

**At a meeting of the SHADOW CHILDREN, EDUCATION AND SKILLS SCRUTINY COMMITTEE held in the CIVIC CENTRE, SUNDERLAND on THURSDAY 28<sup>th</sup> APRIL, 2016 at 5.30 p.m.**

**Present:-**

Councillor D. Dixon in the Chair

Councillors MacKnight, Gallagher, O'Neil, Waller and Waters together with Mrs A. Blakey and Mr S. Williamson.

Also in attendance:-

Councillor N. Wright, Chairman Scrutiny Committee  
Councillor L Scanlon

Ms Karen Brown, Scrutiny Officer,  
Ms Ann Goldsmith, Interim Director of Children's Services,  
Mr David. Noon, Principal Governance Services Officer,  
Mr Alan Rowan, Business Relationships and Governance Manager.

**Apologies for Absence**

Apologies for absence were submitted on behalf of Councillor Francis and also on behalf of Ms R. Elliott

**Minutes of the last ordinary meeting of the Shadow Committee on 17<sup>th</sup> March, 2016 and of the extraordinary meeting held on 30<sup>th</sup> March, 2016**

Mr Williamson referred to the meeting held on 17<sup>th</sup> March with particular reference the item in respect of the SEND Local Offer. He advised that his concerns that Local Authority funding was being wasted (as while ASD places were full, those in respect of language were not) had not been recorded in the minutes. He recalled that Ms Parr had replied that the matter was being investigated and it was possible that language could be modified from 3 provisions to 2.

1. RESOLVED that subject to the above, the minutes of the of the last ordinary meeting of the Shadow Children, Education and Skills Scrutiny Committee held on 17<sup>th</sup> March, 2016 and of the extraordinary meeting held on 30<sup>th</sup> March (copies circulated), be confirmed and signed as correct records.

**Declarations of Interest (including Whipping Declarations)**

There were no declarations of interest made.

## **Pupil Place Planning 2016**

The Interim Director of Children's Services submitted a report (copy circulated) which:-

- i) provided an overview of the pupil place planning process used to project the requirement for school places in Sunderland,
- ii) set out the Council's key legal duties relating to pupil place planning, and
- iii) detailed the methodology used to project the demand for school places and an indication of need across the city in future years.

(For copy report – see original minutes).

Alan Rowan, Business Relationship manager provided a lengthy commentary on the report and addressed questions and comments thereon.

Mr Williamson referred to paragraph 6.4 of the report which stated 'In previous years the key difference between the admissions criteria of schools has focused on faith, with Catholic and Church of England schools identifying relevant baptism as the key admissions criteria.' He questioned whether this was the case as it was his understanding that Church of England schools in Sunderland no longer did so. In fact Church of England schools actively encouraged against the use of faith as a criterion as their schools were set up to serve their area as a whole.

Mr Rowan replied that he believed that one Church of England school still adopted such a criteria however he would check and advise the Chair and Mr Williamson accordingly.

(Mr Rowan subsequently confirmed that Mr Williamson had indeed been correct and that the last remaining C of E criteria featuring faith was changed for the current academic year)

With regard to paragraph 7, Mr Williamson commended Mr Rowan and Sunderland for their use of local data on which to base their calculations. He had first-hand experience of the problems caused in other areas by local authorities using national averages as a starting point.

Mr Williamson referred to paragraph 3.1 in respect of the increased demand for specialist school places from children on the Autistic Spectrum (ASD) at both primary and secondary level which had created significant pressure on local institutions. He believed that the point should be made to the Regional Schools Commissioner that she must take ASD into account in respect of the allocation of school funding, makes more places available for children with ASD and the funds the establishment of these places. The Chairman concurred and advised he seen the pressure that Barbara Priestman school was under and the anguish of the parents of ASD children who were unable to access the support they required. Mr Rowan stated that in an ideal world he could commission and fill 30 ASD places tomorrow. Mrs Blakey advised that the system placed so many obstacles in front of people that the child and its family did not receive the support they needed. Mr Rowan stated that Sunderland was very lucky to have such excellent schools in providing the support that they did.

Councillor Norma Wright stated that she found this aspect of the report very worrying. She relayed her personal experience of supporting a couple in her ward

who had fought long and hard to gain access to services for ASD. It was her opinion that people with ASD were not well served by the City of Sunderland and that this was something that Scrutiny should look at.

Mr Rowan having concluded his report, Mr Williamson congratulated him on his honest presentation of what was a difficult area and the debate it had engendered. The item had been generated by Scrutiny's approach to Neil Revely and was an indication of the teeth that the function possessed.

There being no further comments or questions for Mr Rowan the Chairman thanked him for his attendance and it was:-

2. RESOLVED that the report be received and noted:-

### **Improvement Plan – Monitoring Progress.**

Ms Goldsmith presented for members information, a copy of a report submitted to the Children's Services Intervention Board which detailed the key areas of progress since its last meeting.

(For copy report – see original minutes).

In response to Ms Goldsmith's update Councillor Gallagher contended that one of the major issues that impinged on the ability of social workers to manage a case load was the removal of their support staff. Ms Goldsmith replied that these posts had been restored.

In response to enquiries from Councillor Gallagher and the Chair in respect of recruitment, Ms Goldsmith advised members that the current focus was on filling the existing vacancies and trying to get agency staff to transfer to permanent positions. Going forward there would be an emphasis on workforce development and creating an environment where social workers could succeed. With regard to the current permanent staff, the number being retained was good. However almost 50 new permanent posts had been added to the establishment therefore until these could be recruited to on a permanent basis agency staff would continue to fill the void. The target was to fill these posts permanently at a rate of 10 per month however this was currently running at two per month. The authority was currently looking at how and where it advertised in an effort to speed up the process. It was apparent that recruitment had not been addressed proactively in the past. With regard to appointing the extra social worker managerial posts it was envisaged that this would be completed within 18 months.

With regard to accommodation for care leavers, Councillor MacKnight did not believe that the YMCA was a suitable placement for Sunderland's children. Ms Goldsmith replied that the YMCA had changed their focus, had tightened up on their criteria and now met the standards required as providers of accommodation for care leavers. There was no doubt that a range of provision was required and the Council was also looking at supported lodging for leavers.

The Chairman reiterated that the voice of the child must be heard throughout the process. Ms Goldsmith concurred stating that young people had to be given the opportunity to be heard and expect that their concerns would be addressed.

Councillor Norma Wright referred to the following two priorities where the timescales for some actions had not been met:-

‘Priority 3.20 - We have not yet managed to establish a Family Group conference service although models in use elsewhere are being reviewed.’

‘Priority 7.9 - (Procure and implement a new electronic social care recording system which enables effective case recording and data sharing and provides appropriate management information). The timescale for the development of the specification has been delayed and will now be completed in May.’

With regard to priority 3.20 she asked how long would it take to fulfil and in respect to priority 7.9 when would the upgraded system finally be up and running?

Ms Goldsmith advised that the Family Group Conference service would be located within the Early Help service. Simone Common the Council’s Head of Community and Family Wellbeing had been to view the operation of similar models in other authorities such as Leeds. The Service was currently at the stage of establishing job descriptions. With regard to priority 7.9 there had been a very challenging procurement process, the result of which would be known by the end of May. Both of the potential providers had indicated that there would need to be a 12month implementation programme however it was hoped that this could be negotiated downwards.

With regard to the statement in the report that ‘the standard of accommodation provided to care leavers was now good’ Councillor Wright stated that she still had some concerns and would like to see it improved. Ms Goldsmith advised that the service was encouraging as many young people to stay put with their foster carers for as long as possible. For those leaving residential care they may go into semi-independent living in order to build confidence. The greatest concern revolved around those young people who were in care placements that had broken down. Accommodation for care leavers sat in a range of different places and it was all about finding the right place to meet the needs of the young person. The Council would only put a young person in accommodation that was safe and with an improving quality of support. The use of the word ‘good’ was a relative term, however the standard in Sunderland was now a lot better than in many other local authorities.

Councillor Wright noted that Ms Goldsmith was leading the improvement journey for Children’s Services and asked if she felt that Sunderland was now in a better position than it was previously. Ms Goldsmith stated that it was definitely in a better position than last year however it would be difficult to have been worse. She advised that although improvement was being made her major worry was that it was not consistent. She was not therefore at a stage where she could feel satisfied yet. One child failed was one child too many.

Councillor Gallagher referred to the old system where there were regular member inspections of establishments to meet staff. She believed it was a system that worked and that it should be reinstated. Ms Goldsmith advised that there were

currently no plans to do so as the focus remained on make sure the service was safe first.

Councillor Wright reiterated the point that Scrutiny had repeatedly asked to meet with social workers and have the ability to follow example cases from start to finish. Members had also asked to be able to meet with some of the looked after children outside of the formal committee setting and had asked that investigations be undertaken to find a mechanism that would allow them to do so.

There being no further comments or questions for Ms Goldsmith the Chairman thanked her for attendance and it was:-

3. RESOLVED that subject to the above comments the report and presentation be received and noted.

### **Notice of Key Decisions**

The Head of Scrutiny and Area Arrangements submitted a report (copy circulated) providing Members with an opportunity to consider those items on the Executive's Notice of Key Decisions for the 28 day period from the 11<sup>th</sup> April, 2016.

(For copy report – see original minutes).

4. RESOLVED that the Notices of Key Decisions be received and noted.

### **Annual Work Programme 2015/16**

The Chief Executive submitted a report (copy circulated) attaching for Members' information, the work programme for the Shadow Committee's work being undertaken during the remainder of the 2015/16 council year.

(For copy report – see original minutes).

5. RESOLVED that the information contained in the work programme be received and noted.

The Chairman then closed the meeting having thanked Members and Officers for their attendance and contributions to the meeting.

(Signed) D. DIXON,  
Chairman.

## **CHILDREN EDUCATION AND SKILLS SCRUTINY COMMITTEE**

### **PARTICIPATION AND ENGAGEMENT – PROGRESS REPORT**

#### **REPORT OF THE DIRECTOR OF PEOPLE SERVICES**

##### **1. Purpose of Report**

- 1.1 To inform members of the progress being made with regard to the participation and engagement of children and young people in Sunderland and to outline areas of development and emerging issues.
- 1.2 To consider the opportunities available for members to be involved in participation and engagement of children and young people.

##### **2. Background**

- 2.1 The vision of the participation and engagement framework is that all children, young people and their families have the opportunity to actively participate in the decisions that affect their lives, in the delivery of the services they receive, and in the development of the policies that impact on them.
- 2.2 In terms of Participation and Engagement Team Staffing, there are currently: P& E Lead Post – 32 Hours, Senior Youth Worker – 22 Hours, Youth Worker 5 Hours for City Equals (Youth Services), Viewpoint Officer – 18 Hours. A request has been made for a full time social care engagement officer.
- 2.3 Participation and Engagement Framework covers the participation and engagement of all children and young people aged 0- 25 and their families. The purpose of the framework is driven by a series of articles within the United Nations Conventions on the Rights of the Child (ratified by the government in 1991). Article 12 states that every child has the right to express their views and to have these views given due weight in all matters affecting them.
- 2.4 There are currently five existing participation and engagement groups; Sunderland Young Inspectors, Sunderland Youth Parliament, Change Council, City Equals and Children's Trust Advisory Network. Although they are not directly supported by Sunderland City Council, involvement of young carers and the EYE group (young people who have experienced mental health) is also standard practice. Sunderland City Council is in the process of currently supporting the development

of a forum/support group for LGBT+ young people.

- 2.5 The amount of dedicated resource to participation and engagement is relatively small, however work is supported by input from workers from across the directorate and beyond. A system of Engagement Champions is in place, to support the embedding of participation and engagement, however this is an add-on to their current role. (see appendix 1 for group).

