

**CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH AND WELLBEING  
TRANSFORMATIONAL PLAN 2015 – 2020: 2019 REFRESH**

**Report of the Chief Officer, Sunderland Clinical Commissioning Group**

**1      Purpose of Report**

- 1.1    This report is to present final version of the refreshed Children and Young People's Mental Health and Wellbeing Transformational Plan 2015 – 2020: 2019 refresh, including agreed priorities for delivery in 2019/20.
- 1.2    Please see appendix 1 for a copy of the draft Children and Young People's Mental Health and Wellbeing Transformational Plan 2015 – 2020: 2019 refresh.

**2      Background**

- 2.1    The Children and Young People's Mental Health and Wellbeing Transformational Plan 2015 – 2020 was originally written in 2015 and has been updated annually since this time. The refresh involves summarising work undertaken to date, outcomes achieved and priorities for the forthcoming year.
- 2.2    The annually refreshed document is required to be signed off by the Health and Wellbeing Board prior to being submitted to NHS England and published on the CCG website.
- 2.3    The refreshed plan will also be presented to the following meetings:
- |                                  |          |
|----------------------------------|----------|
| SCCG Executive Committee         | 02/04/19 |
| Children's Strategic Partnership | 04/04/19 |
| Health and Wellbeing Board       | May 2019 |
- 2.4    SCCG had led this year's refresh of the plan, with oversight from the Child and Adolescent Mental Health (CAMH) Partnership. Many partners have inputted into the refresh, including:
- Local Authority
  - Northumberland, Tyne and Wear NHS Foundation Trust
  - South Tyneside NHS Foundation Trust
  - Together for Children
  - South Tyneside Foundation Trust
  - Washington Mind
  - Representation from General Practice
  - Sunderland Counselling Service
  - Harrogate and District NHS Foundation Trust
  - The Carers Centre
  - Representation from Schools in Sunderland

- 2.5 Feedback from children and young people was provided from the State of the City debate led by Together for Children.
- 2.6 SCCG has used the Key Lines of Enquiry (KLOE) feedback provided by NHS England to inform the refresh.
- 2.7 The current plan covers 2015 – 2020. It is anticipated that NHS England will require a similar plan after 2020. It is acknowledged that the existing plan is extensive due to the number of updates undertaken since 2015 by a number of different authors.
- 2.8 The delivery of the plan will continue to be overseen by the CAMH Partnership, which is currently chaired by the Senior Reform Manager at SCCG.

### **3 Changes to the 2019 version**

- 3.1 The document has been amended throughout to update data where this was available.
- 3.2 The following sections have been added to the 2019 version of the Transformational Plan:

Section	Page number	Details
1.1	1	Preface to the 2019 update
2.4	9	Diagram depicting the delivery of the Thrive model in Sunderland by provider
3.7	18	NHS Long Term Plan
5.14	30	Young carers
6.2	34	2019 consultation update
7.2.4	38	Community Eating Disorder Service
7.2.5	39	Early Intervention in Psychosis
7.2.6	39	Reduction in beds
7.2.7	39	Transitions
7.2.8	39	New models of care
7.2.9	39	NTW service reform
7.2.10	40	Implementation of Care and Treatment Reviews and CeTRs
7.2.11	40	Use of digital technologies
8.4.3	47	2018/19 update
8.4.3.1	47	Children's Psychological Wellbeing Practitioners
8.4.3.2	47	Mental Health Charter Mark
8.4.3.3	48	Growing Healthy Sunderland
8.4.3.4	49	Altogether Better in Sunderland
8.4.3.5	49	Joint post
8.4.3.6	49	Integrated Care Partnership
8.4.3.7	50	Integrated Care System
11.3.5	54	Integrated Planning and Commissioning Group

11.4	55	Governance structure:
12	56	2019/20 Priorities
14	62	Risks and Mitigating Actions
15	65	Workforce Planning

3.3 Of particular note is the new section on priorities for 2019/20. Through group discussions, the CAMH Partnership proposed the following priorities for 2019/20 which were agreed at the Children's Strategic Partnership in January 2019:

1. Review integrated commissioning arrangements for children and young people's mental health provision
2. Develop a Single Point of Contact
3. Ensure we have effective delivery of early interventions
4. Increase access to training to raise awareness and empower people to support children and young people with mental health issues
5. Review the eating disorder service

Existing pre-commitments to be carried forward into 2019/20 are:

6. Submit a revised bid for Trailblazer funding to deliver Mental Health Support Teams in schools when wave 2 is announced
7. Continue reform of the Autistic Spectrum Disorder pathway
8. Continue reform of the Attention Deficit Hyperactivity Disorder pathway
9. Commission the Kooth online counselling service.

3.4 The following sections have been removed from the appendices in this version of the document:

- 2015 self-assessment
- 2015 version of the programme plan

## **4.0 Recommendations**

4.1 The Children's Education and Skills Scrutiny Committee is recommended to receive this report.