

Applications for North Neighbourhood Fund**Application No. 1**

Funding Source	Neighbourhood Fund
Name of Project	Castle Ward Raising Aspirations Phase 3
Lead Organisation	Community Opportunities

Total cost of Project	Total Match Funding	Total NF Application
£69,081.44	£19,081.44	£50,000
Project Duration	Start Date	End Date
2 Years	April 2022	March 2024

ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATION**Project Description:**

This proposal seeks to extend the delivery of the Castle Raising Aspirations project and build on the partnership work delivered across Organisations in the Castle Ward of North Sunderland. The project has been instrumental in engaging residents as volunteers into several local projects including the Hylton Castle Project, local environmental projects including Hylton Dene, planting wildflowers, local litter picks, addressing fly tipping hotspots and working to support the delivery of holiday activities for young people.

We propose through the Castle RA project to undertake a resident's questionnaire, building on the response to the Let's Talk events and consultation that was carried out shortly before the pandemic in Spring 2020. The responses to the questionnaires will enable the local Councillors and Castle Project to work together to provide responses to local needs identified. We anticipate this will include some of the areas as detailed below, but this list will be reviewed following the resident consultations.

Activities for children and young people – the ward lacks a dedicated youth club delivery space. Sessions run from a range of local buildings but do not provide a consistent facility for young people to drop in to when they may need support. The Castle RA project will undertake a survey with young people to understand what activities they would like to engage in, produce an updated brief on what is available at each of the local schools, uniformed groups and Organisations so they are informed of activities available for their benefit, develop an offer for young people that compliments existing provision and builds on their interests in the environment, healthy eating their neighbourhoods and heritage, sports such as football, dance etc and enables the development of several safe spaces for them to meet their friends and engage in structured activities. This may be provided from rooms within the Organisations based in the ward or developing new provisions, and we recognise access to ICT is key for young people and therefore we propose to establish some key Wi-Fi spots and meeting points in the ward.

Castle RA will work closely with local police and residents to address hot spots of known anti-social behaviour which regularly includes Hylton Dene, Chapel at Hylton Castle, local shopping parades and local green spaces such as Hylton Castle Park. We will work with the wider Community Opportunities team to provide bespoke diversionary activities, and again this will be based on responses gathered from consultations with young people and may be as simple as taking a football and nets to a green space or exploring knife crime, drug and alcohol use etc.

We will continue to provide play activities for younger residents of the area, engaging them into such as Woodland Walks, sports and crafts activities and linking with local environmental projects such as Forest School.

The Castle ward RA project will continue to encourage volunteering both in ward-based projects, such as Hylton Castle and Dene but also supporting the wider North area and Sunderland City offer by promoting such as the coast to coast route, heritage trail, riverside walks etc. We will continue to promote health and well-being activities for local families and will link with the Sunderland North biking hub, guided walks developed with Hylton Castle volunteers, fundraising events for such as cancer awareness etc.

We will develop bespoke target programmes to encourage young people to volunteer, engage in training and education or support them to explore the world of work through such as the Brighter Futures programme which links participation with gaining a provisional licence. We will extend this programme to work with adult residents who may be socially isolated, lacking in confidence by buddying them to attend local groups and activities.

The Castle ward has an abundance of businesses based within it, both at local shopping parades and along the Riverside. We will work actively with the local REACT project to engage those businesses and understand their needs while encouraging corporate volunteering and social investment into the ward. We recognise the potential this may bring in accessing the job vacancies that may develop in these companies and how these can be shared more proactively with local residents.

Finance

The Castle project will be staffed by a part-time Project Co-ordinator (this is a full-time post with half of the time based in the Redhill ward), a part-time children and young peoples activity officer, with support from a bank of sessional staff with diverse skills in such as sport, environmental activities etc. The project will be managed by Wendy Cook, Youth and Community Manager within Community Opportunities. Funding allocations have been aligned to cover costs of producing questionnaires, providing mobile ICT, session activity resources such as sports equipment, craft materials and replenishing environmental equipment. We have also allowed for costs relating to volunteering such as DBS checks, small equipment, and training. A separate line in the budget has been allocated for diversionary and out of ward activities which may include such as trips to Silksworth sports complex, theatre visit, a meal out as part of exploring healthy eating, linking with the sports centre at Downhill Hub and accessing discounted gym passes etc.