### 3. Participation and Engagement Groups

Group Name	Members (June 2016)	Meetings	Main Topic of Work	Outcomes (Jan-May 16)
Sunderland Youth Parliament	22 Age 11-19	Every wed 4.30-6.30	Campaign: Mental Health  Action Plan	<ul style="list-style-type: none"> <li>• Creation of an mental health charter mark for schools-supported by the Director of Education</li> <li>• Trained in mental health wellbeing to support other young people within school settings</li> <li>• Trained in a life worth living</li> <li>• MYP Elections</li> <li>• Attendance at BYC regional events</li> <li>• Completed Youth Leadership Programme (3 YP)</li> </ul>
Change Council	11 Age -11-21 (currently have young people 13-18)	Core Group – Monthly Wed 4.45-6.45  Sub-groups – as and when  CPB - quarterly	Campaign: Challenging the stigma of children in care  Action Plan	<ul style="list-style-type: none"> <li>• Regional Conference development – 2YP</li> <li>• 3 Tall Ships Ambassadors</li> <li>• Accommodation Interactive presentation for care leavers</li> <li>• Re-branding of change council</li> <li>• Challenging stigma telling their story on SUN-FM</li> <li>• Involved in foster carer training</li> <li>• Working with pledge buddies</li> <li>• Working with CREO re challenging the stigma.</li> <li>• 1 YA winner.</li> </ul>
CTAN	14 Age 11-19 (up to 25 with LDD)	Monthly – Tuesday 4.30-6.30	Requested service  Currently being reviewed as part of CSP*	<ul style="list-style-type: none"> <li>• Working with Sunderland People's First re bullying</li> <li>• Working with Gary Hetherington re CSE</li> <li>• SSCB Development</li> <li>• Cultural Partnership</li> </ul>

			Action plan	<ul style="list-style-type: none"> <li>• Reviewing the development of the CSP</li> </ul>
Sunderland Young Inspectors	17 (includes 6 newly trained YI)  Age 13-19 (up to 25 with LDD)	Bi-weekly  Tues/Thurs for report meetings  Inspections as and when needed	To carry out mystery shops and inspections as and when required	<ul style="list-style-type: none"> <li>• Review inspections of the 3 connexions buildings</li> <li>• Mystery shops of everyone active establishments</li> <li>• Feedback to the directors of Everyone active</li> <li>• Full Inspections of all commissioned youth projects as part of their contract management</li> <li>• GP You're welcome inspections</li> </ul>
City Equals	3  Age 14-25	Every Wed 4.30-6.30	Championing for children and young people with a learning difficulty or disability	<ul style="list-style-type: none"> <li>• Development of a drama to support YP with regards to a EHC plan</li> <li>• Consulted on the transport reform and supporting independent travel</li> <li>• Recruitment drive</li> <li>• 1 Tall Ship Ambassador</li> <li>• 1 YP trained as a Youth Leader</li> <li>• Involved in the interviewing of the CE of THFC.</li> </ul>
LGBT+ Forum/ Support Group- NEW*	7 young people are supporting the development	TBC	To give support to young people who identify as LGBT in the city.	Currently visiting similar projects in other authorities to see how they do it?  Supported by the youth service and anti-bullying co-ordinator.

## 4. Viewpoint

4.1 **Viewpoint** has been used in Sunderland for a number of years and has always sat with the IRO team. The viewpoint officer moved to the participation and engagement team in March 2016.

Viewpoint is a computer assisted interviewing tool. Some Looked After children complete their questionnaires independently on-line but the majority are visited and supported 1:1 by the viewpoint officer.

After a Viewpoint visit the reports generated are sent by post to the child and by email to the Independent Reviewing Officer (IRO) and Social Worker (SW). Additional comments and observations are included in the emails. Anything of concern is brought immediately to the attention of the IRO and SW. The child's views and the information gathered are then considered at the Looked after Review.



- 4.2 In 2014-2015 90 individual children gave their view. Some children gave their views twice in the period.
- 51 were fostered within the local authority area.
  - 27 were fostered outside the local authority area
  - 9 were in kinship care
  - 3 were in residential care outside the local authority
- 4.3 Viewpoint will also be used with foster carers as part of their annual review. Foster Carers normally fill in a paper questionnaire in preparation for their Annual Reviews. This has been carefully reviewed and brought up to date and made available on line. The advantage of completing the questionnaire on line is that we can produce very detailed statistical reports that will inform the Carer's review and the Fostering Service as a whole. Foster Carer's will receive their printed report. At the same time foster carers are doing their annual review young people will also be asked to complete a viewpoint with regards to placement. Barring unforeseen delays the questionnaire will be available on-line in July.
- 4.4 The viewpoint officer is also working alongside the commissioning team to ensure we hear the voice of young people who are placed out of area with regards to their placement.

## **5. MOMO (Mind of My Own)**

- 5.1 Sunderland launched **MOMO** in November 2015. We have purchased the use of the app for 3 years.

MOMO enables young people to create a structured statement of their views in relation to events and situations they encounter while in care or receiving support from social care services. This could include Looked After Children (LAC) reviews, Personal Education Plan (PEP) meetings, In Need Reviews, Child Protection Conferences, Family Group Conferences, Pathway Planning, Requesting a change to care, raising a problem or complaint or making a disclosure.

- 5.2 In Sunderland we currently have over 35 people trained in MOMO, including IRO's Social Workers, Residential Staff, Virtual School and Foster Carers. MOMO is a simple tool to use and was reviewed by young people from change council before we commissioned the service.
- 5.3 Sunderland had a great start to the use of MOMO, above what was initially expected. However since February MOMO statements appear to have fallen and this was down to the inadequate equipment staff had. This issue is currently being resolved. To remind staff about the use of MOMO an email will be sent to all staff and a reminder email will be sent to all MOMO champions within teams.

- 5.4 To ensure that all young people know about MOMO a letter will be sent along with some post cards and fact sheets to children and young people eligible to use MOMO.
- 5.5 From 20/11/15- 30/03/16 in Sunderland:
- 46 statements have been created and sent;
    - 5 complaints
    - 21 preparing for meetings, typically child in care review
    - 7 change statements
    - 2 pathway plan statements
    - 11 conference statements
- 5.6 In phase 1 of the implementation of MOMO, young people could only choose to send their statement to their social worker or IRO, as we move into the next phase (July 2016) we will extend their audience to include the complaints manager and the virtual school.

## **6. Advocacy**

- 6.1 Independent Advocacy for looked after young people, care leavers and other users of Children's Social Care Services during 2014-2016 has been provided under a contract with the National Youth Advocacy Service (NYAS).
- 6.2 The advocacy contract commences from 1<sup>st</sup> August 2014 for a period of 2 years. An extension has been agreed for a further 12 months.
- 6.3 NYAS provides the service 52 weeks of the year, with an accessible website including contact through a Freephone telephone and call back service Mon-Fri 8am-8pm Sat 10am-4pm, an email service and Freepost (also a message service outside these hours). Children and young people can self-refer and there is a professional referral form than can be completed through the website. There is also a confidential online chat service from 9am-5pm for children and young people.
- 6.4 Allocation of advocates continues to be well within the 3 working days of referral as required in the service specification and usually within 24/48 hours (please see attached information for Jan-March 2016). The Commissioning Officer has worked with internal services and the provider to ensure that access to Advocacy is promoted.
- 6.5 The Advocacy Monitoring Group for this contract has been inconsistent due to internal staff changes. The Participation and Engagement Lead from Feb 2016 will act as the operational lead and will attend regular meetings in relation to the commissioned service.
- 6.6 From 1<sup>st</sup> August 2015 to 31<sup>st</sup> May 2016, 23 individual young people have accessed the Independent Advocacy service with 26 referrals in total including 3 young people have used the support more than once.

Issue	Number	Issue	Number
Placement	5	School	0
About Local Authority or social worker	4	Complaint	5
		LAC review	1
Family contact	7	CIN meeting	2
Child Protection meeting	1	SEN issue	0

## 7. Recruitment and Selection of Staff

- 7.1 Children and young people have been involved in the **recruitment and selection of staff** from social workers to senior members of staff, involving children and young people in training of foster carers and staff training.
- 7.2 Services can involve children and young people in recruitment and selection at any stage. The recruitment and selection process consists of several stages where children and young people could have the opportunity to become involved.

## 8. Celebration Events

- 8.1 The participation and engagement lead is responsible for the co-ordination of the annual **Young Achievers Awards** since Jan 2014. The Awards ceremony has been in existence for 22 years.
- 8.2 Young Achievers is financially supported by a range of sponsors; this has drastically reduced over the past years and has left a shortfall in 2015 and 2016. After discussion with the Executive Director of Enterprise Development we have been in contact with Sunderland Live to look at whether they can help with regards to the sponsoring of the event.
- 8.3 Sunderland had a history of different celebration events, one of the events that no longer takes place is the shout about it awards which was specifically for children and young people in care or leaving care. Work is currently being undertaken around re-developing this event with the Head of LAC and Change Council.

## 9. National Participation and Engagement

- 9.1 There exists a positive and robust relationship with the **Office of Children's Commissioner**, which is a national organisation which promotes the rights of England's children and young people.
- 9.2 Sunderland has now been involved in **Takeover Day** since 2010. In 2014 year we had over 230 young people involved in activities in the city. Sunderland was recognised as a 'Super Ambassadors' in 2014. However due to capacity in 2015 we only had 50 young people take part across the board.

- 9.3 Two of Sunderland's looked after children have been down to the office to review the website that will promote the UNCRC. This is now live and for people to view.  
<http://www.childrenscommissioner.gov.uk/about-us/childrens-rights-and-uncrc>
- 9.4 We are a member of the **British Youth Council (BYC)**. BYC are responsible for the annual sitting which takes place each summer for our elected Members of Youth Parliament, arranges the annual debate in the House of Commons and organise 3 regional conventions per year.
- 9.5 As part of our BYC membership this year we managed to secure another 6 spaces to train our young people as youth leaders. The Youth Voice Leadership Development Programme is a programme of seven tailored training courses that support young people to be successful youth voice leaders in their community. We now have 12 youth leaders across the groups.

## **10.0 Commissioning Arrangements**

- 10.1 Service User engagement is a '**commissioning standard**' and is a requirement for all services. Guidance notes are available to support the involvement of children, young people and their parent/carers in this process. A commissioning officer has also been identified as a Participation and Engagement Champion.
- 10.2 Children and young people have been involved in reviewing contracts such as advocacy and the youth services. Young people were also instrumental to the commissioning of Healthwatch.

Action: In the coming month's children and young people will be more involved in the recruitment and selection of foster carers, the quality assuring of looked after children's placements, reviewing the independent visitor's contract and involved in the review of services for children and young people with disabilities.

## **11.0 Participation and Engagement Champions**

- 11.1 The People's Directorate has nominated **participation and engagement champions (appendix 1)** for children and young people who support and inform their own team areas to ensure young people's voices are heard and embedded within their services.
- 11.2 Participation and engagement has been monitored and reviewed by adopting the Hear by Right self-assessment tool in the past. The tool is not as relevant to participation and engagement in Sunderland as we have hoped so a task and finish group has been created from P & E champions and will meet in early March.
- 11.3 Sunderland has created a '**What's Changed**' Tool in April 2015 to monitor, review and evaluate participation and engagement work. We

are committed to measuring what's changed as a result of participation and engagement. This enables the city council to track the impact of participation and engagement work and to what extent it has had over influencing decision making. Champions will be responsible for updating this for their areas.

