## North Area Committee Work Plan 2015 – 2016

## People

Actions 2015/16		Due for Completion/ Implementation
1 Health and Wellbeing	Progress Update	
<ul> <li>1.1 Deliver package of initiatives at Marine V</li> <li>a. Develop former Paddling Pool site</li> <li>b. Site for Beach Sporting Activities</li> <li>c. Bike Hire Scheme</li> <li>d. Marked route for walking, jogging running.</li> </ul>	Walk:- e£20k was allocated to North Area Committee from the PCT (Now CCG) to support improvement to mental and physical wellness through a combination of approaches aimed at facilitating local people's access to, and use of, local green	To be in place for the Summer Season 2015

		<ul> <li>2016.</li> <li>Basketball Court and outdoor gym kit installed and complete</li> <li>Roker Cycle Hub. Area Committee awarded £30k SIB and £20k CCG funding to the Sunderland Young Peoples Bike Project to deliver the Roker Cycle Hub from Marine Walk as of 17<sup>th</sup> July 2015. The People Board have received updates on scheme.</li> <li>'Be active in our Greenspace' is a project to mark out accessible circular routes and encourage a range of target audiences to walk/jog/run. Proposals to allocate grant to this initiative were agreed at the December Area Committee and the route at Roker was installed during June/July 2015</li> </ul>	
1.2	Marked route for jogging and running at Hylton Castle.	As route at Roker. Update provided above.	May 2015
1.3	Marked route for jogging and running at Downhill	Area Committee agreed to fund an additional Marked route for jogging and running at the Downhill complex which is due to be installed by October 2015 Project lead advises signage ordered with anticipated delivery and installation by Dec 2015. The proposal for the 321 route is currently being finalised, due to land conditions installation is planned for dryer spring / summer months when the ground is more preferable for the works and the posts would have the maximum opportunity to set and remain in the locations.	Spring/Summer 2016
1.4	Develop a package of further events and activities to maximise use of Beachfront. (Link into what might already happen e.g. through the Coastal Communities Fund Phase 3 and the Heritage Lottery Bid for Roker Pier. Look to work with local traders and the community to deliver and ensure linkages with Active Sunderland Programme.	<ul> <li>CCF supported the Summer Holiday SIB funded project and delivered additional two events on 1<sup>st</sup> and 22nd August at Roker Beach utilising the Roker Pods</li> <li>Active Sports Festival delivered in the North on 6<sup>th</sup> August 2015</li> <li>For further discussion at a future Board meeting</li> </ul>	
1.5	Ensure the effective delivery of Small Scale	• Family Zone were awarded £850 to work with people	All due to spend

<ul> <li>projects to help reduce social isolation:-</li> <li>a. Family Zone – Imagine Project</li> <li>b. Southwick and Monkwearmouth Community Transport – Trips</li> <li>c. Sunderland Carers Centre – This is Me Project</li> <li>d. Chillingham House – Web Surfers</li> <li>e. B Active n B Fit –Social Holistic Activities Mentor Project</li> <li>f. Age UK Sunderland – Active I Pad Project</li> <li>g. CEED/Hops – Wellbeing Together</li> </ul>	<ul> <li>with learning difficulties, to promote and deliver personal skills to become more independent in their personal lives and within their homes. Interactive sessions to allow hands on activities in health and wellbeing, healthy cooking and outside activities to improve confidence. The project delivered 20 sessions weekly for 2 hours per session. Activities included using electrical equipment such as cooking basic recipes, making hot drinks and using an iron. From a starting number of 6 the funding enabled the project to promote further and numbers increased to 10. Members continue to meet and in addition also meet socially. COMPLETE</li> <li>Southwick and Monkwearmouth Community Transport were awarded £944 to build on the success of the previous project for trips to help older people socialise with others. 4 Outings have taken place to the Glass Centre and Winter gardens a fifth is currently being arranged with SNFZ. 38 people have taken part in the outings including residents from Lord Gort Close, the Bungalows at Castletown, and St. Margaret's Court Castletown. St. Margaret's have become a member of SMCT and have been encouraged to book their own outings. COMPLETE.</li> </ul>	SIB by July 2015 (Active I Pad project will continue to deliver project until March 2017)
	Castletown. St. Margaret's have become a member of SMCT and have been encouraged to book their own	