Additional funding support for the project has been secured from the Community Led Local Development Fund (CLLD) towards the salary of the Project Officer through to March 2023 and Community Opportunities reserves of £1837.58 towards resources.

Draft Programme – consultation exercises will be carried out weekly during the daytime as will information sharing and bespoke activities will be developed to respond to fly tipping, issues in the play park etc :

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Day	Social group - crafts, visits	Community Gardening/Litter Pick/ Planting	Volunteering in the Dene	Health and Well-being - cooking, walking group, stop smoking, digital skills etc	Youth Council and Castle Young People Forum	Monthly residents consultation	

Night		Play Session		Sports session - dance, swimming, biking, aerobics	Play Session	Youth Session	
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Application No. 2

Funding Source	Neighbourhood Fund
Name of Project	Redhill Ward Raising Aspirations Phase 3
Lead Organisation	Community Opportunities

Total cost of Project	Total Match Funding	Total NF Application
£69,081.44	£19,081.44	£50,000
Project Duration	Start Date	End Date
2 Years	April 2022	March 2024

Project Description:

In phase one of the Ready Steady Redhill project we proposed to run a 15-month programme of community engagement and capacity building activity for residents of the Redhill ward, specifically targeting Children and Young People and wider environmental, health and well-being and volunteering work. We have successfully delivered a range of play activities at Downhill Centre and sessions regularly attract an average of 25 young people. We have provided regular youth sessions for older young people and are currently renovating their meeting space at Downhill Centre and improving the resources available to them with such as higher capacity Wi-Fi links. Regular holiday activity provision has been available for young residents across all holiday periods, and we have included this approach in our phase 2 delivery costings.

We ran a joint project with the Castle ward for young people not in employment, education, or training, locally branded at the Brighter Futures project. The programme is developed to work with some of the harder to reach young people who may be experiencing issues around mental health, drug use and anti-social behaviour and concentrates on exploring the world of work, pathways to secure a job (including volunteering work) and considers the impact of having a disposable income available to access such as sporting events, eat out, travel etc. We will run similar programmes in phase two of the project.

We have supported the development of Downhill Community Garden and linked this closely with the work of Downhill Pond volunteers and the two groups have now merged and are working through the process of considering forming a constituted group. We have actively worked with a group of residents who wished to address issues in the Bunnyhill area of the ward and have developed the 'Friends of Bunnyhill' group and have carried out local litter picks and also progressing to explore becoming a constituted group. SNCBC/Community Opportunities have delivered a range of support to socially isolated residents of Redhill during Covid-19 and have continued befriending contact as we moved out of the pandemic restrictions and intend to provide local coffee mornings, dominoes afternoons and potentially a luncheon club from the start of the phase two programme.

Volunteering is at the heart of the work that Community Opportunities deliver, and we have encouraged local residents to volunteer during the pandemic helping with delivering food parcels, prescriptions etc, participating in litter picks and volunteering in local projects such as Hylton Castle. We will continue to promote and buddy people into volunteering as part of the phase two project and this may be for an hour a month through to something on a regular weekly basis. We will provide opportunity for local residents to train in such as food hygiene, delivering children's activities and providing support to events and will support Organisations to develop a volunteering pathway and as appropriate policies and procedures to enable safe volunteering.

We have delivered a range of sporting activities for young people across the school holidays and within centre-based sessions and have reprofiled the delivery of some dance, aerobics/fitness, and healthy

cooking sessions from January to September 2022 when the planned renovation work to the Downhill Centre Hall area should be complete. This will also allow us to develop the area for families to hire at low costs for such as children's parties and family events and for us to run themed activities from such as Easter egg hunts, Halloween, and Christmas activities such as wreath making, Christmas stalls etc. We propose to continue delivering this successful work and address areas of our planned work that have been impacted by Covid19, and this is reflected in the extended delivery period of the phase one project. This has specifically included some of the planned activities at Downhill Centre and while the Community Hub approach has progressed and investment has been secured, the renovation work has taken longer than anticipated due to issues with securing contractors and materials.

This, along with the operating restrictions, has slowed the planned start of the toddler group although we propose to commence this in the New Year and will be continued through this phase two programme. We are beginning the development of a neighbourhood watch scheme and are working with local residents to encourage their participation in such as reporting fly tipping, local litter picking, highlighting anti-social behaviour and coming together as a group to consider local action.