## **12. Other activities**

12.1 *Participation and Engagement Lead* engages and offers support within the people's directorate and externally to partners including;

- MALAP and Health MALAP
- Children's Strategic Partnership
- Shadow Improvement Board
- CAMHS Partnership
- SSCB participation sub group
- Inter-agency Disabled Partnership Group
- The Carers Centre – voice of young carers.
- Engagement with the vibrancy partnership to ensure children and young people are involved in the future of Sunderland.
- CYP-IAPT – Children and Young People – Improving Access to Psychological Therapies Programme – asked to support the meaningful involvement of children and young people in it development
- Anti-Bullying Charter Mark – support and attend Anti-bullying conferences around the voice of the child
- Primary and Secondary School Councils – attend school council or voice meetings to ensure meaningful participation and offer advice and guidance
- City of Culture bid – focussing on Tall Ship Ambassadors and recruitment

### *Workforce Development*

12.2 The partnership and engagement lead works in partnership with the **Workforce Development Team** to strengthen and engage more young people in the recruitment of social workers in Universities and training programme. Over the next 12 months we want to develop an e-learning tool for all staff around participation and engagement and the voice of the child.

## **13.0 Budget**

13.1 Participation and Engagement hold a budget of approx. £8,500 for all participation and engagement activities **excluding** Change Council. Social Care has a statutory budget for Change Council this sits with Sheila Lough.

## **14 Recommendation**

- (i) The Committee is asked to consider the progress being made in terms of participation and engagement of children and young people in Sunderland;
- (ii) To consider the opportunities available for members to be involved in participation and engagement of children and young people.

## **Appendix 1**

### **Participation and Engagement Champion Group**

#### **Remit of the group**

- To act as the lead for participation and engagement within their service area/team
- To embed participation and engagement into their own service area/team and ensure staff have a clear understanding of the UN convention on the rights of a child.
- Ensuring their team always considers how services can be more effectively developed through engaging service users in design, delivery and evaluation of services.
- Ensure all staff actively engage and consult with children, young people and parent/carers in decision-making process that impact upon them and the services they access.
- To attend training to help support and embed participation and engagement of children, young people and their parent/carers in service development and delivery.
- To contribute to and review existing resources dedicated to the development of participation and engagement and take action to identify existing resources to pool and develop collaborative working as and when needed
- To complete and return an annual 'self-assessments' or 'what's changed tool'
- To act as a MOMO app champion within their service area.
- To receive reports and updates from services and organisations in relation to participation and engagement of children, young people and parent/cares and share with team
- To publicise and promote this work to young people, their families, the wider community and services across Sunderland in team meetings and in other appropriate networks.

#### **Frequency of meetings**

- Quarterly Meetings

- Proposed dates for 2016:

**17<sup>th</sup> March 2016: 9.30-11.30 CR2 Civic Centre**

**9<sup>th</sup> June 2016: 9.30-11.30 CR3 Civic Centre**

**8<sup>th</sup> September 2016: 9.30-11.30 CR3 Civic Centre**

**8<sup>th</sup> December 2016: 9.30-11.30 CR3 Civic Centre**

- Meetings will take place at **Civic Centre, Sunderland**

### **Membership (Jan 2016)**

Membership is broadly based including representatives from the following organisations:-

<b>Service</b>
Disabilities
Connexions
Youth
Safeguarding – permanence team
Social Care Team Leader– change council/ LC
Safeguarding – SSCB
Workforce Development
Anti-Bullying
Safeguarding- YOS
Parenting
CAF and Children’s Centres
Health
Early Years
Parent Partnership
Social Worker – CP
Carers Centre
CYPS
Fostering
Commissioning
Adoption
Communications
Children’s Homes
Youth Voice

### **Representatives need to:**

- Attend quarterly participation and engagement meetings to share good practice
- Identification and recruitment of children. Young people and parent/carers who may want to become more involved in participation and engagement opportunities within their service
- Where possible to appoint a deputy to attend in their absence



**Time Commitment- Annually**

- Meeting four times a year – 8 hrs
- Request for support throughout year – 4 hours
- Information sharing – 2hrs

To embed participatory practice in Sunderland we need to action the following priorities:

<b>Objective 1 – Ensure that ALL children and young people have the opportunity to have their voices heard by increasing participation and engagement activity</b>				
<b>Priority</b>	<b>Action</b>	<b>Outcomes/Measures</b>	<b>Timescale</b>	<b>Lead</b>
1. Agreement and implementation of the updated framework	<ul style="list-style-type: none"> <li>To gain approval of and sign up to the framework.</li> <li>To ensure that the framework is integrated with the key Children's Services planning mechanisms</li> <li>Engage Children and Young People in review, priority setting and monitoring of the C &amp; YP Participation Framework</li> </ul>	<ul style="list-style-type: none"> <li>Framework revised, approved and published.</li> <li>Framework if embedded in service delivery.</li> </ul>	July 16	P & E Lead
2. Establish participation standards for all services to ensure children, young people and their families are systematically and routinely involved in decision making	<ul style="list-style-type: none"> <li>Develop appropriate mechanisms for involvement of 0-5, 5-12 and 13+ age groups and parent/carers in each area</li> <li>An overall structure providing a range of formal opportunities for children and young people to participate is agreed and developed (see attached P &amp; E groups)</li> <li></li> </ul>	<ul style="list-style-type: none"> <li>Number of young people participating</li> <li>Range of young people involved in participation opportunities.</li> <li>Age range of children and young people</li> <li>Cascading of information</li> <li>Children and young people feel involved in the decision making in Sunderland.</li> </ul>	Completed (to be revised by SMT)  See Attached standards	P & E Lead
3. Develop multi-agency training package for staff, volunteers, children and young people, parents/carers	<ul style="list-style-type: none"> <li>Identify and analyse good practice across SCC and in other organisations</li> <li>Training package to be designed and delivered</li> <li>Support Materials to be produced</li> <li>Children and Young People to be involved</li> <li>Identify external funding bid and apply</li> </ul>	<ul style="list-style-type: none"> <li>Children and young people to support the creation of a training pack for staff and volunteers</li> <li>Children and young people to lead on applying for funding bids.</li> <li>A toolkit is created in collaboration with young</li> </ul>	On-going	P & E lead/ Workforce Development

	<ul style="list-style-type: none"> <li>A toolkit for practitioners</li> </ul>	people outlining the processes and activities needed for effective participation		
4. To support, develop and empower the children in care council known as the Change Council.	<ul style="list-style-type: none"> <li>Increase the membership of the current children in care council</li> <li>To look at identifying a separate forum for, care leavers and look at how we engage with children and young people in external placements (p.83 OFSTED 2015)</li> <li>Create a virtual world of LAC and LC young people</li> <li>Create more opportunities for young people to get involved in decision making</li> <li>Ensure children and young people have direct input into CPB</li> <li>Ensure all pledges are matched to a young person, senior officer and councillor.</li> <li>Identify staff support to support CC and a care leavers group.</li> <li>Create a virtual world for LAC and LC</li> </ul>	<ul style="list-style-type: none"> <li>Number of LAC and Leaving care young people attending change council/ change council+ (p.121 OFSTED 2015)</li> <li>Number of young people in external placements that have been involved in decision making</li> <li>Feedback at CPB regarding pledges</li> <li>Number of young people attending CPB</li> <li>Change Council Action Plan</li> <li>Completion of virtual world, feedback and access</li> </ul>	<p>Annually</p> <p>Sept 16</p> <p>Quarterly</p> <p>On-going</p> <p>Completed ?</p>	<p>P &amp; E Lead</p> <p>Head of LAC</p>
5. Embedded Sunderland Young Inspectors into service delivery and evaluation	<ul style="list-style-type: none"> <li>Increase the number of initial and review inspections carried out by young people</li> <li>Identify an award for services or organisations who are inspected by young people.</li> <li>Commission out Sunderland Young Inspectors training</li> <li>Commission SYI to other providers and organisations.</li> </ul>	<ul style="list-style-type: none"> <li>Number of Inspections carried out by SYI</li> <li>Number of changes made on SYI recommendations</li> <li>Buy in of SYI training</li> <li>Requests</li> <li>Annual Plan</li> </ul>	On-going	<p>P &amp; E Lead</p> <p>Public Health Lead</p>

6. To continue support and develop and empower Sunderland Youth Parliament and City Equals.	<ul style="list-style-type: none"> <li>Strengthen the role of SYP with schools and academies</li> <li>Ensure the voice of disabled children and young people are heard</li> <li>Ensure participation and engagement meetings are accessible to young people with particular needs, whether physical, cultural or emotional.</li> <li>Training and mentoring for young people involved in the participation and engagement groups</li> </ul>	<ul style="list-style-type: none"> <li>Number of disabled children and young people involved in decision making</li> <li>Number of changes made as a direct result of the input from children and young people</li> <li>Annual report/ work plan for each P &amp; E group.</li> <li>Number of active young leaders</li> <li>Number of additional training qualifications and opportunities young people have received</li> </ul>	On-going	P & E Lead  Senior YW  BYC  Director of Education
7. To identify the role of the current CTAN group into the CSP and SSCB advisory network	<ul style="list-style-type: none"> <li>Increase the membership of the advisory network</li> <li>Involve young people in the development of their role with both the CSP and SSCB</li> <li>Develop a virtual network for those young people who want to engage but cannot commit to regular meetings.</li> </ul>	<ul style="list-style-type: none"> <li>Number of young people attending the advisory network – the advisory network to consist of at least 12 young people.</li> <li>Representation of the advisory network</li> <li>Number of changes made as a result of the input of children and young people</li> <li>Forum embedded and meet monthly</li> <li></li> </ul>	August 2016	P & E Lead
8. Understand who our vulnerable groups and how we can engage them in decision making	<ul style="list-style-type: none"> <li>Work with existing groups of young people including young carers and the EYE group</li> <li>Continue to develop a forum and support mechanism for children and young people who are LGBT+ - requested by young people in</li> </ul>	<ul style="list-style-type: none"> <li>Number of young people from partnership groups that have been involved in decision making</li> <li>Number of LGBT young people attending the support group – identified need</li> </ul>		P & E Lead  Youth Service  Carers Centre

	<p>Sunderland.</p> <ul style="list-style-type: none"> <li>Ensure the voice of leaving care young people are heard</li> </ul>	<ul style="list-style-type: none"> <li>Number of leaving care young people attending change council or alternative group</li> </ul>		
9. Develop a more robust mechanism to involve all schools	<ul style="list-style-type: none"> <li>Work in partnership with the Director of Education</li> <li>Engage with school governing bodies</li> <li>Schools to have a mechanism for enabling students to have a voice heard both in their schools and communities</li> </ul>	<ul style="list-style-type: none"> <li>Children and young people to be part of the school governing process</li> <li>Schools, colleges and academies in the LA area recognise participation and engagement in Sunderland as a powerful voice for children and young people.</li> </ul>		<p>Director of Education</p> <p>P &amp; E Lead</p>
10. Embed the involvement of children and young people in recruitment and selection	<ul style="list-style-type: none"> <li>Give all children and young people the opportunity to be involved in recruitment and selection.</li> <li>Devise a designated toolkit for all service areas to adhere to when involving children and young people</li> </ul>	<ul style="list-style-type: none"> <li>Young people are involved in recruitment and selection</li> <li>Young people are feedback to regarding appointments and decisions made.</li> </ul>		<p>HR</p> <p>P &amp; E Lead</p>
<b>Objective 2 – Measure the impact of participation and engagement</b>				
1. Ensure children and young people have direct input into the Children's Strategic Partnership	<ul style="list-style-type: none"> <li>Identify how young people can have a direct influence into CSP</li> <li>Work plan for CPB</li> <li>Work plan for CSP</li> </ul>	<ul style="list-style-type: none"> <li>Views of children and young people are fed into the relevant boards</li> <li>Number of changes made as a result of the input of young people</li> <li>Young people have the opportunity to attend CSP or CPB.</li> <li>Attendance figures at meetings</li> </ul>	<p>CPB – completed</p> <p>CSP – Aug 2016</p>	<p>CS Director's</p> <p>P &amp; E Lead</p>
2. Implement MOMO across social care services	<ul style="list-style-type: none"> <li>Introduce MOMO in stages to staff and young people</li> <li>Ensure young people have the</li> </ul>	<ul style="list-style-type: none"> <li>Number of young people who has completed a MOMO statement</li> </ul>	<p>Nov 2015 – Phase 1</p>	<p>P &amp; E Lead</p> <p>Social Care</p>

