

North Sunderland Area Committee Work Plan 2017 – 2018

ITEM 4 Annex 1

People

Actions 2017/18			Due for Completion/ Implementation
1	Health and Wellbeing	Progress Update	
1.1	Members to be kept up to date on the possibility of a football hub in the North	<ul style="list-style-type: none"> Sunderland's expression of interest to become part of the National FA Parklife Hub Football programme successful City Council working closely with both the FA and Football Foundation and local Sunderland Football Clubs Updates to be provided to the People Board Email update provided to all members from Victoria French Representative from Planning to attend December Board December Board received an update on the Parklife Project. Downhill site identified for development with consultation with elected members and residents in the near future. Planning discussions are on-going on the rights of way in the area. Provision to include 3g pitches, changing rooms, bar/function room facility. 	2017/18
1.2	Members continue to receive updates on the Thompson Park House Development as a multi-purpose facility to provide a community amenity for local residents.	<ul style="list-style-type: none"> Utilities are now installed and Project Lead is currently developing a Summer Programme of Activities Thompson Park Café is now open with access to a disabled toilet facility during opening times Park Ranger activities and bike rides delivered over the school summer holidays and October Half Term Quarter 3 SIB Monitoring Update: Over the reporting period the project has provided 14 play ranger sessions and have engaged with many young people and families. The sessions have been well received with parents and have all given praise and support for the programme. Both play ranger parties were well attended by both young people, parents and grandparents <p>In total 48 participants aged between 6 – 12 years were involved in Play Ranger activities held between 23.10.17 – 18.12.17. Activities included arts and crafts, bike riding lessons, indoor and outdoor games, nature spotting and Play Ranger Halloween and Christmas Parties.</p>	2017/18

1.3	Continue to work with CAs to develop capacity as a community hub.	<ul style="list-style-type: none"> • Application packs for Service Level Agreement Community Associations released to Southwick CA and Fulwell CA. Deadline for submission 31st August 2017 • Applications returned and are currently undergoing assessment. • Offer letters provided to Southwick and Fulwell CAs • Southwick and Fulwell CA in receipt of grant aid award for 2017 – 2018 • Proposals for further support to community hubs to be presented to February People Board 	2017/18
2	Activities for Young People (linked to Health and Wellbeing)	Progress Update	Due for Completion/ Implementation
2.1	Deliver a package of events and activities for young people to maximise use of greenspace and beachfront during summer 2017.	<p>5th June, 2017 Area Committee approved funding for the following events/activities to be deliver during summer 2017 :-</p> <ol style="list-style-type: none"> a. Sunderland Summer Fun £7,800. b. St. Peter's Summer Holiday Activities Programme £3,400. c. Southwick Summer Holiday Provision 2017 £1,702. d. Sunderland Young Peoples Bike Project – ward based sporting activities £4,000. e. It's Time for the Beach £8,742. f. Promotion of Summer Programme and End of Programme Event linked to Beach School £902. <p>A wide range of well attended activities delivered over the school summer holidays with full evaluations to be included in December Board Workplan Update.</p> <p>Sunderland Summer Fun aimed to deliver 60 activities to a target of 380 unique users utilising local community venues and accessible green space across the wards of Castle, Redhill, Southwick and Fulwell. The project delivered all activities with over 500 unique users and a total number of 1,000 accessing activities. Activities included archery, football tournaments, volleyball, nerfball, athletics, dodgeball and build a packed lunch activities. Parent Carer Feedback included:</p> <ul style="list-style-type: none"> • My daughter would never have thought of picking up a bow and arrow before, she is now hooked on archery and we came to every Hylton Castle session possible. • Brilliantly ran by friendly staff, restores my faith in the local authorities • Would love to see sessions like these available all year around not just in the summer • These sessions have been great, not only do the kids love them, but it gives me a chance to get stuff done knowing they are safe and entertained. 	July/August 2017