We are currently developing the planned questionnaire to gather the views of local residents following on from the Let's Talk community survey work that was carried out just prior to the pandemic. We will use this information to design further service delivery and ensure we have meaningful engagement of residents into community life and local projects. We will also be surveying local businesses to understand how we can support the delivery of local services but work with them to consider corporate volunteering.

We have linked with Redhouse Primary School and hope to develop these discussions further to extend in-centre delivery into the Redhouse Estate. We will also actively pursue communications with Redhouse Academy and some joint working with St Cuthbert's Church took place during the pandemic and we will explore with them the opportunity of delivering from the base.

The project will continue to be led by a Co-ordinator who also works in the Castle Raising Aspirations Project, and she is supported by a sessional environmental officer who will provide two sessions a week of support to local groups, lead local litter picks, address issues such as dog fouling and fly tipping. The remainder of the team comprises sessional play and youth staff. Additional funding was attracted to the phase one project through the Community Led Local Development scheme and Holiday Activity Funding which enabled us to deliver across the summer holidays with 4 weeks of this delivery being for 4 hours a day. Cllid funding is secured to March 2023 and forms part of this proposal, and we are confident we can continue to attract additional external funding for our work with young people.

Finance

The Redhill project will be staffed by a part-time Project Co-ordinator (this is a full-time post with half of the time based in the Redhill ward), a part-time children and young peoples activity officer, with support from a bank of sessional staff with diverse skills in such as sport, environmental activities etc. The project will be managed by Wendy Cook, Youth and Community Manager within Community Opportunities. Funding allocations have been aligned to cover costs of producing questionnaires, providing mobile ICT, session activity resources such as sports equipment, craft materials and replenishing environmental equipment. We have also allowed for costs relating to volunteering such as DBS checks, small equipment, and training. A separate line in the budget has been allocated for diversionary and out of ward activities which may include such as trips to Silksworth sports complex, theatre visit, a meal out as part of exploring healthy eating, linking with the sports centre at Downhill Hub and accessing discounted gym passes etc.

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Draft Programme – consultation exercises will be carried out weekly during the daytime as will information sharing and bespoke activities will be developed to respond to fly tipping, issues in the play park etc :

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Day	Social group - crafts, visits	Youth Council and Castle Young People Forum	Pond and garden activities and volunteering	Health and Well-being - cooking, walking group, stop smoking, digital skills etc	Brighter Futures group	Sports session - dance, swimming, biking, aerobics, football	
Evening		Play Session		Youth session	Play Session	Saturday afternoon - Pond and garden activities and volunteering	

Application No. 3

Funding Source	Neighbourhood Fund
Name of Project	Fulwell Ward Raising Aspirations Phase 3
Lead Organisation	NE Sport CIC

Total cost of Project	Total Match Funding	Total NF Application
£72,032	£22,032	£50,000
Project Duration	Start Date	End Date
2 Years	January 2022	December 2023

Project Description:

Our proposal is to continue our support in the community and help create and establish a new vibrant central community hub in Fulwell for young people and the wider community. This would act as a catalyst to attract further funding into the Fulwell ward and City of Sunderland.

After the past four years of the raising aspiration lead in Fulwell ward we find ourselves with a real exciting opportunity to develop something special over the coming two years in the Fulwell Ward as we have just agreed a five year lease with Monkwearmouth Academy to develop the Rotunda building into a community asset for the ward of Fulwell this project will help establish and really build a strong foundation for this new hub whilst continuing to serve the wider community.

We have built this application and project to address and focus on the following areas:

- Activities for young people
- Activities for older people
- Environmental projects
- Activities that help address social isolation

This project would give the financial support needed to support our activities by employing two part time community development workers.

Activities for young people

Why is it needed? Young people have been affected by covid as much as anyone their life and education and been thrown into turmoil. Whilst measures to stay home during Covid are absolutely necessary to save lives, it has dramatically impacted young people's mental health. Recently, Mind revealed that 83% of respondents to their young people survey said that the pandemic had made their mental health worse since school and youth provision closures.