	<p>opportunity to complete a MOMO if they wish to</p> <ul style="list-style-type: none"> <li>• Promotion of MOMO to children and young people</li> <li>• Undertake interrogation of MOMO usage for ICPC, Review meetings, PEP's and complaints to identify any immediate areas/issues</li> <li>• Identify who the responsibility of the dashboard sits with (currently with IRO admin)</li> <li>• Expand opportunities for young people and the use of MOMO</li> <li>• Ensure clear managerial oversight on the impact of MOMO</li> </ul>	<ul style="list-style-type: none"> <li>• Number of changes made</li> <li>• Number of young people who know about MOMO</li> <li>• Increase engagement from children and young people in contact with social care services e.g. care leavers, children in need, looked after children, children in child protection</li> <li>• Improve children and young people's ability to have a voice and feed their views into their plan</li> <li>• Increase social workers focus on young people's lived experience</li> <li>• Increase the flow of information from young people to their social worker thereby improving the quality of decision making</li> </ul>	<p>Feb 2016 – Phase 2</p> <p>June 2016- Phase 3</p>	<p>Director</p> <p>Quality Assurance Director</p> <p>Head of LAC</p>
3. Review and develop the use of Viewpoint across the service area	<ul style="list-style-type: none"> <li>• Undertake an interrogation of viewpoint usage for LAC and responses on a monthly basis to identify any immediate areas/issues for investigation</li> <li>• Ensure clear managerial oversight on the impact of viewpoint reporting on individual LAC case mapping and across all age groups resulting in implications for service delivery</li> <li>• Ensure young people are involved in updates in relation to viewpoint</li> </ul>	<ul style="list-style-type: none"> <li>• Quarterly viewpoint analysis report and feedback provided to the service</li> <li>• Number of young people who has completed a viewpoint per month</li> <li>• Number of young people out of area who have completed a viewpoint</li> <li>• Number of changes made to process following feedback</li> </ul>	On-going	<p>Viewpoint Officer</p> <p>P &amp; E Lead</p>
4. Children and young people have the right to	<ul style="list-style-type: none"> <li>• Understand who our vulnerable groups are that need advocates and</li> </ul>	<ul style="list-style-type: none"> <li>• Every young person will receive an information pack</li> </ul>	On-going	Commissioning

an independent advocate currently provided by NYAS (p.115 OFSTED 2015)	<ul style="list-style-type: none"> <li>• understand the NYAS advocate Offer</li> <li>• Staff to ensure that children and young people are aware of their right to have an independent advocate.</li> <li>• Development of a promotional plan</li> <li>• Advocacy to be included as part of the training programme for both staff and foster carers</li> <li>• Review of the independent advocacy service</li> </ul>	<p>regarding advocacy within the first 3 months of coming into care?</p> <ul style="list-style-type: none"> <li>• 100% of staff will know about NYAS and its offer</li> <li>• Number of young people accessing an advocate</li> <li>• Service area where nomination comes from</li> <li>• The number of young people who thought that an advocate has made a difference</li> </ul>		P & E as operational lead
5. Monitor and record opportunities for participation and engagement	<ul style="list-style-type: none"> <li>• Carry out an audit of current services and organisations who involve children and young people</li> <li>• Self-assessment of all participation and engagement groups</li> </ul>	<ul style="list-style-type: none"> <li>• Number of organisations involving children and young people meaningful</li> <li>• Achievements of the participation and engagement groups</li> <li>• Annual review of all groups</li> </ul>	Nov 2016	?
6. Ensure children and young people have the opportunity to tell Children's services what we do and don't do well	<ul style="list-style-type: none"> <li>• Work in partnership with the complaints team</li> <li>• Use MOMO as a way that young people can change something or solve a problem</li> </ul>	<ul style="list-style-type: none"> <li>• Number of complaints from young people</li> <li>• Number of compliments from young people</li> <li>• Number of young people who have accessed MOMO to have their voice heard to solve a problem</li> <li>• Number of young people who have had access to an advocate</li> <li>• Number complaints sent directly to the complaints and feedback team.</li> </ul>	July 16	<p>Complaints Team</p> <p>P &amp; E Lead</p> <p>IRO Admin</p>

<b>Objective 3 – Ensure good quality feedback is provided to all children and young people</b>				
Provide feedback timely to children and young people following engagement	<ul style="list-style-type: none"> <li>Request Forms to be completed for the involvement of all groups with an agreed time for feedback</li> </ul>	<ul style="list-style-type: none"> <li>Children and young people are able to identify the outcome of their engagement</li> <li>Feedback what has changed as a result of engagement</li> <li></li> </ul>	On-going	ALL
Devise a range of methods to improve feedback eg. online, social media, quick response methods	<ul style="list-style-type: none"> <li>Develop a mechanism to ensure that feedback is quick and succinct</li> <li>Develop the use of social media as a means of communication with children and young people.</li> </ul>	<ul style="list-style-type: none"> <li>Feedback can be provided timeously and is appropriate to level of engagement</li> </ul>	On-going	Planning and Performance?
Develop case studies to illustrate impact of engagement	<ul style="list-style-type: none"> <li>You said we did</li> <li>Publicised</li> <li>Ensure positive new stories</li> </ul>	<ul style="list-style-type: none"> <li>Outcomes of engagement can be demonstrated.</li> <li></li> </ul>	Quarterly	Champions P & E Lead
<b>Objective 4 – Increase the participation and engagement skills of the workforce and its partners to improve the participation and engagement activity</b>				
3. Ensure participation standards are embedded in performance monitoring, contract management, service level agreements	<ul style="list-style-type: none"> <li>Children and young people regularly meet senior staff and elected members and are included in decision making.</li> <li>Service plans to be reviewed by children and young people supported by a set of criteria.</li> </ul>	<ul style="list-style-type: none"> <li>Service plans are monitored and show evidence of children and young people's involvement</li> <li></li> </ul>	On-going	P & E lead Directors
Ensure children and young people are involved in the commissioning of services across the organisation.	<ul style="list-style-type: none"> <li>Young people are involved in the tendering process of all commissioned services which affect them.</li> <li>Young people are involved in the development of the commissioning strategy and involved in contract monitoring</li> </ul>	<ul style="list-style-type: none"> <li>Sunderland Young Inspectors to carry out contract monitoring and quality assurance</li> </ul>	On-going	Commissioning P & E Lead
Review current participation champions	<ul style="list-style-type: none"> <li>Services to identify a lead for developing and promoting participation</li> </ul>	<ul style="list-style-type: none"> <li>Champion per service area</li> <li>Completed what's changed</li> </ul>	Sept 2016	P & E Lead



across service areas	<ul style="list-style-type: none"> <li>and engagement within teams</li> <li>Champions to complete the whats change tool every 6 months</li> <li>Support from line manager in their role and ensure it is an on-going agenda item at team meetings.</li> <li>Look at how to involve MASH with regards to the child's voice (p.32 OFSTED)</li> <li>Develop mechanisms to measure impact of engagement – you said we did</li> </ul>	<ul style="list-style-type: none"> <li>tool to show evidence of YP involvement</li> <li>Regular publication of you said we did achievements</li> </ul>		Service Leads
Provide training on young people's participation for officers and elected members.	<ul style="list-style-type: none"> <li>Ensure all staff have complete the UNCRC training</li> <li>Participation and engagement including, viewpoint, advocacy, complaints, MOMO and the child's voice to be included in back to basic and foster carer training.</li> <li>pro</li> </ul>	<ul style="list-style-type: none"> <li>Number of staff who have completed training</li> <li>Young people identify the opportunities they have to have their voice heard</li> <li>The local authority demonstrates its commitment of hearing the voice of children and young people.</li> </ul>	On-going	P & E Lead  Workforce Development
<b>Objective 5 – Celebrate the successes and involvement of children and young people in the city</b>				
Review current rewards and incentive toolkit	<ul style="list-style-type: none"> <li>Develop a service toolkit with regards to rewards and incentives, including attending meetings, delivering training and interviewing staff.</li> <li></li> </ul>	<ul style="list-style-type: none"> <li>Young people are acknowledged for their work and engagement</li> <li>Young people feel valued and part of the team</li> </ul>	Toolkit – July 2016  On-going recognition	P & E Lead
Sunderland Young Achievers	<ul style="list-style-type: none"> <li>Gain agreement that Sunderland Young Achievers will go ahead in March 2017</li> <li>Agree with Sunderland Live re; sponsorship</li> <li>Advertise as widely as possible to ensure all children and young people 8-19 have the opportunity to be</li> </ul>	<ul style="list-style-type: none"> <li>Number of nominations</li> <li>Number of nominations per category</li> <li>Number of services, schools and organisations that have nominated</li> <li>Attendance on the evening</li> </ul>	March 2017	P & E Lead

	nominated			
Celebration event specifically for looked after children and care leavers (p.121 OFSTED 2015).	<ul style="list-style-type: none"> <li>• Change council to lead on the development of the awards day/evening</li> <li>• Categories to be identified</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Number of LAC and Leaving Care nominated for an achievement</li> <li>•</li> </ul>	Dec 2016?	TBC
Participation Newsletter/ Virtual Networks	<ul style="list-style-type: none"> <li>• Designated website for young people</li> <li>• Creation of a virtual world for LAC and Care leavers</li> <li>• Newsletter in relation to all p &amp; e work to be send to all schools and organisations</li> </ul>	<ul style="list-style-type: none"> <li>• Number of young people accessing site</li> <li>• Number of LAC/ LC young people accessing virtual world</li> <li>• M</li> </ul>	Annual Newsletter  Regular website updates  Virtual World – Dec 16	P & E Lead
Identify Tall Ships ambassadors for the city	<ul style="list-style-type: none"> <li>• To identify ambassadors for the Tall Ships Race in 2018</li> <li>• Give opportunity to all young people in the city to become an ambassador or take part in a voyage.</li> </ul>	<ul style="list-style-type: none"> <li>• Challenge stigma of children and young people looked after</li> <li>• Named ambassador from all participation and engagement groups</li> <li>• Increased skills and knowledge</li> </ul>	May 2016 – July 2018	Tall Ships Co-ordinator  P & E Lead
<b>Objective 6 – Review opportunities to work with partners to better use resources</b>				
Work with partners to develop a communication and consultation calendar	<ul style="list-style-type: none"> <li>• Development of a city wide consultation calendar</li> <li>• Ensure that consultations with young people are conducted in settings and through methods that facilitate young people's participation and that are not intimidating.</li> <li>• Utilise opportunities to collaborate with partners on engagement activity</li> <li>• Consultation events are calendared</li> </ul>	<ul style="list-style-type: none"> <li>• Wide range of stakeholders have the opportunity to engage</li> <li>• Measurable consultations</li> <li>• Reduction in the duplication of work</li> <li>• Engagement methods and approaches are transparent</li> </ul>	Dec 2016	Consultation officer(post no lion)  P & E Lead

	throughout the year alongside the overall planning timetable for children and young people to maximise their influence.			
Communication structure in place to link services, organisations, schools, colleges and academies.	<ul style="list-style-type: none"> <li>• Regular publication of priorities and achievements</li> <li>• Creation of an accessible website with interactive consultation opportunities.</li> <li>• Link with existing infrastructures including schools, colleges and academies.</li> <li>• Children and young people to create and develop website for both professionals and children and young people to use</li> </ul>	<ul style="list-style-type: none"> <li>• Annual report on activities</li> <li>• Services and organisations feel involved and are aware of opportunities for children and young people.</li> </ul>	Annually	P & E Lead



### Opportunities for Members to be involved in participation and engagement with children and young people in Sunderland

#### 1. Looked After Children Pledges

The Pledge is a key element of the Government's recommendations under Care Matters: Time for Change. It represents a commitment by the local authority to looked after children and young people, and signals the intention of the Council to carry out its responsibilities to children in care effectively and in a way which will have real impact upon outcomes.

