

15th November 2018

REPORT OF THE CHAIR OF THE PEOPLE BOARD

People Board Progress Report

1 Purpose of Report

1.1 To provide an update of progress against the current year’s (2018/19) People Board Work Plan.

2. Background

2.1 Earlier this year the priorities associated with People were referred to the Washington People Board to action on behalf of the Area Committee. The People Board has started to initiate action on those priorities and **Annex 1** outlines progress to date.

3. Area Governance Arrangements

3.1 The Area Committees are part of the Council’s Executive Function and have two key roles:-

- a. Influencing decisions on services delivered at a local level; and
- b. Identification of key priorities for their areas, in the context of supporting the delivery of the Council’s Corporate Outcomes Framework at a local level and ensures maximum impact where necessary through utilising its own resources.

3.2 Area Place and People Boards were set up to support the Area Committee in identifying areas of priority and ensure action in line with those priorities.

3.3 Each ward has one elected member representative, whose role it is to liaise with their ward colleagues in between meetings and feedback collective views into the Board meetings. It should be noted that the Board is not a decision making body and the work /recommendations of the Board will be presented to the Area Committees for final endorsement. Elected member representation on the People Board for this Area Committee is as follows:-

Ward	People Board Membership
Chair	Cllr Harry Trueman
Washington Central	Cllr Linda Williams
Washington East	Cllr David Snowdon
Washington North	Cllr Jill Fletcher
Washington South	Cllr Louise Farthing
Washington West	Cllr Dorothy Trueman

4. Key Areas of Influence/Achievements up to 31st October 2018

4.1 Outlined below is a summary of the key areas of influence / achievements of the Washington People Board up to 31st October 2018

Action Taken	Outcome
Local priority: Health and Well Being	
Time to Care	Partnership working with the local Washington Schools has continued. Drop-in sessions have continued and this work includes parent/carer support with a group at Washington Academy (renamed PopIn4) , a lunch-time drop-in support for students at Biddick Academy, and “Emotional Resilience” groups at Oxclose Community Academy. Meetings were held in September to identify the needs of the groups moving forward. St Roberts of Newminster not currently engaged. Updates have been made to the Wellbeing Info page and an article has been produced offering young people support around coping with bullying, a fact sheet is currently being developed to link with wellbeing info and Washington Mind’s Young People’s web page. The Young People’s Page continues to be updated. The Self-Harm Project Coordinators continue to offer Counselling appointments to young people in Washington. Parents and Carers have received support, both via telephone and face-to-face.

	<p>The extension of the project has continued to show that Partnership working with the schools in the Washington area is still a success, and the therapeutic groups that have taken place have been beneficial for the students and for the school community. Parents and young people are still engaging with the support that is offered. Those who have accessed groups or drop-ins and who have required further support have been signposted to the counselling service at Washington Mind, and to other services including CAMHS and CYPS.</p> <p>Understanding self-harm training continues to be offered. Peer support training - meetings with schools and young people has been offered and undertaken to discuss content and support element of this training. Key from the consultation is the need to ensure safe and supportive peer support programmes – in other words schools need to confirm in house support for the Peer Supporters. The external evaluation of the project has been given an approximate date to commence October 2018. Another Partnership meeting is to be held December.</p>
Healthy Lifestyles	<p>Following a detailed report to People Board in September outlining the successful delivery, demand and over performance re initial targets, the Washington Millennium Centre Development Trust requested the Board to recommend the approval of £25,000 SIB (previously aligned) to extend the project for a further year. The WMC Trust will match fund up to £15,000 and continue to seek ways to fund the project beyond SIB funding or if that fails, mainstream some elements of the project into the centre offer. The application to change the project re project outcomes, outputs and milestones has been considered by Members via the normal SIB application process re consultation and is presented to the Area Committee for approval under Item 5 Finance Report.</p>
Health and Heritage	<p>The project has 3 elements: The Creative Age Project develops dementia friendly activities for older adults:</p> <ul style="list-style-type: none"> • Sessions have commenced for two Creative Age groups. Artists have been booked in to work with the groups until December 2018 – they are Mona McCarthy, Nicky Rushton, Poppy Crawshaw and Olivia Hunt, who specialise in movement, dance, performance, writing, theatre and storytelling. Last week (23rd August), both our groups and our artists went on a trip to the Shipley Art Gallery in Gateshead. They were inspired by the varied collections there, and are considering using ideas about ‘a cabinet of curiosities’ to inform their upcoming projects with the artists. • Dementia and Imagination Training is booked in at the Arts Centre for staff, volunteers and artists in September, which is provided by Equal Arts. Links have been made with Newcastle University, who are running a British Academy-funded research project which explores how arts engagement benefits the health and wellbeing of Creative Age participants. They will come in to join sessions and provide an evaluation of the group based on their observations and small informal focus groups. One group is working towards a live performance of a dance they are choreographing to be performed at Christmastime at the Arts Centre. <p>The Uncover Project uses Arts and Culture to explore communication and confidence building activities for children and young people identified as being on the Autistic spectrum. The project met with Columbia Grange school to discuss the plans for the upcoming year and how the project will work within the school context and have identified leaders within the school and met with them to make plans moving forward. The project has researched and contacted national theatre company Oily Cart in relation</p>