What we propose We propose to run and support a variety of activities for young people to help both with their mental health and physical wellbeing including:

Create a new vibrant safe space for young people, we will be here at the newly formed hub every night Monday to Friday 5 to 7pm. We will continue to offer our already established youth club on Wednesdays 5 to 7pm. This funding stream will enable us to expand our service further by giving young people and the community a space from where to work and play. The week would look like this:

- Monday Table Tennis Club
- Tuesday young youth group ages 8-12
- Wednesdays youth group ages 12-18

- Thursdays community use, youth social action working groups (eg setting up and helping food banks)
- Fridays drop in football kick about ages 11-16

We have spoken to young people and continue to speak to young people on a daily basis and without a shadow of doubt what comes out every time is the need for their own space. We have held extensive consultation over a number of years with young people.

A new community hub on an evening would help to discourage some of the anti-social behaviour that takes place. We ran an open drop in pilot session for young people during the six week holidays; these proved immensely popular and if successful we would use this project to help support this over the coming two years. Then in the winter using the new indoor space of the Rotunda building.

Activities would include:

- Youth clubs
- Table Tennis clubs
- 8 Ball Pool
- Holiday clubs
- Baking
- Arts & Crafts
- Team Building
- Seasonal parties ie Halloween, Christmas
- Drop in football sessions (Kickabout aimed at young people ages 11-16)

We also actively encourage youth social action and through this social action, we will actively engage and work with young people to take a lead role in activities in the community such as litter picks, environmental projects, community art and offer a place for young people to design their own activities. We will offer work placements to young people and offer training and mentorship support in skills such as finance, business management and various other skills as we support young people through education and into employment. Many young people are currently suffering mental health problems and we will build their confidence to enable them to seek out employment and voluntary positions.

Running so many activities for young people would help us to build up trust and we will help young people to try to discard bad habits such as smoking and drinking, we have these conversations on a daily basis with young people at our sessions.

Activities for older people and those suffering from Social Isolation

Why is it needed? There is little doubt about the devastating impact that covid has had on the elderly people months of being cooped up at home have led to muscle weakness – ‘deconditioning’ as clinicians term it - and sometimes a reduced sense of balance, increasing the risk of falls. Older people are often afraid to leave their homes and some have stopped exercising completely.

What we have done previously

We have helped support local residents through offering advice and support and signposting people to services in the area such as Fulwell library and Fulwell Community Centre. We have also run several planting projects with residents as well as litter picks.

We have also organised:

- Carol singing, we arranged for schools to visit care homes in the Fulwell Ward to sing Christmas Carols
- Activity packs, we have delivered activity packs to well over 100 local elderly residents these would include crossword puzzles, word searches gardening projects such as sunflower seeds or

planting planters, these proved enormously successful

- After delivering in the Fulwell Ward over the past 4 years now we are very well known and have a database of over 35 local residents who faced isolation through covid. People are happy to see us for a chat in the street or can pay them a doorstep visit as we deliver activity packs off or shopping.
- We have offered shopping support as well as prescription pick ups, using volunteers to help those most in need.

What we propose:

We propose to build on our existing work and continue to work with our partners to maximise our reach to those who are either elderly or socially isolated, we will continue to act as a community hub and work closely with SCC taking in referrals through Social Prescribing and helping to either provide or sign people to the relevant services.

Working with Fulwell Library we will help promote coffee mornings, quizzes and events to offer somewhere for those socially isolated a safe space to go.

We will look at developing and building on our existing digital hubs and continue to look at opportunities to develop digital training opportunities that will be hugely beneficial in increasing confidence in IT skills.

We will engage with elderly people, working closely with Fulwell Library who have an excellent track record of supporting older people. We can work towards getting people active once again. We will help signpost people to existing services in Fulwell ward and also help set up and run some of our own activities including:

- Table Tennis
- Volunteering projects
- Digital learning
- Intergenerational projects
- Promote Fulwell Library as a digital hub
- Sign post to food banks and where necessary support with shopping
- Help sign post people to services

We would work to support existing social groups and also encourage new befriending groups to be set up.

Environmental projects

Why is it needed?

Our local environment is becoming an ever precious commodity and something that is now at the top of the world's agenda. We must do everything possible to make a positive difference. After years of consultation with young people they put litter problems at the top of their concerns and the environmental damage that it does to the local area, especially the beaches that we are blessed with.