Young people in the change council identified the 6 main priorities for them in the pledge. Each pledge identified is owned by a young person in care, they hold the responsibility as critical friend. The young person has been buddied up with a corporate board member and councillor who will act as the strategic drivers.

Pledge	Young Person	CPB Member	CPB -Councillor
1. If possible I want to live with my own family or relatives	Two young people	<b>Catherine Witt</b> Chief Social Worker	<b>Cllr Louise Farthing</b>
2. If you need to come into care we will make sure that you are safe and properly cared for	Three young people	<b>Martin Birch</b> Interim Head of LAC	<b>Cllr Paul Stewart</b>
3. I feel I am being listened to	One young person	<b>Kerry Mehta</b> Interim Head of Safeguarding	<b>Cllr Rebecca Atkinson</b>
4. I want to get a good education and enjoy my free time	Three young people	<b>Dawn Shearsmith</b> Virtual Head	<b>Cllr Patricia Smith</b>

5. I want to keep fit & Healthy	Two young people	<b>Anne Brock</b> Safeguarding Children Lead Nurse	<b>Cllr Daryl Dixon</b>
6. I don't want to leave care Until I feel Ready	Two young people	<b>Sheila Lough</b> Strategic Service Manager	<b>Cllr Christine Marshall</b>

## 2. Takeover Challenge 2016

Takeover is a fun, hugely successful and exciting engagement project which sees organisations across England opening their doors to children and young people to take over adult roles.

It puts children and young people in decision-making positions and encourages organisations and businesses to hear their views. Children gain an insight into the adult world and organisations benefit from a fresh perspective about their work.

It take place on Friday 18<sup>th</sup> November, however the challenge can take place at any time leading up to that date and beyond. Members can get involved by giving young people the opportunity to shadow them, work with them on a current issue or share a challenge with members and other senior officials.

## 4. Sunderland MYP's and DMYPs

The UK Youth Parliament (UK YP) was formally established in January 2001, with the aim of giving the young people of the UK, between the ages of 11 and 18 (inclusive) a voice, which will be heard and listened to by local and national government, providers of services for young people and other agencies who have an interest in the views and needs of young people. The UKYP has a rolling programme. It meets nationally on an annual basis, and gives the young people of the UK a chance to express their views and concerns at the highest levels.

The UKYP provides a formal structure for young people from every local authority in the UK to feed their local issues into the national arena, whilst providing evidence of local government formally engaging young people in the democratic process.

Every two years Sunderland hosts the UK Youth Parliament election to appoint youth representatives to highlight the issues that are most important to young people in the City at a national level.

The two young people with the most votes will become the MYPs for Sunderland for the period June 2016 to May 2018. The two young people who

finish third and fourth in the election will take up the position of Deputy MYPs. Deputy MYPs will work to support the MYPs on a local level.

Member of UK Youth Parliament (MYP) for Sunderland will be expected to:

- Attend local, regional and national meetings and events.
- Debate key issues concerning young people.
- Represent the views of young people in Sunderland
- Have regular contact with youth groups and schools councils.
- Actively participate in Sunderland Youth Parliament.
- Present updates to the City of Sunderland Council.

MYP and DMYPs meet weekly as part of Sunderland Youth Parliament. Members are welcome to attend meetings as and when and also the young people are more than happy to engage more actively with local councillors.

## **5. State of the City Debate**

Members are invited annually to attend the young people's State of the City Debate which takes place in November. This event is an opportunity for members to observe young people from across Sunderland debating on a number of topics that have been voted by young people in Sunderland as part of the Make your Mark consultation. Last year we had over 6,000 young people vote.

## **6. Participation and Engagement Groups**

There are five dedicated participation and engagement groups (please refer to full report) and there is a close relationship with other groups such as young carers that are based at the carers centre and the EYE group which is a group of young people who have had access to mental health services. The engagement groups also have links with youth forums based out in the youth projects. Members can request to attend any of the above groups to review what they are working on or to ask for advice and guidance on an issue.

## **7. MP Meetings**

Sunderland Youth Parliament met quarterly with Sunderland MP's to have an informal discussion about the work they are currently doing and have the opportunity to ask questions and seek their views and any issues or areas of concern. We are looking to expand these meetings to the other participation and engagement groups over the coming months.

## CHILDREN, EDUCATION AND SKILLS SCRUTINY COMMITTEE

### CHILD AND ADOLESCENT MENTAL HEALTH SERVICES (CAMHS) – IMPLEMENTATION OF TRANSFORMATIONAL PROGRAMME

#### Report of the Sunderland Clinical Commissioning Group

#### 1. Purpose of this Report

- 1.1 The purpose of this report is to provide a progress update on implementation of the CAMHS Transformational Plan for 2015-2020. To also introduce to the Committee the needs based THRIVE model.

#### 2. Background

- 2.1 The publication of Future in Mind in March 2015 set out the national ambition to transform the design and delivery of local services for children and young people with mental health needs and the requirement for local areas to develop publicly available agreed Local Transformational Plans for Children and Young People's Mental Health and Wellbeing.
- 2.2 Extra funding to support the transformation of mental health services for children and young people was announced in the autumn statement (December 2014) and Budget (March 2015). These announcements aligned with recommendations set out in the *Five Year Forward View* and were designed to build capacity and capability across the system to ensure that by 2020 there is measurable progress towards closing the health and wellbeing gap and securing sustainable improvements in children and young people's mental health.
- 2.3 Sunderland CCG collaborated with NHS England Specialised Commissioning and partners including the local CAMHS Partnership to develop the *Sunderland Children and young People's Mental Health and Wellbeing Transformational Plan, 2015-2020*. The plan reflects the priorities identified through self- assessment against the CAMHS assessment framework and engagement with children, young people and families.
- 2.4 In December 2015 the CCG was advised by NHS England that the CAMHS Transformational Plan for Sunderland met the assurance criteria in full and that the CCG was to receive all the funds allocated to support delivery of the plan:

§ Initial Allocation for Eating Disorders and Planning for 2015/16 -  
£173,762



- § Additional Funding following assurance of Transformational Plan - £434,966
- § A minimum uplift of £608,737 for 2016/17 (This recurrent increase in allocation has not materialised as outlined below)

- 2.5 During 2015/16 Sunderland also received an additional £328,000 from NHS England following a successful liaison psychiatry bid to develop 24/7 support to children and young people accessing paediatric services.
- 2.6 In addition Sunderland was successful in its bid to become a pilot site for the national mental health lead in schools project.

### **3. Progress Update**

- 3.1 In line with national requirements, the Sunderland Children and Young People's Mental Health and Wellbeing Transformational Plan has been published on the CCG website.
- 3.2 The extended CAMHS Schools link pilot has been implemented and further development work is planned as part of the CAMHS Transformational Programme.
- 3.3 Sunderland Youth Parliament has identified mental health as their focus for 2016/17. This provides an excellent opportunity to work with young people to promote mental health.
- 3.4 The Clinical Networks have appointed Clinical leads for CAMHS to support the clinical network. They are currently working with local commissioners/ partnerships to develop programme. To date identified priorities include:
  - Accessing funds for children and young people
  - Commissioned outcome measures
  - THRIVE (see below) and CAMHS currency
- 3.5 There continues to be very high levels of scrutiny of CAMH Service provision and concern about children and young people's mental health in particular self-harm. The CCG and CAMH Services have made a number of well received presentations outlining the mental health needs of children and young people, the range and type of CAMH service provision and key priorities within the CAMHS Transformational Plan.

#### **Service Provision**

- 3.6 There has been significant work to improve the range and quality of CAMH Service provision over the last 10 years. This has resulted in the development of the Community CAMH Service; the review and re provision of regional services, the review and re provision of community services resulting in the commissioning of NTW CYP Service to deliver integrated CAMHS and learning disability services, extended CAMH services for vulnerable children including those with complex

behavioural, mental health and social care needs, the development of community based eating disorder services and the establishment of Intensive home treatment services. In addition Washington Mind and Sunderland Counselling Service are commissioned to deliver a range of services as an integral part of the local CAMHS offer.

- 3.7 The CYPS continue to develop their model of care to improve access and waiting times in addition to meeting significantly increased demand.
- 3.8 Currently 80% of children and young people are waiting less than 9 weeks from referral to treatment, compared with 50% in December 2015 and 90% of children and young people are waiting less than 12 weeks from referral to treatment compared with 60% in December 2015. The maximum waiting time for the CCAMH Service is 9 weeks.

#### Resource

- 3.9 In January 2016 CCG's were advised that the announced transformational funding for CAMHS was to be included in the baseline for 2016/17, this in effect means that there is no additional resource to Sunderland CCG for the transformation of CAMHS, although there is a possibility that the Eating Disorder Element of the Transformational monies (£173,762) may be recurrent (At the point of writing this has not been confirmed).
- 3.10 The additional funding (£328,000) from NHS England to develop psychiatric liaison services is being used to develop services for children and young people is non-recurrent.
- 3.11 At the contract negotiation meetings for 2016-17, NTW advised the CCG that they were operating at a significant loss (circa £800K) to meet the significant increase in the numbers of referrals to the service and that this was not sustainable. The CCG agreed to provide additional resource non-recurrently for 2015-16 to address this over performance on the basis that this would support on going service delivery whilst the CCG worked with providers to conduct a review of all CAMH service provision.
- 3.12 There has been a national announcement of additional funding to develop perinatal mental health services.
- 3.13 During 2016-17 it is essential that the CCG and partners are able to prioritise the range and type of services that are required to support the mental health needs of children and young people and the level of resource required to safely deliver these services.

## 4. Delivery of the Transformational Plan

### ***THRIVE Model***

- 4.1 The Transformational Plan and Delivery Model (Appendix 1) is based on the THRIVE Model, developed by the Tavistock and Portman NHS Trust and Anna Freud Centre. The model is gaining national recognition as useful in moving away from the four tiered model traditionally used to describe CAMH service provision to a new conceptualisation based around the needs of children, young people and families.
- 4.2 Based in case and performance management and the embedded use of outcome measures the model is aligned to emerging thinking in payment systems, quality improvement and performance management. Rather than an escalator model of increasing severity or complexity, it seeks to draw a clearer distinction between treatment on one hand and support on the other and seeks to identify somewhat resource-homogenous groups (it is appreciated that there will be large variations in need within each group) who share a conceptual framework as to their current needs and choices.
- 4.3 There are four clusters (or groupings) for young people with mental health issues and their families, as part of the wider group of young people who are supported to thrive by a variety of prevention and promotion initiatives in the community. The image to the left describes the input that offered for each group; that to the right describes the state of being of people in that group - using language informed by consultation with young people and parents with experience of service use.

### THRIVE MODEL



Each of the four groupings is distinct in terms of:

- Needs and/or choices of the individuals within each group
- Skill mix required to meet these needs
- Dominant metaphor used to describe needs (wellbeing, ill health, support)
- Resources required to meet the needs and/or choices of people in that group
- The groups are not distinguished by severity of need or type of problem.

