

**Applications for West Neighbourhood Fund****Application No. 1**

<b>Funding Source</b>	<b>Neighbourhood Fund</b>
<b>Name of Project</b>	Holiday Activities – Barnes Ward
<b>Lead Organisation</b>	Plains Farm Youth and Community Centre

<b>Total cost of Project</b>	<b>Total Match Funding</b>	<b>Total NF Application</b>
£6255	£1300	£4955
<b>Project Duration</b>	<b>Start Date</b>	<b>End Date</b>
11 months	Summer 2022	May 2023

***ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS*****Project Description:**

Plains Farm Youth and Community Centre are partner of Sunderland All Together Youth Consortium who are hoping to again receive funding from Together For Children Holiday Activities and Food Program to support to children in the Silksworth Ward who are receipt of free school meals through the below holiday periods. .

Holidays and Activities Food (HAF) Funded Offer will be

**Summer 2022** - 4 weeks of face 2 face provision which would cover a minimum of 16 days for 4 Hours

**Christmas 2022** - 1 week of face 2 face provision which should be a minimum 4 days for 4 hours

**Easter 2023** - 1 week of face 2 face provision which should be a minimum of 4 days for 4 hours.

The HAF funded offer is the equivalent of 6 weeks of holiday provision to eligible school aged children.

**Our Project**

We know that the school holidays can be pressure points for some families. For some children this can lead to a holiday experience gap, with children from low-income households being:

- less likely to access organised out-of-school activities
- more likely to experience 'unhealthy holidays' in terms of nutrition and physical health
- more likely to experience social isolation

We would like provide additional activities which will complement the proposed HAF funded offer and ensure all school aged children and young people have access to activities and food each school holiday period throughout Summer 2022 until May 2023.

The additional activities we intend to deliver activities are :

- **Summer 2022** - 1 week of face 2 face provision which would cover a minimum of 4 days for 4 Hours

- **October 2022** - 1 week of face 2 face provision which will be a minimum 3 days for 3 hours
- **Christmas 2022** – Provide food hampers to those families most vulnerable
- **February Half Term 2023** - 1 week of face 2 face provision which will be a minimum 3 days for 3 hours
- **Easter 2023** - 1 week of face 2 face provision which should be a minimum 4 days for 4 hours
- **May half term 2023** - 1 week of face 2 face provision which will be a minimum 3 days for 3 hours

Our provision will be open to all and will not just target those on free school meals as we know that working families are struggling to with the cost of living.

We will deliver a range of activities centred around enrichment, physical and nutritional education.

### **Enrichment activities**

We will provide fun and enriching activities that provide children with opportunities to:

- develop new skills or knowledge
- consolidate existing skills and knowledge
- try out new experiences
- have fun and socialise

This will include but is not limited to:

- physical activities, for example football, swimming, table tennis or cricket
- creative activities, for example putting on a play, junk modelling or drumming workshops
- experiences, for example a nature walk or visiting a city farm
- free play, for example fun and freedom to relax and enjoy themselves

### **Physical activities**

We will a range of provide activities so that children and young people participating in the programme will engage in a variety of types and intensities of physical activity to develop movement skills, muscular fitness and bone strength.

As we are a Streetmarked project with trained activator coaches we will deliver and introduce children and young people to a range of physical street games activities such as smash up badminton, pop up football, dodgeball, street golf, serves tennis and street rugby. We will also deliver archery and soft archery as we have staff who are trained instructors. Introducing new physical activities will enable children and young people to develop a new hobby and develop a sporting habit for life, it will also support with exit strategy.

### **Nutritional education**

We will include an element of nutritional education in sessions aimed at improving the knowledge and awareness of healthy eating for children.

such as:

- getting children involved in food preparation and cooking
- growing fruit and vegetables
- taste tests
- discussing food and nutrition
- including food and nutrition in other activities

The activities will be designed and delivered in consultation with the children and young people from the ward. They will be delivered on the days and at the times the children and young people most need it.

Christmas 2022 we will provide those families who are most vulnerable with hampers.

