

## **CHILDREN, EDUCATION AND SKILLS SCRUTINY COMMITTEE**

### **AGENDA**

**Meeting to be held in the Civic Centre (Council Chamber) on Thursday  
2 December 2021 at 5.30 p.m.**

#### **Membership**

Cllrs Crosby, Dodds, Dunn, P.W.L. Gibson, S. Johnston, Mason-Gage, McKeith (Vice-Chairman), Noble, Samuels, Scanlan, P. Smith (Chairman) and Tye

Co-opted Members – Mrs. A. Blakey and Ms. J. Graham

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	<b>Part A – Cabinet Referrals and Responses</b>	
	No Items	
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E. WAUGH,  
Assistant Director of Law and Governance,  
Civic Centre,  
SUNDERLAND.

24 November 2021

## Item 2

**At a meeting of the CHILDREN, EDUCATION AND SKILLS SCRUTINY COMMITTEE held in the COUNCIL CHAMBER, CIVIC CENTRE on THURSDAY 4<sup>th</sup> NOVEMBER, 2021 at 5.30 p.m.**

### **Present:-**

Councillor McKeith in the Chair

Councillors Crosby, Dodds, Dunn, S. Johnston, Mason-Gage, Noble Samuels and Tye.

### **Also in attendance:-**

Joanne Brown, Early Help ATM with DVA Lead, Together for Children  
Ms Jill Colbert, Chief Executive, Together for Children  
Mr Jim Diamond, Scrutiny Officer, Law and Governance, Corporate Services Directorate  
Mr David Noon, Principal Governance Services Officer, Law and Governance, Corporate Services Directorate  
Ms Gillian Robinson, Scrutiny and Members Support Coordinator, Law and Governance, Corporate Services Directorate  
Ms Gerry Taylor, Executive Director of Public Health & Integrated Commissioning  
Ms Susan Toulson, Early Help Service Manager, Together for Children

### **Apologies for Absence**

Apologies for absence were submitted to the meeting on behalf of Councillors Paul Gibson, and Pat Smith also on behalf of Ms Anne Blakey.

### **Minutes of the last meeting of the Children, Education and Skills Scrutiny Committee held on 7<sup>th</sup> October 2021**

1. RESOLVED that the minutes of the last meeting of the Children, Education and Skills Scrutiny Committee held on 7<sup>th</sup> October, 2021 be confirmed as a correct record.

### **Declarations of Interest (including Whipping Declarations)**

There were no declarations of interest made.

### **Draft Sunderland Domestic Abuse Safe Accommodation and Support Services Strategy**

The Executive Director of Public Health and Integrated Commissioning submitted a report (copy circulated) which placed in context the statutory duty of local authorities

to assess the need for accommodation-based support for adult and child survivors of domestic abuse and to put in place a strategy to meet the needs identified.

(For report – see original minutes)

Ms Gerry Taylor presented the report which also sought the Committee's views on the appended draft Domestic Abuse Safe Accommodation and Support Services Strategy and in particular its four priorities namely:-

'1. Ensure that what we do is underpinned by a robust needs assessment: to improve our knowledge of demand and capacity and to better understand and evidence the levels of unmet need (including needs of male victims-survivors) and the barriers that prevent victims-survivors with diverse and additional needs from accessing support.

2. Deliver quality service interventions which contribute to improving outcomes for survivors and children: to commission outcome-based services to meet needs identified giving priority to support services which address mental health and substance misuse and services which work directly with children.

3. Increase safe accommodation provision: to ensure victims and survivors achieve stable and secure accommodation with a minimum of moves which contributes to their recovery and ability to engage with specialist support services, including how pathways into accommodation for perpetrators could be developed.

4. Strengthen our approach in hearing the voice of survivors, and children and young people, including those with protected characteristics, to ensure their views are heard and influence what we do: to involve survivors-victims in commissioning processes to ensure support services are accessible, equitable and inclusive and outcomes for victims-survivors are understood.'

The Chairman thanked Ms Taylor for her report and asked if the city had sufficient levels of safe accommodation or was more required?

Ms Taylor replied that it was fair to say there were high levels of domestic abuse in the city and there were gaps in provision however it was something that was being addressed.

Chairman referred to the Domestic Abuse Local Partnership Board and asked if Ms Taylor believed it was working well. Ms Taylor replied that it was early days for the partnership as the arrangements were still very new. The overarching group had been established and to date had met twice to appoint its Sub-Groups. So far, the partnership was working very well, there was a strong engagement among the stakeholders towards developing the strategy.

Members having welcomed the report and the strategic priorities of the draft Domestic Abuse Safe Accommodation and Support Services Strategy, it was:-

2. RESOLVED that the report be received and noted;

## **Operational Delivery of Services to Support Children and Families Impacted by Relationship Difficulties, Domestic Abuse and Violence**

The Service Manager Early Help and Early Help Assistant Team Manager with DVA Lead, submitted a joint report (copy circulated) which introduced a presentation from Susan Toulson and Joanne Brown on the current approach to supporting families and children experiencing relationship difficulties, domestic abuse and domestic violence and outlined future aspirations for service delivery and improved outcomes for children and families. In concluding the presentation Ms Brown provided the Committee with a detailed a case study to illustrate the practical impact of the support available.

(For report – see original minutes)

The Chair thanked Ms Toulson and Ms Brown for their presentation and invited questions and comments from Members.

Councillor Crosby asked if TfC liaised with legal services in respect of issues arising from domestic abuse such as divorce? Ms Colbert advised that issues such as divorce were a civil matter and that TfC would not become involved unless directed by the court.

In response to enquiries from Councillor Samuels, Ms Toulson advised that the Independent Domestic Violence Advisers were funded as part of a commissioned service provided by Wearside Women in Need (WWIN). With regard to the timescales in respect of the DVA Therapy Project, there was currently no waiting list. It was a newly established in house project which began in July and it was anticipated that a waiting list would be required if demand continued to grow. With regard to the Big Programme for male perpetrators, Ms Toulson advised that she didn't have any figures to hand regarding the impact or success rate of the programme but would hope to circulate details following the meeting. With this in mind, Ms Colbert drew members attention to 'Walking on eggshells' a report recently published by Sunderland University which provided an analysis of service-users' perspectives of domestic abuse support services in Sunderland. It was a public document, and she would send a copy to Mr Diamond to circulate to the Committee.

In response to an enquiry from Councillor Dunn, the Committee was informed that domestic abuse services were available in respect of children with special educational needs. TfC were committed to equality of access and aimed to provide a bespoke service for each family affected by domestic violence.

In response to a number of questions from Councillor Noble, the Committee was informed that the DVA Therapy Project was delivered in house and it was something Ms Toulson wished to see grow. The service did not have a dedicated worker for the BME community but would love to be in the position to appoint one.

The service wished to develop a range of interventions in cases where children were the perpetrators of domestic abuse and this was currently a work in progress. The 'Big Programme' for male adult perpetrators could also be adapted for work with female perpetrators. In response to a final question from Councillor Noble as to whether the Service had the resources to cope with demand and fund the services

required, Ms Toulson replied that if she was being honest, she would say that the Service could always do with a bit more.

Councillor Noble stated that she believed that TfC and WWIN did a fantastic job and wished to see the Council step up and take the provision further. She felt that this should be a priority for the Council and the Committee coming out of Covid.

Ms Taylor confirmed that there was a lot more work planned by the Council as part of the Domestic Abuse Local Partnership Board moving forward.

There being no further questions or comments for Ms Toulson and Ms Brown, the Chair thanked them for their presentation and suggested that the presentation slides were circulated to all Councillors or brought to their attention via the Area Committees.

3. RESOLVED that the report and presentation be received and noted;

### **Together for Children Performance Update**

The Director of Children's Services submitted a report (copy circulated) which provided the Committee with an overview of performance against TfC's contractual indicators with Sunderland City Council for the period August to October 2020 and which set out the:-

- TfC Contractual Key performance indicators (KPI) reported to the Council;
- TfC Supporting measures (SM) reported to the Council, and
- TfC Measures included within Sunderland Council's City Plan.

and provided a high-level summary of performance for each measure together with a service commentary for any rated amber or red.

(for copy report – see original minutes)

Ms Stacy Hodgkinson, Service Manager presented the report and together with Ms Colbert addressed questions and comments from Members thereon.

Councillor Crosby queried the graph regarding the 'Number of missing from care episodes (& children)' detailed on page 54 of the agenda. Ms Hodgkinson advised that it appeared to be an error on the labelling of the graph.

Councillor S. Johnston welcomed the report but referred to the slide detailed on page 53 of the agenda (% of young people who are NEET or whose activity is not known age 16 – 17). He stated he had slight concerns that the line on the graph for 2021/22 seemed to be following the same upward mid-year spike as 2020/21 and asked if there was a reason for this. Ms Colbert replied that the spike during the summer months reflected that period where TfC were unaware of the young people's activity during the summer having left the school system until they showed up elsewhere. She reassured Councillor Johnston that Sunderland now had the most improved performance in the region with regard to this metric.

Councillor Noble stated that there were no real surprises in the report although it was actual better than she had expected. She offered her congratulations to everyone involved.

There being no further questions or comments for Ms Hodgkinson, the Chair thanked her for her report and it was:-

4. RESOLVED that the report be received and noted.

### **Together for Children Customer Feedback Six Monthly Report**

The Director of Children's Services submitted a report (copy circulated) which provided the Committee with information relating to the compliments and complaints received by Together for Children during the period April 2021 – September 2021.

(for copy report – see original minutes)

Ms Stacy Hodgkinson, Service Manager presented the report and addressed questions and comments from Members thereon.

In response to an enquiry from the Chair regarding what had been done in house that had resulted in a decrease in the number of complaints, Ms Hodgkinson advised that in addition to service improvements, a focus had been placed on the learning gained from addressing complaints. This included tackling a complaint at the earliest possible stage and working with the complainant to seek a resolution and avoid any escalation. An action plan was maintained and closely monitored by the Customer Feedback Team. Reminders were sent to managers with responsibility for the recommendations arising from complaint resolution each month and reported into Senior Management Team meetings to ensure that the learning was shared across the whole service.

Councillor Noble referred to paragraph 10.2. of the report regarding a complaint dating back to 2017 whereby a large payment was made to remedy lost care provision over a three and a half year period. She asked if this was something that needed to be looked at for the future or if it was a one-off event. Ms Hodgkinson explained the circumstances of the case leading to the compensation payment and confirmed it was likely to be a one off.

There being no further questions or comments, the Chairman thanked Ms Hodgkinson for her attendance, and it was:-

5. RESOLVED that the report be received and noted.

### **Annual Work Programme 2021/22**

The Scrutiny and Members' Support Co-ordinator submitted a report (copy circulated) which briefed members on the developed of the Committee's work programme for the municipal year 2021/22 and appended a copy of the programme for Members' consideration.

(for copy report – see original minutes)

There being no questions or comments, it was:-

6. RESOLVED that the report be received and noted.

### **Notice of Key Decisions**

The Scrutiny and Members' Support Co-ordinator submitted a report (copy circulated) which provided Members with an opportunity to consider those items on the Executive's Notice of Key Decisions for the 28 day period from the 18<sup>th</sup> October, 2021.

(for copy report – see original minutes)

The Committee was advised that if Members had any issues to raise or required further detail on any of the items included in the notice that were within the purview of the Committee, they should contact Mr Diamond, Scrutiny Officer for initial assistance.

7. RESOLVED that the Notice of Key Decisions be received and noted.

There being no further items of business, the Chair closed the meeting having thanked members and officers for their attendance and contributions.

(Signed) J. McKEITH,  
Chairman.



**CHILDREN, EDUCATION & SKILLS SCRUTINY COMMITTEE     2 DECEMBER 2021**

## **HEALTH RELATED BEHAVIOUR SURVEY FINDINGS– ACADEMIC YEAR 2020/21**

### **Report of the Executive Director of Public Health and Integrated Commissioning**

#### **1.0 Purpose of the Report**

- 1.1** The purpose of the report is to share an overview of the findings of the recent Health Related Behaviour Survey conducted in the summer term of 2021.
- 1.2** The published survey along with a supporting presentation is appended to this report.

#### **2.0 Background**

- 2.1** The health related behaviour survey (HRBS) provides an excellent baseline for schools about the health-related behaviour of their children and young people. It provides ideal needs analysis for Healthy School work and strong evaluation of existing Relationship, Sex, Health and Education programme (RSHE).
- 2.2** In 2020/21 we had the highest number of schools and pupils participate in the survey since it commenced in Sunderland in 2006 with 5726 young people participating, 28 primary schools and 18 secondary schools took part in the survey.
- 2.3** The survey methodology is a school based questionnaire developed by the Schools Health Education Unit (SHEU) at Exeter University, which has over 30 years' experience in this field of work. The quality of the data collected is considered very robust and the history of its use by individual schools, local authorities and health bodies is extensive.
- 2.4** The survey is targeted at specific year groups, providing a rich source of data at key points of development for children and young people across a range of themes. Trend data analysis from the local sample and comparison with the wider SHEU sample is also provided for core questions.
- 2.5** This year public health included Covid related questions in an attempt to understand the impact Covid-19 has had on our children and young people as well as inform any planning and delivery around Covid recovery.
- 2.6** All pupils in Year 4 and Year 6 are surveyed across the following themes:
  - you and your home
  - the food you eat
  - feelings
  - hygiene

- your money
- bullies
- stranger danger
- leisure time
- smoking
- alcohol
- growing up
- health

**2.7** Approximately 100 pupils (4 classes/forms) from each of Year 8 and Year 10 are asked to complete the questionnaire. Themes covered in the survey are:

- personal background
- drugs
- hygiene
- medication
- dental
- relationships
- mental wellbeing
- HIV
- sexual health
- leisure and money
- nutrition
- exercise

**2.8** The survey results are processed by SHEU and each school participating in the survey will receive (free of charge):

- their own school results in tabular form;
- a report containing a summary of key aspects of the data;
- guidance on using the data

**2.9** Sunderland City Council receive the combined results of all schools, with national comparisons for core questions which are shared with other teams and services as appropriate to support a greater understanding of local health needs, influence commissioning intentions and inform service planning.

**2.10** If school and pupil participation is at a sufficient level additional ward level analysis is available on some of the themes covered in the survey, to provide further insight in relation to health inequalities. This academic year it was only available for Secondary schools at Ward level.

**3.0 Summary of Primary School Key Findings** (figures in brackets show 2019 data for comparison)

- 40% (45%) of pupils spent time doing homework on the evening before the survey. Physical Activity and Active Travel
- 80% (85%) of pupils said that they have lessons/assemblies about bullying and how it makes people feel
- 12% (12%) of pupils reported that they felt afraid to go to school because of bullying, 'often' or 'very often'. 27% (24%) said 'sometimes'
- 28% (29%) of pupils had high self-esteem scores
- 19% (20%) of pupils had eaten 5 or more portions of fruit and vegetables on the day before the survey. 16% (15%) had eaten none
- 18% (14%) had a tooth removed
- 42% (40%) of Year 6 boys and 30% (30%) of Year 6 girls reported that they took part in hard exercise on at least 5 occasions in the previous week

- 26% (26%) of pupils reported that they had been approached by an adult who scared or made them upset.