		<ul style="list-style-type: none"> • My child attends every session that he can, he really enjoys the activities and loves the staff who run them, would love to see more. <p>St. Peters Summer Holiday Activities Programme was delivered by Roker URC in partnership with Social Chef, CEED, Forget me Knot Wellbeing, FODI, Sunderland Community Action Group and Karate and Yoga Leaders and a total of 7 volunteers supported the delivery. Average attendance was 24 children for each session enjoying, football, cooking, dancing, sports, puppets, karate, yoga, beach and park trips. With feedback from the young people including:</p> <ul style="list-style-type: none"> • It is fun here and the food is nice • I made lots of new friends and I love the teachers • I loved cooking and dancing • Karate helped me learn more • I had a lot of fun • Fantastic opportunity for my children to socialise with other children as we don't live in an area where they can play out • Summer Fun is the Best <p>Southwick Summer Holiday Provision was delivered by Southwick Neighbourhood Youth Project who provided a total of 20 sessions 10 in Thompson park and 10 at Marley Pots Park. Children and young people who attended had access to a range of resources and activities including football cage, tennis, badminton, rounders, cricket, Frisbees, archery, arts and crafts bracelet making, dreamcatcher kits, henna art, colouring and quiz books, board games and picnic food. Most popular being the football cage and the bracelet making. The young people feedback they enjoyed being at the park and really liked the food and often asked to stay beyond the time of the sessions. Some of the young people who attended are now attending SNYPs youth programme. A total of 76 young people accessed the provision in the Southwick Ward.</p> <p>Sunderland Young Peoples Bike Project (SYPBP) offered a programme of cycle rides across the wards of Southwick, Fulwell, Castle and Redhill. Despite extensive promotion and targeted promotion to local schools and voluntary projects only the Southwick Ward young people accessed the cycle rides on offer a total of 22 young people. Therefore SYPBP is offering additional cycle ride opportunities over School Holidays of October 2017 and Summer 2018.</p> <p>It's Time for the Beach – This year's beach camp grew on the back of the success of the previous years, bookings went very quickly and the camp was</p>	
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		<p>booked to capacity. 29 sessions ran throughout the six weeks with 1,408 attendees 70% of attendees from the North of Sunderland. 10 young volunteers were involved in supporting the project. Despite the weather not being good this didn't put people off attending the camps however some parents' feedback that indoor space facility in the area would be useful. Overall feedback was very good and this year a lot of new attendees from across the North particularly the Redhill area - each primary school in North Sunderland received leaflets promoting the camp. Some issues were encountered due to the free nature of the camp with some booking on not turning up which was unfair to those on the waiting list. Once again extremely positive feedback received from young people and parents.</p> <p>End of Programme Event – The Beach Camp ended on September 1st with a beach party with other organisations from the North and the Mayor was in attendance.</p>	
2.2	Develop a programme of activities for young people in the North.	<ul style="list-style-type: none"> • 5th June 2017 Area Committee agreed to refer its additional budget of £20,000, available to fund the local Voluntary and Community Sector (VCS) to deliver youth activity projects within the community, to the People Board to discuss and propose how this grant could be best utilised. • July Board agreed for discussions to be held within the Raising Aspirations Projects on potential youth activities which could complement and add value to the projects. • September People Board agreed Raising Aspiration Projects Proposal to support young people to develop project proposals to be considered by the People Board at £4,000 per ward as detailed. November Area Committee agreed the proposal. • February People Board to receive and discuss proposals from the Raising Aspirations Projects. 	2017/18
2.3	Relocation of Redhill Play Area (match to S106 and Community Chest). Elected members to work with Sport and Leisure Lead to discuss timescales for the delivery of the project.	<ul style="list-style-type: none"> • Chair of People Board has met with project lead for the play park development to discuss location and equipment which will aid the development of the consultation plan required for delivery of a play park. 	2018/19
2.4	Tall Ships Race 2018. Support Young People from the North to take up the opportunity to be a Sail Trainee.	<ul style="list-style-type: none"> • 5th June, 2017 Area Committee approved additional funding for this project. Total amount of £15,000 of SIB available to support 10 Sail Trainees from the North Area. • Area Committee has also aligned a further £7,500 SIB should there be a greater uptake from the North Area. Providing sufficient funding to support another 5 trainees. 	2017/18