We will continue to use our current base Plains Farm Youth and Community Centre to deliver activities from. We will also utilise a number of green spaces to deliver activities such as Barnes Park during the lighter nights and summer months

How much Neighbourhood Fund is requested?		
4955.00		
Itemised list of all costs	Cost	Neighbourhood Fund Contribution
Staffing 1 lead, 2 youth workers and 1 peer advocate - 67.5 hours each	3105.00	3105.00
Enrichment activities/resources	1150.00	900.00
Venue hire	700.00	50.00
Food and Refreshments	900.00	700.00
Hampers at Christmas	400.00	200.00
	6255.00	4955.00
How much match funding has been/will be secured? (please include funding sources)		
Venue hire Mini Bus hire Volunteers Refreshment's – Fareshare, Greggs, Sainsburys and Morrisons donations		
Output	CODE	Target
number of children and young people benefiting from this project	203	80
number of volunteers recruited and participating	304	3
number of volunteer hours delivered	305	200

### Recommendation – Approve

The Neighbourhood and Community Board (via correspondence) recommend Approval of this project, which delivers to the West Sunderland Area Investment Delivery Plan Priority – **Eating healthy meals and learning to prepare and cook food, delivery sessions within local community and Support youth clubs and spaces for young people to be safe together**

## Application No. 2

<b>Funding Source</b>	<b>Neighbourhood Fund</b>
<b>Name of Project</b>	Holiday Activities – St Annes
<b>Lead Organisation</b>	Pennywell Community Centre

<b>Total cost of Project</b>	<b>Total Match Funding</b>	<b>Total NF Application</b>
£4999	Nil	£4999
<b>Project Duration</b>	<b>Start Date</b>	<b>End Date</b>
11	July 2022	May 2023

### ***ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS***

#### **Project Description:**

Pennywell Community Centre are hoping to again receive funding from Together For Children Holiday Activities and Food Program to support to children in the St Annes Ward who are receipt of free school meals through the below holiday periods. .

Holidays and Activities Food (HAF) Funded Offer will be;

**Summer 2022** - 4 weeks of face 2 face provision which would cover a minimum of 16 days for 4 Hours

**Christmas 2022** - 1 week of face 2 face provision which should be a minimum 4 days for 4 hours

**Easter 2023** - 1 week of face 2 face provision which should be a minimum of 4 days for 4 hours.

The HAF funded offer is the equivalent of 6 weeks of holiday provision to eligible school aged children.

#### **Our Project**

We know that the school holidays can be pressure points for some families. For some children this can lead to a holiday experience gap, with children from low-income households being:

- less likely to access organised out-of-school activities
- more likely to experience 'unhealthy holidays' in terms of nutrition and physical health
- more likely to experience social isolation

We would like provide additional activities which will complement the proposed HAF funded offer and ensure all school aged children and young people have access to activities and food each school holiday period throughout Summer 2022 until May 2023.

#### **The additional we intend to deliver activities are :**

The additional activities we intend to deliver activities are :

- **Summer 2022** - 1 week of face 2 face provision which would cover a minimum of 4 days for 4 Hours
- **October 2022** - 1 week of face 2 face provision which will be a minimum 3 days for 3 hours

- **February Half Term 2023** - 1 week of face 2 face provision which will be a minimum 3 days for 3 hours
- **Easter 2023** - 1 week of face 2 face provision which should be a minimum 4 days for 4 hours
- **May half term 2023** - 1 week of face 2 face provision which will be a minimum 3 days for 3 hours

Our provision will be open to all and will not just target those on free school meals as we know that working families are struggling to with the cost of living.

**We will deliver a range of activities centred around enrichment, physical and nutritional education.**

We will provide a nutritious meal for the children which will consist of a hot meal or a packed lunch.

**Physical activities**

We will a range of provide activities so that children and young people participating in the programme will engage in a variety of types and intensities of physical activity to develop movement

We will provide trampolining, street games including hop- scotch, dodgeball, tennis and football. We will also provide soft play for the under eights.

Introducing new physical activities will enable children and young people to develop a new hobby and develop a sporting habit for life, it will also support with exit strategy.

**Nutritional education**

We will include an element of nutritional education in sessions aimed at improving the knowledge and awareness of healthy eating for children.

such as:

- getting children involved in food preparation and cooking
- growing fruit and vegetables
- taste tests
- discussing food and nutrition
- including food and nutrition in other activities

The children will also be given the opportunity of taking activity packs home with them to relieve some of the boredom they are experiencing. Whilst the families are at the community centre, we will listen to them about the problems they are experiencing and where necessary we will sign post them to organisations that can help.