### 3.2 COVID-19 (Year 6 only questions)

When asked about worries, the following were selected as 'quite a lot' or 'a lot':

- catching COVID-19 yourself (27%); this was highest in Sunderland North 32%
- having enough money in my family (29%); this was highest in Sunderland North 35%
- having enough food to eat (24%); this was highest in Sunderland North 33%
- being lonely or not getting enough help (21%); this was highest in Sunderland North and Coalfields 23%
- not understanding my school work (33%); this was highest in Washington 36%

### 3.3 Additional Covid related data:

- 41% of pupils said that having to stay at home more has improved their relationship with their family
- 69% said they have found easy ways of communicating with people (such as video calls)
- 25% said they have generally felt happier than before but 29% said they have generally felt sadder than before
- 59% said that they followed the rules about not going into other people's homes. 84% said they were careful when they coughed or sneezed
- 55% said they had been looking after themselves by being active, 52% said they had been keeping busy with hobbies, learning new skills etc.

### 4.0 Summary of Secondary School Key Findings (figures in brackets show 2019 data for comparison)

- 28% (30%) of pupils had high self-esteem scores
- 18% (18%) of pupils said their friends were their main source of information about relationships and sexual health. 31% (35%) said their parents were, 20% (19%) said school lessons. 28% (27%) of Year 10 boys said the Internet was
- 28% (37%) of Sunderland secondary pupils are 'fairly sure' or 'certain' that they know someone who takes drugs
- 55% (52%) of pupils said they don't drink alcohol/don't intend to drink alcohol
- 75% (74%) of pupils said they don't smoke/don't intend to smoke
- 64% (65%) of pupils said they enjoyed physical activities 'quite a lot' or 'a lot'
- 36% (33%) of Year 10 girls said that they have been asked to meet someone who they don't know in person with 8% (5%) said they actually met up with them.

### 4.2 COVID-19

When asked about worries, the following were selected as 'quite a lot' or 'a lot':

- catching COVID-19 yourself (15%); this was highest in Washington locality 21% (30% at a ward level Washington Central)
- having enough money in my family (19%); this was highest in Washington locality 24% (ward level 33% St Chads, 30% Washington Central and 29% Washington North)
- having enough food to eat (15%); this was highest in Sunderland North 16% (ward level 23% Washington Central and Millfield)
- being lonely or not getting enough help (20%); this was highest in Washington locality 23% (ward level Washington Central 28% and 29% Washington West)
- not understanding my school work (34%). This was highest in Sunderland East 39% (ward level 46% Millfield and 47% Ryhope)

#### **4.3 Additional Covid related data:**

- 44% of pupils said that having to stay at home more has improved their relationship with their family
- 64% said they have found easy ways of communicating with people (such as video calls)
- 19% said they have generally felt happier than before but 31% said they have generally felt sadder than before
- 45% said that they followed the rules about not going into other people's homes. 69% said they were careful when they coughed or sneezed
- 41% said they had been looking after themselves by being active, 48% said they had been keeping busy with hobbies, learning new skills etc.

#### **5.0 Actions to date**

**5.1** The schools have received their individual reports, which in some instances confirmed issues already prevalent in school, particularly in relation to drugs and mental health. Schools are offered support via the healthy settings approach to be able to respond to the identified need. School health profiles are also updated using this information to enhance the support from Growing Healthy Sunderland (school nursing services).

**5.2** The report has been shared with key stakeholders as well as being presented at key groups including Starting Well Delivery Board, Teenage Pregnancy Action Group and Healthy Weight Alliance.

#### **6.0 Priorities**

**6.1** To Update relevant Joint Strategic Needs Assessments to include the appropriate data.

**6.2** Develop a communication toolkit that will support the delivery of social norms messages e.g. 85% of year 10 have not had sex, 55% of young people don't drink alcohol.

- 6.3** Review Condom Card provision to ensure equitable spread in areas of highest need. The Condom Card scheme provides confidential sexual health advice and free condoms to anyone aged 13-24 years. This will also consider a planned refresh of the health equity audit on the Condom Card scheme
- 6.4** Ensure the school health profiles are updated and the full health offer is available.
- 6.5** Continue to share the intelligence as it is crucial to refine the city's offer to young people, particularly those who are not accessing services currently.
- 6.6** Consider NCMP output data for 2021.

## **7.0 Recommendation(s)**

- 7.1** The Committee is recommended to:
- Receive the update, published report and presentation on the findings of the health related behaviour survey.
  - Endorse the key priorities identified.
  - Endorse the ongoing work of sharing information with key stakeholders to inform and influence our approaches and plans to improve the health and wellbeing of children and young people in Sunderland.

# Supporting the Health of Young People in Sunderland

## A summary report of the Health Related Behaviour Survey 2021

These results were collected from a sample of primary pupils aged 8 to 11 and secondary pupils aged 12 to 15 in Sunderland in the summer term 2021. This work was co-ordinated by Sunderland City Councils Public Health Team as a way of collecting robust information about young people's lifestyles and will be used to inform the Health City Plan and work to improve health outcomes for Children and Young People in Sunderland.

Teachers were informed on how to collect the most reliable data and then pupils completed a

version of the questionnaire appropriate for their age group.

Year 4 and 6 pupils completed the primary version of the questionnaire. Pupils in Years 8 and 10 completed the secondary version of the questionnaire. All were undertaken anonymously.

Schools were given the choice of using online or paper-based questionnaires.

### COVID-19

Comparisons have been made between the Sunderland 2021 results and the previous 2019 sample as it provides an

interesting 'before and after' view of young people in Sunderland with regard to COVID-19.

Shown as (%) through the report are the figures for 2019. In 2021 a total of 5726 pupils took part in 28 primary schools and 18 secondary schools in Sunderland.

### Cross-phase links

Many of the questions in each version of the questionnaire are identical or very similar. Some of the results of these questions are presented on pages 6 and 7 of this document, so that behaviour can be seen across the age range.

### 5726 young people were involved in the survey:

School Year	Year 4	Year 6	Year 8	Year 10	Total
Age	8-9	10-11	12-13	14-15	
Boys	483	489	887	829	2688
Girls	540	469	855	898	2762
Total	1023	964*	1901*	1838*	5726*

\*276 pupils didn't select male or female.

A selection of statistically significant differences between the 2021 and pre-COVID-19, 2019 results have been shown on page 7.

For more details please contact The Schools Health Education Unit Tel. (01392 667272).

### Topics include

Citizenship

COVID-19

Drugs, Alcohol and Tobacco

Emotional Health and Wellbeing

Healthy Eating

Leisure

Physical Activity

Puberty and Growing Up

Safety

School

Relationships and sexual health

# Sunderland primary school pupils in Year 4 and Year 6 (ages 8 - 11)

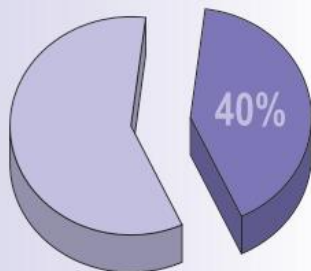
## CITIZENSHIP

### Background

- 89% (90%) of pupils described themselves as White UK. 4% (4%) described themselves as Asian, 2% (2%) as Mixed.
- 91% (90%) have at least one brother or sister. 36% (39%) were the first child of the family.

## SCHOOL

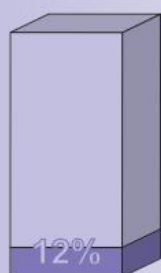
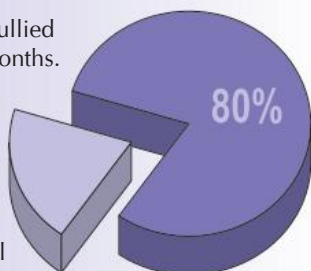
- 40% (45%) of pupils spent time doing homework on the evening before the survey.
- 40% (45%) of pupils read a book for pleasure the night before.
- 96% (94%) of pupils said they spent time chatting/talking during school playtimes. 88% (87%) said they played running/skipping games/tag and 64% (59%) played ball games. 22% (34%) said they read quietly.



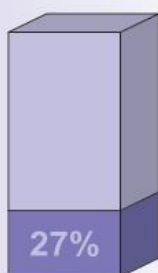
## EMOTIONAL HEALTH & WELLBEING

### Bullying

- 26% (29%) said they had been bullied at or near school in the last 12 months.
- 80% (85%) of pupils said that they have lessons/assemblies about bullying and how it makes people feel.
- 87% (88%) of pupils said that they know who to go to in school if they are being bullied.
- 14% (11%) said if they had a bullying problem they would keep it to themselves.
- Of those pupils who said that they had been bullied in the month prior to the survey, 32% (34%) said it happened outside at playtime/lunchtime and 24% (24%) said in a classroom at playtime/lunchtime. 9% (12%) reported being bullied during a lesson.
- 12% (12%) of pupils reported that they felt afraid to go to school because of bullying, 'often' or 'very often'. 27% (24%) said 'sometimes'.



Often/very often

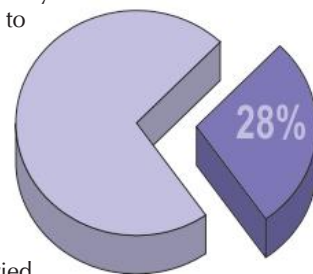


Sometimes

- 30% (24%) of pupils reported that they thought they were bullied because of the way they looked. 22% (18%) said because of their size or weight.
- 7% (10%) thought they were bullied because of their race, colour or religion.
- 4% (4%) of pupils reported that they thought others might fear going to school because of them.

- 28% (29%) of pupils had high self-esteem scores.

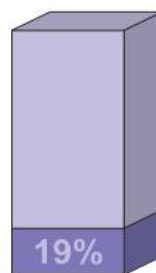
- Not including worries around COVID, 78% (78%) of pupils said they worried about at least one of the items listed in the questionnaire. 32% (39%) worried about SATs/tests, 29% (32%) about family problems and 29% (33%) about crime.



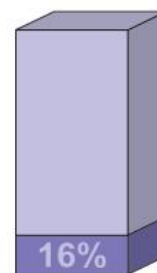
- 21% (17%) of pupils worried about how their body changes as they grow up.
- 24% (21%) of pupils worried about health problems.
- 40% (35%) of Year 6 boys and 46% (42%) of Year 6 girls would like to lose weight.

## HEALTHY EATING

- 5% (4%) of pupils had nothing to eat or drink for breakfast on the day of the survey. 35% (37%) of pupils had cereal.
- 50% (52%) of pupils said that they had a drink at breakfast time.
- 28% (25%) of pupils have chips/roast potatoes, 39% (29%) crisps and 34% (32%) sweets and chocolates 'on most days'.
- 47% (46%) eat fresh fruit, 48% (48%) dairy produce and 33% (34%) vegetables 'on most days'.
- 19% (20%) of pupils had eaten 5 or more portions of fruit and vegetables on the day before the survey. 16% (15%) had eaten none.



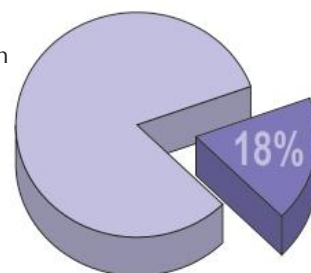
5 + portions



None

### Dentist

- 75% (75%) of pupils described cleaned their teeth at least twice the day before; 4% (4%) said none at all.
- 74% (71%) had a check up on their last visit to the dentist, 25% (26%) had fillings and 18% (14%) had a tooth removed.





## DRUGS, ALCOHOL AND TOBACCO

### Drugs

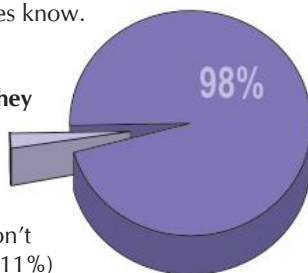
- 46% (58%) of Year 6 pupils reported that their parents had talked with them about illegal drugs. 65% (42%) said their teachers had.
- 12% (13%) of Year 6 pupils said that they know someone personally who uses drugs, not as medicines.
- 1% (2%) of Year 6 pupils said that they had been offered cannabis, and 1% (1%) said other drugs.

### Alcohol

- 2% (2%) of Year 6 pupils said they had an alcoholic drink (more than just a sip) in the week before the survey.
- When asked what they had, >1% (>1%) said they had cider, >1% (>1%) said spirits, and 1% (>1%) said beer.
- 91% (90%) of pupils said they do not drink alcohol, 7% (8%) said their parents always know if they do, 2% (1%) said their parents usually/sometimes know.

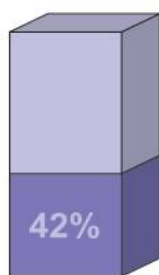
### Tobacco

- 98% (97%) of Year 6 pupils said they have never smoked at all.**
- 0% (0%) of pupils had smoked during the last seven days.
- 87% (89%) of pupils think they won't smoke when they are older, 13% (11%) said maybe or yes they will.

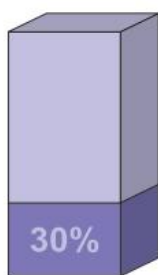


## LEISURE AND PHYSICAL ACTIVITY

- 63% (60%) of pupils said they spent time watching television after school on the day before the survey, 55% (53%) listened to music and 61% (55%) played with friends.
- 84% (80%) of Year 6 boys and 46% (38%) of Year 6 girls played computer games the night before.
- 59% (65%) of pupils considered themselves 'fit' or 'very fit', 10% (10%) said they were 'unfit' or 'very unfit'.
- 42% (40%) of Year 6 boys and 30% (30%) of Year 6 girls reported that they took part in hard exercise on at least 5 occasions in the previous week.**



Year 6 Boys



Year 6 Girls

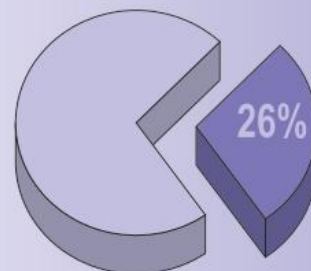
- The top five physical activities in 2019 for Year 6 were:**

Boys	2021	2019	Girls	2021	2019
Running (races or tag)	72%	70%	Running (races or tag)	59%	57%
Football	65%	69%	Going for walks	66%	54%
Going for walks	59%	52%	Dancing/gymnastics	33%	49%
Keep-fit	46%	46%	Keep-fit	44%	45%
Bike riding	46%	40%	Swimming	21%	35%

The table shows the proportion of pupils taking part in the activity at least weekly. 2019 top 5 have been used for 2021 comparison to see any COVID-19 effect

## SAFETY

- 27% (32%) of pupils reported that they had an accident in the last twelve months that was treated by a doctor or at a hospital.
- 14% (11%) of pupils said they never did anything to avoid sunburn, 22% (30%) said 'whenever possible'.
- 84% (83%) of pupils reported owning a bike, however, 42% (41%) of pupils said they 'never or almost never' wear a safety helmet when cycling.
- 26% (26%) of pupils reported that they had been approached by an adult who scared or made them upset.**
- 12% (11%) of pupils knew the person.
- When asked what they did when this happened, 14% (14%) ran or walked away, 10% (11%) told an adult straight away and 8% (8%) told an adult afterwards. 7% (6%) said they kept it to themselves.
- 47% (48%) of pupils said that when a friend wants them to do something they don't want to do, they can 'usually or always say no'. 20% (20%) said that can 'rarely' or 'never say no'.