		<ul style="list-style-type: none"> Decision making arrangements to be discussed at July People Board July Board agreed for Chair of People Board represent the North Area Committee on the Selection Panel. Panel held in November with 5 fully achieving the requirements for Bursary and 5 further applications to be considered at December People Board. Members agreed to approve all applications submitted from young people in the North area. To date 14 Sail Trainees have been offered support from North Area SIB. 	
2.5	Tall Ships Race 2018. Support VCS organisations from the North area to take up the opportunity of being involved in the Tall Ships Cultural Programme.	<ul style="list-style-type: none"> 5th June 2017 Area Committee approved £10,000 SIB for the development of a Call For Projects, by the People Board, to deliver a cultural programme linked to Tall Ships 2018. Area Committee has also aligned a further £5,000 of SIB to be allocated to this project should more applications be received from groups from the North wishing to take part in the cultural programme. Call for Projects Brief to be discussed at September People Board. September People Board deferred the Project Brief to December People Board where it is anticipated that more information will be available on Tall Ships 2018 December People Board agreed release of the Project Brief to the North VCS Network. Applications to be considered by the February People Board. 	2017/18
3	Job Prospects and Skills	Progress Update	Due for Completion/ Implementation
3.1	Develop Project(s) to support the delivery of North Area Priorities and Community Led Local Development (CLLD) Priorities (£96,705k of SIB previously aligned as match funding for CLLD Projects).	<ul style="list-style-type: none"> Awaiting approval of CLLD funding applications. CLLD Launch to be held on 1st November 2017 with North CLLD workshop to be held on 2nd November 2017 Workshops held and Area Community Development Lead currently supporting local groups to discuss partnership opportunities Call for Projects for the SIB match circulated 1st December 2017 to the North VCS Network Applications to be presented to the February People Board for discussion and recommendations to March Area Committee 	2017/18
4	VCS Capacity Building	Progress Update	Due for Completion/ Implementation
4.1	Continue to support the development and engagement with VCS organisations through the North Area VCS Network, to include:-	<ul style="list-style-type: none"> VCS Area network meeting held 13th July at Marley Park Fire Station agenda items included support in to employment project Moving on Tyne and Wear, Raising Aspirations Project and the delivery of school holiday activities. 	2017/18

	<ul style="list-style-type: none"> a. Identify local solutions to local problems for referral to boards. b. Support and signposting on funding opportunities and the completion and development of funding applications. c. Support and sign posting for volunteer development. d. Continue to support organisations who deliver services and activities that benefit the community. 	<ul style="list-style-type: none"> • September Agenda items to include updates and presentations from Grace House, More than Grandparents Project, Sunderland City Council Environmental Enforcement Team, Tall Ships and UK City of Culture Bid. • November Area Network to be CLLD Workshop • December Agenda items to include update on Sunderland City Council Environmental Enforcement Team deferred from September Board. 	
5	Cross Cutting Priority Place & People – Raising Aspirations and Making Positive Changes - Projects which will “Encourage and raise the aspirations of local people by providing them with support, activities and resources to make positive changes in their local area bring about behaviour change and reduce demand for services”	Progress Update	Due for Completion/ Implementation
5.1	Friends of Thompson Park & Southwick Partnership – Raising Aspirations and Making Positive Changes (Funding application to be considered by Area Committee on 05.06.17)	<ul style="list-style-type: none"> • All Raising Aspirations Projects Delivered a Presentation to the February People Board • Project commenced Quarter 2 SIB Monitoring Update: <ul style="list-style-type: none"> • Bee Keeping Course in Sunderland Home Grown commenced • Storage container purchased and sited within Sunderland Home Grown to store equipment for usage in the ward • 2 young people have commenced training on Sports Leader Course • Play Ranger and cycling activities delivered in the Park • Carers Centre Crafty Cuppa project first course promoted and full commenced September 2017. Second course commencing November 2017 • Salvation Army Guys & Dolls Project commenced September 2017 • Group discussed potential SIB youth activities funding and proposed the Friends of Thompson Park form a panel and work with young people in the ward through youth projects to development proposals. • Within the Raising Aspirations Project is a budget to cover security for opening and closing of the park and the group have discussed changes to this element details of which are included within the Finance Report to 	2017/2019