encourage the wider community to go into Chillingham	
House sheltered accommodation. Sessions include	
health, finance computer course, card making,	
computers, cake decorating and reminiscent works. (5	
sessions held engaging 22 people. Feedback from the	
sessions was that the project has created new activities	
for them and has resulted in the main priority of bringing	
isolated people together to avoid loneliness being	
addressed throughout the session. SIB element	
complete, however, as a result the group are running	
follow up sessions as from 4 <sup>th</sup> June at Chillingham	
House in Watercolours, clippie matts, crafting and	
ICT.	
<ul> <li>'Be active and Be fit' were awarded £500 to engage</li> </ul>	
with those at risk of social isolation. Delivering a 10	
week programme based in Castletown CA and in	
individuals own homes involving social activities,	
therapeutic exercise, memory games and singing all	
tailored to individual needs through a personal	
progress plan. 12 people taking part in the sessions	
and the CA have 4 new members as a result of the	
funding. Feedback from attendees' state they are	
delighted with their improvement and happy to be	
meeting new friends and going out socially. SIB	
element complete with the final session held on 2 <sup>nd</sup>	
July however due to the success of the project the	
sessions have continued with attendees now	
sustaining the class supported by Castletown CA	
Age UK Sunderland was awarded £750 towards the	
Active I Pad project which will run over a 2 year period.	
3 x 12 week courses will be delivered across wards in	
the North in community venues. Engaging and	
encouraging older people with dementia to take part in	
leisure and learning opportunities. The I Pads have	

		•	been purchased. Courses to date include the Carers Centre with 9 participants and Bunnyhill Centre with 12 participant. Courses have also been delivered at Pembroke Court, Dodds Court and Springtide Cove. Courses are promoted via press releases to local newspapers and radio stations, leaflets are mailed out to - individuals on request, GP surgeries, city libraries, glass centre, winter gardens, health teams and social workers. CEED/Hops were awarded £1,424 to deliver four classes of Tai Chi, Singing for Health, Mediation and Gardening for Health over a five week period 24 people participated. In addition a trip was provided for participants to Washington Old Hall. <b>COMPLETE</b>	
1.6	Continue to support CAs to develop capacity as community hubs.	•	SIB funding awarded in 2014 has enabled the four self supporting CAs in the North – Redby, Thompson Park, Redhouse and Castletown to continue to deliver services and activities which address social isolation. Redby CA have increased membership and have added new groups including line dancing and keep fit. Additional promotion has led to new volunteers who have supported the centre in arranging events and are developing a new mother and toddler group Redhouse CA have match funded the SIB funds with a grant from British Gas to upgrade the lighting in the centre to a more energy efficient system with the aim of reducing costs. Additional events have been held within the centre with the aim of promoting activities and increasing membership. Thompson Park CA have redeveloped access to the centre and installed new signage to promote the centre. New groups are now accessing the centre including Arts Bugz. The CA are also looking at energy efficiency	