	<p>to their annual touring programme to look at the feasibility of bringing to the school and is currently in the planning stages of CPD and training development for teaching staff and Sunderland Culture. The project has also made connections with Sunderland Carers to link in with the SEND parents forum in Washington and has had conversation with the Dales School which is a leading co-educational special school for children with severe and complex learning needs in North Yorkshire. The school shared recent research regarding barriers for pupils and their families and further consultation about good practice in cultural</p> <p>One Day You'll Be Old Too is a project addressing Social Isolation. Artist Andrew Tift has visited the three care homes in Washington in August and started taking photographs and video recordings of residents to inform his drawings. The care homes are Washington Manor (Concord), Washington Lodge and Nursing Home (Washington Village) and St George's Residential Home (Harraton). A meeting has also been arranged with Sunderland College staff regarding recruiting social care students as volunteers for the project through their intergenerational advocate scheme. Age UK have been contacted regarding their befrienders scheme and we are awaiting their response. Equal Arts have given the Museum advice about appropriate tools to use for measuring health outcomes and we are exploring best practice in survey methodology at the moment before making a final decision. (Update – some portraits completed and on exhibition at Arts Centre Washington).</p>
<p>Local priority: Adult Social Care and Inclusion</p>	
<p>Washington Individual Support Project (WISP2)</p>	<p>WISP started as a pilot project in Washington November 2017. The project was developed as a targeted response to supporting people who for various reasons have come to regularly present in crisis. In July 2018 Washington Area Committee agreed further funding of £30,000 over 2 years to take WISP on to the next stage. This commitment from Area Committee for 2 years is important to further test and gather evidence about the effectiveness of the approach. ShARP is committed to sourcing additional funding for the project and to this end an application has been submitted to Big Lottery Building Connections – anticipate a decision November. If successful this will fund 2 additional part time WISP LINKS Worker posts to work alongside the Advice Workers ensuring people have support to take “next steps” in accessing groups etc. and that they are supported until confident with new people and activities. The WISP team have built good relationships with key referrers mainly the Washington Food Banks and base themselves for weekly sessions in Oxclose Food Bank, St Michaels Sulgrave and the Lighthouse in Concord. Some advice sessions have also been delivered in the evening so that advice is available to people who attend at that time – some clients may be employed, in training or have just lost their job. WISP workers offer to support clients to access a range of potential support already available in local groups and community based activities which will offer clients the opportunity to build new relationships, make friends, join with others in positive activities. This will include helping people to link with local volunteering opportunities through partners including SNCBC and take the first steps to longer term change which could ultimately lead to take up of training and employment in the longer term.</p>
<p>Local priority: Employment, Enterprise and Lifelong Learning</p>	
<p>Community Led Local Development</p>	<p>REACT SNCBC submitted the full application to the CLLD LAG which is now approved. The lead agent is currently confirming joint contract and will be looking to commence recruitment to the posts as soon as is practicable.</p>