## Coping

- 4.4 Context: There is an increased interest in the promotion of resilience, to build the ability of a community (school/family) to prevent, support and intervene successfully in mental health issues. A proliferation of digitally based support (e.g. via email, phone and web) is becoming increasingly available and being used to support young people in their communities. There is increasing interest on how we can more effectively draw on strengths in families, schools and wider communities. School-based interventions including mindfulness have been shown to support mental health, peer support can promote effective parenting and integration of mental health in paediatric primary care can support community resilience.
- 4.5 Need: Within this group are children, young people and families adjusting to life circumstances, with mild or temporary difficulties, where the best intervention is within the community with the possible addition of self-support. This group may also include those with chronic, fluctuating or ongoing severe difficulties, for which they are choosing to manage their own health and/or are on the road to recovery.
- 4.6 Provision: The THRIVE model suggests that wherever possible, provision should be provided within education or community settings, with **education often (though not always) the lead provider** and educational language (a language of wellness) as the key language used. It is our contention that health input in this group should involve some of our most experienced workforce, to provide experience decision making about how best to help people in this group and to help determine whose needs can be met by this approach.

## Getting Help

- 4.7 Context: There is increasingly sophisticated evidence for what works with whom in what circumstances and increasing agreement on how service providers can implement such approaches alongside embedding shared decision making to support patient preference and the use of rigorous monitoring of outcomes to guide treatment choices. The latest evidence suggests that only 33% of young people will be “recovered” at the end of even the best evidence-based treatments.
- 4.8 Need: This grouping comprises those children, young people and families who would benefit from focussed, evidence-based treatment, with clear aims, and criteria for assessing whether aims have been achieved. This grouping would include children and young people with difficulties that fell within the remit of

National Institute for Health and Care Excellence (NICE) guidance and where there are interventions that might help.

- 4.9 Provision: The THRIVE model of provision would suggest that, wherever possible, provision for this group should be provided with **health (CAMHS) as the lead provider** and using a health language (a language of treatment and health outcomes). Health input in this group would draw on specialised technicians in different treatments. Treatment would involve explicit agreement at the outset as to what a successful outcome would look like, how likely this was to occur by a specific date, and what would happen if this was not achieved in a reasonable timeframe.

#### Getting More Help

- 4.10 Context: There is emerging consensus that some conditions are likely to require extensive or intensive treatment for young people to benefit. In particular, young people with psychosis, eating disorders and emerging personality disorders are likely to require significant input.
- 4.11 Need: This grouping comprises those young people and families who would benefit from extensive long-term treatment which may include inpatient care, but may also include extensive outpatient provision.
- 4.12 Provision: The THRIVE model of provision would suggest that wherever possible, provision for this group should be provided with **health (CAMHS) as the lead provider** and using a health language (that is a language of treatment and health outcomes). Health input in this group should involve specialised health workers in different treatment.

#### Getting Risk Support:

- 4.13 Context: This is perhaps the most contentious aspect of the THRIVE model. For this group even the best interventions are limited in effectiveness and, a substantial minority of children and young people will not improve, even with the best practice currently available. There has, perhaps, in the past been a belief (strongly held by service providers themselves) that everyone must be helped by a service and if they are not then that is an unacceptable failure. The THRIVE model suggests that there be an explicit recognition of the needs of children, young people and families where there is no current health treatment available, but they remain at risk to themselves or others.
- 4.14 Need: This grouping comprises those children, young people and families who are currently unable to benefit from evidence-based treatment but remain a significant concern and risk. This group might include children, young people who routinely go into crisis but are not able to make use of help offered, or where help offered has not been able to make a difference, who self-harm or who have emerging personality disorders or ongoing issues that have not yet responded to treatment.

- 4.15 Provision: The THRIVE model of provision would suggest that, for this group, there needs to be close interagency collaboration (using approaches such as those recommended by AMBIT to allow common language and approaches between agencies) and clarity as to who is leading. **Social care may often be the lead agency** and the language of social care (risk and support) is likely to be dominant. Health input should be from staff trained to work with this group and skilled in shared thinking with colleagues in social care, but with explicit understanding that it is not a health treatment that is being offered.

### **Delivery Workstreams**

- 4.16 The delivery of the CAMHS Transformational Plan is based upon the THRIVE model with delivery work streams being led by the most appropriate agency, supported by CAMHS. In delivering transformational change to support the mental health needs of children, young people and their families it is important that it is recognised the roles and responsibilities of all services for children, young people and their families play in meeting the mental health needs of children and young people.

#### **CAMHS Partnership: Partnership and Planning**

- 4.17 The Terms of Reference and Membership of the CAMHS Partnership have been reviewed to support the effective delivery of the CAMHS Transformational Plan. The partnership will lead on the delivery of cross cutting themes and ensure a co-ordinated approach to the delivery of the three key work streams that have been identified as follows:

#### **Workstream 1: Thriving/ Coping**

- 4.18 Simon Marshall, Director of Education has agreed to lead this work stream and it is proposed that he will be supported by public health, particularly in relation to the THRIVE element of the model and from CCAMHS in relation to the coping element of the model. The primary focus of this group will be on promoting resilience and self-help, developing mindfulness approaches and increasing the capacity of the universal work force to meet the mental health needs of cyp and their families including the development of the mental health lead role in schools

#### **Workstream 2: Getting Help/ Getting More Help**

- 4.19 Ian Holliday, Head of Commissioning and Reform has agreed to lead on this workstream which will focus on the review CAMH Services with a view to developing an outcome focused commissioning model for CAMHS that supports the development of more effective and efficient pathways of care and supports the delivery of identified areas for development i.e. psychiatric liaison, community eating disorder service, services for children with complex needs/ risk taking behaviours.

#### **Workstream 3: Getting Risk Support**

- 4.20 Deborah Patterson, Director of Children's Services has agreed to lead on this work stream with the support of NTW Children and young Peoples Service. The primary focus of this work will be on developing integrated pathways of care for vulnerable children and young people including LAC and the development of multi-systemic approaches to support the needs of children and young people with complex mental health, behavioural and social care needs.

## **5 Conclusion**

- 5.1 The report highlights a number of key points, risks and assurances:-

### *Key Points*

- Significant planned transformation of CAMH Services and ongoing high levels of scrutiny at a local and national level
  - Financial pressures: CCGs advised that the announced increased National investment for CAMHS is in baseline and NTW advising that they are unable to deliver their CAMH Services within the cost envelope given the level of referral pressure
- National requirement to develop peri-natal (additional funding), community eating disorder (additional funding) and psychiatric liaison services for children and young people (non-recurrent funding)
- Involvement in national CAMHS Schools Pilot and local commitment to develop work in schools
- Local priority to develop services for children with complex mental health, behavioural and social care needs

### *Risks*

- Significant changes to local authority services for children and young people following OFSTED inspection
- Level of referral pressure to CAMH Services
- Capacity of CAMH services to implement service reform
- Workforce capacity – recruitment
- Meeting demand and delivering transformational change within the cost envelope
- Time limited funding for liaison psychiatry services and unclear financial commitment from other CCGs accessing mental health services within CHS.

### *Assurances*

- Ongoing commitment and support from CCG to work collaboratively with LA and partners to improve services for children and young people
- Children and young People's Strategic Partnership re-established and commitment of partners to the CAMHS Partnership
- Recruitment to key posts within Children's Services underway — support from new directors for transformation of CAMHS
- Review all commissioned CAMH Service provision to improve efficiency, capacity and effectiveness across the pathway

- Consider efficiencies and effectiveness within CYPS, adult and psychiatric liaison services model to address the time limited funding and exploring funding from other CCGs as part of QIPP scheme

## **6 Recommendations**

The Committee is recommended to:

- Note the update
- Agree frequency of future updates

**Author:**

Janette Sherratt  
Joint Commissioning Manager, Children  
Ian Holliday  
Head of Reform and Joint Commissioning





## Appendix 1

### Sunderland Young Person's MHEWB Transformation and Delivery Plan

**Vision:** to improve the mental health and emotional wellbeing of all children, young people living in Sunderland and to narrow the gap in outcomes between those who do well and those who do not. **Values:** Asset based, outcome focused, whole system approach – holistic, integrated care across organisational boundaries - focus on prevention & early intervention –at all stages identifying and addressing resilience and vulnerabilities.



### **Resilience**

- Attachment, warmth, nutrition
- Parenting, positive family, friends
- School wellbeing
- Security, consistency, stability, continuity
- Physical activity & health
- Self esteem, sense of identity
- Social skills, cognitions/understanding
- Participation, achievement, positive living
- Hope, perspective, meaning, purpose
- Self control, optimism, coping skills

### **Vulnerabilities**

- Disability, Chronic physical illness, MUS, Mental Illness, ASD, LD/Learning difficulty
- Experience of bullying, trauma, neglect or abuse, subject to CPP/CIN
- Looked after, adopted, young carer, refugee or asylum seeker, out of area
- substance misuse, alcohol, offending
- homelessness, fragmented family
- parent(s) with domestic violence, illness, addiction, mental illness
- (at risk of) school exclusion, sexual exploitation, radicalisation, NEET

## Partnership Planning and Commissioning: Delivery via CAMHS Partnership

CCG Led, Chair Johannes Dalhuijson, Clinical Lead for Mental Health

No	Priority	Action	Lead	LTP fund	Timescale	Action/Comments
<b>Partnership, Planning and Commissioning</b>						
P1	Strengthen Strategic Planning Arrangements	Ensure that children and young people's mental health is an integral part of the developing CYP Strategic Partnership arrangements and the refresh of the CYP Strategic Planning priorities	CCG	No	15-18	Children and young People's Strategic Partnership has been re-established. Mental health and emotional well being has been identified as a priority area
		Strengthen the membership of the CAMHS partnership to reflect new management structures for CYP within the LA and key priorities e.g. peri natal mental health and school	CCG	No	15-16	Peri-natal mental health to be included as part of maternity review rather than as part of CAMHS transformation plan.  Refresh of the Terms of Reference/ recruitment of New members to partnership – April 2016

P2	Strengthen Joint Commissioning Arrangements	The CCG is the lead joint commissioner for CAMH Service provision – will lead on review of current commissioning arrangements for CAMH services	CCG	No	15-16	CCG to review all CAMH Service provision to ensure most effective and efficient use of resource – 2016/17
P2	Strengthen Joint Commissioning Arrangements	Complete local financial mapping exercise detailing the current level of spend on mental health and well being across all partners including public health, education, schools and social care	CCG	No	16 -17	CCG Financial mapping completed
		Develop a commissioning framework to support a consistent approach aligned to the strategy and transformation plan	CCG	No	16 -18	
		Review and strengthen service specifications for universal and targeted services to reflect contribution of these services to mental health and emotional well being and agreed strategic priorities e.g. maternity, health	All	No	16 -20	

		visiting				
		Develop an agreed set of KPIs and outcome measures that will demonstrate the impact of universal and targeted services on mental health outcomes for CYP and their families	All	No	16-18	
P3	Increase the capacity of the universal and targeted workforce to promote resilience, appropriately signpost and support children and young people across all aspects of the Thrive Model	Audit current training and its effectiveness across the city	All	No	16-17	
		Produce an educational framework to ensure the delivery of high quality, evidence based support and management of risk across the city	All	No	16-18	
		CAMHS services to use learning from CYP IAPT programme both to support their own practice and to roll out of evidence based approaches to universal and targeted service providers	All	Yes	16-20	

## Workstream 1: Thriving Coping

Education Led supported by CCAMHS, Chair Simon Marshall, Director of Education Education Led/ Supported by CCAMHS and Public Health)

	Proposal	Action	Lead	LTP fund	Timescale	Action/Comments
	<b>Thriving / Coping: (Prevention, Promotion, Signposting, Self Help, One off Contact)</b>					
1.1	Strengthen the opportunities for children, young people and their families to access appropriate information and self help materials	Continue to develop Sunderland emotional health and well being guide to support children and young people	All	Yes	16-17	Washington Mind – additional funding allocated to support development of this
		Raise children, young people and their families awareness of how to access appropriate material to support mental health and emotional health and resilience	All	Yes	16-18	Washington Mind – additional funding allocated to support development of this