How much Neighbourhood Fund is requested?		
£4999.00		
Itemised list of all costs	Cost	Neighbourhood Fund Contribution
<b>Staffing - youth workers and Coach 67.5 hours each</b>	<b>2800.00</b>	<b>2800.00</b>
<b>Food and Refreshments</b>	<b>1000.00</b>	<b>1000.00</b>
<b>Contribution towards room hire</b>	<b>1199.00</b>	<b>1199.00</b>

	<b>4999.00</b>	<b>4999.00</b>
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<b>Output</b>	<b>CODE</b>	<b>Target</b>
number of children and young people benefiting from this project	203	120
number of volunteers recruited and participating	304	5
number of volunteer hours delivered	305	337

### **Recommendation – Approve**

The Neighbourhood and Community Board (via correspondence) recommend Approval of this project, which delivers to the West Sunderland Area Investment Delivery Plan Priority – **Eating healthy meals and learning to prepare and cook food, delivery sessions within local community and Support youth clubs and spaces for young people to be safe together**

### Application No. 3

<b>Funding Source</b>	<b>Neighbourhood Fund</b>
<b>Name of Project</b>	<b>Holiday Activities – Ward Pallion</b>
<b>Lead Organisation</b>	LAMBTON STREET YOUTH & COMMUNITY HUB

<b>Total cost of Project</b>	<b>Total Match Funding</b>	<b>Total NF Application</b>
£8785	£3825	£4960
<b>Project Duration</b>	<b>Start Date</b>	<b>End Date</b>
11 months	July 2022	May 2023

#### ***ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS***

##### **Project Description:**

LSYCH are partner of Sunderland All Together Youth Consortium who are hoping to again receive funding from Together For Children Holiday Activities and Food Program to support to children in the Pallion Ward who are receipt of free school meals through the below holiday periods. .

Holidays and Activities Food (HAF) Funded Offer will be

**Summer 2022** - 4 weeks of face 2 face provision which would cover a minimum of 16 days for 4 Hours

**Christmas 2022** - 1 week of face 2 face provision which should be a minimum 4 days for 4 hours

**Easter 2023** - 1 week of face 2 face provision which should be a minimum of 4 days for 4 hours.

The HAF funded offer is the equivalent of 6 weeks of holiday provision to eligible school aged children.

##### **Our Project**

We know that the school holidays can be pressure points for some families. For some children this can lead to a holiday experience gap, with children from low-income households being:

- less likely to access organised out-of-school activities
- more likely to experience 'unhealthy holidays' in terms of nutrition and physical health
- more likely to experience social isolation

We would like provide additional activities which will complement the proposed HAF funded offer and ensure all school aged children and young people have access to activities and food each school holiday period throughout Summer 2022 until May 2023.

The additional activities we intend to deliver activities are :

- **Summer 2022** - 1 week of face 2 face provision which would cover a minimum of 4 days for 4 Hours
- **October 2022** - 1 week of face 2 face provision which will be a minimum 3 days for 3 hours
- **Christmas 2022** – Provide food hampers to those families most vulnerable
- **February Half Term 2023** - 1 week of face 2 face provision which will be a minimum 3 days for 3 hours
- **Easter 2023** - 1 week of face 2 face provision which should be a minimum 4 days for 4 hours
- **May half term 2023** - 1 week of face 2 face provision which will be a minimum 3 days for 3 hours

Our provision will be open to all and will not just target those on free school meals as we know that working families are struggling to with the cost of living.

We will deliver a range of activities centred around enrichment, physical and nutritional education.

### **Enrichment activities**

We will provide fun and enriching activities that provide children with opportunities to:

- develop new skills or knowledge
- consolidate existing skills and knowledge
- try out new experiences
- have fun and socialise

This will include but is not limited to:

- physical activities, for example football, basketball, snooker, dodgeball table tennis or & roller skating
- creative activities, for example putting on street dance sessions & arts & crafts
- experiences, for example a nature walk or trips to the beach
- free play, for example fun and freedom to relax and enjoy themselves

### **Physical activities**

We will a range of provide activities so that children and young people participating in the programme will engage in a variety of types and intensities of physical activity to develop movement skills, muscular fitness and bone strength.

