

<b>CABINET MEETING – 20<sup>th</sup> JUNE 2012</b>  <b>EXECUTIVE SUMMARY SHEET – PART I</b>	
<b>Title of Report:</b> <b>Health and Wellbeing Scrutiny Committee: Rehabilitation and Early Supported Discharge – Policy Review Final Report</b>	
<b>Author(s):</b> Health & Well-Being Scrutiny Committee and Executive Director of Health, Housing & Adult Services	
<b>Purpose of Report:</b> To set out the recommendations of the Health & Well Being Scrutiny Committee following the Committee's review of rehabilitation and early supported discharge.	
<b>Description of Decision:</b> The Cabinet is requested to consider the Health & Well-Being Scrutiny Committee's Policy Review Final Report and endorse the recommendations contained within the report (attached as Appendix A).  To assist the Cabinet in its consideration of the draft recommendations of the Scrutiny Committee, attached as Appendix B is the proposed Action Plan for the implementation of these recommendations which has been prepared in consultation with the appropriate Portfolio Holder.	
<b>Is the decision consistent with the Budget/Policy Framework?</b> <b>*Yes/No</b>	
<b>If not, Council approval is required to change the Budget/Policy Framework</b>	
<b>Suggested reason(s) for Decision:</b> The Committee has reviewed discharge and transfer of care policies to determine if they are fit for purpose and to assess if these complex range of services work well together from the point of view of the service user, and whether they provide care and support in the most effective and efficient means possible.  The recommendations aim to assist with the embedding of a whole-system approach around the service and creating incentives to a more integrated approach.	
<b>Alternative options to be considered and recommended to be rejected:</b> The Scrutiny Committee has gathered detailed evidence and arrived at conclusions and recommendations which are intended to improve services and to provide patients with seamless and integrated transfers of care. There are no alternatives to be considered.	

**Impact analysed:**Equality Privacy Sustainability Crime & Disorder **Is this a “Key Decision” as defined in the Constitution?**  
**Yes/No****Is it included in the Forward Plan?**  
**Yes/No****Scrutiny Committee:**

Scrutiny Lead Member for Health, Housing and Adult Services

**REPORT OF THE HEALTH & WELL BEING SCRUTINY COMMITTEE AND THE EXECUTIVE DIRECTOR OF HEALTH, HOUSING & ADULT SERVICES**

**HEALTH AND WELLBEING SCRUTINY COMMITTEE: REHABILITATION AND EARLY SUPPORTED DISCHARGE – POLICY REVIEW FINAL REPORT**

**1. Purpose of the Report**

- 1.1 To set out the recommendations of the Health & Well-Being Scrutiny Committee following the Committee's review of rehabilitation and early supported discharge.

**2. Description of Decision (Recommendations)**

- 2.1 The Cabinet is requested to consider the Health & Well-Being Scrutiny Committee's Policy Review Final Report and endorse the recommendations contained within the report (attached as Appendix A). Where there are any recommendations which have financial implications, these will be outlined in the Service Directorate's response.
- 2.2 To assist the Cabinet in its consideration of the draft recommendations of the Scrutiny Committee, attached as Appendix B is the proposed Action Plan for the implementation of these recommendations which has been prepared in consultation with the appropriate Portfolio Holder.

**3. Background**

- 3.1 At its meeting on 8<sup>th</sup> June 2011 the Scrutiny Committee selected this review following a Care Quality Commission (CQC) Inspection Report of Sunderland City Council's Adult Social Care dated January 2010 and published in April 2010 stated that *"The Council needed to build on its partnership arrangements with health partners to assure effective and timely hospital discharge processes and support subsequent holistic care pathways in the community."*
- 3.2 Many patients discharged from hospital will not require ongoing care from either the NHS or from social care and their discharge arrangements can be considered straightforward. However, some patients will require further support, either on a short-term basis to support rehabilitation and recovery, or on a longer-term basis to meet ongoing care needs. These more complex discharge arrangements are likely to be lower in number but will require effective planning and co-ordination.
- 3.3 The review aimed to establish how effectively health and social care services are working in partnership to support timely discharges from hospital and promote independence in community settings.

**4. Key Points Arising from the Review**

- 4.1 The attached report contains the findings and recommendations from the review. The report was considered by the Health & Well-Being Scrutiny Committee at its meeting on 4<sup>th</sup> April 2012.

4.2 The summary of findings draws out recommendations relating to :

- (a) avoidable admissions
- (b) smooth transfers of care
- (c) appropriate use of step-down options
- (d) medication support and self-management
- (e) involvement of families and carers

## **5. Response from the Health, Housing & Adult Services Directorate**

5.1 Since February 2011, the Directorate has been working with partners on a multi-agency project to review current discharge pathways and map the current state and propose solutions and pathways to address any issues. Key actions arising from the project include the development of a joint strategy for intermediate care and reablement and the implementation of a Single Point of Access. The Project will also develop a compact for working collaboratively to facilitate patient pathways across the statutory and non-statutory sector and agree a standard set of performance and outcome measures for all providers of intermediate care and reablement.

5.2 The Directorate has engaged with the Committee on this work and there has been mutual added value. The policy review has added further insight into the issues and the recommendations will assist with driving forward improvements. Other improvements that are synchronized with our multi-agency project are around the discharge arrangements including the panel process and an increased focus on mental health within pathways.

5.3 The recommendations in the policy review will feed into our ongoing project and will support our efforts to improve those areas causing the most difficulties and make better use of existing resources.

## **6. Reasons for the Decision**

6.1 The Committee has reviewed discharge and transfer of care policies to determine if they are fit for purpose and to assess if these complex range of services work well together from the point of view of the service user, and whether they provide care and support in the most effective and efficient means possible.

6.2 The recommendations aim to assist with the embedding of a whole-system approach around the service and creating incentives to a more integrated approach.

## **7. Alternative Options**

7.1 The Scrutiny Committee has gathered detailed evidence and arrived at conclusions and recommendations which are intended to improve services and to provide patients with seamless and integrated transfers of care. There are no alternatives to be considered.

## **8. Impact Analysis**

### **8.1 Equalities**

The proposals are designed to support improved service delivery for patients, for those receiving community health services and their families and carers. Equality issues were addressed during the evidence gathering process and this is reflected in the focused recommendations.

### **8.2 Privacy Impact Assessment**

The proposals have no immediate additional implications for the protection of privacy of the public. Any privacy issues which may arise will be addressed through the delivery of the action planning process.

### **8.3 Sustainability**

The proposals have no immediate implications for sustainability. Sustainability issues will be considered and addressed as part of the delivery of the action plan by Members and officers.

### **8.4 Reduction of Crime & Disorder – Community Cohesion / Social Inclusion**

The proposals have no immediate implications for crime and disorder.

## **9. Relevant Considerations / Consultations**

- 9.1 The Scrutiny Committee has carried out substantial consultation with service users and providers. Expert advice was secured through the involvement of Age UK, Sunderland Link and the Carers Centre who supported the review with co-opted representation on the Scrutiny Committee. Patient consultation was carried out at Sunderland Royal Hospital over several weeks in February 2012.

## **10. List of Appendices**

Appendix A – Policy Review Final Report  
Appendix B – Action Plan

## **11. Background Papers**

Health & Well-Being Scrutiny Committee Agenda Papers 2011/12