1.2	Develop peer support within universal, targeted and specialist service provision	Establish an audit tool to provide a baseline of current range, type and effectiveness of peer support being offered across the city and develop a framework to improve and expand current good practice	All	No	16-18	
1.3	Improve perinatal mental health care, in line with local need and national guidance	Review of maternity services across Sunderland in line with national requirements	CCG	No	Oct 16	Manage within maternity workstream
		Review of peri-natal mental health in line with national guidance, funding and regional work streams	CCG	Yes	April 17	Manage within maternity/ mental health programme, additional funding for peri natal mental health has been announced
		Establish named peri-natal mental health link in maternity services	CCG	Yes	April 16	Manage within maternity/mental health programme,
1.4	Further develop early years support	Agree CAMHS outcome measures for attachment and early years mental health	CCG / STFT	No	15 -16	Manage within Worksteam 2, additional funding for peri natal mental health has been announced
		Consider the contribution of health visitor services, including mental health lead role, in supporting mental health of CYP and families as part of the Healthy Child Programme	Public health/ STFT	No	16-18	Review of 0-19 services to support the delivery of the Healthy Child Programme provides opportunity to develop this



1.5	Improve the capacity of universal workforce to effectively address the mental health needs of CYP at an earlier stage to reduce increasing levels of referrals to specialist services	Consider the contribution of GP's to supporting the mental health needs of children and young people including considering of GP mental health lead roles within localities	CCG	No	16-18	
		Consider the contribution of school nursing service, including mental health lead role, in supporting the mental health needs of CYP as part of the healthy child programme	Public Health/ STFT/schools	No	16-18	Review of 0-19 Healthy Child Services should support delivery
1.6	Targeted School Based Support	Establish a network of schools to pilot and develop school based approaches to support resilience, mhewb	Educ / CCAMHS	Yes	April 16	31 self-selected schools that participated in the mental health lead in schools training (Spring 2016) – LTP Funding for 16-17 not determined
		Implement national CAMHS schools link pilot in 30 schools to include: <ul style="list-style-type: none"> <li>• Shared training</li> <li>• Establishment of mental health lead role in schools</li> </ul>	Educ/ CCAMHS	Yes	15 - 16	Training complete Spring 2016 – funding allocated to release school based staff during 15/16, no further funding agreed
		School based introductory training in applied basic mindfulness– teachers, pastoral and pupil support	Educ/ CCAMHS	Yes	16-17	LTP Funding for 16-17 not determined

		staff				
		Establish a systematic approach to shared schools/CAMHS support to CYP with identified mental health needs via regular school based MDT meeting to discuss and prioritise mental health support to CYPs and their family (including CYP with complex needs and those at risk of exclusion)	Educ/ CCAMHS with CYP service support	Yes	16-19	LTP funding for 16-17 not determined

## Workstream 2: Getting Help / Getting More Help

(Review of all CAMH Service Provision will form part of this workstream)

CCG Led / Chair Ian Holliday, Head of Commissioning and Reform

	Proposal	Action	Lead	LTP fund	Timescale	Review Action/Comments
<b>Getting Help goals</b>						
2.1	Review CAMHS Pathway and CAMH Service provision	Review CAMHS Pathway and CAMH Service provision	CCG	No	16-17	Review of all CAMH Service provision
2.2	Increase capacity of CAMH Service providers to deliver evidence based	Continued roll out of CYP IAPT programme to CAMH Services	CCG	Yes	16-17	CAMH Services actively engaged in CYP IAPT training
		Ensure IT infrastructure	All	Yes	16-17	

	interventions	supports IAPT delivery				
		CAMH Service providers to undertake mindfulness training to enhance their practice and enable them to provide mindfulness training to other professionals	CCG	Yes	16-18	LTP funding for 16-17 not determined
2.3	Support the development of Targeted school based support	Develop mindfulness approach for children and family members of the most vulnerable families identified by schools (links to schools CAMHS pilot) it is proposed that an 8 week course will be able to be offered at the beginning of each term with follow up in the form of progress/ activity support for pupils, at the beginning	CCG Schools	Yes	16-18	Links to workstream 1 –targeted
2.4	Improve access to CAMH service provision	Review existing referral pathways across all CAMH service to establish a single point of contact for all CAMH Service provision	CCG / CAMH services	no	16-17	LTP funding for 16-17 not determined
		Establish named point of contact for GP's schools and other service providers	CCG CAMH Services	yes	16-17	

		Raise awareness of CAMH service provision amongst children, young people, families and professionals	CCG/ CAMH Services	no	16-17	Service info available to support 1.1
		Continued proactive management of waiting times in both CCAMH and CYP service	CCG	no	16-17	
		Develop more creative approaches through joint working with partner organisations to ensure better engagement with CYP and families in particular those who find it difficult to access services				
2.5	Ensure CAMH services continue to develop as an integral part of children's service provision	Develop and improve integrated models of service provision for children and young people including locality based working and one stop shop approach	All	No	15-17	Ensure CAMH services continue to develop as an integral part of children's service provision
2.6	Ensure CAMH service appropriately support processes within SEND CoP	Develop capacity within CAMHS to support EHCP process	All	No	15-17	
		Develop innovative and bespoke models of integrated	All	No	15-17	

		multi-agency service provision that support individual childrens EHCP to avoid gaps and duplication				
2.7	Improve model of care for children and young people with learning disabilities	Review current CYP service provision and delivery for children with learning disabilities	CCG	No	16-17	
		Ensure equitable access to appropriate therapies and support within cyps	CCG	No	16-17	
2.8	Improve multi-agency pathways to support children and young people with neurodevelopmental disorders	Develop consistent, NICE compliant diagnostic pathway for cyp on the autistic spectrum	CCG/CHS/NTW	No	15-17	
		Develop multi-agency support for cyp and families:  With ASD traits that do not meet diagnostic criteria  With a diagnosis of ASD	All	No	17-19	

	Proposal	Action	Lead	LTP fund	Timescale	Action/Comments
--	----------	--------	------	----------	-----------	-----------------

Getting more help						
2.9	Enhance CYPS Intensive Community Treatment Service to further support CYP with learning disabilities to avoid preventable admissions to inpatient services	Audit the contribution of CAMH services to support children with learning disabilities and challenging behaviours in the community	CYPS	No	15-17	
		Develop innovative multi-agency support and interventions for children and young people with learning difficulties including those with challenging behaviour	CYPS	No	15-17	
2.10	Continue to improve service for children in crisis including psychiatric liaison services in CHS	Develop service provision to support children and young people in crisis – in line with the crisis care concordat including street triage, 136 detentions, A and E, RAID and police custody	CCG/NTW	No	16-17	Psychiatric liaison funding available for 16-17 Mainstreaming of psychiatric liaison services for CYP – link to work stream 3 getting risk support
		As part of crisis care concordat support development of on line processes, algorithms and procedures for use by partner agencies	Crisis care concordat	no		Link to worstream 3 – getting risk support
2.11	Improve pathways between inpatient and community provision	Further develop pathways and protocols to ensure continuity of care and effective transition between community and inpatient service provision within CAMH and LD services	CYPS		16-17	Regular meetings with specialist commissioning established, CCG CTRs for children and young people with LD commenced
2.12	Enhance community eating disorder services for children	Increase capacity of the CED Team to provide	CYPS	Yes	15-16	LTP Funding for 16-17 not determined

	and young people.	1,more intensive, home based interventions support 2,joint working, liaison, supervision advice and training to Sunderland Royal in-patient paediatric service 3,liaison and joint training with regional eating disorder in-patient service 4,Support transition to adult community eating disorder services where indicated				
--	-------------------	--	--	--	--	--

### Workstream 3: Getting Risk Support

LA Led/ Chair Deborah Patterson, Director of Children's Services

	Proposal	Action	Lead	LTP fund	Timescale	Action/Comments
	<b>Getting risk support</b>					
3.1	Continue to develop a more integrated, joint working model to Improve multi-agency approaches to support vulnerable children including LAC	Consider the development of mental health lead role within services for vulnerable children	LA	Yes	15-17	
		Complete a skills audit of social care staff in relation to their understanding of the emotional health and well being needs of children and young people in the social care system.	LA	No	15-17	



		Working with partners develop a training plan for social care staff, residential care and foster carers to enable them to more effectively address the emotional health and well being needs of children and young people	LA/NTW	No	16-17	
		CAMHS services to deliver training plan to improve skills and expertise within services for vulnerable children to support mental health as agreed in partnership	All	Yes	16-17	
3.1	Continue to develop a more integrated, joint working model to Improve multi-agency approaches to support vulnerable children including LAC	Agree a model of additional support to fostering and adoption (pre and post adoptive services) to understand and support the mental health of CYP	All	No	16-17	
		Develop a shared understanding of the impact of child sexual exploitation on mental health and wellbeing, the range and type of interventions that are most effective and the role of CAMH services as part of a multi-	All	Yes	16-17	

		agency response				
		Develop risk sharing protocols across partner organisations	All	No	16-17	
		Develop information sharing protocols across organisations	All	No	16-17	
		Target awareness raising with known high risk groups for suicide	All	No	15-17	
3.2	Develop multi-systemic/multi-agency wrap around support to meet the needs of children and young people with complex emotional, psychological, behavioural and social care needs to reduce the number of children in out of area placements	Agree a model of multi-agency management and support for highly complex children and young people with significant challenging risk taking behaviours who fall outside the scope of mainstream services and require an assertive multi-agency approach	All	Yes	16-17	LTP Funding for 16-17 not determined
		Enhance CYP service provision to: provide multi-disciplinary community outreach service to	All	Yes	16-17	LTP Funding for 16-17 not determined

		<p>provide support, advise and training and risk sharing for social care staff;</p> <p>Provide in-reach support, risk assessment and delivery of high level of support;</p> <p>Support joint working, liaison, supervision and training to families and carers</p> <p>Provide liaison and joint working with secure residential services</p>				
--	--	--	--	--	--	--

## **NOTICE OF KEY DECISIONS**

### **REPORT OF THE HEAD OF SCRUTINY AND AREA ARRANGEMENTS**

#### **1. PURPOSE OF THE REPORT**

- 1.1 To provide Members with an opportunity to consider the items on the Executive's Notice of Key Decisions for the current 28 day period.

#### **2. BACKGROUND INFORMATION**

- 2.1 Holding the Executive to account is one of the main functions of Scrutiny. One of the ways that this can be achieved is by considering the forthcoming decisions of the Executive (as outlined in the Notice of Key Decisions) and deciding whether Scrutiny can add value in advance of the decision being made. This does not negate Non-Executive Members ability to call-in a decision after it has been made.
- 2.2 To this end, the most recent version of the Executive's Notice of Key Decisions is included on the agenda of this Committee. The Notice of Key Decisions for the current 28 day period is attached marked **Appendix 1**.

#### **3. CURRENT POSITION**

- 3.1 In considering the Notice of Key Decisions, Members are asked to consider only those issues where the shadow Children, Education & Skills Scrutiny Committee could make a contribution which would add value prior to the decision being taken.
- 3.2 In the event of Members having any queries that cannot be dealt with directly in the meeting, a response will be sought from the relevant Directorate.

#### **4. RECOMMENDATION**

- 4.1 To consider the Executive's Notice of Key Decisions for the current 28 day period.