As we are a Streetmarked project with trained activator coaches we will deliver and introduce children and young people to a range of physical street games activities such as badminton, pop up football, dodgeball, rounder's softball, fitness gym, non-contact boxing sessions. Introducing physical activities will enable children and young people to develop a new hobby and develop a sporting habit for life, it will also support with exit strategy.

### **Nutritional education**

We will include an element of nutritional education in sessions aimed at improving the knowledge and awareness of healthy eating for children.

such as:

- getting children involved in food preparation and cooking
- growing fruit and vegetables
- taste tests
- discussing food and nutrition
- including food and nutrition in other activities

The activities will be designed and delivered in consultation with the children and young people from the ward. They will be delivered on the days and at the times the children and young people most need it.



We will continue to use our current base, LSY&CH to deliver activities from. We will also utilise green spaces to deliver activities such as Hylton Road Playing Fields during the lighter nights and summer months

How much Neighbourhood Fund is requested?		
4955.00		
Itemised list of all costs	Cost	Neighbourhood Fund Contribution
Staffing 4 youth workers @ 67.5 hours each	3510.00	3510.00
Enrichment activities/resources	1200.00	50.00
Venue hire	3375	700.00
Food and Refreshments	700.00	700.00
	8785.00	4960.00
How much match funding has been/will be secured? (please include funding sources)		
Venue hire Mini Bus hire Volunteers		

Output	CODE	Target
number of children and young people benefiting from this project	203	90
number of volunteers recruited and participating	304	4
number of volunteer hours delivered	305	270

### Recommendation – Approve

The Neighbourhood and Community Board (via correspondence) recommend Approval of this project, which delivers to the West Sunderland Area Investment Delivery Plan Priority – **Eating healthy meals and learning to prepare and cook food, delivery sessions within local community and Support youth clubs and spaces for young people to be safe together**

## Application No. 4

<b>Funding Source</b>	<b>Neighbourhood Fund</b>
<b>Name of Project</b>	Youth Almighty Project
<b>Lead Organisation</b>	<b>Holiday Activities – Silksworth Ward</b>

<b>Total cost of Project</b>	<b>Total Match Funding</b>	<b>Total NF Application</b>
£6255	£1300	£4955
<b>Project Duration</b>	<b>Start Date</b>	<b>End Date</b>
11 months	July 2022	May 2023

### ***ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS***

#### **Project Description:**

YAP are partner of Sunderland All Together Youth Consortium who are hoping to again receive funding from Together For Children Holiday Activities and Food Program to support to children in the Silksworth Ward who are receipt of free school meals through the below holiday periods. .

Holidays and Activities Food (HAF) Funded Offer will be

**Summer 2022** - 4 weeks of face 2 face provision which would cover a minimum of 16 days for 4 Hours

**Christmas 2022** - 1 week of face 2 face provision which should be a minimum 4 days for 4 hours

**Easter 2023** - 1 week of face 2 face provision which should be a minimum of 4 days for 4 hours.

The HAF funded offer is the equivalent of 6 weeks of holiday provision to eligible school aged children.

#### **Our Project**

We know that the school holidays can be pressure points for some families. For some children this can lead to a holiday experience gap, with children from low-income households being:

- less likely to access organised out-of-school activities
- more likely to experience 'unhealthy holidays' in terms of nutrition and physical health
- more likely to experience social isolation

We would like provide additional activities which will complement the proposed HAF funded offer and ensure all school aged children and young people have access to activities and food each school holiday period throughout Summer 2022 until May 2023.

The additional activities we intend to deliver activities are :

- **Summer 2022** - 1 week of face 2 face provision which would cover a minimum of 4 days for 4 Hours
- **October 2022** - 1 week of face 2 face provision which will be a minimum 3 days for 3 hours
- **Christmas 2022** – Provide food hampers to those families most vulnerable
- **February Half Term 2023** - 1 week of face 2 face provision which will be a minimum 3 days for 3 hours
- **Easter 2023** - 1 week of face 2 face provision which should be a minimum 4 days for 4 hours
- **May half term 2023** - 1 week of face 2 face provision which will be a minimum 3 days for 3 hours

Our provision will be open to all and will not just target those on free school meals as we know that working families are struggling to with the cost of living.