1.7	The Scrutiny Review 'Tackling Loneliness and Social Isolation' to be considered by Cabinet (June/July 2015) People Board to be kept up to date on responses to recommendations and consider potential impacts on the North area.	<ul> <li>systems.</li> <li>Castletown CA have increased membership and are accessing additional health and wellbeing sessions. New mother and toddler group has been established which is proving successful. The CA have also purchased seat covers in order to decorate the venue as a potential hire space for parties, weddings, christenings in order to maximise usage and sustainability. Funding has supported the installation of a new alarm system.</li> <li>In order to support the continued development of the self supporting CAs into community hubs a further application for SIB funding was presented to October Area Committee. October Area Committee agreed further SIB funding for the 4 Self Supporting CAs 2015 – 2016.</li> <li>Scrutiny Committee are due to receive updates on recommendations at its November and April meetings.</li> </ul>	
1.8	Holiday Hunger Pilot Scheme	<ul> <li>In July 2015 North Area Committee approved £5,000 of SIB to support the delivery of a pilot scheme. To offer some support to provide a replacement for a school lunch for families with children entitled to free school meals, during weeks 3, 4 and 5 of the summer holidays. Members have been provided with figures outlining the take up and cost in the North and will receive a more detail evaluation of the pilot scheme at a future board meeting.</li> <li>November People Board received a full report on the holiday hunger pilot scheme project including promotion, take up, feedback and total budget used in</li> </ul>	August 2015

			the North.	
2	Activities for Young People (linked to Health and Wellbeing)			
2.2	Continue to influence the delivery of Youth Contracts through links to the Youth Operations Group.	•	Members continue to be offered opportunity to attend Youth Operations Group. Recent meetings have included updates on commissioned youth organisations delivery. Further update to be provided at November People Board. November Board received an update on the current performance of the commissioned youth work in the North. November Board received an update on the needs assessment carried out on the LDD provision across the City and the subsequent decision to cease the delivery in the North as the number of overall places provided outnumbered the number of young people wanting to access the provision across the City. Young people who accessed the provision in the North have transferred to provision in the Coalfields and Washington. April Board received an update on consultation arrangements for future Youth Provision.	Ongoing
2.3	Deliver Phase 2 development of Downhill Wheeled Sports Park. Design Services prepare design proposals resulting from initial consultation with young people. Set up a steering group to work with Young people from the community to continue to raise funding and develop site further.	•	Proposals presented to October Area Committee Costs current going through Procurement with an anticipated return of November 2015, with members to be updated when received. Procurement process now complete with costs to deliver full project at £42,000 full details to be presented to the December Area Committee within the finance report. December Area Committee agreed the additional funding and works are expected to commence	June/July/August 2015

			February 2016.	
			5	
		•	Members invited to site visit April 2016 to view works	
		_	completed to date and installed youth shelter.	
2.4	Call for Projects to deliver a summer programme of activities for young people. To include utilising undeveloped greenspace in the North and encourage formal and informal links to beachfront.	•	Funding approved at June Area Committee to deliver a Summer Activities Programme. £30k awarded to a collaborative programme led by SNCBC and £8,672 awarded to NE Sports. Programme of activities to be provided to elected members in advance of summer holidays. Extensive promotion of the summer activities programme shared with elected members, local schools, local voluntary and community groups and through Sunderland City Council events website. Lead agents, NE Sports and SNCBC supported by SNYP attended November Board to present detailed feedback on the activities which included what worked well, what did not and the challenges faced working within a partnership approach. Members have discussed the opportunity to fund school Easter and Summer holiday activity in 2016 for young people and proposed SIB funding to October Area Committee of £40,000 to develop a call for projects. October Area Committee agreed to align funding of £40,000 subject to the People Board developing a Call for Projects November People board agreed the brief etc. for the Call for Projects and to refer to December Area Committee for a decision. December Area Committee agreed the project brief to be circulated to the North VCS Network. February People Board considered the SIB applications to deliver the Call for Projects, discussed the appraisal and consultation results of all applications and made a recommendation for consideration to	July/August 2015