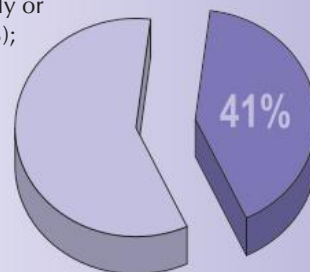


## PUBERTY AND GROWING UP

- 78% (80%) of Year 6 pupils said their parents had talked with them about how their body changes as they grow up.
- 63% (64%) of Year 6 pupils said their teachers had talked with them about how their body changes as they grow up.
- 69% (76%) said that they felt they knew enough about how their body changes as they grow up.

## COVID-19 (Year 6 only questions)

- 19% of pupils did all of their lessons in school during the last lockdown; 63% did them all at home.
- 9% said they 'never' have anywhere quiet to do schoolwork at home. 66% had a device they could use all of the time at home for doing school work, 12% said some of the time but 2% said 'never'.
- When asked about worries, the following were selected as 'quite a lot' or 'a lot': catching COVID-19 yourself (27%); having enough money in my family (29%); having enough food to eat (24%); being lonely or not getting enough help (21%); not understanding my school work (33%).
- 41% of pupils said that having to stay at home more has improved their relationship with their family.**



- 69% said they have found easy ways of communicating with people (such as video calls).
- 25% said they have generally felt happier than before but 29% said they have generally felt sadder than before.
- 59% said that they followed the rules about not going into other people's homes. 84% said they were careful when they coughed or sneezed.
- 55% said they had been looking after themselves by being active, 52% said they had been keeping busy with hobbies, learning new skills etc.



# Sunderland secondary school pupils in Year 8 and Year 10 (ages 12 - 15)

## CITIZENSHIP AND SCHOOL

- 91% (93%) of pupils described themselves as white.
- 60% (58%) live with mother and father together, 16% (17%) said 'mainly or only with mum'.
- 50% (55%) of pupils reported that they enjoyed at least half of their lessons.
- 75% (80%) said they thought it was important to go to school regularly. 23% (26%) said that they felt their views and opinions were listened to in school.

## EMOTIONAL HEALTH AND WELLBEING

- 50% (57%) of pupils reported that, in general, they were 'quite a lot' or 'very much' happy with their life.

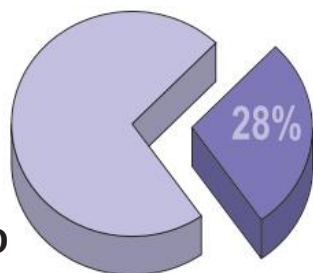
### The main worries for Year 8 pupils included:

	Boys		Girls
Future opportunities	32%	The way you look	63%
Exams & tests	26%	Exams & tests	57%
Physical health	26%	Future opportunities	50%
Mental health	24%	Mental health	48%
The way you look	21%	Problems with friends	39%

### These changed to the following for Year 10 pupils:

	Boys		Girls
Future opportunities	46%	Exams & tests	71%
Exams & tests	44%	The way you look	69%
Mental health	32%	Future opportunities	62%
Physical health	28%	Mental health	59%
The way you look	26%	Physical health	41%

- 31% (31%) of pupils reported a fear of going to school at least sometimes because of bullying.
- 32% (37%) said they had been bullied at school in the past 12 months.
- 28% (30%) of pupils had high self-esteem scores.



## RELATIONSHIPS AND SEXUAL HEALTH

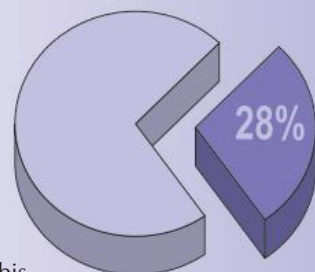
- When a friend wants them to do something they don't want to do, 67% (70%) of pupils said they could 'usually or always' say 'no'. 10% (9%) said they were 'rarely' or 'never' able to say 'no'.
- 18% (18%) of pupils said their friends were their main source of information about relationships and sexual health. 31% (35%) said their parents were, 20% (19%) said school lessons. 28% (27%) of Year 10 boys said the Internet was.
- Year 10 pupils were asked a number of questions around their attitudes towards sex. 32% (31%) agreed that young people should wait until they are 16 before having sex. 25% (26%) disagreed with this.
- 67% (71%) agreed that if a girl is on the pill, a condom should still be used for sexual intercourse.
- 64% (71%) of Year 10 boys and 80% (81%) of Year 10 girls agreed that a condom should always be used for sexual intercourse to protect against sexually transmitted infections.

- 15% (17%) of Year 10 pupils said they have had sexual intercourse, 8% (12%) of pupils preferred not to answer.
- 44% (59%) of pupils [67% (75%) of Year 10] have heard of the C-Card Scheme, 5% (9%) of pupils said that they have accessed the C-card Scheme.
- 30% (47%) of pupils [41% (64%) of Year 10] said that they know where to get condoms free of charge.

## DRUGS, ALCOHOL & TOBACCO

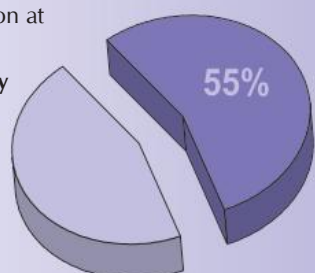
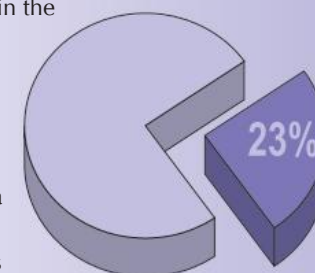
### Drugs

- 28% (37%) of Sunderland secondary pupils are 'fairly sure' or 'certain' that they know someone who takes drugs.
- 25% (32%) of Year 10 boys and 28% (28%) of Year 10 girls have been offered cannabis.
- 3% (3%) reported taking an illegal drug in the last month, 6% (6%) said they had taken an illegal drug in the last year. 10% (13%) of Year 10 pupils had taken cannabis at some point.
- 4% (9%) of Year 10 boys and 8% (9%) of Year 10 girls have taken an illegal drug and alcohol on the same occasion.



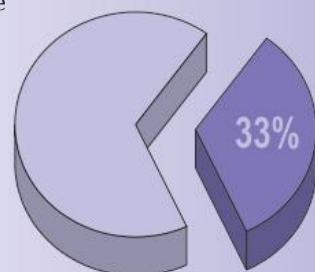
### Alcohol

- 9% (12%) of Year 8 and 26% (26%) of Year 10 pupils said that they have drunk alcohol in the last 7 days.
- 25% (23%) of pupils said that they usually drink with their parents.
- 23% (30%) of Year 10 pupils said they usually drink with a large group of friends.
- Boys: 8% (6%) of Year 8 boys and 21% (20%) of Year 10 boys drank one or more unit of alcohol in the seven days before the survey.
- Girls: 10% (10%) of Year 8 girls and 30% (23%) of Year 10 girls drank one or more unit of alcohol in the seven days before the survey.
- 8% (9%) of pupils got drunk on at least one day last week.
- 55% (52%) of pupils said they don't drink alcohol/don't intend to drink alcohol. 9% (11%) said their parents disapprove of them drinking alcohol, 6% (9%) said their parents weren't aware that they drank alcohol.
- 17% (17%) of Year 8 and 36% (32%) of Year 10 pupils said that their parents know they drink alcohol and either don't comment or approve of their drinking alcohol.

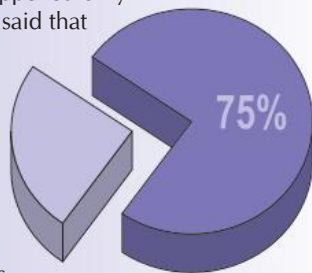


### Tobacco

- Boys: 1% (0%) of Year 8 boys and 5% (13%) of Year 10 boys reported that they smoke occasionally or regularly.
- Girls: 3% (6%) of Year 8 girls and 12% (15%) of Year 10 girls reported that they smoke occasionally or regularly.
- 33% (37%) of pupils said that their parents/carers smoke.



- 63% (58%) of pupils said that no-one ever smokes at home. 27% (31%) said if smoking happened it was only outside. 7% (8%) said that smoking happened only in certain rooms but 3% (3%) said that smokers could smoke anywhere in their home.
- 75% (74%) of pupils said they don't smoke/don't intend to smoke.**

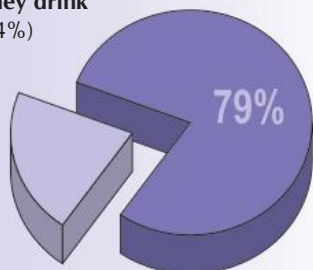


### E-Cigarettes

- When asked about e-cigarettes 13% (8%) said that they have never heard of them, 66% (61%) said that they have never used one.
- 16% (23%) said that they have tried using an e-cigarette. 5% (8%) of pupils reported that they used one at least 'occasionally'.

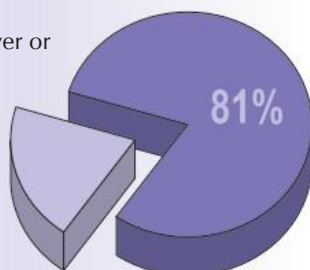
## HEALTHY EATING

- 23% (20%) of Year 10 girls had nothing to eat or drink for breakfast on the day of the survey. It is interesting that 65% (63%) of Year 10 girls say that they would like to lose weight. 18% (26%) of the Year 10 girls also reported having no lunch on the day before the survey.
- 13% (14%) of pupils said they 'never' considered their health when choosing what to eat, 15% (15%) said they did 'very often' or 'always'.
- 29% (27%) of pupils said they ate sweets and chocolates 'on most days'. 32% (26%) said they ate crisps 'on most days'.
- 10% (11%) ate salads, 38% (39%) fresh fruit and 39% (35%) vegetables 'on most days'.
- 13% (17%) said they had 5 or more portions of fruit and vegetables the day before, 14% (15%) said 'none'.
- 79% (79%) of pupils said they drink water 'on most days', 5% (4%) said 'rarely or never'.**
- 1% (1%) of pupils went home for lunch the day before, 1% (3%) bought their lunch from a takeaway or shop.



## SAFETY

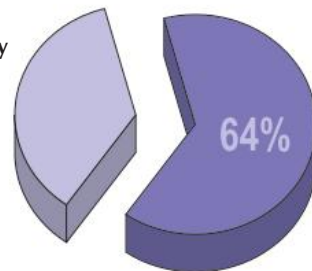
- 24% (35%) said they were treated for an accident by a doctor or at a hospital within the last year. 10% (17%) were due to sporting injuries.
- 31% (29%) of pupils rated the safety of their area, when going out after dark, as 'poor' or 'very poor'. 5% (6%) said this about going out during the day.
- 75% (70%) of pupils rated their safety at school as 'good' or 'very good', 70% (70%) said this about their journey to and from school.
- 7% (9%) said they had been the victim of violence or aggression in the area where they lived in the past 12 months.
- 64% (66%) of pupils said they 'never or almost never' wear a safety helmet when cycling; 19% (16%) said 'whenever possible'.
- 81% (79%) of pupils said that they have been told how to stay safe online, 55% (58%) of pupils said that they always follow the advice they have been given.**



- 28% (25%) of pupils said that they had received a hurtful, nasty or scary message or picture online.
- 21% (19%) of pupils [36% (33%) of Year 10 girls] said that they have been asked to meet someone who they don't know in person. 5% (4%) of pupils [8% (5%) of Year 10 girls] said they they actually met up with them.

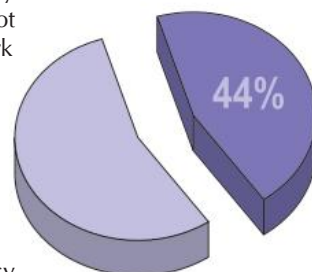
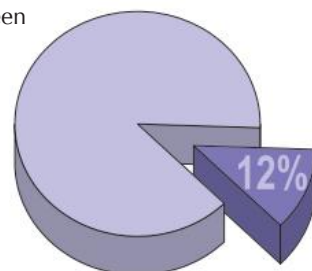
## PHYSICAL ACTIVITY

- 64% (65%) of pupils said they enjoyed physical activities 'quite a lot' or 'a lot'.**
- The top 2 reasons given by secondary pupils for doing physical activity were 'Because I want to be physically fit' 51% (51%) and 'Because it's fun' 48% (49%).
- 49% (53%) of boys and 47% (57%) of girls walked/scooted to school on the day of the survey. 37% (31%) of boys and 40% (34%) of girls travelled to school by car.
- 30% (32%) of the Year 10 boys exercised enough to breathe harder and faster on at least 5 occasions in the previous week compared with 14% (11%) of the Year 10 girls.



## COVID-19

- 77% of pupils know someone personally who has caught/been diagnosed with COVID-19.
- 88% said that their household had been able to get enough food for everyone (everyday/almost every day); 12% didn't say this.**
- 10% of pupils did all of their lessons in school during the last lockdown; 76% did them all at home.
- 6% said they 'never' have anywhere quiet to do schoolwork at home. 71% had a device they could use all of the time at home for doing school work, 13% said some of the time but 2% said 'never'.
- When asked about worries, the following were selected as 'quite a lot' or 'a lot': catching COVID-19 yourself (15%); having enough money in my family (19%); having enough food to eat (15%); being lonely or not getting enough help (20%); not understanding my school work (34%).
- 44% of pupils said that having to stay at home more has improved their relationship with their family.**
- 64% said they have found easy ways of communicating with people (such as video calls).
- 19% said they have generally felt happier than before but 31% said they have generally felt sadder than before.
- 45% said that they followed the rules about not going into other people's homes. 69% said they were careful when they coughed or sneezed.
- 41% said they had been looking after themselves by being active, 48% said they had been keeping busy with hobbies, learning new skills etc..