We will deliver a range of activities centred around enrichment, physical and nutritional education.

### **Enrichment activities**

We will provide fun and enriching activities that provide children with opportunities to:

- develop new skills or knowledge
- consolidate existing skills and knowledge
- try out new experiences
- have fun and socialise

This will include but is not limited to:

- physical activities, for example football, swimming, table tennis or cricket
- creative activities, for example putting on a play, junk modelling or drumming workshops
- experiences, for example a nature walk or visiting a city farm
- free play, for example fun and freedom to relax and enjoy themselves

### **Physical activities**

We will a range of provide activities so that children and young people participating in the programme will engage in a variety of types and intensities of physical activity to develop movement skills, muscular fitness and bone strength.

As we are a Streetmarked project with trained activator coaches we will deliver and introduce children and young people to a range of physical street games activities such as smash up badminton, pop up football, dodgeball, street golf, serves tennis and street rugby. We will also deliver archery and soft archery as we have staff who are trained instructors. Introducing new physical activities will enable children and young people to develop a new hobby and develop a sporting habit for life, it will also support with exit strategy.

### **Nutritional education**

We will include an element of nutritional education in sessions aimed at improving the knowledge and awareness of healthy eating for children.

such as:

- getting children involved in food preparation and cooking
- growing fruit and vegetables
- taste tests
- discussing food and nutrition
- including food and nutrition in other activities

The activities will be designed and delivered in consultation with the children and young people from the ward. They will be delivered on the days and at the times the children and young people most need it.

Christmas 2022 we will provide those families who are most vulnerable with hampers.

We will continue to use our current base, Silksworth Youth and Community Centre to deliver activities from. We will also utilise a number of green spaces to deliver activities such as Silksworth Recreation Park, and, Silksworth Sports Complex during the lighter nights and summer months

How much Neighbourhood Fund is requested?		
4955.00		
Itemised list of all costs	Cost	Neighbourhood Fund Contribution
Staffing 1 lead, 2 youth workers and 1 peer advocate - 67.5 hours each	3105.00	3105.00
Enrichment activities/resources	1150.00	900.00
Venue hire	700.00	50.00
Food and Refreshments	900.00	700.00
Hampers at Christmas	400.00	200.00
	6255.00	4955.00
How much match funding has been/will be secured? (please include funding sources)		
Venue hire Mini Bus hire Volunteers Refreshment's – Fareshare, Greggs, Sainsburys and Morrisons donations		

Data Field / Output	CODE	Target
number of children and young people benefiting from this project	203	90
number of volunteers recruited and participating	304	4
number of volunteer hours delivered	305	270

### Recommendation – Approve

The Neighbourhood and Community Board (via correspondence) recommend Approval of this project, which delivers to the West Sunderland Area Investment Delivery Plan Priority – **Eating healthy meals and learning to prepare and cook food, delivery sessions within local community and Support youth clubs and spaces for young people to be safe together**

## Application No. 5

<b>Funding Source</b>	<b>Neighbourhood Fund</b>
<b>Name of Project</b>	<b>Sandhill Play Zone</b>
<b>Lead Organisation</b>	Community Opportunities

<b>Total cost of Project</b>	<b>Total Match Funding</b>	<b>Total NF Application</b>
£5929	£929	£5000
<b>Project Duration</b>	<b>Start Date</b>	<b>End Date</b>
11 months	July 2022	May 2023

### ***ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS***

#### **Project Description:**

Community Opportunities are a partner of Sunderland All Together Youth Consortium who are hoping to receive funding from Together For Children Holiday Activities and Food Program to support children in the Sandhill Ward who are in-receipt of free school meals through the below holiday periods.

If successful, the Holidays and Activities Food (HAF) Funded Offer will be as follows:

**Summer 2022** - 4 weeks of face 2 face provision which would cover a minimum of 16 days for 4 Hours

**Christmas 2022** - 1 week of face 2 face provision which should be a minimum 4 days for 4 hours

**Easter 2023** - 1 week of face 2 face provision which should be a minimum of 4 days for 4 hours.

The HAF funded offer is the equivalent of 6 weeks of holiday provision to eligible school aged children.