		<p>November Area Committee, which were agreed</p> <ul style="list-style-type: none"> Existing SIB Project – Improvements to Thompson Park has some budget remaining and proposals were presented to November Area Committee and agreed Group working together to discuss the potential of submitting a CLLD Project Application <p>Quarter 3 SIB Monitoring Update:</p> <p><u>Crafty Cuppa @ Sunderland Carers Centre</u></p> <p>Crafty Cuppa was facilitated by a local artist as a pilot programme in June 2017 at Sunderland Carers Centre. Due to its popularity with carers, it was felt that this would be an ideal project for Friends of Thompson Park & Southwick Partnership – Raising Aspirations and Making Positive Changes.</p> <p>Crafty Cuppa is an informal 6-week course where by candidates can gain skills in a variety of art and craft activities. This also enables them to gain access to peer support, information, advice, and guidance, in addition to building upon or learning new skills.</p> <p>One of the aims of the group is that new friendship groups are made and new skills are recognised and developed. As such 3 of the original carer attendees now feel confident to facilitate the next set of sessions within a volunteering role.</p> <p>The sessions that commenced on Thursday 14th September proved to be very popular with all those who attended. Evaluation sheets were completed and returned, very positive comments. It was agreed that the outcomes had been met.</p> <p>Participants in the Crafty Cuppa have enrolled in a ceramics course to enable them to continue improving their skills.</p> <p>Volunteers agreed to return in November to facilitate another 6- week course.</p> <p>Once again, the Crafty Cuppa proved to be very popular. The six- week course commenced on 2nd November with a “Christmas” theme. To celebrate the end of this programme the participants from the first session were invited to a Christmas social.</p> <p>Photographs of all craft items produced are shared on our Facebook Page and we will compile a complete album at the end of the programme. All</p>	
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		<p>participants will complete a measurement evaluation tool at the beginning and end of the programme to measure the outcomes. We have provided transport for those who would otherwise find it very difficult to attend the Project.</p> <p>Sunderland Young People's Bike Project @ Thompson Park We have delivered 1 Raising aspiration session to date, due to poor weather conditions we have had to cancel other planned sessions. We are now looking into a programme for the 2018. This programme will be circulated and promoted on the notice/information board and social media We have promoted Raising aspirations through posters/flyers/information boards and social media</p> <p>Sunderland Home Grown Project The bee keeping element of this project cannot be delivered over the winter months as the bees are not active.</p> <p>Southwick Neighbourhood Youth Project <u>Drop-in youth sessions</u> Over the winter months attendance at the drop-in sessions has increased. The young people who have attended have enjoyed a wide range of activities and resources. They've enjoyed challenging each other on the new games console, completing planned activities such as cooking, team games and craft sessions.</p> <p>During October half term we were able to take the young people on a project visit to Frightwater Valley to celebrate Halloween in a safe environment.</p> <p>The young people have brought along friends to the group including new members who have been welcomed and are now attending regularly.</p> <p>We've had a number of interesting conversations too, often allowing us to engage the young people in educational discussions where correct and factual information can be shared with them so they are able to make their own informed decisions; some areas we have covered include substance misuse, sexual health and appropriate relationships and racism.</p> <p>Young people on the drop-in session have continued to access the C-Card service we have at SNYP and occasionally the Gonorrhoea/Chlamydia testing kits we have on site.</p>	
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Junior club

SNYP Junior group meet weekly and the group is available to young people aged 8-11 and offers them a chance to experience youth work, get to know the project and give them support through their transition from primary school to secondary school if needed.

The group works to six weekly programmes, which they are responsible for planning with guidance from the staff. Over the course of the last 3 months the juniors have enjoyed a variety of programmes, examples of their activities include footy in the yard, a Halloween party, pumpkin carving, glass painting, making fruit kebabs, playing board games, a nature walk and enjoying the new PS4.

Newer members to the group have been welcomed by those who have been with us a long time. It has been good to see everyone get along and join in with the activities. The newer members have grown in confidence and are now confident in voicing their opinions and contributing to the programmes that are planned.

One of the junior members compered at Southwick Illuminations, her confidence has been boosted massively and she looks forward to doing it again next year

F.A. Training

Hoping to have the level 2 courses completed by the summer. A soccer school will start in the spring with the support of staff from SNYP and will take place weekly in Thompson Park

Social Action Project

SNYP Youth Council has 5 regular members who meet at SNYP every Friday. The purpose of the youth council is to make sure that young people from SNYP and Southwick have a voice and are represented. The council is responsible for social action too – and encouraging others to make a difference in their community. The group designed their own logo for the youth council, and had it embroidered onto t-shirts and printed onto business cards and stationery. The logo has also been adopted by SNYP and will be used on our website, social media and correspondence from January 2018, giving the young people ownership of the project. The youth council have been involved in a number of activities designed to promote social action and the positive contributions young people make in Sunderland. They have organised a leafleting session where they posted information about bonfire night safety on