# Pyramid data: Questions included in both the primary and secondary versions of the 2021 questionnaire

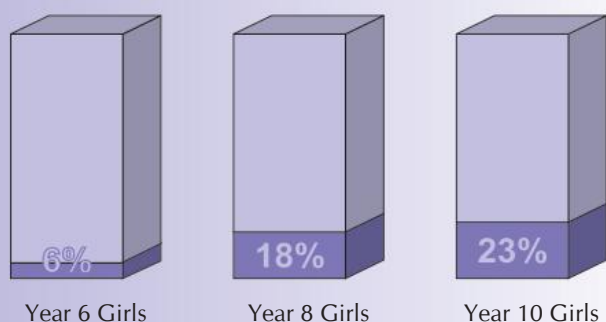
## Cross-phase data

The following is a selection of data relating to the set of questions found in the primary and secondary versions of the questionnaire. It is always interesting to see how young people change as they grow up.

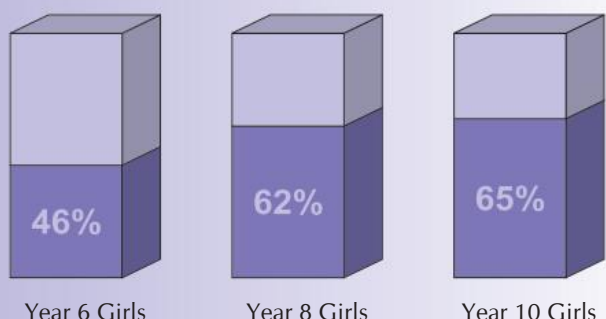
## HEALTHY EATING

### What did you eat or drink before coming to school today?

- There is an upward trend in the number of girls who report having 'nothing at all' for breakfast, 6% of Year 6 girls, 18% of Year 8 girls and 23% of Year 10 girls.



- The proportion of primary and secondary pupils eating crisps and sweets and chocolates 'on most days' decreases across age groups: 34% of primary pupils eating sweets compares with 29% in the secondary phase.
- The proportion of pupils who eat fresh fruit 'on most days' decreases as they get older: 47% in the primary and 38% in the secondary sample.
- Secondary school pupils are similarly less likely to say that they had 5 or more portions of fruit and vegetables the day before, compared with primary aged pupils who said the same; 13% vs. 19%.
- 46% of Year 6 girls said they would like to lose weight, this rises to 62% of Year 8 and 65% of Year 10 girls.

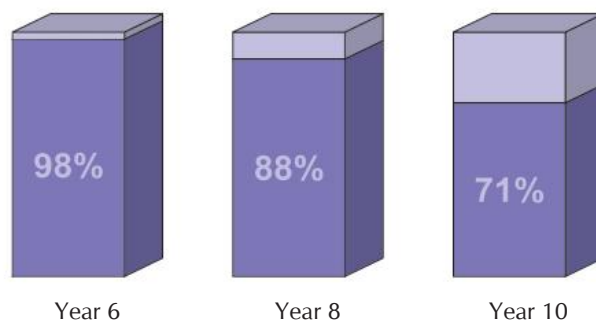


## TOBACCO

### Did you smoke last week?

- 0% of the primary pupils smoked a cigarette in the week before the survey. 2% of Year 8 pupils and 10% of Year 10 pupils said they had smoked at least one cigarette in the week before the survey.

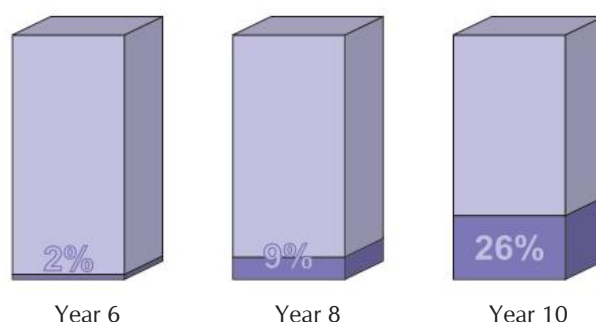
- 98% of Year 6 pupils said that they had 'never smoked at all'. 88% of Year 8 and 71% of Year 10 pupils said the same.



## ALCOHOL

### Have you had an alcoholic drink in the week before the survey?

- 2% of the Year 6 pupils had an alcoholic drink in the week before the survey. 9% of Year 8 pupils and 26% of Year 10 pupils said they had drunk alcohol in the week before the survey.



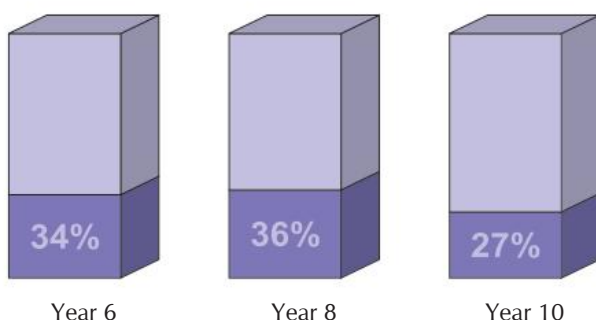
## ILLEGAL DRUGS

- 12% of Year 6 pupils said that they knew someone personally who used drugs (not as medicines). 15% said this in Year 8 and in Year 10 it had risen sharply to 40%.
- 1% of Year 6 pupils and 16% of secondary pupils said that they had been offered cannabis. 1% of Year 6 pupils had been offered other drugs. 5% of secondary pupils had been offered cocaine, 4% said they had been offered ecstasy.

## EMOTIONAL HEALTH & WELLBEING

### Are you ever afraid of going to school because of bullying?

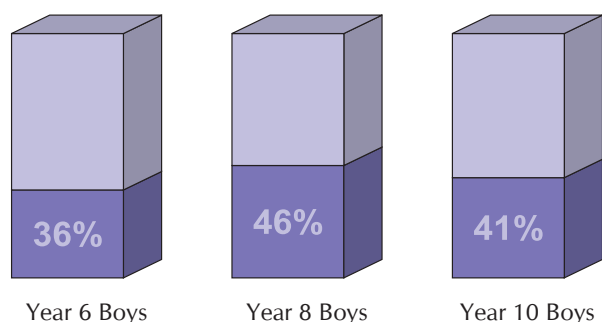
- 34% of Year 6 pupils said they felt afraid of going to school at least sometimes. 36% of Year 8 pupils and 27% of Year 10 pupils said that they feel afraid of going to school because of bullying at least sometimes.





## Self-esteem

- Self-esteem usually appears to increase with age. 36% of Year 6 boys recorded levels of high self-esteem. In Year 8 this increased to 46% for boys but it has fallen to 41% for 10 boys who recorded levels in the highest bracket.



- A clear gender difference is apparent with fewer girls recording levels of high self-esteem compared with boys, for example, 41% of Year 10 boys compared with 20% of Year 10 girls.

## How much do you worry about problems?

- The proportions of pupils who said they worried 'quite a lot' or 'a lot' about at least one of the problems listed in the questionnaires were: 78% of primary aged pupils, 78% of Year 8 pupils and 85% of Year 10 pupils.
- 29% of primary aged pupils worried about crime. 12% of secondary pupils said the same. 7% of secondary pupils said that they had been the victims of violence or aggression in the area where they lived in the past 12 months.

## PHYSICAL ACTIVITIES

- A clear gender difference becomes apparent as pupils get older, with fewer girls saying they consider themselves fit.
- 38% of primary pupils said that they exercised hard at least 5 times in the previous week, only 22% of secondary pupils said the same, again there were gender differences with the boys being more active than the girls. **Girls figures are: Year 6 – 30%, Year 8 – 18% and Year 10 – 14%.**

Statistically significant differences for primary pupils comparing pre-COVID-19 results with those in 2021	2021	2019	% point difference	
Washed their hands before lunch on the day before the survey.	81%	57%	+ 24%	↑
Go swimming at least 'once a week'.	24%	41%	- 17%	↓
Year 6 pupils said that a School Nurse has talked with them about how their body changes as they grow up.	27%	50%	- 23%	↓
Year 6 pupils responded their teacher has talked with them about illegal drugs in school lessons.	65%	42%	+ 23%	↑
Can get water from the canteen/dinner room at school.	29%	41%	- 12%	↓
Do something to avoid sunburn 'usually' or 'whenever possible'.	49%	60%	- 11%	↓
Go for walks at least 'once a week'.	57%	47%	+ 10%	↑
Went to the dentist to have tooth removed/taken out.	18%	14%	+ 4%	↑
Worry 'quite a lot' or 'a lot' about SATs/tests.	32%	39%	- 7%	↓
Have been 'picked on' or bullied because of the way they look.	30%	24%	+ 6%	↑

Statistically significant differences for secondary pupils comparing pre-COVID-19 results with those in 2021	2021	2019	% point difference	
Have visited the doctor in the last 6 months.	47%	71%	- 24%	↓
Think 0-10% of people in their class at school smoke regularly.	66%	49%	+ 17%	↑
Know where they can get condoms free of charge.	30%	47%	- 17%	↓
Have been to the hospital due to a serious accident or injury at least once in the last 12 months.	24%	35%	- 11%	↓
Think more than half of the pupils in their class at school smoke regularly.	5%	11%	- 6%	↓
Think 0-10% of people in their class drink alcohol regularly.	47%	36%	+ 11%	↑
Chat online to people who they don't know.	39%	28%	+ 11%	↑
Are 'fairly sure' or 'certain' that they know someone personally who uses drugs listed in the questionnaire.	28%	37%	- 9%	↓
'Usually' or 'always' talk to someone when they have a problem that worries them or are feeling stressed.	29%	38%	- 9%	↓
Of year 10 pupils responded that they are straight/heterosexual.	77%	87%	- 10%	↓
Didn't have anything for breakfast before lessons on the day of the survey.	18%	14%	+ 4%	↑
Exercised enough to breathe harder and faster at least three times last week.	58%	63%	- 5%	↓
Have smoked cigarettes in the past or smoke now.	20%	24%	- 4%	↓
Eat vegetables 'on most days'.	39%	35%	+ 4%	↑
Of pupils responded that their parents/carers smoke.	33%	37%	- 4%	↓
Had at least 5 portions of fruit and vegetables to eat on the day before the survey.	14%	17%	- 3%	↓

KEY: ↑ Good news  
 ↑ Not such good news  
 ↓ Neutral change

# The Way Forward – over to you

This work was funded by public health in Sunderland.

We are grateful to the teachers, schools, and young people for their time and contributions to this survey. As a result of their work we have excellent data to be used by all key agencies that support the health needs of young people in Sunderland. The information gathered from this survey will be used by school, public health, Sunderland City Council and local health services to compare adolescent health behaviour to national statistics, prioritising areas of action to develop evidence based programmes, interventions and services.

The findings will be shared with range of multi-agency partnerships focusing on children and young people including the Health and Wellbeing Board and the Starting Well Delivery Board. The report will also be shared with Headteachers, School Nurses, Elected Members and other providers supporting young people. The data will be used by these groups to assess effectiveness of current provision, highlighting any unmet need or gaps in provision, with a view to inform service review and delivery. The results of the survey will also be used to further enhance our Healthy Settings work with schools, so that we can address inequalities promote inclusion and encourage participation, by providing accessible services and equipping young people with the skills to make informed decisions.

## *Our thanks go to the staff and pupils who took part in the survey:*

### PRIMARIES

Academy 360  
Albany Village Primary School  
Barmston Village Primary School  
Bexhill Academy  
Broadway Junior School  
Christ's College  
East Rainton Primary School  
Eppleton Academy Primary School  
Gillas Lane Primary Academy  
Hetton Primary School  
Hill View Junior Academy  
Hudson Road Primary School  
Hylton Castle Primary School  
Lambton Primary School  
Marlborough Primary School  
Newbottle Primary Academy  
Plains Farm Academy  
Richard Avenue Primary School  
Rickleton Primary School  
Ryhope Junior School  
South Hylton Primary Academy  
Southwick Community Primary School  
St Anne's RC VA Primary School  
St Bede's RC VA Primary School  
Town End Academy  
Usworth Colliery Primary School  
Wessington Primary School  
Willow Fields Community Primary School

### SECONDARIES

Academy 360  
Biddick Academy  
Castle View Enterprise Academy  
Christ's College  
Farringdon Academy  
Hetton School  
Kepier  
Monkwearmouth Academy  
Oxclose Community Academy  
Red House Academy  
Sandhill View Academy  
Southmoor Academy  
St Aidan's Catholic Academy  
St Anthony's Girls' Catholic Academy  
St Robert of Newminster RC School  
Thornhill Academy  
Venerable Bede CE Academy  
Washington Academy

## *For more information about the survey please contact:*

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Public Health Practitioner – Risk Taking  
Public Health and Joint Commissioning  
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Civic Centre (Room 3.103)  
Burdon Road  
Sunderland  
SR2 7DN  
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# Item 5

**CHILDREN, EDUCATION AND SKILLS SCRUTINY COMMITTEE 2 December 2021**

**REPORT OF THE EARLY HELP SERVICE MANAGER PREVENTION AND INNOVATION, TOGETHER FOR CHILDREN**

**HOLIDAY ACTIVITY AND FOOD PROGRAMME SUMMER EVALUATION - TOGETHER FOR CHILDREN**

**1. Purpose of the Report**

- 1.1 To provide a report on the summer delivery of Sunderland's Holiday Activity and Food Programme.

**2. Background**

- 2.1 At a previous meeting, the Committee requested an update on the Holiday Activity and Food Programme.
- 2.2 A copy of the report is attached. Jane Wheeler (Early Help Service Manager Prevention and Innovation) will be in attendance to present to the report.

**3. Recommendation**

- 3.1 The Scrutiny Committee is asked to consider and comment on the report.

REPORT AUTHOR:	<b>Jane Wheeler, Early Help Service Manager Prevention and Innovation</b>
SUBJECT:	<b>Together for Children Holiday Activity and Food Programme Summer Evaluation.</b>
PURPOSE:	<b>To report on the Summer delivery of Sunderland's Holiday Activity and Food Programme Wear here 4 you.</b>

## 1. BACKGROUND

The Department for Education recognised that school holidays can be pressure points for some families because of increased costs (such as food and childcare) and reduced incomes. For some children that can lead to a holiday experience gap, with children from disadvantaged families.

- less likely to access organised out-of-school activities
- more likely to experience 'unhealthy holidays' in terms of nutrition and physical health
- more likely to experience social isolation

Last Autumn, the Government confirmed that the Holiday Activities and Food programme (HAF) would be expanded to all 151 top-tier authorities in England, as recommended in the National Food Strategy. This substantially expanded the Department for Education's pilot scheme which has run since 2019. The programme has grown from four weeks in the summer to a minimum of six weeks for 2021, including one week at Easter, four weeks in the summer and one week at Christmas<sup>1.3</sup>. In December 2020, Together for Children submitted an application of interest to the DfE. In January 2021 the DfE informed TfC that the application of interest was successful. TfC were awarded £1,365,160 to coordinate 24 days of provision over:

- Easter 2021 (Four Days)
- Summer 2021 (16 Days)
- Christmas 2021 (Four Days)

Local authorities were asked to ensure that the offer of free holiday club provision is available for all children eligible for and in receipt of free school meals in their area. This does not mean they are all required to attend as the provision is voluntary. Local authorities were encouraged to make the holiday clubs available to any children not eligible for and in receipt of free school meals, who can pay to attend. This might be through operating.