<p>Skills & Enterprise Project</p>	<p>Skills & Enterprise Project Following the report to last Board with reference to the limited take up by schools re World of Work Activities programme, Local Labour Market tours, and support to students on results day, SNCBC will be liaising with the schools to help young people identify next steps should their results not reach the required level for their intended progression path. Also agreed in principle to support 40 Oxclose students to participate in a 'running your own business module' linked with the intended enterprise competition in the next terms, so bringing the Project to a close by 31/12/18.</p>
<p>Local priority: Community Inclusion</p>	
<p>Area VCS Network</p> <p>VCS Support Project</p>	<p>Work has commenced to establish and implement the Work Plan. Area Committee Reps have since met and the following programme of activity is underway:</p> <ul style="list-style-type: none"> • New Area Reps leaflet drafted • Priority is to support grass roots organisations. The group agreed the mentoring project should be taken forward, starting with groups who use the Life House and other community buildings in Washington. First action is to hold a Drop Ins re mentoring and support to be organised after each Network meeting for groups to discuss any concerns or issues they need support – commencing October 16th meeting. Once the Volunteer and Community Support project is up and running this will be further developed. Further detail presented in the Area Network Report under Item 2 • The wellbeing.info page is being improved to include meetings, priorities, information sharing and funding updates for VCSN members. <p>Area Committee approved the award of the VCS Support Project to SNCBC at the July meeting. This project will be a key element to support delivery of the Area Network Work Plan priority supporting grassroots organisations. It is anticipated a new Volunteer Co-ordinator will be in place by November. Their remit is to:</p> <ul style="list-style-type: none"> • Engage with and mentor/support/progress local VCS organisations • Support VCS Organisations to identify their needs, create and fill volunteering opportunities and complete a 'capacity/health check' for each individual organisation which enables the identification of existing and emerging 'capacity' needs and volunteering opportunities. • Develop volunteer job descriptions, person specifications and support with advertising and recruiting to opportunities and guide Organisations to develop, or review their existing, volunteer strategy, policies and procedures including induction, supervision and appraisal. • Identify, engage and recruit local residents who wish to support volunteering in their local area and support them to be matched into VCS opportunities and potentially work placements to progress skills further. • Implement a volunteering passport scheme for Washington volunteers, recording volunteering and training to provide not only a record for potential employers but a source of information to celebrate volunteering. • Provide a local DBS service across Washington supporting organisations to access, and volunteers to gain clearance through, the DBS procedure. • A bank of volunteers will support one off activities and events and will replicate the model adopted to support Bowes railway and deliver Clean and Green, where 'ad hoc' volunteers provide their time to community clean ups, occasional litter picks, Bowes promotional events along with our regular volunteers who are fully trained and lead