What we propose

We are already well connected in our community on environmental projects and have excellent links with Emma Smith Coast Project Officer (North Sunderland) Phil Dorian SCC, Louise Harrington Durham Coast and have plans in place to work on a project at Seaburn Dene which is situated where we are based, the new community hub would be ideal as a meeting point and base for volunteers. We also have the possibility of funding from Northumbrian water which will be a great boost to the area.

We will help run and support numerous litter picks and clean ups in the Fulwell Ward, working with established litter picking groups, volunteers and local traders shops collaboratively we can really help to make a difference.

We have good links with major companies including Nissan and PWC who have ran corporate volunteer

days. We will look at using these links in the future but also expanding our network to ensure we can maximise our positive impact on the community.

Working in the community over the past four years as given a very strong link with the schools in the Fulwell ward and we know that environmental projects are very much top of their agenda, we have in the past ran several large scale projects with 100s of young people taking in social action including beach cleans and planting projects through this project we will ensure this continues with new exciting projects in the future.

We would actively recruit volunteers to help with our environmental projects, both litter picking and planting projects can have a major impact on not just the environment but also peoples health and mental wellbeing which is a real additional bonus in getting people active and back outdoors.

Application No. 4

Funding Source	Neighbourhood Fund
Name of Project	Southwick Ward Raising Aspirations Phase 3
Lead Organisation	Southwick Neighbourhood Youth Project

Total cost of Project	Total Match Funding	Total NF Application
£63,316	£13,316	£50,000
Project Duration	Start Date	End Date
2 Years	January 2022	January 2024

Project Description:

The proposal for the Southwick Raising Aspirations is set out below and aims to reinvigorate community spirit and community spaces in Southwick. The project will focus on the two community centres in the Southwick ward – Southwick Community Association and Thompson Park Community Centre and there will be four main strands for development:

1. Digital Community Hubs

We will create a digital community hub in each community centre. This will give people access to I.T. equipment and support. People will be supported to access online services needed for everyday life such as paying bills, registering for health or civic services. We will have employment drop-ins so that people can search online for jobs and apply for them with support. We can facilitate training via google platform to teach individuals how to set up an email, shop safely online, book appointments, pay bills and make the most of social media. Learning new skills keeps the mind sharp, it improves memory and learning digital skills will promote independence and dignity.

2. Social action and volunteering

We will recruit a diverse range of volunteers and have regular social action projects to get people involved in specific pieces of work. There will be regular volunteering opportunities such as helping the mobile and static community libraries; maintaining gardens and green spaces or helping out in foodbank or school uniform donation space; there will be social action projects too where we will have a call to action in the community and gather people together to complete tasks such as community gardening, litter picking, decorating, community fun days. There are many benefits to volunteering – it can build skills for employment, boosting a CV. It can also boost mental health and give a feel good factor.

3. Health and wellbeing programme

Both community centres will have a range of community activities available that specifically aim to improve health and well being as well as reduce health inequalities in Southwick. The activities will be a mixture of free, fully funded activities and some paid, where the spaces are hired out privately to ensure a source of income. We will also have a small amount of funds set aside for those who cannot afford to pay but still want to participate. The activities will be diverse – available to older and young people as well as family activities. Improving health will assist in the city strategy of starting, living and ageing well.

4. Support for those in need

In each centre we will use spaces to support the most vulnerable in our community. We will have a foodbank, welfare rights drop-in, school uniform donation/distribution point for the local primary and secondary schools, advice and guidance sessions, resources to address period poverty, community shop with clothes and toys available to take or leave a small donation for; we will have Christmas gift/food drop-off points to support the most disadvantaged families and children

General management

As part of the project we will include some general management of the two centres :

- Identifying areas for development – such as general building maintenance
- liaising with contractors i.e. plumbers, council workers
- opening and closing of the building
- attending committee meetings and preparing reports for these
- promoting the work on social media

Running throughout the duration of the project will be ongoing consultation and engagement with users of the community associations and the local community to ensure that the services and activities offered continue to meet their needs. In addition social media pages will be regularly updated and we will hold open days to ensure that the local community are aware of the services and activities available at the community associations and the opportunities available to hire the space for family celebrations.

As and when we have programmes in place with timetables of delivery we will ensure these are shared widely through as many mediums as possible. – social media, local posters, linking with the North Area Committee Communication Project.