		<p>behalf of Tyne and Wear Fire and Rescue Service. The youth council also did a clean up in Thompson park by picking up litter. They attend PACT meetings so that they can represent their peers. They have attended events in the city including the BME network event, Black history month events and a Diwali festival at the National Glass Centre. The youth council worked on building a lantern for the festival that takes part yearly at Southwick Community Primary School. The youth council had a part to play in the recent Southwick Illuminations - they had a small fundraising stall and also helped distribute selection boxes to the children who came to the event</p> <p>The group have met with other youth councils and aim to support youth projects that wish to establish their own.</p>	
5.2	<p>St. Peter's Youth and Community Partnership - Raising Aspirations and Making Positive Changes Project (Funding application to be considered by Area Committee on 05.06.17)</p>	<p>Quarter 2 SIB Monitoring Update:-</p> <ul style="list-style-type: none"> • St. Peters Youth & Community Partnership constitution and bank account now in place • Launch of Partnership held at Dame Dorothy Primary School on September 11th • Partnership developing funding applications for the refurbishment of former caretakers house on Dame Dorothy Primary School site into a youth and community resource for the ward. • Detached Youth Work Delivery commenced – 3 sessions per week • 2 Play Sessions per week delivered at Roker URC and Tesco Community Room • SIB awarded by November Area Committee to support the refurbishment of the house • Partnership have formed a Building Sub Group to focus on funding applications and development of building <p>Quarter 3 SIB Monitoring Update: Sunderland Community Action Group, 2 x Detached Sessions per week Following on from September's launch in St Peter's ward, Youth workers started to engage with young people on a range of issues. 'Detached Youth workers have access to a laptop and android phone which makes it easier for young people to gain direct information and support on a range of issues. This made it easier for Youth workers to engage directly with young people (offering a multi service) which is not just activity based or relationship building. However there have been problems (at times) because of the weather with signal strength and sometimes no signal altogether with roaming Wifi access, Workers got around this issue by downloading relevant information direct onto a portable hard drive and/or bringing young people back to the Wifi hotspot (McDonalds/Tesco's shopping parade) to register their details online re: the Ccard service system or finding further relevant</p>	2017/2019

		<p>information. Workers are still seeing issues with young people around drug & alcohol intake, Roker park (after dark) is one of the main meeting points for young people who want to get involved in this ASB.</p> <p>* Please note: once St Peters Youth & Community Centre is opened won't have the problem re: online registration/information for young people in the community, as can do directly with them in the centre.</p> <p>Have a slight safety issue in the winter months as the park lights are switched off which makes it really dark and unsafe for workers to enter into the centre of the park after dark. To combat this a meeting has been set up with CEED to discuss this issue and look at ways of alleviating the problem. They have discussed making the seafront Pods available to detached workers on an evening so they can work with small groups of young people who may be hanging the park at night.</p> <p>SCAG Detached workers have passed on various forms of Information to young people which includes Drug & Alcohol support/information. "Know the Crime, Do the time" information, also Young people's mental health information, Sexual health information in both hard copy and also accessing online "Apps" and "other" Web pages which includes contact details of Local authority services & national statutory health/information organisations via the internet.</p> <p>The project has directly supported young people to gain information and support from other Health services, which included Genito urinary medicine (gum) clinic in Sunderland city centre.</p> <p>SCAG achieved all targets set in quarter 3 in accordance with SIB, Raising Aspirations & Marketing Positive Changes outputs.</p> <p>Sunderland North Community Business Centre, Play x 1 session per week Youth sessions x 1 per week</p> <p>SNCBC Play Sessions Delivery commenced at Tesco's Community Room following the launch of the St Peters Partnership on 11th September 2017. A referral form and leaflet were devised, and these were distributed to local schools and made available to the lead organisation. Sessions commenced from Tesco's from Thursday 14th September 2017. 15 sessions have been delivered to the end of December 2017 – no delivery took place on Thursday 28th December 2017. Contact – 38 Individual number of young people. Participation – 35 participations (worked with child on 4 or more occasions).</p>	
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		<p>SNCBC Youth Sessions Detached Youth delivery commenced in St Peters ward on Wednesday 6th September 2017. A referral form and leaflet were devised, and these were distributed to local schools and made available to the lead organisation. 16 sessions have been delivered to the end of December 2017 – no delivery took place on Wednesday 27th December 2017. Contact – 98 Individual number of young people. Participation – 56 participations (worked with young person on 4 or more occasions).</p> <p>Forget Me Knot 1 Play session per week Roker URC Fun Club Currently the sessions, on a Monday tea-time, have had no attendances. This is despite the huge success of the last two years Holiday Activity Schemes and emailing users and parents. Evidence suggests that a range of after school activities and the provision of activities by a local evangelical church, which includes free child care, has affected attendances. This church has been engaged with, but are not, at this stage, wanting to work in partnership. This is further aggravated by the provision of activities in nearby Fulwell ward.</p> <p>Future Plans. The Fun Club is to be re-launched at the URC on 15.01.18. Both local primary schools have been contacted, and are supporting the club, and leaflets have been handed out to all pupils, inviting them to the launch. This will be backed up by emailing all children and parents who have utilised the URC. Social Chef will deliver one session and the service will be re-evaluated at half-term, in February. Further attempts will be made to engage with the evangelical church, to develop local partnership working, and, should SIB targets not be met, further steps will be taken, including moving the Fun Club to another venue.</p> <p>The feedback from the Forget me Knot Wellbeing element of the project has been considered and invoice for payment returned for amendment taking in to account non delivery and not raising this as a concern until the end of the quarter. Forget me Knot have advised of measures put in place to ensure young people attend the sessions and they have been advised that monthly monitoring is required on this element of the project to ensure delivery. Failure to adhere to this will result in this element of the partnership being removed.</p>	
5.3	Raising Aspirations and Making Positive Changes in the Castle Ward (Funding	<p>Quarter 2 SIB Monitoring Update:</p> <ul style="list-style-type: none"> Steering Group in early stages of development, engagement in place with ward 	2017/2019

