## **People Project Performance 2013/14**

Below is a summary of all People based SIB funded projects, how they have performed against targets and what they have achieved to the end of March2014.

Delivering the Heritage Action Plan	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number of community groups supported	3	12		£11,442	£5,000	
Number of community or educational events held	3	3				

This project was awarded £35,000. This is a 'network' of local history and heritage groups and individuals who come together to share best practice and knowledge. ELCAP delivered a community heritage project that benefitted the Coalfield wide community groups. There has been show and tell hubs to share and show memorabilia, with established and new groups. There was a good take up on collection management training. This has led to a steering group forming from the VCS Network who have secured additional funding for a WW1 project which has now commenced. The Penshaw Village Atlas is being developed with Limestone Landscapes in partnership with local residents and groups and will be finalised in early June 2014.

Community Transport Easington Lane Community Transport Scheme	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number of people going into	1	1		£9,321	£9,321	
employment						

This project was awarded £9,321 to deliver a shopper bus for local residents and to support a drivers post. Over the course of the project, the represented split for users was as follows: Hetton 27%, Shiney Row 29%, Copt Hill 19% and Houghton 25%. Over 400 people benefitted during the lifetime of the project, there was in an increase in volunteer drivers and further funding was attracted from Gentoo for 4 additional MIDAS drivers. The shopper bus has assisted in helping elderly socially isolated people attend events and make new friendships. The project was publicised in Community News, with attendance from local councillors and over 200 community members. Spend and outputs were on target throughout the project. A recent award of £60,000 at April 2014 Area Committee will continue the project over a three year period and is subject to review annually and subject to use and promotion of local shopping areas. A further update will be given once the newly funded project has commenced.

Welfare and Benefits Advice SHARP	Output	Output	Progress	Spend	Spend	Progress
	Target	Actual	Indicator	Target	Actual	Indicator
Number of people accessing improved advice and support	400	570		£23,166	£23,166	

This project was awarded £23,166 to deliver a welfare rights service to Coalfield residents in order to support and add capacity to the existing provision. The numbers of people using the service fluctuated and the project saw an increase in numbers. The project identified that a significant proportion of local people continue to struggle with form filling and accessing information online and SHARP saw a growth in the demand for this. An internal review of systems led to a more thorough recording and assessment process for the clients who accessed the information further enabling advisers to give the right level of support. Throughout the project 570 people used the service, including drop ins and outreach appointments. The beneficiaries included people experiencing financial hardship, debt, housing and employment issues, as well as older and retired people. The project was publicised via Coalfield Community News. The organisation has secured further SIB funding of £30,000 over a three year period in order to continue the projectby recruiting, training and co-ordinating advice volunteers. A further update will be provided once the project commences.