#### **Our Project**

We know that the school holidays can be challenging, and a pressure point for some families. For some children this can lead to a holiday experience gap, with children from low-income households being:

- less likely to access organised out-of-school activities
- more likely to experience 'unhealthy holidays' in terms of nutrition and physical health
- more likely to experience social isolation

We would like to provide additional activities which will complement and not duplicate the proposed HAF funded offer to ensure all school aged children and young people have access to activities and food each school holiday period throughout Summer 2022 until May 2023.

The additional activities we intend to deliver activities are as follows:

- **Summer 2022** - 1 week of face 2 face provision which would cover a minimum of 4 days for 4 Hours
- **October 2022** - 1 week of face 2 face provision which will be a minimum 3 days for 3 hours
- **Christmas 2022** – Provide food hampers to those families most vulnerable

- **February Half Term 2023** - 1 week of face 2 face provision which will be a minimum 3 days for 3 hours
- **Easter 2023** - 1 week of face 2 face provision which should be a minimum 4 days for 4 hours
- **May half term 2023** - 1 week of face 2 face provision which will be a minimum 3 days for 3 hours

Our provision will be inclusive to all and will not just target those on free school meals, as we know that working families are struggling too, with increased costs to food and fuel.

We will deliver a range of activities centred around enrichment, physical and nutritional education.

### **Enrichment activities**

We will provide fun and enriching activities that provide children with opportunities to:

- develop new skills or knowledge
- consolidate existing skills and knowledge
- try out new experiences
- have fun and socialise

This will include but is not limited to:

- physical activities, for example football, swimming, table tennis or cricket
- creative activities, for example putting on a play, junk modelling or drumming workshops
- experiences, for example a nature walk or visiting a city farm
- free play, for example fun and freedom to relax and enjoy themselves

### **Physical activities**

Research indicates that inactive children are likely to become inactive adults, putting young people at risk of developing life-threatening conditions such as heart disease and cancer. Therefore, it's important to encourage exercise and keeping fit from a young age and promote and deliver interactive, fun family activities.

Regular exercise has lots of health benefits for children and young people, such as:

- improving fitness
- providing an opportunity to socialise
- increasing concentration
- improving academic scores
- building a stronger heart, bones and healthier muscles
- encouraging healthy growth and development
- improving self-esteem
- improving posture and balance
- lowering stress
- encouraging a better night's sleep

It is important to encourage the child/young people to find activities they enjoy. This way the child/young person will not find the exercise a chore and they are more likely to stick at it. The type of activity we will offer will depend on the child/young person's individual needs and we will tailor our delivery to ensure that we are inclusive to all.

Sessions will be delivered around two key principles:

**1. Moderate to Vigorous physical activities**

Children and young people aged 5-18 years should take part in moderate to vigorous physical activities for at least 60 minutes (one hour) every day, and this can be up to several hours. Moderate intensity activity means working hard enough to raise your heartbeat, so you breathe harder and begin to sweat, but are still able to talk. Examples of activities to promote this include running, playing sports etc.

**2. Higher intensity and resistance activities**

Children and young people aged 5-18 years should be doing higher intensity and resistance activities three days a week, as these will help to strengthen muscles and bones. Examples of activities to promote this include playing tennis, body resistance exercises such as sit up's and push ups, skipping etc.

**Nutritional education**

We will include an element of nutritional education in sessions aimed at improving the knowledge and awareness of healthy eating for children.

We will:

- Get children involved in food preparation and cooking
- Growing fruit and vegetables
- Taste tests – fruit and vegetables
- Discuss food and nutrition
- Include food and nutrition in other activities

The activities will be designed and delivered in consultation with the children and young people from the ward. They will be delivered on the days and at the times the children and young people most need it.

Christmas 2022 we will provide those families who are most vulnerable with hampers.