		•	February Area Committee. February Area Committee agreed funding to SNCBC, Roker URC and NE Sports to deliver a wide range of activities over School Holidays of Easter and Summer 2016.	
2.5	Relocation of Redhill Play Area (match to S106 and Community Chest).	•	Awaiting confirmation as to when S106 will be made available. Subject to Kidderminster Road Development timetable. Proposals to ring fence funding, subject to the outcome of the above, to be presented to October Area Committee. October Area Committee agreed the aligning of £40,000 SIB to the S106, to support the relocation of Redhill Play Area December Area Committee recommended Redhill Ward members meet with Sport & Leisure lead to discuss timescales for delivery of the project.	
3	Job Prospects and Skills			
3.1	Education and Skills Strategy (Board was consulted on final draft before cabinet decision in April). To come to future Area Committee/Board meeting to agree how members can influence its delivery and add value	Fo	r discussion at future Board Meeting	
3.2	Changing relationship between SCC and schools. To come to future Board meeting to specifically consider elected members role	•	For discussion at future Board Meeting November Board received a presentation from Wearmouth Learning Trust on their vision and aspiration to engage with the community. This includes encouraging usage of their facilities, both internally and externally, and ensuring that members and the community are engaged and involved in the offer from Monkwearmouth Academy	
3.3	Ensure the effective delivery of the Back on Track Project	•	FOL continue to deliver the SIB Funded Back on Track Project	Due for completion

form work roles You Lieb of th oppo appr inve All s Pers Mon com Wor achi The rang geo The cour & W takir • Mon cour & W takir • Mon cour geo	ther army officers which have included practical schops focusing on team challenges, leadership is and problem solving. Ing people have attended a workshop held at herr which included practical skills work and a tour e facility and the young people were given the ortunity to discuss apprenticeship roles with current rentices. This has motivated the young people to stigate the progression routes within this company. chool groups have completed an accreditation in sonal Social Development and Entry Level 2. kwearmouth and Castleview Academy learners pleted Working Towards Goals and Preparation for k units with all Redhouse Academy young people eving the full qualification to date. young people have continued to take part in a le of health and fitness activities and taken part in cache challenges along the coast of Seaburn. young people have taken part in a water safety se with RNLI, a two day Phoenix course with Tyne ear Fire Service, a golf tournament as well as ng part in activities over the school holiday period. kwearmouth school pupils have taken part in a ding Bridges workshop which included discussions tasks around peer pressure, stereotypes, drugs alcohol, derby day violence, domestic violence and tal health. In addition Monkwearmouth have lested another group of year 10 pupils take part in project and staff are currently in the process of irming an appropriate time slot for this to take	August 2016
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3.4	Ensure the effective delivery of the SNYP Employability project	•	Castleview School are supporting the project to be delivered within their school. All Schools have the opportunity to add more young people into the project. FOL provided update presentation to January Board Recent participation high due to a new cohort of year 10 students at Monkwearmouth and Redhouse joining in addition to the year 11 groups. Additionally Redhouse Academy requested a targeted session with a group of 16 year 10 girls and Monkwearmouth Academy requested help with a Challenge Day which engaged 84 year 10 participants, this has helped the project look at next steps in terms of sustainability and discussions are ongoing with the schools. SNYP continue to deliver the SIB funded Improving Employability of 16 – 25 year olds project. April to June 2015 the project has supported 69 young people with a rise in this period of 16 – 18 year olds requesting assistance, particularly 2015 school leavers. Growth in number of young people applying for apprenticeships and receiving an invite to interview reported and the project has supported them on a one to one basis on registering on the national apprenticeship matching service website, interview techniques and preparation. Young people have been supported in accessing part time vacancies in order to work around school/college.	Due for completion December 2015
		•	time vacancies in order to work around school/college. One young man has been supported and was successful with a Princes Trust business start-up grant. The project continues to work closely with local training providers to ensure young people have the necessary skills and qualifications to enter their chosen line of work.	