	application to be considered by Area Committee on 05.06.17)	<p>councillors and first stage of project delivery agreed for Hylton Dene</p> <ul style="list-style-type: none"> • Job Advert circulated for worker to support the project • Worker in post January 2018 to support the Project <p>Quarter 3 SIB Monitoring Update:</p> <ul style="list-style-type: none"> • This quarter the Raising aspiration Steering group have met twice, SNCBC's Environmental Supervisor has visited the Hylton castle site and completed a comprehensive development plan, which is due to be circulated. The plan details priority areas of work at the site for the proposed environmental element of the Castle Ward Raising Aspirations project • It has successfully recruited a Part time community ranger in December, she is due to commence mid-January and brings along a wealth of knowledge and experience in community development. She will begin her role completing a Mapping exercise and needs analysis of the area, working closely with the steering group and local partners. • Anti-Social behaviour was also identified as a priority area for the work of this project, the project has already linked some youth delivery in hot spot areas , both detached and midnight football which will commence as the weather improves. 	
5.4	Raising Aspirations and Making Positive Changes in the Redhill Ward (Funding application to be considered by Area Committee on 05.06.17)	<p>Quarter 2 SIB Monitoring Update:</p> <ul style="list-style-type: none"> • First Steering Group meeting held with the involvement of Ward Councillors and Local Police Team • Links established with Redhouse CA • Delivery expected to commence September 2017 • Open mornings at Redhouse Community Association to be held w/c 18th September 2017 in order to consult with local community • Working with young people and are setting up a cinema club • Providing out of school and toddler activities. • Ward walks carried out with ward members and key partners in the area including Gentoo and Police • Developing an environment group "Litter Bugs" • Working with TWFR to provide activities from Marley Park Fire Station • Linking with local primary schools and developing recycling projects. • Developing funding applications to support delivery of services and activities • Attending Health Champions Training Programme in order to further develop their skills to support local community 	2017/2019

Quarter 3 SIB Monitoring Update:

- **Parent and toddler group**

Messy play group began on 9.11.17 at Red House Community Centre and runs each Thursday from 10-11am. Beginning 11.1.18 the timing of the session was changed to 9.30-11 to allow the parents extra time to settle into the venue and get to know other parents and children from the community before the activities started. This decision was made upon parental feedback and we hope this extended session will enhance the community spirit we are trying to generate through this project. The sessions also include an element of Spanish in an effort to help children and parents learn and develop new interests beyond the norm of everyday life.

- **Live Life Well**

Met with Live Life Well team to discuss running Health Awareness sessions in the ward. These sessions would initially be working with selected families in an effort to “change their health behaviour lifestyle”. These sessions include topics such as healthy eating, reducing alcohol, being active, 5 ways to wellbeing among others. The sessions would be offered free to families and lead by members of the Live Life Well team. There is also potential for an 4/8 week healthy weight management program and a personalised health plan which would run for 12 weeks and target individuals or families. We meet again with the Live Life Well team week commencing January 29th.