Sustainability

When the two centres were opened, we lived in a period when some people could give their time freely; it was not unusual for only one parent/spouse to go out to work. People retired at 60. This often meant there were people in the community who could give a lot of their time making sure the centres were well used and maintained. Unfortunately this isn't the case any more and running whole organisations voluntarily is difficult; it now requires people who know about policy, who can keep books and have an understanding of community development and managing volunteers. We hope that by funding the project for two years we can identify need and attract further funding to ensure the sustainability of the two centres, both placed in a community with high numbers of deprivation and disadvantage. SNYP will support with the fundraising and we have over 40 years

worth of experience in securing money for work in Southwick. We will also hire out spaces in the two centres for groups such as martial arts, fitness classes, parties and events etc to bring in some income for the centres. They both have members only bars which will also be utilised as a way of investing in the centres.

Application No. 5

Funding Source	Neighbourhood Fund
Name of Project	St. Peter's Ward Raising Aspirations Phase 3
Lead Organisation	Sunderland Community Action Group

Total cost of Project	Total Match Funding	Total NF Application
£60,000	£10,000	£50,000
Project Duration	Start Date	End Date
2 Years	December 2021	December 2023

Project Description:

Sunderland Community Action Group has developed a range of services that directly address the issues facing children, young people, and older members of the community in St. Peter's. In addition, we will develop a wider range of local services, informed directly by ongoing community consultation including; disabled activities, adult and community learning, volunteering opportunities and a wide range of Health and Wellbeing activities supporting families and vulnerable adults. Consultation with members of our local community is at the heart of our ongoing program development. All activities will be reviewed with the needs of local young people and their wider community taken in to account

SCAG will deliver an eclectic mix of Youth & Community provision which will include:

2- centre-based Youth Work Sessions delivered from Dame Dorothy Community Hub, designed to appeal to a range of age groups.

1- Older peoples social club, focusing on reducing isolation through direct contact befriending, and trips out into the local community, socialising and building positive relationships with Staff and their peers.

2- Detached Youth work sessions targeting known ASB hotspots across the St Peters ward.

1- Multi (Match funded) sport/Cycling activities based at St Peters Sports & Cycle hub, delivering an alternative to ASB we will deliver a range of Healthy sports-based activities.

A total of 6 dedicated Youth & Community sessions per week x 52 weeks per year

Monday 6-8pm Dame Dorothy Y&C Hub

Intermediate group. 9-12yrs

This session is designed to cater for young people making the transition from Primary into secondary school. This is a really important time in a young person's life. By working closely with this age group youth workers will be able to form a long-term positive relationship which will be beneficial for the long-term future of youth development in the St Peters ward.

We will target local young people via our detached Youth work team. We will also work along-side the North community Hub and local the Police team who can also make referrals, helping to steer young people away from known ASB hot spots into positive structured activities.

Youth workers will engage with young people through a range of fun based programs and activities, ensuring that there is something for everyone to access.

We will also offer young people an opportunity to become more involved in the learning and decision-making process, by taking an active part in the long-term development of the project via regular consultation. We will also utilise the adjoining green space in the warmer summer months for larger group sports activities.

We will use a minimum two qualified members of staff delivering a 2-hour face to face session (2.5hrs) in total including set up and clean up time. This session will allow young people to take part in a range of positive activities to meet their social, emotional, physical, and cognitive needs whilst promoting positive behaviour, building confidence, self-esteem and developing their own personal skills, knowledge and abilities. The young people will also gain access to a healthy snack, arts and crafts, games, outdoor sports etc. Staff will also deliver a range of appropriate issue-based work and continue to develop our links with the Police, Tyne & Wear Fire Service etc. All sessions will be planned, delivered, and evaluated with the input of young people to ensure the activities met their individual & collective needs.