	<p>on weekly plantation work, blacksmiths and joinery demonstrations.</p> <ul style="list-style-type: none"> • Establish a quarterly volunteer’s forum, and an annual celebration event, to identify best practice, celebrate volunteering • Develop a Volunteering steering group for Washington Organisations/Groups to promote collaboration and partnership working. The group will focus on finding solutions to common emerging issues identified by the Volunteer Coordinator and Washington VCS Network. • Enable access for organisations and/or volunteers to such as mental health wellness provided by Washington Mind, financial inclusion by Sharp and ACES Partner, environmental training through Clean and Green with the potential for SNCBC to deliver digital skills, confidence and motivation, and occupational led training through FACL, the emerging Washington REACT project and as appropriate funding bespoke/tailored training such as governance matters – linking much of Washington Area Committee’s investment across a range of priorities. • Further develop links to enable corporate volunteering opportunities across the Washington and link with local and Citywide support networks, in the public, private and voluntary sectors and projects to promote sharing skills of staff and volunteers across Organisations/Projects, potentially to be able to access training to enhance skills, carry out general repairs etc. This includes promoting the Washington Area Network, the work of its partners and the strategic delivery plan, both through SNCBC’s role as an Area Representative and by being a conduit to share information from and into Washington Area Committee <p>The 8th Round of Young Peoples Can Do Fund was released October 1st. Deadline for applications 29th October. People Board will determine successful applications and those projects will be invited to present a progress report to the December People Board.</p> <p>Following feedback from lead agents and the Community Partnership Service, People Board is recommending a Project Brief and Call for Projects be agreed at the November Area Committee to allow the proactive and timely commissioning of this initiative - at least for the Summer Programme 2019. This gives the potential lead agents more time for planning and booking activities. The remainder of the proposed programme can then be commissioned (using the same Project Brief) following the confirmation of the ‘area funding’ at the June 2019 meeting. Project Brief is presented to Members for approval under Item 5 Finance Report</p>
Local Priority: Washington Safe	
Washington Safe: Healthy Relationships	<p>June Area committee approved £10,000 to the Community Partnerships Service for a partnership approach to be developed with the Police and other partners to address and educate with regards to healthy relationships, care v control approach in respect of young girls and women. A report was presented to the Safer Sunderland Strategic Board to ascertain support and further work and dialogue continues throughout September/October.</p> <ul style="list-style-type: none"> • Police will resume partnership working with Oxclose Academy re improved relationships with young people. • Support being sought strategically to add value to a proposed conference for young people • Still gathering data and intelligence to support need for the project – anticipate SIB application drafted for consideration in the New Year.

Fire Angels	<p>The CSP is leading this work to gather the required data and is meeting with relevant partners, including Public Health to establish partnership working with regards to the longer term project.</p> <p>People Board agreed the £5,000 approved to the Tyne Wear Fire & Rescue Service be utilised to deliver the Fire Angels Connect Project, a unique project in its approach to the safety of elderly and vulnerable residents and is the first of its kind across the Fire Service as a whole. The funding would fund a test approach of up to 50 units in Washington of multi sensor technology to pilot the use of the Fire Angel Protect digital platform. The data gathered can be analysed and will be able to provide some real-time predictions in behaviour and risk. The Fire Angel Connect initiative allows for all smoke detectors placed in the property to be linked up and 'talk' to one another should one be triggered. Traditionally, a smoke alarm will only trigger once the smoke has hit the sensor. This could mean a difference between escape or a person becoming trapped. The new system uses unique multi sensor technology which allows all alarms to trigger when just one sensor is activated thus allowing for more valuable time to extinguish the fire or get out of the property.</p> <p>There is also a much more added value to the Fire Angel system and that is the use of a mobile app. This app can be installed on multiple phones and an alert is sent when any alarms trigger, allowing the recipient of the app to make relevant contact and establish whether there is a genuine emergency. The recipient of the app can be anyone whom the resident wishes to have it i.e. neighbour, carer, family, friends, and in some instances can be linked directly into the control room. The app is also triggered if there is a false alarm; the batteries need changing or the alarm has tried to be removed or deactivated.</p> <p>The data regarding the amount of times the alarm has been activated is recorded and analysed through Fire Angel Predict Software. The data is collected in 'real-time' and is connected to the Fire Angel Cloud Platform where it is recorded. The analysis will show the calculated risk level over the period the alarms have been triggered and can predict increasing risk behaviours which can be reported to the relevant parties that have the mobile app etc.</p>
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5. Recommendations

- 5.1 Members are requested to consider the progress and performance update with regards to the Washington People Board Work Plan for 2017/2018 as detailed in **Annex 1**
- 5.2 Members are requested to agree the People Board recommendation to approve additional funding (previously aligned) and extension to the Washington Healthy Lifestyles as presented under **Item 5 Finance Report Annex 1 Summary of SIB applications**
- 5.3 Members are requested to agree the People Board recommendation to approve the Project Brief and Call for Projects for Positive Activities for Children and Young People as detailed in Paragraph 4 above and under **Item 5 Finance Report Annex 2.**
- 5.4 Members are requested to support the People Board recommendation for the Tyne Wear Fire and Rescue Service Fire Angel Connect Project as detailed above.

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