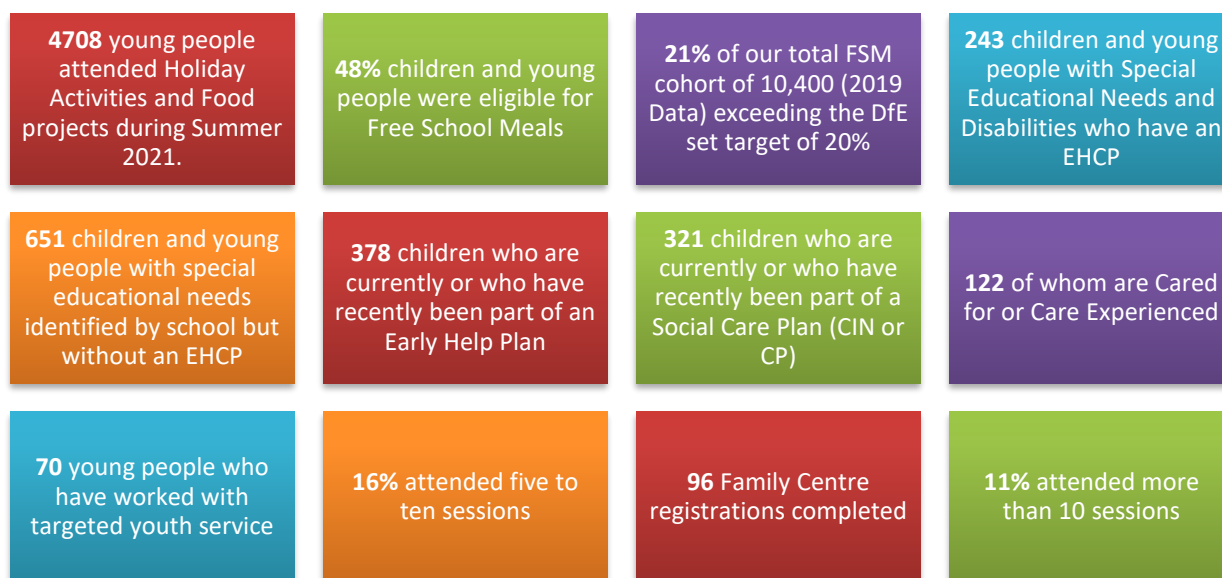
- bespoke provision
- as part of already existing holiday provision in the area
- a mixed arrangement depending on the local supply and demand for provision

COVID-19 restrictions at Easter 2021 limited TfC to a virtual Holiday Activity and Food offer. 2657 children and young people eligible for free school meals received packs containing ingredients and simple recipes to make four healthy meals for four people, sports equipment to encourage themselves and their families to be active and craft packs & library packs to nurture creativity. All children, young people and families were able to engage with the digital Easter programme consisting of an online programme of events such as cook along's and keep fit sessions. TfC also worked with other local authorities to deliver a week of health and wellbeing related TV programmes on the Local TV Freeview channel.

## 2. SUMMER PROGRAMME HIGHLIGHTS

Data was gathered between July – August 2021 by several means to provide a robust set of findings and recommendations. This included consultation with children, young people and parents/carers and interviews with HAF activity providers. Data was also collected between 7<sup>th</sup> September to 19<sup>th</sup> October through a representative survey that was sent to all parent/carers who had left their email address with providers.





### 3. OVERVIEW OF SUMMER PROGRAMME (WEAR HERE 4 SUMMER)

Despite the extremely short lead-in time, providers from the Voluntary and Community Sector Organisations (VCSOs), public and private organisations and Children's Services (delivered by Together for Children) stepped up to the challenge and were successful in providing a wide range of activities across the board, with the inclusion of a meal. However, the short turnaround for set-up may have affected activity take-up by children as there was very little time to market and promote the programme.

Sunderland's Holiday Activity and Food Programme was named by Sunderland Children and Young people as '**Wear Here 4 Summer**'.

Providers had to apply for funding through Sunderland City Council procurement portal (NEPO). A strict scoring mechanism was used to ensure that providers commissioned were of a high standard and could provide good quality food and activity to children and young people. The first round of procurement was advertised on NEPO between 2 June 2021 to 18 June 2021 and was awarded 24 June 2021. There was eight approved in the first round of procurement which included a consortium of nine youth service providers.

Once the first round was complete, a more targeted second round took place between 22<sup>nd</sup> June and 2<sup>nd</sup> July 2021 after conducting a mapping exercise to identify areas of the city with no HAF provision. This resulted in a further 15 providers being approved and an additional provider being added to the Sunderland All Together Consortium. 5573 places were made available for FSM children and young people.

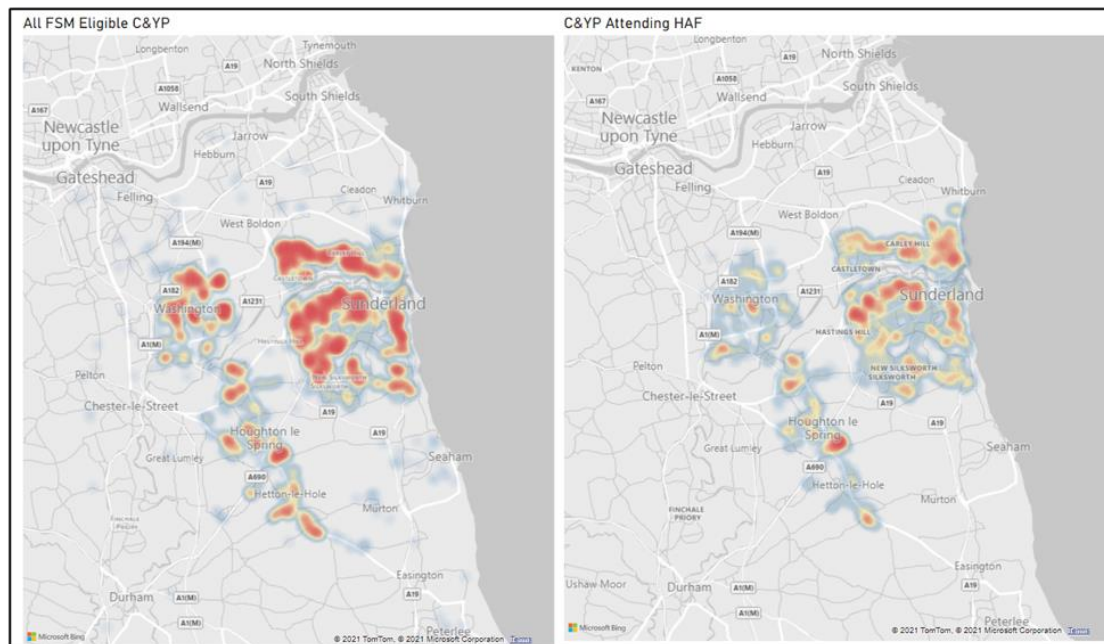
When reviewing the eligibility of the programme we quickly realised that the FSM eligibility didn't offer a free place to all children who would benefit from the programme, so decided to request 15% of the funding to be extended to provide places for children and young people who are considered as vulnerable or in need of the provision. We extended our places to children assessed as being in need, children and young people with an Education, health care plan (EHCP), cared for and care experienced young people and those we assessed as otherwise vulnerable or living in areas of high deprivation.

Internally Together for Children ran their own Holiday Programme targeting our most vulnerable children and young people and providers were asked to extend their offer to those most in need.

The below maps demonstrate where children and young eligible for FSM live (Red = high levels of FSM) compared to where children and young people attending Summer 2021 HAF activities live (Red = high levels of attendance). The maps demonstrate that children and young people living in areas of high FSM were able to access HAF Activities across the majority of the city.

**Fig 1.**





All clubs delivering HAF already existing but used HAF funding to extend and improve their offer. For example, existing community projects used HAF funding to enrich activities and bring in session providers at spaces already set up for young people, hosting up to 100 (Pennywell Youth Project which was the highest number) children daily and run by a mix of volunteer and paid staff.

The age range of children attending the clubs was four to 16 years (up to 25 with SEND), although there was a predominance of younger children. The clubs provided a safe environment, indoor and outdoor space for the children, with a wide assortment of activities ranging from sports days and dancing to drumming and yoga. One primary school applied, and 13 schools offered their facilities to providers to run HAF holiday clubs.

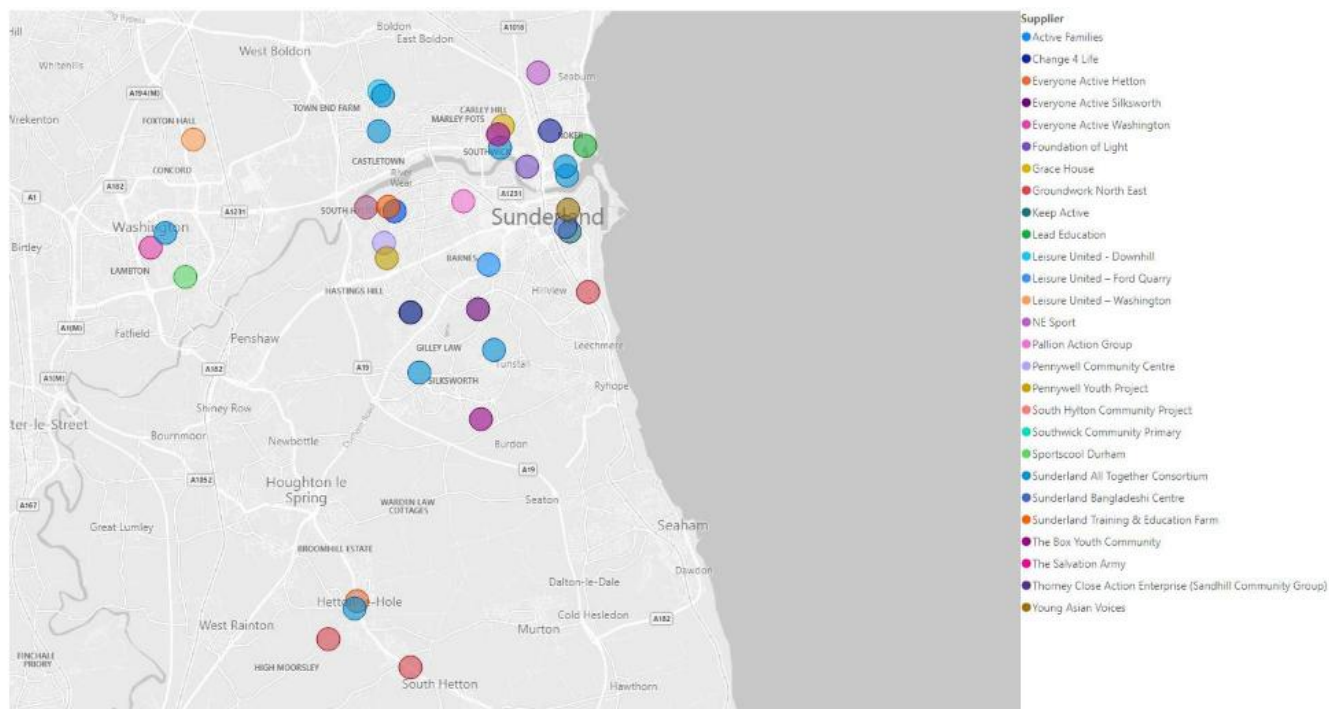
A meal was offered at all the programmes. Depending on the kitchen facilities available to the provider, a hot meal or a packed lunch was supplied. Providers taking part in the HAF programme were expected to adhere to School Food Standards outlined by the Department for Education (DfE). Many providers included cooking sessions with the children and young people to use as an opportunity to teach preparation and cooking skills. This also provided an opportunity to discuss nutrition.

#### 4. PROVIDERS

The Summer HAF programme had in total 33 providers delivering food and activities across the city. Provision included sports clubs, community organisations, youth groups, charitable organisations, Together for Children and one school. Our priority FSM areas were Redhill, Hendon, Southwick, St Anne's and Pallion, each area had at least one HAF programme being delivered.

The below map Figure 2. shows where providers delivered from across the city. A range of provider types were used across areas, with almost half being Voluntary Sector Community Organisations with private organisations next most common. Providers generally having a mix of paid and unpaid staff and providing for both primary and secondary age groups.

**Fig 2.**



### Free School Meal Mapping

The below maps show the proportion of FSM eligible children in the city (left) where the highest number of children attended HAF activities lived (Centre) and where FSM and vulnerable lived who attend HAF activities (right). The darker the colour the higher the population in that cohort.

Fig 3.