Thursday 7-9pm

Issue based Drop in. 14-18yrs

This session is designed to offer young people access to information and support on a range of issues that affect young people across the St Peters ward. We will promote this session in the local academy school and also through our Street based Detached youth work sessions. Youth workers will offer a range of issue-based provision while also offering a Ccard drop-in service. Our staff are fully trained to deliver this provision and will be on-hand to offer any additional support to young people accessing this service. Staff will also have a range of information on hand in both hard copy and hand-held tablet form where young people can access a range of dedicated on-line websites. This service will be informal and have a drop-in style atmosphere. This session will be used to discuss a range of issues that have impacted on the local community including issues relating to the covid pandemic. We will actively promote other health/issued based services and will encourage other like-minded professionals to populate this space offering guest speaker/ direct information to young people accessing the Hub. We will use a minimum of two qualified members of staff delivering a 2-hour face to face session (2.5hrs) in total including set up and clean up time. This session will allow young people to access a range of positive activities which will support their social, emotional, physical and cognitive needs whilst promoting positive information sharing, building confidence, self-esteem while developing their own personal life skills, knowledge and abilities. Young people will have a direct influence (via consultation) on the type of sessions delivered in order to meet their individual/ group or community needs.

St Peters Sport & Cycle Hub

Saturday 9am-12noon

11+

SCAG community coaches will provide a range of activities which are suitable for all ages. Local people will have the opportunity to access a wide range of cycles including adapted cycles for people with disabilities, these include mountain and city bikes, specialist trikes and dual tandems, hand cycles and electric bikes. Our staff will also be on hand to support local people to also access a range of fishing and multi-sport equipment. Staff will also provide supervised activities like small-sided football, basketball, Netball and volleyball via the city of Sunderland University MUGA.

This activity will provide local people of all ages with somewhere to go and something to do. This activity will also be used as a catalyst to steer younger people away from ASB and into a positive activity's promoting a healthier lifestyle. We will use a minimum of two qualified members of staff delivering a 2-hour face to face session (2.5hrs) in total including set up & clean up time

Community Outreach Support

Following on from delivering the successful Covid Champions project across St Peters ward. We would like to develop an older peoples social club in the area. We currently have a cluster of older residents many of whom are vulnerable and isolated within their own community.

This activity will focus on reducing isolation through direct contact and befriending. We will achieve this aim by delivering a range of tailored support, social trips out and a dedicated day club delivered from a local community centre.

We will encourage participants to access a range of relevant information via our own staff team as well as also inviting likeminded service providers to offer support and guidance. This activity will help build long-term positive relationships, while focusing on positive wellbeing and active engagement. We will also be utilising modern technology via a range of external support and equipment offering in-housing training and support.

Detached Youth work

Wednesday & Friday

7-9pm

11-17yrs

These sessions are designed to be flexible and will focus on relieving ASB issues, consultation, information sharing and relationship building.

Detached workers will support key events in the area, for example the Air Show and the City Illuminations etc. Detached Youth workers will offer support and sign post young people directly into organised structured activities, relieving pressure on front-line services like the police and Tyne & Wear Fire Service regarding ASB across the ward.

For those young people who may not want to access organised activities straight away Workers will continue to interact with the aim of strengthening relationships and offering a range of sporting/fitness, fun activities as tools to address issues that affect young people's everyday lives i.e. crime, sexual health, education and the law. Youth workers will carry a range of resources including leaflets and flyers plus "Fast Track" information and support via the world wide web using a Wi-Fi roaming laptop and an android mobile phone.

Workers will continue to collaborate with the local police team and other relevant service providers across the ward. The sharing of information will help gain a greater understanding of current issues affecting St Peters ward. Youth workers will focus on detailed discussions regarding the dangers of crime and anti-social behaviour. Practical support will be given to young people who may also be victims of crime and active and positive links forged between young people, youth workers and the local beat police.

Youth workers will monitor the current group dynamics of young people who congregate within this area. The warmer months brings an influx of transient young people from across the City into St Peters ward, which bring the increased likelihood of anti-social behaviour and crime which brings a negative impact on local residents and business owners across the ward. We will use a minimum of two qualified members of staff delivering a 2-hour face to face session (2.5hrs) in total including information recording time. This session will allow young people to take part in a range of positive activities which will meet their social, emotional, physical and cognitive needs whilst promoting positive behaviour, building confidence, self-esteem and developing their own personal skills, knowledge and abilities.

Recommendation – Approve

The Neighbourhood and Community Board recommend approval of these projects which deliver to the North Area Investment Delivery Plan Priority of **Social Prescribing – Develop Local Offer to Improve Health and Wellbeing and Access to Services Locally to Reduce Social Isolation, Improve Mental Health and Support Long Term Health Conditions and Ensure Physical Activity Sessions are Accessible and Not Cost or Time Prohibitive**