#### **5. BACKGROUND PAPERS**

Cabinet Agenda

---

Contact Officer : James Diamond, Scrutiny Coordinator  
0191 561 1004  
[James.diamond@sunderland.gov.uk](mailto:James.diamond@sunderland.gov.uk)

The Local Authorities (Executive Arrangements) (Meetings and Access to Information) (England) Regulations 2012

Notice is given of the following proposed Key Decisions (whether proposed to be taken in public or in private) and of Executive Decisions (including key decisions) intended to be considered in a private meeting:-

Item no.	Matter in respect of which a decision is to be made	Decision-maker (if individual, name and title, if body, its name and see below for list of members)	Key Decision Y/N	Anticipated date of decision/ period in which the decision is to be taken	Private meeting Y/N	Reasons for the meeting to be held in private	Documents submitted to the decision-maker in relation to the matter	Address to obtain further information
160215/51	To seek approval to review school places for pupils with autism.	Cabinet	Y	During the period 10 May to 31 July 2016. This entry was also on notices issued 22 March and 11 April 2016.	N	Not Applicable	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
160505/70	To approve the Minster Quarter Masterplan (MQMP) Supplementary Planning Document (SPD) for the purposes of public consultations and as a material consideration in assessing planning applications, pending its finalisation following public consultation.	Cabinet	Y	During the period 22 June 2016 to 31 July 2016	N	Not Applicable	Cabinet Report MQMP SPD Habitat Regulations Assessment	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>

Item no.	Matter in respect of which a decision is to be made	Decision-maker (if individual, name and title, if body, its name and see below for list of members)	Key Decision Y/N	Anticipated date of decision/ period in which the decision is to be taken	Private meeting Y/N	Reasons for the meeting to be held in private	Documents submitted to the decision-maker in relation to the matter	Address to obtain further information
160517/71	To consider the recommendations of the Scrutiny Committee arising from policy reviews into the Transition from Child to Adult Care Services, Core Sexual Health Services in Sunderland, Approach to Environmental Enforcement and Use of Customer Feedback.	Cabinet	Y	22 June 2016	N	Not Applicable	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
160520/78	To seek approval to procure and appoint contractors to deliver the North Bridge Street Northern Gateway scheme.	Cabinet	Y	20 July 2016	N	Not Applicable	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>

Item no.	Matter in respect of which a decision is to be made	Decision-maker (if individual, name and title, if body, its name and see below for list of members)	Key Decision Y/N	Anticipated date of decision/ period in which the decision is to be taken	Private meeting Y/N	Reasons for the meeting to be held in private	Documents submitted to the decision-maker in relation to the matter	Address to obtain further information
160513/72	To agree the next steps in relation to the establishment of the proposed Children's Services Company/Trust	Cabinet	Y	22 June 2016	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 and/or 5 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information) and/or information in respect of which a claim to legal professional privilege could be maintained in legal proceedings. The public interest in maintaining these exemptions outweighs the public interest in disclosing the information.	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>

Item no.	Matter in respect of which a decision is to be made	Decision-maker (if individual, name and title, if body, its name and see below for list of members)	Key Decision Y/N	Anticipated date of decision/ period in which the decision is to be taken	Private meeting Y/N	Reasons for the meeting to be held in private	Documents submitted to the decision-maker in relation to the matter	Address to obtain further information
160513/73	To consider an update on progress towards a Citywide Culture Offer, proposals for an alternative delivery model for the Northern Gallery for Contemporary Arts (NGCA) and changes to museum opening hours.	Cabinet	Y	22 June 2016	N	Not Applicable	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
160516/74	To agree the next phase of the Sunderland Software City phase 3 project being delivered through a partnership agreement with the North East BIC	Cabinet	Y	During the period 22 June to 30 June 2016	N	Not Applicable	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
160516/75	To consider the International Advanced Manufacturing Park – Consultation Draft Publication for the Area Action Plan	Cabinet	Y	22 June 2016	N	Not Applicable	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>



Item no.	Matter in respect of which a decision is to be made	Decision-maker (if individual, name and title, if body, its name and see below for list of members)	Key Decision Y/N	Anticipated date of decision/ period in which the decision is to be taken	Private meeting Y/N	Reasons for the meeting to be held in private	Documents submitted to the decision-maker in relation to the matter	Address to obtain further information
160516/76	To approve the Revenue Budget Outturn 2015-2016 and First Revenue Review 2016-2017	Cabinet	Y	22nd June 2016	N	Not Applicable	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
160516/77	To approve the Capital Programme Outturn 2015-2016 and First Capital Review 2016-2017 including Treasury Management	Cabinet	Y	22nd June 2016	N	Not Applicable	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
160524/79	To award garden waste treatment contract via South of Tyne and Wear Waste Management Partnership commencing 1 August 2016.	Cabinet	Y	20 July 2016	N	Not applicable	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>

Item no.	Matter in respect of which a decision is to be made	Decision-maker (if individual, name and title, if body, its name and see below for list of members)	Key Decision Y/N	Anticipated date of decision/ period in which the decision is to be taken	Private meeting Y/N	Reasons for the meeting to be held in private	Documents submitted to the decision-maker in relation to the matter	Address to obtain further information
160104/48	To consider the freehold acquisition of two properties to provide children's services accommodation.	Cabinet	Y	Between 1 July and 30 September 2016	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraph 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>

**Note;** Some of the documents listed may not be available if they are subject to an exemption, prohibition or restriction on disclosure.

Further documents relevant to the matters to be decided can be submitted to the decision-maker. If you wish to request details of those documents (if any) as they become available, or to submit representations about a proposal to hold a meeting in private, you should contact Governance Services at the address below.

Subject to any prohibition or restriction on their disclosure, copies of documents submitted to the decision-maker can also be obtained from the Governance Services team PO Box 100, Civic Centre, Sunderland, or by email to [committees@sunderland.gov.uk](mailto:committees@sunderland.gov.uk)

Who will decide;

Cabinet; Councillor Paul Watson - Leader; Councillor Henry Trueman – Deputy Leader; Councillor Mel Speding – Cabinet Secretary; Councillor Louise Farthing – Children’s Services; Councillor Graeme Miller – Health, Housing and Adult Services; Councillor John Kelly – Public Health, Wellness and Culture; Councillor Michael Mordey – City Services; Councillor Cecilia Gofton – Responsive Services and Customer Care

This is the membership of Cabinet as at the date of this notice. Any changes made by the Leader will be specified on a supplementary notice.

Elaine Waugh  
Head of Law and Governance

24 May 2016

# **CHILDREN, EDUCATION AND SKILLS SCRUTINY 28 JUNE 2016 COMMITTEE**

## **ANNUAL WORK PROGRAMME 2016/17**

### **REPORT OF THE HEAD OF SCRUTINY AND AREA ARRANGEMENTS**

#### **1. Purpose of the Report**

- 1.1 The purpose of the report is to consider and agree a work programme for the Committee for the municipal year 2016/17.

#### **2. Background**

- 2.1 The work programme is designed to set out the key issues to be addressed by the Committee during the year and provide it with a timetable of work. The Committee itself is responsible for setting its own work programme, subject to the coordinating role of the Scrutiny Coordinating Committee.
- 2.2 To be most effective, the work programme should provide a basis and framework for the work of the Committee, while retaining sufficient flexibility to respond to any important issues that emerge during the course of the year. The work programme is therefore intended to be a working document that the Committee can develop and refer to throughout the year.
- 2.3 In order to ensure that the Committee is able to undertake all of its business and respond to emerging issues, there will be scope for additional meetings or visits not detailed in the work programme.
- 2.4 The remit of the Children, Education and Skills Scrutiny Committee covers the following:-  
  
*To review and scrutinise any matter relating to the service performance and commissioning for children, young people and their families including Safeguarding and Child Protection, Family Support and Children's Social Care, Corporate Parenting, Educational Attainment and Skills, Relationship with Schools and Youth Services.*
- 2.5 The work programme should reflect the remit of the Committee and the need to balance its responsibility for undertaking scrutiny, performance management and policy review (where necessary). In accordance with the recent independent review of the scrutiny function there will be an increasing emphasis on accountability and performance management in the composition of the work programme for the year ahead.
- 2.6 The work programme should also reflect and be aligned to the key priorities of the Council as set out in documents such as the Sunderland Strategy and Corporate

Plan, reflect issues highlighted following external assessments and issues raised during the Annual Scrutiny Debate.

### **3. Draft Work Programme 2016/17**

- 3.1 Members are asked to consider the issues it wishes to consider for the year ahead. A draft Committee Work Programme based on some of the key issues facing the Council and raised during the Scrutiny Debate is attached marked Appendix 1. This will hopefully provide a useful framework for developing the work programme for the year.
- 3.2 In terms of the Children, Education and Skills Scrutiny Committee a key theme for the year will be to provide input and monitor progress in the establishment of the new Children's Services Company. A report on the establishment of the new Company was presented to an Extraordinary meeting of the Scrutiny Coordinating Committee on 24<sup>th</sup> May 2016. A further report is scheduled to be presented to that Committee. Following this meeting, future progress reports will be submitted to the Children, Education and Skills Scrutiny Committee and will be incorporated into its work programme.
- 3.3 The Committee will also have the opportunity of obtaining the views children and young people. A report on participation and engagement has been included on the agenda for this meeting and members will have the opportunity to consider the avenues available for engagement and obtaining the views of young people.
- 3.4 Arrangements are also being made for members to have the opportunity to meet and speak with social work staff in order to obtain their views and feedback on the operation and development of the service. It is envisaged that the first round of meetings take place in September/October period with others to follow later in the year.
- 3.5 During the year the Committee will also have the opportunity to review service performance and will be provided with regular reports on complaints relating to Children's Services issues.

### **4. Recommendations**

That the Scrutiny Committee consider and agrees a draft Annual Scrutiny Work Programme for 2016/17 and incorporates emerging issues as and when they arise throughout the forthcoming year;

### **5. Background Papers**

---

Contact Officer :  
Jim Diamond

REASON FOR INCLUSION	28 JUNE 16	19 JULY 16	8 SEPTEMBER 16	6 OCTOBER 16	3 NOVEMBER 16	1 DECEMBER 16	5 JANUARY 17	2 FEBRUARY 17	2 MARCH 17	30 MARCH 17
<b>Cabinet Referrals and Responses</b>										
<b>Scrutiny Business</b>	Remit and Work Programme of Committee (Jim Diamond)  Children and Adult Mental Health Service – Progress Report (Janette Sherratt)  Participation and Engagement of Young People (Jane Wheeler/Martin Birch)	Improvement and Learning Plan – Monitoring Report (Anne Goldsmith)  Social Work – Staff Views - Arrangements (Debra Patterson)	Improvement and Learning Plan – Monitoring Report  Social Work – Staff Views (Debra Patterson)	Improvement and Learning Plan – Monitoring Report  Corporate Parenting Annual Report (Martin Birch)	Improvement and Learning Plan – Monitoring Report	Improvement and Learning Plan – Monitoring Report  Safeguarding Board Annual Report (Independent Chair)	Improvement and Learning Plan – Monitoring Report  Social Work – Staff Views (Debra Patterson)  Local Authority Designated Officer (LADO) –Annual Report (Sarah Storey)	Improvement and Learning Plan – Monitoring Report  Schools Results (Bev Scanlon)  Pupil Place Planning (Bev Scanlon)	Improvement and Learning Plan – Monitoring Report  Suicide and Self Harm, children & young people – Progress Report (Gillian Gibson/Lorraine Hughes)	Improvement and Learning Plan – Monitoring Report
<b>Performance / Service Improvement</b>		Children's Services Complaints (Marie Johnston)			Children's Services Complaints (Marie Johnston)				Children's Services Complaints (Marie Johnston)	
<b>Policy Framework</b>			Children and Young People's Partnership Plan (Portfolio Holder)			Youth Justice Plan (Fiona Brown)				Education and Skills Strategy (Simon Marshall)
<b>Consultation / Awareness Raising</b>	Notice of Key Decisions  Work Programme 16-17	Notice of Key Decisions  Work Programme 16-17	Notice of Key Decisions  Work Programme 16-17	Notice of Key Decisions  Work Programme 16-17	Notice of Key Decisions  Work Programme 16-17	Notice of Key Decisions  Work Programme 16-17	Notice of Key Decisions  Work Programme 16-17	Notice of Key Decisions  Work Programme 16-17	Notice of Key Decisions  Work Programme 16-17	Notice of Key Decisions  Work Programme 16-17
<b>CCFA/Members' items</b>										