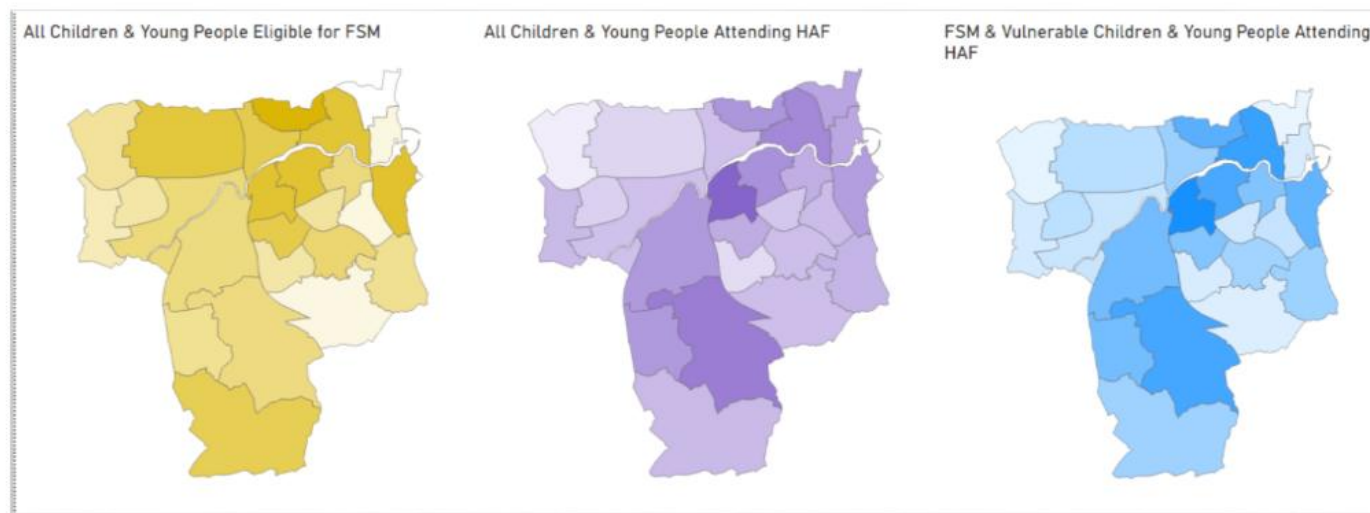


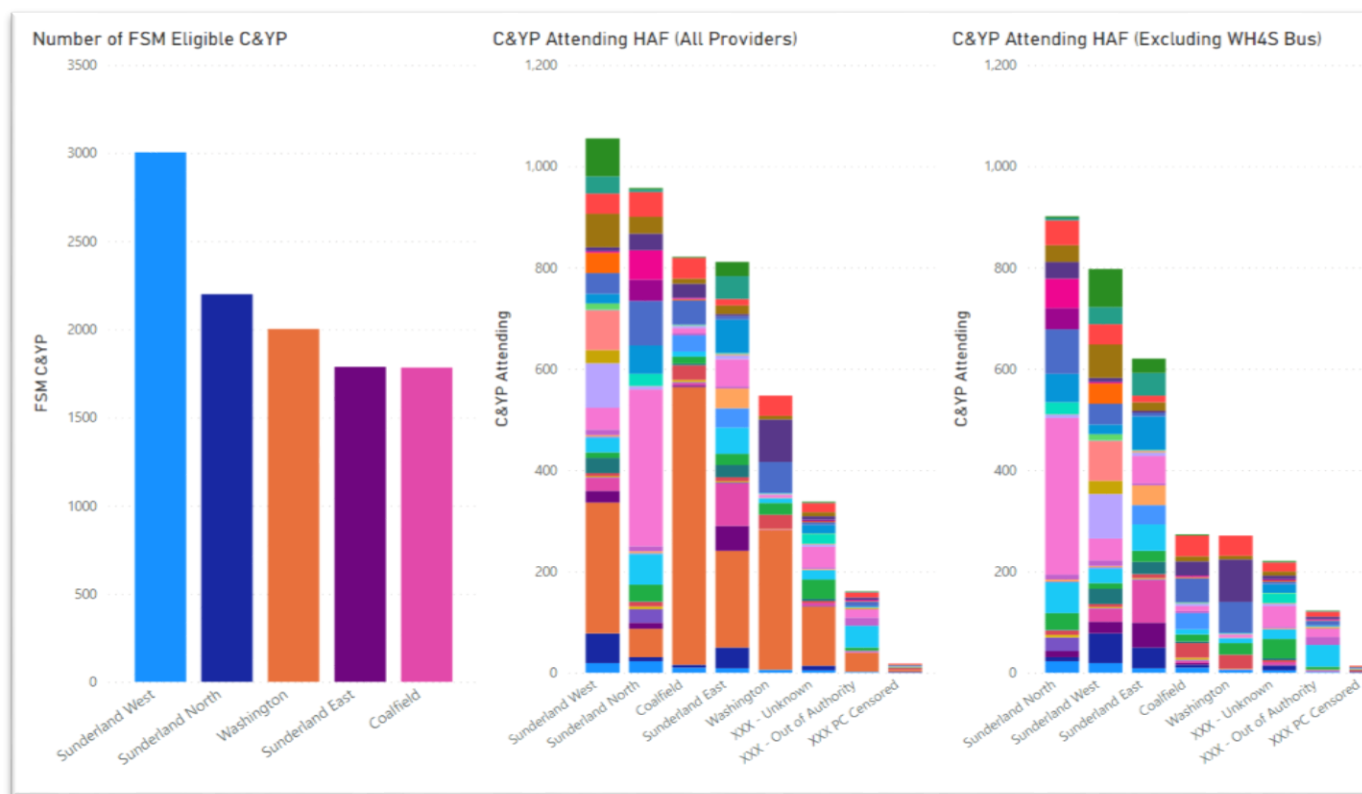
Fig 4. Compares the Total number of C&YP eligible for FSM per Locality (Left) against the total number of C&YP Attending HAF Activities per Locality (Centre) and total number of C&YP Attending HAF Activities per Locality, Excluding the TfC coordinated HAF Activity bus (Right). The colours in the centre and right charts correspond to the HAF providers, demonstrating the diversity of provision in each locality.

Ideally the left and central charts would be mirrored. This would illustrate equal distribution of C&YP attending HAF activities per locality when compared to the distribution of C&YP eligible for free school meals across the city. For the most part this pattern is present for example Sunderland West has the highest number of FSM children and the highest attendance at HAF Activities. The exception is Washington who has lower than expected HAF Activities attendance.

Details of a relatively high proportion of C&YP are unknown meaning these C&YP are not included in the Locality columns of the centre and right charts (see XXX – Unknown in the charts).

It is worth noting the considerable positive impact the HAF Activity Bus (orange bar in central chart) had in all areas of the city, especially Coalfield and Washington (see comparison with bus data in the Central chart and without bus data in the Right chart).

Fig 4.



### Summer Mobile Provision

After completing the procurement process, there were still some areas of Sunderland that had little or no HAF provision. Together for Children decided to launch a Mobile HAF Bus to support these areas. With support from partners outside spacious areas were identified large enough to park the bus, have toilet facilities and enough space to deliver a few activities. The mobile provision was a huge success engaging with 1754<sup>1</sup> children and young people over the period of 12-day sessions and three sunset evening sessions targeted at young people. The bus sessions were planned in consultation with children and young people

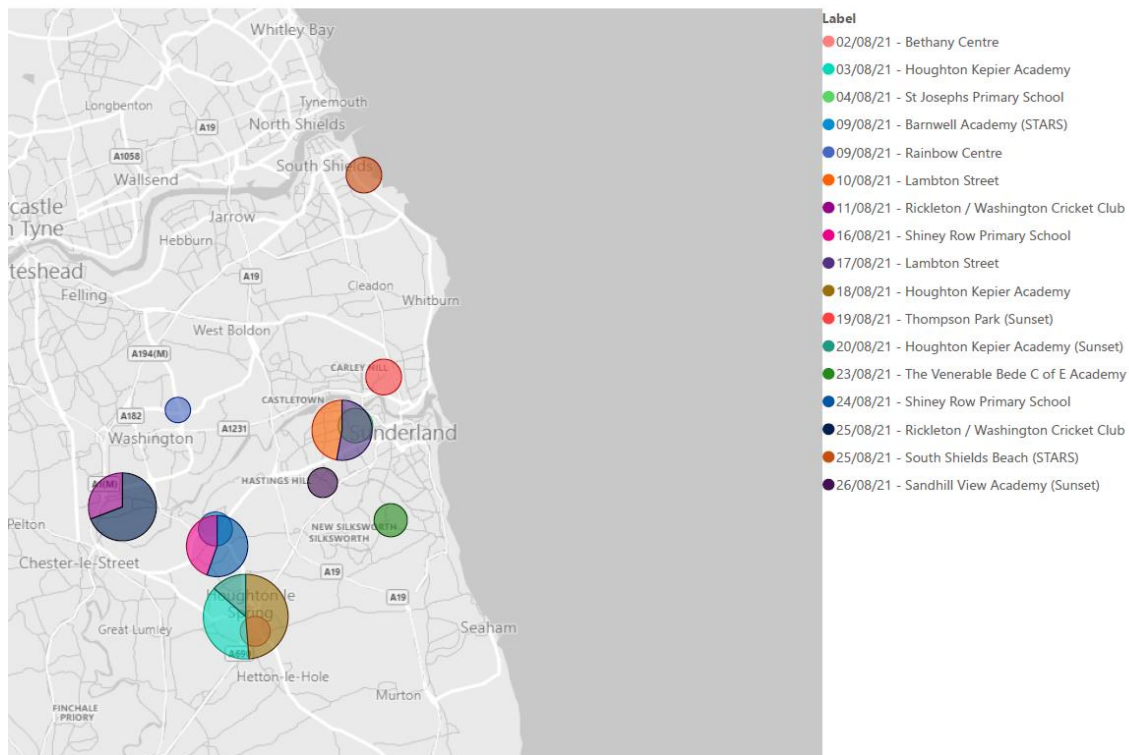
A wide range of activities were made available and healthy nutritious food along with information, advice and guidance support from Together for Children, Northumbria Police, Change for Life, Growing Healthy 0-19 service, Tyne, and Wear Fire Brigade and North East Ambulance Service.

Activities included Sunderland Climbing Wall and Cave, Battle Archery, Dancing, Skipping, Yoga, Arts and Crafts, Boot Camp, Music, Djembe Drumming, Zumba, and food was provided by Olivia's Kitchen, don't you know I'm loco, The Jacket Inn and DDC Event Catering.

Fig 5. Illustrates the locations the HAF bus provided provision in the city. The size of the bubbles equates to the number of C&YP attending, split bubbles show multiple sessions at an individual location.

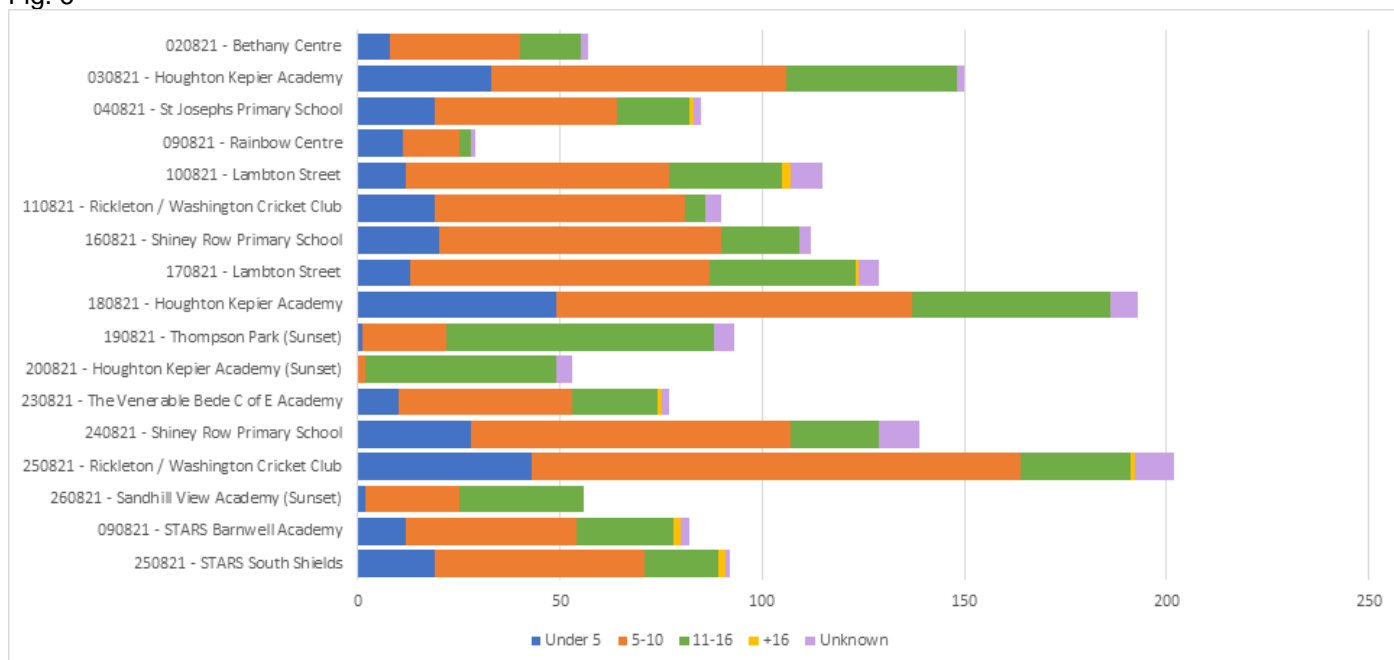
Fig 5.

<sup>1</sup> This counts children and young people who may have attended multiple sessions.



Engaging with older young people throughout the HAF programme was proving difficult, the mobile bus evening sessions that were named as sunset sessions were specifically tailored to engage with young people 11+, sessions took place 4-8pm in the evening time and had activities and food more appropriate for that age range. All sessions were co-produced with young people from Together for Children's engagement groups. You can see from chart below Fig 6 that our sunset sessions did support the attendance of young people 11+.

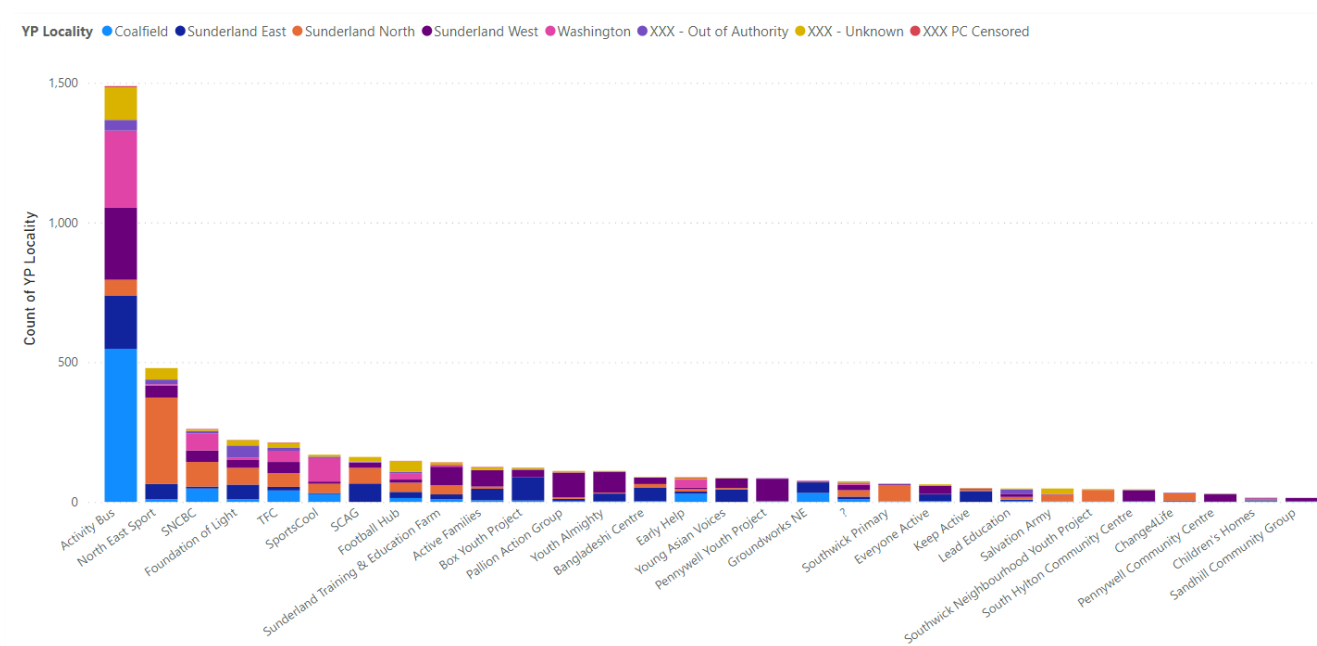
Fig. 6



## Attendance

The below graph Fig 7. shows attendance of each provider by Locality, the mobile bus had the highest number of attendees over 17 sessions (only planned 16 sessions were originally planned but after a very successful day bus at Kepier School, young people requested that we returned to offer an evening session) which is to be expected due vast outside space and multi activity providers available.

