

Cumbria, Northumberland Tyne & Wear NHS Trust Sunderland Children Cared for Report

July 2022 (March 2022 – May 2022)



Sunderland Children Cared for Report. March 2022 – May 2022

1. Activity

	Mar	Apr	May
Referrals	11	14	10
Referrals discharged unseen	2	0	2

Referrals discharged unseen

The following provides narrative in relation to reasons why the young people were not seen by the service.

March

Referral discussed at Cared for Children meeting, attempts to gain further details from social worker were not successful.

Referral declined as young person was in a temporary foster placement. It was considered more appropriate that a referral for therapy should be undertaken once the young person is in a permanent environment.

April

All referrals were seen.

May

A young person could not attend appointments in Sunderland due to ongoing court case, attempts to gain further information were unsuccessful and young person turned 18 during this time. Discharged and signposted to adult services.

Young person referred upon receipt of further information it was felt there was no evidence suggestive of a need for involvement with a specialist mental health service.

2. Referral Urgency

All young people referred to CYPS are either by phone and email or in written format are reviewed on a daily basis by a Clinical Lead. The purpose of this initial review is in order to signpost any cases that have been inappropriately referred and to ensure any cases that require an emergency or urgent response are highlighted and actioned immediately. Senior members of the Cared for Children Pathway triage any appropriate referrals weekly.

CYPS Intensive Community Treatment Service (ICTS) offer a 24/7 service 365 days per year. ICTS will respond to the young person via telephone to offer a telephone triage within 1 hour.

Any young person requiring an emergency appointment will be offered an appointment within 4 hours of referral being received and for urgent referrals the young person will be offered an appointment within 24 hours.

	Mar	Apr	May
Emergency	0	0	0
Urgent	2	1	2
Total	2	1	2

3. Waiting Times (All Referrals)

Current Waiting Times to Treatment are detailed below. (Treatment is defined as second attended contact)

	Mar (Weeks)	Apr (Weeks)	May (Weeks)
Wait to Treatment	7	7	9

Referrals

During COVID the service has continued to accept all referrals and complete assessments and interventions. New Ways of Working have been fully embraced by the Team to facilitate contact with young people and their families / carers such as online consultation and phone contact. Young people can be seen in their school environment if this is their preference.

Children who are Cared for Pathway

This Pathway has recently been reviewed, it specifically undertakes direct therapeutic work with children and young people, along with Foster Carers where appropriate.

Consultation is provided in conjunction with Together for Children, and CYPS continue to scaffold and support to Residential Homes.

Young People are offered priority appointments within CYPS and following assessment will access treatment usually within 10 weeks. The Pathway is a multi-disciplinary team consisting of nursing, Social Workers, Psychologists, Child Psychotherapists and are able to access Psychiatry if required.

The team have all completed specific formal training to deliver psychological therapies to meet the needs of the young people and their carers.

4. Current Caseload

	Mar	Apr	May
Total Children Looked After	78	80	82
Total CYPS Caseload	1543	1554	1543
Total % Children Looked After	5.1%	5.1%	5.3%