<ul> <li>Young people have also been supported with volunteering opportunities in order to gain new skills and complete in house training to enhance CVs .</li> <li>July - Sept the project has supported a further 72 individuals with a particular focus around 2015 Year 11 school leavers to ensure they remained in education by securing apprenticeships and college places. The project has worked closely with Connexions to ensure that school leavers do not become NEET.</li> <li>The project has met with the Foundation of Light regarding the new Beacon of Light building to discuss partnership opportunities and future working.</li> <li>Young people have started college on a wide range of courses including humanities, business, travel and tourism, A levels and barbering. Successful apprenticeships in childcare and accountancy have been secured.</li> <li>Voluntary work placements at Premier Inn and Booker warehouse have been accessed by young people to gain valuable work experience for their CVs.</li> <li>Young people have secured employment as asbestos operatives, window cleaner, catering assistant, labourer and care worker for the North East Autism Society.</li> </ul>	
operatives, window cleaner, catering assistant, labourer and care worker for the North East Autism	
October – December the project supported 56     individuals bringing the overall total for the lifetime of     the project to 272.	
<ul> <li>Young people have secured employed at Nissan, Wearisde Farm, Ramside Hotel, West Home Care Services, Poundstretcher, Sainsbury's, Stadium of Light, Primark, Faltec, Yours Clothing, KFC, MCDonalds, B &amp; Ms and Dirtbuster.</li> <li>Training and apprenticeships accessed include health</li> </ul>	

			and safety, food hygiene, bricklaying, and chef apprenticeship.	
3.5	Ensure the effective delivery of the Cadet Project at Castleview Academy	•	Competition for the first 30 places was fierce with 157 students expressing an interest. A thorough selection process involving taster sessions, written application and a panel interview was held with 13 boys and 17 girls making it through with another 15 students going on a reserve list. A further opportunity to be made available in September 2015. Three Cadet Force Adult Volunteers from current school staff and some parents of students are in the process of completing initial stages of joining the combined cadet force as officers. Once volunteers complete basic military training course it is envisaged that the size of contingent can be an additional 75%. Cadets have held a Formation Day Parade on 22 <sup>nd</sup> of May with the Mayor invited. The Cadets have taken part in Mayors Church Parade, Armed Forces Day, joint training weekend with local Army Cadet unit and had a week long camp in Catterick. Future projects to include triathlon competition, First Aid Responder training for which cadets will gain a formal civilian qualification in 1 <sup>st</sup> Aid which will last for three years before refresher courses are needed.	Due for completion December 2015
		•	Mayor of City of Sunderland has asked the group to assist at official Mayoral Events, cadets to date have sung at the mayors charity dinner and assisted with the remembrance activity it is planned that the cadets will also assist the Mayor over the festive period. Cadets have jointed with the Sunderland Branch of the Fusiliers Association and attended local primary school assemblies to teach reception and key stage 1 & 2	

		•	classes about remembrance and the poppy appeal. February People Board received an presentation from Castleview Cadet Project which included feedback from two serving cadets. All cadets on the project have improved attendance with 100% attendance up from 14% to 76%. The number of negative referrals has reduced by 83%	
3.6	<ul> <li>Links to International Advanced Manufacturing Park (IAMP) re future opportunities for skills development to meet demand:-</li> <li>a. Discuss outcomes of Economic Impact Assessment for IAMP</li> <li>b. Discuss Skills Opportunities arising from IAMP</li> </ul>	•	Agenda item July Area Board. Update presented to January Board.	Agenda Items: a. July 2015 b. Jan 2016
3.7	Links to the installation of the New Bridge in relation to future opportunities for skills development to meet demand and further business opportunities in the North.	•	November People Board received a presentation from David Abdy, Project Director, New Wear Crossing on the social and employment aspects of the project. Future updates will be provided to the Board and in addition a site visit was offered	Agenda item: November 2015
3.8	Links to the installation of the Hilton Hotel in relation to future opportunities for skills development to meet demand.	•	Received update Executive Director of Enterprise Development that she is making the links between the Hotel/SAFC and local college.	Agenda item: June 2015
3.9	North Locality Youth Work Development Project	•	February People Board considered a SIB funding proposal for an Introduction to Youth Work Course Pilot for young people in the North and agreed to recommend full application to February Area Committee February Area Committee agreed funding for Youth	
			Work Pilot Course, updates on project will be provided to Board.	