We will continue to use our current base, Thorney Close Action and Enterprise Centre to deliver activities from. We will also utilise green spaces to deliver activities such as Barnes Park and will undertake environmental clean ups as part of our delivery schedule in partnership with the West Clean & Green Project

How much Neighbourhood Fund is requested?		
£5000.00		
Itemised list of all costs	Cost	Neighbourhood Fund Contribution
<b>Staffing</b> <b>1 lead, 1 youth workers and 1 Sports Coach – 67.5 hours each</b> <b>Planning, development time, evaluation, reporting, monitoring – 17 hours</b>	<b>3102.53</b>	<b>3102.53</b>
<b>Enrichment activities/resources /equipment</b>	<b>1020.00</b>	<b>600.00</b>
<b>Venue hire</b>	<b>600.00</b>	<b>600.00</b>
<b>Food and Refreshments</b>	<b>500.00</b>	<b>500</b>
<b>Hampers at Christmas</b>	<b>400.00</b>	<b>200.00</b>
<b>Management Cost 5%</b>	<b>306.13</b>	<b>0.00</b>
	<b>£5928.66</b>	<b>£5002.53</b>

Data Field / Output	CODE	Target
number of children and young people benefiting from this project	203	45
number of volunteers recruited and participating	304	5
number of volunteer hours delivered	305	50

If approved the following condition is recommended: Consideration and feedback being given to utilising alternative venues in the Grindon neighbourhood.

**Recommendation – Approve**

The Neighbourhood and Community Board (via correspondence) recommend Approval of this project, which delivers to the West Sunderland Area Investment Delivery Plan Priority – **Eating healthy meals and learning to prepare and cook food, delivery sessions within local community and Support youth clubs and spaces for young people to be safe together**



## Application No. 6

<b>Funding Source</b>	<b>Neighbourhood Fund</b>
<b>Name of Project</b>	Farringdon Youth and Community Centre
<b>Lead Organisation</b>	<b>Holiday Activities – St Chads Ward</b>

<b>Total cost of Project</b>	<b>Total Match Funding</b>	<b>Total NF Application</b>
£6255	£1300	£4955
<b>Project Duration</b>	<b>Start Date</b>	<b>End Date</b>
11 months	July 2022	May 2023

### ***ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS***

#### **Project Description:**

Farringdon Youth and Community Centre are partner of Sunderland All Together Youth Consortium who are hoping to again receive funding from Together For Children Holiday Activities and Food Program to support to children in the St Chads Ward who are receipt of free school meals through the below holiday periods. .

Holidays and Activities Food (HAF) Funded Offer will be

**Summer 2022** - 4 weeks of face 2 face provision which would cover a minimum of 16 days for 4 Hours

**Christmas 2022** - 1 week of face 2 face provision which should be a minimum 4 days for 4 hours

**Easter 2023** - 1 week of face 2 face provision which should be a minimum of 4 days for 4 hours.

The HAF funded offer is the equivalent of 6 weeks of holiday provision to eligible school aged children.

#### **Our Project**

We know that the school holidays can be pressure points for some families. For some children this can lead to a holiday experience gap, with children from low-income households being:

- less likely to access organised out-of-school activities
- more likely to experience 'unhealthy holidays' in terms of nutrition and physical health
- more likely to experience social isolation

We would like provide additional activities which will complement the proposed HAF funded offer and ensure all school aged children and young people have access to activities and food each school holiday period throughout Summer 2022 until May 2023.

The additional activities we intend to deliver activities are :

- **Summer 2022** - 1 week of face 2 face provision which would cover a minimum of 4 days for 4 Hours
- **October 2022** - 1 week of face 2 face provision which will be a minimum 3 days for 3 hours
- **Christmas 2022** – Provide food hampers to those families most vulnerable
- **February Half Term 2023** - 1 week of face 2 face provision which will be a minimum 3 days for 3 hours
- **Easter 2023** - 1 week of face 2 face provision which should be a minimum 4 days for 4 hours
- **May half term 2023** - 1 week of face 2 face provision which will be a minimum 3 days for 3 hours

Our provision will be open to all and will not just target those on free school meals as we know that working families are struggling to with the cost of living.

We will deliver a range of activities centred around enrichment, physical and nutritional education.

### **Enrichment activities**

We will provide fun and enriching activities that provide children with opportunities to:

- develop new skills or knowledge
- consolidate existing skills and knowledge
- try out new experiences
- have fun and socialise

This will include but is not limited to:

- physical activities, for example football, swimming, table tennis or cricket
- creative activities, for example putting on a play, junk modelling or drumming workshops
- experiences, for example a nature walk or visiting a city farm
- free play, for example fun and freedom to relax and enjoy themselves

### **Physical activities**

We will a range of provide activities so that children and young people participating in the programme will engage in a variety of types and intensities of physical activity to develop movement skills, muscular fitness and bone strength.