Fig 7.



## Food

A range of provider types were used across areas, with almost half being Voluntary Community Sector Organisations with private organisations next most common. Providers generally had a mix of paid and unpaid staff and providing for both primary and secondary age groups. Providers were asked to provide at least one meal a day (breakfast, lunch, or tea) and all food provided at the holiday club (including snacks) must meet [school food standards](#).

A variety of options were given across the providers, some cooked with the young people, whilst other offered packed lunches due to the weather and the activities they were carrying out. The School Meal Service also provided hot and cold options for some of the providers.

## 5. NURTITIONAL EDUCATION

One of the requirements of the programme was to provide children, young people and their families with weekly training and advice sessions for parent, carers, or other family members. These should provide advice on how to source, prepare and cook nutritious and low-cost food.

Some providers gave information and links to online tools, some gave a recipe box with cooking instructions whilst others did cookery sessions along with the children and young people at their premises. Below are a few of the different examples to support nutritional education:

### Pallion Action Group

Pallion Action Group made homemade food with their children and young people; parents also had the opportunity to get involved in creating the menus. Everyone who attended the programme received recipe cards and fact sheets which included information around healthy food choices, portion sizes and tips and ideas on how to make fruit and veg look fun on the plates for children and young people. Fresh produce was also donated to families.

### Smoothie Bike

A part of the mobile Wear Here 4 Summer programmes was the use of the smoothie bike. The smoothie bike promoted healthier eating by increasing the children and young people's fruit and vegetable consumption and supported some children to try new fruits such as pineapple and strawberries. The smoothie bike is an interactive tool to physically demonstrate and link healthy eating and exercise.

### Change 4 Life

Change 4 Life delivered their own HAF programme at Redby Primary school and attended the mobile Wear Here 4 Summer programme, they prepared affordable healthy meals and snacks with children, young people and their



parent/carers that could be prepared quickly and easily at home. Recipe books were given to families who attended with high-quality low-cost meals that could be made at home.

### **Cultural Inclusion**

Sunderland's black and ethnic minority community groups are committed to delivering activities to support health and well-being. The Bangladeshi International centre used their kitchen facilities to support educational learning as a whole family. As part of their summer programme children, young people and their families got involved in creating their own healthy kebab.

### **Phunkyfoods**

SportsCool provided engaging nutritional education through a series of activities, worksheets, and recipe videos. To engage families and carers, SportsCool partnered with PhunkyFoods, who provided one virtual cook a long session a week educating families how to make a meat and vegetarian meal for under £1 per portion. For the virtual sessions, a time and date with a unique zoom login for the group of families was provided to run the session 'live' online. There were also pre-recorded videos linked to each of the recipes in the series that can be used if parents are not able to attend the session booked. They also made fruit kebabs with the children and used fruit that they wouldn't usually have access to so they could sample new tastes.

### **Special Educational Needs and Disabilities (SEND)**

Grace House did a variety of options with their food offer; they were combination of both hot and cold foods. They included

- Create your own pittas with a range of fillings, salad carrot sticks and fruit skewers.
- Food provided for the trips out consisted of pack lunches which included sandwiches and fruit.
- One trip was to a smoothie bar near the seaside.
- Hot food that was served at some of the activities included curry with rice and healthy pizzas.

## **6. BENEFITS OF THE PROGRAMME**

### **Children enjoyed a healthy meal**

Food was well received by children and young people, and certain providers also offered parents the opportunity to eat with the children and young people. Additionally, some providers allowed families to take home leftover portions and excess food from the meals.

Attending a holiday club meant that if children were from households experiencing food insecurity, they were guaranteed a full, nutritious meal that day. Some providers were aware that some children attending would be benefiting from their only hot meal of the day at the holiday club. Parents across the programmes praised the food, deeming the meals to be healthy and nutritious. This was particularly important in deprived areas where they may not be able to afford or access such food in their local area.

*Cooking sessions were offered to allow older young people to learn how to batch cook healthy meals. Most of the young people who attended the sessions informed us that prior to the cooking sessions they did not cook healthy meals, largely relying on convenience foods such as prepacked meals and pot noodles. Young people throughout the sessions were encouraged to try various meals and left each session with 4 portions of a hot, healthy meal. One young person who attended the sessions hadn't tried a large variety of foods and reported only eating freezer food before the sessions, she reported enjoying trying new things and has continued to make them at home following the sessions. (Support Worker Care Experienced Young People)*

*It was great to see some of the older children encouraging and showing children from Asylum seeker/ Refugee background how to play pool and table tennis as they had never played before. They even saved seats for them to sit next to them whilst having their food. This created a sense of inclusion and integration for these children and formed positive relationships and friendships. (Young Asian Voices)*

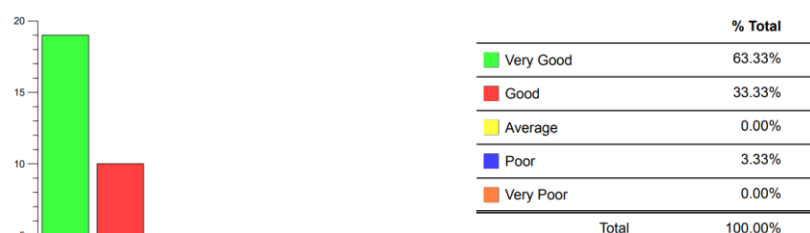
*"Having one meal a day given to you is a massive help for parents" (Parent)*

*"I enjoyed sitting with my friends and having some food, some of the foods I didn't really like but I tried them" (Young Person Age 10)*

### **Children and young people had the opportunity to experience new foods**

Parents across the programmes often praised the food, deeming the meals to be healthy and nutritious. This was particularly important in deprived areas where they may not be able to afford or access such food in their local area. 96% of young people and parents who completed the feedback survey said the food was good or very good.

What did you think about the food provided at the session(s) you attended?



Children and Young People had the opportunity to experience new foods by taste testing new fruits and vegetables making fruit kebabs, vegetable crudities and smoothies. Providers used lots of creative ways to encourage children and new people to try new things, however nothing inspired them more than getting them in the kitchen to cook together. Older young people enjoyed handling and combining ingredients, being inquisitive about what ingredients were being used, while young children enjoyed the weighing, mixing, and measuring jobs. Information received from providers said that children and young people who had invested in preparing the meal they were more likely to eat it.

*'Parents reported cooking for the first time with their children after an activity using the cookery book, we supplied to each child who attended HAF '(Provider - Targeted Youth Services)*

*"I have never had the chance to try tomatoes before, they are yummy" (Child, Age 7)*

*"We provided the children with weekly food recipe bags, which took some sorting as we had so many children attend. The children got the chance to make the following at home; Sweet potato curry and rice, five bean chilli and cous cous, fakeaway vegetable pizzas, Super five vegetable soup and homemade bread kit and vegetable pasta with cheese" (Provider - Active Families)*

*"Following the session, we have received pictures from 2 young people who have recreated the healthy meals at home. This means they are cooking healthier meals and increasing their fruit and vegetable intake. Reducing the number of takeaway foods and ready meals will result in weight loss and a healthier lifestyle". (Provider)*

### Activities provided opportunities for children to be active, socialise and learn new skills

Children and young people responded positively to the vast range of activities on offer across providers, which included arts and crafts, physical activities, nutrition-based activities as well as day trips. Activity examples ranged from dodgeball and trampolining, to surfing and rock pooling.

What did you think about the activities provided at the session(s) you attended?



Both the children and young people and their parents/ carers talked about a wide range of benefits from taking part, including children gaining new skills, socialising, and improving their wellbeing. Parents/carers praised both the quality and variety of the provision.

*"Keep active have had an extremely positive impact on my child, he has made lots of new friends, learnt many new skills and enjoyed every day that he has attended. It has hugely helped with childcare as myself and my family work full time" (Parent)*

*"My child has grown in confidence this week, he has tried new activities and meeting new friends". (Parent)*

*"The summer HAF programme which we delivered was an amazing success in which children from the East Area of the City had the opportunity to participate in many activities they had not experienced previously. It was special to see some of the most disadvantaged children being able to access this type of provision, make new friends, have a healthy hot meal every day and exceed the current guidelines for daily exercise and visit local attractions which to many children was a real adventure. Social interaction has a huge positive outcome from holiday provision, many children particularly when away from school do not mix with other children, holiday camps are a great way of getting children from all backgrounds to mix together". (Provider – Keep Active)*

*'As a family we got to do things we wouldn't have been able to do. It was brilliant for YP especially, with new, experiences all positive and helpful with her autism' (Provider)*

*"One young person was offered part time work by one of the activity providers. This increased his confidence to apply and secure a full-time job elsewhere, that he had been reluctant to do previously" (Support Worker)*

*Through Young Asian Voices (YAV) Asylum seeker refugee drop in on Saturdays in partnership with Friends of the Drop In, HAF sessions were promoted. We had a number of families who were keen to bring their children. We had 8 children from Asylum seeker and Refugee families attend our HAF sessions on a regular basis and interact with children from various cultural backgrounds. (Young Asian Voices)*

*"I have liked playing football, dodgeball and cooking. I have made lots of new friends" (Young Person Age 11)*

### **There was equality of opportunity for all children and young people to access activities**

Children and young people entitled to FSM attended programmes alongside children and young people who did not meet the criteria. We also requested 15% of funding to be spent to support 'vulnerable' children and young people. With this funding we were able to support SEND young people, cared for and Care experience young people Children wards which were high in deprivation/obesity. Children and Young People open to Early Help or Children's Social Care Refugees (International Bangladeshi Centre) Youth Offending Service and areas in the city that had a high level of obesity. In total 1142 children and young people who weren't eligible for Free School Meals but who had at least one vulnerability attended at least one HAF session.

*"The staff are fabulous X really took the time with my daughter knowing she has a disability, but all the staff was very nice and friendly" (Parent)*

*"My daughter was able to attend with friends on an evening at a school she was transferring to. Great for them to be out together unsupervised by parents but in safe surroundings" (Parent)*

*'As a family we got to do things we wouldn't have been able to do. It was brilliant for YP especially, with new, experiences all positive and helpful with her autism' (Parent)*

*"This has been the bestest day ever!" (Child living with Mother in refuge)*

Depending on the activity and setting, there was flexibility for parents to either drop their child or stay for the whole session. This option helped parents to ease their children into the activities, which was especially important for parents of Special Educational Needs and Disability (SEND) children.

Together for Children supported by Sunderland Parent Carer Forum planned two sessions in co-production with Sunderland Stars group specifically for SEND children and young people. 174 individual children and young people attended the two events, one at Barnwell School and the other at South Shields Beach.

*The SEND Beach party was accessible for all participants, plenty of help and support on hand throughout the day and the Surf School staff and volunteers were amazing, feedback was 10/10. Children who were apprehensive were fully supported and encouraged to try and a child who had never stepped on a beach or in the sea surfed and was so inspired he asked to come back and have more lessons. If I had asked my daughter to go to the beach and try surfing, she would have looked at me as if I had two heads. She attended the event and had a wonderful day and despite her initial reluctance attended the Surf School. She had a fantastic time, and the event boosted her self-esteem and confidence. (Parent)*



## **Signposting and referrals**

Summer HAF supported children, young people, and their families to access information advice and guidance that would benefit them. Together for Children's mobile bus was able to offer a wide range of services to children, young people, and their families from Family Centre Information to Sexual Health advice and guidance.

*Six young people who accessed the mobile bus in the Summer and sought advice from Sunderland Sexual health service have had repeats visits which we hope would reduce teenage pregnancy and STI's. (Sexual Health Services)*

*One young person who attended the session engaged in a brief intervention around healthy relationship advice after the parent shared some potential CSE concerns, and an Early Help referral was also agreed with the family. (Targeted Youth Support)*

*Together for Children registered 96 new families have access to Family Centre Activities in their own areas. Children attending family centre activities can make new friends and learn as they play (Mobile Bus Provision)*

*One family disclosed that they were being coerced in a particular type of behaviour. PAG supported the family in being removed from the situation and provided a safe space to talk. (Provider – Pallion Action Group)*

## **Aspirations**

Young people who attend the activities have also had the opportunity to volunteer. Young people have reported that it has helped them try new things, meet new people, build new skills, and gain confidence.

*When the holidays were near, I was starting to worry about how I would cope during the summer because I was too old to join any of my usual holiday clubs. When I was offered the opportunity to volunteer for Keep Active's holiday club, I was pleased that I had something to do but nervous because I didn't know what to expect. From the first day I was made to feel like I was part of the team, despite only being 12, the coaches treated me like one of them. I built good relationships with the children and the coaches and learned a lot about sports that I had little understanding of. (Young Person Volunteer Age 15)*

*After attending an activity as part of the HAF programme, a young person (16) was offered part time work by one of the activity providers. This increased his confidence to apply and secure a full-time job elsewhere, that he had been reluctant to do previously (Young Person Targeted Youth Services)*

## **WINTER DELIVERY AND THE FUTURE**

As part of budget announcement, it has been confirmed that the Holiday Activities and Food programme will continue, following the successful nationwide delivery of this programme in 2021. The spending review announced over £200 million a year for the continuation of the holiday activities and food programme, providing enriching activities and healthy meals for disadvantaged children during school holidays, clarification of Sunderland's allocation is yet to be determined.

From lessons learnt from children, young people, families and providers over Easter and Summer we have identified the following areas to improve delivery for our Winter HAF programme and future holiday programmes.

### **Training**

Gaps in some providers knowledges were identified in the evaluations of the Summer Programme, in consultation with providers we have sought training to assist with the delivery of the Winter HAF. The training sessions support providers to understand young people from low socio-economic groups, Christmas holiday provision, young people mental health and working with challenging behaviour, all providers have been offered this training free in preparation for their winter delivery.

### **Children learning about food**

Education around food and activity differed depending on the provider, to give all children and young people who attend a HAF programme the same learning a logbook is being put together. The logbook explains why it is important to eat a balanced diet and gives examples of portion sizes. It includes a section that logs the fruit and veg the children and young people have eaten, the water drank, and the exercise carried out for a week. It also includes an example of some exercises that can be done at home. Logbooks will be distributed to providers before their winter programme start.

### **Families learning to cook together**

To change eating habits of children and young people, parents/carers need to be engaged in preparation and cooking of foods, not all activity providers have facilities to offer this however by working together and we are hoping to be able to link organisations together to provide a whole family offer.