- **Community Shop**

The Community Shop runs at Red House Community Centre on a Wednesday morning from 10-12.30, it is supported by Sunderland North Family Zone (SNFZ), the shop was to close as SNFZ no longer had volunteer capacity to continue, we were able to help staff this and now it is run by All About You Raising Aspirations Project. We collect food and goods from SNFZ on a Wednesday morning and open the shop to the community providing people within the ward with accessible every day essentials at affordable prices without the need to venture out to big supermarket also helping those who are socially isolated., The shop also overlaps with groups in the centre such as the coffee morning, Weight Watchers and tea dance in an effort to reach as many people as possible. We are also working with Willowfields Primary to be able to offer a much needed community shop based within the school.

- **Christmas Food Donations**

We applied to Aldi to collect surplus stock on Christmas Eve to distribute to those most in need in the community. We were giving permission to receive stock from the Aldi store in Southwick, which we were informed would be 20-30 crates of

		<p>meat, bread, veg and other fresh products. In preparation we bought a chest freezer to keep meats and arranged with St Cuthberts Church in Red House to store and sort products there. We provided the food and support for a Free Christmas Day dinner the church was providing for people in need or were spending Christmas Day alone. On Christmas Eve we collected close to 200 crates of food which filled 3 cars and a large white van. Food was sorted and stored and we delivered food hampers to people in need on Christmas eve in effort to boost community spirit to families and people who were identified through help from local charities, churches and council. On December 27th we opened up the church and had an open morning where local residents could come along and take anything they may need free of charge more hampers were also distributed. We also donated a large amount of food to Blossom Hill care home next to the church who are just finding their feet after reopening. Remaining veg was donated to Page Pastures Community Farm for feed for animals to ensure wastage was as minimal as possible. We're hopeful we will be able to do this again next year and possibly on a more regular basis.</p> <ul style="list-style-type: none"> <p><u>Community Cinema</u> Through working with the facilities at Marley Park Community Firestation and listening to some of the issues faced in local schools and the community (one local school advised that some of their children had never been to the cinema, or even the beach), we devised the idea of running a community cinema based within the firestation. We have acquired a Motion Picture License that allows us to screen movies and we are running an initial pilot with local primary schools giving their children a chance to come and watch a movie. Once the pilot period is complete we will review and there is hopes that we may be able to offer screenings to the community on a regular or semi-regular basis.</p> <p><u>Youth Activities</u> Through interaction with local youths in our efforts to run more youth based sessions, we found through feedback that whilst some were happy to engage in sporting activities (specifically indoor football), the main consensus on what was wanted was a place where they could go to be safe, warm and be with friends, possibly with Wi-Fi. Through working with St Cuthberts church we devised an idea for a Youth Café. The church has a recently refurbished room with adjoining kitchen and this is the area we have identified to hold these sessions. Work is now on-going to engage and grow awareness to begin sessions, we are hoping to bring the idea to the Peoples Board in February to apply for funding from the youth fund.</p> 	
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	<ul style="list-style-type: none"> <u>Youth Sessions at Red House Academy</u> After months of negotiations we were informed in January of space for a session in the sports hall on a Monday night. These sessions will begin on 15.1.18 and are aimed at 10-14 year olds and will include a range of activities. We are advertising the club as free with a voluntary donation of £1. We're hoping to use this club as a way to engage with a lot more youths in the area and to build up foundation of trust between all parties and to raise awareness for the potential Youth Café as well as other potential projects. <u>Adult Learning Courses</u> We are working with Learning Curve who offer fully funded and accredited courses in Maths, English and many other subjects. The plan is to offer these courses to the community, free of charge, based in local communities to help upskill people with an aim towards helping them into employment, or to further their employment prospects. We are looking to work closely with local agencies and charities to identify the people who would benefit from these courses the most. <u>Community Led Local Development</u> We attended the Community Led Local Development launch event on November 2nd. We are currently working towards an initial application by ensuring match funding is in place and appropriate sessions and activities are included to match the project aims. We are also consulting with local people and organisations around this to ensure a multi-agency approach which would benefit a larger section of the community. <u>Tall Ships</u> Supported a young person who has been involved in the Sports Programme for many years in applying for bursary funding to take part in the Tall Ships event. <u>Willowfields Sessions</u> We met with the new Head Teacher of Willowfields to discuss how we can support the school and activities within. She was extremely open to us helping with the school and we discussed a number of projects that we could work together on. The first of these were visits to Marley Park Community Firestation from children in the school for a weekly session based around healthy eating and healthy lifestyles. During these sessions children took part in practical hands on work including working with ingredients, identifying healthy and unhealthy foods, making affordable, healthy snacks at home for the family, among other topics. These sessions were designed to highlight the benefit of a healthy lifestyle for not just themselves but their whole family, and identify easy and affordable ways they can achieve this together. 	
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5.5	Raising Aspirations and Making Positive Changes in the Fulwell Ward (Funding application to be considered by Area Committee on 05.06.17)	Quarter 2 SIB Monitoring Update: <ul style="list-style-type: none"> • Meeting held with ward councillors to discuss project • Steering Group meeting held 11th September 2017 • Project delivery to commence September 2017 • Social Media site active and consulting with the local community – Friends of Fulwell 	2017/19