As we are a Streetmarked project with trained activator coaches we will deliver and introduce children and young people to a range of physical street games activities such as smash up badminton, pop up football, dodgeball, street golf, serves tennis and street rugby. We will also deliver archery and soft archery as we have staff who are trained instructors. Introducing new physical activities will enable children and young people to develop a new hobby and develop a sporting habit for life, it will also support with exit strategy.

### **Nutritional education**

We will include an element of nutritional education in sessions aimed at improving the knowledge and awareness of healthy eating for children.

such as:

- getting children involved in food preparation and cooking
- growing fruit and vegetables
- taste tests
- discussing food and nutrition
- including food and nutrition in other activities

The activities will be designed and delivered in consultation with the children and young people from the ward. They will be delivered on the days and at the times the children and young people most need it.

Christmas 2022 we will provide those families who are most vulnerable with hampers.

We will continue to use our current base, Farringdon Youth and Community Centre to deliver activities from. We will also utilise a number of green spaces to deliver activities such as Middle Herrington Park during the lighter nights and summer months

How much Neighbourhood Fund is requested?		
4955.00		
Itemised list of all costs	Cost	Neighbourhood Fund Contribution
Staffing 1 lead, 2 youth workers and 1 peer advocate - 67.5 hours each	3105.00	3105.00
Enrichment activities/resources	1150.00	900.00
Venue hire	700.00	50.00
Food and Refreshments	900.00	700.00
Hampers at Christmas	400.00	200.00
	6255.00	4955.00
How much match funding has been/will be secured? (please include funding sources)		
Venue hire Mini Bus hire Volunteers Refreshment's – Fareshare, Greggs, Sainsburys and Morrisons donations		

Output	CODE	Target
number of children and young people benefiting from this project	203	80
number of volunteers recruited and participating	304	4
number of volunteer hours delivered	305	270

### Recommendation – Approve

The Neighbourhood and Community Board (via correspondence) recommend Approval of this project, which delivers to the West Sunderland Area Investment Delivery Plan Priority – **Eating healthy meals and learning to prepare and cook**

**food, delivery sessions within local community and Support youth clubs and spaces for young people to be safe together**

## Application No. 7

<b>Funding Source</b>	<b>Neighbourhood Fund</b>
<b>Name of Project</b>	Walk and Talk extension
<b>Lead Organisation</b>	Area Arrangements – Sunderland City Council

<b>Total cost of Project</b>	<b>Total Match Funding</b>	<b>Total NF Application</b>
£120,000	Nil	£120,000
<b>Project Duration</b>	<b>Start Date</b>	<b>End Date</b>
24 months	July 2022	July 2024

### ***ALL PROJECT DETAIL TAKEN VERBATIM FROM APPLICATIONS***

#### **Project Description:**

##### **The Project**

The aim of this proposal is to build on the previous phases of the successful Walk and Talk which supports local Ward Councillors to find solutions to environmental issues and community-based issues at a local level.

##### **Methodology**

- Elected members (per ward) will identify issues and projects to address local concerns. Examples of this could be gaps in social prescribing/improving a community asset/environmental improvement.
- The three elected members per ward will identify and agree each programme of work or activity for their Ward.
- All programmes and activities will be reported to future Neighbourhood & Community Boards

##### **Milestones and Outcomes**

- Deliver a minimum of 5 schemes per Ward
- Encourage partner involvement and engagement in service delivery at a local level
- Promote local Ward Councillor's community leadership role

#### **Recommendation – Approve**

The Neighbourhood and Community Board recommend Approval of this project, which delivers to the West Sunderland Area Investment Delivery Plan Priority – **Enhance local green spaces and encourage wider use including sports equipment, refurbishment of existing equipment and delivery of activities which support health and wellbeing** and **Social Prescribing – develop local offer to improve health and wellbeing and access to services locally to reduce social isolation, improve mental health and support long-term health conditions, and ensure physical activity session are accessible and not cost or time prohibitive, in partnership with All Together Better**