Support for Older Peoples Projects  -Call 1
A call for projects to support older people, vulnerable adults and their carers resulted in the following successful projects being awarded funding and a short progress report is given for each.
New Dawn@Central Point. Hetton New Dawnwas awarded £5,000 to increase the capacity of the Befriender scheme. Recent progress includes regular monthly coffee mornings and listening training. Social services attend weekly luncheon clubs and partnership working with Gentoo has been further developed. A growing need for shopper support services due to sight problems and frailty has been identified. Several befrienders have attended the dementia awareness course.
Learn to Play Flat Green Bowls. New Herrington WM Bowling Club was awarded £3,300 to teach older people to play flat green bowls and engage them in social activities at the club house. This successful project purchased equipment with 12 people attending the sessions Wednesday and Friday between May-August 2013. The project is now closed and the equipment will be utilised throughout this and subsequent years to continue working with older people.
Real Aid Project. ELCAPwas awarded £3,500 to deliver a coordinated activity programme for Coalfield residents. Real Aid started the project with Friendly Friday group to identify gaps in service areas. In the first six weeks take up was predominantly female, but now there are 17 new males taking part in heritage and music activity. A music maestro was also held, drama groups and links into men's health work continue to further develop this project.
Last of the Summer Wine. Houghton Racecourse Community Access Point was awarded £5,040 to provide sessions on their community allotment for older people to participate in and enjoy. This project is now closed having not being able to fulfil the criteria of the funding and funds of £4,040 has been returned to Area Committee funds.
HOPE Social. Houghton Older People's Enterprise was awarded £1,000 to deliver social activities for elderly residents in the Coalfield area working in partnership with local providers. This enabled three trips to Boundary Mill, Millstones, and the Donnison School for members. It also enabled the music and song event by One Accord and storytelling and music from Geo Hetherington. This project is now closed.
A second Call for projects awarded the following organisations: (Total £12,270)
Space For Care. Houghton PCC was awarded £2,170 to extend the existing Space 4 CARE support group for vulnerable adults with poor mental health from 12 to 24 places.
HOPE Social. Houghton Older People's Enterprise was awarded £1,500 to improve and deliver social activities which are caring, creative and fun for elderly people in the Coalfield through outings speakers and transports costs.
Social Activity Health Mentor. B Active and B Fitwas awarded £3,000 to work with Two Castles and Cherry Tree Gardens to create a holistic activity package for vulnerable and older people.
<b>Luncheon Club SHARP</b> was awarded £2,600 to convert the current crèche area into a 'multi-use' space that will allow the organisation to host regular luncheon clubs and other activities for older people, vulnerable adults and carers.
AGE UK. IPad Engage was awarded £3,000 to deliver IPadengage training events providing practical help to older people in using iPads for activities.
The second round of applications will be due to update in July 2014.

St Aidan's Angling Training	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Number of people engaged in healthy lifestyle projects	36	0		£450	£526	
Number of activities for children and young people being delivered during school holidays	8	0				

This project was awarded £5,000 to deliver angling sessions in the school holidays along with recruited volunteers. The project willbe a structured course toteach the art of angling and conservation of the fishing lake. Participants in the project will receive an Angling and Conservation Certificate on satisfactory completion of the course. The project will deliver a year long programme of 10-session courses during school holiday breaks and will be managed by qualified coaches from the Angling Development Board. Recent updates state that currently, due to the Angling Season being only opened recently, the expenditure has been limited and in discussion with the environmental agency, it was decided to delay the project until the new season before entering into major expenditure. With this in mind the group utilised their our own funding in October and during the closed season and requesteddeferralof the Q4 2013 /2014 payment which was to be used towards the payment of legal fees in relation to a licence from the Council for the Angling Lake in Herrington Country Park.

Dementia Training SCC	Output Target	Output Actual	Progress Indicator	Spend Target	Spend Actual	Progress Indicator
Deliver one session per month to	3	3		£5,750	£0	
individuals and organisations within the						
Coalfield.						

£5,750 of SIB funding was awarded to enable delivery of training within the local community to improve awareness and understanding of dementia. The Public Health and the Clinical Commissioning Group's Dementia Champion developed a dementia awareness module as part of the Health Champions programme. The workshop is a half-day session delivered via community venues aimed at non-health frontline workers, community and voluntary workers, and carers in the community. The aim of the workshops are to improve awareness of dementia in our community in order to improve levels of early diagnosis and improve people's knowledge around current local services to support people with dementia. From November to January 2014 the key findings through carrying out the workshops included:Participant knowledge and awareness of dementia grew by 87%, Learners reported feeling 91% more competent to support people living with dementia, Confidence levels in signposting people to different services within their local area more than doubled after completion of the course, 100% of attendees said that training met their expectations, 100% stated that the training was pitched at the right level. Feedback from course participants was positive including "The training was really good – not sure it could be improved!" Spend of the project is behind due to late invoices, therefore there has been no financial claim to date. There has been a request to re-profile and funds to be claimed in Quarter 1.

