHS) for the period up to 31<sup>st</sup> March 2017.
- (ii) Agree to work in collaboration with the Sunderland Clinical Commissioning Group (SCCG) as the existing lead commissioner of CAMHS in Sunderland and other partners to undertake a review of the options for future commissioning and delivery of these services; and
- (iii) Agree to receive a further report in due course for further consideration in relation to the outcome of this commissioning and service review and the proposed next steps.

**3. Introduction/Background**

- 3.1 The CAMHS has been in place for a number of years and was originally funded by a dedicated CAMHS grant. The ring-fenced funding grant came into the city in 2002 through a dedicated CAMHS grant.
- 3.2 In 2002 an Early Year's Mental Health Service (EYMHS) was also developed as part of the original Sure Start programme delivery which came into the city in early 2000. The service specifically focussed around infant attachment and effective parenting. Over the years this service has been reduced to meet reductions in funding.
- 3.3 In 2006 when the dedicated CAMHS ring fenced funding came to an end the local authority was required to pick up the service costs through its own budget and service delivery continued.
- 3.4 A formal process to pool budgets in 2012 led to £60k savings. In the summer of 2013 a decision was made to merge both services of CAMHS and EYMHS into a joint service specification with the wider CAMHS contract.

- 3.5 The CAMHS service is currently procured by the SCCG through a lead commissioner model on behalf of itself and the Council. As explained in Section 4 below, there are two current providers, South Tyneside NHS Foundation Trust (STFT) and Northumberland Tyne and Wear NHS Trust (NTW).
- 3.6 It was originally intended to complete a review of the approach to the commissioning and service delivery for CAMHS locally during the 2014/15 period. Unfortunately this has not been possible due to the local complexities with regard to children's services as well the publication of *Future in Mind: Promoting, protecting and improving our children and young people's mental health and wellbeing* (Department of Health 2015) which articulated national requirements in relation to CAMHS delivery and influenced the management and prioritisation of the wider CAMHS contract.

#### **4. Current Contract and Funding Position**

- 4.1 As explained above, the current contracts are managed by Sunderland CCG as lead commissioner and the existing providers are South Tyneside NHS Foundation Trust (STFT) and Northumberland Tyne & Wear NHS Trust (NTW).
- 4.2 The Council currently pays £147,870 per year for the Early Years Mental Health Services (EYMHS) contract which is provided by STFT. In addition, the Council contributes a further £302,697 per year towards the wider Tier 1 and Tier 2 CAMHS.
- 4.3 The EYMHS service is specifically to deliver a preventative and early intervention service to children birth to five years and their families which include the following:
- Social Baby Programme and Incredible Years (Early Years)
  - School Age Incredible years programme
  - Incredible Years Parenting programme
  - Friends programme
  - Assessment and child/family intervention work
- 4.2 The wider CAMHS supports the mental health needs of children, young people and their families with a range of mental health needs including:
- Behavioural difficulties including oppositional defiant and conduct disorders
  - Emotional difficulties including low mood, anxiety and depression
  - Attachment difficulties
  - Eating distress
  - Sleeping difficulties
  - Self-harm
  - Psychological distress relating to low self-esteem and self-worth; loneliness, sense of belonging; self-control; stress; bullying; sexuality;

relationship difficulties; bereavement and loss; family relationships; growing up/ independence; weight; and trauma.

4.3 A Children and Young Peoples Service (CYPS) is currently provided by NTW for children, young people and families with moderately severe mental health needs that cannot be met by universal or early intervention services. This service is funded by SCCG. This includes children and young people as follows:

- Who are or have been Looked After or accommodated including those adopted
- Who have been neglected or abused or are part of a child protection plan
- Who have a learning or physical disability
- Who have chronic, enduring or life limiting illness
- Who have substance misuse issues
- Who are homeless or who are from families who are homeless
- Who have parents with problems including domestic violence, illness, dependency or addiction
- Who are at risk of, or are involved in offending

## **5 Proposal for Commissioning and Service Review**

5.1 As explained above, it has been recognised for some time that a review of the commissioning and service delivery arrangements for CAMHS is essential in order to ensure that the commissioning and delivery model is up to date, addresses the right priorities and outcomes and demonstrates value for money

5.3 The initial review work undertaken to date has highlighted the following:

- There is a sense that the referral pathways are complicated potentially contributing to delays in children receiving a service.
- Performance information needs to be improved to demonstrate impact and value for money.
- There is no Section 75 agreement in place between the Council and SCCG.

5.4 It is now proposed to carry out a detailed review of the commissioning and delivery arrangements for CAMHS is undertaken in consultation with the Council's existing commissioning partner, the SCCG. The purpose of this review will be to consider both the existing arrangements and the potential alternative options to ensure that the future model is up to date, addresses the right priorities and outcomes for these services and demonstrates value for money.

5.5 On completion of this review, a further report will be presented to Cabinet seeking approval to the recommendations arising from this review and the proposed future commissioning and delivery arrangements for CAMHS.

- 5.6 Whilst this review is undertaken, it will be necessary to extend the existing contract and funding arrangements for CAMHS (as described in Section 4) to ensure there is continued service provision during this period. A Section 75 agreement will be put in place between the Council and SCCG to cover this contract period.

## **6. Financial Implications**

- 6.1 The cost of the Council's funding contribution to CAMHS during the period from 1st April 2016 to 31st March 2017 is £450,567 (CAMHS £302,697 / EYMH £147,870) and is contained within the current budget.

## **7. Legal Implications**

- 7.1 All new procurement processes arising from the commissioning and service review will be carried out in accordance with the relevant requirements of The Public Contracts Regulations 2015 and the Council's own Procurement Procedure Rules. The proposed temporary extension of the existing contract and funding arrangements will be implemented in accordance with their existing terms and conditions and shall be for a proportionate and necessary period only to ensure continuity of service provision during the interim period.

## **8. Reasons for the Decision**

- 8.1 The existing contracts and funding arrangements for CAMHS have been in place for a number of years without a full service review being undertaken. This commissioning service review is now essential to ensure that the future commissioning and delivery model is up to date, addresses the right priorities and outcomes for these services and demonstrates value for money. In the meantime, a temporary extension of the existing arrangements with the SCCG (as the current commissioning partner) is required to ensure continuity of service provision whilst this review is undertaken.

## **9. Alternative Options**

- 9.1 The alternative option would be to not undertake the commissioning and service review and to continue with the existing arrangements for CAMHS. However this will not ensure the most effective method of delivering the service as it will not take into account updated service specification requirements, using existing resources across the council and partner agencies or the views of elected members, service users or the current needs assessment which will be produced as part of the review process. In addition, this approach would not ensure value for money. Therefore this option is not recommended.

## **10. Relevant Considerations/Consultations**

- 10.1 Consultation with all relevant stakeholders will be undertaken as part of the whole commissioning and service review.

## **11. Impact Assessments**

- 11.1 An equality impact assessment will be undertaken as part of the service review process.

## **12. Background Papers**

<https://www.gov.uk/government/publications/improving-mental-health-services-for-young-people>