	<ul style="list-style-type: none"> • Links established with Fulwell Community Library and partnership projects have included volunteers from Friends of Fulwell Project supporting the Library • Links established with Sea Road and Fulwell Traders. Projects include planter project for shopping areas and potential for Traders to provide funding to join with the Friends of Fulwell Facebook and Website. • Steering Group discussed the potential to work with young people to develop proposals for the SIB funding for activities for young people. • Community Clean up delivered at Seaburn Dene Primary School • Community Clean up planned at Cut Throat Dene • Supported Fulwell Community Library and led on the event planning for Fulwell Christmas Tree Switch On Event • Placed planters at various locations in Fulwell and including Sea Road • Working with local schools to decorate the trees and planters • Established a Community Drop In Session linking to key voluntary sector partners and local police – first drop in held 29th November 2017 • Future plans include May Bank Holiday event for local community involving VCS organisations, Traders and Schools. <p>Quarter 3 SIB Monitoring Update:</p> <ul style="list-style-type: none"> • 4 Christmas Party's supported, 2 for the elderly, one for volunteers and one for the young • 8 Large planters placed and planted down Sea Road and Dovedale • Holiday camp for youngsters aged 4-12 years where young people give up their own time to get mucked in and make a difference to Fulwell Community. • First community consultation with the police and general public. • Continue to work on the Fulwell Community Library Garden as we look to create a place in the summer to sit outside and create a community herbal garden. • St Benet's children supported and clean up flower beds along with the police and local volunteers • The Christmas tree switch on which was a great success approx. 200 people attending supported by Sainsbury's and Hays travel. • Christmas trees were placed in planters on Sea Road, this was thanks to Sunderland City Council Community Chest Funding which also helped to pay for the bedding plants for the planters. • Helped support Fulwell Library in all their events such as pottery classes, afternoon teas and community events. • Held general chats with local people around social isolation with men. This is 	
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		<p>working really well and needs expanding on in the New Year.</p> <ul style="list-style-type: none"> • As part of the holiday camp youngsters participated in a Circus Club. • Celebrated local businesses successes. • Overall the project is delighted in the response it has had from the general public. There has been very little `negativity and a lot of people are buying into the project. This in some way is leading to its own problems in that managing the project is becoming quite a task as the growth is so large and this is going to have to be carefully managed going forward. We need to start getting more volunteers involved in running the project to help manage this growth. • Four trustees have been recruited for the new charity and the application for Friends of Fulwell to become formally constituted has been submitted to companies' house, awaiting its outcome. This is vital to enable FOF to start to be able to source outside funding in. Social media and the brand continues to grow with more people engaged every day. Everything is going great and it's better than we could have ever imagined. • We continue to work with local businesses, some are more supportive than others and bringing them all together to work for the benefit of the community is quite a task. However we have had some success and we are looking to build on this into 2018. • Through youth work we have succeeded in getting people active through the holiday camp which was specifically around community work and quite different to anything else. • One thing which should be noted is that the weather in quarter 3 was particular challenging with freezing conditions and when it hasn't been cold it has been windy and raining. This has had a small impact on some of the work we wanted to do, particular the outside work in the environment. • We are now looking forward to 2018 and have a huge list of tasks to achieve, we are very confident of 2018 being a great successful year. 	
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