Bernard Gilpin School Community	Output	Output	Progress	Spend	Spend	Progress
Project	Target	Actual	Indicator	Target	Actual	Indicator
Deliver weekly sessions of activity and support to those living with dementia and their carers in our local area.	1	1		£5,700	£5,700	

This project was awarded £5,700to contribute to the new community facility at the school, to benefit both older and younger people through a wide range of clubs and activities. The Living Room at Bernard Gilpin is a purpose built accessible Community area, with its own entrance and facilities, where people can come and enjoy spending time with others. It was officially opened in December 2014 by the Mayor of Sunderland, Councillor Bob Heron. In January 2014 The Living Room started hosting weekly activities for people in our community living with dementia and their carers/families. All sessions have been well attended, averaging 28 people with dementia and their carers. The activities, which run on a four week rota, are: Singing for the Brain, an Inter-generational Choir, Dementia Café and Dance. All sessions provide a relaxed environment for people with dementia and their carers to get together in an informal setting. Singing for the Brain and Inter-generational Choir sessions use music as a form of therapy for people with dementia. The Dementia Café is an opportunity to have a meal and a chat with others while the Dance session gives people the chance to dance and rock 'n' roll. The project is now closed having fully achieved their outputs and spend target.

Healthy Weight Call for Projects
This Call for Projects is made up of £15,000 SIB matched with £15,000 CCG funds. Projects that were awarded funding through this Call for projects are as follows:
Family Health YMCA was awarded £4,982 to deliver workshops with families
Food and Ceramics ELCAP was awarded £5,000 to deliver family work, healthy eating, ceramics and ICT skills
Sports /healthy eating St Aidanswas awarded £5,000 to deliver sports sessions and healthy eating classes
Tackle It-SAFCwas awarded £5,000 to deliver coaching through classrooms and workshops.
Awareness Washington Mindwas awarded £3,050 to deliver workshops with five themes including eating disorders
High Five SNCBCwas awarded £3,640 to deliver healthy eating and fitness sessions.
Trails, Snails and Scales was awarded £3,000 to deliver a trim trail at Elba Park and family outdoor fun
The majority of the projects commenced in March and will be prompted for a progress report in July 2014
Sexual and Mental Call for Projects
This Call for Projects is made up of £15,000 SIB matched with £15,000 CCG funds. Projects that were awarded funding through this Call for projects are as follows:
Peer Educator YMCAwas awarded £4,918 to train young people to become peer educators for other young people
<b>Looking After Yourself SNCBC</b> was awarded £3,640 to deliver workshops to eat well exercise and approach sexual health
Healthy Young Minds Washington Mind was awarded £4,950 to raise awareness and hold workshops

## Celebrating Success - Herrington Burn YMCA (HBYMCA)

This project was awarded £1,964to work with a group of 4-6 young people engaging them in the planning, recording and editing of a promotional piece of video or photography that will depict and publicise the improvements made within the Coalfields by the 'Love Where You Live' campaign. Media Savvy will be the partnerproviding the professional expertise. The project will be led by young people, and a youth worker. The end product will be presented to Area Committee in the autumn and would be available to be used at other promotional events. £890 is allocated from HBYMCA to support project delivery. A progress update will be due in July 2014.

## **Environmental Improvements LWYL Call for Projects**

Coalfield Area Committee awarded £30,000 to deliver a call for projects to address environmental improvements. A total of 7 projects were awarded funding and will commence during May and June. An update on progress will be requested in June 2014.

Philadelphia Cricket Club	Output	Output	Progress	Spend	Spend	Progress
	Target	Actual	Indicator	Target	Actual	Indicator

This project was awarded £5,000 SIB to act as match for an application for funding to Biffa for £50,000. The project aims are to expand their current community development programme, but needed fit for purpose facilities for all of the community in order to do so. The Club has recently taken a change of direction; no longer only delivering traditional sports programmes but have diversified and cater, due to demand, for none sporting activities. This project aims to: Install a brand new energy efficient heating system, improve the lighting within and around the building, refurbish the old outdated toilet systems to include water and energy conservation measures. Plans would be to further extend activity to offer more for the older population. The improvements would ensure it is a warm and welcoming place for the local community to use and help reduce running costs, which have increased over recent years, improving

sustainability. A recent update in May 2014 stated that the outcome of the Biffa application is still awaited, and the new kitchen is in operation making a huge difference. Work is on-going with the toilet, there are now ramps at the front and rear, new front doors and a heating boiler and the cricket season has now commenced. A further update will follow at the next progress update stage.