### **Quality of Provision**

The quality of the provision varied. Some providers were very experienced in working with children and organising activities and had access to more equipment and play spaces. Others had more limited space and resources and had less experience running holiday clubs. Training support and providers sharing best practice will enhance the quality of provision moving forwards.

### **Procurement of providers**

Some providers who initially expressed an interest in the HAF programme didn't apply due the procurement process especially if they were new to this. We have offered support fully to providers to submit their applications however this can be very time consuming, a grant award process may work more effectively and speed up the process for future funding bids.

### **Booking System**

Providers and parents experienced problems with systems for signing up or cancelling sessions, and all providers had different systems. Some booking systems made activity availability unclear, such as how many places were left for a session. This may have resulted in unsuccessful booking. Difficulty or confusion experienced by parents trying to cancel activities may have led to both spaces and food being wasted if a meal was prepared for a child who did not attend. Together for Children are currently working with the DfE and other Local authorities to procure a booking system for 2022.

### **Age of Young People**

More efforts are needed to involve older children in HAF activities While there were activities on offer for older children, local authorities made clear that more effort was needed for future programmes to engage an older demographic. Working directly with young people we would like to expand our evening session offer.

### **Relationships with schools**

The relationships built between schools, Local Authorities and providers will be key for successful delivery of provision in 2022. Existing relationships were used to publicise the programme but, due to time restraints and short turnaround time before the summer programme, new relationships were not as well-established as they could have been. Regular briefings regarding HAF have been sent to schools leading up to the winter programme. Providers have also been introduced to local schools in their areas.

### **A universal offering of the programme should be implemented where possible**

The summer programme has demonstrated that our Wear Here 4 Summer programme was a lifeline for many of our families, regardless of FSM eligibility. We would like to allow all children and young people to attend the HAF programme, seeking affordable activity charges at the discretion of individual providers for non – FSM places.

We must build upon an understanding that HAF is open to all children which will help reduce stigma. This should be implemented using a simple, streamlined system accessible to all that overcomes language barriers and digital exclusion. Efforts should be made to ensure that FSM children are indistinguishable from non-FSM children throughout the activities.

## CHILDREN, EDUCATION AND SKILLS SCRUTINY COMMITTEE 2 DECEMBER 2021

### SCRUTINY COMMITTEE WORK PROGRAMME 2021-2022

#### REPORT OF THE SCRUTINY AND MEMBERS' SUPPORT COORDINATOR

#### **1. Purpose of the Report**

- 1.1 The report sets out for members' consideration the work programme of the Committee for the 2021/22 municipal year.

#### **2. Background**

- 2.1 The work programme is designed to set out the key issues to be addressed by the Committee during the year and provide it with a timetable of work. The Committee itself is responsible for setting its own work programme, subject to the coordinating role of the Scrutiny Coordinating Committee.
- 2.2 The work programme is intended to be a working document which Committee can develop throughout the year, allowing it to maintain an overview of work planned and undertaken during the Council year.
- 2.3 In order to ensure that the Committee is able to undertake all of its business and respond to emerging issues, there will be scope for additional meetings or visits not detailed in the work programme.
- 2.4 In delivering its work programme the Committee will support the Council in achieving its corporate outcomes.

#### **3. Current position**

- 3.1 The current work programme is attached as an appendix to this report.

#### **4. Conclusion**

- 4.1 The work programme is intended to be a flexible mechanism for managing the work of the Committee in 2021-22.

#### **5 Recommendation**

- 5.1 That Members note the information contained in the work programme.

Contact: Gillian Robinson, Scrutiny and Members' Support Co-ordinator

REASON FOR INCLUSION	JUNE 21	JULY 21 (CANCELLED)	9 <sup>TH</sup> SEPT 21	7 <sup>TH</sup> OCT 21	4 <sup>TH</sup> NOV 21	2 <sup>ND</sup> DEC 21	6 <sup>TH</sup> JAN 22	3 <sup>RD</sup> FEB 22	3 <sup>RD</sup> MARCH 22	31 <sup>ST</sup> MARCH 22
Policy Framework/ Cabinet Referrals and Responses									Scrutiny Annual Report – 21/22	
Scrutiny Business	Corporate Parenting Review			Engagement and Participation with Young People (Jane Wheeler)	Domestic Violence Update (Karen Davison)  Draft Safe Accommodation Strategy (Gerry Taylor)	Child Health Update (Lorraine Hughes)  Holiday Fund – Operation (Jane Wheeler)	Impact of Covid 19 on Child Mental (CCG)  SEND Monitoring Report (Jill Colbert/Dave Chandler)	Youth Offending and Anti Social Behaviour	Apprenticeships and Employment opportunities	
Performance / Service Improvement	Ofsted Focused visit to Children's Services - Feedback		Ofsted Inspection of Children's Services – Feedback (Jill Colbert)	Inspection of SEND - Feedback (Jill Colbert)	Together for Children – Performance Monitoring Report (Jill Colbert)  Children Services Customer Feedback (Jill Colbert)				Together for Children – Performance Monitoring Report (Jill Colbert)  Children Services Customer Feedback	
Consultation / Awareness Raising	Notice of Key Decisions  Work Programme 21-22	Notice of Key Decisions  Work Programme 21-22	Notice of Key Decisions  Work Programme 21-22	Notice of Key Decisions  Work Programme 21-22	Notice of Key Decisions  Work Programme 21-22	Notice of Key Decisions  Work Programme 21-22	Notice of Key Decisions  Work Programme 21-22	Notice of Key Decisions  Work Programme 21-22	Notice of Key Decisions  Work Programme 21-22	

Additional Issues – Working Group with Young People

## CHILDREN, EDUCATION AND SKILLS SCRUTINY COMMITTEE

### NOTICE OF KEY DECISIONS

### REPORT OF THE SCRUTINY AND MEMBERS' SUPPORT CO-ORDINATOR

#### 1. PURPOSE OF THE REPORT

- 1.1 To provide Members with an opportunity to consider the items on the Executive's Notice of Key Decisions.

#### 2. BACKGROUND INFORMATION

- 2.1 Holding the Executive to account is one of the main functions of Scrutiny. One of the ways that this can be achieved is by considering the forthcoming decisions of the Executive (as outlined in the Notice of Key Decisions) and deciding whether Scrutiny can add value in advance of the decision being made. This does not negate Non-Executive Members ability to call-in a decision after it has been made.
- 2.2 To this end, the most recent version of the Executive's Notice of Key Decisions is included on the agenda of this Committee. The Notice of Key Decisions is attached marked **Appendix 1**.

#### 3. CURRENT POSITION

- 3.1 In considering the Notice of Key Decisions, Members are asked to consider only those issues where the Scrutiny Committee or relevant Scrutiny Panel could make a contribution which would add value prior to the decision being taken.
- 3.2 In the event of Members having any queries that cannot be dealt with directly in the meeting, a response will be sought from the relevant Directorate.

#### 4. RECOMMENDATION

- 4.1 To consider the Executive's Notice of Key Decisions at the Scrutiny Committee meeting.

#### 5. BACKGROUND PAPERS

- Cabinet Agenda

The Local Authorities (Executive Arrangements) (Meetings and Access to Information) (England) Regulations 2012

Notice is given of the following proposed Key Decisions (whether proposed to be taken in public or in private) and of Executive Decisions including key decisions) intended to be considered in a private meeting:-

Item no.	Matter in respect of which a decision is to be made	Decision-maker (if individual, name and title, if body, its name and see below for list of members)	Key Decision Y/N	Anticipated date of decision/ period in which the decision is to be taken	Private meeting Y/N	Reasons for the meeting to be held in private	Documents submitted to the decision-maker in relation to the matter*	Address to obtain further information
210419/577	To approve the dilapidation settlement figure and the procurement of the dilapidation works in respect of the CESAM building.	Cabinet	Y	7 December 2021	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
210505/587	To approve the procurement of a Contractor for the Repair Works at Hendon Foreshore Barrier, Port of Sunderland.	Cabinet	Y	7 December 2021	N	Not applicable.	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>

Item no.	Matter in respect of which a decision is to be made	Decision-maker (if individual, name and title, if body, its name and see below for list of members)	Key Decision Y/N	Anticipated date of decision/ period in which the decision is to be taken	Private meeting Y/N	Reasons for the meeting to be held in private	Documents submitted to the decision-maker in relation to the matter*	Address to obtain further information
210607/608	To seek approval to proposed funding arrangements with Siglion Investments LLP.	Cabinet	Y	7 December 2021	Y	The report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report will contain information relating to the financial or business affairs of any particular person (including the authority holding that information). The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
210709/612	To authorise the Executive Director of City Development to deliver the Washington F-Pit Museum Heritage Visitor Centre and Albany Park Improvement project, including the procurement of consultants and contractors.	Cabinet	Y	7 December 2021	N	Not applicable.	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>

Item no.	Matter in respect of which a decision is to be made	Decision-maker (if individual, name and title, if body, its name and see below for list of members)	Key Decision Y/N	Anticipated date of decision/ period in which the decision is to be taken	Private meeting Y/N	Reasons for the meeting to be held in private	Documents submitted to the decision-maker in relation to the matter*	Address to obtain further information
210728/613	To seek approval for strategic land acquisitions in Sunnyside, Sunderland.	Cabinet	Y	7 December 2021	Y	This report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraph 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report contains information relating to the financial or business affairs of any particular person (including the authority holding that information) The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
210729/617	To approve the International Advanced Manufacturing Park (IAMP) Interim Planning Policy Statement for adoption.	Cabinet	Y	7 December 2021	N	Not applicable.	Cabinet report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
210920/640	To approve land and property acquisitions within the Riverside Sunderland area.	Cabinet	Y	7 December 2021	Y	This report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraph 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report contains information relating to the financial or business affairs of any particular person (including the authority holding that information) The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>



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211005/641	To agree the proposed development strategy for Northern Spire Park and the recommended next steps	Cabinet	Y	7 December 2021	Y	This report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraph 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report contains information relating to the financial or business affairs of any particular person (including the authority holding that information) The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
211006/643	To approve the Budget Planning Framework and Medium Term Financial Plan 2022/23 to 2025/26.	Cabinet	Y	7 December 2021	N	Not applicable.	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>

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211007/645	Procurement of Care and Support within a new build Supported Living scheme at Cork Street	Cabinet	Y	7 December 2021	Y	This report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraphs 3 and/or 5 of Schedule 12A of the Local Government Act 1972, as amended, as the report contains information relating to the financial or business affairs of any particular person (including the authority holding that information) and/or information in respect of which a claim to legal professional privilege could be maintained in legal proceedings. The public interest in maintaining these exemptions outweighs the public interest in disclosing the information.	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
211011/647	To consider the Local Carbon Progress Report.	Cabinet	Y	7 December 2021	N	Not applicable.	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>

Item no.	Matter in respect of which a decision is to be made	Decision-maker (if individual, name and title, if body, its name and see below for list of members)	Key Decision Y/N	Anticipated date of decision/ period in which the decision is to be taken	Private meeting Y/N	Reasons for the meeting to be held in private	Documents submitted to the decision-maker in relation to the matter*	Address to obtain further information
200813/494	To approve funding mechanisms for the acquisition of residential properties.	Cabinet	Y	7 December 2021	Y	This report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraph 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report contains information relating to the financial or business affairs of any particular person (including the authority holding that information) The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
211022/651	To seek approval for the final Domestic Abuse Safe Accommodation and Support Services Strategy for Sunderland.	Cabinet	Y	7 December 2021	N	Not applicable.	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
211101/652	To approve the Commissioning proposals for Statutory Advocacy.	Cabinet	Y	7 December 2021	N	Not applicable.	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>

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211104/654	To approve the proposal to carry out the required actions to enable the Council to commence enforcement of bus lane contraventions and to set the level of penalty charge notices issued which will need to be approved by the Secretary of State.	Cabinet	Y	7 December 2021	N	Not applicable.	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
211105/655	To consider the Community Renewal Fund.	Cabinet	Y	7 December 2021	N	Not applicable.	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
170927/212	To approve in principle the establishment of a new police led Road Safety Partnership (Northumbria Road Safety Partnership) embracing the Northumbria Force Area.	Cabinet	Y	During the period 7 December 2021 to 28 February 2022.	N	Not applicable.	Cabinet report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
211018/650	To authorise the Executive Director of City Development to deliver the Levelling Up Fund Programme	Cabinet	Y	During the period 7 December 2021 to 28 February 2022.	N	Not applicable.	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>

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211103/653	To consider and approve the Siglion Business Plan.	Cabinet	Y	During the period 7 December 2021 to 28 February 2022.	N	This report is one which relates to an item during the consideration of which by Cabinet the public are likely to be excluded under Paragraph 3 of Schedule 12A of the Local Government Act 1972, as amended, as the report contains information relating to the financial or business affairs of any particular person (including the authority holding that information) The public interest in maintaining this exemption outweighs the public interest in disclosing the information.	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
211105/656	To authorise the Council to enter into Funding and Partnership Agreements for the Social Housing Decarbonisation Fund, subject to the successful outcome of the bid.	Cabinet	Y	During the period 7 December 2021 to 28 February 2022.	N	Not applicable.	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>
211011/648	To consider the details of the City Plan 2019-2030 assurance process.	Cabinet	Y	11 January 2022	N	Not applicable.	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>

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210510/588	To approve the receipt of external funding for the public sector decarbonisation scheme and green homes grant local programme and the procurement of the necessary contractors to deliver the schemes.	Cabinet	Y	During the period 11 January to 31 March 2022.	N	Not applicable.	Cabinet Report	Governance Services Civic Centre PO BOX 100 Sunderland SR2 7DN  <a href="mailto:committees@sunderland.gov.uk">committees@sunderland.gov.uk</a>

**Note;** Some of the documents listed may not be available if they are subject to an exemption, prohibition or restriction on disclosure. Further documents relevant to the matters to be decided can be submitted to the decision-maker. If you wish to request details of those documents (if any) as they become available, or to submit representations about a proposal to hold a meeting in private, you should contact Governance Services at the address below.

Subject to any prohibition or restriction on their disclosure, copies of documents submitted to the decision-maker can also be obtained from the Governance Services team PO Box 100, Civic Centre, Sunderland, or by email to [committees@sunderland.gov.uk](mailto:committees@sunderland.gov.uk)

**\*Other documents relevant to the matter may be submitted to the decision maker and requests for details of these documents should be submitted to Governance Services at the address given above.**

**Who will decide;**

Councillor Graeme Miller – Leader; Councillor Claire Rowntree – Deputy Leader; Councillor Paul Stewart - Cabinet Secretary; Councillor Louise Farthing – Children, Learning and Skills; Councillor Kelly Chequer – Healthy City; Councillor Linda Williams – Vibrant City; Councillor Kevin Johnston – Dynamic City.

This is the membership of Cabinet as at the date of this notice. Any changes will be specified on a supplementary notice.

Elaine Waugh,  
Assistant Director of Law and Governance

8 November 2021